

# Activity & Program Guide

SEPTEMBER | OCTOBER | NOVEMBER | DECEMBER | 2021



*Si desea esta guía en español, llame al (760) 347-3484.*



## Welcome to Fall – Winter 2021!

We hope everybody has been enjoying a great Summer, and we are sure glad to see a lot of happy people at our pools, in our classes, and children in our camps. Even though it may still be warm now, as late Summer gives way to Fall, Desert Recreation District offers plenty of things to do. The cooler, but not cold temperatures that we typically experience in the Fall and Winter are the perfect time to enjoy the Coachella Valley!

A great way to experience the diversity of the Valley is by visiting the newest community park in our offerings, Oasis Del Desierto (Oasis of the Desert), located at 88-775 Avenue 76, in Thermal.

Please see page 27 of this guide for information on the Grand Opening of Phase One which includes a playground area, a soccer field, a sport court, a walking path, restrooms, and exercise equipment. Future phases will include a community center building, picnic area, half-size soccer field, and more. In addition to many common park amenities, a domestic waterline has been installed and connected so there is clean, safe drinking water for residents in the area.

As kids head back to school and you possibly find a little more time for yourself, you can get one of our GET FIT PASSES, which allows you to workout at any one of our fitness facilities in Indio, La Quinta, North Shore, or Palm Desert.

If a fitness class is more your style than a traditional gym workout, we have everything from Salsaerobics and Dance Fitness to Yoga and our new Holistic Wellness Workshop. If you enjoy playing sports, join our outdoor adult softball league. Or, how about Pickleball, one of the fastest growing adult sports in the nation – we have both indoor and outdoor Pickleball, and instruction for everyone from the beginner to advanced players.

Festivals and Carnivals are all around this time of year and offer a good time for the entire family. Get dressed-up in costumes for our Halloween events, which you can find in several communities as you thumb through the guide or attend the October Concert Series at the beautiful Palm Desert Civic Center Park Amphitheater.

We of course have plenty of activities for kids – martial arts, music classes, dance, sports and more. Then as we head into the Winter Holidays, you will see several themed activities and events such as Candy Cane Lane, Breakfast with Santa, and our ever-popular Santa's Hotline, which offers kids a chance to speak with Santa, Mrs. Claus, the reindeer and more!

If you have a party or event you need to host somewhere, many of our centers are available for rent. Host your event at one of our community centers, pools, gymnasiums, ball fields and more – many locations have kitchens and indoor as well as outdoor facilities.

Desert Recreation District has something for just about everyone from tiny tots to active adults and seniors. On behalf of our entire team, we look forward to seeing you soon.

Best Regards,

Kevin Kalman, General Manager

**Front Cover Photo:** Thousand Palms Community Park Playground



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## HOLIDAY FOOD AND GIFT DRIVE

During this holiday season, please join us in helping others in our communities. We will be collecting gifts and donations at all of our facilities. This is a great chance to help make this a special holiday for everyone.

For more information or to confirm hours of specific community centers for donations, please call (760) 347-3484.

### LOCATION:

**District Wide at Any DRD Facility Donation**

### DATES:

**November 1 through December 3**

### DISTRIBUTION OF DONATED ITEMS:

**December 15**

*(items are distributed to families selected through partner agencies such as local schools and county services)*

## SANTA'S HOTLINE

**HEY KIDS!** Here is your direct hotline to talk to Santa, Mrs. Claus, the elves, and Frosty the Snowman. You can even talk to Rudolph and the other reindeers! Santa and his friends will be waiting for your call. This is open to kids of all ages and is free!

**LOCATION: The North Pole,**

**1-855-Santa-4-Kids (1-855-726-8245)**

**DATES & TIME:**

**December 14 – December 16**

**5 – 9 p.m.**



# DESERT RECREATION DISTRICT BOARD OF DIRECTORS

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed below each member's name.

These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.



**SILVIA PAZ**  
**VICE PRESIDENT**

**Division 1**

*Term: 12/1/17 to 12/3/22*

*Indio, La Quinta, Mecca,  
North Shore, Oasis,  
Thermal, Vista Santa Rosa  
and 100 Palms*



**RUDY GUTIERREZ**  
**DIRECTOR**

**Division 2**

*Term: 12/4/20 to 12/6/24*

*Chiriaco Summit,  
Coachella, Indio and  
Indio Hills*



**JONATHAN BECERRA**  
**DIRECTOR**

**Division 3**

*Term: 12/4/20 to 12/6/24*

*Indio*



**RUDY ACOSTA**  
**PRESIDENT**

**Division 4**

*Term: 12/1/17 to 12/3/22*

*Bermuda Dunes,  
Desert Palms, Indian Wells,  
La Quinta and Palm Desert*



**LAURA MCGALLIARD**  
**DIRECTOR**

**Division 5**

*Term: 12/4/20 to 12/6/24*

*Palm Desert,  
Rancho Mirage and  
Thousand Palms*

*Please note some larger communities are represented by more than one board member.*

## General Information

### DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price—point we can offer, which does not allow for discounting.

### ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

### FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please call (760) 347–3484 where you can also inquire about fees for our programs and classes for non–District residents.

### HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

### PHOTOGRAPHS

Desert Recreation District (DRD) reserves the right to photograph facilities, activities, program and special event participants for potential future use. All photographs, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

### REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make–up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.



## The Golf Center AT PALM DESERT

The Best Game Improvement Facility in the Coachella Valley! Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large Driving Range with lighting for night-time use, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 – 130 yards).

For additional information, please call the Golf Shop at **(760) 779-1877** or visit **[golfcenterpd.com](http://golfcenterpd.com)**

### GOLF RATES (9-Holes)

JUNIORS (under 17)	\$ 8
ADULTS	\$18
SENIORS (over 55)	\$15
SAME DAY 9-HOLE REPLAY	\$ 5

### DRIVING RANGE

MEDIUM BUCKET	\$ 8
LARGE BUCKET	\$12

### GOLF CLINICS

Call for details.

### RENTALS

PULL-CART	\$ 3
SET OF CLUBS	\$ 7
INDIVIDUAL CLUBS	\$ 2



## **first tee** coachella valley

First Tee – Coachella Valley is part of an international youth development organization that provides educational programs, that build character and promote health through the game of golf. Classes are available for all skill levels for participants aged 4–18. Golf equipment and Financial Aid are provided for any participant who has a need.

### FALL PROGRAMMING

**AGES:** 4 – 18 Years of Age

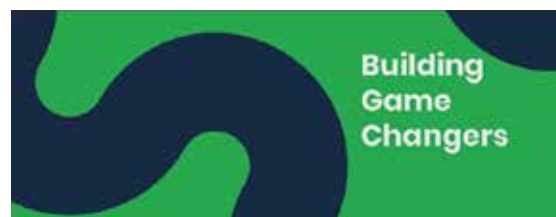
**FEE:** \$65 per nine-week session

**Registration opens on September 15th**

### FIRST TEE WEEKLY CLASSES

**October 11th – December 18th (9 weeks)**

*No Classes the week of Thanksgiving.*



**Please Register for First Tee – Coachella Valley classes and camps here: [FTCV.org](http://FTCV.org)**

**• Volunteer Opportunities available for Assistant Coaches, Special Events and Tutoring**

### **INQUIRIES?**

**Please email Charles DeLorey: [cdecorey@ftcv.org](mailto:cdecorey@ftcv.org)  
Or call (760) 779 – 1877**



# Bermuda Dunes

**Please Note:** All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FITNESS –

#### **HYBRID (Online & In-person classes offered)**

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

**ENROLLMENT:** Ongoing

**DAY:** Thursdays **TIME:** 10 – 11 a.m.

**AGES:** 16 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE KARATE –

#### **ONLINE ONLY**

This online class teaches spatial awareness, discipline, self-control, self-defense, and Shito-Ryu Karate & Kobudo in an adaptable format, working with each student to achieve their best self.

**ENROLLMENT:** Ongoing

**DAY:** Mondays **TIME:** 4:15 – 5:15 p.m.

**AGES:** 4 Years of Age and Over with a Disability or a Special Need

**FEE:** \$50 per Month



### ADAPTIVE SEATED FITNESS –

#### **HYBRID (Online & In-person classes offered)**

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

**ENROLLMENT:** Ongoing

**DAY:** Fridays **TIME:** 10 – 11 a.m.

**AGES:** 16 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### GUIDED MEDITATION –

#### **HYBRID (Online & In-person classes offered)**

This meditation class will walk you through how to meditate, complete meditation exercises, and basic yoga poses. Meditation practice is something that can help you to approach life differently. You have the option of enrolling for in-person or online classes when you register.

**ENROLLMENT:** Ongoing

**DAY:** Fridays **TIME:** 4 – 4:45 p.m.

**AGES:** 8 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month



## ART & MUSIC

### LEARNING TO

#### **LOVE WATERCOLOR**

**NEW**

This program will celebrate the joys of creating art. Each week of class will be an opportunity to create a new masterpiece where you will get a complete introduction to watercolor with all the supplies you need.

**ENROLLMENT:** November 1 – 22

**DAY:** Mondays **TIME:** 11 a.m. – 2 p.m.

**AGES:** 14 Years of Age and Over

**FEE:** \$120



# Bermuda Dunes

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## DANCE

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing  
DAY: Tuesdays  
TIME: 5:30 – 6:15 p.m.  
AGES: 2 ½ – 5 Years of Age  
FEE: \$36 Per Month



## HEALTH & FITNESS

### GENTLE YOGA FOR YOUR HEALTH

In Gentle Yoga for Your Health, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: Ongoing  
DAYS & TIMES: Mondays, 9:30 – 10:15 a.m.  
Thursdays, 9 – 9:45 a.m.  
AGES: 18 Years of Age and Over  
FEE: \$69 Per Month DROP-IN FEE: \$12 per Class

### HOLISTIC WELLNESS WORKSHOP – HEALTHY BRAIN, HAPPY BODY NEW

In this Workshop you will learn how nutrition, juicing, exercise, meditation/stress management techniques, changing sleep habits and more may help you achieve a healthy lifestyle and boost brain longevity.

ENROLLMENT: November 2 – 23  
DAYS: Tuesdays TIME: 11 a.m. – 12:15 p.m.  
AGES: 18 Years of Age and Over FEE: \$55

## SPECIAL INTEREST

### K9 NOSE WORK–BASIC– INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Monthly  
DAY: Wednesdays TIME: 5 – 5:50 p.m.  
AGES: 18 Years of Age and Over  
FEE: \$125 per 4-week session

### K9 NOSE WORK– INTERMEDIATE–WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches. **Prerequisite: K9 Nose Work Basic–Intro to Scent Work.**

ENROLLMENT: Monthly  
DAY: Wednesdays TIME: 6 – 6:50 p.m.  
AGES: 18 Years of Age and Over  
FEE: \$125 per 4-week session

### K9 NOSE WORK–ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.**

ENROLLMENT: Monthly  
DAY: Wednesdays TIME: 7 – 7:50 p.m.  
AGES: 18 Years of Age and Over  
FEE: \$125 per 4-week session

## BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September and November, and the public is welcome to attend.

Please check before attending as meeting may be held via ZOOM.

DATES: September 9 and November 4 TIME: 6 p.m.

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### **FIT AFTER 50**

*Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN! This class is developed through a partnership with the Office of Aging in Riverside County.*

**ENROLLMENT:** Ongoing beginning in October 2021

**DAYS:** Mondays & Wednesdays

**TIME:** 8:30 – 9:30 a.m.

**AGES:** 50 Years of Age and Over

**FEE:** Free



## ART & MUSIC

### **ART SCENE**

*This program will introduce participants in the Eastern Coachella Valley to art and give them a safe place to let their creative minds explore. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.*

**ENROLLMENT:** September 13, October 18,  
November 15, December 20

**DAYS:** Mondays

**TIME:** 5:30 – 7 p.m.

**AGES:** 6 – 12 Years of Age

**FEE:** \$10

### **BEGINNING GUITAR**

*Learn the basics such as strumming, rhythm, finger picking and tuning – techniques that will get students playing right away! Lessons include how to read chord charts and tablature.*

**ENROLLMENT:** Monthly

**DAY:** Thursdays

**TIMES & AGES:**

5:15 – 6:15 p.m., 7 – 12 Years of Age

6:15 – 7:15 p.m., 13 – 17 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

## **DRUMS**

*Drumming is a great way to focus, concentrate and channel energy into coordination. Participants learn basic rhythms and beats, how to read drumming notation and basic drum line techniques.*

**ENROLLMENT:** Monthly

**DAY:** Tuesdays

**TIME:** 5:15 – 6:15 p.m.

**AGES:** 7 – 12 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



## CAMP & AFTER SCHOOL PROGRAMS

### **LAS CASAS KIDS CLUB**

*In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.*

**LOCATION:** Las Casas Apartments

**DATES:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 2:30 – 6 p.m.

**DAYS:** Monday through Thursday

**AGES:** 5 – 17 Years of Age **FEE:** Free

### **RIVER CANYON KIDS CLUB – CATHEDRAL CITY**

*In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment.*

**LOCATION:** River Canyon Apartment Complex  
in Cathedral City

**DATES:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 3 – 6 p.m. **DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free





# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## COMMUNITY EVENTS

### HALLOWEEN CARNIVAL

*Come join the fun at our Halloween Carnival at Bagdoura Park with an evening of carnival games, face painting, raffles, contests, inflatables, children's activities and much more!*

**DATE:** Wednesday, October 27

**TIME:** 5:30 – 7:30 p.m.

**AGES:** All Ages

**FEE:** Free

## DANCE

### DANCE, PLAY & PRETEND

*Young children are introduced to dancing through the help of make-believe and imaginative play. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.*

**ENROLLMENT:** Ongoing

**DAY:** Thursdays

**TIME:** 4 – 4:45 p.m.

**AGES:** 2 ½ – 5 Years of Age

**FEE:** \$36 Per Month

## FOLKLORICO (Baile Folklórico)

*Learn the many different styles of the dance that originated in Mexico, Folklórico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.*

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays

**TIMES & AGES:**

6:15 – 7:15 p.m., 4 – 7 Years of Age

7:15 – 8:15 p.m., 8 – 14 Years of Age

**FEE:** \$40 Per Month

*(Shoes and dress can be purchased with the instructor)*

## HIP HOP

*Participants will have fun learning how to dance while incorporating fitness and will be taught movement and coordination. It is a great way for children to learn basic hip hop in a fun and enriching environment.*

**ENROLLMENT:** Ongoing beginning October 2021

**DAYS:** Mondays

**TIMES & AGES:**

3 – 4 p.m., 6 – 9 Years of Age

4 – 5 p.m., 10 – 12 Years of Age

**FEE:** Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**



## MOVIES

**MOVIES** (In the Park, By the Shore, and more!) We are pleased to partner with the City of Coachella to bring you movies right here in your neighborhood. Please check the listings on our website at

**[MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies)** for the most up-to-date movie titles, locations, dates and times. Please note inclement weather such as high winds can alter the schedule.



# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



## HEALTH & FITNESS

### HEALTH N' BAKE

*This dessert cooking class will teach participants how to prepare quick, easy, and healthy desserts at home with no oven needed!*

**DATES:** Tuesdays, December 7 & 14

**TIME:** 3 – 4 p.m. **AGES:** 14 – 17 Years of Age

**FEE:** Free thanks to funding from USDA Snap/CalFresh



### TITAN FITNESS

*Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included.*

**ENROLLMENT:** October 5 – 26

**DAYS:** Tuesdays **TIME:** 4 – 4:30 p.m.

**AGES:** 7 – 13 Years of Age

**FEE:** Free thanks to funding from USDA Snap/CalFresh



## SPORTS

### YOUTH SPORTS CONDITIONING

*Improve your athletic skills, agility and footwork. This class incorporates Speed Drills, Body Weight Exercises, Cardio Drills and Plyometrics. This class really is a total body workout. This class is geared towards conditioning for all sports.*

**LOCATION:** De Oro Park

**ENROLLMENT:** Ongoing beginning in October 2021

**DAYS:** Wednesday

**TIME:** 6 – 7 p.m.

**AGES:** 14 – 17 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**



**FREE ENTRANCE**

Hosted by Desert Recreation District at  
**PALM DESERT CIVIC CENTER PARK • NOVEMBER 27 • BEGINS AT 11 A.M.**

# REBEL BABEL

## ENSEMBLE WORLD MUSIC FEST

**CVUSD/DSUSD/PSUSD**

**MORE DETAILS [WWW.BRASSWOODFEST.COM](http://WWW.BRASSWOODFEST.COM)**



FINANCED FROM THE FUNDS OF THE MINISTRY OF CULTURE AND NATIONAL HERITAGE OF POLAND,  
WITHIN THE SCOPE OF THE MULTIANNUL PROGRAM INDEPENDENT 2017-2022, AS PART  
OF THE "CULTURAL BRIDGES" SUBSIDY PROGRAM OF THE ADAM MICKIEWICZ INSTITUTE



# Indian Wells

For more information, visit the City of Indian Wells website at [www.cityofindianwells.org](http://www.cityofindianwells.org) or call City Hall at (760) 346-2489.

## Are You Looking For a New & Fun Nighttime Experience?



- ✓ Glow Golf and Laser Lights
- ✓ Gourmet Food Truck and Craft Cocktails
- ✓ Music With Live DJ
- ✓ Reserve Your Spot Thursday - Saturday Nights
- ✓ Not a Golfer? No Problem! Socialize and Have Fun



IndianWellsGolfResort.com  
44-500 INDIAN WELLS LN,  
INDIAN WELLS, CA / 760.346.4653

## When the weather begins cooling down, we have some great outdoor activities starting up again!



Our **Trips for Kids Mountain Biking Program** teaches youth 10 – 17 years of age about personal responsibility, achievement and environmental awareness through the fun of mountain biking. We are compiling a list for those interested in joining this program. You will learn how to ride safely, and then we will fit you on one of our bikes, and you will get to experience the thrill of mountain biking as we take you on a guided ride at one of our fun locations.



Then our **ROC (Recreation Outdoor Club)** is looking for new participants that are interested in the great outdoors. Activities at the ROC include water activities like fishing and kayaking at Lake Cahuilla, learning to appreciate the great outdoors with hikes led by experienced naturalists, and fun outdoor activities like high ropes courses and rock climbing.

To join these fun outdoor recreation activities, send an email to [outdoorfun@drd.us.com](mailto:outdoorfun@drd.us.com) and we will include you on our interest list for upcoming trips starting in the Fall 2021. **We provide scholarships that cover 100% of the fees for families that have financial hardship so if you income qualify, these adventures are FREE.** We want to be sure that EVERYONE has an opportunity to enjoy the great outdoors!



Friends of the  
Desert Mountains





**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### GOLDEN PARACHUTES

*Increase your range of movement and activity level by participating in this fun and free class that builds muscle through a variety of easy exercises while moving to music.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays **TIME:** 6:30 – 7:30 a.m.

**AGES:** 50 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE ARCHERY

*Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.*

#### ADAPTIVE ARCHERY – ADULTS

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 2:30 – 3:30 p.m.

**AGES:** 18 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

#### ADAPTIVE ARCHERY – YOUTH

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 3:30 – 4:30 p.m.

**AGES:** 7 – 17 Years of Age with a Disability or a Special Need

**FEE:** \$25 per Month



### ADAPTIVE FITNESS CLASS

*Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.*

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 4 – 4:45 p.m.

**AGES:** 16 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE GYMNASTICS

*Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.*

**ENROLLMENT:** Ongoing

**DAY:** Saturdays **TIME:** 9 – 9:50 a.m.

**AGES:** 5 – 13 Years of Age with a Disability or a Special Need

**FEE:** \$25 per Month



## ART & MUSIC

### GUITAR – BEGINNING

*Learn the basics such as strumming, rhythm, finger picking and tuning – techniques that will get students playing right away! Lessons include how to read chord charts and tablature.*

**SESSIONS:** September 9 – October 7,  
October 21 – December 5

**DAY:** Thursdays

**TIME:** 7 – 8 p.m.

**AGES:** 9 Years of Age and Over

**FEE:** \$70 Per Session

### GUITAR – SECOND LEVEL

*Students in this continuation class will learn how to play real songs by real artists. You will acquire the skills of reading music and playing music from song books.*

**SESSIONS:** September 9 – October 7,  
October 21 – December 5

**DAY:** Saturdays

**TIME:** 10:30 – 11:50 a.m.

**AGES:** 6 – 16 Years of Age

**FEE:** \$70 Per Month

## PIANO – BEGINNING & INTERMEDIATE

Children ages 6 – 16 will learn how to read music and play piano with the use of a keyboard. This class will teach proper technique and theory.

**ENROLLMENT:** Ongoing

**DAY:** Saturdays

**TIMES:** 10:30 – 11:50 a.m.  
12 – 1:20 p.m.

**AGES:** 6 – 16 Years of Age

**FEE:** \$120 per Month



## CAMP & AFTER SCHOOL PROGRAMS

### CREATIVE BRAIN – VIRTUAL INTRO TO COMPUTER CODING

This Live! Virtual Camp is an introduction to computer coding. Participants explore basic concepts of coding using an easy to learn visual programming language.

**DATES:** November 22 – 24

**TIME:** 10 – 11:30 a.m.

**FEE:** \$69

### CREATIVE BRAIN – VIRTUAL CARTOON ANIME CAMP

Students explore the art of cartoon drawing and create their own cartoon and anime characters in this camp.

**DATES:** December 20 – 23

**TIME:** 10 – 11:30 a.m.

**FEE:** \$99

### CREATIVE BRAIN – VIRTUAL ROBLOX CAMP

Create anything you can imagine with Roblox's immersive video game engine. Roblox Studio's creative features are accessible to a variety of skill levels ranging from novice to experienced programmer.

**DATES:** December 27 – 30

**TIME:** 1 – 2:30 p.m.

**FEE:** \$99

## KIDS CLUB – DESERT MEADOWS

In partnership with Hope through Housing and the CVCT Collaborative, this Kids Club location is exclusively for the residents at Desert Meadows Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

**LOCATION:** Desert Meadows Apartment Complex

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 3 – 6 p.m.

**DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free



## KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

**LOCATION:** Villa Hermosa Apartments

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 3 – 6 p.m. **DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### TRADITIONAL AFTER SCHOOL

*This program offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members.*

**LOCATION:** Mountain Vista Elementary School

**ENROLLMENT:** Ongoing During School Year  
(may exclude holidays)

**DAYS:** Monday through Friday

**TIME:** School Dismissal – 6 p.m.

**AGES:** 5 – 12 Years Old

**FEE:** \$165 for September and October  
\$124 for November and December

### WINTER CAMP

*Our camps offer a fun and safe environment for kids out of school during the Winter break where they will participate in a variety of activities throughout the day. It's a great place for kids to make new friends and create memories.*

#### SESSION DATES:

**Week One** – December 20 – 23

**Week Two** – December 27 – 30

**TIME:** 7:30 a.m. – 6 p.m.

**AGES:** 5 – 13 Years Old

**FEE:** \$88 per Week



## COMMUNITY EVENTS

### CANDY CANE HUNT

*Come on out and join us for a fun filled morning of hunting Candy Canes after decorating a bag for collecting your Candy Canes!*

**LOCATION:** Indio Community Center Park

**DATE:** Saturday, December 4

**TIME:** 10 a.m. – 12 p.m.

**AGES:** 3 – 11 Years of Age

**FEE:** Free



### HALLOWEEN CARNIVAL

*Get your costume on and join us for games, contests and good times as we celebrate Fall with our Annual Halloween Carnival!*

**LOCATION:** Indio Community Center Park

**DATE:** Saturday, October 30

**TIME:** 1 – 6 p.m.

**AGES:** All Ages

**FEE:** \$5 per Person

### HOLIDAY CRAFT FAIR

*Come on down to our Holiday Craft Fair. This is a great way to celebrate the holidays by making a handmade gift for one of your loved ones!*

**LOCATION:** Indio Community Center Park

**DATE:** Saturday, December 11

**TIME:** 9 a.m. – 12 p.m.

**AGES:** 4 – 11 Years of Age

**FEE:** Free



## Find Fun!

### PRINCESS PARTY

*Calling all Princesses to come to the Valley's Most Royal Princess Party ever! Dress up as your favorite princess for the day and dance to your heart's delight.*

**DATE:** Friday, September 17

**TIME:** 4 – 5:30 p.m.

**AGES:** 3 – 8 Years Old

**FEE:** \$15 per Princess





## SUPERHERO PARTY

Calling all kids ages 3 to 9 years old to come dressed as your favorite superhero to play games and help save the day, demonstrate your own unique superpower, and create fun superhero themed crafts.

DATE: Friday, October 15

TIME: 4 – 5:30 p.m.

AGES: 3 – 9 Years Old FEE: \$15 per Hero

## THANKSGIVING CRAFT EVENT

Participants will have the option to make some arts and crafts projects to celebrate the Thanksgiving Season in this fun craft event!

LOCATION: Indio Community Center Park

DATE: Saturday, November 20

TIME: 10 a.m. – 1 p.m. AGES: 5 – 11 Years of Age

FEE: Free



## DANCE

### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 5:30 – 6:15 p.m. OR

Wednesdays, 4 – 4:45 p.m.

AGES: 5 – 10 Years of Age

FEE: \$36 per Month



### BUNNYJIVE DANCE CLASS

Bunnyjive is a fabulous new way of teaching children how to learn a language and dance while having fun, and will teach basic phrases for French, Italian, Spanish, Russian, Tagalog, Hindi, Polish, Native American, Chinese and English.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIMES: 5 – 6 p.m.

AGES: 5 – 9 years old

FEE: \$40 per Month

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$36 per Month

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## GYMNASTICS

**Location of classes:** All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

### A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

**Fees for one day per week classes are adjusted for three, four, or five week sessions.**

### BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging and bouncing. Tumbling together is exhilarating.

**AGES:** 1 – 3 Years Old

**DAYS & TIME:** Wednesdays 2:15 – 2:45 p.m.

**FEE:** \$32 Per 4 week session (One Day Per week)

### DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

**AGES:** 3 – 6 Years Old

**DAYS & TIMES:** Tuesdays 2 – 2:45 p.m. **OR**

Thursdays 2 – 2:45 p.m.

**FEE:** \$47 Per One-month Session (One Day Per week)



### BOYS' BEGINNING GYMNASTICS

This is where it all begins. This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination and self-esteem.

**DAYS:** Mondays

**TIME:** 5 – 6:30 p.m.

**FEE:** \$70 Per 4 week session

### BOYS' INTERMEDIATE/ADVANCED GYMNASTICS

This class is designed for gymnasts with advanced skills. The curriculum follows USA Gymnastics guidelines for the six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings, with an emphasis on strength and flexibility. Instructors are safety certified and credentialed through USA Gymnastics University.

**DAYS:** Mondays

**TIME:** 6:45 – 8:15 p.m.

**FEE:** \$70 Per 4 week session



## **GIRLS' BEGINNING GYMNASTICS**

*Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.*

**DAYS & TIMES:** Mondays **OR** Tuesdays **OR**  
Wednesday **OR** Thursdays,  
3 – 4:30 p.m., 4:30 – 6 p.m.

**FEE:** \$70 Per 4 week session

## **GIRLS' INTERMEDIATE GYMNASTICS**

*This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.*

**DAYS & TIMES:** Mondays 3:15 – 4:45 p.m. **OR**  
Thursdays 5:15 – 6:45 p.m.

**FEE:** \$70 per 4-week session

## **GIRLS' ADVANCED GYMNASTICS**

*Another acknowledgment of advanced skills, this by Invitation-only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.*

**DAYS:** Mondays **TIMES:** 3:15 – 4:45 p.m.  
**FEE:** \$70 per 4-week session

## **GYMNASTICS TUMBLING**

*Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.*

**DAYS:** Thursdays **TIME:** 6:15 – 7:15 p.m.  
**FEE:** \$60 per 4-week session

**MORE GYMNASTICS ON THE NEXT PAGE**

**Get Fit Passes!**

**ONE low-cost PASS gets you**  
**Access to ALL 4 centers,**  
including fitness equipment, racquetball courts,  
weight rooms, a track and gymnasiums.

**Visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484**

- **INDIO COMMUNITY CENTER**  
45-871 Clinton Street
- **LA QUINTA COMMUNITY FITNESS CENTER**  
77-865 Avenida Montezuma
- **PALM DESERT COMMUNITY CENTER**  
43-900 San Pablo
- **NORTH SHORE BEACH & YACHT CLUB**  
99-155 Sea View Drive





**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## GYMNASTICS

### TEAM COMPULSORY GYMNASTICS

*By Invitation-only. Levels 3, 4 and 5 skills must be completed as defined by USA Gymnastics.*

*This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 3, Level 4 and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training.*

*The team competes in five to eight meets throughout the year. (Additional fee required for meets and competitive attire).*

**DAYS:** Mondays, Wednesdays, Fridays **OR**  
Tuesdays, Thursdays, Fridays

**TIME:** 3:30 – 7:00 p.m.

**FEE:** \$190 per Month

### SENIOR TEAM – OPTIONAL GYMNASTICS

*By Invitation-only. Levels 6 to 10 skills must be completed as defined by USA Gymnastics.*

**DAYS:** Mondays, Tuesdays, Thursdays, Fridays

**TIME:** 3 – 7 p.m.

**FEE:** \$250 per Month

### GYMNASTICS JAMBOREE

*Gymnastics Jamboree provides an open gym experience for participants to practice or learn new tricks in a social supervised setting.*

**DAYS & TIMES:** Friday – 6:30 – 8:00pm  
Saturday 12:30 – 2 p.m.

**FEE:** \$10.00

*Follow us at* **facebook.com/drdgym**

## Celebrate Your Birthday!

What a great way to celebrate your next birthday –  
at The District Gymnastics Academy  
in the Indio Community Center!

You and your friends will have a great time doing  
an hour and a half of fun-filled gymnastics and games  
as our coaching staff is trained to provide a safe  
and structured party that is sure to be a hit.

**CALL AND BOOK YOUR PARTY TODAY!**

#### 2.5 – hour party:

(1 ½ hours gymnastics & 1 hour  
use of multi-purpose room)

1–10 people, \$190

11 – 20 people, \$295

#### 1.5 hour gymnastics only party:

1–10 people, \$140

11–20 people, \$230



## HEALTH & FITNESS

### CARDIO KICK BOXING

*Boost confidence in this high-energy self-defense class with a focus on fitness. Students will build muscle tone, which is a key element in the fat burning process.*

**ENROLLMENT:** September **DAYS:** Tuesdays & Thursdays  
**TIME:** 5 – 6 p.m. **AGES:** 12 Years Old and Over  
**FEE:** \$45 per Month **DROP-IN FEE:** \$8 per Class

### FREEDOM BANG®

*If you like Zumba, then you are going to love Freedom BANG®! A full body exercise class set to music that will firm up those muscles and make you feel great. Freedom BANG® is a pre-choreographed fusion of boxing, HIIT, hip hop, world dance, optional weighted gloves and just a touch of attitude.*

**ENROLLMENT:** Ongoing **DAYS:** Mondays and Wednesdays  
**TIME:** 5:45 – 6:45 p.m. **AGES:** 16 Years of Age and Over  
**FEE:** \$40 per Month **DROP-IN FEE:** \$7 per Class

### SALSAEROBICS

*People love salsa dancing – the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.*

**ENROLLMENT:** Ongoing  
**DAYS:** Mondays, Wednesdays, Fridays  
**TIME:** 8 – 10 a.m. **AGES:** 18 Years of Age and Over  
**FEE:** \$40 per Month **DROP-IN FEE:** \$7 Per Class

### TITAN FITNESS

*Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included.*

**DATES:** October 4 – 25 **DAYS:** Mondays  
**TIME:** 3:30 – 4 p.m. **AGES:** 7 – 13 Years of Age  
**FEE:** Free thanks to funding from USDA Snap/CalFresh



## MARTIAL ARTS

### KARATE COMBO – 2 DAYS

*These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.*

**ENROLLMENT:** Ongoing  
**DAYS:** Tuesdays & Thursdays **TIME:** 6:30 – 7:30 p.m.  
**AGES:** 7 Years of Age and Over **FEE:** \$40 Per Month

### LITTLE DRAGONS KARATE PROGRAM

*Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.*

**ENROLLMENT:** Ongoing  
**DAYS:** Tuesdays & Thursdays **TIME:** 6 – 6:30 p.m.  
**AGES:** 4 – 7 Years of Age **FEE:** \$50 Per Month



## OUTDOORS

### TAKE A HIKE DAY! – BADLANDS TRAIL

*Calling all families in Indio to come “TAKE A HIKE” DAY! This will be an organized group hike through the beautiful East Indio Hills Badlands Trail in Indio – please note you must be registered to join the hiking group.*

**LOCATION:** Visit <https://www.alltrails.com/trail/us/california/east-indio-hills-badlands> for additional information and directions to the trail where we will meet.

**DATE:** Wednesday, November 24 **TIME:** 8 a.m. – 12 p.m.  
**AGES:** 8 Years of Age and Over **FEE:** Free

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## ARCHERY

### ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.

**AGES:** 7 – 17 Years of Age

**TIME:** 5:30 – 6:30 p.m.

**DATES, DAYS, & FEES:**

- September 7 – 28, Tuesdays, \$40
- September 9 – 30, Thursdays, \$40
- October 5 – 26, Tuesdays, \$40
- October 7 – 28, Thursdays, \$40
- November 2 – 30, Tuesdays, \$40
- November 4 – 18, Thursdays, \$30
- December 7 – 14, Tuesdays, \$20
- December 2 – 16, Thursdays, \$30



## BASKETBALL

### BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills – this class is perfect for a basketball player to begin their athletic adventure!

### BASKETBALL TRAINING ZONE – GIRLS, 5 & 6 YEARS OF AGE

**DATES & FEES:** September 13 – 27, \$15  
October 4 – 25, \$20  
November 1 – 29, \$20

**DAYS:** Mondays **TIME:** 3:30 – 4 p.m.

### BASKETBALL TRAINING ZONE – GIRLS, 7 – 14 YEARS OF AGE

**DATES & FEES:** September 9 – 30, \$40  
October 7 – 28, \$40  
November 4 – 18, \$40

**DAYS:** Thursdays **TIME:** 4 – 5 p.m.

### BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE

**DATES & FEES:** September 13 – 27, \$15  
October 4 – 25, \$20  
November 1 – 29, \$20

**DAYS:** Mondays **TIME:** 3 – 3:30 p.m.

### BASKETBALL TRAINING ZONE – COED, 7 – 14 YEARS OF AGE

**DATES & FEES:** September 3 – 24, \$40  
October 1 – 22, \$40  
November 5 – 19, \$30

**DAYS:** Fridays **TIME:** 4 – 5 p.m.







## Find Teamwork!

### **INTERMEDIATE/ADVANCED BASKETBALL TRAINING FOR BOYS**

*This class is formulated for next level basketball players. We will be incorporating high intensity, high skill level drills that will constantly challenge serious young players who aspire to reach their full potential.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **TIME:** 4 – 5 p.m.

**AGES:** 10 – 17 Years of Age **FEE:** \$40

### **INTERMEDIATE/ADVANCED BASKETBALL TRAINING FOR GIRLS**

*This class is formulated for next level basketball players. We will be incorporating high intensity, high skill level drills that will constantly challenge serious young players who aspire to reach their full potential.*

**ENROLLMENT:** September, October, November

**DAYS:** Tuesdays **TIME:** 5 – 6 p.m.

**AGES:** 10 – 17 Years of Age **FEE:** \$40

### **WINTER BREAK BASKETBALL CLINIC**

*Our winter basketball camp offers quality, motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. This program covers proper stretching, offensive and defensive drills, and correct shooting practices.*

**ENROLLMENT:** December 21 – 30, 2021

**DAYS:** Tuesdays & Thursdays

**TIMES, AGES, AND FEES:**

10:30 – 11 a.m., 5 – 6 Years of Age, \$35

11:15 a.m. – 12:15 p.m., 7 – 10 Years of Age, \$40

12 – 1:30 p.m., 11 – 14 Years of Age, \$40

**DROP-IN FEE:** \$10 Per Day

### **CHEERLEADING**

#### **YOUTH CHEERLEADING**

*You will learn how to perform cheers, proper jump techniques, tumbling and strengthening exercises. This class follows youth sports guidelines and will be held in the gymnastics area.*

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIMES, AGES & FEES:**

2:45 – 3:15 p.m., 4 – 6 Years of Age, \$25 per 4-week session\*

3:15 – 4 p.m., 6 – 12 Years of Age, \$30 per 4-week session\*

*\*Fees adjusted for three- or five-week sessions*

### **RUNNING**

#### **DESERT RUNNERS**

*Come out and participate in our Desert Runners program. Our running program will teach participants about the basic running skills such as sprinting, jogging and walking in addition to stamina exercises, which assist runners with building their endurance.*

**DAYS:** Tuesdays & Thursdays

**DATES:** September 7 – 30, October 5 – 28

November 2 – 30

**TIMES, AGES AND FEES:**

3:30 – 4 p.m., 5 – 9 Years of Age, \$40

4 – 4:45 p.m., 10 – 14 Years of Age, \$50

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## SOCCER

### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.



**ENROLLMENT:** September, October, November  
**DAYS:** Mondays OR Wednesdays **TIME:** 3:15 – 3:45 p.m.  
**AGES:** 4 – 6 Years of Age **FEE:** \$20 per Month

### WINTER BREAK TINY SOCCER STARS

**ENROLLMENT:** December 20 – 29, 2021  
**DAYS:** Mondays & Wednesdays  
**TIME:** 10:30 – 11 a.m.  
**AGES:** 4 – 6 Years of Age **FEES:** \$20

### WINTER BREAK YOUTH SOCCER CLINICS

Our clinics will focus on various drills to improve your soccer skills; for those 11 to 14 years of age, the clinic is designed for players looking to sharpen their technique, speed and overall creativity on the soccer field. For the younger players, classes we will also cover the fundamentals of the sport of soccer.

**ENROLLMENT:** December 20 – 29, 2021  
**DAYS:** Mondays & Wednesdays  
**TIMES & AGES:** 11:15 a.m. – 12:15 p.m., 6 – 10 Years of Age  
 12:30 – 1:30 p.m., 11 – 14 Years of Age  
**FEES:** \$30



### YOUTH SOCCER CLINIC – 6 – 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

**ENROLLMENT:** Ongoing  
**DAYS:** Mondays & Wednesdays  
**TIME:** 4 – 5 p.m. **AGES:** 6 – 10 Years of Age  
**FEE:** \$60 per Month

### YOUTH SOCCER CLINIC – 11 – 14 YEARS OF AGE

Youth players in this age range will participate in a clinic that is designed for players looking to sharpen their technique, speed, and overall creativity on the soccer field.

**ENROLLMENT:** Ongoing  
**DAYS:** Mondays & Wednesdays  
**TIME:** 5:15 – 6:15 p.m.  
**AGES:** 11 – 14 Years of Age **FEE:** \$60 per Month



## SOFTBALL

### DRD SLOW PITCH COED SOFTBALL TOURNAMENT

The tournament consists of adult slow-pitch rules and regulations. All genders ages 18 years and over are welcome. Games will be played at the Davis ball field. Family and friends are welcome to come and root for your team.

**LOCATION:** Davis Ball Field  
**DATE:** Saturday, November 20 **TIME:** 8 a.m. – 4 p.m.  
**AGES:** 18 Years of Age and Over **FEE:** \$240 per Team

## VOLLEYBALL

### ADVANCED VOLLEYBALL

*Do you want to prepare your skills for tournament and high school play?*

*These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!*



**ENROLLMENT:** Ongoing

**DAY:** Wednesdays

**TIME:** 7:15 – 8:15 p.m.

**AGES:** 10 – 17 Years of Age

**FEE:** \$40 per Month

### WINTER BREAK ADVANCED VOLLEYBALL CLINIC

**DATES:** December 20 – 30, 2021

**DAYS:** Mondays, Tuesdays, Wednesdays & Thursdays

**TIME:** 9 – 10 a.m.

**AGES:** 13 – 17 Years of Age

**FEE:** \$60 per Month

### BEGINNING VOLLEYBALL

*Calling those who want to learn Volleyball! This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. We will work on footwork and prepare you for the next volleyball level.*

**ENROLLMENT:** Ongoing

**DAY:** Wednesdays

**TIME:** 5:30 – 6 p.m.

**AGES:** 6 – 10 Years of Age

**FEE:** \$20 per Month



### WINTER BREAK BEGINNING VOLLEYBALL CLINIC

**DATES:** December 20 – 30, 2021

**DAYS:** Mondays, Tuesdays, Wednesdays & Thursdays

**TIME:** 8 – 9 a.m.

**AGES:** 7 – 14 Years of Age **FEE:** \$60 per Month

### INTERMEDIATE VOLLEYBALL

*Are you a volleyball player who is ready to play at the next level? In these classes, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass and block, and attack. Our classes are highly motivational and tailored to player's needs.*

**ENROLLMENT:** Ongoing

**DAY:** Wednesdays

**TIME:** 6 – 6:45 p.m.

**AGES:** 9 – 17 Years of Age **FEE:** \$30 per Month

### OPEN VOLLEYBALL

*Just for fun, we set up the volleyball nets on Friday evenings and invite our members to play. Bring family and friends to create a team or just show up and join!*

**ENROLLMENT:** Ongoing

**DAYS:** Fridays

**TIME:** 6 – 9 p.m.

**AGES:** 5 Years of Age and Over

**FEE:** Free with Facility Use Pass or \$5.00 Drop-in Fee

## WRESTLING

### WRESTLING

*Participants will be taught the guidelines of wrestling as well as the techniques of inter-scholastic wrestling. In addition, life lessons that are part of the sport will be incorporated such as; sportsmanship, resilience, mental toughness and humility.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays

**TIME & AGES:** 6 – 7 p.m., 5 – 10 Years of Age

7 – 8 p.m., 10 – 13 Years of Age

**FEE:** \$80 per Month

**MORE SPORTS ON THE NEXT PAGE**



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## SPORTS

### MULTI-SPORT CLASSES

#### LITTLE CHAMPS

Your “Little Champ” can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child’s hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

**ENROLLMENT:** Mondays OR Wednesdays **OR**

Fridays in September, October and November

**TIME:** 1:30 – 2 p.m.

**AGES:** 3 – 5 Years of Age

**FEE:** \$20 Per Month

#### YOUTH SPORTS ACADEMY

This academy allows participants to learn multiple sports such as Soccer, Badminton, Volleyball, Bocce Ball, Basketball, Running and Golf, and is a great way to keep kids active during school breaks.

**DATES:** November 22, 23, and 24

**DAYS:** Monday, Tuesday, Wednesday

**TIME:** 9 a.m. – 1 p.m.

**AGES:** 5 – 13 Years of Age

**FEE:** \$60 Per Month

#### YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Wednesdays

**TIME:** 4:30 – 5:15 p.m.

**AGES:** 7 – 14 Years of Age

**FEE:** \$50 per Month



## TOT PROGRAMS

### LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

**ENROLLMENT:** Ongoing

**DAY:** Fridays **TIME:** 9 a.m. – 12 p.m.

**AGES:** 3 – 5 Years of Age **FEE:** \$40 per Month

### TINY TOTS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.

**ENROLLMENT:** Ongoing

**DAYS:** Monday through Thursday **TIME:** 9 a.m. – 12 p.m.

**AGES:** 3 – 5 Years of Age **FEE:** \$230 Per Month

## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE PATHFINDER RANCH DAY TRIPS

A fun-filled adaptive day trip to Pathfinder Ranch, open to individuals with disabilities and special needs and their family. Exact activities to be determined, but examples are rock climbing, hi/low ropes course, canoeing, etc. Full information on what to bring will be available when you register. Program offered in partnership with Palms to Pines Parasports.

**LOCATION:** Pathfinder Ranch

**DATES & TIMES:**

**Trip One** – Saturday, September 18, 9 a.m. – 2 p.m.

**Trip Two** – Sunday, September 19, 9 a.m. – 2 p.m.

**AGES:** All Ages with a Disability or a Special Need

**FEE:** \$35 per Day Trip

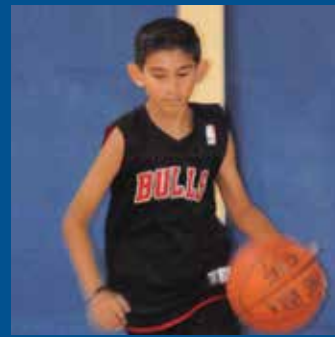


Look for more information on our Adaptive Hikes at [MyRecreationDistrict.com](http://MyRecreationDistrict.com). Hikes sponsored by Palms to Pines and Friends of the Desert Mountains.

# DO YOU HAVE A CLASS OR PROGRAM THAT YOU WANT TO SHARE WITH OUR GUESTS?

We are always looking for Contract Instructors to help spread fun and recreation within our communities.

– visit [MyRecreationDistrict.com/employment-opportunities](http://MyRecreationDistrict.com/employment-opportunities) and look for the **INSTRUCTORS** section to submit your class or skills!



## INDIO WINTER YOUTH BASKETBALL LEAGUE

Registration Opens October 1, 2021

Don't miss this chance to **SAVE \$20** on divisions A through C registration fees during our **EARLY BIRD REGISTRATION** period that ends on November 24, 2021!

**LEAGUE PLAY STARTS THE  
FIRST WEEK OF FEBRUARY 2022.**



## Lake Cahuilla Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

Enjoy the  
Outdoors

**SAVE\***  
**50%**  
Second Night



### Features

- Trailer/RV Camping
- Tent Camping
- Fishing Lake
- Hiking Trails
- Horseback Trails
- Picnic Shelters
- Playground
- Pet Friendly
- BBQ areas
- Showers
- Restrooms
- Sand Volleyball
- Pickle Ball
- Bocce Ball
- and more...

[www.RivCoParks.org](http://www.RivCoParks.org)

Online Reservations available 24/7

**1-800-234-7275 (PARKS)**



@rivcoparkshq



rivcoparks



rivcoparks

\*To receive discount, call 800-234-7275 and mention code CAMP21. Offer expires 12/31/2021. Discount not offered on holidays or in conjunction with other discounts.





**Please Note:** All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### INDIO HILLS SENIOR PROGRAM

*There is a lot going on at our centers! Enjoy an hour of bingo, games, or craft time each week.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays, Wednesdays, Thursdays

**TIME:** 9 – 12 p.m.

**AGES:** 50 Years of Age and Over

**FEE:** Free

## CAMP & AFTER SCHOOL PROGRAMS

### TRADITIONAL AFTER SCHOOL

*Our after-school programs offer a safe, fun space for kids to be active, get homework help, and be social.*

**ENROLLMENT:** Ongoing During School Year  
(may exclude holidays)

**DAYS:** Monday thru Friday

**TIME:** School Dismissal to 5:30 p.m.

**AGES:** 5 – 17 Years Old

**FEE:** Free\*

*\*The Indio Hills Traditional After School Program monthly fee is \$150.*

*Due to program subsidies and grant funding only to the Indio Hills Program, it will be free until the funds are exhausted.*

## INDIO HILLS COMMUNITY COUNCIL MEETING

*On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.*

**PLEASE CONTACT**  
**DSCHEMMER@RIVCO.ORG**  
**AS MEETINGS MAY BE HELD VIA ZOOM,**  
**OR MAY BE IN-PERSON.**

**DAY:** Tuesdays **TIME:** 6 – 8 p.m.

**DATES:** October 19 and November 16

## COMMUNITY EVENTS

### FIND FOOD DISTRIBUTION

*We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive thru safety signs, and food is distributed on a first come, first served basis.*

**DISTRIBUTION:** Second and fourth Tuesday of the month  
(may exclude holidays)

**TIME:** 1:30 – 4:30 p.m. (or until all food has been distributed)

**AGES:** All Ages **FEE:** Free



### HALLOWEEN SPOOKTACULAR & CHILI COOK OFF

*Get your costume on and join us for games, contests and good times as we celebrate Fall with our Annual Halloween Spooktacular – and we'll also be hosting a chili cook off, so bring a bowl of your best chili or salsa to share!*

**DATE:** Thursday, October 28 **TIME:** 6 – 9 p.m.

**AGES:** All Ages **FEE:** Free



### HOLIDAY POTLUCK WITH ARTS AND CRAFTS

*Come join the holiday season with your neighbors at the local community center. We will be hosting a Holiday Potluck with Arts and Crafts for the kids to make it a festive season. Bring your favorite holiday dish for everyone to enjoy.*

**DATE:** Friday, December 10 **TIME:** 5:30 – 8 p.m.

**AGES:** All Ages **FEE:** Free



# Join us for The Grand Opening of Phase One -

**Oasis del Desierto (Oasis of the Desert) Park**  
on **September 10, 2021** • Festivities begin at 6 p.m.

## **GRAND OPENING ACTIVITIES WILL INCLUDE:**

Brief video about the park • Youth dance performance • Children's activities  
• Youth soccer demonstrations • Food & beverages • Giveaways  
**AND** • An outdoor screening of **Sonic the Hedgehog**

This first phase of the park includes:

Playground area • Soccer field • Sport court • Exercise Equipment  
• Community and Youth programming coming soon

Park address: 88-775 Avenue 76, Thermal, CA 92276 *(Located between Pierce and Harrison Streets)*



**Check our website at [MyRecreationDistrict.com](http://MyRecreationDistrict.com)**

*Follow us on FB and Twitter for additional details on DRD activities and programs*

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### FIT AFTER 50

*Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Fridays

**TIME:** 12:30 – 1:45 p.m.

**AGES:** 50 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members or  
\$5 for Facility Use Pass

### GENTLE DYNAMIC YOGA

*Gentle Dynamic Yoga is designed for Active Seniors and is a mindful movement class that blends yoga, breathing and meditation in an effort to reset Body and Spirit.*

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIME:** 9 – 9:50 a.m.

**AGES:** 50 Years of Age and Over

**FEE:** \$20 per Month

## ART & MUSIC

### LEARNING

### TO LOVE WATERCOLOR



*This program will celebrate the joys of creating art. With a positive attitude and an open mind, you will experience how there are no mistakes while using this seemingly living medium.*

**DATES:** October 4 – 25

**DAYS:** Thursdays **TIME:** 12 p.m. – 3 p.m.

**AGES:** 14 Years of Age and Over

**FEE:** \$120 for the Month

## CAMP & AFTER SCHOOL PROGRAMS

### VISTA DUNES KIDS CLUB

*In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.*

**LOCATION:** Vista Dunes Apartment Complex

**DATES:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 3 – 6 p.m.

**DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age

**FEE:** Free

## COMMUNITY EVENTS

### FIND FOOD DISTRIBUTION AT LA QUINTA COMMUNITY PARK – SENIORS (65+)

**77–865 Avenida Montezuma**

*This event was added in response to the COVID–19 pandemic and is currently scheduled to continue until no longer needed. Food distributed on a first come, first served basis beginning at 9 a.m. until food is gone.*

**First and Third Friday of each month.**

### FIND FOOD DISTRIBUTION AT LA QUINTA COMMUNITY PARK – GENERAL PUBLIC

**77–865 Avenida Montezuma**

*No paperwork required; food distributed on a first come, first served basis beginning at 9 a.m. until food is gone. Please bring your own bags to carry food.*

**Fourth Saturday of each Month**

# Find Community!



## DANCE

### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Thursdays, 5:30 – 6:15 p.m. **OR**  
Fridays, 4 – 4:45 p.m.

**AGES:** 5 – 10 Years of Age **FEE:** \$36 Per Month

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Mondays, 4 – 4:45 p.m. **OR**

Wednesdays, 5:30 – 6:15 p.m. **OR** Fridays, 9 – 9:45 a.m.

**AGES:** 2 1/2 – 5 Years of Age **FEE:** \$36 Per Month



## HEALTH & FITNESS

### FUSION FITNESS

Join this fitness class that will incorporate Yoga, Pilates, Barre, and functional fitness. Great class to get a full body workout!

**ENROLLMENT:** Ongoing beginning in October

**DAYS:** Tuesdays

**TIME:** 9 – 10 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$40 per month

### HIIT CIRCUIT

Join our HIIT Circuit class for an exciting workout; using HIIT (High Intensity Interval Training), this class will get your heart pumping and your energy soaring!

**ENROLLMENT:** Ongoing beginning in October

**DAYS:** Wednesdays

**TIME:** 6:30 – 7:15 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$40 per month

### HOLISTIC WELLNESS WORKSHOP – HEALTHY BRAIN, HAPPY BODY

In this Workshop you will learn how nutrition, juicing, exercise, meditation/stress management techniques, changing sleep habits and more may help you achieve a healthy lifestyle and boost brain longevity.

**ENROLLMENT:** October 5 – 26

**DAYS:** Tuesdays

**TIME:** 11 a.m. – 12:15 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55

### ZUMBA

Every one of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

**DATES:** Ongoing

**DAYS:** Mondays, Wednesdays, Saturdays

**TIME:** 10 – 11 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$60 per Month or

**DROP-IN FEE:** \$7



**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

## ★ SPECIAL INTEREST

### **K9 NOSE WORK–BASIC– INTRO TO SCENT WORK WORKSHOP**

*This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.*

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 2:30 – 3:20 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$125 per 4-week session

### **K9 NOSE WORK– INTERMEDIATE– WORKSHOP**

*This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches (prerequisite Scent Work – BASIC).*

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 3:30 – 4:20 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$125 per 4-week session



### **K9 NOSE WORK– ADVANCED WORKSHOP**

*This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors and exteriors (prerequisite Scent Work – INTERMEDIATE).*

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 4:30 – 5:20 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$125 per 4-week session

## 🏆 SPORTS

### **ADULT SLOW PITCH SOFTBALL LEAGUE**

*Our adult league is back at Frances Hack Park. Get your team together and register for this very popular adult league. Register quickly, as spots for this league sell out very quickly.*

**ENROLLMENT:** Fall Season Starts in September

**TIME:** Games played at 6pm, 7pm, 8pm and 9pm

**DAYS:** Mondays – COED

Wednesdays – Men's

Thursdays – Men's

**AGES:** 18 Years of Age and Over

**FEE:** \$400 per Team



### **BOCCE BALL FRIDAY**

*If you always wanted to learn about the game of Bocce Ball, now is the time to take advantage of this FREE program that introduces you to the basics of strategy and competition.*

**LOCATION:** Outdoor area of La Quinta Community Park

**ENROLLMENT:** Ongoing

**DAY:** Fridays

**TIME:** 8 – 10 a.m. for September

9 – 11 a.m. for October – December

**AGES:** 18 Years of Age and Over

**FEE:** Free

# La Quinta

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## YOUTH ATHLETIC CONDITIONING

NEW

While you have a break from school, work on improving your athletic skills, agility and footwork. This class is geared towards conditioning for all sports.

### Thanksgiving Break Session

DATES: November 22 – 24

DAYS: Monday, Tuesday, Wednesday

TIMES & AGES:

9 – 10:30 a.m., 7 – 9 Years of Age

11 a.m. – 12:30 p.m., 10 – 13 Years of Age FEE: \$25

### Winter Break Session

DATES: December 20 – 29

DAYS: Mondays, Tuesdays, Wednesdays

TIMES & AGES:

9 – 10:30 a.m., 7 – 9 Years of Age

11 a.m. – 12:30 p.m., 10 – 13 Years of Age FEE: \$50

## YOUTH SPORTS –

## SPEED AND CONDITIONING

NEW

Improve your athletic skills, agility and footwork in this class that incorporates Speed Drills, Body Weight Exercises, Cardio Drills and Plyometrics.

ENROLLMENT: Ongoing beginning in November

DAYS: Tuesdays & Thursdays

TIMES & AGES:

4 – 5 p.m., 7 – 9 Years of Age

5 – 6 p.m., 10 – 13 Years of Age FEE: \$60



# Find Strength!



## SWIM & WATER ACTIVITIES

PLEASE NOTE OUR SWIM & WATER ACTIVITIES  
IN LA QUINTA TAKE PLACE AT FRITZ BURNS POOL.

### ADULT WATER AEROBICS

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

TIME: 10 – 10:45 a.m.

AGES: 18 Years of Age and Over

DAYS, DATES & FEES:

#### Tuesdays & Thursdays:

August 31 – September 30 (\$50), October 5 – 28 (\$40)

November 2 – 25 (\$40), November 30 – December 30 (\$50)

#### Mondays & Wednesdays:

August 30 – September 29 (\$50), October 4 – 27 (\$40),

November 1 – 24 (\$40), November 29 – December 29 (\$50)

### AQUA FIT (This Class Is A Higher-Impact Workout Than Adult Water Aerobics)

Burn calories, tone muscle and increase your cardiovascular level! Geared for adults of all fitness levels.

TIME: 9 – 9:45 a.m.

AGES: 18 Years of Age and Over

DAYS, DATES & FEES:

#### Tuesdays & Thursdays:

August 31 – September 30 (\$50), October 5 – 28 (\$40),

November 2 – 25 (\$40), November 30 – December 30 (\$50)

#### Mondays & Wednesdays:

August 30 – September 29 (\$50), October 4 – 27 (\$40)

November 1 – 24 (\$40), November 29 – December 29 (\$50)

MORE SWIM & WATER ON THE NEXT PAGE

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



## SWIM & WATER ACTIVITIES

### SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers –to help maintain greater control of their health.

**ENROLLMENT:** Ongoing

**TIME:** 8 – 8:45 a.m. **DAYS:** Mondays – Thursdays

**AGES:** 18 Years of Age and Over

**FEE:** \$50 for 5-week session

(fee adjusted for fewer weeks)

### FLOATING PUMPKIN PATCH

Hunt for your pumpkin in the pool this year! Once you pick one out, you can decorate it at our pumpkin decorating station. There will also be games and other activities.

**Pre-registration is required as there are limited spots.**

**DATE:** Friday, October 29 **TIME:** 4 – 5:30 p.m.

**AGES:** 5 – 11 Years of Age **FEE:** \$5 per Participant

### MERMAID SPLASH PARTY

Join us in your favorite bathing suit or pool wear for a dip in the water at our Mermaid Splash Party! Have fun meeting new friends and you can create your own crown out of seashells.

**DATE:** Saturday, September 18

**TIME:** 11:30 a.m. – 1 p.m. **AGES:** 5 – 11 Years of Age

**FEE:** \$5 per Participant



# La Quinta

GEM of the DESERT

## City of La Quinta – Upcoming Events

Please visit [laquintaca.gov](http://laquintaca.gov) for additional information on the following events:

### VETERANS RECOGNITION CEREMONY

Join us as we honor our Veterans who have served our country.

**LOCATION:** SilverRock Event Site

**DATE:** November 11, 2021

### TREE LIGHTING CEREMONY

Holiday Activities, Entertainment, and a special visit by Santa Claus.

**LOCATION:** Civic Center Campus

**DATE:** December 3, 2021

For more information on these events and more happening in the City of La Quinta, visit us at [LAQUINTACA.GOV](http://LAQUINTACA.GOV)





ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ONLINE ADAPTIVE SUPPORT GROUP

*A facilitated non-therapeutic support group to discuss issues of importance to you and working through life as an individual with a disability. Discussions led by Jerry Alcorn of Alcorn Adaptive. Program offered in partnership with Alcorn Adaptive.*

**LOCATION:** Virtual program

**ENROLLMENT:** October, November, December

**DAY:** First & third Wednesday of each month

**TIME:** 7 – 8 p.m.

**AGES:** 18 Years of Age and Over with a Disability or Special Needs

**FEE:** Free



ALCORN ADAPTIVE



Desert Recreation District has partnered with CalFresh to activate programs in five of our parks in the Coachella Valley, and thanks to funding from CalFresh, we have some great programming to offer our residents that includes fitness classes for youth, cooking classes to learn how to prepare healthy snacks and treats, youth and family hikes to connect to nature and clear our minds, and finally out-of-school holiday break camps that combine all of these elements together.



If you reside in Indio, Coachella, Thousand Palms, Mecca or Thermal – these programs are FREE for you, so join in the fun! Look for Titan Fitness and Health N' Bake classes that are ongoing during the Fall. If you are interested in attending a class, hike or camp, please send an email to [bpadilla@drd.us.com](mailto:bpadilla@drd.us.com) to get more information and assistance. Sign up on our website for our Thanksgiving and Winter Break Camps.



**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### MECCA SENIOR PROGRAM

Join us for the Mecca Senior Program where you can enjoy crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays – Thursdays **TIME:** 9 a.m. – 1 p.m.

**AGES:** 50 Years of Age and Over **FEE:** Free

## ART & MUSIC

### ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

**DATES:** September 8 and 29, October 13 and 27,  
November 10 and 24, December 8 and 22

**TIME:** 5:30 – 6:30 p.m.

**AGES:** 6 – 11 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



### ART SCENE

This program will give participants a safe place to let their creative minds explore Art. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.

**DATE:** Wednesday, September 29

**TIME:** 6 – 7:30 p.m.

**AGES:** 6 – 11 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation

## CAMP & AFTER SCHOOL PROGRAMS

### PASEO DE LOS HEROES KIDS CLUB

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes III Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

**LOCATION:** Paseo De Los Heroes III Apartments

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 3 – 6 p.m. **DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free

### PROJECT L.E.A.D.

Community Project L.E.A.D (Linking Education, Advocacy and Development) program offers academic tutoring, homework assistance, enrichment activities, mentoring, and much more!

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**DAYS:** Mondays – Fridays

**TIME:** School dismissal – 6 p.m.

**GRADES:** Kindergarten – 12th **FEE:** Free



## COMMUNITY EVENTS

### CANDY CANE LANE

Join us for our Candy Cane Lane event where we have fun activities planned like winter themed crafts, contests, jolly games, yummy cookies, and more.

**DATE:** Friday, December 10 **TIME:** 6 – 7:30 p.m.

**AGES:** All Ages **FEE:** Free



### MECCA FALL FESTIVAL

Come join the fun at our Fall Festival. Enjoy an afternoon of carnival games, face/hair painting, raffles, contests, inflatables, children's activities, and much more.

**LOCATION:** Mecca Community Park **DATE:** Friday, November 19

**TIME:** 3 – 6 p.m. **AGES:** All Ages **FEE:** Free



## DANCE

### AZTEC DANCE

Explore the music, choreography and poetry of this ancient dance tradition and learn traditional Aztec dance steps, style, movement, drum rhythms, and songs.

ENROLLMENT: Ongoing beginning in October

DAYS: Tuesdays TIME: 6 – 7 p.m.

AGES: 13 – 17 Years of Age FEE: \$40

## HEALTH & FITNESS

### HEALTH N'BAKE

This dessert cooking class will teach participants how to prepare quick, easy, and healthy desserts at home with no oven needed!



DATES: Wednesdays, December 8 & 15

TIME: 3 – 4 p.m. AGES: 14 – 17 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh



## OUTDOORS

### TAKE A HIKE! – LADDER CANYON

Calling all families in the East Valley to come “TAKE A HIKE” DAY! This will be an organized group hike through beautiful Ladder Canyon and Painted Canyon Trail in Mecca – please note you must be registered to join the hiking group.

LOCATION: Visit <https://www.alltrails.com/trail/us/california/ladder-canyon> for additional information and directions to the trail where we will meet.

DATE: Monday, November 22 TIME: 8 a.m. – 12 p.m.

AGES: 8 Years of Age and Over

(participants under 16 Years of Age must be accompanied by an enrolled parent)

FEE: Free

## SPORTS

### FRISBEE GOLF

Frisbee Golf is easy to learn, a healthy activity, and accessible to participants of all fitness levels – players throw a frisbee through targets around a simulated golf course.

ENROLLMENT: Ongoing

DAYS: Wednesdays TIMES: 6 – 7 p.m.

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from the Anderson Children’s Foundation



### PICKLEBALL (YOUTH)

Our Youth Pickleball Program provide kids with a safe, fun outdoor activity. Learn key fundamental drills, techniques, sportsmanship, and socialization.

ENROLLMENT: Ongoing

DAYS: Mondays TIMES: 6 – 7 p.m.

AGES: 7 – 13 Years of Age FEE: Free

### READY, SET, RUN!

This character-building running program trains kids ages 8 – 13 to participate in a 5k run. This curriculum-based program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals.

DATES: October 4 – December 20

DAYS: Mondays TIMES: 5:30 – 6:30 p.m.

AGES: 8 – 13 Years of Age

FEE: Free thanks to funding from the Anderson Children’s Foundation



**Irene W. & Guy L. Anderson  
Children’s Foundation**



# North Shore

**Please Note:** All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### NORTH SHORE SENIOR PROGRAM

Join us every Tuesday and Thursday for the North Shore Senior Program. Seniors stop by and enjoy exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays **TIME:** 9 a.m. – 12 p.m.

**AGES:** 50 Years of Age and Over **FEE:** Free



## ART & MUSIC

### ARTS & CRAFTS



The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

**DATES:** September 2 & 16, October 7 & 21,  
November 4 & 18, December 2 & 16

**DAY:** Thursdays

**TIME:** 6 – 7 p.m.

**AGES:** 6 – 11 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

### ART SCENE

This program will introduce participants in the Eastern Coachella Valley to art and give them a safe place to let their creative minds explore. Each class will be led by an instructor and participants will receive step by step instructions to create their own masterpiece.

**ENROLLMENT:** September 15, October 13,  
November 17, December 8

**DAYS:** Wednesdays **TIME:** 4 – 5:30 p.m.

**AGES:** 6 – 11 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



## CAMP & AFTER SCHOOL PROGRAMS

### PROJECT L.E.A.D.

Community Project L.E.A.D (Linking Education, Advocacy and Development) program offers academic tutoring, homework assistance, enrichment activities, mentoring, and much more!

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**DAYS:** Mondays – Fridays **TIME:** 2:45 – 6 p.m.

**GRADES:** Kindergarten – 12th **FEE:** Free



### TEEN CENTER

The Teen Center will provide participants with academic assistance and exposure to various leadership styles through in-class workshops. These workshops will be held to focus on leadership skills, community awareness, character development, life skills, and much more!

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays **TIME:** 2:30 – 5:30 p.m.

**AGES:** 13 – 17 Years of Age **FEE:** Free



## COMMUNITY EVENTS

### CANDY CANE LANE

Join us for our Candy Cane Lane event where we have fun activities planned like winter themed crafts, contests, jolly games, yummy cookies, and more.

**DATE:** Wednesday, December 8

**TIME:** 5:30 – 7:30 p.m.

**AGES:** All Ages **FEE:** Free



### DIA DE LOS MUERTOS (Day of the Dead)

Come celebrate the memories of loved as we host a Dia de los Muertos, Day of the Dead Event. Enjoy the fun with our Dia de los Muertos themed crafts, games and much more!

**LOCATION:** North Shore Community Park

**DATE:** Monday, November 1 **TIME:** 5:30 – 7:30 p.m.

**AGES:** All **FEE:** Free



# North Shore

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## CATHOLIC CHARITIES FOOD DISTRIBUTION

No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.

DAYS: Wednesdays

FREQUENCY: Weekly

TIME: 8 – 9 a.m.

## HALLOWEEN SPOOKTACULAR

Join the Halloween fun with our costume contest, spooky crafts, ghostly games and much more!

LOCATION: North Shore Community Park

DATE: Friday, October 15

TIME: 5:30 – 7:30 p.m.

AGES: All Ages

FEE: Free



## HEALTH & FITNESS

### DANCE FITNESS

Everyone and every age love to Dance! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 6 – 7 p.m.

AGES: 14 Years of Age and Over

FEE: \$30 per Month

### HIIT CLASS

This interval-based class combines full body strength training with cardio and conditioning for a total body workout.

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIME: 7 – 8 a.m.

AGES: 18 Years of Age and Over

FEE: \$45 per Month

## SPORTS

### YOUTH SOCCER CLINIC

There will be a beginning and advanced clinic to accommodate different skills of the Youth players. Our clinic will focus on various drills to improve your soccer skills. For our beginning classes, we will also cover the fundamentals of the sport of soccer.

LOCATION: North Shore Community Park

DATES: September 18, October 16, November 13

DAYS: Saturdays

TIME: 10 a.m. – 12 p.m.

AGES: 6 – 13 Years of Age

FEE: Free



**Please note:** For the location of the following events, please call (760) 347-3484 as our new Oasis del Desierto Park is anticipated to be open by the Fall, and some of the classes or events listed below may be held at the park.

## ART & MUSIC

### ART SCENE

*This program will give participants a safe place to let their creative minds explore Art. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.*

DATE: Friday, October 8

TIME: 6 – 7:30 p.m.

AGES: 6 – 11 Years of Age

FEE: Free thanks to funding from the  
Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

### TEEN ART SCENE

*Similar to the Art Scene, but with an eye towards what would be interesting to teens – no artistic ability needed as you receive step-by-step instruction to complete your masterpiece!*

DATE: Friday, October 22

TIME: 6 – 7:30 p.m. AGES: 13 – 16 Years of Age

FEE: Free thanks to funding from the  
Anderson Children's Foundation

## Find Creativity!

## CAMP & AFTER SCHOOL PROGRAMS

### FALL SOCIALS

*Come join us for Fall Socials! Fun activities will include arts & crafts, science, fitness, group games and much more.*

DATES: Monday, November 22 and Tuesday, November 23

TIME: 12 – 3 p.m.

AGES: 6 – 11 Years of Age FEE: Free



## COMMUNITY EVENTS

### HALLOWEEN SPOOKTACULAR

*Join the Halloween fun with our costume contest, spooky crafts, ghostly games and much more!*

DATE: Saturday, October 16 TIME: 11 a.m. – 2 p.m.

AGES: All Ages FEE: Free



## SPORTS

### YOUTH SOCCER CLINIC

*There will be a beginning and advanced clinic to accommodate different skills of the Youth players. Our clinic will focus on various drills to improve your soccer skills. For our beginning classes, we will also cover the fundamentals of the sport of soccer.*

DATES: September 4, October 23, November 20

DAYS: Saturdays

TIME: 10 a.m. – 12 p.m.

AGES: 6 – 13 Years of Age FEE: Free

## DESERT ROSE SOCIETY ANNUAL SHOW

**Palm Desert Community Center –  
43-900 San Pablo Avenue in Palm Desert**

**Saturday November 13, 2021**

**12:30– 4:30 p.m.**

**FREE event – Open to the Public**



*If you wish to enter roses, please go to our website  
<https://www.desertrosesociety.com>  
to check requirements.*



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

**Please note:** Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration – thank you.

### ABILI-TEE

Skilled golf instructors will move participants through putting, chipping, driving and course play during the 7 hands-on classes. A focus on progressive course play and skill development will progress participants into regular game play.

**ENROLLMENT:** October 5 – November 16

**DAYS:** Tuesdays **TIME:** 10 a.m. – 12 p.m.

**AGES:** 16 Years of Age and Over with a Disability or a Special Need

**FEE:** \$70 for the Session

### ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.

#### DAYS AND DATES:

##### **Mondays**

September 13 – 27

October 4 – 25

November 1 – 29

December 6 – 20

##### **Wednesdays**

September 1 – 29

October 6 – 27

November 3 – 24

December 1 – 29

**TIME:** 3 – 4:30 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 11:30 a.m. – 12:30 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE MULTI-SPORT

Participants can try boccia, volleyball, soccer, kickball, wiffleball, create our own combo sports, and more! Work on gross and fine motor skills through a variety of sports.

**DATES:** December 6 – 20

**DAYS:** Mondays **TIME:** 2 – 3 p.m.

**AGES:** 8 Years of Age and Over with a Disability or a Special Need **FEE:** \$25 per Month



### ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. All ability levels welcome.

**ENROLLMENT:** Ongoing

**DAY:** Thursdays **TIME:** 4 – 5 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need **FEE:** \$25 per Month

### ADAPTIVE SOCCER & KICKBALL

Two sports in one session – we will work on dribbling, passing, ball control, kicking, and plenty of scoring in both soccer and kickball style, it's the best of both sports!

#### DATES, DAYS & TIMES:

Thursdays, September 2 – 30, 3 – 4 p.m.

Mondays, November 1 – 29, 2 – 3 p.m.

**AGES:** 8 Years of Age and Over with a Disability or a Special Need **FEE:** \$25 per Session

# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE TENNIS

*A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. All ability levels welcome.*

**ENROLLMENT:** Ongoing beginning in October

**DAYS:** Thursdays

**TIME:** 3 – 4 p.m.

**AGES:** 8 years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE VOLLEYBALL

*A great game to work on communication and can assist with hand eye coordination, range of motion and team work. All individuals with disabilities welcome.*

**DATES:** September 13 – 27

**DAYS:** Mondays

**TIME:** 2 – 3 p.m.

**AGES:** 8 years of Age and Over with a Disability or a Special Need

**FEE:** \$25 for the Session

### ADAPTIVE WIFFLEBALL

*Join us for an introduction to playing wiffleball, including catching, throwing, hitting, and running! No experience necessary as we will work with each participant to build the skills needed to play.*

**DATES:** October 4 – 25

**DAY:** Mondays

**TIME:** 2 – 3 p.m.

**AGES:** 8 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 for the Session



## ART & MUSIC

### GUITAR

*Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!*

*Second Level class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.*

**ENROLLMENT:** September 8 – October 6

October 20 – November 17

**DAY:** Wednesdays **AGES:** 9 Years of Age and Over

**LEVELS & TIMES:** **Beginning** – 6 – 7 p.m.

**Second Level** – 7 – 8 p.m.

**FEE:** \$70 per Session



### PIANO/KEYBOARD – BEGINNING

*Children will learn to read music consisting of treble and bass clef, staff, names of notes, and simple key and time signatures. Children will also learn rhythm and single note melodies leading to simple chord structures.*

**ENROLLMENT:** September 8 – 29, October 6 – 27,

November 3 – 24

December 1 – 8 (\$20)

**DAY:** Wednesdays

**AGES:** 8 – 12 Years of Age **TIME:** 4 – 5 p.m.

**FEE:** \$40 per Session except as noted above



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## CAMP & AFTER SCHOOL PROGRAMS

### FALL INTO FUN CAMP

Camp days will be full of exciting, structured activities sure to interest both new and returning Campers. Each child will have the opportunity to learn new skills and build self-esteem through sport activities, creative arts and crafts, and group games. All Activities are carried out under the watchful eye of our camp Staff.

**DATES:** November 22 – 24

**DAYS:** Monday, Tuesday, Wednesday

**TIMES:** 7:30 a.m. – 6 p.m. **AGES:** 5 – 14 Years of Age

**FEE:** \$66 for 3 days

### REAGAN INTRAMURAL SPORTS AFTER SCHOOL PROGRAM

Students will spend the afternoon embracing a healthy lifestyle supporting the rewards of teamwork and sportsmanship through physical activities, team building, and health & nutrition while they learn the fundamentals of various sports. Students are supervised by our trained, professional staff who provide daily academic support.

**LOCATION:** Ronald Reagan Elementary School

**DAYS:** Monday – Friday (may exclude holidays)

**TIME:** School Dismissal to 5:30 p.m.

**GRADES:** Kindergarten through Fifth

**FEES:** \$165 each for September & October

\$124 each for November & December



### TRADITIONAL AFTER SCHOOL

This program, serving students in Elementary School, offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members. Busing is not available for transport.

#### LOCATIONS:

##### Portola Community Center

(Open to Washington Charter School students only)

##### Palm Desert Community Center

(Open to all other school students)

**DAYS:** Monday – Friday (may exclude holidays)

**TIME:** School Dismissal to 5:45 p.m.

**GRADES:** Kindergarten through Fifth

**FEES:** \$165 each for September & October

\$124 each for November & December

### WINTER CAMP

Desert Recreation District's winter camp is the place to be! Our recreational winter break program offers on-site structured activities, sports, group games, entertainment, and special events. Each day will be filled with fun!

**DATES:** Week 1 – December 20 – 23

Week 2 – December 27 – 30

**DAYS:** Monday, Tuesday, Wednesday, Thursday

**TIMES:** 7:30 a.m. – 6 p.m.

**AGES:** 5 – 14 Years of Age **FEE:** \$88 per Week

## DRD Careers

- AFTER SCHOOL STAFF
- LIFEGUARDS
- RECREATION LEADERS
- AND MORE!

COME JOIN THE "FUN TEAM"!

Visit [MyRecreationDistrict.com/employment-opportunities](http://MyRecreationDistrict.com/employment-opportunities) to apply online!



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## COMMUNITY EVENTS

### BREAKFAST WITH SANTA



Join Desert Recreation District, Jolly old Saint Nick and his merry elves this holiday season for Breakfast with Santa. We will be serving a continental breakfast

and we will have craft stations where you can make reindeer food, decorate ornaments and cookies as well as finish your letter to Santa.

**DATE:** Saturday, December 11

**TIME:** 9 – 11 a.m. **AGES:** Kids of All Ages

**FEE:** \$10 per Person

### CONCERTS IN THE PARK – OCTOBER CONCERT SERIES

Come enjoy a concert in the park where each week a different band plays a different genre of music for all to enjoy. Concessions will be available for purchase.

**Please check our website in September for the list of bands playing this October.**

**LOCATION:** Palm Desert Civic Center Park Amphitheater

**TIME:** 6 – 9 p.m. **AGES:** All Ages **FEE:** Free

### HALLOWEEN SCAVENGER HUNT

Join us for a fun-filled scavenger hunt in Palm Desert Civic Center Park! This year is new and improved. Dress up in your costume to participate in the costume contest, and goodies will be handed out 10 a.m. – 5 p.m. to each registered child.

**LOCATION:** Palm Desert Civic Center Park

**DATES:** October 25 – 30

**TIME:** Daylight hours for Hunts

(see above for distribution of Goodies)

**AGES:** All Ages **FEE:** \$ 5

### HOLIDAY BLANKET & JACKET GIFT DRIVE



This year we would like to make the holidays a little warmer for those who could use a little extra help – just drop off any new, unwrapped blanket, jacket or sweater at the Palm Desert Community Center.

#### DROP OFF DATES:

**November 12 through December 17**

**Please verify center days and hours by calling  
(760) 568-9196**



## DANCE

### BALLROOM: SWING & SALSA LESSONS

Palm Desert is dancing its way back to wellness! Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha.

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays

**TIME:** 7:15 – 8:15 p.m.

**AGES:** 18 Years of Age and Over **FEE:** \$48 per Month

### BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve childrens coordination and poise while introducing music appreciation and interpretations.

**ENROLLMENT:** Ongoing

**DAY:** Saturdays

**TIME:** 10 – 10:45 a.m. OR 11 – 11:45 a.m.

**AGES:** 5 – 11 Years of Age **FEE:** \$36 per Month

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

**ENROLLMENT:** Ongoing

**DAY:** Saturdays

**TIME:** 9 – 9:45 a.m.

**AGES:** 2 ½ – 5 Years of Age **FEE:** \$36 per Month

# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## INTRO TO DANCE & DRUMMING

The goal of group drumming will be starting and ending together, eventually having half the class playing drums and the other half dancing! Scarves will be handed out for improvisational group dance leading to solos,

and children will participate in call & response anatomy, stretching, and dynamic stretching.

**ENROLLMENT:** September, October, November

**DAY:** Wednesdays **TIME:** 11 a.m. – 12 p.m.

**AGES:** 2 – 4 Years of Age **FEE:** \$30 Per Month

## LINE DANCING

Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit! The latest in popular dances will be taught by a professional dance instructor MC Callaghan.

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIME:** 6 – 7 p.m.

**AGES:** 18 Years of Age and Over **FEE:** \$38 per Month

## YOUTH DANCE ENSEMBLE

The Youth in this program will learn the fundamentals of movement consisting of spatial awareness, dynamic & static stretching, creating shapes and traveling across the floor. They will learn ballet, modern, and jazz fusion moves.

**ENROLLMENT:** Tuesdays

**DAY:** Tuesdays **TIME:** 4 – 5 p.m.

**AGES:** 8 – 12 Years of Age **FEE:** \$45 per Month



## GOLF



The Golf Center at Palm Desert is centrally located in the mid-valley and offers a 9-Hole Par 3 Golf Course with incredible western mountain views – please see page 5 for all we have to offer!

## The 21<sup>st</sup> Annual

## PALM DESERT SENIOR GAMES & INTERNATIONAL SPORTS FESTIVAL

will be held **FEBRUARY 1 – 6, 2022** – **Registration Opens September 8, 2021**



### Individual Competition

- Table Tennis • 9-hole Golf • Race Walk
- Track & Field • Pickleball
- 3-point Shootout Basketball

### Team Events

- Volleyball • Soccer
- 3 on 3 Basketball • Softball





# Palm Desert

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## HEALTH & FITNESS

### ACTIVE ADULT FITNESS

*This class will consist of cardio, core/abdominal work, and strengthening of all major muscle groups. You will leave this class feeling rejuvenated, reinvigorated, and strong!*

**ENROLLMENT:** September, October, November

**DAY:** Wednesdays

**TIME:** 10 – 11 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$20 Per Month

### DANCE FITNESS

*This one-hour class will be divided into 3 segments including a full body workout while having active rests focusing on your core, fusion dance routine, and stretching concentrating on shoulders, back, hips and legs.*

**ENROLLMENT:** September, October, November

**DAY:** Fridays

**TIME:** 10 – 11 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$20 Per Month

### HOLISTIC WELLNESS WORKSHOP – HEALTHY BRAIN, HAPPY BODY **NEW**

*In this Workshop you will learn how nutrition, juicing, exercise, meditation/stress management techniques, changing sleep habits and more may help you achieve a healthy lifestyle and boost brain longevity.*

**DATES:** Thursdays, October 7 – 28

**TIME:** 10:15 – 11:30 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55

## Find Fitness!



### HULA FOR FITNESS & FUN

*The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm and balance while tightening your core, arms and thighs with this traditional dance.*

**ENROLLMENT:** September 13 – October 25

November 8 – December 20

**DAYS:** Mondays

**TIME:** 6 – 7:30 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$66 per Session

**DROP-IN FEE:** \$14 Per Day

### KICKBOX CARDIO

*Kickbox Cardio is a fitness class that combines Martial Arts techniques with fast-paced cardio. This high-energy workout challenges both beginners and elite athletes. It is a non-contact workout, and you don't need any Martial Arts experience to take a Kickbox Cardio class.*

**ENROLLMENT:** September, October, November

**DAYS:** Thursdays

**TIME:** 4 – 5 p.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$ 40 per Month

**DROP-IN FEE:** \$12 per Class





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## SALSAEROBICS

*People love salsa dancing. The music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays

**TIME:** 8:15 – 9:15 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$35 per Month

**DROP-IN FEE:** \$7 per Day

## SHAPE UP WITH SHARON

*Combining Yoga, Pilates, and free weights, Sharon teaches everyone from beginners to advanced participants how to physically and mentally achieve greatness, build muscle and increase flexibility.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Fridays

**TIME:** 9 – 10 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$60 per Month

**DROP-IN FEE:** \$10 per Day

## TAI CHI – BEGINNERS

*The deep breathing techniques of Tai Chi will help you relax, and the slow movements will benefit your joints and tendons. Gain balance, focus, and inner peace while exercising and learning martial arts in a gentle, non-competitive environment. Great for all adults at any age or fitness level.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays

**TIME:** 12 – 12:45 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$39 per 4-week Session;

*3 or 5-week sessions will be adjusted.*

**DROP-IN FEE:** \$12 Per Day



## MARTIAL ARTS

### LITTLE KICKS

*This introduction to Martial Arts provides a basic cardiovascular, stretching, and strength building program. It's designed for children to become familiar with group activities, sportsmanship, fair play, as well as mental and physical conditioning.*

**ENROLLMENT:** September, October, November

**DAYS:** Thursdays

**TIME:** 2 – 2:45 p.m.

**AGES:** 3 – 6 Years of Age

**FEE:** \$25 per Month



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.

## ★ SPECIAL INTEREST

### DISCO DOGS

Partner up with your precious pooch for a fun Disco Dog Lesson! MC's Disco Dogs & "Paw"room dance will have choreography with you and your best dance partner ever – your dog. Dogs must have some obedience training, be friendly with both other dogs and people, and be on a loose leash at all times.

#### DATES:

September 9 – 16  
September 23 – October 7  
October 7 – 14  
October 21 – 28  
November 4 – 11  
November 18 – December 2  
December 9 – 16  
December 23 – 30

DAYS: Thursdays

TIME: 6 – 7 p.m.

AGES: 18 Years of Age and Over

FEE: \$22 per Session

### K9 NOSE WORK–BASIC– INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Monthly

DAY: Tuesdays

TIME: 11 – 11:50 a.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session



### K9 NOSE WORK– INTERMEDIATE– WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches.

**Prerequisite:** K9 Nose Work Basic–Intro to Scent Work.

ENROLLMENT: Monthly

DAY: Tuesdays

TIME: 12 – 12:50 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session

### K9 NOSE WORK–ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite:** K9 Nose Work Intermediate Workshop.

ENROLLMENT: Monthly

DAY: Tuesdays

TIME: 1 – 1:50 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session

## 🏀 SPORTS

### BASKETBALL

Basketball Training Zone – Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

### BASKETBALL TRAINING ZONE: BEGINNERS

ENROLLMENT: Ongoing

DAY: Wednesday

TIME: 3:30 – 4:30 p.m.

AGES: 7 – 10 Years of Age

FEE: \$40 per Month

DROP-IN FEE: \$12 per Day

# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## **BASKETBALL TRAINING ZONE: INTERMEDIATE**

**ENROLLMENT:** Ongoing

**DAY:** Wednesday

**TIME:** 4:30 – 5:30 p.m.

**AGES:** 10 – 14 Years of Age

**FEE:** \$40 per Month

**DROP-IN FEE:** \$12 per Day

## **FRISBEE**

*Ultimate Frisbee – Join us for an introduction to the game of Ultimate Frisbee with the goal of exercise, improving stamina and advancing your skills. The program will consist of two games side by side, with the advanced team playing next to the beginners.*

## **ULTIMATE FRISBEE – 1 DAY**

**DATES:** September 6 – October 25

November 1 – December 27

**DAY:** Mondays **TIME:** 6 – 8 p.m.

**AGES:** 13 Years of Age and Over

**FEE:** \$20 per Session **DROP-IN FEE:** \$5

## **ULTIMATE FRISBEE – 2 DAYS**

**DATES:** September 2 – October 28

November 1 – December 30

**DAY:** Mondays & Thursdays **TIME:** 6 – 8 p.m.

**AGES:** 13 Years of Age and Over

**FEE:** \$40 per Session **DROP-IN FEE:** \$5

## **PICKLEBALL**

### **INDOOR PICKLE BALL – OPEN PLAY**

*We offer friendly competition and Pickleball fun inside our Palm Desert Community Center. No need to worry about weather conditions outside or crowded tennis courts!*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays, Wednesdays, Thursdays

**TIME:** 10 a.m. – 1 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$5 Drop-In Per Day or **FREE** for  
DRD Get Fit Pass members

### **PICKLEBALL CLINICS – BEGINNER LEVEL**

*Beginner level pickleball clinics have group skills and drills for beginner players. Plan your schedule with the instructor. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.*

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays

**TIME:** 7:30 – 9:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$20 per Session OR Package of 6 for \$100

### **PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL**

*At this level, there will be group skills and drills for advanced Beginner players. Plan your schedule with instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays

**TIME:** 7:30 – 9:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$20 per Session OR Package of 6 for \$100



**MORE PICKLEBALL ON THE NEXT PAGE**



**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## SPORTS

### **OUTDOOR PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED LEVEL**

*This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor.*

**ENROLLMENT:** Ongoing

**DAYS:** Fridays

**TIME:** 7:30 – 9:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$20 per Session OR Package of 6 for \$100

### **OUTDOOR PICKLEBALL – PRIVATE LESSONS**

*This private instruction will last for one hour each day. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.*

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Schedule with Instructor

**AGES:** 16 Years of Age and Over

**FEE:** \$35 per Session OR Package of 6 for \$175

### **OUTDOOR PICKLEBALL – SEMI-PRIVATE LESSONS**

*Semi-Private lessons for up to 4 people. This group instruction will last for one hour. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.*

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Schedule with Instructor

**AGES:** 16 Years of Age and Over

**FEE:** \$25 per Session OR Package of 6 for \$125

## **TABLE TENNIS**

*Bring a paddle and get ready to have some recreational and competitive fun. Table Tennis is a great way to improve hand-eye coordination, focus, and overall fitness. If you are looking for an entertaining recreational activity that is played indoors, join us! Bring your own paddle.*

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Mondays & Fridays, 12 – 3 p.m.  
Wednesdays, 6 – 9 p.m.

**AGES:** 5 Years of Age and Over

**FEE:** \$5 Drop-In Per Day or **FREE** for DRD Get Fit Pass members

## **VOLLEYBALL**

### **INDOOR VOLLEYBALL – BEGINNERS/INTERMEDIATE**

*For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass and block, and attack.*

**DATES:** November 2 – 30, December 2 – 30

**DAYS:** Tuesdays & Thursdays

**TIME:** 3:30 – 4:30 p.m.

**AGES:** 8 – 17 Years of Age

**FEE:** \$60 per Month

**DROP-IN FEE:** \$12 per Day



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## INDOOR VOLLEYBALL – ADVANCED

*Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!*

**DATES:** November 2 – 30, December 2 – 30

**DAY:** Tuesdays & Thursdays

**Please note:** The variation in the Teams listed below will be based on skill level.

**TEAM 1** – Times & Ages: 6 – 7 p.m., 13 – 18 Years of Age

**TEAM 2** – Times & Ages: 7 – 8 p.m., 13 – 18 Years of Age

**TEAM 3** – Times & Ages: 8 – 9 p.m., 15 – 18 Years of Age

**FEE:** \$60 per Month

**DROP-IN FEE:** \$12 per Day

## VOLLEYBALL – BEGINNING TO INTERMEDIATE

*For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, and block, and attack.*

**DATES:** September 6 – 27, October 4 – 25

**DAY:** Mondays

**TIME:** 7 – 8 p.m.

**AGES:** 8 – 16 Years of Age

**FEE:** \$40 per Month

**DROP-IN FEE:** \$12 per Day

## VOLLEYBALL – INTERMEDIATE TO ADVANCED

*Learn how to prepare your skills for tournament play and high school play in this class, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background. We look forward to seeing you on the court!*

**DATES:** September 6 – 27, October 4 – 25

**DAY:** Mondays

**TIME:** 8 – 9 p.m.

**AGES:** 8 – 16 Years of Age

**FEE:** \$40 per Month

**DROP-IN FEE:** \$12 per Day



## TOT PROGRAMS

### TINY TOTS

*Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities in a new theme every week.*

**ENROLLMENT:** Ongoing

**AGES:** 3 – 5 Years of Age

**3 DAYS PER WEEK:** Mondays, Wednesdays, Fridays

**TIME:** 9 a.m. – 12 p.m.

**FEE:** \$180 per Month

*(holiday months may have fewer dates and lower fees)*

**2 DAYS PER WEEK:** Tuesdays & Thursdays

**TIME:** 9 a.m. – 12 p.m.

**FEE:** \$130 per Month

*(holiday months may have fewer dates and lower fees)*





# Host an Event in one of our Rental Zones!

Did you know that DRD facilities & parks are available for private use? You're sure to find the perfect space in one of our community centers, meeting rooms, ball fields or parks.

## Make DRD your Event Partner for:

*Birthday Parties • Business Meetings • Awards Ceremonies • Banquets • And More!*



## Thank You To Our East Valley Partners

Desert Recreation District would like to give a special thank you to our partners who have helped with so many of our eastern Coachella Valley programs and events. Your generous donations have helped support many of our afterschool, senior, and youth programs, including youth sport programs, as well as our Holiday Food & Gift Drive. – ***We appreciate all the support and dedication!***



Irene W. & Guy L. Anderson  
Children's Foundation



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We have a heart for Medicare  
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Rotary



*The 8th Grade Students and Families of Sacred Heart School*



# Thermal

**Please Note:** All in-person activities take place at the **Jerry Rummonds' Senior & Community Center** unless otherwise noted in the activity details that follow.

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### THERMAL SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

**ENROLLMENT:** Ongoing

**DAYS:** Monday – Thursday

**TIME:** 9 a.m. – 1 p.m.

**AGES:** 50 Years of Age and Over

**FEE:** Free

## ART & MUSIC

### ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

**DATES:** September 8 and 29, October 13 and 27,  
November 10 and 24, December 8 and 29

**DAY:** Wednesdays

**TIME:** 5:30 – 6:30 p.m. **AGES:** 6 – 11 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

### ART SCENE

This program will give participants a safe place to let their creative minds explore Art. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.

**DATE:** Wednesday, September 15

**TIME:** 6 – 7:30 p.m.

**AGES:** 6 – 11 Years of Age

**FEE:** Free thanks to funding from the  
Anderson Children's Foundation



## CAMP & AFTER SCHOOL PROGRAMS

### PROJECT L.E.A.D.

Community Project L.E.A.D (Linking  
Education, Advocacy and

Development) program offers

academic tutoring, homework assistance, enrichment  
activities, mentoring, and much more!

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**DAYS:** Mondays – Fridays

**TIMES:** School Dismissal to 6 p.m.

**AGES:** Kindergarten through 12th

**FEE:** Free



## COMMUNITY EVENTS

### CANDY CANE LANE

Join us for our Candy Cane Lane event where we have fun  
activities planned like winter themed crafts, contests, jolly  
games, yummy cookies, and more.

**DATE:** Friday, December 3

**TIME:** 6 – 7:30 p.m.

**AGES:** All Ages

**FEE:** Free



## HEALTH & FITNESS

### HEALTH N'BAKE

This dessert cooking class will teach participants how  
to prepare quick, easy, and healthy desserts at home  
with no oven needed!

**DAY:** Thursdays

**DATES & AGES:** December 9, 7 – 13 Years of Age  
December 16, 14 – 17 Years of Age

**TIME:** 3 – 4 p.m.

**FEE:** Free thanks to funding from USDA Snap/CalFresh



# Thousand Palms

**Please Note:** All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.



## COMMUNITY EVENTS



### DÍA DE LOS MUERTOS (Day of the Dead)

Come celebrate the memories of loved as we host the traditional cultural event of Día de los Muertos, Day of the Dead. Each family is able to have a table where

they are free to decorate any way they want – please call (760) 343– 3595 to reserve your Honoring Table. This event is also a community potluck so bring your favorite family dish to share with everyone!

**DATE:** Tuesday, November 2

**TIME:** 5 – 8 p.m.

**AGES:** All Ages

**FEE:** Free

## Find Friends!

### HOLIDAY ARTS & CRAFTS EVENT

Come join the holiday season with your neighbors at the local community center. We will have holiday season arts and crafts, cookie decorating, Santa Claus visiting and more! Bring your favorite holiday dish or dessert to share with others.

**DATE:** Saturday, December 18

**TIME:** 12 – 2 p.m.

**AGES:** All Ages

**FEE:** Free



## THOUSAND PALMS COMMUNITY COUNCIL MEETINGS

*This meeting is open to the public to hear the latest news happening in the Thousand Palms Community from government officials, local authorities and special presentations.*

**LOCATION:** Please email to [svirgen@rivco.org](mailto:svirgen@rivco.org) for details.

**DAY:** Thursdays **TIME:** 6 p.m.

**DATES:** September 23, November 18



## DANCE

### FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the cultural dance originated in Mexico, Folklórico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events.

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays

**TIMES & AGES:**

5 – 6 p.m., 3 – 10 Years of Age

6:15 – 7:15 p.m., 11 Years of Age and Over

**FEES:** \$40 per Month



## HEALTH & FITNESS

### KIDS DANCE FITNESS

Here's a class for those kids that like a bit of fun mixed in their fitness routine. Kids Dance Fitness will get your child moving with music that makes them want to dance!

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIME:** 5 – 5:30 p.m.

**AGES:** 4 – 10 Years of Age

**FEE:** \$20 per Month

### TITAN FITNESS

Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included.

**ENROLLMENT:** October 7 – 28

**DAYS:** Thursdays

**TIME:** 3 – 3:30 p.m.

**AGES:** 7 – 13 Years of Age

**FEE:** Free thanks to funding from USDA Snap/CalFresh



# Thousand Palms

For information or to register, visit [MyRecreationDistrict.com](https://www.MyRecreationDistrict.com) or call (760) 347-3484

## ZUMBA

*This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Thursdays

**TIME:** 7 – 8 p.m. **AGES:** 16 Years of Age and Over

**FEE:** \$35 per Month **DROP-IN FEE:** \$5 per Class



## MARTIAL ARTS



## SHITO RYU KARATE DO

*Karate Do is very fun and quite challenging. Our classes may help students build strength, endurance, flexibility and coordination. Karate is meant to make participants more physically fit, more mentally acute, and finding balance in the “way of the empty hand.”*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Wednesdays **TIME:** 5:45 – 6:45 p.m.

**AGES:** 7 – 15 Years of Age **FEE:** \$60 per Month



## MOVIES

### MOVIES IN THE PARK

*We are pleased to bring you movies right here in your neighborhood. We are currently planning a movie for Friday, September 10 – please check the listings on our website at [MyRecreationDistrict.com/movies](https://www.MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates and times. Please note inclement weather such as high winds can alter the schedule.*



## OUTDOORS

### TAKE A HIKE DAY! PUSHAWALLA PALMS LOOP

*Calling all families in Indio to come “TAKE A HIKE” DAY! This will be an organized group hike through the beautiful Pushawalla Palms Loop in Thousand Palms – please note you must be registered to join the hiking group.*

**LOCATION:** Visit <https://www.alltrails.com/trail/us/california/pushwalla-palms-loop> for additional information and directions to the trail where we will meet.

**DATE:** Tuesday, November 23 **TIME:** 8 a.m. – 12 p.m.

**AGES:** 8 Years of Age and Over **FEE:** Free



## SPORTS

### THOUSAND PALMS YOUTH SOCCER LEAGUE FALL 2021

*Desert Recreation District is pleased to offer a recreational soccer league for girls and boys, in which the players have fun and will be randomly assigned to a team based on age.*

**DATES:** September 15 – November 4

**DAYS:** Wednesdays and Thursdays **TIME:** 6 – 10 p.m.

**AGES:** 4 – 12 Years of Age **FEE:** \$100 for the Session



### THOUSAND PALMS T-BALL LEAGUE FALL 2021

*Desert Recreation District is pleased to offer a recreational T-Ball league for girls and boys where fun is emphasized. The season begins with two or three practices, followed by playing one game per week.*

**DATES:** September 13 – November 16

**DAYS:** Mondays and Tuesdays **TIME:** 6 – 10 p.m.

**AGES:** 4 – 6 Years of Age **FEE:** \$100 for the Session



## Find Your Closest DRD Location

The Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley.

Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages.

From toddlers to seniors, our facilities and beautiful parks have something for everyone.

Get off the couch and into the fun-tastic times.

### **BERMUDA DUNES**

#### **BERMUDA DUNES COMMUNITY CENTER**

78–400 Avenue 42, Bermuda Dunes

### **COACHELLA**

#### **BAGDOUMA COMMUNITY CENTER & PARK**

51–251 Douma Street, Coachella

#### **BAGDOUMA POOL**

84–599 Avenue 52, Coachella

### **INDIO**

#### **INDIO COMMUNITY CENTER & PARK**

45–871 Clinton Street, Indio

#### **INDIO MUNICIPAL GOLF COURSE**

83–040 Avenue 42, Indio

#### **PAWLEY POOL FAMILY AQUATIC COMPLEX**

46–350 Jackson Street, Indio

### **INDIO HILLS**

#### **INDIO HILLS COMMUNITY CENTER & PARK**

80–400 Dillon Road, Indio Hills

### **LA QUINTA**

#### **FRITZ BURNS POOL**

78–107 Avenue 52, La Quinta

#### **LA QUINTA COMMUNITY FITNESS CENTER & PARK**

77–865 Avenida Montezuma, La Quinta

### **MECCA**

#### **MECCA COMMUNITY CENTER, PARK & POOL**

65–250 Coahuilla Street, Mecca

### **NORTH SHORE**

#### **NORTH SHORE BEACH & YACHT CLUB**

99–155 Sea View Drive, North Shore

#### **NORTH SHORE COMMUNITY PARK**

99–480 70th Avenue, North Shore

### **OASIS**

#### **OASIS DEL DESIERTO**

#### **(OASIS OF THE DESERT) PARK**

88–775 Avenue 76, Thermal

### **PALM DESERT**

#### **CAHUILLA HILLS PARK**

45–825 Edgehill Drive, Palm Desert

#### **PALM DESERT COMMUNITY CENTER & PARK**

43–900 San Pablo Avenue, Palm Desert

#### **FREEDOM PARK**

77–400 Country Club Drive, Palm Desert

#### **PALM DESERT SOCCER PARK**

74–735 Hovley Lane, Palm Desert

#### **OLSEN COMMUNITY PARK**

43–005 Magnesia Falls Drive, Palm Desert

#### **PORTOLA COMMUNITY CENTER**

45–480 Portola Avenue, Palm Desert

#### **THE GOLF CENTER AT PALM DESERT AND THE FIRST TEE OF THE COACHELLA VALLEY**

74–945 Sheryl Drive, Palm Desert

#### **UNIVERSITY PARK**

74–802 University Park Drive, Palm Desert

### **THERMAL**

#### **JERRY RUMMONDS' SENIOR & COMMUNITY CENTER**

87–229 Church Street, Thermal

### **THOUSAND PALMS**

#### **THOUSAND PALMS COMMUNITY CENTER & PARK**

31–189 Robert Road, Thousand Palms



facebook.com/MyRecreationDistrict



twitter.com/mydrd

### **ADMINISTRATIVE OFFICE**

45–305 Oasis Street, Indio, CA 92201 (760) 347–3484

Info@MyRecreationDistrict.com

# Financial Assistance



Desert Recreation District programs, activities and events are open to everyone. Your Desert Recreation District works with our partner

communities to provide recreational activities and events that offer affordable health and fitness benefits and are, most of all, FUN!

Because we are partially funded through tax dollars, our program fees are low. However, some residents, especially those with large families, may find it difficult to participate.

The Desert Recreation Foundation works to raise funds to make sure that recreation is available to everyone. The Foundation's Financial Assistance Program offers subsidies up to \$150 per person so that residents can enjoy recreational activities and programs. Through the generosity of donors and proceeds from fundraising events, children have participated in basketball leagues, gymnastics, tiny tots, holiday camps and after school programs. Adults have used the program to pay for annual fitness memberships and classes.

## HELP MAKE A DIFFERENCE

If you would like to donate to the Desert Recreation Foundation, please contact us at **(760) 347-3484**.

Some of the ways you can be of assistance, include financial donations to help fund our Financial Assistance program, or contribute towards developing a new park.

Funds can also be donated to purchase equipment such as bicycles and helmets for our Trips for Kids program, or for items like wheelchairs and aquatics equipment that has been modified for use in Adaptive Sports.

Or, if you want a more hands-on experience, you can volunteer your time at one of many of our sponsored events. All of these programs help make a difference in YOUR community and we are grateful for the opportunity to serve our residents.

To learn more about qualifying for the Financial Assistance Program, visit **MyRecreationDistrict.com**, ask a DRD team member at one of our Community Centers, or call **(760) 347-3484**.

## PLEASE SUPPORT DESERT RECREATION FOUNDATION



### Our MISSION

The mission of Desert Recreation Foundation is to preserve the quality of life for residents of Desert Recreation District in the Coachella Valley.

The Foundation does this by raising funds and garnering support to purchase, develop, enhance, preserve, promote and expand the valley's recreation activities, programs, parks, properties and facilities.



### YOU CAN MAKE A DIFFERENCE BY...

#### BECOMING A VOLUNTEER

The Foundation offers many ways to give of your time and talent assisting in programs, projects, and events that can help support your local community.

#### CONSIDER SPONSORSHIP

Make an immediate impact by partnering with the Foundation to sponsor a range of events or programs or help fund a community/recreation center, community swimming pool, or park.

TO MAKE AN ONLINE DONATION, VISIT **DESERTRECREATIONFOUNDATION.ORG**



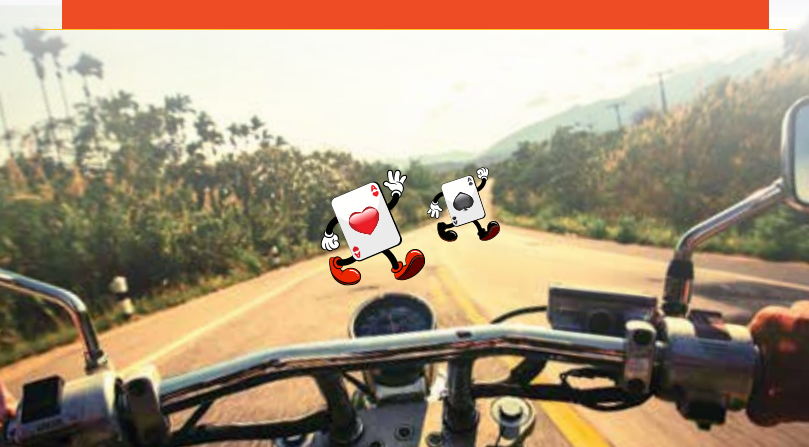
**SATURDAY,  
OCTOBER 9, 2021**

**TO BENEFIT ADAPTIVE SPORTS /  
RECREATION PROGRAMS AT  
DESERT RECREATION DISTRICT**



**Desert Recreation Foundation**

**CHASE THE ACE  
MOTORCYCLE  
POKER  
RUN**



PRESORTED STD  
US POSTAGE  
PAID  
PALM DESERT, CA  
PERMIT NO 149

**STARTS AND ENDS  
AT INDIO COMMUNITY  
CENTER & PARK**

**Registration 9 – 11 a.m.  
Kickstands up by 11 a.m.  
Riders \$25 / Passengers \$15**

**PRIZES FOR  
BEST HAND \$500 /  
WORST HAND \$250  
RAFFLE • FOOD & DRINKS**

**For more information go to [DesertRecreationFoundation.org](https://DesertRecreationFoundation.org) or call (760) 347-3484**

*Desert Recreation Foundation is a 501(c)3 non-profit organization. Tax ID# 91-2143285*