

Activity & Program Guide

MAY | JUNE | JULY | AUGUST | 2021



Si desea esta guía en español, llame al (760) 347-3484.



Welcome to Summer 2021!

After a year of modifying programs to be virtual or holding outdoor classes for activities we usually host indoors, we are excited to be able to offer a variety of activities including annual favorites as well as some new classes, as things are beginning to look more like a typical summer in the Coachella Valley.

We want to begin by inviting you to join us in celebrating the Grand Opening of Oasis del Desierto (Oasis of the Desert) Park, which we are anticipating holding early this summer (check our website or social media for updates, including the announcement of the date and time). We are thrilled to be building the first community park in Oasis, and this first phase of the park includes a playground area, soccer field, sport court and exercise equipment. Look for community and youth programming at the park later this year.

If refreshing in the pool is your idea of fun, we offer programs at Bagdouma Pool in Coachella, Fritz Burns Pool in La Quinta, Mecca Pool, and Pawley Pool Family Aquatic Center in Indio. Thanks to the generosity of Kaiser Permanente, we will be able to offer scholarships for child swim lessons to those who qualify.

For those that enjoy being outdoors in the warm evenings, look for our Movies in the Park, held in several of our locations including Coachella, Mecca, and Thousand Palms.

If you prefer to be indoors, we have a variety of indoor sports like basketball, volleyball, table tennis, and soccer. We also have fitness classes in air-conditioned comfort, ranging from the steady stretches of Yoga to the rhythmic Salsaerobics and Zumba experiences. And don't forget our indoor track at the Indio Community Center.

Some of our newer offerings include the K9 Nose Work classes, where you are taught how to encourage and develop your dog's natural scenting abilities in the beginning series classes to learning searches of containers, vehicles, interiors and exteriors.

Looking for a good way to get your 'tween or teen moving? Our Titan Fitness and Tiny Titan classes include workouts and tips on healthy lifestyle choices. Continuing along the line of health-conscious choices, our FIT4SUMMER Teen Meal Prep Class teaches teens to prepare healthy meals at home.

We invite you to get out and experience the many different ways Desert Recreation District contributes to the quality of life in the Coachella Valley.

On behalf of the entire team, Find FUN, Find COMMUNITY and Find PARKS AND RECREATION this summer!

Best Regards,

Kevin Kalman, General Manager

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A Note About Our Summer Programs

At the time this publication was produced, COVID-19 cases were on the decrease, and with a vaccine available to many who live and work in the Coachella Valley, we prepared to open our programs and provide the excellent activities we offer each summer. We may have to limit the number of participants to smaller, socially distanced groups, or move classes from one room to a different location to allow more space but we do believe we can offer many summer classes once again.

While we closely monitor information published by the Centers for Disease Control (CDC), the Riverside County Department of Public Health, and follow state of California guidelines including orders that are issued by Governor Gavin Newsom, if a change in course is ordered after this guide was mailed to you, we may have to make changes including but not limited to moving indoor activities outdoors where feasible (taking weather into account) and/or cancelling classes. We are very hopeful to NOT have to do this; however, the safety and wellbeing of our staff, guests, volunteers, and anyone who uses or visits our facilities is the top priority.

We will make every effort to keep our website and social media accounts up to date. If however, you hear official orders are issued limiting or closing activities or gatherings, we recommend that before attending any class or event listed in this guide, please check with the location at which the activity is to be held or call our administrative office at (760) 347-3484 for status of programming.

We will continue to enforce the wearing of face coverings, disinfecting and following enhanced cleaning protocols, staying 6' minimum apart from others, asking anyone who is exhibiting COVID-19 symptoms or who has been exposed to anyone with COVID-19 to stay home, and encouraging frequent hand washing.

We are extremely optimistic that with all of the measures that have been in place for over the past year, we will be able to hold if not all activities in this guide, the vast majority of them. Thank you for your patience and understanding if we do have to modify any of our programs, and we look forward to seeing every one of your smiling faces back in our facilities!

– The DRD Team

DESERT RECREATION DISTRICT BOARD OF DIRECTORS

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed below each member's name.

These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.



SILVIA PAZ
VICE PRESIDENT

Division 1

Term: 12/1/17 to 12/3/22

*Indio, La Quinta, Mecca,
North Shore, Oasis,
Thermal, Vista Santa Rosa
and 100 Palms*

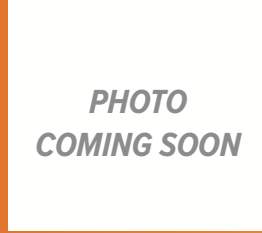


RUDY GUTIERREZ
DIRECTOR

Division 2

Term: 12/4/20 to 12/6/24

*Chiriaco Summit,
Coachella, Indio and
Indio Hills*



JONATHAN BECERRA
DIRECTOR

Division 3

Term: 12/4/20 to 12/6/24

Indio



RUDY ACOSTA
PRESIDENT

Division 4

Term: 12/1/17 to 12/3/22

*Bermuda Dunes,
Desert Palms, Indian Wells,
La Quinta and Palm Desert*



LAURA MCGALLIARD
DIRECTOR

Division 5

Term: 12/4/20 to 12/6/24

*Palm Desert,
Rancho Mirage and
Thousand Palms*

General Information

DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price–point we can offer, which does not allow for discounting.

ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please call (760) 347–3484 where you can also inquire about fees for our programs and classes for non–District residents.

HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

PHOTOGRAPHS

Desert Recreation District (DRD) reserves the right to photograph facilities, activities, program and special event participants for potential future use. All photographs, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make–up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.



The Golf Center AT PALM DESERT

The Best Game Improvement Facility in the Coachella Valley! Conveniently located in the heart of Palm Desert off Cook St., The Golf Center at Palm Desert offers a large, night-lighted Driving Range, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 – 130 yards).

For additional information, please call the Golf Shop at **(760) 779-1877** or visit golfcenterpd.com

GOLF RATES (9-Holes)

JUNIORS (under 17)	\$ 8
ADULTS	\$18
SENIORS (over 55)	\$15
SAME DAY 9-HOLE REPLAY	\$ 5

(June – August includes a small bucket of range balls and a pull cart for use on the course)

DRIVING RANGE

MEDIUM BUCKET	\$ 8
LARGE BUCKET	\$12

RENTALS

PULL-CART	\$ 3
SET OF CLUBS	\$ 7
INDIVIDUAL CLUBS	\$ 2



first tee coachella valley

At First Tee – Coachella Valley, we enable kids to build the strength of character that empowers them through a lifetime of challenges. First Tee is a Youth Development Program that teaches Core Values and Life Skills through the game of Golf. Classes are available for all skill levels for participants age 4 – 18. Golf equipment and Financial Aid are provided for any participant who has a need.

AGES: 4 – 18

FEE: \$65 per week (camps), \$65 per nine – week session

Registration opens on May 26th

SUMMER PROGRAMMING

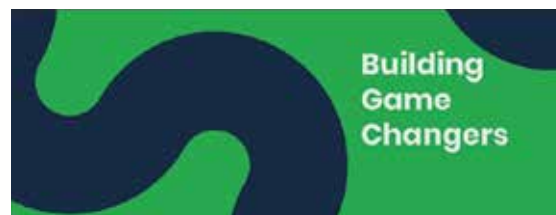
First Tee Weekly Classes • June 21st – August 21st (9 weeks)

SUMMER CAMP AGES: 7 and up

8:30 – 11:30 (Monday – Thursday) 5 sessions

June 21 – 24, June 28 – July 1, July 5 – 8

July 12 – 16, July 19 – 22



Please Register for First Tee – Coachella Valley classes and camps here: FTCV.org

• Volunteer Opportunities available for Assistant Coaches, Special Events and Tutoring

INQUIRIES?

Please email Charles DeLorey: cdecorey@ftcv.org

Or call (760) 779 – 1877

Bermuda Dunes

Please Note: All in-person activities take place at the **Bermuda Dunes Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

Ballet and Yoga classes that are currently taking place in La Quinta Community Park will move back to the Bermuda Dunes Community Center as soon as guidelines and space allow for indoor activities again.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE ART CLASS –

HYBRID (Online & In-person classes offered)

Let's get creative and express ourselves through art. This class offers a one (1) hour exploration through different mediums of art. The art supplies required for the class is minimal, ranging from construction paper, glue, markers, and scissors. You have the option of enrolling for in-person or online classes when you register. Program is provided by LEAPS Services.

ENROLLMENT: Ongoing

DAY: Wednesdays

TIME: 1 – 2 p.m.

AGES: 8 Years of Age and Over with
a Disability or Special Needs

FEE: Free



LEAPS Services
"A Hand in Hand Approach"

ADAPTIVE FITNESS –

HYBRID (Online & In-person classes offered)

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAY: Thursdays

TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with
a Disability or Special Needs

FEE: \$25 per Month



ADAPTIVE KARATE –

ONLINE ONLY

This online class teaches spatial awareness, discipline, self-control, self-defense, and Shito-Ryu Karate & Kobudo in an adaptable format, working with each student to achieve their best self.

ENROLLMENT: Ongoing

DAY: Mondays

TIME: 4:15 – 5:00 p.m.

AGES: 4 Years of Age and Over with
a Disability or Special Needs

FEE: \$25 per Month

ADAPTIVE READING CLASS –

HYBRID (Online & In-person classes offered)

Let's share our favorite books and expand our knowledge! This class offers a dive into new adventure where learners read their favorite books and work on improving their reading comprehension. You have the option of enrolling for in-person or online classes when you register. Program is provided by LEAPS Services.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 1 – 2 p.m.

AGES: 8 Years of Age and Over with
a Disability or Special Needs

FEE: Free



LEAPS Services
"A Hand in Hand Approach"



Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September and November, and the public is welcome to attend.

Please check before attending as meeting may be held via ZOOM

DATES: May 13 TIME: 6 p.m.

ADAPTIVE SEATED FITNESS –

HYBRID (Online & In-person classes offered)

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with
a Disability or Special Needs

FEE: \$25 per Month

GUIDED MEDITATION –

HYBRID (Online & In-person classes offered)

This meditation class will walk you through how to meditate, and complete meditation exercises. Meditation practice is something you will be able to do every day and can help you to approach life differently. Learning meditation at any age can help you to focus on what is important for your life. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 4 – 4:45 p.m.

AGES: 8 Years of Age and Over with
a Disability or Special Needs

FEE: \$25 per Month



SPECIAL INTEREST

K9 NOSE WORK – BASIC – INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: May 5 – 26, June 2 – 23,
July 7 – 28, August 4 – 25

DAY: Wednesdays

TIME: 6:30 – 8 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4 – week session

K9 NOSE WORK – ADVANCED WORKSHOP

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors and exterior. (prerequisite Scent Work – INTERMEDIATE).

ENROLLMENT: May 5 – 26, June 2 – 23,
July 7 – 28, August 4 – 25

DAY: Wednesdays

TIME: 5 – 6:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4 – week session

DRD Careers

- **LIFEGUARDS**
- **SWIM INSTRUCTORS**
- **RECREATION LEADERS**

AND MORE!

COME JOIN THE “FUN TEAM”!

Visit MyRecreationDistrict.com/employment-opportunities to apply online!

Coachella

Please Note: All in-person activities take place at the **Bagdoura Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

ART & MUSIC

ART SCENES

These programs will introduce participants in the Eastern Coachella Valley to art and give them a safe place to let their creative minds explore. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.

ART SCENE

ENROLLMENT: May 12

DAYS: Wednesday

TIME: 4 – 5:30 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



SUMMER ART SCENE

AGES & DATES:

6 – 12 Years of Age – June 23, July 28, August 25

13 – 16 Years of Age – June 2, July 7, August 4

DAYS: Wednesdays

TIME: 5:30 – 7 p.m.

FEE: \$10 per class

CAMP & AFTER SCHOOL PROGRAMS

LAS CASAS KIDS CLUB

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Las Casas Apartments

DATES: May 3 – 27

June 1 – 30

July 1 – 29

August 11 – 31

TIME: 1:30 – 6 p.m.

DAYS: Monday through Thursday

AGES: 5 – 17 Years of Age

FEE: Free

SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

DATES: Session 1: June 7 – 25

Session 2: June 28 – July 16

Session 3: July 19 – August 6

DAYS: Monday – Friday

TIME: 7:30 a.m. – 6 p.m.

AGES: 5 – 14 Years of Age

(child must have completed Kindergarten)

FEE: \$290 per 3 Week Session

(average cost – may vary if holiday is included in session)

\$110 per 1 Week Session *(average cost)* –

weekly sessions begin June 7, 14, 21, 28, July 6, 12, 19, 26, and August 2

Scholarships are available through the City of Coachella, for Coachella residents.



Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



DANCE

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: May, June, July

DAY: Thursdays

TIME: 4 – 4:45 p.m.

AGES: 2 ½ – 5 Years of Age FEE: \$36 Per Month



FOLKLORICO (Baile Folklórico)

Learn the many different styles of the dance that originated in Mexico, Folklórico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.

ENROLLMENT: May, June, July

DAY: Tuesdays

TIMES & AGES: 6:15 – 7:15, 4 – 7 Years of Age
7:15 – 8:15, 8 – 14 Years of Age

FEE: \$40 Per Month
(Shoes and dress can be purchased with the instructor)

HIP HOP

Participants will have fun learning how to dance while incorporating fitness and will be taught movement and coordination. It's a great way for children to learn basic hip hop in a fun and enriching environment.

ENROLLMENT: May 6 – 27, June 7 - 28, July 1 – 29

DAYS: Mondays

TIMES & AGES 3 – 4 p.m., 6 – 9 Years of Age
4 – 5 p.m., 10 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



HEALTH & FITNESS

ONLINE

FIT 4 SUMMER – TEEN MEAL PREP CLASS

This Teen Meal Prep Class will teach participants how to prepare quick, easy, and healthy meals at home. All necessary ingredients will be provided for pick up. Registration is limited!

DATES: June 8 – 22

July 6 – 27

DAYS: Tuesdays TIME: 11 a.m. – 12 p.m.

AGES: 14 – 17 Years of Age

FEE: Free (Thanks to funding from the **Anderson Children's Foundation** and a partnership with **USDA SNAP**)



Irene W. & Guy L.
Anderson Children's Foundation



TITAN FITNESS

Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included. **This program is funded by USDA SNAP.**

ENROLLMENT: Ongoing

DAYS: Tuesdays

TIME: 4 – 4:30 p.m.

AGES: 7 – 13 Years of Age

FEE: Free

Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



MOVIES

MOVIES

(In The Park, By The Shore, And More!)

We are pleased to partner with the City of Coachella to bring you movies right here in your neighborhood. We are currently planning movies on some Friday evenings in April and May – please check the listings on our website at MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates and times.



SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED
IN THIS SECTION WILL TAKE PLACE AT
BAGDOUMA COMMUNITY POOL

POOL HOURS – Begins June 5

Monday – Thursday, 4 – 7 p.m. (Youth Swim Lessons)
7 – 9 p.m. (Lap Swim)
Friday & Saturday, 5 – 9 p.m. (Lap Swim)
Sunday, 12 – 4 p.m. (Lap Swim)

Entry Fees (entry included if enrolled in a class or lesson):

Children \$2 (Under 3 Years of Age are free) Adults \$3

PLEASE NOTE – The cost for all of the following classes is \$50 per session, the lessons will be held Monday through Thursday, and the swim lesson session dates are as follows unless otherwise noted:

Session 1: June 7 – 17
Session 2: June 21 – July 1
Session 3: July 5 – 15
Session 4: July 19 – 29
Session 5: August 2 – 12

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming. Children are placed in classes based on their ability, and parents do not accompany children in this class.

GUPPIES: Ages 3 – 6 Years of Age

TIMES: 4 – 4:45 p.m.
6 – 6:45 p.m.

GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

Penguins 1, 6 ½ – 12 Years of Age

Penguins 2, 8 – 12 Years of Age

PENGUINS 1

TIME: 5 – 5:45 p.m.



PENGUINS 2

TIME: 6 – 6:45 p.m.

STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

6 ½ – 12 Years of Age

TIME: 5 – 5:45 p.m.



BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

7 – 13 Years of Age

TIME: 4 – 4:45 p.m.



Find Fun!

Indian Wells

For more information, visit the City of Indian Wells website at www.cityofindianwells.org or call City Hall at (760) 346-2489.

Visit a World Class Golf Destination

Play. Relax. Dine.

Indian Wells Golf Resort lures those looking for championship golf, chill and a private escape. Play one or both of Indian Wells Golf Resort's 18-hole courses. This is a rare property to add to your "golf bucket list" since both courses are ranked in the Top 25 "Best Municipal Courses in the United States" by Golfweek Magazine.

VUE Grille & Bar

After golf enjoy the exceptional amenities that await you in the 53,000 square-foot clubhouse. Plan to visit VUE Grille & Bar which is the top golf course destination restaurant in the area serving up American Gastro Pub and Bourbon Bar offerings with award winning and friendly service.

A New After Dark Experience

Shots in the Night is perfect for the whole family. Imagine a unique golf experience with a variety of exciting and challenging games on the putting course or glow golf balls and multi-color LED targets on the driving range. Music, a food truck, craft beers and cocktails add to the fun vibe. Participate in the outdoor golfing fun or just relax and socialize.

Enjoy Indian Wells with Family or Friends

Indian Wells is the perfect spot to vacation with four luxury resorts within walking distance from the Golf Resort with first-class rooms, spas and pools.

Indian Wells has many unforgettable golf experiences waiting for you! Plan your trip now.



INDIAN  WELLS
GOLF RESORT

44-500 Indian Wells Lane, Indian Wells,
CA / 760.346.4653 / indianwellsgolfresort.com

Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

50+ ACTIVE ADULT & SENIOR PROGRAMS

GOLDEN PARACHUTES

Increase your range of movement and activity level by participating in this fun and free class that builds muscle through a variety of easy exercises while moving to music.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 6:30 – 7:30 a.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE AQUATICS – BEGINNER

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. The beginner swim lessons focus on getting participants familiar and comfortable in the water (i.e. floating, face in water, head under water, kicking) and take place in the shallow pool at Pawley.

LOCATION: Pawley Pool Family Aquatic Complex

ENROLLMENT: June 19 – August 7

DAY: Saturdays

TIME: 10 a.m. – 12 p.m.

AGES: 4 Years of Age and Over with
a Disability or Special Needs **FEE:** \$50

ADAPTIVE AQUATICS – MODERATE TO ADVANCED

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. The moderate to advanced swim lessons focus on stroke progression and physical endurance and take place in the big pool at Pawley.

LOCATION: Pawley Pool Family Aquatic Complex

ENROLLMENT: June 19 – August 7

DAY: Saturdays

TIME: 10 a.m. – 12 p.m.

AGES: 4 Years of Age and Over with
a Disability or Special Needs **FEE:** \$50

ADAPTIVE ARCHERY

Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.

ADAPTIVE ARCHERY – ADULT TUESDAYS

ENROLLMENT: May 4 – 25

DAY: Tuesdays

TIME: 2:30 – 3:30 p.m.

AGES: 18 Years of Age and Over with
a Disability or Special Needs **FEE:** \$25

ADAPTIVE ARCHERY – YOUTH TUESDAYS

ENROLLMENT: May 4 – 25

DAY: Tuesdays

TIME: 3:30 – 4:30 p.m.

AGES: 7 – 17 Years of Age with a Disability or Special Needs
FEE: \$25

ADAPTIVE ARCHERY – ADULT SATURDAYS

ENROLLMENT: June 5 – 26, July 10 – 31, August 7 – 28

DAY: Saturdays

TIME: 1:30 – 2:30 p.m.

AGES: 18 Years of Age and Over with
a Disability or Special Needs **FEE:** \$25 per Month

ADAPTIVE ARCHERY – YOUTH SATURDAYS

ENROLLMENT: June 5 – 26, July 10 – 31, August 7 – 28

DAY: Saturdays

TIME: 2:30 – 3:30 p.m.

AGES: 7 – 17 Years of Age with a Disability or Special Needs
FEE: \$25 per Month



ADAPTIVE BASKETBALL

Basketball can help improve your fitness level while working on skill sets, including shooting, and dribbling in a supported social environment. Played on our indoor court, receive instruction from our adaptive coaches. Parent or caretaker is welcome to join if participant requires additional assistance.

ENROLLMENT: June, July, August

DAY: Wednesdays

TIME: 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 per Month

ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

ENROLLMENT: June, July, August

DAY: Fridays

TIME: 2:30 – 3:30 p.m.

AGES: 10 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 per Month

ADAPTIVE FITNESS CLASS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 4 – 4:45 p.m.

AGES: 16 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 Per Month

ADAPTIVE GYMNASTICS – OUTDOOR

Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.

****Classes will take place outdoors until COVID indoor program restrictions are lifted.**

ENROLLMENT: Ongoing

DAY: Mondays **TIME:** 4:45 – 5:15 p.m.

AGES: 5 – 13 Years of Age with a Disability or Special Needs **FEE:** \$25 Per Month

ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: June, July, August

DAY: Fridays

TIME: 1:30 – 2:30 p.m.

AGES: 10 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 Per Month

ADAPTIVE SOCCER

An excellent way to strengthen coordination and gross motor skills, with a focus on drills such as dribbling, passing, and ball control. We also have some large soccer balls for entertainment during the program. All ability levels are encouraged to join!

ENROLLMENT: June, July

DAY: Thursdays

TIME: 1:30 – 2:30 p.m.

AGES: 10 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 Per Month

ADAPTIVE ULTIMATE FRISBEE

Join us for an introduction to Ultimate Frisbee. Learn how to throw, catch, and aim. No experience necessary to participate, all ability levels are encouraged to join! Contact Kendra, 760.834.9597, if a sport chair is needed for participation.

ENROLLMENT: August

DAY: Thursdays

TIME: 1:30 – 2:30 p.m.

AGES: 10 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 Per Month

ADAPTIVE VOLLEYBALL

Volleyball is a great game to work on communication and can assist with hand-eye coordination, range of motion and overall teamwork. Several variations of the game will be played including standing and sitting.

ENROLLMENT: June, July, August **DAY:** Tuesdays

TIME: 1:30 – 2:30 p.m.

AGES: 10 Years of Age and Over with a Disability or Special Needs **FEE:** \$25 Per Month

Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



ART & MUSIC

GUITAR – BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning – techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

SESSIONS:

May 6 – June 3, June 17 – July 15, July 29 – August 26

DAY: Thursdays TIME: 6 – 7 p.m.

AGES: 9 Years of Age and Over

FEE: \$70 Per Session

PIANO – BEGINNING & INTERMEDIATE

Children ages 6 – 16 will learn how to read music and play piano with the use of a keyboard. This class will teach proper technique and theory.

ENROLLMENT: Ongoing

DAY: Saturdays

TIME: 10:30 – 11:50 a.m.

AGES: 6 – 16 Years of Age

FEE: \$120 Per Month

PIANO – PERFORMANCE

This class prepares children 6 – 16 years of age to broaden their piano skills and music reading ability to a performance level of play.

ENROLLMENT: Ongoing

DAY: Saturdays

TIME: 12 – 1:50 p.m.

AGES: 6 – 16 Years of Age

FEE: \$120 Per Month



CAMP & AFTER SCHOOL PROGRAMS

NEW KIDS CLUB LOCATION

We're thrilled to announce
Kids Club in Desert Meadows
begins this August –

(see the listing to the right for details)

CREATIVE BRAIN – VIDEO GAMER CAMP

You *PLAY* them, now *MAKE* them! Have fun learning how to create your very own 3D video games and share your completed games with the world! Using an intuitive object-based coding engine developed by Microsoft®, participants will be able to create their own unique game environments and challenges. This is a Live Virtual class.

DATES: June 7 – 11

TIME: 2:30 – 3:45 p.m.

DAYS: Monday – Friday

AGES: 8 – 15 Years of Age

FEE: \$99

CREATIVE BRAIN – ARTIST WORKSHOP

In this Live Virtual class, participants explore the techniques of famous painters and learn how to recreate some of their most famous paintings. Materials needed for this class include some artist brushes, blank white paper or drawing paper, and, if available some canvas panels. You can complete all work on paper.

DATES & TIMES:

June 14 – 18, 10:30 – 11:45 a.m.

July 12 – 16, 2:30 – 3:45 p.m.

DAYS: Monday – Friday

AGES: 8 – 16 Years of Age

FEE: \$99

Find Creativity!

KIDS CLUB – DESERT MEADOWS

In partnership with Hope Through Housing and the CVCT Collaborative, we bring you a New Kids Club location exclusively for the residents at Desert Meadows Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Desert Meadows Apartment Complex

DATES AND TIMES: August 18 – 31, 3 – 6 p.m.

DAYS: Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Villa Hermosa Apartments

DATES: May 3 – 31, June 1 – 30, July 1–29, August 18 – 31

TIME: 3 – 6 p.m.

DAYS: Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free



SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

DATES:

Session 1: June 7 – 25

Session 2: June 28 – July 16

Session 3: July 19 – August 6

DAYS: Monday – Friday

TIME: 7:30 a.m. – 6 p.m.

AGES: 5 – 14 Years of Age

FEE: \$290 per 3 Week Session

\$110 per 1 Week Session (average cost) –

Weekly sessions begin June 7, 14, 21, 28, July 6, 12, 19, 26, and August 2



Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

CINCO DE MAYO CRAFT EVENT

Come to our Cinco de Mayo event where participants can create various themed crafts!

DATE: Saturday, May 1

TIME: 10 a.m. – 1 p.m.

AGES: 4 to 16 Years of Age

FEE: Free (please register for event)



DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 10 – 10:45 a.m. **OR**
Mondays, 5:30 – 6:15 p.m. **OR**
Wednesdays, 4 – 4:45 p.m.

AGES: 5 – 10 Years of Age **FEE:** \$36 Per Month



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age **FEE:** \$36 Per Month



GYMNASTICS

Location of classes: All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

Fees for one day per week classes are adjusted for three, four, or five week sessions.

BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging and bouncing. Tumbling together is exhilarating.

AGES: 1 – 3 Years Old

DAYS & TIMES:

Mondays 5 – 5:30 p.m. **OR** 5:45 – 6:15 p.m. **OR**

Wednesdays 7 – 7:30 p.m.

Tuesdays **OR** Thursdays 1:30 – 2 p.m.

FEE: \$32 Per 4 week session (One Day Per week)

DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

AGES: 3 – 6 Years Old

DAYS & TIMES:

Tuesdays 7:15 – 8 p.m.

Thursdays 5:15 – 6 p.m.

Mondays **OR** Wednesdays 2:15 – 3 p.m.

FEE: \$47 Per One-month Session (One Day Per week)



BOYS' BEGINNING GYMNASTICS

This is where it all begins. This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination and self-esteem.

DAYS: Tuesdays **OR** Thursdays **TIME:** 3:15 – 4:45 p.m.

FEE: \$70 Per 4 week session

BOYS' INTERMEDIATE/ ADVANCED GYMNASTICS

This class is designed for gymnasts with advanced skills. The curriculum follows USA Gymnastics guidelines for the six men's Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings, with an emphasis on strength and flexibility. Instructors are safety certified and credentialed through USA Gymnastics University.

DAYS: Mondays **OR** Wednesdays **TIME:** 6:45 – 8:15 p.m.

FEE: \$70 Per 4 week session

GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

DAYS & TIMES:

Mondays **OR** Tuesdays 3 – 4:30 p.m., 4:45 – 6:15 p.m.

Wednesdays 5 – 6:30 p.m., 6 – 7:30 p.m.

Thursdays 6 – 7:30 p.m.

FEE: \$70 Per 4 week session

GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-Only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam and floor with continual emphasis on strength and flexibility.

DAYS & TIMES:

Mondays **OR** Wednesdays 7 – 8:30 p.m.

Tuesdays **OR** Thursdays 4:45 – 6:15 p.m.

FEE: \$70 Per 4 week session



Find Strength!

Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



GYMNASTICS



GIRLS' ADVANCED GYMNASTICS

Another acknowledgement of advanced skills, this by Invitation—Only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam and floor. Train with the best in the valley as skills continue to improve.

DAYS: Tuesdays or Thursdays

TIMES: 6:30 – 8 p.m.

OR

DAYS: Mondays

TIME: 6 – 7:30 p.m.

FEE: \$70 Per 4 week session

GYMNASTICS TUMBLING

Learn tumbling skills on the floor and tumble track.

This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.

DAYS: Tuesdays

TIME: 7 – 8 p.m.

FEE: \$60 Per 4 week session

TEAM COMPULSORY GYMNASTICS

By Invitation – Only. Levels 3, 4 and 5 skills must be completed as defined by USA Gymnastics.

This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 3, Level 4 and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training.

The team competes in five to eight meets throughout the year.

(Additional fee required for meets and competitive attire.)

DAYS: Mondays, Wednesdays, Fridays **OR**

Tuesdays, Thursdays, Fridays

TIME: 3 – 6:30 p.m.

FEE: \$195 Per Month

SENIOR TEAM – OPTIONAL GYMNASTICS

By Invitation – Only. Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

DAYS: Mondays, Tuesdays, Thursdays, Fridays

TIME: 3 – 7 p.m.

FEE: \$250 Per Month

Follow us at
facebook.com/drdgym



HEALTH & FITNESS

SALSAEROBICS

People love salsa dancing – the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$40 Per Month **DROP-IN FEE:** \$7 Per Class



TITAN FITNESS

Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included. This program is funded by **USDA SNAP**.

ENROLLMENT: Ongoing

DAYS: Mondays

TIME: 3:30 – 4 p.m.

AGES: 7 – 13 Years of Age **FEE:** Free



ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIME: 5:45 – 6:45 p.m. **AGES:** 14 Years of Age and Over

FEE: \$30 per Month **DROP-IN FEE:** \$5 Per Class



MARTIAL ARTS

KARATE COMBO – 2 DAYS

These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 6:30 – 7:30 p.m.

AGES: 7 Years of Age and Over **FEE:** \$40 Per Month

LITTLE DRAGONS KARATE PROGRAM

Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 6 – 6:30 p.m.

AGES: 4 – 7 Years of Age **FEE:** \$50 Per Month



Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



ARCHERY

ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.



ENROLLMENT: Ongoing

DATES, DAYS, TIMES, AGES & FEES:

May 4 – 27, Tuesdays and Thursdays,
4:30 – 5:30 p.m., 7 – 10 Years of Age, \$40

May 4 – 27, Tuesdays and Thursdays,
5:30 – 6:30 p.m., 11 – 16 Years of Age, \$40

May 4 – 27, Tuesdays and Thursdays,
6:30 – 7:30 p.m., 7 – 16 Years of Age, \$40

June 5 – 26, Saturdays,
11:30 a.m. – 12:30 p.m., 7 – 10 Years of Age, \$30

June 5 – 26, Saturdays,
12:30 – 1:30 p.m., 11 – 17 Years of Age, \$30

July 10 – 31, Saturdays,
11:30 a.m. – 12:30 p.m., 7 – 10 Years of Age, \$30

July 10 – 31, Saturdays,
12:30 – 1:30 p.m., 11 – 17 Years of Age, \$30

August 7 – 28, Saturdays,
11:30 a.m. – 12:30 p.m., 7 – 10 Years of Age, \$30

August 7 – 28, Saturdays,
12:30 – 1:30 p.m., 11 – 17 Years of Age, \$30

BASKETBALL

INTERMEDIATE/ADVANCED BASKETBALL TRAINING FOR BOYS

This class is formulated for next level basketball players. We will be incorporating high intensity, high skill level drills that will constantly challenge serious young players who aspire to reach their full potential.

ENROLLMENT: May 4 – 25

DAYS: Tuesdays **TIME:** 5 – 6 p.m.

AGES: 10 – 17 Years of Age **FEE:** \$50

INTERMEDIATE/ADVANCED BASKETBALL TRAINING FOR GIRLS

This class is formulated for next level basketball players. We will be incorporating high intensity, high skill level drills that will constantly challenge serious young players who aspire to reach their full potential.

ENROLLMENT: May 6 – 27

DAYS: Thursdays

TIME: 5 – 6 p.m.

AGES: 10 – 17 Years of Age **FEE:** \$50



Find Teamwork!



BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills – this class is perfect for a basketball player to begin their athletic adventure!

BASKETBALL TRAINING ZONE GIRLS, 5 & 6 YEARS OF AGE

ENROLLMENT: May 4 – 25

DAYS: Tuesdays

TIME: 4 – 4:45 p.m.

FEE: \$30 Per Month

DROP-IN FEE: \$10 Per Day

BASKETBALL TRAINING ZONE GIRLS, 7 – 14 YEARS OF AGE

DAY, DATE, TIMES & FEES:

Thursdays, May 6 – 27, 4 – 4:45 p.m., \$35

Thursdays, August 12 – 26, 5 – 6 p.m., \$40



SUMMER BASKETBALL CLINIC

Our summer basketball clinic offers quality and motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. Proper stretching, offensive and defensive drills, and correct shooting practices are covered.

DATES: June 8 – July 1

July 6 – 29

DAYS: Tuesdays & Thursdays

TIMES, AGES & FEES:

10 – 10:30 a.m. (5 & 6 Years of Age), \$35

10:45 – 11:45 a.m. (7 – 10 Years of Age), \$40

12 – 1 p.m. (11 – 14 Years of Age), \$40

SUMMER YOUTH BASKETBALL LEAGUE

Summer Youth Basketball offers a great way for kids to learn new skills, play on a team and stay fit! We offer four age divisions. Our youngest teams focus on development, not wins and losses. Division Champs will be crowned from Division C and D at the end of the season.

DATES: June 29 – August 5

DAYS: Tuesdays & Thursdays

DIVISIONS, AGES & TIMES:

Division A (7 – 8 Years of Age), 5:20 – 6 p.m.

Division B (9 – 10 Years of Age), 6:30p – 7:15p

Division C (11 – 12 Years of Age), 7:45p – 8:45p

Division D (13 – 14 Years of Age),

SATURDAYS ONLY 10 – 11 a.m.

FEE: \$100 per Player (\$80 per player for Division D)

DRAFT DAYS FOR SUMMER YOUTH BASKETBALL LEAGUE

(Attendance is mandatory to play in league)

Division A (7 – 8 Years of Age):

Saturday, May 29, 10 a.m. – 12 p.m.

Division B (9 – 10 Years of Age):

Saturday, May 29, 12 – 2 p.m.

Division C (11 – 12 Years of Age): Friday, May 28, 5 – 7 p.m.

Division D (13 – 14 Years of Age): Friday, May 28, 7 – 9 p.m.

Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow unless otherwise noted in the activity details that follow).



BASKETBALL

SUMMER YOUTH BASKETBALL LEAGUE – LITTLE DRIBBLERS

Have fun playing basketball while developing both player and character skills! We are now offering our 5 – 6 – year – old Little Dribblers Division and games will be played at the Indio Community Center on Saturdays. Practices will be on Mondays and/or Wednesdays. Jerseys and game officials provided.

DATES: June 26 – August 7

DAYS: Saturdays **TIME:** 9 a.m. – 10 a.m.

AGES: 5 & 6 Years of Age **FEE:** \$80

CHEERLEADING

YOUTH CHEERLEADING

You will learn how to perform cheers, proper jump techniques, tumbling and strengthening exercises. This class follows youth sports guidelines and will be held in the gymnastics area.

ENROLLMENT: Monthly

DAYS: Thursdays **TIME:** 4:30 – 5:30 p.m.

AGES: 5 – 11 Years of Age

FEE: \$60 per 4-week session

(fees adjusted for three- or five-week sessions)



FOOTBALL

INDIO YOUTH FOOTBALL CONDITIONING

This conditioning program is great for youth who want to sharpen their footwork, speed and skills – football drills, footwork drills, and speed agility will help get you to the next level with practice and game-time situations!

DATES: August 3 – 12

DAYS: Tuesdays, Wednesdays, Thursdays

TIMES, AGES & FEE:

8 – 9 a.m., 7 – 10 Years of Age, \$40 per Two-week session

9:30 – 11 a.m., 11 – 14 Years of Age, \$60 per Two-week session

RUNNING

DESERT RUNNERS

Come out and participate in our Desert Runners program. Our running program will teach participants about the basic running skills such as sprinting, jogging and walking in addition to stamina exercises, which assist runners with building their endurance.

DAYS: Mondays & Wednesdays

DATES, TIMES, AGES AND FEES:

June 2 – 30, 12:30 – 1 p.m., 5 – 9 Years of Age, \$25

June 2 – 30, 1:15 – 2:15 p.m., 10 – 14 Years of Age, \$40

July 7 – 28, 12:30 – 1 p.m., 5 – 9 Years of Age, \$25

July 7 – 28, 1:15 – 2:15 p.m., 10 – 14 Years of Age, \$40

SOCCER

LITTLE KICKERS – SOCCER CLINIC

Our Little Kickers instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

DATES & DAYS:

Mondays, May 3 – 24 **OR** Fridays, May 7 – 28

TIME: 3:15 – 3:45 p.m.

AGES: 4 – 5 Years of Age

FEE: \$30 per Month



SUMMER SOCCER CLINIC

Our Summer Soccer Clinic offers quality and motivational instruction in a fun, competitive environment while indoors away from the heat. Participants will play competitive soccer and learn rules, strategies, and team play.

DATES: June 7 – 30, July 7 – 28

DAYS: Mondays & Wednesdays

TIMES & AGES:

10 – 11 a.m. (5 – 10 Years of Age)

11:15 a.m. – 12:15 p.m. (11 – 14 Years of Age)

FEE: \$40 Per Player

YOUTH SOCCER CLINIC – BEGINNER

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

ENROLLMENT: 4-week session

DATES: May 3 – 28 **DAYS:** Mondays & Fridays

TIME: 4 – 5 p.m. **AGES:** 6 – 14 Years of Age

FEE: \$40 per Player



YOUTH SOCCER CLINIC – ADVANCED

Our advanced clinic will focus on various drills for continuous improvement of the participant's soccer skills. The clinic is designed for players looking to sharpen their technique, speed and overall creativity on the soccer field.

ENROLLMENT: 4-week session

DATES: May 3 – 28 **DAYS:** Mondays & Fridays

TIME: 5:15 – 6:15 p.m. **AGES:** 6 – 13 Years of Age

FEE: \$40 per Player

VOLLEYBALL

BEGINNING VOLLEYBALL

Calling all volleyball players! This beginning level class is designed to give you a fundamental understanding of volleyball techniques in a safe, comfortable environment. Come out and work on your footwork as you prepare for the next volleyball level.

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 4:30 – 5:15 p.m.

AGES: 6 – 10 Years of Age

FEE: \$25 Per Month

GIRLS VOLLEYBALL SUMMER CAMP

All volleyball girls of every skill level are invited to this Summer Volleyball Camp. Come out and learn how to serve, block and be a team competitor on your volleyball journey. In addition to footwork, we will work on game movement techniques and game rules.

DATES & FEES: June 8 – 17, \$30

July 6 – 29, \$50

DAYS: Tuesdays & Thursdays

TIMES & AGES:

8 – 9 a.m., 7 – 10 Years of Age

9 – 10 a.m., 11 – 16 Years of Age

INTERMEDIATE VOLLEYBALL

Are you a volleyball player who is ready to play at the next level? You will enhance your beginner key serve, pass, block, and attack skills at this level. Join us in this highly motivational month-long program to sharpen your athleticism.

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 5:15 – 6 p.m.

AGES: 11 – 14 Years of Age

FEE: \$30 Per Month



MORE VOLLEYBALL ON NEXT PAGE

Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

SPORTS

INTERMEDIATE/ADVANCED VOLLEYBALL

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!

ENROLLMENT: Ongoing

DAY: Fridays **TIME:** 6 – 6:45 p.m.

AGES: 14 – 17 Years of Age **FEE:** \$30 Per Month



LITTLE SPIKERS VOLLEYBALL

Your “Little Spiker” will learn to love the sport of volleyball in this class that offers inspiring instruction to ensure your player learns the basics of the game and has fun! We teach basic skills in group/team settings.

ENROLLMENT: Ongoing

DAY: Fridays **TIME:** 4 – 4:30 p.m.

AGES: 4 – 6 Years of Age **FEE:** \$20 Per Month

WRESTLING

WRESTLING

Participants will be taught the guidelines of wrestling as well as the techniques of inter-scholastic wrestling.

In addition, life lessons that are part of the sport will be incorporated such as; sportsmanship, resilience, mental toughness and humility.

ENROLLMENT: July, August

DAYS: Tuesdays & Thursdays

TIME & AGES: 6 – 7 p.m., 5 – 9 Years of Age
7 – 8 p.m., 10 – 13 Years of Age

FEE: \$80 per Month

MULTI-SPORT CLASSES

LITTLE CHAMPS

Your “Little Champ” can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child’s hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

ENROLLMENT: Mondays, May 3 – 31,

Fridays, May 7 – 28

TIME: 1:30 – 2 p.m.

AGES: 3 – 5 Years of Age

FEE: \$25 Per Month

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

THREE DAY PER WEEK CLASS

ENROLLMENT: Ongoing

DAYS: Monday, Wednesday, Friday

TIME: 4:30 – 5:30 p.m.

AGES: 7 – 14 Years of Age

FEE: \$40 Per Month

TWO DAY PER WEEK CLASS

ENROLLMENT: May 3 – 26

DAYS: Monday & Wednesday

TIME: 5:30 – 6:30 p.m.

AGES: 7 – 14 Years of Age

FEE: \$30 Per Month

ENROLLMENT:

June 1 – 29

July 1 – 29

August 3 – 31

DAYS: Tuesday & Thursday

TIME: 3 – 4 p.m.

AGES: 7 – 14 Years of Age

FEE: \$30 Per Month



SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED
IN THIS SECTION WILL TAKE PLACE AT
PAWLEY POOL FAMILY AQUATIC COMPLEX**

POOL HOURS – Begins June 5

Monday – Thursday:

9 a.m. – 6:45 p.m. (Youth Swim Lessons)

7 – 9 p.m. (Lap Swim)

Friday:

9 a.m. – 12 p.m. (Adult Class or Lesson)

12 – 4 p.m. and 7 – 9 p.m. (Lap Swim)

Saturday:

9 a.m. – 12 p.m. (Adult Class or Lesson)

12 – 4 p.m. (Lap Swim)

Sunday: CLOSED

Entry Fees (entry included if enrolled in a class or lesson):

Children \$3 (Under 3 Years of Age are free)

Adults \$4

AQUA FIT (This Class Is A Higher-Impact Workout Than Adult Water Aerobics)

Burn calories, tone muscle and increase your cardiovascular level! Geared for adults of all fitness levels.

ENROLLMENT: June 11 – July 30

DAYS: Fridays

TIME: 10 – 10:45 a.m.

AGES: 18 Years of Age and Over

FEES: \$20



LIFEGUARD TRAINING COURSE

Prepare for the summer with this three-day training course. Participants must swim 300 yards, tread water for 2 minutes and perform a water retrieval test at the beginning of the course.

DATES: May 14 – 16, May 21 – 23

DAYS & TIMES: Friday, 5 – 9 p.m.

Saturday & Sunday, 8 a.m. – 5 p.m.

AGES: 15 Years of Age and Over

FEE: \$250 per Participant, per 3-Day Course

PLEASE NOTE – The cost for all of the following classes is \$50 per session, the lessons will be held Monday through Thursday, and the swim lesson session dates are as follows unless otherwise noted:

Session 1: June 7 – 17

Session 2: June 21 – July 1

Session 3: July 5 – 15

Session 4: July 19 – 29

Session 5: August 2 – 12

INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

PARENT & ME LEVEL 1:

AGES: 18 Months – 3 Years of Age

PARENT & ME LEVEL 2:

Activities include those of Level 1 plus basic swimming skills.

AGES: 2 – 3 ½ Years of Age

DAYS: Monday through Thursday

PARENT & ME LEVEL 1

TIMES: 9 – 9:45 a.m., 11 – 11:45 a.m., 1 – 1:45 p.m.,
3 – 3:45 p.m., 5 – 5:45 p.m.

Friday only Session: June 11 – July 30; 11 – 11:45 a.m.

PARENT & ME LEVEL 2

TIMES: 10 – 10:45 a.m., 12 – 12:45 p.m., 2 – 2:45 p.m.,
4 – 4:45 p.m., 6 – 6:45 p.m.

MORE SWIM & WATER ON NEXT PAGE

Please Note: All in-person activities take place at the **Indio Community Center or Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming. Children are placed in classes based on their ability, and parents do not accompany children in this class.

GUPPIES: Ages 3 – 6 Years of Age

TIMES: 9 – 9:45 a.m., 10 – 10:45 a.m., 11 – 11:45 a.m.,
12 – 12:45 p.m., 1 – 1:45 p.m., 2 – 2:45 p.m.,
3 – 3:45 p.m., 4 – 4:45 p.m., 5 – 5:45 p.m.,
6 – 6:45 p.m.

GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

Penguins 1, 6 ½ – 12 Years of Age

Penguins 2, 8 – 12 Years of Age



STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

6 ½ – 12 Years of Age



BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

7 – 13 Years of Age



SHARKS: The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke and elementary backstroke for 25 yards.

Ages 8 – 14 Years of Age



PENGUINS 1

TIME: 9 – 9:45 a.m., 11 – 11:45 a.m., 1 – 1:45 p.m.,
3 – 3:45 p.m., 4 – 4:45 p.m., 6 – 6:45 p.m.

PENGUINS 2

TIME: 10 – 10:45 a.m., 12 – 12:45 p.m., 2 – 2:45 p.m.,
5 – 5:45 p.m.

STINGRAYS

TIME: 11 – 11:45 a.m., 2 – 2:45 p.m., 6 – 6:45 p.m.

BARRACUDAS

TIME: 10 – 10:45 a.m., 1 – 1:45 p.m., 5 – 5:45 p.m.

SHARKS

TIME: 9 – 9:45 a.m., 12 – 12:45 p.m., 3 – 3:45 p.m., 4 – 4:45 p.m.



TOT PROGRAMS

LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age

FEE: \$40 Per Month



TINY TOTS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.

ENROLLMENT: Ongoing

DAYS: Monday through Thursday

TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age

FEE: \$230 Per Month

Indio Hills

Please Note: All in-person activities take place at the **Indio Hills Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

50+ ACTIVE ADULT & SENIOR PROGRAMS

INDIO HILLS SENIOR PROGRAM

There is a lot going on at our centers! Enjoy an hour of bingo, games, or craft time each week. Each activity will follow social distancing guidelines but have the same energy and fun!

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 9 – 12 p.m.

AGES: 50 Years of Age and Over

FEE: Free

COMMUNITY EVENTS

FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive thru safety signs, and food is distributed on a first come, first served basis.

DATES: May 11 & 25, June 8 & 22, July 13 & 27

DAYS: Tuesdays

TIME: 11:30 – 2:30 p.m. (or until all food has been distributed)

AGES: All Ages FEE: Free

INDIO HILLS COMMUNITY COUNCIL MEETING

On the date specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

PLEASE NOTE MEETING WILL BE HELD VIA ZOOM

TO ATTEND ONLINE: Contact dschemmer@rivco.org for more information

DAY: Tuesday TIME: 6 p.m. DATE: May 18

Weekend Getaway

Lake Cahuilla Veterans Regional Park

FEATURES :

- Trailer/RV Camping
- Tent Camping
- Fishing Lake
- Hiking Trails
- Horseback Trails
- Picnic Shelters
- Playground
- Pet Friendly
- BBQ areas
- Showers
- Restrooms
- Sand Volleyball
- Pickle Ball
- Bocce Ball
- and more....

SAVE*
50%
Second Night



www.RivCoParks.org

Online Reservations available 24/7

1-800-234-7275 (PARKS)

[@rivcoparkshq](https://www.facebook.com/rivcoparkshq) [rivcoparks](https://www.instagram.com/rivcoparks) [rivcoparks](https://www.tiktok.com/@rivcoparks)

Lake Cahuilla

58075 Jefferson St.
La Quinta, CA 92253

*To receive discount, call 800-234-7275 and mention code CAMP21. Offer expires 7/1/2021.

Please Note: All in-person activities take place at the **La Quinta Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

50+ ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 12:30 – 1:45 p.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 for Facility Use Pass

CAMP & AFTER SCHOOL PROGRAMS

THE KIDS TABLE – A PARENT’S NIGHT OUT

This is a great way for parents to get out on a Friday night while their kids are supervised. This mini workshop will teach kids how to stir up a delicious recipe while learning the importance of healthy foods. The Kids Table will also include fun games, and a yummy dessert to conclude. Kids are welcome to wear PJ's.

ENROLLMENT: July 23 or August 20

DAY: Friday

TIME: 6 – 9 p.m.

AGES: 6 – 11 Years of Age **FEE:** \$30 per Day

VISTA DUNES KIDS CLUB

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Vista Dunes Apartment Complex

DAYS, DATES & TIMES:

Monday – Friday, May 3 – 28, 9 a.m. – 12 p.m.

Monday – Friday, June 1 – 29, 9 a.m. – 12 p.m.

Tuesdays & Thursdays, July 1– 29, 9 a.m. – 12 p.m.

Monday – Friday, August 3 – 31, 3 p.m. – 6 p.m.

AGES: 5 – 17 Years of Age **FEE:** Free

COMMUNITY EVENTS



FIND FOOD DISTRIBUTION AT LA QUINTA COMMUNITY PARK – SENIORS (65+)

77–865 Avenida Montezuma

This event was added in response to the COVID–19 pandemic. Proof of age is required, and food distributed on a first come, first served basis beginning at 9 a.m. until food is gone.

Fridays: May 7 & 21, June 4 & 18, July 2 & 16, August 6 & 20

FIND FOOD DISTRIBUTION AT LA QUINTA COMMUNITY PARK – GENERAL PUBLIC

77–865 Avenida Montezuma

No paperwork required; food distributed on a first come, first served basis beginning at 9 a.m. until food is gone. Please bring your own bags to carry food.

Saturdays: May 22, June 26, July 24, August 28

La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment. Tuesday class will be held indoors at the Bermuda Dunes Community Center once regulations allow.

Enrollment: Ongoing

DAYS: Tuesdays OR Thursdays

TIME: 5:30 – 6:15 p.m.

AGES: 5 – 10 Years of Age

FEE: \$36 Per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays, 4 – 4:45 p.m. OR

Wednesdays, 5:30 – 6:15 p.m. OR

Fridays, 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$36 Per Month



HEALTH & FITNESS

FREEDOM BANG®



If you like Zumba, then you are going to love Freedom BANG®! A full body exercise class set to music that will firm up those muscles and make you feel great. Freedom BANG® is a pre-choreographed fusion of boxing, HIIT, hip hop, world dance, optional weighted gloves and just a touch of attitude.

ENROLLMENT: Ongoing

DAYS: Thursdays (look for more days added soon!)

TIME: 9 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$20 Per Month DROP-IN FEE: \$7 per Class



Find Serenity!

GENTLE YOGA FOR YOUR HEALTH

In Gentle Yoga for Your Health, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures. This class will be held indoors at the Bermuda Dunes Community Center once regulations allow.

ENROLLMENT: Ongoing

DAYS: Mondays

TIME: 9:45 – 10:30 a.m.

AGES: 18 Years of Age and Over

FEE: \$35 Per Month DROP-IN FEE: \$12 per Class

La Quinta

Please Note: All in-person activities take place at the **La Quinta Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

★ SPECIAL INTEREST

K9 NOSE WORK–BASIC– INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 4 – 5:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session

K9 NOSE WORK–ADVANCED WORKSHOP

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors and exteriors (prerequisite Scent Work – INTERMEDIATE).

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 2:30 – 4 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session



⚾ SPORTS

BOCCE BALL FRIDAY

*If you always wanted to learn about the game of Bocce Ball, now is the time to take advantage of this **FREE** program that introduces you to the basics of strategy and competition.*

LOCATION: Outdoor area of La Quinta Community Park

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 8 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: Free



LA QUINTA SOFTBALL LEAGUE – MONDAY COED

The adult softball league in La Quinta is back!! Get your COED player roster ready and let's get back out on the field! The league consists of adult slow-pitch rules and regulations. Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field on Monday evenings.

LOCATION: La Quinta Community Park

ENROLLMENT: May 3 – June 28

DAY: Mondays

TIME: 6 – 10 p.m.

AGES: 18 Years of Age and Over

FEE: \$350 per Team

OUTDOOR VOLLEYBALL – BEGINNING TO ADVANCED

This class will include instruction in the basic skills of serving, passing, setting, attacking, and blocking. The class will also cover tactical skills of basic volleyball offensive and defensive play and well as the rules and scoring.

ENROLLMENT: May

DAY: Mondays & Wednesdays

TIME: 3:30 – 5 p.m.

AGES: 7 – 17 Years of Age

FEE: \$40

OUTDOOR VOLLEYBALL – EXTREME ADVANCED

Students are expected to be able to serve/pass/set/hit consistently and be familiar with 5–1 and 6–2 rotations. Intermediate skills are reviewed and practiced. Complex offenses and defenses are incorporated into class scrimmages. Class time will be primarily spent on practicing skills during simulations of game play.

ENROLLMENT: May

DAY: Mondays

TIME: 5 – 6:30 p.m.

AGES: 13 – 17 Years of Age

FEE: \$20



SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED
IN THIS SECTION WILL TAKE PLACE
AT FRITZ BURNS POOL

POOL HOURS – Begins June 1

Monday – Thursday:

2 – 4 p.m. (Youth Swim Lessons)

4 – 7 p.m. (Adult Class or Lesson)

Friday, Saturday, and Sunday:

CLOSED

Entry Fees (entry included if enrolled in a class or lesson):

Children \$2 (Under 3 Years of Age are free)

Adults \$3

ADULT WATER AEROBICS

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

TIME: 6 – 6:45 p.m.

DAYS & DATES:

Mondays & Wednesdays, May 31 – June 23

Tuesdays & Thursdays, June 1 – 24

Tuesdays & Thursdays, June 29 – July 22

Tuesdays & Thursdays, July 27 – August 19

Mondays & Wednesdays, June 2 – 28

Mondays & Wednesdays, June 30 – July 26

Mondays & Wednesdays, July 28 – August 23

AGES: 18 Years of Age and Over

FEE: \$40

AQUA FIT (This Class Is A Higher-Impact Workout Than Adult Water Aerobics)

Burn calories, tone muscle and increase your cardiovascular level! Geared for adults of all fitness levels.

TIME: 5 – 5:45 p.m.

DAYS & DATES:

Tuesdays & Thursdays, June 1 – 24

Mondays & Wednesdays, June 2 – 28

Mondays & Wednesdays, June 30 – July 26

Mondays & Wednesdays, July 28 – August 23

AGES: 18 Years of Age and Over

FEE: \$40

SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help in maintaining greater control of their health.

TIME: 4 – 4:45 p.m.

DAYS & DATES:

Mondays & Wednesdays, June 2 – 28

Tuesdays & Thursdays, June 1 – 22

Mondays & Wednesdays, June 30 – July 26

Mondays & Wednesdays, July 28 – August 23

AGES: 18 Years of Age and Over

FEE: \$20

Please Note: All in-person activities take place at the **La Quinta Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



SWIM & WATER ACTIVITIES

PLEASE NOTE — The cost for all of the following classes is \$50 per session, the lessons will be held Monday through Thursday, and the swim lesson session dates are as follows unless otherwise noted:

Session 1: June 7 – 17

Session 2: June 21 – July 1

Session 3: July 5 – 15

Session 4: July 19 – 29

Session 5: August 2 – 12



INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

PARENT & ME LEVEL 1:

AGES: 18 Months – 3 Years of Age

PARENT & ME LEVEL 2:

Activities include those of Level 1 plus basic swimming skills.

AGES: 2 – 3 ½ Years of Age.

PARENT & ME LEVEL 1

TIME: 2 – 2:45 p.m.

PARENT & ME LEVEL 2

TIME: 3 – 3:45 p.m.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming. Children are placed in classes based on their ability, and parents do not accompany children in this class.

GUPPIES:

AGES: 3 – 6 Years of Age

TIMES: 2 – 2:45 p.m., 3 – 3:45 p.m.

GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

Penguins 1, 6 ½ – 12 Years of Age

Penguins 2, 8 – 12 Years of Age

STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

6 ½ – 12 Years of Age



BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

7 – 13 Years of Age

PENGUINS 1

TIME: 2 – 2:45 p.m.



PENGUINS 2

TIME: 3 – 3:45 p.m.



STINGRAYS

TIME: 2 – 2:45 p.m.
3 – 3:45 p.m.

BARRACUDAS

TIMES: 2 – 2:45 p.m.
3 – 3:45 p.m.



Find Friends!



ONLINE & MULTI-LOCATION ADAPTIVE ACTIVITIES

Please Note: All of the following activities are provided in partnership with Palms to Pines Parasports.



ONLINE ADAPTIVE SUPPORT GROUP

A facilitated non-therapeutic support group to discuss issues of importance to you and working through life as an individual with a disability. Discussions led by Jerry Alcorn of Alcorn Adaptive.

LOCATION: Virtual program

ENROLLMENT: Ongoing

DAY: First & third Wednesday of each month

TIME: 7 – 8 p.m.

AGES: 18 Years of Age and Over with
a Disability or Special Needs FEE: Free

ADAPTIVE HIKING

Join a group hike in varying locations around the valley. The start time will be dependent on the length of the hike and the weather, check the registration details for more information. All ability levels are welcome to join, and family members are encouraged to attend.

ENROLLMENT: Ongoing DAY: Bi-weekly on Saturdays

TIME: Approximately 7 – 9 a.m.

(please see note in description regarding start times)

AGES: 18 Years of Age and Over with
a Disability or Special Needs FEE: Free

ADAPTIVE CYCLING

Join a group cycle in varying locations around the valley. The start time dependent on the length of the ride and the weather, check the registration details for more information. All ability levels are welcome to join, and family members are encouraged to attend. Bikes [standard and adaptive] are available for use during the program.

ENROLLMENT: Ongoing DAY: Bi-weekly on Saturdays

TIME: Approximately 7 – 9 a.m.

(please see note in description regarding start times)

AGES: 8 Years of Age and Over with
a Disability or Special Needs FEE: Free

Please Note: All in-person activities take place at the **Mecca Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

ART & MUSIC

ARTS & CRAFTS IN THE PARK

The Arts and Crafts in the Park program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

DATES: May 4 – 25, June 1 – 29, July 6 – 27, August 3 – 31

DAY: Tuesdays

TIME: 2:30 – 3:30 p.m.

AGES: 6 – 11 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



CAMP & AFTER SCHOOL PROGRAMS

PASEO DE LOS HEROES KIDS CLUB

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Paseo De Los Heroes Apartments

DATES & TIMES:

May 3 – 28, 7:45 – 10:45 a.m., June 1 – 30, 7:45 – 10:45 a.m.,

July 1 – 30, 7:45 – 10:45 a.m., August 11 – 31, 3 – 6 p.m.

DAYS: Monday – Friday

AGES: 5 – 17 Years of Age **FEE:** Free

SUMMER SCENE

Come in and join the fun activities such as group games, crafts, board games, tournaments, karaoke, and much more!

This program is offered in collaboration with **Community Action Partnership**.



DATES: June 7 – 30, July 1 – 30, August 2 – 31

DAYS: Monday – Friday **TIME:** 1 – 5 p.m.

AGES: 6 – 11 Years of Age **FEE:** Free

DANCE

HIP HOP

Participants will have fun learning how to dance while incorporating fitness and will be taught movement and coordination. It's a great way for children to learn basic hip hop in a fun and enriching environment.

ENROLLMENT: Ongoing

DAYS: Tuesdays

TIMES & AGES: 4 p.m. – 5 p.m., 7 – 12

5 p.m. – 6 p.m., 13 – 17

FEE: Free

HEALTH & FITNESS

ONLINE

FIT 4 SUMMER – TEEN MEAL PREP CLASS

This Teen Meal Prep Class will teach participants how to prepare quick, easy, and healthy meals at home. All necessary ingredients will be provided for pick up. Registration is limited!

LOCATION: Online classes

DATES: June 9 – 23, July 7 – 28

DAYS: Wednesdays

TIME: 11 a.m. – 12 p.m.

AGES: 14 – 17 Years of Age

FEE: Free (Thanks to funding from the **Anderson Children's Foundation** and a partnership with **USDA SNAP**.)



TITAN FITNESS

Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included. This program is funded by **USDA SNAP**.

ENROLLMENT: Ongoing

DAYS: Wednesdays **TIME:** 2 – 2:30 p.m.

AGES: 5 – 13 Years of Age **FEE:** Free

ZUMBA IN THE PARK

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 10 – 11 a.m.

AGES: 14 Years of Age and Over

FEE: \$30 per Month

DROP-IN FEE: \$5 Per Class



MOVIES



We are pleased to partner with other agencies in the Coachella Valley to bring you movies right here in your neighborhood. We are currently planning movies on some Thursdays evenings in May and June at Mecca Community Park – please check the listings on our website at MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates and times.



OUTDOORS

BIKE & SCOOTER CLUB

This class teaches bike, scooter and helmet safety in a fun and enriching environment so your child will have fun and stay safe riding a bike or scooter!



ENROLLMENT: Ongoing **DAYS:** Wednesdays

TIMES & AGES:

3 – 3:30 p.m., 6 – 12 Years of Age

3:30 – 4 p.m., 13 – 16 Years of Age

FEE: Free thanks to funding from Anderson Children's Foundation



SPORTS



YOUTH PICKLEBALL

Our Youth Pickleball Program provide kids with a safe and fun outdoor environment. Learn key fundamental drills, techniques, sportsmanship, and socialization.

DATES: May 3 – 31

DAYS: Mondays

TIME: 6 – 7 p.m.

AGES: 7 – 13 Years of Age

FEE: Free thanks to funding from Anderson Children's Foundation



Irene W. & Guy C.
Anderson Children's Foundation

READY, SET, RUN!

This character-building running program trains kids ages 8 – 13 to participate in a 5k run. This curriculum-based program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals.

DATES: May 4 – May 27

DAYS: Tuesdays & Thursdays

TIMES: 5 – 6:30 p.m.

AGES: 8 – 13 Years of Age

FEE: Free thanks to funding from Anderson Children's Foundation



Irene W. & Guy C.
Anderson Children's Foundation

Please Note: All in-person activities take place at the **Mecca Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



For information on Youth Basketball in Mecca, please contact Thaddis at tbosley@drd.us.com or call (442) 400-9955



SUMMER BASKETBALL DEVELOPMENTAL PROGRAM

The Basketball Developmental Program is designed for inexperienced players who are looking to learn the game of basketball in preparation of our Youth Basketball Leagues. The month-long program will integrate players in our progressive practice models, basic game strategies, and weekly simulated games.

DATES: May 3 – 26

DAYS: Mondays & Wednesdays **TIME:** 6 – 7 p.m.

AGES: 7 – 12 Years of Age **FEE:** \$60



SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT MECCA COMMUNITY POOL

POOL HOURS – Begins June 5

Monday – Thursday: 4 – 7 p.m. (Youth Swim Lessons)
7 – 9 p.m. (Lap Swim)

Friday & Saturday: 12:30 – 4 p.m. (Lap Swim)

Sunday: **CLOSED**

Entry Fees (entry included if enrolled in a class or lesson):

Children \$2 (Under 3 Years of Age are free)

Adults \$3

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$50 per session, and the swim lesson session dates are as follows unless otherwise noted:

Session 1: June 7 – 17

Session 2: June 21 – July 1

Session 3: July 5 – 15

Session 4: July 19 – 29

Session 5: August 2 – 12

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming. Children are placed in classes based on their ability, and parents do not accompany children in this class.

GUPPIES: Ages 3 – 6 Years of Age

DAYS: Monday through Thursday

TIMES: 4 – 4:45 p.m., 6 – 6:45 p.m.





GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

Penguins 1, 6 ½ – 12 Years of Age

Penguins 2, 8 – 12 Years of Age

STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

6 ½ – 12 Years of Age

PENGUINS 1

DAYS: Monday through Thursday

TIMES: 5 – 5:45 p.m., 6 – 6:45 p.m.

PENGUINS 2

DAYS: Monday through Thursday

TIMES: 5 – 5:45 p.m.

STINGRAYS

DAYS: Monday through Thursday

TIMES: 4 – 4:45 p.m.



July is National Park & Recreation Month!

Celebrate with Us at
one of our Parks, Pools,
Community Centers or
at the Golf Center
at Palm Desert

**Parks
Make
Life
Better!**

Operation Splash is Back!

Scholarships are available for free
youth swim lessons – to apply, go to

**[MyRecreationDistrict.com/
swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs)**



North Shore

Please Note: All in-person activities take place at the **North Shore Community Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

ART & MUSIC

ARTS & CRAFTS IN THE PARK

The Arts and Crafts in the Park program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

ENROLLMENT: May, June, July

DAY: Thursdays **TIME:** 5 – 6 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



ART SCENE

This program will introduce participants in the Eastern Coachella Valley to art and give them a safe place to let their creative minds explore. Each class will be led by an instructor and participants will receive step by step instructions to create their own masterpiece.

ENROLLMENT: May 19, June 16, July 21

DAYS: Wednesday

TIME: 4 – 5:30 p.m.

AGES: 6 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



DANCE

HIP HOP

Participants will have fun learning how to dance while incorporating fitness and teaches movement and coordination. It's a great way for children to learn basic hip hop in a fun and enriching environment.

ENROLLMENT: May, June, July

DAYS: Thursdays

TIMES & AGES: 3 – 4 p.m., 6 – 9 Years of Age
4 – 5 p.m., 10 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



HEALTH & FITNESS

HIIT CLASS

This interval-based class combines full body strength training with cardio and conditioning for a total body workout.

ENROLLMENT: May, June, July

DAYS: Mondays & Wednesdays **TIME:** 8 – 9 a.m.

AGES: 18 Years of Age and Over **FEE:** \$30 per Month

ZUMBA IN THE PARK

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: May, June, July

DAYS: Tuesdays & Thursdays

TIME: 5 – 6 p.m.

AGES: 14 Years of Age and Over **FEE:** \$30 Per Month

Oasis

Join us in Celebrating The Grand Opening of Oasis del Desierto (Oasis of The Desert) Park!

Construction of the first phase of the park began during the Winter, and early this summer we will open the park for residents and friends to enjoy.

Community and Youth programming coming soon!

Park address: 88-775 Avenue 76, Thermal, CA 92276 (Located between Pierce and Harrison Streets)

Playground Area • Soccer Field • Sport Court • Exercise Equipment

Check our website at MyRecreationDistrict.com, and follow us on FB and Twitter for details of Grand Opening.



Get Fit Passes!

ONE low-cost PASS gets you Access to ALL 4 centers,

including fitness equipment, racquetball courts, weight rooms, a track and gymnasiums.

Visit MyRecreationDistrict.com or call (760) 347-3484

- INDIO COMMUNITY CENTER
45-871 Clinton Street
- LA QUINTA COMMUNITY FITNESS CENTER
77-865 Avenida Montezuma
- PALM DESERT COMMUNITY CENTER
43-900 San Pablo
- NORTH SHORE BEACH & YACHT CLUB
99-155 Sea View Drive



Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

PLEASE NOTE: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration – thank you.

ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.

AGES: 10 Years of Age and Over with
a Disability or Special Need

FEE: \$25 per Month

Indoor Court Basketball

MONTHS, DAY, TIME: May, June, July & August,
Mondays, 3 – 4 p.m.

Outdoor Court Basketball

MONTH, DAY, TIME: May, Wednesdays, 3 – 4 p.m.



ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

ENROLLMENT: May

DAY: Fridays

TIME: 11:30 a.m. – 12:30 p.m.

AGES: 10 Years of Age and Over with
a Disability or Special Need

FEE: \$25 per Month

ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: May

DAY: Thursdays

TIME: 4:30 – 5:30 p.m.

AGES: 10 Years of Age and Over with
a Disability or Special Need

FEE: \$25 Per Month

ADAPTIVE SOCCER

An excellent way to strengthen coordination and gross motor skills, with a focus on drills such as dribbling, passing, and ball control. We also have some large soccer balls for entertainment during the program.

ENROLLMENT: August

DAY: Mondays

TIME: 1:30 – 2:30 p.m.

AGES: 10 Years of Age and Over with
a Disability or Special Need

FEE: \$25 Per Month

ADAPTIVE TABLE TENNIS

Adaptive table tennis offers a great opportunity to challenge your timing and hand-eye coordination. Whether you want to compete or just have a good time, this program is for you.

ENROLLMENT: June, July & August

MONTH, DAY & TIME:

June, Mondays, 1 – 2:30 p.m.

July & August, Wednesdays, 12 – 1 p.m.

AGES: 16 Years of Age and Over with
a Disability or Special Need **FEE:** \$25



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

ADAPTIVE TENNIS

A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: May

DAY: Thursdays

TIME: 3:30 – 4:30 p.m.

AGES: 10 years of Age and Over with
a Disability or Special Need

FEE: \$25

ADAPTIVE INDOOR WIFFLEBALL

Join us for an introduction to playing wiffleball, including catching, throwing, hitting, and running! No experience necessary as we will work with each participant to build the skills needed to play.

ENROLLMENT: July 12 – 26

DAY: Mondays

TIME: 1:30 – 2:30 p.m.

AGES: 10 Years of Age and Over with
a Disability or Special Need

FEE: \$25

ART & MUSIC

GUITAR

Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

Second Level class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: May 5 – June 2, June 16 – July 14,
July 28 – August 25

DAY: Wednesdays

AGES: 9 Years of Age and Over

TIMES & LEVELS:

Beginning – 6 – 7 p.m.

Second Level – 7 – 8 p.m.

FEE: \$70 per Session



CAMP & AFTER SCHOOL PROGRAMS

SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

DAYS: Monday – Friday **TIMES:** 7:30 a.m. – 6 p.m.

DATES & FEES:

Session One – June 7 – 25, \$290

Session Two – June 28 – July 16, \$290

Session Three – July 19 – August 6, \$290

1-week sessions will begin on: June 7, 14, 21, 28, July 6, 12, 19, 26, and August 2, and are \$110 per week for full weeks (partial weeks will be prorated) **AGES:** 5 – 12 Years of Age



TRADITIONAL AFTER SCHOOL

This program, serving students in Elementary School, offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members. Busing is not available for transport.

LOCATIONS:

Portola Community Center

(Open to Washington Charter School students only)

Palm Desert Community Center

(Open to all other school students)

DAYS: Monday – Friday (may exclude holidays)

DATES: August 18 – 31 **TIME:** School Dismissal to 6 p.m.

GRADES: Kindergarten through Fifth

FEES: \$165 Per Month; since August is a half-month, the fee is \$82.50

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



DANCE

BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.

ENROLLMENT: Ongoing

DAY: Saturdays

TIME: 10 – 10:45 a.m.

AGES: 5 – 10 Years of Age

FEE: \$36 per Month



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Saturdays

TIME: 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$36 Per Month



INTRO TO DANCE & DRUMMING

The goal of group drumming will be starting and ending together, eventually having half the class playing drums and the other half dancing! Scarves will be handed out for improvisational group dance leading to solos, and children will participate in call & response anatomy, stretching, and dynamic stretching.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 11 a.m. – 12 p.m.

AGES: 2 – 4 Years of Age

FEE: \$30 Per Month

LINE DANCING

Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit! The latest in popular dances will be taught by a professional dance instructor MC Callaghan.

ENROLLMENT:

Wednesdays, 6 – 7 p.m.:

May 5 – 26

June 2 – 30

July 7 – 28

August 4 – 25 and Tuesdays, May 4 – 25

Tuesdays, 11 a.m. – 12 p.m.:

May 4 – 25

June 1 – 29

July 6 – 27

August 3 – 31

AGES: 18 Years of Age and Over

FEE: \$38 per Session

YOUTH DANCE ENSEMBLE

The Youth in this program will learn the fundamentals of movement consisting of spatial awareness, dynamic & static stretching, creating shapes and traveling across the floor. They will learn ballet, modern, and jazz fusion moves.

ENROLLMENT: Ongoing

DAY: Wednesdays

TIME: 4:15 – 5:45 p.m.

AGES: 8 – 11 Years Old

FEE: \$45 Per Month

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

GOLF



The Golf Center at Palm Desert is centrally located in the mid-valley and offers a 9-Hole Par 3 Golf Course with incredible western mountain views – please see page 5 for all we have to offer!

HEALTH & FITNESS

ACTIVE ADULT FITNESS

This class will consist of cardio, core/abdominal work, and strengthening of all major muscle groups. You will leave this class feeling rejuvenated, reinvigorated, and strong!

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 9 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$20 Per Month

DANCE FITNESS

This one-hour class will be divided into 3 segments including a full body workout while having active rests focusing on your core, fusion dance routine, and stretching concentrating on shoulders, back, hips and legs.

ENROLLMENT: Ongoing

DAY: Thursdays

TIME: 9 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$20 Per Month

KICKBOX CARDIO

Kickbox Cardio is a fitness class that combines Martial Arts techniques with fast-paced cardio. This high-energy workout challenges both beginners and elite athletes. It is a non-contact workout and you don't need any Martial Arts experience to take a Kickbox Cardio class.

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 6 – 7 p.m.

AGES: 16 Years of Age and Over

FEE: \$ 40 per Month **DROP-IN FEE:** \$12 per Class



SALSAEROBICS

People love salsa dancing. The music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays **TIME:** 8:15 – 9:15 a.m.

AGES: 18 Years of Age and Over

FEE: \$35 Per Month **DROP-IN FEE:** \$7 Per Day

SHAPE UP WITH SHARON

Combining Yoga, Pilates, and free weights, Sharon teaches everyone from beginners to advanced participants how to physically and mentally achieve greatness, build muscle and increase flexibility.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays **TIME:** 9 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$55 Per Month **DROP-IN FEE:** \$8 Per Day

Palm Desert

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MARTIAL ARTS

LITTLE KICKS

This introduction to Martial Arts provides a basic cardiovascular, stretching, and strength building program. It's designed for children to become familiar with group activities, sportsmanship, fair play, as well as mental and physical conditioning.

ENROLLMENT: May, June, July

DAYS: Tuesdays **TIME:** 2 – 2:45 p.m.

AGES: 3 – 6 Years of Age **FEE:** \$25 Per Month

TAE KWON DO – BEGINNING AND ADVANCED

Sportsmanship, along with physical and mental conditioning will be taught to those taking this fast-paced class. The class centers on all aspects of kicking: head-height kicks, jumping and spinning kicks, and fast kicking techniques.

TAE KWON DO – BEGINNING

ENROLLMENT: June, July, August

DAYS: Tuesdays & Thursdays **TIME:** 6 – 7 p.m.

AGES: 6 Years of Age and Over

FEE: \$50 Per Month **DROP-IN FEE:** \$15 Per Day

TAE KWON DO – ADVANCED

ENROLLMENT: June, July, August

DAYS: Tuesdays & Thursdays **TIME:** 7 – 8 p.m.

AGES: 6 Years of Age and Over

FEE: \$50 Per Month **DROP-IN FEE:** \$15 Per Day



SPECIAL INTEREST

DISCO DOGS

Partner up with your precious pooch for a fun Disco Dog Lesson! MC's Disco Dogs & "Paw"room dance will have choreography with you and your best dance partner ever – your dog. Dogs must have some obedience training, be friendly with both other dogs and people, and be on a loose leash at all times.

Tuesdays, 12:30 – 1:30 p.m.:

May 11 & 18, May 25 & June 1, June 8 & 15, June 22 & 29,

July 6 & 13, July 20 & 27, August 3 & 10, August 17 & 24

Wednesdays, 11 a.m. – 12 p.m.:

May 12 & 19, May 26 & June 2, June 9 & 16, June 23 & 30,

July 7 & 14, July 21 & 28, August 4 & 11, August 18 & 25

AGES: 18 Years of Age and Over **FEE:** \$22 per two-week class

K9 NOSE WORK–BASIC–

INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT:

May 4 – 25, June 1 – 29, July 6 – 27, August 3 – 31

DAY: Tuesdays **TIME:** 10:30 a.m. – 12 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session (pricing adjusted for more or fewer Tuesdays in a month)

DROP-IN FEE: \$35 per class

K9 NOSE WORK–ADVANCED WORKSHOP

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors and exteriors (prerequisite Scent Work – INTERMEDIATE).

ENROLLMENT:

May 4 – 25, June 1 – 29, July 6 – 27, August 3 – 31

DAY: Tuesdays **TIME:** 12 – 1:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$125 per 4-week session (pricing adjusted for more or fewer Tuesdays in a month)

DROP-IN FEE: \$35 per class





BASKETBALL

Basketball Training Zone – Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

BASKETBALL TRAINING ZONE: BEGINNERS

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 3:30 – 4:30 p.m.

AGES: 7 – 9 Years of Age

FEE: \$40 Per Month

DROP-IN FEE: \$12 Per Day

BASKETBALL TRAINING ZONE: INTERMEDIATE

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 4:30 – 5:30 p.m.

AGES: 10 – 13 Years of Age

FEE: \$40 Per Month

DROP-IN FEE: \$12 Per Day



FRISBEE

Ultimate Frisbee – Join us for an introduction to the game of Ultimate Frisbee with the goal of exercise, improving stamina and advancing your skills. The program will consist of two games side by side, with the advanced team playing next to the beginners.

ULTIMATE FRISBEE – 1 DAY

ENROLLMENT: July 5 – August 30

DAY: Mondays

TIME: 6 – 8 p.m.

AGES: 13 Years of Age and Over

FEE: \$20 Per Session

DROP-IN FEE: \$5

ULTIMATE FRISBEE – 2 DAYS

ENROLLMENT: May 3 – June 28, July 1 – August 30

DAY: Mondays & Thursdays

TIME: 6 – 8 p.m.

AGES: 13 Years of Age and Over

FEE: \$40 Per Session

DROP-IN FEE: \$5



Please Note: All in-person activities take place at the **Palm Desert Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



PICKLEBALL

INDOOR PICKLE BALL

We offer friendly competition and Pickleball fun inside our Palm Desert Community Center. No need to worry about weather conditions outside or crowded tennis courts!

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 10 a.m. – 1 p.m.

AGES: 18 Years of Age and Over

FEE: \$5 Drop-In Per Day or

FREE for DRD Get Fit Pass members

OUTDOOR PICKLEBALL CLINICS – BEGINNER LEVEL

Beginner level pickleball clinics have group skills and drills for beginner players. Plan your schedule with the instructor. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 8:30 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$20 per Session OR Package of 5 for \$75

OUTDOOR PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

At this level, there will be group skills and drills for advanced Beginner players. Plan your schedule with instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.

ENROLLMENT: Ongoing

DAYS: Mondays

TIME: 8:30 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$20 per Session OR Package of 5 for \$75



OUTDOOR PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED LEVEL

This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor.

ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 8:30 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$20 per Session OR Package of 5 for \$75

OUTDOOR PICKLEBALL – SEMI-PRIVATE LESSONS

Semi-Private lessons for up to 4 people. This group instruction will last for one hour. Instruction will help you improve your game and get you to the next skill level. Lessons can be scheduled on Tuesdays and Thursdays. You will schedule the time with the instructor.

ENROLLMENT: Ongoing

DAYS: Tuesdays and Thursdays

TIME: Scheduled with Instructor

AGES: 16 Years of Age and Over

FEE: \$25 per Session OR Package of 6 for \$125

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

OUTDOOR PICKLEBALL – PRIVATE LESSONS

This private instruction will last for one hour each day. Instruction will help you improve your game and get you to the next skill level. Lessons can be scheduled on Tuesdays and Thursdays. You will schedule the time with the instructor.

ENROLLMENT: Ongoing

DAYS: Tuesdays and Thursdays

TIME: Scheduled with Instructor

AGES: 16 Years of Age and Over

FEE: \$35 per Session OR Package of 6 for \$175

OUTDOOR PICKLEBALL – ROUND ROBIN GROUP PLAY

These sessions offer 90 minutes of group play and socialization.

ENROLLMENT: Ongoing

DAYS: Last Saturday of each Month

TIME: 8:30 – 10 a.m.

AGES: 16 Years of Age and Over

FEE: \$15 per Session

TABLE TENNIS

Bring a paddle and get ready to have some recreational and competitive fun. Table Tennis is a great way to improve hand-eye coordination, focus, and overall fitness. If you are looking for an entertaining recreational activity that is played indoors, join us! Bring your own paddle.

ENROLLMENT: Ongoing

DAYS & TIMES: Mondays & Fridays, 12 – 3 p.m.

Wednesdays, 6 – 9 p.m.

AGES: 5 Years of Age and Over

FEE: \$5 Drop-In Per Day or

FREE for DRD Get Fit Pass members



SOCCER

CHALLENGER INTERNATIONAL SOCCER CAMP

Players learn the core values of respect, responsibility, integrity, sportsmanship and leadership. Programs address all age groups with curriculums that include various foot skills, technical drills, tactical practices and freestyle soccer. Small-sided games, coached scrimmages and a mini tournament allow players to work on and master their potential.

LOCATION: Football field at Freedom Park

ENROLLMENT: June 21 – 25

Enroll at ChallengerSports.com

DAY: Monday – Friday **TIME:** 4 – 8 p.m.

AGES: 3 – 16 Years of Age (players will be grouped by age)

FEE: \$169



TENNIS

TENNIS – YOUTH BEGINNER

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.

LOCATION: Palm Desert Civic Center Park

ENROLLMENT: June 8 – 24, July 1 – 29, August 5 – 26

DAYS: Tuesdays & Thursdays **AGES:** 5 – 7 Years of Age

TIME: 6 – 7 p.m. (Note: morning and late afternoon lessons available for all ages – contact The Palm Desert Community Center at 760-568-9697)

FEE: \$120 per Month

MORE TENNIS ON NEXT PAGE

Palm Desert

Please Note: All in-person activities take place at the **Palm Desert Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



SPORTS

TENNIS – YOUTH INTERMEDIATE

In this class, students with at least one year of experience, or who have played 25 or more games will be able to refine what they have learned and increase their potential. Players will get the opportunity to learn to compete with one another.

LOCATION: Palm Desert Civic Center Park

ENROLLMENT: June 1 – 29, July 1 – 29, August 3 – 31

DAYS: Tuesdays & Thursdays

AGES: 8 – 10 Years of Age

TIMES: 5 – 6 p.m. (Note: morning and late afternoon lessons available for all ages – contact The Palm Desert Community Center at 760-568-9697)

FEE: \$130 per Month

TENNIS – PRIVATE LESSONS

Private lessons are available; please contact the Palm Desert Community Center at 760-568-9697 for more information.

VOLLEYBALL

INDOOR VOLLEYBALL

Want to be a team competitor with good ball control, consistent passing & setting, strengthen your digs & blocks? Want the footwork of top-notch players? Then come enroll in our volleyball clinic designed for beginner to advanced level players!

DATES FOR ALL OF THE FOLLOWING LEVELS:

May 4 – May 27

June 1 – 22

July 6 – 29

DAYS FOR ALL OF THE FOLLOWING LEVELS:

Tuesdays & Thursdays

FEES FOR ALL OF THE FOLLOWING LEVELS:

\$40 per Month



BEGINNING VOLLEYBALL

Calling all volleyball players! This beginning level class is designed to give you a fundamental understanding of volleyball techniques in a safe, comfortable environment. Come out and work on your footwork as you prepare for the next volleyball level.

TIMES AND AGES: 3 – 4:30 p.m., 8 – 18 Years of Age



INTERMEDIATE VOLLEYBALL

Are you a volleyball player who is ready to play at the next level? You will enhance your beginner key serve, pass, block, and attack skills at this level. Join us in this highly motivational month-long program to sharpen your athleticism.

TIMES AND AGES: 4:30 – 6 p.m. **OR** 6 – 7:30 p.m.,
13 – 18 Years of Age

ADVANCED VOLLEYBALL

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!

TIMES AND AGES: 7:30 – 9 p.m., 13 – 18 Years of Age

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

VOLLEYBALL CLINIC

Every skill level welcome to this Summer Volleyball Clinic! Come out and learn how to serve, block and be a team competitor on your volleyball journey. In addition to footwork, we will work on game movement techniques and game rules.

ENROLLMENT (DATES, AGES & TIMES):

June 2 – 23, 13 – 18 Years of Age, 8:45 – 9:45 a.m.

June 9 – 23, 8 – 12 Years of Age, 7:45 – 8:45 a.m.

July 7 – 28, 13 – 18 Years of Age, 8:45 – 9:45 a.m.

July 7 – 28, 8 – 12 Years of Age, 7:45 – 8:45 a.m.

DAYS: Mondays & Wednesdays

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

ENROLLMENT: Ongoing

DAYS: Mondays and Wednesdays

TIME: 4 – 5 p.m.

AGES: 7 – 13 Years of Age

FEE: \$30 Per Month

DO YOU HAVE A CLASS OR PROGRAM THAT YOU WANT TO SHARE WITH OUR GUESTS?

We are always looking for Contract Instructors to help spread fun and recreation within our communities.

– visit MyRecreationDistrict.com/employment-opportunities and look for the **INSTRUCTORS** section to submit your class or skills!

Host an Event in one of our Rental Zones!

Did you know that DRD facilities & parks are available for private use? You're sure to find the perfect space in one of our community centers, meeting rooms, ball fields or parks.

Make DRD your Event Partner for:

Birthday Parties • Business Meetings • Awards Ceremonies • Banquets • And More!



Rancho Mirage



SUMMER READING CLUB

JUNE 7 TO JULY 30



RANCHO MIRAGE LIBRARY AND OBSERVATORY
SPONSORED BY THE BRIAN AND PATRICIA A. HERMAN FUND

Everyone is invited to join us this summer as we explore the state of California and its many monuments, regions, and national parks during the Library's eight-week Summer Reading Club in 2021. Starting June 7, log onto www.Ranchomiragelibrary.beanstack.org to sign up for our virtual Summer Reading Club. When signing up to participate in the Summer Reading Club, patrons will have access to a virtual reading log to keep track of their minutes read. Activity packets full of crafts, science projects, and activities will be available for pick up each week at the Library. As participants complete logs, they will earn raffle tickets they can enter to win great prizes at the end of the summer.

Rancho Mirage Library and Observatory
71-100 Hwy 111, Rancho Mirage, CA 92270
Tel: (760) 341-7323 • ranchomiragelibrary.org

Thermal

Please Note: All in-person activities take place at the **Jerry Rummonds' Senior & Community Center** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.



ART & MUSIC

ARTS & CRAFTS IN THE PARK

The Arts and Crafts in the Park program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

DATES: May 3 – 31, June 7 – 28,
July 5 – 26, August 2 – 30

DAY: Mondays

TIME: 2:30 – 3:30 p.m.

AGES: 6 – 11 Years of Age

FEE: Free thanks to funding from the Anderson
Children's Foundation



CAMP & AFTER SCHOOL PROGRAMS

LEADERS IN TRAINING

Our **LEADERS IN TRAINING** program helps high school students realize their potential to become major contributors in their communities and explore various leadership styles through in-class, practical experience. Regular meetings and workshops will be held to focus on community awareness, character development, life skills and more.

ENROLLMENT:

Session One: June 14 – July 8

Session Two: July 12 – August 5

DAYS: Monday – Thursday

TIME: 8 a.m. – 1 p.m.

AGES: 13 – 17 Years Old

FEE: \$100 per Session*



*Limited scholarships are available
thanks to funding from Rotary Club of the Coachella Valley

Thermal

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



SUMMER SCENE

Come in and join the fun activities such as group games, crafts, board games, tournaments, karaoke, and much more! This program is offered in collaboration with Community Action Partnership.

ENROLLMENT: June 7 – 30
July 1 – 30
August 2 – 31

DAYS: Monday – Friday
TIME: 1 – 5 p.m.
AGES: 6 – 11 Years Old
FEE: Free



HEALTH & FITNESS

ONLINE

FIT 4 SUMMER – TEEN MEAL PREP CLASS

This Teen Meal Prep Class will teach participants how to prepare quick, easy, and healthy meals at home. All necessary ingredients will be provided for pick up. Registration is limited!

LOCATION: Online classes

DATES: June 10 – 24, July 8 – 29

DAYS: Thursdays

TIME: 11 a.m. – 12 p.m.

AGES: 14 – 17 Years of Age

FEE: Free thanks to funding from the **Anderson Children's Foundation** and a partnership with **USDA SNAP**.

TITAN FITNESS

Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included. This program is funded by **USDA SNAP**.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 4 – 4:30 p.m.

AGES: 7 – 13 Years of Age

FEE: Free



ZUMBA IN THE PARK

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Mondays

TIME: 10 – 11 a.m.

AGES: 14 Years of Age and Over

FEE: \$30 per Month

DROP-IN FEE: \$5 Per Class

Thousand Palms

Please Note: All in-person activities take place at the **Thousand Palms Community Center & Park** (indoor or outdoor as regulations allow) unless otherwise noted in the activity details that follow.

50+ ACTIVE ADULT & SENIOR PROGRAMS

ZUMBA GOLD

Perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower intensity. The class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 8 – 9 a.m.

AGES: Active Adults 18 Years of Age and Over

FEE: \$25 per Month DROP-IN FEE: \$5 Per Class



CAMP & AFTER SCHOOL PROGRAMS

SUMMER CAMP

Welcome to the Thousand Palms Community Summer Camp! We will have field trips, arts and craft classes, local business presentations and more! Fees are due the Monday of each week. We hope to see you there!

ENROLLMENT: June 14 – 18, June 21 – 25,
June 28 – July 2, July 6 – 9, July 12 – 16,
July 19 – 23, July 26 – 30

DAYS: Monday – Friday

TIME: 9:30 a.m. – 1:30 p.m.

AGES: 5 – 12 Years of Age

FEE: \$50 per week (July 6 – 9 is \$40)



COMMUNITY EVENTS

THOUSAND PALMS COMMUNITY COUNCIL MEETINGS

This meeting is open to the public to hear the latest news happening in the Thousand Palms Community from government officials, local authorities and special presentations.

LOCATION: VIA ZOOM – please email to svirgen@rivco.org for details.

DAY: Thursday TIME: 6 p.m. DATES: May 27



DANCE

FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the cultural dance originated in Mexico, Folklórico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 5 – 6 p.m. **OR**
6:30 p.m. – 7:30 p.m.

AGES: 3 Years of Age and Over

FEE: \$40 per Month



HEALTH & FITNESS

TITAN FITNESS

Titan Fitness workouts will consist of HIIT cardio to increase aerobic capacity and body weight exercises to build muscular endurance. Tips on making healthy lifestyle choices will also be included. This program is funded by USDA SNAP.

ENROLLMENT: Ongoing

DAYS: Thursdays

TIME: 4 – 4:30 p.m.

AGES: 7 – 13 Years of Age

FEE: Free



ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Thursdays

TIME: 7 – 8 p.m.

AGES: 16 Years of Age and Over

FEE: \$35 per Month

DROP-IN FEE: \$5 Per Class

Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



MARTIAL ARTS

SHITO RYU KARATE DO

Karate Do is very fun and quite challenging. Our classes may help students build strength, endurance, flexibility and coordination. Karate is meant to make participants more physically fit, more mentally acute, and finding balance in the "way of the empty hand."

ENROLLMENT: June, July, August

DAYS: Mondays & Wednesdays

TIME: 5:30 – 6:30 p.m.

AGES: 7 Years of Age and Over

FEE: \$60 per Month



MOVIES



We are pleased to bring you movies right here in your neighborhood. We are currently planning movies on Friday evenings July 2, 9, 16 and 23 – please check the listings on our website at MyRecreationDistrict.com for the most up-to-date movie titles, locations, dates and times. Please note inclement weather such as high winds can alter the schedule.



SPORTS

YOUTH BASEBALL TRAINING CAMP

Learn and grow in the game of baseball through a progression of drills from beginner to advanced, with the help of experienced coaching. This camp is open to any level of player from first timers to travel ball players.

ENROLLMENT: June, July, August

DAYS: Wednesdays TIME: 6:30 – 7:30 p.m.

AGES: 6 – 14 Years of Age

FEE: \$50 per Month



Sports are Back!

Register for our upcoming Fall 2021 Youth Sport Leagues

Thousand Palms
Youth Soccer League & T-Ball League

Registration Dates are July 12 – August 20

Find Your Closest DRD Location

The Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley.

Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages.

From toddlers to seniors, our facilities and beautiful parks have something for everyone.

Get off the couch and into the fun-tastic times.

BERMUDA DUNES

BERMUDA DUNES COMMUNITY CENTER

78–400 Avenue 42, Bermuda Dunes

COACHELLA

BAGDOUMA COMMUNITY CENTER & PARK

51–251 Douma Street, Coachella

BAGDOUMA POOL

84–599 Avenue 52, Coachella

INDIO

INDIO COMMUNITY CENTER & PARK

45–871 Clinton Street, Indio

INDIO MUNICIPAL GOLF COURSE

83–040 Avenue 42, Indio

PAWLEY POOL FAMILY AQUATIC COMPLEX

46–350 Jackson Street, Indio

INDIO HILLS

INDIO HILLS COMMUNITY CENTER & PARK

80–400 Dillon Road, Indio Hills

LA QUINTA

FRITZ BURNS POOL

78–107 Avenue 52, La Quinta

LA QUINTA COMMUNITY FITNESS CENTER & PARK

77–865 Avenida Montezuma, La Quinta

MECCA

MECCA COMMUNITY CENTER, PARK & POOL

65–250 Coahuilla Street, Mecca

NORTH SHORE

NORTH SHORE BEACH & YACHT CLUB

99–155 Sea View Drive, North Shore

NORTH SHORE COMMUNITY PARK

99–480 70th Avenue, North Shore

OASIS

OASIS DEL DESIERTO

(OASIS OF THE DESERT) PARK

88–775 Avenue 76

Thermal, CA 92276

PALM DESERT

CAHUILLA HILLS PARK

45–825 Edgehill Drive, Palm Desert

PALM DESERT COMMUNITY CENTER & PARK

43–900 San Pablo Avenue, Palm Desert

FREEDOM PARK

77–400 Country Club Drive, Palm Desert

PALM DESERT SOCCER PARK

74–735 Hovley Lane, Palm Desert

OLSEN COMMUNITY PARK

43–005 Magnesia Falls Drive, Palm Desert

PORTOLA COMMUNITY CENTER

45–480 Portola Avenue, Palm Desert

THE GOLF CENTER AT PALM DESERT AND THE FIRST TEE OF THE COACHELLA VALLEY

74–945 Sheryl Drive, Palm Desert

UNIVERSITY PARK

74–802 University Park Drive, Palm Desert

THERMAL

JERRY RUMMONDS' SENIOR & COMMUNITY CENTER

87–229 Church Street, Thermal

THOUSAND PALMS

THOUSAND PALMS COMMUNITY CENTER & PARK

31–189 Robert Road, Thousand Palms



facebook.com/MyRecreationDistrict



twitter.com/mydrd

ADMINISTRATIVE OFFICE

45–305 Oasis Street, Indio, CA 92201 (760) 347–3484

Info@MyRecreationDistrict.com

Financial Assistance



Desert Recreation District programs, activities and events are open to everyone. Your Desert Recreation District works with our partner communities to provide recreational activities and events that offer affordable health and fitness benefits and are, most of all, FUN!

Because we are partially funded through tax dollars, our program fees are low. However, some residents, especially those with large families, may find it difficult to participate.

The Desert Recreation Foundation works to raise funds to make sure that recreation is available to everyone. The Foundation's Financial Assistance Program offers subsidies up to \$150 per person so that residents can enjoy recreational activities and programs. Through the generosity of donors and proceeds from fundraising events, children have participated in basketball leagues, gymnastics, tiny tots, holiday camps and after school programs. Adults have used the program to pay for annual fitness memberships and classes.

HELP MAKE A DIFFERENCE

If you would like to donate to the Desert Recreation Foundation, please contact us at (760) 347-3484. Some of the ways you can be of assistance, include financial donations to help fund our Financial Assistance program, or contribute towards developing a new park.

Funds can also be donated to purchase equipment such as bicycles and helmets for our Trips for Kids program, or for items like wheelchairs and aquatics equipment that has been modified for use in Adaptive Sports.

Or, if you want a more hands-on experience, you can volunteer your time at one of many of our sponsored events. All of these programs help make a difference in YOUR community and we are grateful for the opportunity to serve our residents.

To learn more about qualifying for the Financial Assistance Program, visit **MyRecreationDistrict.com**, ask a DRD team member at one of our Community Centers, or call **(760) 347-3484**.

PLEASE SUPPORT DESERT RECREATION FOUNDATION



Our **MISSION**

The mission of Desert Recreation Foundation is to preserve the quality of life for residents of Desert Recreation District in the Coachella Valley.

The Foundation does this by raising funds and garnering support to purchase, develop, enhance, preserve, promote and expand the valley's recreation activities, programs, parks, properties and facilities.



YOU CAN MAKE A DIFFERENCE BY...

BECOMING A VOLUNTEER

The Foundation offers many ways to give of your time and talent assisting in programs, projects, and events that can help support your local community.

CONSIDER SPONSORSHIP

Make an immediate impact by partnering with the Foundation to sponsor a range of events or programs or help fund a community/recreation center, community swimming pool, or park.

TO MAKE AN ONLINE DONATION, VISIT DESERTRECREATIONFOUNDATION.ORG

Coming Summer/Fall 2021

Join our Recreation Outdoor Club (ROC)



The ROC offers a unique opportunity to explore the great outdoors through a variety of activities with experienced outdoor professionals to guide your adventure.

We want youth in California to experience the joys that can be found in the great outdoors. Many of the activities we will be offering in the Coachella Valley and neighboring counties include some of the fundamental experiences the California Children's Outdoor Bill of Rights recommend, including:

• **Exploring Nature** • **Fishing** • **Riding a Bike** • **Hiking a Trail** • **Playing in a Safe Place**



Friends of the
Desert Mountains

Our first excursion is planned to be fishing at Lake Cahuilla this summer. Next up, docent led hikes by Friends of the Desert Mountains will be held, as well as mountain biking through our Trips for Kids Coachella Valley program.

Trips for Kids Coachella Valley is a mountain biking program for youth 10 to 17 years of age that focuses on lessons in personal responsibility, achievement and environmental awareness through the simple act of having fun.



Look for details on our website or follow us on [Facebook.com/MyRecreationDistrict](https://www.facebook.com/MyRecreationDistrict) or on [Twitter.com/mydrd](https://twitter.com/mydrd) as we will be expanding the outdoor journeys we bring to our Valley Youth.



45-305 Oasis Street
Indio, CA 92201

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PERMIT NO 149