

AUGUST 2021 Special Needs Community Zoom & Outdoor Activities

*activities will be provided via Zoom for all disabilities, FREE of charge and for all ages unless noted
 Confirm fees with the organizations. You need not belong to the organization to participate.
 Visit www.myrecreationdistrict.com/adaptive-sports-calendar for complete calendar listings with link



Desert Recreation District online and/or outdoor activities (at Community Centers)

Registration required at <https://www.myrecreationdistrict.com/adaptivetherapeutic-sports-recreation>. Fees are per month per program.

Annual & semi-annual memberships available. ***FREE with Adaptive Program Membership**

**Program offered in partnership with PPP [Hiking] ^^Program offered in partnership with Alcorn Adaptive [Support Group]

*Hybrid activities take place at DRD Bermuda Dunes Community Center at 78-400 Avenue 42, 1 mi. east of Washington

Register for the HYBRID programs on the DRD website, select one stating ONLINE or IN PERSON.

Email: AdaptiveSports@drd.us.com Phone: 760.834.9597

Soccer	Palm Desert CC	Mondays	1:30-2:30p	Aug 2,9,16,23,30	\$25*
Gymnastics	Indio CC	Mondays	1:45-2:30	Aug 2,9,16,23,30	\$25*
Basketball**	Palm Desert CC	Mondays	3-4:15p	Aug 2,9,16,23,30	\$25*
Karate	Online	Mondays	4:15-5:15p	Aug 2,9,16,23,30	\$50/month
Volleyball	Indio CC	Tuesdays	1:30-2:30p	Aug 3,10,17,24,31	\$25*
Adult Fitness	Indio CC	Tuesdays	4-4:45pm	Aug 3,10,17,24,31	\$25*
Table Tennis	Palm Desert CC	Wednesdays	12-1p	Aug 4,11,18,25	\$25*
Basketball	Indio CC	Wednesdays	3-4pm	Aug 4,11,18,25	\$25*
Support Group^^	Online	Wednesdays	7-8pm	Aug 4,18	FREE
Hybrid Fitness*	Bermuda Dunes CC & Online	Thursdays	10-11am	Aug 5,12,19,26	25*
Ultimate Frisbee	Indio CC	Thursdays	1:30-2:30pm	Aug 5,12,19,26	25*
Hybrid Seated Fitness*	Bermuda Dunes CC & Online	Friday	10-11am	Aug 6,13,20,27	25*
Boccia**	Indio CC	Friday	1:30-2:30pm	Aug 6,13,20,27	25*
Pickleball	Indio CC	Friday	2:30-3:30pm	Aug 6,13,20,27	25*
Hybrid Meditation	Indio CC	Friday	4-5pm	Aug 6,13,20,27	25*
Adult Archery	Indio CC	Saturday	1:30-2:30p	Aug 7,14,21,28	\$25*
Youth Archery**	Indio CC	Saturday	2:30-3:30p	Aug 7,14,21,29	\$25*

Presented by LEAPS Services-Contact Karina for Zoom instructions at kmelgar@leapsservices.com or call 760.673.6564

Membership classes available at 12pm.

*Hybrid activities take place at DRD Bermuda Dunes Community Center at 78-400 Avenue 42, 1 mi. east of Washington

Register for the HYBRID programs on the DRD website, select one stating ONLINE or IN PERSON.

**Virtual Summer Camp August 2-6 & 9-13 10am-12Noon

Movement	Zoom	Mondays	1-2 pm	Aug 16,23,30	No class 8/2, 9 Free
Reading-Hybrid*	Zoom & Bermuda Dunes CC	Tuesdays	1-1:45 pm	Aug 3, 10,17,24,31	Free
Music w/Nick	Zoom	Tuesdays	4-4:45 pm	Aug 3,10,17,24,31	No class 8/3,10 Free
Art-Hybrid*	Zoom & Bermuda Dunes CC	Wednesdays	1-2 pm	Aug 4,11,18,25	Free
Karaoke	Zoom	Thursdays	1-2 pm	Aug 19,26	No class 8/5,12 Free
Cooking w/Chef Oscar	Zoom	Thursdays	4-5 pm	Aug 19,26	No class 8/5,12 Free
Vurtual Field Trip	Zoom	Fridays	1-2 pm	Aug 20,27	No class 6, 13 Free

Presented by High Hopes Dance Troupe-Contact Renée for Zoom instructions at highhopesdance@yahoo.com or on Facebook at High Hopes Dance. For Hip Hop Zoom instructions, email dani.hjerpe@gmail.com

Dance class for teens & adults	Zoom	Saturdays	10-11am	Aug 7,14,21,29	Free
Hip Hop Dance class teens & adults	Zoom	Sundays	4-5pm	Aug 8,15,22,29	Free

Presented by UCPIE -Contact Ronica for Zoom instructions at ronica@ucpie.org or call 951.588.3716

Adaptive Karate w/Sensei Tamara	Zoom	Mondays	3-4 pm	Aug 2,9,16,23,30	Free
Adaptive Crossfit w/Ms. Cheryl	Zoom	Tuesdays	3-4 pm	Aug 3,10,17,24,31	Free
Adaptive Karate w/Sensei Tamara	Zoom	Wednesdays	3-4 pm	Aug 4,11,18,25	Free
Adaptive Yoga	Zoom	Thursdays	3-4 pm	Aug 5,12,19,26	Free
Sing-Along, Dance Party, Art or Movie	Zoom	Fridays w/DJ Paul	3-4 pm	Aug 6,13,20,27	Free

Presented by Desert Arc -Contact Martha for Zoom instructions at mgonzalez@desertarc.org or call 760.601.2325

Karaoke	Zoom	Mondays	2-3pm	Aug 2,9,16,23,30	Free
Tai Chi/Mindfulness	Zoom	Tuesdays	2-3pm	Aug 3,10,17,24,31	Free
Zumba!	Zoom	Wednesdays	2-3pm	Aug 4,11,18,25	Free
Arts & Crafts	Zoom	Thursdays	2-3pm	Aug 5,12,19,26	Free
Movie Night	Zoom	Fridays	5:30-7:30pm	Aug 6 "Space Jam 2021" Aug 13 "Tom & Jerry The Movie" Aug 20 "Wish Dragon" Aug 27 "Vivo"	Free

Presented by Autism Society Inland Empire (formerly CVASA) Sign up at www.ieautism.org/events/

NOTE: Individuals MUST RSVP to participate and receive links. Fun Friday has been changed to Super Saturday
***Must RSVP by email for Role Play to events@ieautism.org**

Parents of Adults Support Group	Zoom	Mondays 2x/month	6-7pm	Aug 23 ONLY this month	Free
Fun with Music for all ages	Zoom	Mondays Bi-weekly	5-5:50pm	Aug 9,16, 23	Free
Virtual Art class (all ages) is back!	Zoom	Tuesdays	3:30-4:30pm	Aug 10,24	
Talk to Me Tuesday	Zoom	Tuesdays	5:30-6:30pm	Aug 3,10,17,24,31	Free
Teen/Adult Social Club (ages 13+)	Zoom	Thursdays	3-4pm	Aug 5,12,19,26	Free
Teen Girl Group (ages 13-17)	Zoom	Thursdays bi-weekly	4:30-5:30pm	Aug 5 & 19	Free
Movie Club (ages 13+)	Zoom	Thursdays 2x/month	4:30-6:30pm	Aug 12 & 26	Free
Bedtime Stories	Zoom	Thursdays	7-7:15pm	Aug 5,12,19,26	Free
Rancho Young Adult Group Game Night (ages 18+)	Zoom	Fridays every other	7-8:15pm	Aug 13 ONLY this month	Free
Super Saturday	Zoom	Saturdays	10-10:30am	Aug 7,14,21,29	Free
*Virtual Role Playing Group is back! Ages 16+	Zoom	Saturdays	7-9pm	Aug 7,14,21,29	Free

Bowling with special friends!	Palm Springs Lanes	Tuesdays	3:30-5:00pm	Aug 3,10,17,24,31	\$6 weekly
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For more information or to sign up, contact Volunteer Coach Andrew Macchia at 760.275.7108 or by email at dolcemacchia@dc.rr.com NOTE: This is not an organized event. It's an independent group of friends bowling together.

SAVE THE DATE: Saturday, August 28, 2021 at 7:00 PM! Watch for information on the Building Bridges for Special Needs In-Person Parents/Caregivers Night Out with live entertainment!