

## SEPTEMBER 2021 Special Needs Community Zoom & Outdoor Activities

\*activities will be provided via Zoom for all disabilities, FREE of charge and for all ages unless noted  
Confirm fees with the organizations. You need not belong to the organization to participate.

Visit [www.myrecreationdistrict.com/adaptive-sports-calendar](http://www.myrecreationdistrict.com/adaptive-sports-calendar) for complete calendar listings with link

**NOTE: NO PROGRAMS WILL BE OFFERED ON MONDAY SEPT. 6TH DUE TO THE LABOR DAY HOLIDAY**



Desert Recreation District online and/or outdoor activities (at Community Centers)

Registration required at <https://www.myrecreationdistrict.com/adaptivetherapeutic-sports-recreation>. Fees are per month per program.

Annual & semi-annual memberships available.

\*FREE with Adaptive Program Membership [Annual - \$200, Semi-Annual - \$125. Excludes Karate]

\*\*Program offered in partnership with PPP [Hiking] ^^Program offered in partnership with Alcorn Adaptive [Support Group]

Register for the HYBRID programs on the DRD website, select one stating ONLINE or IN PERSON.

Email: [AdaptiveSports@drd.us.com](mailto:AdaptiveSports@drd.us.com) Phone: 760.834.9597

**SPECIAL EVENT!** Pathfinder Ranch\*\* Onsite @ Pathfinder Ranch Saturday & Sunday Sept 18 or 19 \$35/pp

Volleyball	Palm Desert CC	Mondays	2-3pm	Sept. 13,20,27	\$25*
Basketball**	Palm Desert CC	Mondays	3-4:30pm	Sept. 13,20,27	\$25*
Karate	Online	Mondays	4:15-5:15pm	Sept. 13,20,27	\$50/month
Adult Archery	Indio CC	Tuesdays	2:30-3:30pm	Sept. 7,14,21,28	\$25*
Youth Archery**	Indio CC	Tuesdays	3:30-4:30pm	Sept. 7,14,21,28	\$25*
Adult Fitness	Indio CC	Tuesdays	4-4:45pm	Sept. 7,14,21,28	\$25*
Basketball	Palm Desert CC	Wednesdays	3-4:30pm	Sept. 1,8,15,22,29	\$25*
Hybrid Fitness	Bermuda Dunes CC & Online	Thursdays	10-11am	Sept. 2,9,16,23,30	\$25*
Soccer/Kickball	Palm Desert CC	Thursdays	3-4pm	Sept. 2,9,16,23,30	\$25*
Pickleball	Palm Desert CC	Thursdays	4-5pm	Sept. 2,9,16,23,30	25*
Hybrid Seated Fitness	Bermuda Dunes CC & Online	Fridays	10-11am	Sept. 3,10,17,24	25*
Boccia**	Indio CC	Fridays	2:30-3:30pm	Sept 3,10,17,24	25*
Hybrid Meditation	Bermuda Dunes CC & Online	Fridays	4-4:45pm	Sept 3,10,17,24	25*
Gymnastics	Indio CC	Saturdays	9-9:50am	Sept 11,18,25	25*

Presented by LEAPS Services-Contact Karina for Zoom instructions at [kmelgar@leapsservices.com](mailto:kmelgar@leapsservices.com) or call 760.673.6564

Membership classes available at 12pm.

Music with Nick	Zoom	Mondays	1-2 pm	Sept. 13,20,27	Free
Reading	Zoom	Tuesdays	1-2 pm	Sept. 7,14,21,28	Free
Art	Zoom	Wednesdays	1-2 pm	Sept. 1,8,15,22,29	Free
Karaoke	Zoom	Thursdays	1-2 pm	Sept. 2,9,16,23,30	Free
Cooking with Chef Oscar	Zoom	Fridays	1-2 pm	Sept. 10,17,24	NO CLASS 9/3 Free

Presented by High Hopes Dance Troupe-Contact Renée for Zoom instructions at [highhopesdance@yahoo.com](mailto:highhopesdance@yahoo.com) or on Facebook at High Hopes Dance. For Hip Hop Zoom instructions, email [dani.hjerpe@gmail.com](mailto:dani.hjerpe@gmail.com)

Dance class for teens & adults	Zoom	Saturdays	10-11am	Sept 4,11,18,25	Free
Hip Hop Dance class teens & adults	Zoom	Sundays	4-5pm	Sept 5,12,19,26	Free

Presented by UCPIE -Contact DJ Paul for Zoom instructions at [djpaul@ucpie.org](mailto:djpaul@ucpie.org) or call 760.880.0899

**NOTE: CHANGE IN PROGRAM DAYS AND TIMES!**

Adaptive Crossfit w/Ms. Cheryl	Zoom	Mondays	4-5 pm	Sept. 13,20,27	Free
Adaptive Karate w/Sensei Tamara	Zoom	Tuesdays	4-5 pm	Sept. 7,14,21,28	Free
Adaptive Karate w/Sensei Tamara	Zoom	Wednesdays	4-5 pm	Sept. 1,8,15,22,29	Free
Adaptive Yoga	Zoom	Thursdays	4-5 pm	Sept. 2,9,16,23,30	Free
Sing-Along, Dance Party, Art or Movie	Zoom	Fridays w/DJ Paul	4-5 pm	Sept. 3,10,17,24	Free

Presented by Desert Arc -Contact Martha for Zoom instructions at [mgonzalez@desertarc.org](mailto:mgonzalez@desertarc.org) or call 760.601.2325

Karaoke	Zoom	Mondays	2-3pm	NO CLASS 9/13 Sept. 20,27	Free
Tai Chi/Mindfulness	Zoom	Tuesdays	2-3pm	Sept. 7,14,21,28	Free
Zumba!	Zoom	Wednesdays	2-3pm	NO CLASS 9/22 Sept. 1,8,15,29	Free
Arts & Crafts	Zoom	Thursdays	2-3pm	Sept. 2,9,16,23,30	Free
Movie Night	Zoom	Fridays	5:30-7:30pm	9/3 "SCOOB" 9/10 "Ghostbusters" 9/17 "A Wrinkle in Time" 9/24 "The Pacifier"	Free

Presented by Autism Society Inland Empire (formerly CVASA) Sign up at [www.ieautism.org/events/](http://www.ieautism.org/events/)

**NOTE: Individuals MUST RSVP to participate and receive links. \*Must RSVP by email to [events@ieautism.org](mailto:events@ieautism.org)**

Parents of Adults Support Group	Zoom	Mondays 2x/month	6-7pm	Sept. 13,27	Free
Fun with Music for all ages	Zoom	Mondays Bi-weekly	5-5:50pm	Sept. 13,20,27	Free
Virtual Art class (all ages)	Zoom	Tuesdays	3:30-4:30pm	Sept. 7,14,21,28	Free
Talk to Me Tuesday	Zoom	Tuesdays	5:30-6:30pm	Sept. 7,14,21,28	Free
Teen/Adult Social Club (ages 13+)	Zoom	Thursdays	3-4pm	Sept. 2,9,16,23,30	Free
Teen Girl Group (ages 13-17)	Zoom	Thursdays bi-weekly	4:30-5:30pm	Sept. 9, 23	Free
Movie Club (ages 13+)	Zoom	Thursdays 2x/month	4:30-6:30pm	Sept. 16, 30	Free
Bedtime Stories	Zoom	Thursdays	7-7:15pm	Sept. 2,9,16,23,30	Free
Rancho Young Adult Group Game Night (ages 18+)	Zoom	Fridays every other	7-8:15pm	Sept. 10, 24	Free
Bedtime Stories	Zoom	Saturdays	7-7:15 pm	Sept 4,11,18,25	Free
Super Saturday	Zoom	Saturdays	9:30-10 am	Sept 4,11,18,25	Free
*Virtual Role Playing Group is back! Ages 16+	Zoom	Saturdays	7-9pm	Sept 4,11,18,25	Free

Bowling with special friends!	Palm Springs Lanes	Tuesdays	3:30-5:00pm	Sept. 7,14,21,28	\$6 weekly
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For more information or to sign up, contact Volunteer Coach Andrew Macchia at 760.275.7108 or by email at [dolcemacchia@dc.rr.com](mailto:dolcemacchia@dc.rr.com) NOTE: This is not an organized event. It's an independent group of friends bowling together.