



LEAPS Services
"A Hand in Hand Approach"

Adaptive Hike and Meditation

This is an event for individuals with special needs. Friends and family are welcomed!

What to Bring:

- Closed Toed Shoes
- Dress for the weather
- Water/Snacks
- A smile!

Time*: 12:30 -1:30 PM

When: January 23, 2021

Location: La Quinta Oasis Trail

*additional hiking for anybody that would like to stay longer.

**We will be meeting in small parking lot area

Safety procedures will be in place by ensuring everyone is socially distanced and wearing face masks during the entire event.



