

Activity & Program Guide

January | February | March | April 2023



Si desea esta guía en español, llame al (760) 347-3484



Welcome To

DESERT RECREATION DISTRICT'S WINTER-SPRING ACTIVITIES GUIDE!

As we usher in 2023, we experience some of the most beautiful weather in the country with sunshine and mild temperatures that make it a great time to enjoy a variety of outdoor activities. And, with our Desert Rec App, registering is as easy as 1-2-3 – see opposite page for the QR code to download the App today.

We are proud to work with the Friends of the Desert Mountains to bring many activities and programs to you – while we highlight the *Kids Fest*, *Coachella Valley Wildflower Festival*, and the *Wildflower 5k Fun Run/Walk at Palm Desert Civic Center Park*, you can learn about other wonderful outdoor activities including *Interpretive Trail Hikes* and *Yoga with a Ranger* by visiting the Santa Rosa and San Jacinto Mountains National Monument Visitors Center or by calling 760-862-9984. Additional outdoor activities include *Night Sky Star Observations* and *Full Moon Hikes* thanks to volunteer astronomers – so come enjoy the beautiful desert nights!

We also offer golfing at our Golf Center at Palm Desert, home of First Tee - Coachella Valley, which features a large driving range with lighting for night-time use, along with practice short game and putting greens – see more about our golf center and First Tee – Coachella Valley on page 51.

If golf isn't your game, you can join our adult softball league, play bocce ball on Friday mornings, or come play ultimate frisbee. Do you love to be in the water? If your answer is "yes!", then one of our adult aquatic fitness classes might be just the activity for you; and, we will have Spring sessions of our infant and preschool swim lessons, as well as a 100-Mile Swim challenge and an adult *Get Hooked on Swimming* program. Lifeguard training courses and workshops will also be offered – check out our Indio and La Quinta sections for all the [Swim & Water Activities](#) coming to you this Spring.

In addition to swim classes for youngsters, we have plenty of other activities including camps during school break, sports, art and music, martial arts, chess, and more.

We also have cooking and fitness classes where the emphasis is on healthy activities, like our *Kids in the Kitchen* program, which gives kids the skills and tools to incorporate a healthy and active lifestyle in their daily routines and family life.

Lastly, don't forget our special events like our Eggstravaganzas - some of the best Easter-egg hunts around – and our partner events like Sunday Sounds and Prom Dress Giveaways.

We wish all of you a healthy and happy 2023, and just give us a call at 760-347-3484, visit us at MyRecreationDistrict.com, or stop by any of our facilities to FIND FUN, FIND FRIENDS, and FIND COMMUNITY with Desert Recreation District.

Sincerely,

Kevin Kalman, General Manager

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DESERT REC APP



DESERT RECREATION DISTRICT'S APP IS USER FRIENDLY AND EASY TO ACCESS

Highlights of our App:

- View programs & activities
- Register for classes
- Online payments
- Live alerts
- Registration schedule
- Digital memberships
- IOS & Android compatible
- *More features to come!*

Need assistance with the App? Find a team member to help you get started,
Scan the QR Code, or Download the App today.



Desert Recreation District

BOARD OF DIRECTORS

Please note some larger communities are represented by more than one board member.



Silva Paz

Director
Division 1

TERM: 12/1/17 to 12/3/22
Indio, La Quinta,
Mecca, North Shore,
Oasis, Thermal,
Vista Santa Rosa
and 100 Palms



Rudy Gutierrez

Director
Division 2

TERM: 12/4/20 to 12/6/24
Chiriaco Summit,
Coachella, Indio
and Indio Hills



Luis Espinoza

Director
Division 3

TERM: 10/4/22 to 12/6/24
Indio



Rudy Acosta

President
Division 4

TERM: 12/1/17 to 12/3/22
Bermuda Dunes,
Desert Palms,
Indian Wells,
La Quinta and
Palm Desert



Laura McGalliard

Vice President
Division 5

TERM: 12/4/20 to 12/6/24
Palm Desert,
Rancho Mirage and
Thousand Palms

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

► GENERAL INFORMATION ◀

► DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price–point we can offer, which does not allow for discounting.

► ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

► FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please call (760) 347–3484 where you can also inquire about fees for our programs and classes for non–District residents.

► HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

► PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

► REFUND/PRORATION/MAKE–UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make–up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.

Adaptive Events

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

We are looking to provide more adaptive programming to our East Valley communities and need to know what types of adaptive programs you would like offered. Please share your requests with either your local community center coordinator or email adaptivesports@drd.us.com. Our adaptive programs promote inclusion and options for individuals of all ages and abilities.

Adaptive Sponsors



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE HIKING

Join us on group hikes in varying locations around the valley. Hikes are designed to target individuals with disabilities and special needs but is inclusive of ALL ABILITIES. Family members are encouraged to join the hikes. The Hiking Program is offered in partnership with SoCal Adaptive Sports & Friends of the Desert Mountains.

DAYS: Saturdays

TIME: 8:30 – 10:30 a.m.

AGES: 8 Years of Age and Over with a Disability or a Special Need

HIKE AND DATES: Indian Palms, February 11

Long Canyon, February 25 • Whitewater Preserve, March 11

PCT Northside Hwy 74, April 8 • Spitler Peak Trail, April 22

FEE: Free

ADAPTIVE PATHFINDER RANCH DAY TRIPS

A fun-filled adaptive day trip to Pathfinder Ranch, open to individuals with disabilities and special needs and their family. Exact activities to be determined, but examples are rock climbing, horsemanship, archery, canoeing, etc. Full information on what to bring will be available when you register. Offered in partnership with SoCal Adaptive Sports.

LOCATION: Pathfinder Ranch

TIME: 9 a.m. – 2 p.m.

DATES: **Trip One** – Saturday, March 4

Trip Two – Sunday, March 5

NOTE: Last day to register is February 20

AGES: All Ages with a Disability or a Special Need

FEE: To be announced

ADAPTIVE WE CAN FISH!

In partnership with We Can Fish, we are excited to offer a new experience to our adaptive participants, **FISHING**. The We Can Fish staff & Volunteers will teach participants how to bait, cast, reel, catch and take home the fish you catch to eat (trout or catfish) in this amazing 4-session opportunity at Lake Cahuilla.

LOCATION: Lake Cahuilla

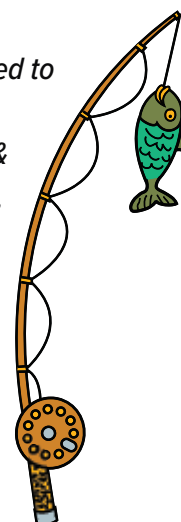
DAYS: Wednesdays

DATE: February 22 – March 15

TIME: 4 – 5:30 p.m.

AGES: 5 Years of Age and Over with a Disability or a Special Need

FEE: \$10 for all 4 sessions



COMMUNITY ADAPTED SPORTS DAY

This disability sports festival is open to the community and offers participants the opportunity to experience adaptive sports programs, obtain information from location organizations, and make connections with others in the community. Event offered in partnership with SoCal Adaptive Sports. Contact

mike@socaladaptivesports.org for additional information.

LOCATION: Palm Desert Civic Center Park

DATE: Please Check Website for Date

TIME: 10 a.m. – 2 p.m.

AGES: All Ages & open to everyone who is interested in attending

FEE: Free



Adaptive Events

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

WEST COAST REGIONAL BOCCIA DEVELOPMENT CLINICS & TOURNAMENT

Welcome to the first West Coast USA Boccia experience, right here in Coachella Valley, at the College of the Desert! Local area questions can be emailed to mike@socaladaptivesports.org and USA Boccia & Tournament specific questions can be emailed to eric.pfeifer@usaboccia.org.

LOCATION: College of the Desert Gymnasium,
43-500 Monterey Avenue, Palm Desert.

DATES & EVENTS:

January 25 & 26 • Boccia Introduction Clinics

January 27 • Local Referee Training Clinic & Classification

January 28 & 29 • Tournament Competition

REGISTRATION: Deadline is January 18, register at the USA Boccia website, <https://usaboccia.org/>

AGES: Open to All Ages

ADDITIONAL INFORMATION: All details regarding times, locations, memberships to USA boccia, classifications and more are located on the USA Boccia registration site



Adaptive Snow Day



Join us for a day of challenging, safe, and success-oriented adaptive snow sports in Big Bear. Utilizing adaptive equipment and/or teaching techniques, each student can discover the freedom of gliding down a snow-covered mountain. Fee includes five hours of private instruction, ski equipment and lift ticket. You can bring yourself or leave the driving to us (see fees below).

DATE: Tuesday, March 14 **TIME:** Approximately 7 a.m. to 3 p.m.

AGES: All Ages with a Disability or a Special Need

FEE: Tentatively \$135 and an extra \$20 if transportation is needed.

To register or for any questions, please contact Kendra Smith at ksmith@drd.us.com or call 760-347-3484.

Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Bermuda Dunes Community Center



78-400 Avenue 42, Bermuda Dunes, CA 92203
(760) 347-3484
HOURS: See Activities for Times/Days



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE FITNESS –

HYBRID (Online & In-person classes offered)

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAY: Thursdays **TIME:** 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE GYMNASTICS

Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.

ENROLLMENT: Ongoing **TIME:** 10:30 – 11:15 a.m.

DAYS & AGES:

Mondays • 3 – 6 Years of Age with a Disability or a Special Need

Wednesdays • 5 – 10 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE MUSIC

Join us to make music with instruments made for all bodies! This Adaptive Music class will incorporate fitness and fun, into a great workout!

ENROLLMENT: Ongoing

DAY: Fridays **TIME:** 1 – 2 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE SEATED FITNESS –

HYBRID (Online & In-person classes offered)

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAY: Fridays **TIME:** 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



ART & MUSIC

PIANO – BEGINNING AND INTERMEDIATE

Now is the time to explore the universal language of music. The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere.

ENROLLMENT: Ongoing **DAYS:** Thursdays

TIME: 4 – 5 p.m. **AGES:** 6 – 16 Years of Age

FEE: \$140 per Month for either Session



CAMP & AFTER SCHOOL PROGRAMS

TRADITIONAL AFTER SCHOOL - MONROE

Desert Recreation District is partnering with Desert Sands Unified School District to introduce the Expanded Learning Opportunity Program (ELOP) funded by AB 130 to allow students the opportunity to attend the afterschool program at no charge. They will have a safe, fun, and social environment at the school site for students following the completion of the school day.

Bermuda Dunes

Please Note: All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.



CAMP & AFTER SCHOOL PROGRAMS

TRADITIONAL AFTER SCHOOL - MONROE CONT.

LOCATION: Monroe Elementary School

DATES: Ongoing During School Year (holidays may be excluded)

DAYS: Monday through Friday

TIME: School Dismissal – 6 p.m.

GRADES: Kindergarten through 5th FEE: Free



DANCE

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.



ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 5:30 – 6:15 p.m.

AGES: 2 ½ – 5 Years of Age FEE: \$42 Per Month

ZUMBINI

Zumbini is a music and movement for children 4 months to 4 years of age with a caregiver. This class develops cognitive, social, emotional and motor skills in a fun musical way with songs, dances and musical Instruments.

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 4:15 – 5 p.m.

AGES: 4 months – 4 Years of Age with Caregiver

FEE: \$45 per Month DROP-IN FEE: \$12 per Class



HEALTH & FITNESS

GENTLE YOGA FOR YOUR HEALTH

In Gentle Yoga for Your Health, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: Ongoing

DAYS & TIMES

Mondays, 9:30 – 10:15 a.m. **OR** Thursdays, 9 – 9:45 a.m.

AGES: 18 Years of Age and Over

FEE: \$55 per 4-week session DROP-IN FEE: \$16 per Class



SPECIAL INTEREST

K9 NOSE WORK–BASIC– INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Monthly DAY: Wednesdays

TIME: 9 – 9:50 a.m. AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

K9 NOSE WORK– INTERMEDIATE–WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches. **Prerequisite: K9 Nose Work Basic–Intro to Scent Work.**

ENROLLMENT: Monthly DAY: Wednesdays

TIME: 10 – 10:50 a.m. AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

K9 NOSE WORK–ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.**

ENROLLMENT: Monthly DAY: Wednesdays

TIME: 8 – 8:50 a.m. AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.

Please check at www.Rivco4.org before attending as meetings may be held via ZOOM.

Dates: January 12 and March 9

Thank you.

Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

Cathedral City High School Swimming Pool



69-250 Dinah Shore Drive, Cathedral City, CA 92201
(760) 347-3484

HOURS: See Activities for Times/Days



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – RIVER CANYON

In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment, as well as weekly cooking/baking with the participants.



LOCATION: River Canyon Apartment Complex

DATES: Ongoing During School Year (*holidays may be excluded*)

TIME: 3 – 6 p.m. DAYS: Monday through Friday

AGES: 5 – 17 Years of Age FEE: Free



SWIM & WATER ACTIVITIES

LIFEGUARD TRAINING COURSE – Each lifeguard course consists of three days of training. To complete this course, participants must attend all three days and successfully complete each component of the course. Components required as well as what to bring will be listed online prior to registering.

LOCATION: Cathedral City High School Swimming Pool DATE: April 4 – 6 AGES: 16 Years of Age and Over

DAYS & TIMES: Friday, 5 – 9 p.m. • Saturday & Sunday, 8 a.m. – 5 p.m. FEE: \$250 per Participant, per 3-Day Course

Explore The Coast

Thanks to funding from the California State Coastal Conservancy, we are able to offer these fun day trips for free for our residents. We invite Seniors, those with a Disability or a Special Need, and residents that identify as LGBTQ+



Dates: **February 7:** Adaptive trip to Cabrillo Marine Aquarium and Beach Walk

February 22: LGBTQ+ trip to Pacific Marine Mammal Center

March 7: Senior trip to Pacific Marine Mammal Center

April 11: Adaptive trip to Pacific Marine Mammal Center

April 13: LGBTQ+ trip to Cabrillo Marine Aquarium and Beach Walk

April 27: Senior trip to Buena Vista Audubon

Time: 8 a.m. transportation departure from Indio Community Center parking lot

Ages: 18 Years of Age and Over



Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Bagdouma Park Community Center



51-251 Douma Street, Coachella, CA 92201
(760) 347-3484

HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m.
Tuesday: 3 – 7:30 p.m.
Saturday & Sunday: Closed

Bagdouma Community Pool



84-599 Avenue 52, Coachella, CA 92236
(760) 347-3484

Reserve Spring and Summer Rentals Now

50+ ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN! This class is developed through a partnership with the Office of Aging in Riverside County.



ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over FEE: Free

ADAPTIVE PICKLEBALL/VOLLEYBALL INTRO

Join us for adaptive pickleball and BIG volleyball! This program is designed to meet the needs of individuals with disabilities, all ability levels welcome. We encourage siblings, and friends of individuals with disabilities to join, too.

DATE:

Friday, March 10

TIME:

5:30 – 7 p.m.

AGES:

5 Years of Age and Over with a Disability or a Special Need

FEE: Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

We are looking to provide more adaptive programming to our East Valley communities, and we need to know what types of adaptive programs you would like offered. Please share your requests with either your local community center coordinator or email adaptivesports@drd.us.com. Our adaptive programs promote inclusion and options for individuals of all ages and abilities.

ADAPTIVE RESOURCE FAIR

Join us to learn more about our Adaptive/Therapeutic Sports & Recreation programs. Local organizations serving individuals with disabilities and special needs will host information booths and activities at to share information and help spread the word on the amazing services and programs available to our adaptive community.

DATE: Saturday, January 14 TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free

Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

ART & MUSIC

DRUMS

Drumming is a great way to focus, concentrate and channel energy into coordination. Participants learn basic rhythms and beats, how to read drumming notation and basic drum line techniques.

ENROLLMENT: Ongoing DAYS: Tuesdays
TIME: 5:15 – 6:15 p.m. AGES: 9 – 12 Years of Age
FEE: : \$50 per Month

GUITAR – BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.



LOCATION: Coachella Library
ENROLLMENT: Ongoing
DAYS: Thursdays
TIME: 5:15 – 6:15 p.m. & 6:15 – 7:15 p.m.
AGES: 7 – 17 Years of Age
FEE: : \$50 per Month

ST. PATTY'S ART SCENE

Join us for a special St. Patty's Day themed Art Scene - all things green and gold and some tasty treats! Youth will have the opportunity to have fun, get creative and create a masterpiece without having any artistic experience. All artists get to keep their painting.

DATE: Monday, March 13
TIME: 5:30 – 7 p.m.
AGES: 6 – 11 Years of Age
FEE: : \$10 per Participant



Find Your Luck!

CAMP & AFTER SCHOOL PROGRAMS

FUN AND FIT SPRING CAMP

Join us for Fun and Fit Spring Camp! This week long camp will include daily physical activity, nutrition/cooking lessons, arts and crafts, and active play recreational activities.

***Please note: 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship.**

DATES: April 10 – 14
TIME: 7:30 a.m. – 5:30 p.m.
AGES: 5 – 11 Years of Age
FEE: \$140 for the Week*



NATIONAL
RECREATION AND PARK
ASSOCIATION

KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Las Casas Apartments
ENROLLMENT:

Ongoing during school year (holidays may be excluded)
TIME: 2:30 – 6 p.m. DAYS: Monday through Friday
AGES: 5 – 17 Years of Age FEE: Free



COMMUNITY EVENTS

EGGSTRAVAGANZA

You won't have to hunt for one of the best Easter-egg hunts in the valley – our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more – so bring your Easter basket and head to the location that is nearest you. The egg hunt will be divided into age groups.



LOCATION: Bagdouma Community Park
DATE: Saturday, April 1 TIME: 10 a.m. – 12 p.m.
AGES: 12 Years of Age and Younger FEE: Free

Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Wednesday, February 8 TIME: 5:30 – 7 p.m.

AGES: 5 – 12 Years of Age FEE: Free

LET IT GLOW

We welcome all teenagers in Coachella and surrounding communities to join us for a fun night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants as well as an indoor glow golf course set up inside of the Bagdouma Community Center. Registration is required and space is limited so enroll today.

DATE: Friday, February 10 TIME: 6 – 8 p.m.

AGES: 6 – 14 Years of Age

FEE: Free thanks to funding from the
Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**

PROM DRESS GIVEAWAY

Open to all high school seniors in the Coachella Valley, this program will offer free prom dresses in a variety of sizes, colors and styles. While we make every effort to have enough dresses for everyone, they are offered on a first come, first serve basis **BY APPOINTMENT ONLY**. Please email

promdressgiveaway@drd.us.com to make your appointment and you must bring a valid school ID card. This program is offered in collaboration with Desert Best Friend's Closet.

DATE: Friday, March 17 TIME: 2 – 8 p.m.

ELIGIBLE PARTICIPANTS:

Coachella Valley students in 11th and 12th grades

FEE: Free



DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing DAY: Fridays

TIME: 5:30 – 6:15 p.m. AGES: 5 – 10 Years of Age

FEE: \$42 per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Thursdays TIME: 4 – 4:45 p.m.

AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month

FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the dance that originated in Mexico, Folklórico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIMES & AGES: 6:15 – 7:15 p.m. • 4 – 7 Years of Age

7:15 – 8:15 p.m. • 8 – 14 Years of Age

FEE: \$55 Per Month

(Shoes and dress can be purchased with the instructor)



HEALTH & FITNESS

COACHELLA HEALTH AND WELLNESS FAIR

We invite all residents of Coachella and neighboring communities to come on out - this event is a great opportunity to socialize and gather health and wellness resources that local businesses and agencies offer to assist and enrich the community.

LOCATION: Bagdouma Community Park

DATE: Saturday, February 11

TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free

Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

MOVE AND PLAY FITNESS

Move, play, and have FUN! This class combines outdoor play, games, and group activities with fitness. Workouts will vary from HIIT and muscular strengthening to group fitness games and activities. 60 minutes of active play keeps kids healthy.

ENROLLMENT: Ongoing

DAYS: Tuesdays

TIME: 4:15 – 5:15 p.m.

AGES: 7 – 13 Years of Age

FEE: Free



LINDSEY'S FULL BODY BOOTCAMP

Welcome to Lindsey's Full Body Fitness! Classes will consist of cardiovascular exercises, weighted exercises, body weight exercises, and HIIT cardio. Tone up, burn fat, and gain some muscle! We welcome beginners - advanced adults looking for an excellent workout. ***Please Note: 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship.**

ENROLLMENT: Ongoing

DAYS & TIMES:

Tuesdays • 7 – 8 p.m. **OR** Fridays • 9 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$40 per Month

NUTRITIONAL COOKING CLASSES

These nutritional cooking class will teach the skills and what tools to use to incorporate a healthy and active lifestyle in your daily routines and family life. The classes are designed to help you develop nutritious eating habits and make healthy lifestyle choices. **This program is made possible by the National Recreation and Parks Association.**

TYPE OF CLASS, DATE(S), TIME:

Adult Classes: Each Friday, February 3 – 24
5:30 – 6:30 p.m.

Family Classes: Specific Wednesdays: January 11,
February 15, March 22, April 26 • 6:45 – 7:45 p.m.

Youth Classes: Each Wednesday, January 4 – 25
5:30 - 6:30 p.m.

Find Health!

TODDLER AND ME FITNESS

Calling all toddlers and parents! Toddler and Me will consist of fun toddler friendly cardiovascular exercises, body weight exercises, and interactive games. This is a wonderful opportunity to teach your little one how to socialize and stimulate brain development through active play. ***Please note: 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship.**

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 10:30 – 11:15 a.m.

AGES: 2 – 4 Years of Age

FEE: \$50 per Month*



NATIONAL
RECREATION AND PARK
ASSOCIATION



BASKETBALL TRAINING ZONE

Basketball Training Zone is a year-round program that allows you to enroll for the month or drop-in when it is convenient for you. This class offers you drills and quality instruction that will help you develop your basketball skills.

LOCATION: Basketball Courts at

Bagdouma Park

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 13 Years of Age FEE: \$40 per Month



INTRO TO STREET HOCKEY

Intro to Street Hockey is a beginner level class that will teach you the basics and fundamentals of the game. Street hockey is played on pavement with sneakers, a stick, puck, and a goal. This class will help you develop stick handling skills, passing skills, and shooting skills.

LOCATION: Bagdouma Park

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME & AGES: 6 – 6:45 p.m. • 7 – 13 Years of Age

FEE: \$30 per Month



Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



READY, SET, RUN

This character-building running program trains kids ages 8 – 13 to participate in a 5k run. This curriculum-based program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals.

LOCATION: Bagdouma Park

ENROLLMENT: February – April

DAYS: Mondays and Wednesdays **TIME:** 5 – 6 p.m.

AGES: 8 – 13 Years of Age **FEE:** \$30 per Month

TINY SOCCER STARS

Instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. This program is great for participants who have little to no soccer experience and we encourage all athletes to bring shin guards and non-skid athletic shoes.



LOCATION: Bagdouma Community Park

ENROLLMENT: Ongoing

DAYS: Thursdays **TIME:** 10 – 10:30 a.m.

AGES: 4 – 6 Years of Age

FEE: \$20 per Month **(please note: 50%**

scholarship is available for Coachella

residents thanks to the National Recreation Park

Association. Must register in person and have proof of Coachella residency to receive scholarship)



YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility and footwork. This class incorporates Speed Drills, Body Weight Exercises, Cardio Drills and Plyometrics. This class really is a total body workout. This class is geared towards conditioning for all sports.

LOCATION: Bagdouma Community Park

ENROLLMENT: Ongoing **DAYS:** Wednesdays

TIME: 6 – 6:45 p.m. **AGES:** 10 – 13 Years of Age

FEE: \$30 per Month **(please note: 50% scholarship is**

available for Coachella residents thanks to the National

Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship)



Desert Rec Express

THE NEWSLETTER OF DESERT RECREATION DISTRICT

DRD has amazing stories and events happening around the Coachella Valley throughout the year that you don't want to miss out on. So stay up to date and sign up today to get our newsletter directly by going to:

MyRecreationDistrict.com

TELL DRD YOUR
PARK
STORY

**INCREDIBLE EVENTS HAPPEN AT
DESERT RECREATION DISTRICT!**

Do you have a special story that happened at one of our Community Centers or Parks? If so, we absolutely want to hear from you! Please email your story to **MyParkStory@drd.us.com** and you might make the next Desert Rec Express newsletter article!

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Indio Community Center



45-871 Clinton Street, Indio, CA 92201
(760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m.
Saturday: 10 a.m. – 2 p.m.
Sunday: Closed

Indio Teen Center



81-678 Avenue 46, Indio, CA 92201
(760) 541-4400

HOURS: See Activities for Times/Days

Pawley Pool Family Aquatic Complex



46-350 Jackson Street, Indio, CA 92201
(760) 342-5665

HOURS: See Activities for Times/Days

Indio Municipal Golf Course

83-040 Avenue 42, Indio, CA 92203 • (760) 391-4049 • HOURS: 7 a.m. – 9 p.m. Daily



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE ARCHERY

Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.

ADAPTIVE ARCHERY – ADULTS

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 2:30 – 3:30 p.m.

AGES: 17 Years of Age and Over with a Disability
or a Special Need

FEE: \$25 per Month

ADAPTIVE ARCHERY – YOUTH

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 3:30 – 4:30 p.m.

AGES: 7 – 16 Years of Age with a Disability
or a Special Need

FEE: \$25 per Month

ADAPTIVE BASKETBALL - KELSEY'S HEROES

This basketball program is tailored to the skillsets of participants of Kelsey's Heroes. We will work on skill development and progress to game play.

Class is designed for individuals with disabilities and special needs and family members. To register for this program, contact Daniel with Kelsey's Heroes, coach@kelseysheroes.org.



ENROLLMENT: January 14 – 28

DAY: Saturdays TIME: 10 – 11:30 a.m.

AGES: 10 Years of Age or Over with a Disability
or a Special Need

FEE: \$25



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE FITNESS CLASS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

ENROLLMENT: Ongoing

DAY: Tuesdays **TIME:** 5 – 5:45 p.m.

AGES: 8 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage all participants in each skill.

ENROLLMENT: Ongoing

DAY: Saturdays **TIME:** 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



ART & MUSIC

ART PROGRAM

Our Art Program is a great way to introduce youth to the importance of Art. Youth will have the opportunity to have fun, get creative and learn how to create various art projects without having any artistic abilities.



LOCATION: Indio Teen Center

DATE: Saturday, February 4, 2023

TIME: 10:30 a.m. – 12 p.m.

AGES: 6 – 12 Years of Age **FEE:** \$10

GUITAR – BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

SESSIONS: January 12 – February 9

February 23 – March 23 • April 13 – May 11

DAY: Thursdays **TIME:** 6 – 7 p.m.

AGES: 9 Years of Age and Over **FEE:** \$80 per Session

GUITAR – SECOND LEVEL

Students in this continuation class will learn how to play real songs by real artists. You will acquire the skills of reading music and playing music from song books.

SESSIONS: January 12 – February 9

February 23 – March 23 • April 13 – May 11

DAY: Thursdays **TIME:** 7 – 8 p.m.

AGES: 9 Years of Age and Over **FEE:** \$80 per Session

PIANO – BEGINNING & INTERMEDIATE

This class will teach children the use of the keyboard along with detailed instruction in this fun and friendly atmosphere. Music theory and technique are also taught.

ENROLLMENT: Ongoing

DAYS: Saturdays **TIMES:** 10:30 – 11:30 a.m.

AGES: 6 – 16 Years of Age **FEE:** \$140 per Month

PIANO – INTERMEDIATE/PERFORMANCE

Now is the time to explore the universal language of music. The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere.

ENROLLMENT: Ongoing

DAYS: Saturdays **TIMES:** 11:30 – 12:15 a.m.

AGES: 6 – 16 Years of Age **FEE:** \$160 per Month

SENIOR/ACTIVE ADULT ART EXPRESSION CLASS

Unleash your creative expression and stretch your artistic muscles in a fun social setting. This class will explore various art forms and experiment with a variety of materials from painting, printing, paper art projects and watercolor painting.



LOCATION: Indio Teen Center

DAY/DATES: Thursdays, February 9 & April 6

TIMES: 9 – 10:30 a.m.

AGES: 50 Years of Age and Over

FEE: \$10 per Session

SPRING ART PROGRAM

Our Spring Art Program is a great way to introduce youth to the importance of Art. Youth will have the opportunity to have fun, get creative and learn how to create various art projects without having any artistic abilities.

LOCATION: Indio Teen Center

DATE: Thursday, April 13 **TIMES:** 12 – 1:30 p.m.

AGES: 6 – 12 Years of Age **FEE:** \$10



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – DESERT MEADOWS

In partnership with Hope through Housing and the CVCT Collaborative, this Kids Club location is exclusively for the residents at Desert Meadows Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.



LOCATION: Desert Meadows Apartment Complex

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 3 – 6 p.m. **DAYS:** Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.



LOCATION: Villa Hermosa Apartments

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 3 – 6 p.m. **DAYS:** Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

Find Goals!

SPRING INTO FUN CAMP

Each day, the true camp experience begins as staff leads the group in fun, lively camp games and songs. Campers will learn new skills and build self-esteem through sports, activities, scavenger hunts, creative arts and tons of group games. All activities are carried out under the watchful eye of our camp staff.

DATES: April 10 – 14 **TIME:** 7:30 a.m. – 6 p.m.

AGES: 5 – 14 Years of Age

FEE: \$140 Per Camper **DAILY DROP-IN FEE:** \$25

TRADITIONAL AFTER SCHOOL

This program offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members.

LOCATION: Mountain Vista Elementary School

ENROLLMENT: Ongoing During School Year
(may exclude holidays)

DAYS: Monday through Friday

TIME: School Dismissal – 6 p.m. **AGES:** 5 – 12 Years Old

FEE: \$150 for January

\$200 each Month for February & March • \$150 for April



COMMUNITY EVENTS

ALICE IN WONDERLAND TEA PARTY

You are cordially invited to an Alice in Wonderland Tea Party! Come dressed in your finest attire or party dress. Play fun Wonderland themed games, make craft projects and enjoy the tea party with finger food.

DATE: Friday, April 21

TIME: 4 – 5:30 p.m.

AGES: 3 – 9 Years of Age **FEE:** \$15



DAY OF THE CHILD (DÍA DE LOS NIÑOS)

Join us in celebrating Day of the Child/ Día De Los Niños with fun games, books, shows and prizes. Experience the joy of learning through reading and recreation. This free event is open to all ages.

DATE: Saturday, April 29 **TIME:** 10 a.m. – 12 p.m.

AGES: 2 – 10 Years of Age **FEE:** Free

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

EGGSTRAVAGANZA

You won't have to hunt for one of the best Easter-egg hunts in the valley – our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more – so bring your Easter basket and head to the location that is nearest you. The egg hunt will be divided into age groups.



LOCATION: Indio Community Center Park

DATE: Saturday, April 1 **TIME:** 10 a.m. – 1 p.m.

AGES: 12 Years of Age and Younger **FEE:** Free

SPRING YOUTH SOCIAL

Come in and enjoy our Youth Social. Fun activities will include art, crafts, science, dancing, fitness, group games and much more. Space is limited.

DATE: Friday, April 14 **TIME:** 3 – 5 p.m.

AGES: 6 – 12 Years of Age **FEE:** \$10

ST PATRICK'S DAY LEPRECHAUN HUNT

Lucky the Leprechaun has hidden gold all throughout the park and we need your help to find it! Come search throughout the Indio Community Center Park for the lucky pot of gold. This event will take place outdoors and will have various craft stations set-up after the Leprechaun Hunt.

DATE: Saturday, March 11 **TIME:** 9:30 a.m. – 12:30 p.m.

AGES: 4 – 9 Years of Age **FEE:** Free

VALENTINE'S CRAFT EVENT

Come on down to our Valentines Craft Event. This is a great way to celebrate Valentine's Day by making a handmade valentine for one of your loved ones. This event will take place outdoors and will have various Valentines themed craft stations set-up. Space is limited and registration is required.



DATE: Saturday, February 11 **TIME:** 9:30 a.m. – 12:30 p.m.

AGES: 4 – 12 Years of Age **FEE:** Free



DANCE

BALLROOM, LATIN AND SWING DANCE CLASS

This class is designed for the student who has never danced before, but always wanted to! Students will be taught the fundamentals of music and rhythms of dances such as Swing and slow dance.

ENROLLMENT: Ongoing

DAYS: Mondays **TIME:** 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over **FEE:** \$60 per Month



BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 5:30 – 6:15 p.m. **OR**

Wednesdays, 4 – 4:45 p.m.

AGES: 5 – 10 Years of Age **FEE:** \$42 per Month

BUNNYJIVE DANCE CLASS

Bunnyjive is a fabulous new way of teaching children how to learn a language and dance while having fun.

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 5 – 6 p.m.

AGES: 5 – 9 Years of Age **FEE:** \$60 per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$42 per Month





GYMNASTICS

Location of classes: All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

Fees for one day per week classes are adjusted for three, four, or five week sessions.

BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.

AGES: 1 – 4 Years of Age

DAYS & TIMES:

Wednesdays: 1:45 – 2:15 p.m. **OR** 2:15 – 2:45 p.m.

Saturdays: 10:15 – 10:45 a.m.

FEE: \$40 per 4-week session

DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

AGES: 4 – 6 Years of Age

DAYS & TIMES:

Mondays: 2:30 – 2:45 p.m. **OR** 5:30 – 6:15 **OR** 6:30 – 7:15 p.m.

Tuesdays: 6 – 6:45 p.m. **OR** 6:45 – 7:30 p.m.

Thursdays: 2:30 – 2:45 p.m. **OR** 4:30 – 5:15 p.m.

OR 6:45 – 7:30 p.m.

Saturdays: 10 – 10:45 a.m.

DESERT TUMBLEWEEDS GYMNASTICS CONT.

AGES: 3 – 6 Years of Age

DAYS & TIMES: Tuesdays: 1:30 – 2:15 p.m.

OR 2:15 – 3:00 p.m.

Wednesdays: 3 – 3:45 p.m.

FEE: \$55 per 4-week session

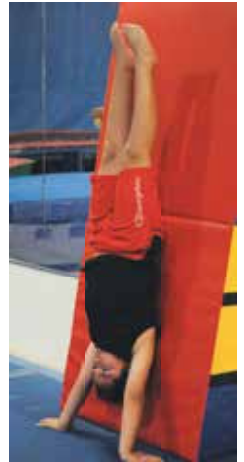
BOYS' BEGINNING – ADVANCED GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

DAYS: Mondays

TIME: 5 – 6:30 p.m. **OR** 6:30 – 8 p.m.

FEE: \$75 per 4 week session



GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

DAYS & TIMES:

Mondays: 3:15 – 4:45 p.m. **OR** 4 – 5:30 p.m.

OR 4:45 – 6:15 p.m. **OR** 6:15 – 7:45 p.m.

Tuesdays: 3 – 4:30 p.m. **OR** 4:30 – 6 p.m. **OR** 6:30 – 8 p.m.

Wednesdays: 3 – 4:30 p.m. **OR** 4:30 – 6 p.m. **OR** 6 – 7:30 p.m.

OR 7 – 8:30 p.m.

Thursdays: 3:15 – 4:45 p.m. **OR** 4:30 – 6 p.m. **OR** 6 – 7:30 p.m.

Saturdays: 11 a.m. – 12:30 p.m.

FEE: \$75 per 4 week session

GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

DAYS & TIMES: Tuesdays 4:45 – 6:15 p.m. **OR**

Wednesdays 4:30 – 6:00 p.m. **OR** Thursdays 5:15 – 6:45 p.m.

FEE: \$75 per 4-week session

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



GYMNASTICS

GIRLS' ADVANCED GYMNASTICS

Another acknowledgment of advanced skills, this by Invitation-only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.

DAYS: Mondays **TIMES:** 3:15 – 4:45 p.m.

FEE: \$75 per 4-week session

GYMNASTICS TUMBLING

Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.

DAYS: Mondays

TIME: 7:15 – 8:15 p.m.

FEE: \$65 Per 4-week session



TEAM COMPULSORY GYMNASTICS

By Invitation-only. Levels 3, 4 and 5 skills must be completed as defined by USA Gymnastics.

This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 3, Level 4, and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training.

The team competes in three to five meets throughout the year. **(Additional fee required for meets and competitive attire).**

DAYS: Level 3 & 4 Mondays, Wednesdays, Fridays **OR**
Level 4 & 5 Tuesdays, Thursdays, Fridays

TIME: 4 – 7 p.m.

FEE: \$175 per Month

SENIOR TEAM – OPTIONAL GYMNASTICS

By Invitation-only. Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

DAYS: Mondays, Tuesdays, Wednesdays, Thursdays, Fridays

TIME: 4 – 7 p.m.

FEE: \$260 per Month

Follow us at facebook.com/drdgym

CELEBRATE YOUR BIRTHDAY!

WHAT A GREAT WAY TO CELEBRATE YOUR NEXT BIRTHDAY – AT THE DISTRICT GYMNASTICS ACADEMY IN THE INDIO COMMUNITY CENTER!

2.5 HOUR PARTY

(1 ½ hours gymnastics & 1 hour use of multi-purpose room)

1 – 10 people, \$225 -OR-
11 – 20 people, \$325

You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

1.5 HOUR GYMNASTICS ONLY PARTY

1 – 10 people, \$175 -OR-
11 – 20 people, \$275

CALL AND BOOK
YOUR PARTY TODAY!

GYMNASTICS JAMBOREE

Gymnastics Jamboree provides an open gym experience for participants to practice or learn new tricks in a social supervised setting.

DAYS & TIMES:

Friday: 6:00 – 7:30 p.m. • Saturday: 12:30 – 2 p.m.

FEE: \$10.00 per person

GYMNASTICS PRIVATE INSTRUCTION

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

FEE: \$35 per 30 minutes



HEALTH & FITNESS

SALSAEROBICS

People love salsa dancing - the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 – 10 a.m. AGES: 18 Years of Age and Over

FEE: \$45 per Month DROP-IN FEE: \$7 Per Class

ZUMBA

This full-body exercise class set to music that will help firm up those muscles and make you feel great. A combination of dance and fitness with a touch of attitude!

ENROLLMENT: Ongoing DAYS: Mondays & Wednesdays

TIME: 5:30 – 6:30 p.m. AGES: 16 Years of Age and Over

FEE: \$36 per Month DROP-IN FEE: \$8 per Class



MARTIAL ARTS

KARATE COMBO – 2 DAYS

These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.

ENROLLMENT: Ongoing

DAYS & TIMES:

Tuesdays & Thursdays, 6:30 – 7:30 p.m. **OR**

Mondays & Wednesdays 6:45 – 7:45 p.m.

AGES: 7 Years of Age and Over FEE: \$40 Per Month

LITTLE DRAGONS KARATE PROGRAM

Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays

TIME: 5:30 – 5 p.m. **OR** 6 – 6:30 p.m.

AGES: 4 – 7 Years of Age FEE: \$50 per Month



SPECIAL INTEREST

K9 NOSE WORK–BASIC–

INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

LOCATION: Indio Teen Center

ENROLLMENT: January, February, March

DAY: Tuesdays TIME: 9 – 9:50 a.m.

AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

K9 NOSE WORK–ADVANCED DETECTIVE

*This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.***

LOCATION: Indio Teen Center

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 8 – 8:50 a.m.

AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

MAD SCIENTIST NIGHT

Join us for a fun night of outrageous mad science. Participate in fun science experiments, mix up some crazy chemistry and participate in science activities.

LOCATION: Indio Teen Center

DATE: Monday, February 13 TIME: 3:30 – 5 p.m.

AGES: 6 – 12 Years of Age

FEE: \$10

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



SPECIAL INTEREST

PRE-K SPRING BREAK STEAM DAY

Drop-in for a fun day of Spring Themed STEAM activities. Participate in our fun Spring themed STEAM activities. This program provides participants a safe place to let their creative minds explore. Youth will have the opportunity to have fun, get creative and learn how to create various STEAM projects.

LOCATION: Indio Teen Center

DATE: Wednesday, April 5 **TIME:** 3 – 4:30 p.m.

AGES: 6 – 12 Years of Age **FEE:** \$10



SPORTS

ARCHERY

ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.



ENROLLMENT: Ongoing

DAYS: Tuesdays **OR** Thursdays

TIME: 4:30 – 5:30 p.m. **OR** 5:30 – 6:30 p.m.

AGES: 7 – 17 Years of Age

FEE: \$40 Per Month*

BASKETBALL

BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!

BASKETBALL TRAINING ZONE – GIRLS, 5 & 6 YEARS OF AGE

DATES & FEES:

January 9 – 30, \$15 • February 6 – 27, \$15

March 6 – 27, \$20 • April 3 – 24, \$20

DAYS: Mondays **TIME:** 4:30 – 5 p.m.

BASKETBALL TRAINING ZONE – GIRLS, 7 – 14 YEARS OF AGE

DATES & FEES:

January 5 – 26, \$40 • February 2 – 23, \$40

March 2 – 30, \$50 • April 6 – 27, \$30

DAYS: Thursdays **TIME:** 4 – 5 p.m.

BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE

DATES & FEES:

January 9 – 30, \$15 • February 6 – 27, \$15

March 6 – 27, \$20 • April 3 – 24, \$15

DAYS: Mondays **TIME:** 4 – 4:30 p.m.

BASKETBALL TRAINING ZONE – COED, 7 – 14 YEARS OF AGE

DATES & FEES:

January 13 – 27, \$30 • February 3 – 24, \$40

March 3 – 31, \$50 • April 7 – 28, \$30

DAYS: Fridays **TIME:** 4 – 5 p.m.

INDIO YOUTH BASKETBALL CLINIC – INDIO TEEN CENTER

Our Youth Basketball Clinic offers quality and motivational instruction in a fun, competitive environment at the Indio Teen Center outdoor courts. This program covers proper stretching, offensive and defensive drills, and correct shooting practices.



LOCATION: Indio Teen Center

DAYS: Saturdays

DATES: January 14 – 28 **TIME:** 9 – 10 a.m.

AGES: 7 – 10 Years of Age **FEE:** \$30 per Participant

INTERMEDIATE/ADVANCED BASKETBALL TRAINING FOR BOYS

This class is formulated for next level basketball players. We will be incorporating high intensity, high skill level drills that will constantly challenge serious young players who aspire to reach their full potential.

DATES & FEES: January 3 – 31, \$50 • February 7 – 28, \$40

March 7 – 28, \$40 • April 4 – 25, \$40

DAYS: Tuesdays **TIME:** 4 – 5 p.m.

AGES: 10 – 17 Years of Age

JR NBA SKILLS CHALLENGE EVENT

The Jr. NBA Skills Challenge provides participants the opportunity to showcase their fitness through a dribbling, shooting and rebounding skills competition in the sport of basketball. This program is free for all participants.

DATE: Saturday, March 25

TIMES: 11 a.m. – 1 p.m.

AGES: 10 – 13 Years of Age FEE: Free



SPRING BASKETBALL CLINIC

These basketball camps offer players quality, motivational instruction in a fun, competitive environment. The program covers proper stretching, offensive and defensive drills, and correct shooting practices.

GIRLS CLINICS

DATES: April 11 & 13

DAYS: Tuesday & Thursday

TIME & AGES: 1 – 1:45 p.m. • 5 & 6 Years of Age
2 – 3 p.m. • 7 – 10 Years of Age
3:15 – 4:15 p.m. • 11 – 14 Years of Age

COED CLINICS

DATES: April 10 & 12

DAYS: Monday & Wednesday

TIME & AGES: 1 – 1:45 p.m. • 5 & 6 Years of Age
2 – 3 p.m. • 7 – 10 Years of Age
3:15 – 4:15 p.m. • 11 – 14 Years of Age

FEE: \$20 per Player ages 5 & 6
\$25 per Player all other ages

FOOTBALL

SPRING YOUTH FOOTBALL CLINIC

This program will teach football drills, footwork drills, and speed agility skills to get your game to the next level. This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

LOCATION: Indio Teen Center

DATES: April 10 – 13 TIMES: 8 – 9 a.m.

AGES: 7 – 10 Years of Age

FEE: \$40

MULTI-SPORT CLASSES

LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

ENROLLMENT: Ongoing DAYS: Mondays **OR** Wednesdays

TIME: 1:30 – 2 p.m. AGES: 3 – 5 Years of Age

FEE: \$20 per Month for either Mondays or Wednesdays

TEEN SPORTS CONDITIONING

Improve your athletic skills, agility and footwork as a great way to condition for all sports. This class incorporates Speed Drills, Body Weight Exercises, Cardio Drills and Plyometrics for a total body workout.

LOCATION: Indio Teen Center

DAYS: Mondays & Wednesdays

DATES & FEES: January 4 – 30, \$40 • February 1 – 27, \$40
March 1 – 29, \$40 • April 3 – 26, \$37.50

TIME: 7:30 – 8:15 p.m. AGES: 14 – 16 Years of Age

YOUTH SPORTS ACADEMY – SPRING BREAK

These academies allow participants to learn multiple sports such as Soccer, Volleyball, Archery, Basketball, Track & Field, and Kickball. They keep kids active during the breaks from school.

DATES: April 10 – 13

DAYS: Monday, Tuesday, Wednesday, Thursday

TIME: 9 a.m. – 12 p.m. AGES: 5 – 14 Years of Age

FEE: \$60

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIME: 4:15 – 5 p.m.

AGES: 7 – 14 Years of Age

FEE: \$50 per Month



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



PICKLEBALL

PICKLEBALL – OPEN PLAY

We offer friendly competition and Pickleball fun inside – no need to worry about weather conditions outside or crowded tennis courts!

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIMES: 7 – 9 a.m. **AGES:** 10 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 Drop-in fee

Pickleball – Open Play

LOCATION: Indio Teen Center

ENROLLMENT: Ongoing

DAYS: Tuesday & Thursdays **TIMES:** 8 – 10 a.m.

AGES: 10 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 Drop-in fee

SOCCER

TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.



ENROLLMENT: Ongoing

DAYS: Mondays **OR** Wednesdays **TIME:** 3:15 – 3:45 p.m.

AGES: 4 – 6 Years of Age **FEES:** \$15

Tiny Soccer Stars – Saturdays

LOCATION: Indio Teen Center

DATES: March 4 – 25

DAYS: Saturdays **TIME:** 8:15 – 8:45 a.m.

AGES: 4 – 6 Years of Age **FEE:** \$20

Tiny Soccer Stars Spring Clinic

LOCATION: Indio Teen Center

DATES: April 11 – 13

DAYS: Tuesday, Wednesday, Thursday

TIME: 8 – 8:45 a.m.

AGES: 4 – 6 Years of Age **FEE:** \$25

YOUTH SOCCER CLINIC – 6 – 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

LOCATION: Indio Community Center

ENROLLMENT: Ongoing **DAYS:** Mondays & Wednesdays

TIME: 4 – 5 p.m. **FEE:** \$60 per Month

LOCATION: Indio Teen Center

ENROLLMENT: March 4 – 25 **DAYS:** Saturdays

TIME: 9 – 10 a.m. **FEE:** \$30

YOUTH SOCCER SPRING CLINICS

Our clinic will focus on various drills to improve your soccer skills. For all classes we will also cover the fundamentals of the sport of soccer. We encourage all athletics to bring shin guards and non-skid athletic shoes or cleats.

LOCATION: Indio Teen Center **DATES:** April 11 – 13

DAYS: Tuesday, Wednesday, Thursday

TIMES & AGES: 9 – 10 a.m. • 6 – 10 Years of Age

10:15 – 11:15 a.m. • 11 – 14 Years of Age

FEE: \$30

STREET HOCKEY

SPRING STREET HOCKEY CLINIC

Come join the Coachella Valley Firebirds hockey instructors for a day of fun and hockey! This clinic is perfect for youth that have no experience with hockey and those that do. The activity will consist of formal instruction with scrimmage time toward the end of session.

DATE: Friday, April 14

TIME & AGES:

9 – 10 a.m. • 7 – 9 Years of Age

10 – 11 a.m. • 10 – 13 Years of Age

FEE: \$25 per Participant



Find Scrimmage!

T-BALL

T-BALL ROOKIES

For our T-Ball Rookies Clinic, instructors will guide participants towards developing their baseball skills which include catching and throwing the ball, batting stance and base running. We will also cover the fundamentals of the sport of baseball.

LOCATION: Indio Teen Center

DATES: Saturdays, February 4 – 25

TIME: 9 – 9:45 a.m. **AGES:** 4 – 6 Years of Age

FEE: \$30



TRACK & FIELD

TRACK & FIELD CLINIC

Learn track & field events to improve your athletic skills. You will learn short and long-distance running, long and triple jumping techniques, and more. Classes will be held indoors and outdoors depending on weather.

AGES & TIMES: 5 – 9 Years of Age, 5:15 – 6 p.m.

DAYS, DATES & FEES:

Mondays: January 9 – 30, \$22.50

February 6 – 27, \$22.50

March 6 – 27, \$30

April 3 – 24, \$30

AGES & TIMES: 10 – 14 Years of Age, 6 – 7 p.m.

DAYS, DATES & FEES:

Mondays: January 9 – 30, \$30

February 6 – 27, \$30

March 6 – 27, \$40

April 3 – 24, \$30

VOLLEYBALL

ADVANCED VOLLEYBALL

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!

ENROLLMENT: February, March, April

DAYS: Fridays **TIME:** 5:45 – 6:45 p.m.

AGES: 10 – 17 Years of Age **FEE:** \$40 per Month

BEGINNING/INTERMEDIATE VOLLEYBALL – COED

For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, and block, and attack.

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 3:30 – 4 p.m.

AGES: 6 – 10 Years of Age **FEE:** \$20 per Month

INTERMEDIATE/ADVANCED VOLLEYBALL – COED

Learn how to prepare your skills for tournament play and high school play in this class, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background. We look forward to seeing you on the court!

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 4 – 4:30 p.m.

AGES: 10 – 14 Years of Age **FEE:** \$20 per Month

OPEN VOLLEYBALL

Just for fun, we set up the volleyball nets on Friday evenings and invite our members to play. Bring family and friends to create a team or just show up and join!

ENROLLMENT: Ongoing **DAYS:** Fridays

TIME: 6 – 9 p.m. **AGES:** 5 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 Drop-in fee

VOLLEYBALL – TEAM ADVANCED

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge.

ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 8 – 9 p.m.

AGES: 10 – 18 Years of Age

FEE: \$40 per Month



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

SPORTS

VOLLEYBALL – TEAM ADVANCED CONT.

Volleyball – TEAM LEVEL 5

DATES: January 13 – 27

DAYS: Fridays **TIME:** 5:45 – 6:45 p.m.

AGES: 10 – 18 Years of Age

FEE: \$30

Volleyball – TEAM LEVEL 7

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 7 – 8 p.m.

AGES: 10 – 18 Years of Age

FEE: \$40 per Month

SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT PAWLEY POOL FAMILY AQUATIC COMPLEX

GET HOOKED ON SWIMMING – ADULTS

This class is a robust blend of fitness and competitive swimming for adults. The regular structured workouts use techniques of interval training in an atmosphere of fun, fitness, friendship, and participation.

DATES: January 6 – 30 • February 6 – March 3

DAYS: Monday & Friday

TIME: 6 – 7 a.m.

AGES: 18 Years of Age and Over **FEE:** \$62.50

LIFEGUARD PRE-QUALIFICATION

Activities will include swimming 300 yards continuously demonstrating breath control and rhythmic breathing, treading water for a set period of time, and object retrieval within a set time period.

DATES: March 18 • March 25 **DAY:** Saturday

TIME: Session will begin at 5 p.m.

AGES: 15 Years of Age and Over **FEE:** Free

LIFEGUARD TRAINING COURSE

Each lifeguard course consists of three days of training. To complete this course, participants must attend all three days and successfully complete each component of the course. Components required as well as what to bring will be listed online prior to registering.

DATES: March 31 – April 1 • April 7 – 9 • April 11 – 13

DAYS & TIMES: Friday, 5 – 9 p.m.

Saturday & Sunday, 8 a.m. – 5 p.m.

AGES: 16 Years of Age and Over

FEE: \$250 per Participant, per 3-Day Course

LIFEGUARD WORKSHOP

Activities in this workshop will help prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.

DATES: March 1 – 3 • March 8 – 10 • March 15 – 17

DAYS: Wednesdays, Thursdays, Fridays

TIME: 5 – 6 p.m.

AGES: 15 Years of Age and Over **FEE:** Free



TOT PROGRAMS

LITTLE ATHLETES

Children will engage in a variety of sports related movements during structured exercises and improve their gross motor skills. Each class will focus on a different sport exercise, drills and high- and low-keyed games, all in a non-competitive atmosphere.

LOCATION: Indio Teen Center

DATES & FEES:

January 14 – 28, \$15 • February 4 – 25, \$20

March 4 – 25, \$20 • April 1 – 29, \$25

DAY: Saturdays

TIME: 10:15 – 10:45 a.m.

AGES: 1 ½ – 3 Years of Age

LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

ENROLLMENT: Ongoing

DAY: Fridays TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age FEE: \$50 per Session

MOMMY & ME

This program provides social interaction between parents and toddlers. Together you will explore rhythm, movement, creativity through song, along with indoor and outdoor play. Learn simple concepts that you and your toddler can explore together.



LOCATION: Indio Teen Center

ENROLLMENT: Ongoing

DAY: Fridays TIME: 9 – 10:30 a.m.

AGES: 1 ½ – 2 ½ Years of Age FEE: \$30 per Session

MOMMY & ME MESSY ART DAY

This drop-in Mommy & Me class will feature activities for your toddler around the messy art theme. This is a great opportunity for your toddler to socialize with children within their own age group.

LOCATION: Indio Teen Center

DATES: Friday, April 14, 2023

TIME: 9 – 10:30 a.m.

AGES: 1 ½ – 2 ½ Years of Age

FEE: \$10

TINY TOTS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.

ENROLLMENT: Ongoing

DAYS: Monday through Thursday

TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age

FEE: \$260 per Month

TOT PLAY TIME

Come play in a space filled with balls toys and tunnels. This drop in tot space gives toddlers an opportunity to engage in developing social skills, small motor skills all while having fun. Adult participation is required.

DATES: January 13 • January 27

February 10 • February 24

DAY: Fridays TIME: 12:30 – 1:30 p.m.

AGES: 6 months to 1 Year of Age (with Adult)

FEE: \$10 per Session



Find Sweetness!

Indio Hills

Please Note: All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Indio Hills Community Center



80-400 Dillon Road
Indio Hills, CA 92201
(760) 347-3484

HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

INDIO HILLS SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9 a.m. – 12 p.m.

AGES: 50 Years of Age and Over

FEE: Free



CAMP & AFTER SCHOOL PROGRAMS

AFTER SCHOOL CLUBHOUSE

Our after-school clubhouse programs offer a safe, fun space for kids to be active, get homework help, and be social.

ENROLLMENT: Ongoing During School Year
(may exclude holidays)

DAYS: Monday thru Friday

TIME: School Dismissal to 5:30 p.m.

AGES: 5 – 17 Years Old

FEE: Free*

*The Indio Hills Traditional After School Program monthly fee is \$200.

Due to program subsidies and grant funding only to the Indio Hills Program, it will be free until the funds are exhausted.



COMMUNITY EVENTS

EASTER EGG HUNT

Welcome to the first annual Easter Egg Hunt for Indio Hills community members. We will host an array of activities, including hair painting, face painting, games, and prizes!

DATE: Thursday, April 6

TIME: 3 – 5 p.m.

AGES: All Ages **FEE:** Free



FAMILY HIKE DAY

This family-oriented event will provide children and their families an opportunity to explore the beautiful outdoors and taking a hike up one of the most beautiful trails in Southern California. This activity requires zero experience. We will meet at the Indio Hills Community Center, then drive out to the trail. Children will require a parent/guardian present to participate.

DATE: Friday, January 20 **TIME:** 10 a.m. – 12 p.m.

AGES: All Ages **FEE:** Free

Find Exploration!

Indio Hills

Please Note: All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive thru safety signs, and food is distributed on a first come, first served basis.

DISTRIBUTION: Second Friday of the month
(may exclude holidays)

TIME: 9:30 – 11:30 a.m. (or until all food has been distributed)

AGES: All Ages **FEE:** Free



HEARTS & CRAFTS VALENTINE'S DAY WORKSHOP

Valentine's Day Workshop is coming to Indio Hills! This workshop will focus on the importance of friendships, whilst creating fun crafts. Parents may use this time to head out for a Valentine Date as their children attend this fun-filled event.

DATE: Monday, February 13

TIME: 3 – 5:30 p.m.

AGES: 5 – 12 Years Old

FEE: Free



Find Heart!

INDIO HILLS COMMUNITY YARD SALE

It's time for Spring cleaning! Indio Hills Community Center will be holding this event in the parking lot. This allows for community members to come together in one place, meet fellow community members, and sell their items. Spaces are limited, therefore, please contact **Ana Velasquez at 760-347-3484** to reserve your space.

DATE: Saturday, March 11 **TIME:** 7 a.m. – 12 p.m.

AGES: 18 Years of Age and Over **FEE:** Free

LOTERIA NIGHT – WELCOME SPRING

We welcome the wonderful families of Indio Hills and surrounding areas to join us for a fun night of Loteria! This traditional game never fails at bringing families together with the sole purpose of having fun! Small prizes will be granted to the winners.



DATE: Wednesday, March 22

TIME: 3:30 – 5 p.m.

AGES: All Ages **FEE:** Free

INDIO HILLS COMMUNITY COUNCIL MEETING

On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact dschemmer@rivco.org as meetings may be held via Zoom, or may be in-person.

DAY: Tuesdays

TIME: 6 – 8 p.m.

For meeting dates and more information, please visit:

<https://rivco4.org/Councils/Community-Councils>

La Quinta

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253
(760) 564-9921

HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.
Saturday: 8 a.m. – 12 p.m.
Sunday: Closed

Fritz Burns Pool



78-107 Avenue 52, La Quinta, CA 92253
(760) 771-4347

HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays,
Fridays

TIME: 12 – 1:15 p.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or
\$5 for Facility Use Pass



WII BOWLING WEDNESDAYS

Come show us your best bowling skills while meeting other active seniors within your community. Wii Bowling will follow immediately after our Fit After 50 class on Wednesdays.

ENROLLMENT: Ongoing

DAYS: Wednesdays **TIME:** 1:30 – 2:30 p.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or
\$5 for Facility Use Pass

ART & MUSIC

KIDS CRAFT UNIVERSITY

DATES & DESCRIPTION:

February 7 – 28 • The World of Watercolor. Learn to love watercolor while also learning the techniques used to create certain effects in art-plus color theory.

March 7 – 28 • Mosaic Madness. Learn the art of mosaic, it's history and explore all the fun designs you can create.

April 4 – 25 • Origami and Beyond. Learn different folding techniques- creating your favorite animals and going beyond through origami.

DAYS: Tuesdays **TIME:** 4 – 5:30 p.m.

AGES: 8 – 12 Years of Age

FEE: \$50 per Month

DROP-IN FEE: \$15 per Class



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – VISTA DUNES

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

KIDS CLUB – VISTA DUNES CONTINUED

LOCATION: Vista Dunes Apartment Complex

DATES: Ongoing During School Year
(holidays may be excluded)

TIME: 3 – 6 p.m. **DAYS:** Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

SPRING CAMP SAMPLER

Our Spring Camp Sampler is the perfect opportunity for your child to enjoy a taste of the summer day camp-like experience over Spring break. Each day will also include additional games, crafts and Lunchtime. Your child will need to bring a sack lunch each day.

DAYS & THEMES:

Monday – April Showers & May Flowers

Tuesday – Butterflies, Bees & Bugs

Wednesday – Earth Day

Thursday – Rainforest Exploration

Friday – Easter Eggstravaganza

DATES: April 10 – 14 **TIME:** 8:30 a.m. – 12 p.m.

AGES: 4 – 12 Years of Age

FEE: \$55 for the Week, \$15 per Day



DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.

ENROLLMENT: Ongoing

DAYS & TIMES:

Thursdays, 5:30 – 6:15 p.m. **OR** Fridays, 4 – 4:45 p.m.

AGES: 5 – 10 Years of Age **FEE:** \$42 Per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 4 – 4:45 p.m. **OR** Wednesdays, 5:30 – 6:15 p.m. **OR** Fridays, 9 – 9:45 a.m.

AGES: 2½ – 5 Years of Age **FEE:** \$42 Per Month



HEALTH & FITNESS

PERSONAL TRAINING –

(Single, 30 minutes and 5 -pack sessions)

Prevent injury, see results, reach your goals! From private Yoga and Tai Chi lessons, stretching and weight training, or sport-specific sessions, personal training will maximize your health and guide you towards reaching your fitness goals. All trainers are certified by an accredited organization and will customize each workout plan to your needs.

ENROLLMENT: Ongoing

Contact the La Quinta Community Fitness Center to book your training.

AGES: 16 Years of Age and Over

FEES: Single **60 Minute** Session – \$80

5 Sessions of **60 Minutes** – \$350

Single **30 Minute** Session – \$45

5 Sessions of **30 Minutes** – \$195

FUSION FIT

Join this fitness class that will incorporate Yoga, Pilates, Barre, and Functional Fitness. This is a great class to get a full body workout.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 9 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$65 per Month

DROP-IN FEE: \$15 per Class



LADIES NIGHT OUT WORKOUT

Hey Ladies...join us the first Friday of every month for an evening of working out, making new friends and having fun while doing it! There will be an optional "Post-Workout Social Hour" to follow. Register early and get a customize fitness plan.

DATES: January 6 • February 3 • March 3 • April 7

TIME: 6 – 7 p.m.

AGES: 18 Years of Age and Over

FEE: \$12 per class

La Quinta

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



HEALTH & FITNESS

MOMMY AND ME YOGA

This unique class combines yoga and play to strengthen the bond between a young child and their caregiver. Experience flowing asanas, challenging postures, and relaxation in a playful and safe space.

ENROLLMENT: Ongoing

DAYS & TIMES: Thursdays • 4:15 – 5 p.m.

Saturdays • 9 – 9:45 a.m.

AGES: Adult and child 6 months – 2 Years of Age

FEE: \$45 per Month **DROP-IN FEE:** \$12 per Class

SOUND BATH THERAPY

Come relax with us! A sound bath uses musical instruments to create a relaxing meditation experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep. Guided by a trained instructor.

ENROLLMENT: Ongoing

DAYS: First Tuesday of every month

TIME: 10:30 – 11:30 a.m. **AGES:** 16 Years of Age and Over

FEE: Free for DRD Facility Members or \$5 for Facility Use Pass

ZUMBA

Every one of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

DATES: Ongoing

DAYS: Mondays, Wednesdays, Saturdays

TIME: 10 – 11 a.m. **AGES:** 16 Years of Age and Over

FEE: \$60 per Month **DROP-IN FEE:** \$8



OUTDOORS

NIGHT SKY STAR OBSERVATIONS

Friends of the Desert Mountains volunteer astronomers will be setting up their telescopes and are inviting you to their "star party". A clear night sky offers an ever-changing display of fascinating objects to see stars, constellations, bright planets, a full moon, and sometimes special events like meteor showers or an eclipse.

DATES: Tuesday, January 10 • Tuesday, February 7

Wednesday, March 8

TIME: 7:30 – 10 p.m. **AGES:** All Ages **FEE:** Free



SPECIAL INTEREST

PARENTS' NIGHT OUT

Here's an opportunity for parents to enjoy a night out while your child enjoys a fun night in! We will keep them entertained with activities (outdoor and indoor), crafts, and a kid friendly meal while you get some much-needed R&R. Children should wear comfy clothes and closed toed shoes.

DAYS: Saturdays **TIME:** 5 – 8:30 p.m.

DATES: January 14 • February 11 • March 11 • April 8

AGES: 4 – 12 Years of Age **FEE:** \$25



SPORTS

ADULT SLOW PITCH SOFTBALL LEAGUE

Play Ball! Get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field. Playoffs will be held for top 4 teams the week after league play ends.



LEAGUES, DAYS & DATES:

COED Mondays

3 females per team minimum requirement to join the league.

January 9 – March 13

Men's Tuesdays

January 10 – March 14

TIME: 6:15 – 10:15 p.m.

AGES: 18 Years of Age and Over

FEE: \$400 per Team



BOCCE BALL FRIDAYS

Interested in playing Bocce Ball or heard of it and want to know more about the game? Come out to the La Quinta Community Park on Fridays and enjoy a few games with other Bocce Ball enthusiasts from our community. This is a FREE program and is a recreational game to get outdoors and enjoy our summer months with friends and family.

ENROLLMENT: Ongoing

DAY: Fridays **TIME:** 9 – 11 a.m.

AGES: 18 Years of Age and Over

FEE: Free and open to the community

La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

OPEN COURT TIME AT LA QUINTA BOYS & GIRLS CLUB

Thanks to a partnership between DRD, the Boys & Girls Club and the City of La Quinta, Volleyball will be offered on Tuesday and Thursday evenings, and Basketball on Wednesday evenings. Doors will open at 6:45 p.m.

ENROLLMENT: January 10 – April 27

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 7 – 9 p.m.

AGES: All Ages (13 Years of Age and under must be accompanied by an adult)

FEE: \$5 Daily Drop-in, or purchase an Express Pass \$30 for 8 visits



SWIM & WATER ACTIVITIES

ALL SWIM & WATER ACTIVITIES LISTED BELOW TAKE PLACE AT FRITZ BURNS POOL UNLESS OTHERWISE NOTED.

ADULT WATER AEROBICS

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

AGES: 18 Years of Age & Over

TIME: 10 – 10:45 a.m.

FEES: \$50 per Session

DAYS & DATES:

Tuesdays & Thursdays:

Session 1: January 3 – 26

Session 2: January 31 – February 23

Session 3: February 28 – March 23

Session 4: March 28 – April 20

Session 5: April 25 – May 18

TIME: 10 – 10:45 a.m. **OR** 6 – 6:45 p.m.

DAYS & DATES:

Mondays & Wednesdays:

Session 1: January 2 – 25

Session 2: January 30 – February 22

Session 3: February 27 – March 22

Session 4: March 27 – April 19

Session 5: April 24 – May 17

AQUA FIT

(This Class Is A Higher-Impact Workout Than Adult Water Aerobics)

Burn calories, tone muscle and increase your cardiovascular level! Geared for adults of all fitness levels.

AGES: 18 Years of Age and Over

TIME: 9 – 9:45 a.m.

FEES: \$50 per Session

DAYS & DATES:

Tuesdays & Thursdays:

Session 1: January 3 – 26

Session 2: January 31 – February 23

Session 3: February 28 – March 23

Session 4: March 28 – April 20

Session 5: April 25 – May 18

Mondays & Wednesdays:

Session 1: January 2 – 25

Session 2: January 30 – February 22

Session 3: February 27 – March 22

Session 4: March 27 – April 19

Session 5: April 24 – May 17

SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.

AGES: 18 Years of Age and Over

TIME: 8 – 8:45 a.m. **OR** 4 – 4:45 p.m.

FEE: \$25 per Session

DAYS & DATES:

Mondays & Wednesdays:

Session 1: January 2 – 25

Session 2: January 30 – February 22

Session 3: February 27 – March 22

Session 4: March 27 – April 19

Session 5: April 24 – May 17



Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



SWIM & WATER ACTIVITIES

SENIOR SPLASH CLASS CONTINUED

TIME: 8 – 8:45 a.m.

FEE: \$25 per Session

DAYS & DATE:

Tuesdays & Thursdays:

Session 1: January 3 – 26

Session 2: January 31 – February 23

Session 3: February 28 – March 23

Session 4: March 28 – April 20

Session 5: April 25 – May 18

TIME: : 8 – 8:45 a.m.

FEE: \$50 per Session

DAYS & DATES:

Mondays through Thursdays:

Session 1: January 2 – 26

Session 2: January 30 – February 23

Session 3: February 27 – March 23

Session 4: March 27 – April 20

INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

PARENT & ME SPRING CLASSES

DATES: Session 1: April 3 – 13

Session 2: April 17 – 27

DAYS: Monday – Thursday

TIME: 11 – 11:45 a.m.

AGES: 18 Months – 3 Years of Age

FEE: \$62.50 per Session



PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming. Children are placed in classes based on their ability, and parents do not accompany children in this class.

GUPPIES SPRING CLASSES

DATES: Session 1: April 3 – 13

Session 2: April 17 – 27

DAYS: Monday – Thursday TIME: 12 – 12:45 p.m.

AGES: 3 – 6 Years of Age

FEE: \$62.50 per Session

PIRATE SPLASH PARTY

Our pirate-themed splash party will include music, candy, games and a treasure hunt! Bring your bathing suit to enjoy this wet and wild event.

DATE: Saturday, March 11 TIME: 2 – 4 p.m.

AGES: 5 – 11 Years of Age FEE: \$10

WATER SAFETY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the Landshark. Topics will include basic water safety, sun safety, importance of a lifejacket, overview of a pool, canal safety, and how to call for help. This is a FREE program and includes open swim entry for the day, but you will need to register ahead of time to attend. Open to children 3 through 12 years of age.

DAYS & TIME: Saturdays, 10 – 11 a.m.

DATES: April 15 and 22

100 MILE SWIM CHALLENGE

Become a member of the 100 Mile Swim Club at Desert Recreation District and swim 100 miles in 12 months! All swim styles and techniques are welcome. The technique is not a priority, just the distance! Members who complete 100 miles will receive recognition and a prize!

DAYS: Open Swim Times at any Desert Recreation District Pool

TIME: January 2 to December 31, 2023

AGES: 16 Years of Age or Over

FEE: \$50 per Person

City of La Quinta Events

Concert in the Park Series @ SilverRock Park

More information can be found for upcoming concerts by visiting the City of La Quinta Web Site at
www.playinlaquinta.com/Signature-Events

Mission LQ: Rocket Launch at Monticello Park – March 11 from 8 – 10 a.m.

Soaring Over LQ: A Kite Experience at SilverRock Park – April 1 from 8 – 10 a.m.

Egg Hunt at La Quinta Park – April 8 from 9 – 11 a.m. (Corner of Blackhawk Way & Adams)

La Quinta Picnic & Birthday Celebration at Civic Center Campus – April 29 from 9 a.m. – 12 p.m.

La Quinta

GEM of the DESERT

*For more information on these events and more happening in the City of La Quinta,
visit us at LAQUINTACA.GOV or call (760) 777-7000*

Lake Cahuilla Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

*Enjoy the
Great Outdoors*

**SAVE*
50%
Second Night**

Features

- Trailer/RV Camping
- Tent Camping
- Fishing Lake
- Hiking Trails
- Horseback Trails
- Picnic Shelters
- Playground
- Pet Friendly
- BBQ areas
- Showers
- Restrooms
- Sand Volleyball
- Pickle Ball
- Bocce Ball
- and more...

www.RivCoParks.org

Online Reservations available 24/7

1-800-234-7275 (PARKS)

[f @rivcoparkshq](https://www.facebook.com/rivcoparkshq) [@rivcoparks](https://www.instagram.com/rivcoparks) [@rivcoparks](https://www.tiktok.com/@rivcoparks)

*To receive discount, call 800-234-7275 and mention code
CAMP23. Offer expires 12/31/2023. Discount not offered on
holidays or in conjunction with other discounts.

Please Note: All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Mecca Community Center



65-250 Coahuilla Street, Mecca, CA 92254
(760) 396-0257
HOURS: Monday – Friday: 8 a.m. – 2 p.m.
Saturday & Sunday: Closed

Mecca Community Pool



65-250 Coahuilla Street, Mecca, CA 92254
(760) 347-3484
Reserve Spring and Summer Rentals Now

50+ ACTIVE ADULT & SENIOR PROGRAMS

MECCA SENIOR PROGRAM

Join us for the Mecca Senior Program where you can enjoy crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Mondays – Thursdays **TIME:** 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over **FEE:** Free

MECCA SENIOR SOCIALS

Seniors, join us at the Mecca Community Center for a day of creative arts, karaoke, refreshments and much more.

DATES: Tuesday, January 24 • Thursday, March 23

TIME: 12:30 – 2:30 p.m.

AGES: 50 Years of Age and Over **FEE:** Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

We are looking to provide more adaptive programming to our East Valley communities, and need to know what types of adaptive programs you would like offered. Please share your requests with either your local community center coordinator or email adaptivesports@drd.us.com. Our adaptive programs promote inclusion and options for individuals of all ages and abilities.

ADAPTIVE SOCCER SKILLS & DRILLS INTRO

Join us for an adaptive BIG soccer skills & drills program. Program is designed to meet the needs of individuals with disabilities. All ability levels welcome. We encourage siblings, and friends of individuals with disabilities to join too!

DATE: Friday, February 10

TIME: 5:30 – 7 p.m.

AGES: 5 Years of Age and Over with a Disability or a Special Need

FEE: Free



ART & MUSIC

ART PROGRAM

Our Art Program is a great way to introduce youth to the importance of Art. This program provides participants a safe place to let their creative minds explore. Youth will have the opportunity to have fun, get creative and learn how to create various art projects.

DATES: April 3 – May 22 **TIMES:** 4 – 5:30 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Paseo De Los Heroes II Apartments

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 3 – 6 p.m. **DAYS:** Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

MECCA AFTER SCHOOL CLUBHOUSE

Our after-school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Monday through Friday

GRADES: Kindergarten through 12th Grade

FEE: Free*

**The Mecca After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.*

TEEN SOCIAL NIGHT

The night will include various activities such as dancing, playing board games, social interaction, music and so much more! Teen Social Nights is open to all high school teens.

DATES: Tuesday, February 28 • Thursday, April 6

TIME: 6 – 7:30 p.m.

AGES: 13 – 17 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



COMMUNITY EVENTS

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Wednesday, February 8

TIME: 6 – 8 p.m.

AGES: 5 – 12 Years of Age

FEE: Free



EGGSTRAVAGANZA

You won't have to hunt for one of the best Easter-egg hunts in the valley - our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more – so bring your Easter basket and head to the location that is nearest you. The egg hunt will be divided into age groups.

DATE: Saturday, April 1

TIME: 10 a.m. – 12 p.m.

AGES: 12 Years of Age and Younger

FEE: Free

LET IT GLOW

We welcome all youth in Mecca and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today!

DATE: Friday, January 27

TIME: 6 - 8 p.m.

AGES: 6 – 15 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**

Please Note: All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

MECCA FAMILY NIGHTS

We welcome all families of Mecca and surrounding communities to join us for a night of games, music, crafts, a movie and of course fun! Refreshments, snacks and materials will be provided.

DATES: Thursday, January 19 • Tuesday, March 21
TIME: 5:30 – 8 p.m. **AGES:** All Ages **FEE:** Free

MECCA RECREATION COMMUNITY MEETING

We encourage all Mecca residents to join us to provide feedback and suggestions for future recreational programming in the community of Mecca. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments.

WHEN: Wednesday, March 29 at 6 p.m.

MECCA RESOURCE FAIR

We invite all residents of Mecca and neighboring communities to come on out to socialize and gather resources that local businesses and non-profits offer to assist and empower the community.

DATE: Friday, March 17 **TIME:** 6 – 8 p.m.
AGES: All Ages **FEE:** Free

PROM DRESS GIVEAWAY

Open to all high school seniors in the Coachella Valley, this program will offer free prom dresses in a variety of sizes, colors and styles. While we make every effort to have enough dresses for everyone, they are offered on a first come, first serve basis **BY APPOINTMENT ONLY**. Please email promdressgiveaway@drd.us.com to make your appointment and you must bring a valid school ID card. This program is offered in collaboration with Desert Best Friend's Closet.

DATE: Friday, March 10 **TIME:** 2 – 8 p.m.
ELIGIBLE PARTICIPANTS:
 Coachella Valley students in 11th and 12th grades
FEE: Free



YOUTH SOCIALS IN MECCA

Come in and enjoy our Youth Socials. Fun activities will include art, crafts, science, dancing, fitness, group games and much more. Space is limited.

DATES: Thursday, February 2 • Tuesday, February 14
 Tuesday, March 7 • Tuesday, March 28 • Thursday, April 20
TIME: 6 – 8 p.m. **AGES:** 6 – 12 Years of Age
FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



DANCE

DANCE FITNESS

The youth in this program will learn the fundamentals of movement consisting of spatial awareness, movement, footwork, and more. Participants in this program are eligible to receive a 1 time scholarship thanks to CDBG Grant.

DATES: April 4 – June 27
DAYS: Tuesdays and Thursdays
TIME: 6:15 – 7:15 p.m. **AGES:** 5 – 15 Years of Age
FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**

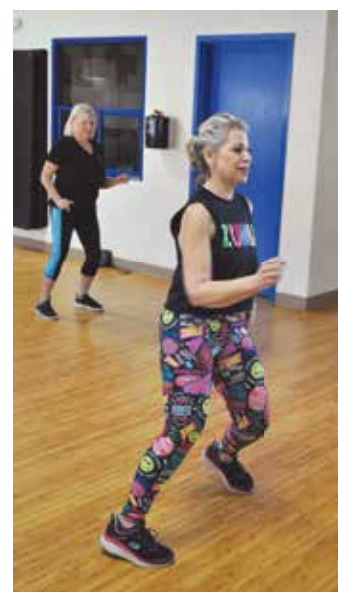


HEALTH & FITNESS

ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing
DAYS: Wednesdays
TIME: 6 – 7 p.m.
AGES: 14 Years of Age and Over
FEE: \$22 per Month
DROP-IN FEE: \$5 per Class





MOVIES

MOVIES IN THE PARK/MOVIE NIGHTS

A note regarding all outdoor movies: Please note inclement weather such as high winds can alter the scheduled showing of any movie, including possible postponement or moving the showing to indoors.

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on March 3 in Mecca.



SPECIAL INTEREST

KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATES: January 26 • February 23 • March 30 • April 27

DAYS: Thursdays **TIME:** 5:30 – 7 p.m.

AGES: 7 – 11 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh and the Anderson Children's Foundation



Irene W. & Guy L. Anderson
Children's Foundation

R.I.S.E

The RESILIENCE, INSPIRE, SELF-EMPOWER (R.I.S.E.) program offers mental health & wellness classes that include coping mechanisms to mitigate stressful life situations, healthy nutritional educational classes and more. The R.I.S.E. program also helps with positive self-esteem and an understanding of control, empowerment, and purpose.

ENROLLMENT: January 5 – February 23

DAYS: Tuesday & Thursday **TIME:** 4 – 5:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Program Scholarships are made possible through The RAP Foundation



Join The Fun Team!

WE ARE HIRING.

If you *Enjoy* working with people, or if you have a *Passion* for recreation and fitness, we may be a great fit for you.

**VARIETY OF POSITIONS AVAILABLE
– FULL & PART TIME –**

**Apply today to join the "FUN TEAM"
at Desert Recreation District!**

MyRecreationDistrict.com/employment-opportunities



**OR just scan the
QR code**

North Shore

Please Note: All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

North Shore Beach & Yacht Club



99-155 Sea View Drive, North Shore, CA 92254
(760) 393-0602

HOURS: Monday – Friday: 8 a.m. – 12 p.m. and
4 – 8 p.m.

Saturday & Sunday: Closed

North Shore Community Park



99-480 70th Avenue, North Shore, CA 92254
(760) 393-0602

HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

NORTH SHORE SENIOR PROGRAM

Join us every Tuesday and Thursday for the North Shore Senior Program. Seniors stop by and enjoy exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays TIME: 9 a.m. – 12 p.m.

AGES: 50 Years of Age and Over FEE: Free

NORTH SHORE SENIOR SOCIALS

Seniors, join us at the North Shore Beach & Yacht Club for a day of creative arts, karaoke, refreshments and much more.

DAYS: Thursdays DATES: February 9 • April 6

TIME: 12:30 – 2:30 p.m.

AGES: 50 Years of Age and Over FEE: Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

We are looking to provide more adaptive programming to our East Valley communities, and need to know what types of adaptive programs you would like offered. Please share your requests with either your local community center coordinator or email adaptivesports@drd.us.com. Our adaptive programs promote inclusion and options for individuals of all ages and abilities.

ADAPTIVE BASKETBALL SKILLS & DRILLS INTRO

Join us for an adaptive basketball skills & drills program! Program is designed to meet the needs of individuals with disabilities. All ability levels welcome. We encourage siblings, and friends of individuals with disabilities to join too!

LOCATION: North Shore Community Park

DATE: Friday, January 20 TIME: 5:30 – 7 p.m.

AGES: 5 Years of Age and Over with a Disability or
a Special Need

FEE: Free



ART & MUSIC

ART PROGRAM

Our Art Program is a great way to introduce youth to the importance of Art. This program provides participants a safe place to let their creative minds explore. Youth will have the opportunity to have fun, get creative and learn how to create various art projects.

DATES: January 16 – March 20 DAYS: Mondays

TIMES: 4 – 5 p.m. AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson
Children's Foundation



Irene W. & Guy L. Anderson
Children's Foundation

North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



CAMP & AFTER SCHOOL PROGRAMS

NORTH SHORE AFTER-SCHOOL CLUBHOUSE

Our after-school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Mondays through Fridays

GRADES: Kindergarten through 12th Grade

FEE: Free*

**The North Shore After-School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.*

SPRING CAMP

Each day, the true camp experience begins as staff leads the group in fun, lively camp games and songs. Campers will learn new skills and build self-esteem through sports, activities, scavenger hunts, creative arts and tons of group games. All activities are carried out under the watchful eye of our camp staff.

DATES: April 10 – 14 **TIME:** 8 a.m. – 12 p.m.

AGES: 5 – 11 Years of Age

FEE: Free thanks to funding from Anderson
Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



COMMUNITY EVENTS

CATHOLIC CHARITIES FOOD DISTRIBUTION

No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.

DAYS: Wednesdays **FREQUENCY:** Weekly

TIME: 8 – 9 a.m.

COLLEGE AND CAREER FAIR

Our College and Career Fair will be a day filled with information about how to apply to colleges, vocational schools and meet future employers who will be on hand and have current and/or upcoming job openings.

LOCATION: North Shore Community Park

DATE: Saturday, February 25

TIME: 11 a.m. – 2 p.m.

AGES: 14 Years of Age and Over

FEE: Free

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Wednesday, February 8

TIME: 6 – 8 p.m.

AGES: 5 – 12 Years of Age **FEE:** Free



NORTH SHORE FAMILY NIGHTS

We welcome all families of North Shore and surrounding communities to join us for a night of games, music, crafts, a movie and of course fun! Refreshments, snacks and material will be provided.

DATES: Tuesday, January 24 • Thursday, March 16

TIME: 5:30 – 8 p.m.

AGES: All Ages

FEE: Free

North Shore

Please Note: All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

NORTH SHORE RECREATION COMMUNITY MEETING

We encourage all North Shore residents to join us to provide feedback and suggestions for future recreational programming in the community of North Shore. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments.

LOCATION: North Shore Community Park

WHEN: Wednesday, February 15 at 6 p.m.



NORTH SHORE RESOURCE FAIR

We invite all residents of North Shore and neighboring communities to come on out to socialize and gather resources that local businesses and non-profits offer to assist and empower the community.

LOCATION: North Shore Community Park

DATE: Friday, February 10

TIME: 6 – 8 p.m.

FEE: Free

SPRING INTO FUN

Join us for some spring fun at the North Shore Community Park. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny!

Parents: Do not forget to bring your cameras!

DATE: Friday, March 24 **TIME:** 7 – 9 p.m.

AGES: 3 – 12 Years of Age

FEE: Free

TEEN SOCIAL NIGHTS

The night will include various activities such as dancing, playing board games, social interaction, music and so much more! Teen Social Nights is open to all high school teens.

DATES: Friday, February 17 • Friday, March 17

TIME: 6:30 – 8 p.m. **AGES:** 13 – 17 Years of Age

FEE: Free thanks to funding from Anderson Children's Foundation

YOUTH SOCIALS

Come in and enjoy our Youth Socials. Fun activities will include art, crafts, science, dancing, fitness, group games and much more. Space is limited.

DATES: Tuesday, January 31 • Thursday, February 16

Thursday, March 9 • Tuesday, March 21 • Tuesday, April 18

TIME: 6 – 8 p.m. **AGES:** 6 – 11 Years of Age

FEE: Free thanks to funding from Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



HEALTH & FITNESS

G.R.O.W. WITH US!

Come join this great new grant-funded program for residents of North Shore. The classes will share practical skills to help lead a happier, healthier life with focus on things such as Gratitude, Resilience, and Outdoor Wellness. Upon completion, you will be invited to an all-expense-paid overnight trip to a beautiful natural area in Southern California. Classes will be grouped by Adult, Family or Seniors.

LOCATION: North Shore Community Park

FEE: This program is funded by the

Outdoor Equity Grants Program

DATES: January 12 – February 16 • March 2 – April 6

DAYS: Thursdays

Adult G.R.O.W. with Us!

AGES: 17 Years of Age and Over **TIME:** 12:30 – 1:30 p.m.

Family G.R.O.W. with Us!

AGES: All Ages **TIME:** 5:30 – 7 p.m.

Seniors G.R.O.W. with Us!

AGES: 50 Years of Age and Over **TIME:** 10:30 a.m. – 12 p.m.

North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: January, February, March, April

DAYS: Tuesdays & Thursdays

TIME: 6 – 7 p.m.

AGES: 14 Years of Age and Over

FEE: \$35 per Month

DROP-IN FEE: \$5 per Class



MOVIES

MOVIES IN THE PARK/MOVIE NIGHTS

A note regarding all outdoor movies: Please note inclement weather such as high winds can alter the scheduled showing of any movie, including possible postponement or moving the showing to an indoor location.

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, February 24 at North Shore Community Park.



SPECIAL INTEREST

KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DAY: Thursdays

DATES: January 26 • February 23 • March 30 • April 27

TIME: 5:30 – 7 p.m.

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh, and the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



R.I.S.E

The RESILIENCE, INSPIRE, SELF-EMPOWER (R.I.S.E.) program offers mental health & wellness classes that include coping mechanisms to mitigate stressful life situations, healthy nutritional educational classes and more. The R.I.S.E. program also helps with positive self-esteem and an understanding of control, empowerment, and purpose.

DATES: March 7 – April 27

DAYS: Tuesday & Thursday **TIME:** 4 – 5:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Program Scholarships are made possible through The RAP Foundation



Please Note: All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274
(760) 393-0602
HOURS: See Activities for Times/Days



ART & MUSIC

ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.



DAY: Thursdays

DATES: January 12 – 26 • February 9 – 23
March 9 - 23 • April 13 – 27

TIMES: 5:30 – 6:30 p.m. AGES: 5 – 13 Years of Age

FEE: Free



COMMUNITY EVENTS

EL OASIS LOTERIA

We are excited to welcome the community of Oasis and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria.

DATES: February 7 • March 14 • April 11

DAYS: Tuesdays TIME: 6:30 – 7:30 p.m.

44 AGES: All Ages FEE: Free

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Monday, February 6

TIME: 6 – 7:30 p.m.

AGE: 5 – 12 Years of Age FEE: Free



LET IT GLOW YOUTH SOCIAL

We welcome all youth and teenagers in Oasis and surrounding communities to join us for a fun night of fun, dancing, music, and games! We will be having a Silent Disco for the first 50 participants as well as a glow golf course set up at the Oasis del Desierto Park. Registration is required.

DATE: Friday, February 24 • Thursday, April 6

TIME: 6:30 – 8 p.m. AGES: 5 – 17 Years of Age

FEE: Free thanks to funding from

Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**

OASIS HEALTH RESOURCE FAIR

Come join DRD and the community of Oasis for the Oasis Health Resource Fair. There will be many organizations providing information and resources to the community. We will also have activities and prizes for all ages!

DATE: Saturday, March 11 TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free



Find Well-Being!

OASIS RECREATION COMMUNITY MEETING

We encourage all Oasis residents to join us to provide feedback and suggestions for future recreational programming in the community of Oasis. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments. This event is **FREE**.

WHEN: Tuesday, March 7 at 6:30 p.m.

SPRING INTO FUN

Join us for some spring fun at the North Shore Community Park. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents don't forget to take those photos!

DATE: Saturday, March 25

TIME: 10 a.m. – 12 p.m.

AGE: 3 – 13 Years of Age **FEE:** Free



YOUTH SOCIAL

Come in and enjoy our Youth Socials. Fun activities will include art, crafts, sports, dancing, fitness, group games and much more. Space is limited.

DATE: Friday, January 20 **TIME:** 6 – 8 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from

Anderson Children's Foundation



Join our new Outdoor and Environmental Education program for LGBTQIA2S+ Youth.



Friends of the Desert Mountains, The Center Coachella and Desert Recreation District has partnered together to provide programs once a month for Queer Identifying youth in the Coachella Valley.

sign up with contacts below for information, question and outreach on our monthly events

vbecerra@DesertMountains.org

Miguel@TheCenterCV.org



Friends of the
Desert Mountains



the
center
coachella

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Palm Desert Community Center



43-900 San Pablo Avenue, Palm Desert
(760) 568-9697

HOURS: Monday - Friday: 6 a.m. - 9 p.m.
Saturday: 9 a.m. - 2 p.m.
Sunday: Closed

Portola Community Center



45-480 Portola Avenue, Palm Desert
(760) 568-2560

HOURS: Monday - Friday: 8 a.m. - 8:30 p.m.
Saturday & Sunday: Closed

The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert
(760) 779-1877

HOURS: See Activities for Times/Days

Cahuilla Hills Park

45-825 Edgehill Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

Olsen Community Park

43-005 Magnesia Falls Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

University Park

74-802 University Park Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ABILI-TEE

Skilled golf instructors will move participants through putting, chipping, driving and course play during the 7 hands-on classes. A focus on progressive course play and skill development will progress participants into regular game play.

LOCATION: The Golf Center at Palm Desert

DATES: February 14 – March 28

DAYS: Tuesdays **TIME:** 9 – 10:30 a.m.

AGES: 16 years of Age and Over

with a Disability or a Special Need

FEE: \$75

Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration.

COMMUNITY ADAPTED SPORTS DAY

This disability sports festival is open to the community and offers participants the opportunity to experience adaptive sports programs, obtain information from location organizations, and make connections with others in the community. Event offered in partnership with SoCal Adaptive Sports. Contact mike@socaladaptivesports.org for additional information.

LOCATION: Palm Desert Civic Center Park

DATE: Please Check Website for Date **TIME:** 10 a.m. – 2 p.m.

AGES: All Ages & open to everyone who is interested in attending

FEE: Free



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills. Monday programs in collaboration with So Cal Adaptive Sports.



FEE: \$25 per Month

AGES: 16 Years of Age and Over with a Disability or a Special Need

DAYS, DATES & TIMES:

Mondays • 2:15 – 3:15 p.m. OR 3:30 – 4:30 p.m.

January 9 – 30 • February 6 – 27 • March 6 – 27 • April 3 – 24

Wednesdays – 2:15 – 3:15 p.m. OR 3:30 – 4:30 p.m.

January 4 – 25 • February 1 – 22 • March 1 – 29 • April 5 – 26

ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

ENROLLMENT: Ongoing

DAYS: Wednesdays **TIME:** 4:45 – 5:30 p.m.

AGES: 10 years of Age and Over

with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE PICKLEBALL & BADMINTON

Work on hand eye coordination and develop your pickleball and badminton skills with us. Classes works on skill development through drills with progression to game play. Throughout the hour-long program we will cycle groups through both sports.



ENROLLMENT: Ongoing

DAY: Thursdays

TIME: 4:15 – 5:15 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE TENNIS

A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. All ability levels welcome. This program is offered thanks to a collaboration with So Cal Adaptive Sports.



ENROLLMENT: Ongoing

DAYS: Thursdays

TIME: 3 – 4 p.m.

AGES: 10 years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE WALK, RUN, ROLL CLUB

You can walk, run, or even roll in one of our sport wheelchairs as we get our bodies moving again in Civic Center Park. As the weather cools down, we will work on technical running skills, endurance, and of course, have LOTS of fun! This is a test class and may extend through the winter while we can enjoy the outdoor weather.

ENROLLMENT: Ongoing

DAY: Mondays **TIME:** 4:45 – 5:30 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



GUITAR

Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

Second Level class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: January 11 – February 8

February 22 – March 22

DAY: Wednesdays **AGES:** 9 Years of Age and Over

LEVELS & TIMES: **Beginning** • 6 – 7 p.m.

Second Level • 7 – 8 p.m.

FEE: \$80 per Session

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



ART & MUSIC

PIANO/KEYBOARD – BEGINNING I & II

Children will learn to read music consisting of treble and bass clef, staff, names of notes, and simple key and time signatures. Children will also learn rhythm and single note melodies leading to simple chord structures.

ENROLLMENT: Ongoing

DAY: Wednesdays **AGES:** 8 – 12 Years of Age

TIME: **Beginning I** • 4 – 5 p.m.

Beginning II • 5 – 6 p.m.

FEE: \$40 per Month*



CAMP & AFTER SCHOOL PROGRAMS

SPRING INTO FUN CAMP

Each day, the true camp experience begins as staff leads the group in fun, lively camp games and songs. Campers will learn new skills and build self-esteem



through sports, activities, scavenger hunts, creative arts and tons of group games. All activities are carried out under the watchful eye of our camp staff.

DATES: April 10 – 14 **TIME:** 7:30 a.m. – 6 p.m.

AGES: 5 – 10 Years of Age

FEE: \$140 per Camper **DAILY DROP-IN FEE:** \$25

TRADITIONAL AFTER SCHOOL PROGRAMS (TAS)

Desert Recreation District is partnering with the schools below to introduce the Expanded Learning Opportunity Program (ELOP) funded by AB 130 to allow students the opportunity to attend after school programming at no charge. Students will spend the afternoon embracing a healthy lifestyle supporting the rewards of teamwork and sportsmanship through physical activities, team building, and health & nutrition.

DAYS: Monday – Friday

TIME: School Dismissal to 6:00 p.m.

GRADES: Kindergarten through Fifth

TRADITIONAL AFTER SCHOOL PROGRAMS (TAS) CONTINUED

TAS – Ronald Reagan Elementary School

LOCATION: Ronald Reagan Elementary School

ENROLLMENT: Ongoing during School Year
(may exclude holidays)

TAS – Washington Charter School program at Portola

LOCATION: Portola Community Center (Open to Washington Charter School students only)

ENROLLMENT: Contact Washington Charter Elementary directly at 760-862-4350



COMMUNITY EVENTS

BRUNCH WITH THE BUNNY

Hop on over for some fun, brunch with the Bunny will be yum yum! Pancakes, eggs, fruit, and muffins. Crafts and games, photo ops, a little time for a bunny hop! Don't be late for this very important date.

DATE: Saturday, April 8 **TIME:** 9 – 11 a.m.

AGE: All Ages **FEE:** \$10

DARE TO PREPARE (AAA TEEN DRIVING PROGRAM)

In partnership with AAA Southern California Automobile Club, we are offering this pre-permit workshop for parents and teens that provides information teens need to know before they take the wheel.

Register at AAA.com/safety4teens (Reservations Required).

For Information Call (714) 885-2312.

DATE: Saturday, April 15 (register by March 31)

TIME: 10 a.m. – 12:15 p.m.

AGE: 14 – 17 Years of Age **FEE:** Free

EGGSTRAVAGANZA

You won't have to hunt for one of the best Easter-egg hunts in the valley - our Eggstravaganzas include lots of fun activities like face painting, potato sack races, hula-hoop contests and more – so bring your Easter basket and head to the location that is nearest you. The egg hunt will be divided into age groups.

LOCATION: Palm Desert Civic Center Park

DATE: Saturday, April 8 **TIME:** 11 a.m. – 1 p.m.

AGE: 12 Years of Age and Younger

FEE: Free



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

KEEPING THE KEYS SENIOR WORKSHOP

In partnership with AAA Southern California Automobile Club, we are offering Keeping the Keys Workshop designed to help keep senior drivers on the road for as long as safely possible. The presentation is filled with tips and resources for older drivers and their families.

Call (714) 885-2312 for more information or to register (Reservations Required).

DATE: Saturday, February 25 (register by February 17)

TIME: 12 – 2:15 p.m.

AGE: 40 Years of Age and Over **FEE:** Free

PROM DRESS GIVEAWAY

Open to all high school seniors in the Coachella Valley, this program will offer free prom dresses in a variety of sizes, colors, and styles. While we make every effort to have enough dresses for everyone, they are offered on a first come, first served basis

BY APPOINTMENT ONLY. Please email promdressgiveaway@drd.us.com to make your appointment and you must bring a valid school ID card. This program is offered in collaboration with Desert Best Friend's Closet.



DATE: Friday, March 31 **TIME:** 2 – 8 p.m.

ELIGIBLE PARTICIPANTS:

11th and 12th grade students in the Coachella Valley

FEE: Free – They are offered on a first come, first serve basis
BY APPOINTMENT ONLY. Please email.



DANCE

ADVANCED/PERFORMING BELLY DANCE

Focusing on the art of belly dance and opportunities to perform in a dance company. The main focus will be on choreography. This class will give you an outlet for creative expression through the art of modern Belly Dance. Traditional techniques combined with the modern use of props will also be taught.

ENROLLMENT: Ongoing **DAYS:** Thursdays

TIME: 7 – 8:30 p.m. **AGES:** 18 Years of Age and Over

FEE: \$65 per Month

BALLROOM: SWING & SALSA LESSONS

Palm Desert is dancing its way back to wellness! Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha. Couples only please for this class.

DATES: April 5 - 26

DAYS: Wednesdays

TIME: 7 – 8 p.m.

AGES: 18 Years of Age and Over

FEE: \$52



BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.

ENROLLMENT: Ongoing **DAY:** Saturdays

TIME: 10 – 10:45 a.m. **AGES:** 5 – 11 Years of Age

FEE: \$42 per Month

BEGINNING BELLY DANCE

Students will learn modern Belly Dance techniques in this class that focuses on full body awareness, learning many types of shimmies, pathways and positioning of arms and creative combinations. Various types of Middle Eastern music will also be introduced.

ENROLLMENT: Ongoing **DAYS:** Fridays

TIME: 6:30 – 7:30 p.m. **AGES:** 13 Years of Age and Over

FEE: \$70 per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Saturdays **TIME:** 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$42 per Month

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



DANCE

INTRO TO DANCE & DRUMMING

The goal of group drumming will be starting and ending together, eventually having half the class playing drums and the other half dancing! Scarves will be handed out for improvisational group dance leading to solos, and children will participate in call & response anatomy, stretching, and dynamic stretching.

ENROLLMENT: Ongoing

DAY: Thursdays **TIME:** 10:30 – 11:30 a.m.

AGES: 2 – 4 Years of Age

FEE: \$40 Per Month

LINE DANCING

Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit! The latest in popular dances will be taught by a professional dance instructor MC Callaghan.



DATES: April 5 – 26

DAYS: Wednesdays **TIME:** 6 – 7 p.m.

AGES: 18 Years of Age and Over

FEE: \$43 per Month

DAILY DROP-IN FEE: \$13

SALSA DANCE WORKSHOP FOR BEGINNERS

Learn to dance Salsa in this Fun and Easy 2-hour class concentrating on the most popular Latin Dance, Salsa! Great exercise and always a spirit lifter, and both singles and couples are welcome.

DATES: January 24 • January 31 • February 22

TIME: 7 – 9 p.m.

AGES: 18 Years of Age and Over

FEE: \$28 per Person per Class

Find Spirit!



HEALTH & FITNESS

HULA FOR FITNESS & FUN

The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm, and balance while tightening your core, arms and thighs with this traditional dance.

DATES: January 23 – March 6 • March 13 – April 24

DAYS: Mondays **TIME:** 6 – 8 p.m.

AGES: 18 Years of Age and Over

FEE: \$66 per Session

SALSAEROBICS

People love salsa dancing. The music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays **TIME:** 8:15 – 9:15 a.m.

AGES: 18 Years of Age & Over

FEE: \$35 per Month **DROP-IN FEE:** \$7 per Day

SHAPE UP WITH SHARON

Combining Yoga, Pilates, and free weights, Sharon teaches everyone from beginners to advanced participants how to physically and mentally achieve greatness, build muscle and increase flexibility.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 9 – 10 a.m. **AGES:** 16 Years of Age & Over

FEE: \$65 per Month **DROP-IN FEE:** \$10 per Day

TAI CHI

TAI CHI FOR ARTHRITIS

Tai Chi for arthritis is a gentle sun style form ideal for beginners or intermediate level students.

ENROLLMENT: January, February, March

DAY: Mondays

TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$55 per Month





First Tee - Coachella Valley is part of an international youth development organization that provides educational programs which build character and promote healthy choices through the game of golf. Classes are available for all skill levels for participants 4 – 18 Years of Age. Golf equipment and Financial Aid are provided for any participant who has a need.

**WINTER PROGRAMS ARE OPEN TO
THOSE 4 – 18 YEARS OF AGE.
\$65 PER SIX-WEEK SESSION**

WINTER PROGRAMMING

Registration opens on Wednesday, December 21



First Tee Weekly Classes
January 9 – February 18
(6 – weeks)



**PLEASE REGISTER FOR FIRST TEE – COACHELLA VALLEY
CLASSES HERE: FTCV.ORG**

**Volunteer Opportunities available for
Assistant Coaches, Special Events and Tutoring**

INQUIRIES?

Please email Kyle Winn: kwinn@ftcv.org or call **760-834-6791**



The Golf Center **AT PALM DESERT**

The Best Game Improvement Facility in the Coachella Valley!

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large Driving Range with lighting for night-time use, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 - 130 yards).



GOLF RATES (9–Holes)

Adults	\$20
Seniors (over 55).....	\$17
Juniors (under 17).....	\$10
Same Day 9–Hole Replay	\$7

DRIVING RANGE – NEWLY RENOVATED RANGE TEE

Medium Bucket	\$9
Large Bucket	\$13

GOLF CLINICS..... Call for details.

RENTALS

Pull–Cart	\$4
Set of Clubs	\$10
Individual Clubs.....	\$4

**For additional information, please call
the Golf Shop at (760) 779–1877
or visit GolfCenterPD.com**

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



HEALTH & FITNESS

TAI CHI TO IMPROVE YOUR BALANCE

The objective of Tai Chi is to achieve physical balance by strengthening muscles and improving coordination, while at the same time improving mental balance. Sun Style Tai Chi, Some Tai Chi or martial arts experience needed to participate in this class.

ENROLLMENT: Ongoing **DAY:** Thursdays

TIME: 12 – 12:45 p.m. **AGES:** 18 Years of Age & Over

FEE: \$55 per Month

YOGA FOR THE BRAIN

Yoga for the Brain stimulates the hippocampus part of the brain and may enhance brain longevity and may improve the brain's cognitive function. This is a seated and standing class, no floor work.

ENROLLMENT: Ongoing **DAYS:** Thursdays

TIME: 1 – 1:45 p.m. **AGES:** 18 Years of Age and Over

FEE: \$55 per Month



MARTIAL ARTS

LITTLE KICKS

This introduction to Martial Arts provides a basic cardiovascular, stretching, and strength building program. It's designed for children to become familiar with group activities, sportsmanship, fair play, as well as mental and physical conditioning.

ENROLLMENT: Ongoing **DAYS:** Thursdays

AGES & TIME:

Level 1: 3 – 5 Years of Age • 3 – 3:45 p.m.

Level 2: 6 – 8 Years of Age • 4 – 4:45 p.m.

FEE: \$30 per Month



MOVIES

MOVIES IN THE PARK/MOVIE NIGHTS

A note regarding all outdoor movies: Please note inclement weather such as high winds can alter the scheduled showing of any movie, including postponement or moving the showing to indoors.

We are pleased to bring you Movies in the Park/Movie Nights. Please check the listings on our website at

MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates, and times. We are currently planning movies on March 9, 16, and 23 at Palm Desert Civic Center Park Amphitheater, with the movie beginning at approximately 7 p.m. – arrive early to get a great seat.



OUTDOORS

Desert Recreation District is proud to work with the Friends of the Desert



Friends of the
Desert Mountains

Mountains to bring many activities and programs to you. In addition to the three events listed below, there are numerous other activities at the Santa Rosa and San Jacinto Mountains National Monument Visitor Center and/or sponsored by the Friends of the Desert Mountains, so please look for them or call 760-862-9984 to learn more.

Additional activities include a monthly Desert Mountains Art Fair, BioBlitzs, Art Smith and Randall Henderson Trails Interpretative Hikes, Star Parties at the Monument or in the Mountains, Tortoise Talks & Walks, Wildflower Nature Walks, 5k Trail Fun Run/Walks and Workshops, and Yoga with a Ranger Saturdays.

KIDS FEST

This new event for kids of all ages will offer activities at the Palm Desert Civic Center Park along with food trucks to satisfy your hunger. We will kick off the event with a parade around the amphitheater area where kids can bring their decorated bikes or wagons to participate in the parade. Prizes will be awarded. This event is sponsored by Friends of the Desert Mountains in partnership with Desert Recreation District.

DATE: Saturday, January 14

TIME: 10 a.m. – 2 p.m.

AGES: All Ages **FEE:** Free

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

THE COACHELLA VALLEY WILDFLOWER FESTIVAL

We are excited to invite you to Coachella Valley Wildflower Festival 2023. This event celebrates wellness, recreation, safety and the outdoors. Featuring local artists and exhibitors, a kids' zone, beer & wine garden with live music, food & beverages for purchase, raffles and much, much more!

LOCATION: Palm Desert Civic Center Park

DATE: Saturday, March 4

TIME: 9 a.m. – 4 p.m.

AGES: All Ages

FEE: Free

WILDFLOWER 5K FUN RUN/WALK – PALM DESERT CIVIC CENTER PARK

Families and friends, come out and start your day with a 5k FUN Run/Walk at Civic Center Park. This family fun event is for all ages. Strollers and dogs are welcome to participate. Donations are appreciated and encouraged to support the Coachella Valley Wildflower Festival and the Friends of the Desert Mountains. For more information call 760-568-9918.

LOCATION: Palm Desert Civic Center Park

DATE: Saturday, March 4

TIMES: Registration open at 8 a.m.

Walk/Run begins at 8:30 a.m.

AGES: All Ages

FEE: Donations Accepted



SPECIAL INTEREST

CHESS

BEGINNING CHESS

Enhance your child's memory by having fun becoming the KING of Chess. This program is structured to learn the fundamentals and learn the strategies to checkmate your opponent with critical thinking tactics and problem-solving abilities.

ENROLLMENT: Ongoing **DAYS:** Fridays

TIME: 3:30 – 4:15 p.m.

AGES: 7 – 14 Years of Age

FEE: \$40 per Month



INTERMEDIATE CHESS

Come and join us have fun competing against other players across the desert. Challenge your Chess skills and learn new techniques on how to checkmate your opponent. In these sessions, you will master patience, strategy, and thinking critically. Bring your own board and pieces.

ENROLLMENT: Ongoing **DAYS:** Fridays

TIME: 4:30 – 5:15 p.m. **AGES:** 7 – 14 Years of Age

FEE: \$40 per Month

DANCING DOGS WORKSHOP

Partner up with your precious dog for a fun Disco Dog Lesson! MC's Dancing Dogs & "Paw"lroom Dance Classes, Dance team choreography with you and your best dance partner ever – your dog!

DATES: January 25 • February 22

DAYS: Wednesdays **TIME:** 4 – 5 p.m.

AGES: 18 Years of Age and Older **FEE:** \$15

K9 NOSE WORK–BASIC–INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 11 – 11:50 a.m.

AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session



K9 NOSE WORK– INTERMEDIATE WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches.

Prerequisite: K9 Nose Work Basic–Intro to Scent Work.

ENROLLMENT: Ongoing

DAY: Tuesdays **TIME:** 12 – 12:50 p.m.

AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



SPECIAL INTEREST

K9 NOSE WORK-ADVANCED DETECTIVE

*This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.***

ENROLLMENT: Ongoing

DAY: Tuesdays **TIME:** 1 – 1:50 p.m.

AGES: 18 Years of Age and Over

FEE: \$150 per 4-week session



SPORTS

BASKETBALL

BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

BASKETBALL TRAINING ZONE: BEGINNERS

ENROLLMENT: Ongoing

DAYS: Wednesday

TIME: 3:30 – 4:30 p.m.

AGES: 7 – 10 Years of Age

FEES: \$40 per Month

DROP-IN FEE: \$12 per Day



BASKETBALL TRAINING ZONE: INTERMEDIATE

ENROLLMENT: Ongoing

DAYS: Wednesday

TIME: 4:30 – 5:30 p.m.

AGES: 10 – 14 Years of Age

FEES: \$40 per Month

DROP-IN FEE: \$12 per Day



MULTI-SPORT CLASSES

PALM DESERT SPRING MULTI SPORTS CAMP

Learn sports fundamentals of multiple different sports this spring camp including, soccer, basketball, tennis, pickleball and beach volleyball. Students will learn general and specific skills and use them in competitive game play and challenges.

DATES: April 10 – 14 **TIME:** 8:30 – 10 a.m.

AGES: 7 – 14 Years of Age **FEE:** \$65

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.



ENROLLMENT: Ongoing

DAYS: Wednesdays **TIME:** 6 – 7 p.m.

AGES: 7 – 15 Years of Age **FEE:** \$40 per Month

PICKLEBALL

INDOOR PICKLE BALL – OPEN PLAY

We offer friendly competition and Pickleball fun inside our Palm Desert Community Center. No need to worry about weather conditions outside or crowded tennis courts!

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 9:30 a.m. – 2:30 p.m.

AGES: All Ages

FEE: \$5 Drop-In Per Day or

FREE for DRD Get Fit Pass members

PICKLEBALL CLINICS – BEGINNER LEVEL

Beginner level pickleball clinics have group skills and drills for beginner players. Plan your schedule with the instructor. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

ENROLLMENT: Ongoing **DAYS:** Mondays

TIME: 7:30 – 9 a.m. **AGES:** 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

At this level, there will be group skills and drills for advanced Beginner players. Plan your schedule with instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.

ENROLLMENT: Ongoing **DAYS:** Wednesdays
TIME: 7:30 – 9 a.m. **AGES:** 16 Years of Age and Over
FEE: \$95 per Month • \$25 per Day

PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED DRILLS

This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor.

ENROLLMENT: Ongoing **DAYS:** Fridays
TIME: 7:30 – 9 a.m. **AGES:** 16 Years of Age and Over
FEE: \$95 per Month • \$25 per Day

PICKLEBALL – PRIVATE LESSONS (INDIVIDUAL SESSIONS)

This private instruction will last for one hour each day. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.

ENROLLMENT: Ongoing
DAYS & TIMES: Schedule with Instructor
AGES: 16 Years of Age and Over **FEE:** \$35 per Session

PICKLEBALL – SEMI-PRIVATE LESSONS (INDIVIDUAL SESSIONS)

Semi-Private lessons for up to 4 people. This group instruction will last for one hour. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.

ENROLLMENT: Ongoing
DAYS & TIMES: Schedule with Instructor
AGES: 16 Years of Age and Over **FEE:** \$30 per Session



SOCCER

PALM DESERT YOUTH SOCCER CLINIC – BEGINNERS

This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.

ENROLLMENT: Ongoing
DAYS: Saturdays **TIMES:** 10 – 11 a.m.
AGES: 5 – 7 Years of Age
FEE: \$40 per Month



PALM DESERT SOCCER CLINIC – INTERMEDIATE

The goal of this intermediate clinic is to provide a fun and structured environment for each player, which will help to develop their athletic skills. The focus of our classes is for each child to actively participate in fun games and skill development.

ENROLLMENT: Ongoing
DAYS: Saturdays **TIMES:** 11 a.m. – 12 p.m.
AGES: 8 – 10 Years of Age
FEE: \$40 per Month

PARENT & ME SOCCER

This class focuses on the development and learning for children aged 2 to 4 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.

ENROLLMENT: Ongoing
DAYS: Saturdays **TIMES:** 9 – 10 a.m.
AGES: 2 – 4 Years of Age (with parents participating)
FEE: \$40 per Month

Find Play Time!

Please Note: All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



TABLE TENNIS

TABLE TENNIS

Bring a paddle and get ready to have some recreational and competitive fun. Table Tennis is a great way to improve hand-eye coordination, focus, and overall fitness. If you are looking for an entertaining recreational activity that is played indoors, join us! Bring your own paddle.

TIMES & DAYS ARE SUBJECT TO CHANGE.

DAYS & TIMES: Mondays, 1 – 4 p.m.

Tuesdays, 6 – 9 p.m. • Fridays, 12 – 3 p.m.

AGES: 5 Years of Age and Over

FEE: \$5 Drop-In Per Day **OR**

FREE for DRD Get Fit Pass members



TENNIS

TENNIS – YOUTH

BEGINNER/ADVANCED BEGINNER

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.

LOCATION: Palm Desert Civic Center Park

ENROLLMENT: Ongoing

DAYS: Mondays & Fridays

AGES & TIMES: 7 – 10 Years of Age • 5:30 – 6:30 p.m.

11 – 14 Years of Age • 6:30 – 7:30 p.m.

FEE: \$60 per Month



VOLLEYBALL

INDOOR VOLLEYBALL – BEGINNING/INTERMEDIATE

For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, and block, and attack.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 4 – 5 p.m.

AGES: 8 – 17 Years of Age

FEE: \$60 per Month

DROP-IN FEE: \$15



INDOOR VOLLEYBALL BY LEVELS

Want to be team competitor have good ball control, consistent passing & setting, strengthen your digs & blocks? Want the footwork of a top-notch players? Then come enroll into our volleyball clinic designed for beginner to advanced level players while having a lot of fun!

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

LEVELS, AGES & TIMES:

Level 4 • 15 – 17 Years of Age • 5 – 6 p.m.

Level 5 • 16 & 17 Years of Age • 8 – 9 p.m.

Level 6 • 17 Years of Age • 6 – 7 p.m. **OR** 7 – 8 p.m.

Level 7 • 17 – 18 Years of Age • 8 – 9 p.m.

FEE: \$60 per Month

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

INDOOR VOLLEYBALL – TEAMS

Participants that play at this level have a solid knowledge and understanding of the rules and the game and have played for a few seasons, either recreationally or on a high school sports team. This is a great level for those that have had success in those levels and are now ready to step their game up.

ENROLLMENT: Ongoing

DAY: Tuesdays & Thursdays

Please note: The variation in the Teams listed below will be based on skill level and/or age.

TIMES & AGES BY TEAM:

TEAM 1: 9 – 12 Years of Age • 4 – 5 p.m.

TEAM 2: 10 – 13 Years of Age • 5 – 6 p.m.

TEAM 3: 12 – 15 Years of Age • 5 – 6 p.m.

TEAM 4: 13 – 16 Years of Age • 8 – 9 p.m.

TEAM 5: 14 – 17 Years of Age • 6 – 7 p.m. & 7 – 8 p.m.

TEAM 6: 15 – 18 Years of Age • 8 – 9 p.m.

FEE: \$60 per Month **DROP-IN FEE:** \$15 per Day



TOT PROGRAMS

TINY TOTS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities in a new theme every week.

Immunizations must be current, and children must be potty trained.



ENROLLMENT: Ongoing

AGES: 3 – 5 Years of Age **TIME:** 9 a.m. – 12 p.m.

ENROLLMENT & FEES:

3 Days per week – Mondays, Wednesdays, Fridays •
\$225 per month

2 Days per week – Tuesdays & Thursdays • \$170 per month

– KYLIE FRESCAS –

National Society of High School Scholars (NSHSS) and
Amateur Athletic Union (AAU) of the United States
Volleyball 2022 Academic All-American



Kylie Frescas, who has been a participant in our volleyball leagues over the years, has been recognized for two great successes recently. First, Kylie has been acknowledged as an AAU Volleyball Academic All-American, and then in August she was announced as a National Society of High School Scholars (NSHSS) lifetime member.

Kylie, who attends La Quinta High School and lives in Indio, has demonstrated passion and commitment, and put in a lot of hard work to achieve what the NSHSS defines as an exceptional level of academic excellence. NSHSS connects outstanding young scholars with the resources they need to develop their strengths and pursue their passions. You can learn more about the NSHSS at www.nshss.org

As for the future, Kylie says she would love to play college volleyball, and her dream is to go to Vanderbilt and to become a lawyer; however, Vanderbilt does not have a volleyball program there until 2025, so Stanford is her first choice for volleyball.

Congratulations to Kylie on all of her achievements!



Rancho Mirage

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Rancho Mirage Community Park



71-560 San Jacinto Dr, Rancho Mirage, CA 92270
(760) 347-3484
HOURS: 6 a.m. – 9 p.m. Daily



HEALTH & FITNESS

INTERVAL TRAINING FOR ACTIVE ADULTS

This modified interval training class will utilize all major muscle groups along with abdominal/core work and a period of cardio. Work on cardiovascular health as well as strength training, balance and stamina. All levels welcome.

ENROLLMENT: Ongoing

DAYS: Tuesdays

TIME: 10 – 11 a.m.

AGES: 18 Years of Age and Over

FEE: \$25 per Month



OUTDOORS

FULL MOON HIKES

Grab your hiking boots and join Friends of the Desert Mountains volunteer docents on a full moon hike on the Bighorn Overlook trail loop. You will experience the views of our desert mountains in the amazing wash of moonlight and shadows, as well as the urban night lights of the Coachella Valley. Our astronomers will have their telescopes set up for star gazing. **For more information contact the Visitor Center at 760-862-9984.**

LOCATION: 69825 Highway 111, Rancho Mirage

DATES: Monday, January 9 • Monday, February 6

TIME: 7 – 8 p.m.

(check-in begins 15 minutes prior to departure time)

AGES: All Ages

FEE: Free

NATURE WALK AT BLIXSETH PARK

Join our Friends of the Desert Mountains volunteer docents for a nature walk that features native desert landscape, walking paths and benches for observing desert vistas, plants and geography. We will share fun facts about desert flora and fauna. As well as interesting information about the Native Cahuilla people.

LOCATION: Blixseth Mountain Park

DATES: January 4 & 18 • February 1 & 15 • March 1, 15 & 29

TIME: 8:30 – 9:30 a.m.

AGES: All Ages

FEE: Free



Find Strength!



Rancho Mirage

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



PICKLEBALL

PICKLEBALL CLINICS – BEGINNER & ADVANCED BEGINNER LEVELS

LOCATION: Rancho Mirage Pickleball Courts

ENROLLMENT: January, February, March

DAYS: Saturdays

AGES: 16 Years of Age and Over

FEE: \$95 per Month

Beginner Level: Skills and drills for beginner players are included as the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

TIME: 12 – 1 p.m.

Advanced Beginner Level: Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development; there will be group skills and drills for advanced beginner players.

TIME: 1:15 – 2:15 p.m.

PICKLEBALL –

PRIVATE & SEMI-PRIVATE LESSONS

For both private and semi-private lessons, the instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor, and the sessions are one hours.

LOCATION: Rancho Mirage Pickleball Courts

ENROLLMENT: Ongoing

DAYS & TIMES: Schedule with Instructor

AGES: 16 Years of Age and Over

PRIVATE LESSON FEE: \$35 per Session

SEMI-PRIVATE (UP TO 4 PEOPLE)

LESSON FEE: \$30 per Session



ARE YOU INTERESTED IN LEARNING MORE ABOUT THE HISTORY OF DESERT RECREATION DISTRICT? WE WOULD LIKE TO HEAR FROM YOU ABOUT YOUR INTERESTS AND HOW WE CAN EDUCATE YOU ABOUT PARKS AND RECREATIONS IN OUR NEWSLETTER, DESERT REC EXPRESS.

Please email Noelle Furon with your suggestions at:

nfuron@drd.us.com



Desert Rose Society

Saturday January 14 🌹 **Begins at 8 a.m.**
Palm Desert Civic Center Rose Garden

– Open to the Public –

*Free demonstration of how to cut roses
back for great blooms.*



Thermal

Please Note: All in-person activities take place at the **Jerry Rummonds' Senior & Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Jerry Rummond's Senior & Community Center



89-229 Church Street, Thermal, CA 92274
(760) 347-3484

HOURS: Monday, Wednesday, Friday: 3 – 5 p.m.
Tuesday & Thursday: 9 – 11 p.m.
Saturday & Sunday: Closed

50+ ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays TIME: 9 – 10 a.m.

AGES: 50 Years of Age and Over FEE: Free

THERMAL SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy crafts, art, guest speakers, games, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Monday – Thursday

TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age
and Over

FEE: Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

We are looking to provide more adaptive programming to our East Valley communities, and we need to know what types of adaptive programs you would like offered. Please share your requests with either your local community center coordinator or email adaptivesports@drd.us.com. Our adaptive programs promote inclusion and options for individuals of all ages and abilities.

ADAPTIVE SCAVENGER HUNT/ ARTS & CRAFTS INTRO

Join us at the Thermal Community Center for an adaptive scavenger hunt and arts and crafts! Program is designed to meet the needs of individuals with disabilities, all ability levels welcome.

DATE: Friday, April 7 TIME: 5:30 – 7 p.m.

AGES: 5 Years of Age and Over with a Disability or
a Special Need

FEE: Free



ART & MUSIC

ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce our youth of the Eastern Coachella Valley to a variety of different arts and crafts.

DATES: January 4 • February 1 • March 8 • April 5

DAY: Wednesdays TIMES: 4 – 5 p.m.

AGES: 5 – 12 Years of Age FEE: Free



CAMP & AFTER SCHOOL PROGRAMS

SPRING CAMP: SPRING INTO FUN

We will be hosting a half day Spring break camp which will consist of art, crafts, games, activities, socialization, and of course, fun! Snacks will be provided.

DATES: April 10 – 14

TIMES: 8 a.m. – 12 p.m. AGES: 5 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's
Foundation



Irene W. & Guy L. Anderson
Children's Foundation

Thermal

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

THERMAL AFTER SCHOOL CLUBHOUSE

Our after-school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Monday through Friday

GRADES: Kindergarten through 12th Grade

FEE: Free*

*The Thermal After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

COMMUNITY EVENTS

FRIDAYS AT THE RUMMONDS'

We welcome residents of Thermal and surrounding communities to join us in our new Friday programming. We encourage adults and seniors to join us for games, activities, crafts, fitness instruction and a day of socializing with members of the community.

ENROLLMENT: Every Friday **TIME:** 9 a.m. – 1 p.m.

AGES: 18 Years of Age and Over **FEE:** Free

HEARTS AND CRAFTS VALENTINE WORKSHOP

Join us for a fun filled Valentine's - Hearts and Crafts night! Cupid will host a night of crafts, games, and goodies! Don't forget to bring a box to decorate for all your Valentine's Day cards. Registration is required.

DATE: Wednesday, February 8 **TIME:** 6 – 7:30 p.m.

AGES: 5 – 12 Years of Age **FEE:** Free

LET IT GLOW

We welcome all youth in Thermal and surrounding communities to join us for a fun night of fun, dancing, music, and games! We will be having a Silent Disco for the first 50 participants as well as an indoor glow golf course set up inside of the Jerry Rummonds' Senior & Community Center. Registration is required and space is limited so enroll today.

DATES: Thursday, February 16 • Friday, March 10

TIME: 6 – 8 p.m. **AGES:** 6 – 14 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



Irene W. & Guy L. Anderson
Children's Foundation

SPRING INTO FUN

Join us for some spring fun at the Jerry Rummonds' Senior and Community Center. We have fun activities planned like cookie decorating, crafts, egg decorating and a visit from the Easter Bunny! Parents: Do not forget to bring your cameras!

DATE: Saturday, April 8 **TIME:** 10 a.m. – 12 p.m.

AGE: 3 – 13 Years of Age **FEE:** Free

THERMAL RECREATION COMMUNITY MEETING

We encourage all Thermal residents to join us to provide feedback and suggestions for future recreational programming in the community of Thermal. We will be discussing future events and the types of programs the community would enjoy. There will be raffles and activities for the children, as well as refreshments. This event is FREE.

WHEN: Tuesday, April 25 at 6 p.m.

THERMAL SENIOR SOCIAL

Seniors, join us at the Jerry Rummonds' Senior Center for a night of creative arts, karaoke, refreshments and much more.

DATE: Thursday, April 27 **TIME:** 5:30 – 7:30 p.m.

AGE: 55 Years of Age and Over **FEE:** Free

Find Friendship!

Thermal

Please Note: All in-person activities take place at the **Jerry Rummonds' Senior & Community Center** unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

YOUTH SOCIAL: PAJAMA PARTY

Fun activities will include pajama party themed activities and crafts and we will be baking and decorating cookies, watching a movie, and playing fun slumber party themed games! Don't forget to bring your Pajamas and a Pillow.

DATE: Thursday, April 6 **TIME:** 6:30 – 8:30 p.m.

AGE: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**



HEALTH & FITNESS

DANCE FITNESS

The youth in this program will learn the fundamentals of movement consisting of spatial awareness, movement, footwork, and more.

ENROLLMENT: January, February, March

DAYS: Mondays & Tuesdays

TIME: 6:15 – 7:15 p.m. **AGES:** 5 – 14 Years of Age

FEE: Participants in this program are eligible to receive a one-time scholarship thanks to CDBG Grant. Income verification required.



LINDSEY'S FULL BODY FITNESS

Welcome to Lindsey's Full Body Fitness! Classes will consist of cardiovascular exercises, weighted exercises, body weight exercises, and HIIT cardio. Tone up, burn fat, and gain some muscle! We welcome beginners - advanced adults looking for an excellent workout.

***Please Note: \$20 scholarship is available. Income and home address verification required to determine eligibility.**

DAYS: Wednesdays

DATES: January 4 – 25 • February 1 – 22

TIME: 6 – 7 p.m. **AGES:** 18 Years of Age and Over

FEE: \$40 per Month



SPECIAL INTEREST

KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATES: January 18 • February 15 • March 15 • April 19

DAY: Wednesdays **TIME:** 5:30 – 7 p.m.

AGES: 9 – 12 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh and the Anderson Children's Foundation



**Irene W. & Guy L. Anderson
Children's Foundation**

LGBTQ+ YOUTH SOCIAL: RAINBOW PICNIC

Bring your Blanket! Join us to celebrate with our community – we encourage LGBTQ+ people and allies to attend.

We are hosting this annual event in partnership with The



*Center Coachella and GSA groups (Gay Straight Alliances) from various Coachella Valley Unified School District Schools. For more information, please contact **Michael Slater***

760-275-9625 or mslater@drd.us.com

PLEASE NOTE: Registration is required

DATES: Saturday, February 11 **TIME:** 3 – 6 p.m.

AGES: 13 – 17 Years of Age **FEE:** Free

R.I.S.E

The RESILIENCE, INSPIRE, SELF-EMPOWER (R.I.S.E.) program offers mental health & wellness classes that include coping mechanisms to mitigate stressful life situations, healthy nutritional educational classes and more. The R.I.S.E. program also helps with positive self-esteem and an understanding of control, empowerment, and purpose.

ENROLLMENT: January 4 – March 31

DAYS: Wednesdays & Fridays

TIME: 4 – 5:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Program Scholarships are

made possible through the RAP Foundation



Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms
(760) 347-3484
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

THOUSAND PALMS SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 10 a.m. – 12 p.m.

AGES: 50 Years of Age and Over **FEE:** Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE EGGSTRAVAGANZA

Thousand Palms Community Center offers the first adaptive Easter Egg Hunt for the Thousand Palms Community and surrounding areas! Adaptive egg hunt will occur from 9 – 10 a.m. followed by an open egg hunt for individuals of all abilities.

DATE: Saturday, April 1 **TIME:** 9 – 10 a.m.

AGES: All Ages **FEE:** Free



CAMP & AFTER SCHOOL PROGRAMS

KIDS CO-ED SPRING CAKE BAKE CAMP

This camp will teach the basic fundamentals of cake decorating and baking. Campers will be introduced to kitchen and food safety while learning how to follow a recipe, measuring ingredients, piping techniques, cupcake and cake decorating. Full 3-Day registration is required to participate. No drop-ins accepted for this activity.

DATES: April 11 – 13 **TIMES:** 9 a.m. – 1 p.m.

AGES: 8 – 12 Years of Age

FEE: \$50 per Participant



COMMUNITY EVENTS

DAY OF THE CHILD (DÍA DE LOS NIÑOS)

Join us in celebrating Day of the Child/ Día De Los Niños with fun games, books, shows and prizes. Experience the joy of learning through reading and recreation. This free event is open to all ages.

DATE: Wednesday, April 26

TIME: 12 – 2 p.m. **AGES:** All Ages

FEE: Free

EGGSTRAVAGANZA

This fun-filled family event is returning to the Thousand Palms Community Park in 2023! There will be activities for children 3 years of age and over; egg hunt is for children 6 years of age and over.

DATE: Saturday, April 1

TIME: 10 a.m. – 12 p.m.

AGES: All Ages **FEE:** Free



Thousand Palms

Please Note: All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

DANCE

FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the cultural dance originated in Mexico, Folklorico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events.



ENROLLMENT: Ongoing

DAYS: Tuesdays

TIMES & AGES:

5 – 6 p.m., 3 – 11 Years of Age

6:15 – 7:15 p.m., 12 Years of Age and Over

FEES: \$45 per Month

HEALTH & FITNESS

ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Thursdays

TIME: 7:15 – 8:15 p.m.

AGES: 16 Years of Age and Over

FEE: \$45 per Month

DROP-IN FEE: \$7 per Class



SPORTS

CO-ED SPRING SOCCER CAMP

This Camp will teach the fundamentals of what makes a great soccer star by practicing numerous drills, scrimmages, understanding team positions, practicing sportsmanship, and more.

DATES: April 4 – 6

DAYS: Tuesday, Wednesday, Thursday (Spring Break)

TIME: 12 – 1:30 p.m.

AGES: 6 – 12 Years of Age

FEE: \$50

SOCCER CLINIC

Our clinic will focus on various drills and exercises to improve your soccer skills and knowledge. We will cover dribbling, passing, shooting, defending, and all other fundamental skills. We encourage athletes to bring soccer cleats and shin guards.

ENROLLMENT: Ongoing

AGES: 6 – 12 Years of Age

FEE: \$50

DAYS & TIME: Please check website for days and time



Host an Event

in one of our Rental Zones!

Did you know that DRD facilities & parks are available for private use?
You're sure to find the perfect space in one of our community centers, meeting rooms, ball fields or parks.

Make DRD your Event Partner for:

Birthday Parties • Business Meetings • Awards Ceremonies • Banquets • And More!



GET FIT PASSES

ACCESS TO ALL 4 CENTERS

*Includes Fitness Equipment, Racquetball Courts, Weight Rooms, a Track and Gymnasiums.



LOCATIONS AVAILABLE

Indio Community Center

45-871 Clinton Street

Palm Desert Community Center

43-900 San Pablo

North Shore Beach & Yacht Club

99-155 Sea View Drive

La Quinta Community Fitness Center

77-865 Avenida Montezuma

**Exact amenities may vary by location.*

Visit: MyRecreationDistrict.com/class/get-fit-passes or Call (760) 347-3484

FIND YOUR CLOSEST DRD LOCATION

The Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

GET OFF THE COUCH AND INTO THE FUN-TASTIC TIMES!

BERMUDA DUNES

Bermuda Dunes Community Center
78-400 Avenue 42, Bermuda Dunes

CATHEDRAL CITY

Cathedral City High School (Swimming Pool)
69-250 Dinah Shore Drive, Cathedral City

COACHELLA

Bagdouma Community Center & Park
51-251 Douma Street, Coachella

Bagdouma Pool
84-599 Avenue 52, Coachella

INDIO

Indio Community Center & Park
45-871 Clinton Street, Indio

Indio Municipal Golf Course
83-040 Avenue 42, Indio

Indio Teen Center
81-678 Avenue 46, Indio

Pawley Pool Family Aquatic Complex
46-350 Jackson Street, Indio

INDIO HILLS

Indio Hills Community Center & Park
80-400 Dillon Road, Indio Hills

LA QUINTA

Fritz Burns Pool
78-107 Avenue 52, La Quinta

La Quinta Community Fitness Center & Park
77-865 Avenida Montezuma, La Quinta

MECCA

Mecca Community Center, Park & Pool
65-250 Coahuilla Street, Mecca

NORTH SHORE

North Shore Beach & Yacht Club
99-155 Sea View Drive, North Shore

North Shore Community Park
99-480 70th Avenue, North Shore

OASIS

Oasis del Desierto Park
88-775 Avenue 76, Thermal

PALM DESERT

Cahuilla Hills Park
45-825 Edgehill Drive, Palm Desert

Palm Desert Community Center & Park
43-900 San Pablo Avenue, Palm Desert

Freedom Park
77-400 Country Club Drive, Palm Desert

Palm Desert Soccer Park
74-735 Hovley Lane, Palm Desert

Olsen Community Park
43-005 Magnesia Falls Drive, Palm Desert

Portola Community Center
45-480 Portola Avenue, Palm Desert

The Golf Center at Palm Desert and First Tee – Coachella Valley
74-945 Sheryl Drive, Palm Desert

University Park
74-802 University Park Drive, Palm Desert

RANCHO MIRAGE

Rancho Mirage Community Park
71-560 San Jacinto Drive, Rancho Mirage

THERMAL

Jerry Rummonds' Senior & Community Center
87-229 Church Street, Thermal

THOUSAND PALMS

Thousand Palms Community Center & Park
31-189 Robert Road, Thousand Palms



ADMINISTRATIVE OFFICE

45-305 Oasis Street, Indio, CA 92201
(760) 347-3484
Info@MyRecreationDistrict.com
MyRecreationDistrict.com



Financial Assistance Program Fun For Everyone!

Call (760) 347-3484 or MyRecreationDistrict.com

Desert Recreation District programs, activities and events are open to everyone: Your Desert Recreation District works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

Please take a moment to review the Income Qualification Guidelines chart to see if you qualify. Qualifications are based on the HUD 2022 State Income Limits. If your income is Extremely Low you may receive 75% off the cost of activities or up to \$150 maximum in financial assistance per family member per fiscal year. If your

income is Very Low, you may receive 50% off the cost of activities or up to \$150 maximum in financial assistance per family member per fiscal year. For more information or to apply for financial assistance, go to MyRecreationDistrict.com to download an application, or stop by to pick up an application at the District's office in Indio.

Income Qualification Guidelines

Family Size	Extremely Low Income	Very Low Income
1	\$18,500	\$30,800
2	\$21,150	\$35,200
3	\$23,800	\$39,600
4	\$27,750	\$44,000
5	\$32,470	\$47,550
6	\$37,190	\$51,050
7	\$41,910	\$54,600
8	\$44,630	\$58,100
Discount	75%	50%

Based on 2022 Riverside HUD State Income Limits.

To learn more about qualifying for the Financial Assistance Program, call (760) 347-3484, or visit MyRecreationDistrict.com/financial-assistance or ask a DRD team member at one of our Community Centers.



WE BELIEVE PARKS AND RECREATION SHOULD BE
AVAILABLE TO EVERYONE IN OUR COMMUNITY
NO MATTER THEIR INCOME OR ABILITY.

Your support makes it possible Today and for generations to come!

OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

Can you imagine a community without parks and recreation? Neither can we! That is why Desert Recreation Foundation supports Desert Recreation District through fundraising efforts. Our work ensures that quality parks, recreational opportunities, and educational programs are available to ALL residents of the Coachella Valley, regardless of their income or ability. Your financial donation not only supports the Financial Assistance Program for low-income families and our Adaptive Sports Programs for individuals with disabilities, but also contributes to the development of new parks and the renovation of existing facilities, as well as help in the purchasing of new equipment.



WAYS TO GIVE: Donate ☀️ Leave a Legacy ☀️ Major Gifting
Sponsorship Opportunities ☀️ Amazon Smile

You Can Make a Difference by Donating Today!

Call today to learn more (760) 347-3484 or visit our website at DesertRecreationFoundation.org 67



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SUMMER CAMP RESOURCE FAIR

This free Fair will feature summer camps, classes, programs, and services for children and teens. It's a great way to start planning for the summer and a lot of fun to attend! Family-friendly games as well as integrative activities and exhibitor tables, and giveaways galore!

REGISTRATION OPENS: Tuesday, January 10
(The exhibitor registration link will be posted at MyRecreationDistrict.com/community-events)

FAIR #1 DATE: Saturday, May 6

LOCATION: Palm Desert Community Center
43-900 San Pablo Avenue, Palm Desert

FAIR #2 DATE: Saturday, May 20

LOCATION: Jerry Rummonds' Senior & Community Center
87-229 Church Street, Thermal

TIME: 10 a.m. – 2 p.m. **AGES:** All Ages



The 21st Annual

PALM DESERT SENIOR GAMES & INTERNATIONAL SPORTS FESTIVAL

will be held **JANUARY 30 – FEBRUARY 5, 2023**

★ **Registration Now Open!** ★

INDIVIDUAL/DOUBLES COMPETITION

Pickleball
Table Tennis

9-hole Golf
Race Walk

Track & Field
Tennis



TEAM EVENTS

Men's and Women's Beach Volleyball
Men's and Women's Volleyball
Men's & Women's Soccer



BEACH VOLLEYBALL

NEWLY ADDED SPORT EVENT!