

Desert Recreation District

JOIN US VIRTUALLY



ADAPTIVE SUPPORT GROUP



A facilitated support group to talk about issues of importance to you.



WHO: Individuals with a special need or disability, friends & family, Age 18 and older

WHEN: Wednesdays 7-8 PM
December

FEE: FREE

JOIN US ON:



WHAT TO HAVE/WEAR:

- Comfortable area
- Water

BEST LOCATION: In a quiet, comfortable area where you are able to listen and share.

EXTRAS: Class link/zoom information will be on your receipt after registering for the class.



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For information or to register, visit [MyRecreationDistrict.com](https://www.MyRecreationDistrict.com) or call (760) 347 – 3484