

Bermuda Dunes Community Center • 78-400 Ave 42, Bermuda Dunes



## **ADAPTIVE MUSIC**

Join us to make music with instruments made for all bodies! Class will incorporate fitness and music into a unique workout! All ability levels welcome.



- WHO: Individuals with a special need or disability 10 Years of Age and Over
- WHEN: Fridays, May through August in 2023 1 - 2 P.M.
  - FEE: \$25 per month, or FREE with our ADAPTIVE MEMBERSHIP
- EXTRAS: -Wear sneakers or close toed shoes -Bring Water





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For information or to register, visit MyRecreationDistrict.com or Call (760) 347-3484