



ADAPTIVE MUSIC

**Join us to make music with instruments made for all bodies!
Class will incorporate fitness and music into a unique
workout! All ability levels welcome.**



WHO: Individuals with a special need or disability
10 Years of Age and Over

WHEN: Fridays, May through August in 2023
1 - 2 P.M.

FEE: \$25 per month, or FREE with our ADAPTIVE
MEMBERSHIP

EXTRAS: -Wear sneakers or close toed shoes
-Bring Water

