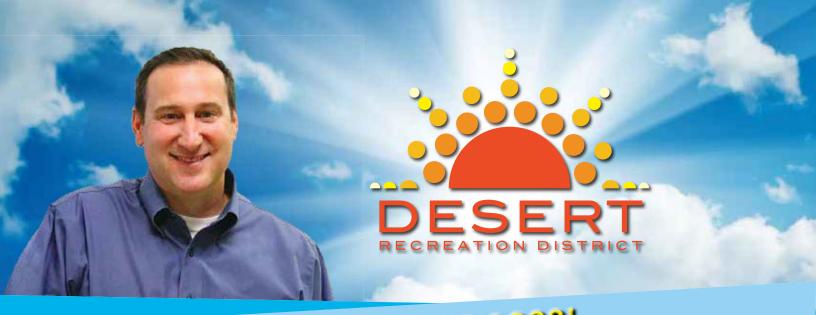


Activity & Program Guide

MAY | JUNE | JULY | AUGUST | 2022



Si desea esta guía en español, llame al (760) 347-3484.



WELCOME TO SUMMERTIME 2022!

While the temperatures are rising, Desert Recreation District (DRD) offers a variety of ways to stay cool in the dog days of summer, from activities like swim classes or lap swim at a pool to taking a walk on the indoor track at our Indio Community Center – DRD is always here with opportunities to enjoy some recreation.

Our climate-controlled buildings offer a refreshing way to play indoor sports like basketball, volleyball, table tennis, or take part in workouts that get your heart pumping without overheating. We have Summer Camps available for kids providing a full day of fun activities, and several of our locations have senior and active adult programs. Don't forget to grab yourself a Get Fit Pass and enjoy working out in one of our four fitness centers (Palm Desert, La Quinta, Indio, and North Shore) for one low price.

You may have seen some of our expanded programming in Indio, featuring classes and programs at the Indio Teen Center such as our kid's Summer Art Program. There will also be some morning Football and Soccer clinics at the teen center, and for those parents who would like a night out without the kids, look for our Parents Night Out that gives you a chance to leave the kids with us in a safe, fun environment while you enjoy a night on the town.

We are also working on a partnership with Cathedral City to provide services for their residents. Since Cathedral City does not have a local parks and recreation department, the City and DRD are exploring a partnership that would, among other responsibilities, provide quality services to local children, families, and seniors. You can learn more about this proposed partnership on page 11 of this guide, and in the meantime Cathedral City residents are welcome to access our recreational programming such as pickleball, tennis, dance, fitness, and other events in nearby communities, as well as swim and water activities managed by DRD at Cathedral City High School.

When the sun goes down or you just want to spend time outdoors, the mornings and evenings offer cooler temperatures. Enjoy a stroll in the park, or time on the basketball courts, soccer fields, tennis courts, or at our Golf Center at Palm Desert, which boasts a 9-hole golf course and driving range. On select nights, we showcase Movie Nights in our park, and Dive-In movies on the inflatable screen at our pools.

DRD is here to help you FIND FUN here in the Coachella Valley, and we continually work to expand recreational possibilities for all who enjoy the great outdoors. This past Fall we opened the Oasis del Desierto Park, and now look forward to building the Thermal Community Park – look for more information about this project in our newsletters, on our website, or follow us on social media.

Have a great Summer and hope to see you at one of our facilities.

Best Regards,

Kevin Kalman, General Manager

Front Cover Photo: La Quinta – Fritz Burns Pool, Aqua Fit Class

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If you **Enjoy** working with people, or if you have a **Passion** for recreation and fitness, we may be a great fit for you.

JUST SOME OF OUR OPEN POSITIONS IN VARIOUS LOCATIONS INCLUDE:

- Aquatics Coordinator Full Time
- Swim Instructors/Lifeguards
- Gymnastics Coaches
- Professional Positions

- Children's Recreation Leaders
- Paraeducator
- Recreation Leaders
- Afterschool Program Staff AND MORE!



JOIN THE "FUN TEAM" AT DESERT RECREATION DISTRICT!



Apply at: MyRecreationDistrict.com/employment-opportunities OR just scan the QR code

Desert Recreation District BOARD OF DIRECTORS

Please note some larger communities are represented by more than one board member.



Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

GENERAL INFORMATION

Discounts

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price-point we can offer, which does not allow for discounting.

Errors

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

Fees

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please call (760) 347–3484 where you can also inquire about fees for our programs and classes for non–District residents.

Hours

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

Photographs & Videos

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

Refund/Proration/Make-up Policy

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make—up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.

Outdoor Adventure

Please Note: For all Outdoor Adventures listed below, you can choose to meet at the PALM DESERT COMMUNITY CENTER, or you can drive yourself. Details on approximate drive times, as well as what to wear and bring, will be listed when you sign up at MyRecreationDistrict.com/outdoor and choose the activity(ies) for which you want to register.

Email our Outdoor Adventure Specialist, Todd Merrill at **tmerrill@drd.us.com** for any questions or as may be referenced in the activities below. Thank you.

SUMMIT HIKE EXPERIENCE

Join us for some great hiking experiences! See each hike's location and details below by date. DAYS: Fridays TIME: 8 a.m. – 4 p.m. AGES: 14 Years of Age and Over FEE: \$25 per Hike

June 10 – This hike will be in the San Jacinto Wilderness area and explore Antsell Rock. This is a 3 mile out-andback adventurous trail with a technical scramble to the summit. There will be some off trail navigation for this summit experience. Participants should be in good physical health, have prior hiking experience, and comfort with exposure to heights.

July 6 – This hike will take participants out to summit Tahquitz Peak in the San Jacinto Wilderness area. This summit experience is an 8.5 mile out and back trail, with an elevation gain of 2,800 feet. This is both a beautiful and challenging hiking experience! Participants should be in good physical health and have prior hiking experience.

INTRO TO ROCK CLIMBING

Join us for our introductory rock course where you will learn technical movement and how to protect your partner through safe belaying technique, all while enjoying the high desert environment. No prior rock-climbing experience necessary. All technical gear will be provided. If you have your own personal gear, please contact Todd Merrill.

DAYS: Saturdays DATES: May 1 & 7 TIME: 8 a.m. – 4 p.m. AGES: 10 Years of Age and Over FEE: \$95 per Day

MOUNTAIN BIKE RIDES

Come mountain bike some scenic trails when we host your choice of days where you will receive technical assistance, instruction, and trail guidance. See each ride's location and details below by date. DAYS: Wednesdays TIME: 8 a.m. – 4 p.m. AGES: 12 Years of Age and Over FEE: \$60 per Ride June 22 – Join us for a ride on the trails near ldyllwild and Mountain Center. This ride is catered to those with some mountain biking experience, yet beginners are welcome! There are a variety of trails to accommodate different abilities, so contact Todd post registration so appropriate routes can be chosen. We will provide the bike and helmet.

August 10 – This ride will be on the trails near Big Bear Lake and is catered to those with some mountain biking experience, yet beginners are welcome! There is a variety of trails to accommodate different abilities, so contact Todd post registration so appropriate routes can be chosen.

MULTI-SPORT AT PATHFINDER RANCH

Join us for a trip to Pathfinder Ranch to enjoy a host of activities out of the desert heat! We will split the day between activities such as climbing, navigating ropes courses, canoeing, and horse experiences. Specific activities will be chosen by participant enrollment and interests, but plan on a full day in the mountains. Lunch will be provided.

DAYS & DATES: Thursday, June 16 Monday, August 15

TIME: 8 a.m. – 5 p.m. AGES: 8 Years of Age and Over FEE: \$125 per Day

SURF LESSONS

Let's beat the heat and head to the coast to learn how to surf! There will be a 2-hour surf lesson with the option to spend another hour practicing what you learned. We will bring lunches and take our time on the beach before heading back home. Surf boards and wetsuits are provided.

DATE: Wednesday, July 13 TIME: 7:30 a.m. – 4:30 p.m. AGES: 8 Years of Age and Over FEE: \$100

Bermuda Dunes

Please Note: All in-person activities take place at the Bermuda Dunes Community Center unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE FITNESS –

HYBRID (Online & In-person classes offered)

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAY: Thursdays TIME: 10 – 11 a.m. AGES: 16 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

ADAPTIVE KARATE – ONLINE ONLY (Zoom platform)

This online class teaches spatial awareness, discipline, self-control, self-defense, and Shito-Ryu Karate & Kobudo in an adaptable format, working with each student to achieve their best self.

ENROLLMENT: May

DAY: Mondays TIME: 2:30 – 3:30 p.m. AGES: 5 Years of Age and Over with a Disability or a Special Need FEE: \$50

ADAPTIVE MEDITATION – ONLINE ONLY (Zoom platform)

This meditation class will walk your through how to meditate, completed meditation exercises, and basic yoga poses. Meditation practice is something that can help you approach life differently.

ENROLLMENT: May, June, August DAY: Saturdays TIME: 9 – 10 a.m. AGES: 8 Years of Age and Over with a Disability or a Special Need



FEE: Free thanks to partnership with SoCal Adaptive Sports



ADAPTIVE SEATED FITNESS – HYBRID (Online & In–person classes offered)

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing DAY: Fridays TIME: 10 – 11 a.m. AGES: 16 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

CAMP & AFTER SCHOOL PROGRAMS

TRADITIONAL AFTER SCHOOL - MONROE

This program offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members.

LOCATION: Monroe Elementary School DATES: Ongoing During School Year *(holidays may be excluded)* DAYS: Monday through Friday TIME: School Dismissal – 5:30 p.m. GRADES: Kindergarten through 3rd FEE: \$165 for May, \$25 for June 1 - 3

\$25 for June 1 – 3 \$100 for August 16 – 31



Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

CREATIVE BRAIN - VIRTUAL ROBLOX STUDIO LAB (VIDEO GAME PROGRAMMING)

Create anything you can imagine with Roblox's immersive video game engine. Roblox Studio's creative features are accessible to a variety of skill levels ranging



from novice to experienced programmer. Tools range from simple manipulation of objects or terrain, to entering complex scripts and game functions. This camp is designed for students who have some coding experience.

DATES: June 6 – 9 DAYS: Monday through Thursday TIME: 9 – 10:15 a.m. GRADES: 7 – 11 Years of Age FEE: \$99



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required

ENROLLMENT: Ongoing DAY: Tuesdays TIME: 5:30 - 6:15 p.m. AGES: $2\frac{1}{2} - 5$ Years of Age FEE: \$42 Per Month



Find Sparkle!

CHAIR YOGA

Chair Yoga is ideal for anyone that has challenges getting on and off the floor. All the postures will be done either sitting or standing. This class will include stretching, balancing, increasing flexibility, breathing exercises and meditation.

ENROLLMENT: May, June, July DAYS: Tuesdays TIME: 9:30 – 10:15 a.m. AGES: 18 Years of Age and Over FEE: \$39 Per Month DROP-IN FEE: \$15 per Class



GENTLE YOGA FOR YOUR HEALTH

In Gentle Yoga for Your Health, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: May, June, July TWO TIMES PER WEEK SESSION – DAYS & TIMES Mondays, 9:30 – 10:15 a.m. AND Thursdays, 9 – 9:45 a.m. FEE: \$69 Per Month *(shorter months will be at reduced cost)* ONE TIME PER WEEK SESSION – DAYS & TIMES Mondays, 9:30 – 10:15 a.m. OR Thursdays, 9 – 9:45 a.m.. FEE: \$48 Per Month *(shorter months will be at reduced cost)* AGES: 18 Years of Age and Over DROP-IN FEE: \$15 per Class

HOLISTIC WELLNESS WORKSHOP – HEALTHY BRAIN, HAPPY BODY

This workshop will teach participants about how nutrition, juicing, exercise, meditation/stress management techniques, changing sleep habits and more may help you achieve a healthy lifestyle and boost brain longevity. ENROLLMENT: May, June, July DAYS: Tuesdays TIME: 10:30 – 11:15 a.m. AGES: 18 Years of Age and Over FEE: \$40 Per Month 7

Bermuda Dunes

Please Note: All in-person activities take place at the Bermuda Dunes Community Center unless otherwise noted in the activity details that follow.

SPECIAL INTEREST

K9 NOSE WORK-BASIC-INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Monthly

DAY: Wednesdays TIME: 9 – 9:50 a.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session

K9 NOSE WORK– INTERMEDIATE–WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/ handler teams begin to learn more challenging puzzle games including vehicle searches. **Prerequisite: K9 Nose Work Basic–Intro to Scent Work.**

ENROLLMENT: Monthly DAY: Wednesdays TIME: 10 – 10:50 a.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session

K9 NOSE WORK-ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.**

ENROLLMENT: Monthly DAY: Wednesdays TIME: 11 – 11:50 a.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session





BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September and November, and the public is welcome to attend.

Please check at <u>www.Rivco4.org</u> before attending as meetings may be held via ZOOM.

Dates: May 12, September 8, and November 10

Thank you.

Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

CAMP & AFTER SCHOOL PROGRAMS

***RIVER CANYON KIDS CLUB**

In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment



OPE through HOUSING FOUNDATION

ALM SPRINGS

Cathedral City

OOL DISTRICT

Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment.

LOCATION: River Canyon Apartment Complex DAYS, TIMES & DATES:

Monday thru Friday, 3 – 6 p.m. May 2 – 31, June 1 – 3, August 10 – 31 Tuesdays & Thursdays, 1 – 4 p.m. June 7 – 30, July 5 – 28, August 2 & 4 AGES: 5 – 17 Years of Age FEE: Free * Summertime focus will include subjects like cooking, crafts and science activities!

SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT CATHEDRAL CITY HIGH SCHOOL



POOL HOURS – BEGINS JUNE 6

ENTRY FEES: (entry included if enrolled in a class or lesson) Children \$3 (Under 3 Years of Age are free) Adults: \$4

MONDAYS - THURSDAYS:

8 – 8:45 a.m. (Water Fitness/Lap Swim) 9 – 11 a.m. (Youth Lessons/Lap Swim) 1:45 - 3:45 p.m. (Water Fitness/Open Swim)

FRIDAYS:

8 - 8:45 a.m. (Water Fitness/Lap Swim) 9 – 11:45 a.m. (Water Fitness/Open Swim) 1:45 - 3:45 p.m. (Water Fitness/Open Swim)

SATURDAYS:

8 a.m. – 12 p.m. (Lap Swim/Open Swim)

DIVE-IN MOVIES

Join us on Saturday June 18 for a showing of the movie LUCA, or on July 16 for ENCANTO at Cathedral City High School Pool – check our website at **MyRecreationDistrict.com/movies** for details on these and all of the great movies we offer!

ADULT WATER CLASSES

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

Tuesdays & Thursdays:

DATES: June 7 – 30, July 5 – 28 TIME: 3 – 3:45 p.m. AGES: 18 Years of Age & Over FEE: \$50 per Session

Mondays & Wednesdays:

DATES: June 6 – 29, July 4 – 27 TIME: 8 – 8:45 a.m. AGES: 18 Years of Age & Over FEE: \$50 per Session





Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

SWIM & WATER ACTIVITIES

AQUA FIT (This Class Is A Higher–Impact Workout Than Adult Water Aerobics)

Burn calories, tone muscle and increase your cardiovascular level! Geared for adults of all fitness levels.

AGES: 18 Years of Age and Over FEE: \$50 per Session

Mondays & Wednesdays: DATES & TIMES: June 6 – 29, 2 – 2:45 p.m. • June 6 – 29, 3 – 3:45 p.m. July 4 – 27, 2 – 2:45 p.m. • July 4 – 27, 3 – 3:34 p.m.

Tuesdays & Thursdays:

DATES & TIMES: June 7 – 30, 2 – 2:45 p.m. • July 5 – 28, 2 – 2:45 p.m.

SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers –to help maintain greater control of their health.

Tuesdays & Thursdays:

DATES: June 7 – 30, July 5 – 28 TIME: 8 – 8:45 a.m. AGES: 18 Years of Age and Over FEE: \$25 per Session

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

 SESSION 1: June 6 – 16
 SESSION 3: July 4 – 14

 SESSION 2: June 20 – 30
 SESSION 4: July 18 – 28



INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

Parent & Me Level 1: AGES: 18 Months – 3 Years of Age TIME: 9 – 9:45 a.m.

Parent & Me Level 2: Activities include those of Level 1 plus basic swimming skills. AGES: $2 - 3 \frac{1}{2}$ Years of Age TIME: 11 - 11:45 a.m.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age TIMES: 9 – 9:45 a.m., 10 – 10:45 a.m.



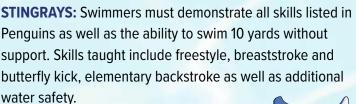
GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

Penguins 1 AGES: 6 ¹/₂ – 12 Years of Age TIMES: 9 – 9:45 a.m., 11 – 11:45 a.m.

Penguins 2 AGES: 8 – 12 Years of Age TIMES: 10 – 10:45 a.m.



AGES: 6 ½ – 12 Years of Age TIMES: 9 – 9:45 a.m., 11 – 11:45 a.m.





Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age TIMES: 10 – 10:45 a.m.



SHARKS: The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at

the wall is introduced. Requirements include freestyle with side breathing, backstroke and elementary backstroke for 25 yards. AGES: 8 – 14 Years of Age TIMES: 11 – 11:45 a.m.







PARTNERSHIP BETWEEN DESERT RECREATION DISTRICT AND CATHEDRAL CITY TO PROVIDE SERVICES FOR LOCAL RESIDENTS

DESERT RECREATION DISTRICT AND CATHEDRAL CITY

For over 70 years, Desert Recreation District (DRD) has maintained neighborhood parks, open space, community centers, sports fields, pools and provided quality recreational programs for children, families, and seniors in many communities around the Coachella Valley. While Cathedral City is not currently part of DRD, local residents may access recreational programming in nearby communities such as pickleball, tennis, dance, fitness, and other community events.

STRONGER PARTNERSHIP FOR BETTER PARKS AND RECREATION

Since Cathedral City is the only city in the Coachella Valley without a local parks and recreation department, the City and Desert Recreation District are currently exploring a partnership

that would allow DRD to help maintain Cathedral City parks at a higher level and provide quality services to local children, families, and seniors. Working together, DRD and Cathedral City aim to provide safe and clean parks, and expanded programs and services for local residents.

The preceding pages include a few programs in Cathedral City that DRD is operating, including the River Canyon Kids Club and Swim and Water activities at Cathedral City High School Pool. New in 2021 was the First Tee – Coachella Valley (FTCV), a program of Desert Recreation District, First Tee National School Program at Landau and Cathedral City Elementary Schools. The program is designed to establish a lifelong interest in golf by engaging youth in a structured golf curriculum that promotes personal character and healthy development both on and off a golf course.

Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

50 ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN! This class is developed through a partnership with the Office of Aging in Riverside County.

ENROLLMENT: May

DAYS: Mondays & Wednesdays AGES: 50 Years of Age and Over

s TIME: 8:30 – 9:30 a.m. ver FEE: Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE SPLASH PLAY

Individuals with any cognitive or physical disability or special need are welcome to come join an early open swim allowing the opportunity to practice skills and have fun with friends and family followed by public open swim.



ENROLLMENT: June 11 – July 2, July 9 – 30 August 6 – September 3 DAY: Saturdays TIME: 4 – 4:45 p.m. AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: Free

ART & MUSIC

ART SCENE

These programs will introduce participants in the Eastern Coachella Valley to art and give them a safe place to let their creative minds explore. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.

DATE: August 22 DAYS: Monday TIME: 5:30 – 7 p.m. AGES: 6 – 11 Years of Age FEE: \$10

Summer Art Scene

ENROLLMENT: June 6 – 20, July 11 – 25 DAYS: Mondays TIME: 5:30 – 7 p.m. AGES: 6 – 11 Years of Age FEE: \$10 per Session

POETRY WORKSHOP

This 3-part poetry workshop will consist of the writing process, reading performance, and self-expression. Youth will write their own original piece of poetry and will have the opportunity perform

LOCATION: Coachella Library

DATE: June 16, 23, and 30 DAYS: Thursdays TIME: 5:30 – 6:30 p.m. AGES: 11 – 13 Years of Age FEE: : Free thanks to funding from

Anderson Children's Foundation



TEEN POETRY WORKSHOP

This 3-part poetry workshop will consist of the writing process, reading performance, and self-expression. Teens will write their own original piece of poetry and will have the opportunity perform.

LOCATION: Coachella Library DATE: June 16, 23, and 30 DAYS: Thursdays TIME: 6:30 – 7:30 p.m. AGES: 14 – 17 Years of Age FEE: : Free thanks to funding from Anderson Children's Foundation

Anderson Children's Foundation

CAMP & AFTER SCHOOL PROGRAMS KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a



safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Las Casas Apartments

ENROLLMENT: Ongoing during school year *(holidays may be excluded) Once school year ends, program will start up again in August.* TIME: 2:30 – 6 p.m. DAYS: Monday through Friday AGES: 5 – 17 Years of Age FEE: Free

Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

LEADERS IN TRAINING

Leaders In Training Programs (LIT) allow participants to explore various leadership styles through in-class, practical experience, and youth assist instruction. Regular meetings and workshops will be held to focus on leadership skills, community awareness, character development, life skills, field trips to colleges, and much more!

LOCATION: Coachella Library DATES: July 11 – 29 DAYS: Mondays, Wednesdays, Fridays TIME: 8 a.m. – 2 p.m. AGES: 13 – 17 Years of Age FEE: \$75 per Session

SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

ENROLLMENT: SESSION 1: June 13 – July 1 SESSION 2: July 5 – 22 SESSION 3: July 25 – August 10 DAYS: Mondays – Fridays TIME: 7:30 a.m. – 6 p.m. AGES: 5 - 14 Years of Age

(child must have completed Kindergarten) FEE: \$290 per 3 Week Session (average cost – may vary if holiday is included in session)

\$110 per 1 Week Session (average cost) – weekly sessions begin June 13, 20, 27, July 5, 11, 18, 25, and August 1 Scholarships are available through the City of Coachella, for Coachella residents.

DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing DAY: Fridays TIME: 5:30 – 6:15 p.m. AGES: 5 – 10 Years of Age FEE: \$42 per Month



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing DAY: Thursdays TIME: 4 – 4:45 p.m. AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month

FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the dance that originated in Mexico, Folklorico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.



6:15 – 7:15 p.m., 4 – 7 Years of Age 7:15 – 8:15 p.m., 8 – 14 Years of Age

FEE: \$75 Per Month

(Shoes and dress can be purchased with the instructor)

MOVIES

(In The Park, By The Shore, And More!)

We are pleased to partner with the City of Coachella to bring you movies right here in your neighborhood. We are currently planning movies on some Friday evenings in May please check the listings on our website at



MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates, and times. Please note inclement weather such as high winds can alter the schedule.







Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

SPECIAL INTEREST

COACHELLA BOOK CLUB

Coachella book club is the perfect place to start your love of reading. We will be reading a book together and improving our comprehension skills in a fun group environment!

ENROLLMENT: June 7 - 28 (Four-week session) DAY: Tuesdays TIME: 5:30 – 6:30 p.m. AGES: 9 – 13 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



KIDDOS IN THE KITCHEN

Kiddos in Kitchen will cater to preschool aged children. Participants will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

ENROLLMENT: May 2 – 23

DAY: Mondays TIME: 5:30 – 6:30 p.m.

AGES: 5 – 8 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh, Anderson Children's Foundation, and FIND Food Bank

KIDS IN THE KITCHEN

In this program, children will take home the recipes used for the meals they learn to create. Presentations and fresh ingredients will be provided along with the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

ENROLLMENT: May 4 – 25

DAY: Wednesdays TIME: 5:30 – 6:30 p.m. AGES: 9 – 11 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh, Anderson Children's Foundation, and FIND Food Bank



ROBOTICS

Youth will work hands-on with robotic kits and learn the basic concepts of robotic engineering. By working in teams, they will participate in group activities to design, build, and program their robots. At the end of the program, they will have a robot of their own.

ENROLLMENT: June 2 – 23 DAY: Thursdays TIME: 5:30 – 7 p.m. AGES: 9 – 13 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation

Irene W. & Guy L. Anderson Children's Foundation

SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT BAGDOUMA COMMUNITY POOL



POOL HOURS - BEGINS JUNE 6
ENTRY FEES: (entry included if enrolled in a class or lesson)
Children \$2 (Under 3 Years of Age are free)
Adults: \$3
MONDAYS - THURSDAYS:
4 - 6 p.m. (Youth Lessons)
7 - 9 p.m. (Lap Swim/Open Swim)
FRIDAYS:
4 - 5 p.m. (Water Fitness)
5 - 9 p.m. (Lap Swim/Open Swim)
SATURDAYS:
4 p.m. (Adaptive Splash Play/Free)
5 - 9 p.m. (Lap Swim/Open Swim)
SUNDAYS: 5 - 9 p.m. (Lap Swim/Open Swim)



Join us on Friday, June 10 for "Free Swim Friday" from 5 – 9 p.m.

Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

COACHELLA RESIDENT SWIM PASSES

Apply onsite at Bagdouma Community Pool on June 10, 2022 from 5 – 9 p.m.

Up to 300 open swim passes will be issued to Coachella residents on a first come, first served basis. Swim passes will provide Coachella residents with free use of Bagdouma Community Pool during the summer months beginning June 6 and will end on August 6, 2022. To qualify for an open swim pass, Coachella residents must provide a utility bill or three pieces of delivered mail and a photo ID or driver's license.

The open swim hours are 7 – 9 p.m. Monday – Thursday, and 5 – 9 p.m. Friday, Saturday, and Sunday.

PLEASE SEE OUR ADAPTIVE/THERAPEUTIC SPORTS & RECREATION SECTION FOR ADAPTIVE SWIM/WATER PROGRAMS THANK YOU.

ADULT WATER CLASS

ADULT WATER AEROBICS

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

DATES: June 10 – July 1, July 8 - 29 DAYS: Fridays TIME: 4 – 4:45 p.m. AGES: 18 Years of Age & Over FEE: \$25 per Session

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$ 62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

 SESSION 1: June 6 – 16
 SESSION 4: July 18 – 28

 SESSION 2: June 20 – 30
 SESSION 5: August 1 – 10

 SESSION 3: July 4 – 14

INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

Parent & Me Level 1:

AGES: 18 Months – 3 Years of Age TIME: 4 – 4:45 p.m.



PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age TIMES: 5 – 5:45 p.m., 6 – 6:45 p.m.



GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.



Penguins 2

AGES: 6 ½ – 12 Years of Age TIMES: 4 – 4:45 p.m. 5 – 5:45 p.m. AGES: 8 – 12 Years of Age TIMES: 6 – 6:45 p.m.

STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and well

as additional butterfly kick, elementary backstroke as water safety. AGES: 6 ½ – 12 Years of Age TIMES: 4 – 4:45 p.m., 6 – 6:45 p.m.

BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.



AGES: 7 – 13 Years of Age TIMES: 5 – 5:45 p.m.

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Indian Wells

For more information, visit the City of Indian Wells website at www.cityofindianwells.org or call City Hall at (760) 346–2489.



INDIAN WELLS GOLF RESORT INDIAN WELLS LN, INDIAN WELLS, CA / 760.346.4653

GET FIT PASSES ACCESS TO <u>ALL</u> 4 CENTERS

*Includes Fitness Equipment, Racquetball Courts, Weight Rooms, a Track and Gymnasiums.



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LOCATIONS AVAILABLE

Indio Community Center 45-871 Clinton Street

Palm Desert Community Center 43-900 San Pablo

North Shore Beach & Yacht Club 99-155 Sea View Drive

La Quinta Community Fitness Center 77-865 Avenida Montezuma

*Exact amenities may vary by location.

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

50[°] ACTIVE ADULT & SENIOR PROGRAMS

GOLDEN PARACHUTES

Increase your range of movement and activity level by participating in this fun and free class that builds muscle through a variety of easy exercises while moving to music.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME: 6:30 –7:30 a.m. AGES: 50 Years of Age and Over FEE: FREE for DRD Get Fit Pass members



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE AQUATICS - BEGINNER

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. The beginner swim lessons focus on getting participants familiar and comfortable in the water (i.e. floating, face in water, head under water, kicking) and take place in the shallow pool at Pawley.

LOCATION: Pawley Pool Family Aquatic Complex ENROLLMENT: June 11 – July 30 DAY: Saturdays TIME: 10 a.m. – 12 p.m. AGES: 4 Years of Age and Over with a Disability or a Special Need FEE: \$50

ADAPTIVE AQUATICS -

MODERATE TO ADVANCED

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. The moderate to advanced swim lessons focus on stroke progression and physical endurance and take place in the big pool at Pawley.

LOCATION: Pawley Pool Family Aquatic Complex ENROLLMENT: June 11 – July 30 DAY: Saturdays TIME: 10 a.m. – 12 p.m. AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: \$50



ADAPTIVE ARCHERY

Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.



ADAPTIVE ARCHERY – ADULTS ENROLLMENT: May DAY: Tuesdays TIME: 2:30 – 3:30 p.m. AGES: 18 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

ADAPTIVE ARCHERY - YOUTH

ENROLLMENT: May DAY: Tuesdays TIME: 3:30 – 4:30 p.m. AGES: 7 – 17 Years of Age with a Disability or a Special Need FEE: \$25 per Month



ADAPTIVE BADMINTON

Another racket sport made for the indoors! Join us to learn the basic swing methods, proper foot work, and rules of playing badminton. The program will start with drills to learn the basics and progress into game play.

ENROLLMENT: August

DAY: Fridays TIME: 3 – 4:30 p.m. AGES: 10 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE FITNESS CLASS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

DAY: Tuesdays MONTHS & TIMES: May & August, 5 – 5:45 p.m. June & July, 4 – 4:45 p.m. AGES: 16 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

ADAPTIVE FRISBEE

Join us for an introduction to Frisbee through game play. Learn how to throw, catch, and aim while playing frisbee football, ultimate frisbee, accuracy challenges and no experience necessary to participate!

ENROLLMENT: July

DAY: Thursdays TIME: 3 – 4:30 p.m. AGES: 10 – 14 Years of Age with a Disability or a Special Need FEE: \$25 per Month

ADAPTIVE GYMNASTICS

Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.



ENROLLMENT: Ongoing DAY: Saturdays TIME: 9 – 9:50 a.m.

AGES: 5 - 13 Years of Age with a Disability or a Special Need FEE: \$25 per Month



ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: June and August DAY: Thursdays TIME: 3 – 4:30 p.m. AGES: 10 – 13 Years of Age with a Disability or a Special Need FEE: \$25 per Month

ADAPTIVE SOCCER/KICKBALL

Two sports in one session. We will work on dribbling, passing, ball control, kicking, and plenty of scoring both soccer and

kickball style, it's the best of both sports! All ability levels welcome.

ENROLLMENT: June DAY: Fridays TIME: 3 – 4:30 p.m. AGES: 10 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month



ADAPTIVE VOLLEYBALL

Volleyball is a great game to work on communication and can assist with hand-eye coordination, range of motion and overall teamwork. Several variations of the game will be played including standing and sitting.

ENROLLMENT: May and July DAY: Fridays TIME: 3 – 4:30 p.m. AGES: 10 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

🔁 ART & MUSIC

GUITAR - BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

SESSIONS: May 12 – June 9, June 23 – July 21 DAY: Thursdays TIME: 6 – 7 p.m. AGES: 9 Years of Age and Over FEE: \$80 per Session



For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

GUITAR - SECOND LEVEL

Students in this continuation class will learn how to play real songs by real artists. You will acquire the skills of reading music and playing music from song books.

SESSIONS: May 12 – June 9, June 23 – July 21 DAY: Thursdays TIME: 7 – 8 p.m. AGES: 9 Years of Age and Over FEE: \$80 per Session

MUSIC & MOVEMENT CLASSES

Children learn by doing, and preschool age is an important time for children to grow and learn. They will use and explore various aspects of music and movement, and this helps them develop and expand creativity and imagination.



ENROLLMENT: Ongoing DAY: Thursdays TIMES & AGES: 12:30 – 1 p.m., 3 Years of Age 1 – 1:30 p.m., 4 Years of Age FEE: \$70 per Session

PIANO – BEGINNING & INTERMEDIATE

Children ages 6 – 16 will learn how to read music and play piano with the use of a keyboard. This class will teach proper technique and theory.

ENROLLMENT: Ongoing DAY: Saturdays TIMES: 10:30 – 11:50 a.m. AGES: 6 – 16 Years of Age FEE: \$120 per Month

ENROLLMENT: June 7 – July 12, July 19 – August 30 DAY: Tuesdays TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m. AGES: 8 – 12 Years of Age FEE: \$180 per Month

PIANO - PERFORMANCE

This second-level class will teach children the use of the keyboard along with detailed instruction in this fun and friendly atmosphere. Music theory and technique are also taught.

ENROLLMENT: Ongoing DAY: Saturdays TIMES & AGES: 12 – 12:45 p.m., 8 – 12 Years of Age 1 – 1:45 p.m., 13 – 16 Years of Age

FEE: \$120 per Month

SUMMER ART PROGRAM

Our Summer Art Program is a great way to introduce youth to the importance of Art. This program provides participants a safe place to let their creative minds explore.

LOCATION: Indio Teen Center DATES: June 17, July 15, August 12 DAY: Fridays TIMES: 6 – 7:30 p.m. AGES: 6 – 11 Years of Age FEE: \$10 per Class

CAMP & AFTER SCHOOL PROGRAMS

CREATIVE BRAIN – COMPUTER ANIMATION CAMP

Create your own computer animations! Make things move, make characters talk, walk, and even fly! Create your own cartoon animation short movie and more.

DATES: July 11 – 14 TIME: 12:30 – 1:45 p.m. DAYS: Monday – Thursday AGES: 8 – 14 Years of Age FEE: \$99

CREATIVE BRAIN – VIRTUAL CARTOON ANIME CAMP

Are you a fan of Japanese Anime, if so than this is the Camp for you? Students explore the art of cartoon drawing and create their own cartoon and anime characters. By the end of the class students will be creating their own cartoon strip and developing their anime character.

DATES: July 25 – 28 TIME: 2 – 3:15 p.m. DAYS: Monday – Thursday AGES: 8 – 15 Years of Age FEE: \$99

CREATIVE BRAIN – VIRTUAL ROBLOX STUDIO LAB (VIDEO GAME PROGRAMMING)

Create anything you can imagine with Roblox's immersive video game engine. Roblox Studio's creative features are accessible to a variety of skill levels ranging from novice to experienced programmer. Tools range from simple manipulation of objects or terrain, to entering complex scripts and game functions. This camp is designed for students who

FEE: \$99

have some coding experience.

DATES: June 6 – 9 TIME: 9 – 10:15 a.m. DAYS: Monday – Thursday AGES: 7 – 11 Years of Age



Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – DESERT MEADOWS

In partnership with Hope through Housing and the CVCT Collaborative, this Kids Club location is exclusively for the residents at Desert Meadows Apartments. This after school program, in a safe environment, provides





mentorship, a healthy snack, homework help, and activities that support academic enrichment. LOCATION: Desert Meadows Apartment Complex ENROLLMENT: Ongoing During School Year (holidays may be excluded) (Once school year ends program will start up again in August.)

TIME: 3 – 6 p.m. DAYS: Monday through Friday AGES: 5 – 17 Years of Age FEE: Free

KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides



mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Villa Hermosa Apartments ENROLLMENT: Ongoing During School Year *(holidays may be excluded) (Once school year ends program will start up again in August.)* TIME: 3 – 6 p.m. DAYS: Monday through Friday AGES: 5 – 17 Years of Age FEE: Free



PAWLEY SWIM CAMP

Spend your summer beating the heat and having a splashing good time learning personal water safety and healthy lifestyle habits that you will carry with you for the rest of your life! Activities include arts, crafts, games, water safety lessons, and recreational swimming. Campers will need to bring a sack lunch daily.

LOCATION: Pawley Pool Family Aquatic Complex ENROLLMENT: Weekly beginning June 6, 13, 20, 27 July 5, 11, 18, 25 and August 1 TIME: 9 a.m. – 2 p.m. DAYS: Monday through Friday AGES: 7 – 10 Years of Age FEE: : \$80 Per Camper

SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

DATES: Session 1: June 6 – 24, Session 2: June 27 – July 15 Session 3: July 18 – August 5

DAYS: Monday through Friday TIME: 7:30 a.m. – 6 p.m. AGES: 5 – 14 Years of Age

(child must have completed Kindergarten)

FEE: \$360 per 3 Week Session (average cost – may vary if holiday is included in session)

\$140 per 1 Week Session (average cost) – weekly sessions begin June 6, 13, 20, 27, July 5, 11, 18, 25, and August 1

TRADITIONAL AFTER SCHOOL

This program offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members.

LOCATION: Mountain Vista Elementary School ENROLLMENT: Ongoing During School Year (may exclude holidays)

DAYS: Monday through Friday TIME: School Dismissal – 6 p.m. AGES: 5 – 12 Years Old FEE: \$165 for May, \$42 for June \$150 for August 11 – 31

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: Ongoing DAYS & TIMES: Mondays, 5:30 – 6:15 p.m. **OR** Wednesdays, 4 – 4:45 p.m. AGES: 5 – 10 Years of Age FEE: \$42 per Month

BEGINNING BALLET – SUMMER SESSION

Dancers will learn ballet's basic steps and beginning dance positions. This class is designed to improve children's coordination and poise while introducing music appreciation and interpretations.

DATES: July 11 – August 15 DAY: Mondays TIME: 10 – 10:45 a.m. AGES: 5 – 10 Years of Age FEE: \$60



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts

and socks for boys are required. ENROLLMENT: Ongoing DAY: Tuesdays TIME: 9 – 9:45 a.m. AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month



GYMNASTICS

Location of classes: All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

Fees for one day per week classes are adjusted for three, four, or five week sessions.

DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!



AGES: 4 – 6 Years Old DAYS & TIMES: Mondays 6:30 – 7:15 p.m. Tuesdays 6:45 – 7:30 p.m. Thursdays 4:30 – 5:15 p.m. FEE: \$55 per one-month session *(one day per week)*

BOYS' BEGINNING - ADVANCED GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

DAYS: Mondays TIME: 5 – 6:30 p.m., 6:30– 8 p.m FEE: \$75 per 4 week session

Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

GYMNASTICS

GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

DAYS: Tuesdays **OR** Wednesday **OR** Thursdays TIME: 4:30 – 6 p.m. FEE: \$75 per 4 week session

GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

DAYS & TIMES: Mondays 3:15 – 4:45 p.m. **OR** Thursdays 5:15 – 6:45 p.m.

FEE: \$75 per 4–week session

GIRLS' ADVANCED GYMNASTICS

Another acknowledgment of advanced skills, this by Invitation-only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.

DAYS: Mondays TIMES: 3:15 – 4:45 p.m. FEE: \$75 per 4–week session



TEAM COMPULSORY GYMNASTICS

By Invitation–only. *Levels 3, 4 and 5 skills must be completed as defined by USA Gymnastics.*

This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 3, Level 4 and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training.

The team competes in five to eight meets throughout the year. (Additional fee required for meets and competitive attire)

DAYS: Mondays, Wednesdays, Fridays **OR** Tuesdays, Thursdays, Fridays TIME: 3:30 – 6:30 p.m. FEE: \$175 per Month



SENIOR TEAM – OPTIONAL GYMNASTICS By invitation-only. Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

DAYS: Mondays, Tuesdays, Wednesdays, Thursdays, Fridays TIME: 3:30 – 6:30 p.m. FEE: \$260 per Month

GYMNASTICS JAMBOREE

Gymnastics Jamboree provides an open gym experience for participants to practice or learn new tricks in a social supervised setting.

DAYS & TIMES: Friday: 6:00 – 7:30 p.m. Saturday: 12:30 – 2 p.m.

FEE: \$10.00 per person

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

HEALTH & FITNESS

SALSAEROBICS

People love salsa dancing - the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.



ENROLLMENT: May, June, July DAYS: Mondays, Wednesdays, Fridays TIME: 8 – 10 a.m. AGES: 18 Years of Age and Over FEE: \$45 per Month DROP-IN FEE: \$7 Per Class

ZUMBA

This full-body exercise class set to music that will help firm up those muscles and make you feel great. A combination of dance and fitness with a touch of attitude!

ENROLLMENT: Ongoing DAYS: Mondays & Wednesdays TIME: 5:30 – 6:30 p.m. AGES: 16 Years of Age and Over FEE: \$36 per Month DROP-IN FEE: \$8 per Class

MARTIAL ARTS KARATE COMBO – 2 DAYS

These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.

ENROLLMENT: Ongoing

DAYS & TIMES: Tuesdays & Thursdays, 6:30 – 7:30 p.m. **OR** Mondays & Wednesdays 6:45 – 7: 45 p.m. AGES: 7 Years of Age and Over FEE: \$40 Per Month

Follow US at facebook.com/drdgym

Celebrate Your Birthday!



What a great way to celebrate your next birthday – at The District Gymnastics Academy in the Indio Community Center! You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

2.5 HOUR PARTY (1 ½ hours gymnastics & 1 hour use of multi–purpose room) 1–10 people, \$225 -OR- 11 – 20 people, \$325 1.5 HOUR GYMNASTICS ONLY PARTY 1–10 people, \$175 -OR-11–20 people, \$275

CALL AND BOOK YOUR PARTY TODAY!

Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

ARTIAL ARTS

LITTLE DRAGONS KARATE PROGRAM

Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME: 6 – 6:30 p.m. AGES: 4 – 7 Years of Age FEE: \$50 per Month

SPECIAL INTEREST PARENTS' NIGHT OUT

Parents, this is your opportunity to leave your children with us. We will provide a fun and safe environment for your children that will include games, craft activities



and structured fun planned while you enjoy an evening on the town!

LOCATION: Indio Teen Center DATES: June 10, July 8 TIME: 6 – 9:30 p.m. AGES: 6 – 14 Years of Age FEE: \$25 per Session

SUMMER MAD SCIENTIST NIGHT

Join us for a fun night of outrageous mad science. Participate in fun science experiments, mix up some crazy chemistry and participate in 🔪 science activities.

LOCATION: Indio Teen Center DATES: June 24, July 29 DAYS: Fridays TIME: 6 – 7:30 p.m. AGES: 6 – 11 Years of Age FEE: \$10 per Month





ARCHERY ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.



ENROLLMENT: Ongoing

DAYS: Tuesdays **OR** Thursdays TIME: 4:30 – 5:30 p.m. **OR** 5:30 – 6:30 p.m. AGES: 7 – 17 Years of Age FEE: \$40 Per Month* *Average fee per month; months with fewer or more program days may have different fees

BASKETBALL



BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!

BASKETBALL TRAINING ZONE – GIRLS, 5 & 6 YEARS OF AGE

ENROLLMENT: May DAYS: Mondays TIME: 4:30 – 5 p.m. FEE: \$20

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

BASKETBALL TRAINING ZONE – GIRLS, 7 – 14 YEARS OF AGE

ENROLLMENT: May DAYS: Thursdays TIME: 4 – 5 p.m. FEE: \$40

BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE

ENROLLMENT: May DAYS: Mondays TIME: 4 – 4:30 p.m. FEE: \$20

BASKETBALL TRAINING ZONE – COED, 7 – 14 YEARS OF AGE

ENROLLMENT: May DAYS: Fridays TIME: 4 – 5 p.m. FEE: \$40

INTERMEDIATE/ADVANCED BASKETBALL TRAINING FOR BOYS

This class is formulated for next level basketball players. We will be incorporating high intensity, high skill level drills that will constantly challenge serious young players who aspire to reach their full potential.

ENROLLMENT: May DAYS: Tuesdays TIME: 4 – 5 p.m. AGES: 10 – 17 Years of Age FEE: \$50

SUMMER BASKETBALL CLINICS

Our summer basketball clinic offers quality and motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. Proper stretching, offensive and defensive drills, and correct shooting practices are covered.

COED SUMMER BASKETBALL CLINIC

DATES: June 6 – 29, July 6 – 27, August 1 – 10 DAYS: Monday & Wednesday AGES, TIMES & FEES:

5 – 6 Years of Age, 10:30 – 11 a.m. \$40 each June & July; \$20 for August

7 – 10 Years of Age, 11:15 a.m. – 12:15 p.m. \$60 each June & July; \$40 for August

11 – 14 Years of Age, 12:30 – 1:30 p.m. \$60 each June & July; \$40 for August



GIRLS SUMMER BASKETBALL CLINICS

DATES: June 7 – 30, July 5 – 28, August 2 – 11 DAYS: Tuesdays & Thursdays AGES, TIMES & FEES: 5 – 6 Years of Age, 10:30 – 11 a.m., \$40 each June & July; \$20 for August 7 – 10 Years of Age, 11:15 a.m. – 12:15 p.m., \$60 each June & July; \$40 for August 11 – 14 Years of Age, 12:30 – 1:30 p.m., \$60 each June & July; \$40 for August

SUMMER YOUTH BASKETBALL LEAGUE

Summer Youth Basketball offers a great way for kids to learn new skills, play on a team and stay fit! We offer four age divisions. Our youngest teams focus on development, not wins and losses. Division Champs will be crowned from Division C and D at the end of the season.

DATES: June 21 – July 28 DAYS: Tuesdays & Thursdays for Divisions A, B, and C Saturdays for Division D

DIVISIONS, AGE & TIMES:

Division A (7 – 8 Years of Age): 5:20 – 6 p.m.
Division B (9 – 10 Years of Age): 6:30 – 7:10 p.m.
Division C (11 – 12 Years of Age): 7:45 – 8:30 p.m.
Division D (13 – 14 Years of Age): 11:30 a.m. – 12:30 p.m.
FEE: \$125 per Player (\$100 per player for Division D)
(Late Registration after 05/21/22 will be \$150 per participant for Divisions A – C, \$125 for Division D)

DRAFT DAYS FOR SUMMER YOUTH BASKETBALL LEAGUE (ATTENDANCE IS MANDATORY TO PLAY IN LEAGUE)

Division A (7 – 8 Years Old): Saturday, May 21, 10 a.m. – 12 p.m.
Division B (9 – 10 Years Old): Saturday, May 21, 12 – 2 p.m.
Division C (11 – 12 Years Old): Friday, May 20, 5 – 7 p.m.
Division D (13 – 14 Years Old): Friday, May 20, 7 – 9 p.m.

Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.



SUMMER YOUTH BASKETBALL LEAGUE – LITTLE DRIBBLERS

Have fun playing basketball while developing both player and character skills! We are now offering our 5 – 6-year-old Little Dribblers Division and games will be played at the Indio Community Center on Saturdays. Practices will be on Mondays and/or Wednesdays. Jerseys and game officials provided.



DATES: June 18 – July 30 DAYS: Saturdays TIME: 10 – 11 a.m. AGES: 5 & 6 Years Old FEE: \$100

FOOTBALL

SUMMER YOUTH FOOTBALL CLINIC

If you are you a football enthusiast who wants to sharpen your footwork, speed, and skills, come join our Summer Indio Youth Football Skills Clinic . This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.

LOCATION: Indio Teen Center DATES: IJune 7 – June 30, July 5 – 28, August 2 – 11 DAYS: Tuesdays and Thursdays AGES, TIMES & FEES: 7 – 10 Years of Age, 8 – 9 a.m.

\$60 each June & July; \$40 for August

11 – 14 Years of Age, 9:15 – 10:15 a.m. \$60 each June & July; \$40 for August



YOUTH FOOTBALL QB/WR SKILLS CLINIC 7 – 10 YEARS

Are you a football enthusiast who wants to sharpen your footwork, speed, and skills? If the answer is "YES!" Come out and join this program that will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.

LOCATION: Indio Teen Center DAYS: Saturdays DATES: July 9 – 30 TIMES: 9 – 10 a.m. AGES: 7 – 10 Years of Age FEE: \$40

PICKLEBALL

INDOOR PICKLEBALL - OPEN PLAY

We offer friendly Pickleball fun inside our Indio Community Center. No need to worry about weather conditions outside or crowded tennis courts! Reservations may be made at the front desk or free play can be played to all walk-ins.

ENROLLMENT: May 2 – August 31 DAYS: Mondays and Wednesdays TIMES: 7 – 9 a.m. AGES: 10 Years of Age and Over FEE: FREE for DRD Get Fit Pass members or \$5 Drop-in fee

SOCCER

TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

Tiny Soccer Stars - MAY

ENROLLMENT: May DAYS: Mondays **OR** Wednesdays TIME: 3:15 – 3:45 p.m. AGES: 4 – 6 Years of Age FEE: \$20 per Month

Tiny Soccer Stars – SUMMER CLINIC (at INDIO TEEN CENTER)

ENROLLMENT: June, July, August 1 – 8 DAYS: Mondays **OR** Wednesdays TIME: 8:15 – 8:45 a.m. AGES: 4 – 6 Years of Age FEE: \$20 per Month* *Average fee per month; months with fewer or more program days may have different fees

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

YOUTH SOCCER CLINIC – 6 – 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.



LOCATION: Indio Community Center ENROLLMENT: May 2 – 25 DAYS: Mondays & Wednesdays TIME: 4 – 5 p.m. FEE: \$60

LOCATION: Indio Teen Center

ENROLLMENT: May 7 – 28 DAYS: Saturdays TIME: 9 – 10 a.m. FEE: \$40

Youth Summer Soccer Clinic (6 – 10 Years of Age) LOCATION: Indio Teen Center

DATES: June 6 – 29, July 6 – 27, August 1 - 10 DAYS: Mondays & Wednesdays TIME: 9 – 10 a.m. FEE: \$60 each for June and July; \$30 for August

YOUTH SOCCER GOALIE CLINIC (6 – 10 YEARS OF AGE)

This Clinic will focus on goalie-specific drills and techniques to improve your skills. We will work on footwork, hand eye coordination, and goalie terminology to help you be ready for your next soccer season.

LOCATION: Indio Teen Center ENROLLMENT: June 4 – 25 DAYS: Saturdays TIME: 9 – 10 a.m. FEE: \$40



YOUTH SOCCER CLINIC – 11 – 14 YEARS OF AGE

This clinic will focus on various drills for continuous improvement of the participants soccer skills. Our clinics are designed for players looking to sharpen their technique, speed, and overall creativity on the soccer field.

DATES: June 6 – 29, July 6 – 27, August 1 - 10 DAYS: Mondays & Wednesdays TIME: 10:15 – 11:15 a.m. FEE: Fee: \$60 each for June and July; \$30 for August

SOFTBALL

DRD SLOW PITCH COED SOFTBALL TOURNAMENT

The tournament consists of adult slow-pitch rules and regulations. All genders ages 16 years and over are welcome. Games will be played at the Davis ball field. Family and friends are welcome to come and root for your team.

LOCATION: Davis Ball Field DATE: Saturday, May 7 TIME: 8 a.m. – 4 p.m. AGES: 16 Years of Age and Over FEE: \$240 per Team



TRACK & FIELD TRACK & FIELD SUMMER CLINIC

Learn track & field events to improve your athletic skills. You will learn shirt-distance and long-distance running, long and triple jumping techniques, and more. Classes will be held indoors and outdoors depending on weather.

AGES & TIMES: **5 – 9 Years of Age**, 2 – 2:45 p.m. DAYS, DATES &FEES: **Mondays:** June 6 – 27, \$30, July 11 – 25, \$22.50 August 1 – 8, \$15 DAYS, DATES &FEES: **Wednesdays:** June 8 – 29, \$30, July 6 – 27, \$30 August 3 – 10, \$15 AGES & TIMES: **10 – 14 Years of Age**, 3 – 4 p.m. DAYS, DATES &FEES: **Mondays:** June 6 – 27, \$40 , July 11 – 25, \$30 August 1 – 8, \$15

DAYS, DATES & FEES:

Wednesdays: June 8 – 29, \$40July 6 – 27, \$40 August 3 – 10, \$15

Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

SPORTS

VOLLEYBALL

ADVANCED VOLLEYBALL

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!

Coed Advanced Volleyball

MONTHS & DAYS: May, June, July – Fridays August – Wednesdays

TIME: 6:15 – 7 p.m. AGES: 10 – 17 Years of Age FEE: \$30 per Month (months with fewer or more than 4 Fridays will have adjusted fees)

Girls Advanced Volleyball

MONTHS & DAYS: May, June, July – Fridays August – Wednesdays

TIME: 7 – 8 p.m. AGES: 10 – 17 Years of Age FEE: \$40 per Month (months with fewer or more than 4 Fridays will have adjusted fees)

Girls Team Advanced Volleyball

MONTHS & DAYS: May, June, July – Fridays August – Wednesdays TIME: 8 – 9 p.m. AGES: 10 – 17 Years of Age FEE: \$40 per Month (months with fewer or more than 4 Fridays will have adjusted fees)



BEGINNING VOLLEYBALL

Calling those who want to learn Volleyball! This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. We will work on footwork and prepare you for the next volleyball level.

Coed Beginning Volleyball

MONTHS & DAYS: May, June, July – Fridays August – Wednesdays

TIME: 4 – 4:30 p.m. AGES: 6 – 10 Years of Age FEE: \$20 per Month (months with fewer or more than 4 Fridays will have adjusted fees)

Girls Beginning Volleyball

MONTHS & DAYS: May, June, July – Fridays August – Wednesdays TIME: 3:30 – 4 p.m. AGES: 6 – 10 Years of Age

FEE: \$20 per Month (months with fewer or more than 4 Fridays will have adjusted fees)

INTERMEDIATE VOLLEYBALL

Are you a volleyball player who is ready to play at the next level? In these classes, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass and block, and attack. Our classes are highly motivational and tailored to player's needs.

Coed Intermediate Volleyball

MONTHS & DAYS: May, June, July – Fridays August – Wednesdays

TIME: 5:30 – 6:15 p.m. AGES: 9 – 17 Years of Age FEE: \$30 per Month (months with fewer or more than 4 Fridays will have adjusted fees)

Girls Intermediate Volleyball MONTHS & DAYS: May, June, July – Fridays August – Wednesdays

TIME: 4:30 – 5:15 p.m. AGES: 9 – 17 Years of Age FEE: \$30 per Month (months with fewer or more than 4 Fridays will have adjusted fees)



For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

OPEN VOLLEYBALL

Just for fun, we set up the volleyball nets on Friday evenings and invite our members to play. Bring family and friends to create a team or just show up and join!

ENROLLMENT: May 6 – August 26 DAYS: Fridays TIME: 6 – 9 p.m. AGES: 5 Years of Age and Over FEE: FREE for DRD Get Fit Pass members or \$5 Drop-in fee

WRESTLING

WRESTLING

Participants will be taught the guidelines of wrestling as well as the techniques of inter-scholastic wrestling. In addition, life lessons that are part of the sport will be incorporated such as;



sportsmanship, resilience, mental toughness and humility.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME & AGES: 6:15 – 7:15 p.m., 5 – 10 Years of Age 7:15 – 8:15 p.m., 10 – 13 Years of Age

FEE: \$80 per Month

MULTI-SPORT CLASSES

LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that ill help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

ENROLLMENT: May DAYS: Mondays **OR** Wednesdays TIME: 1:30 – 2 p.m. AGES: 3 – 5 Years of Age FEE: \$20 for May, either Mondays or Wednesdays

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.



ENROLLMENT: Ongoing DAYS: Mondays & Wednesdays TIME: 4:30 – 5:15 p.m. AGES: 7 – 14 Years of Age FEE: \$50 per Month SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT PAWLEY POOL FAMILY AQUATIC COMPLEX





Join us on Friday, June 10 for "Free Swim Friday" from 5 – 9 p.m.

PLEASE SEE OUR ADAPTIVE/THERAPEUTIC SPORTS & RECREATION SECTION FOR ADAPTIVE SWIM/WATER PROGRAMS

PLEASE SEE OUR CAMP & AFTER SCHOOL SECTION FOR PAWLEY SWIM CAMP PROGRAMS -THANK YOU. 29

Indic

Please Note: All in-person activities take place at the Indio Community Center or Park unless otherwise noted in the activity details that follow.

SWIM & WATER ACTIVITIES

JUNIOR WATER POLO

Water polo is a fun and energetic sport that focuses on team cohesion and game strategy. During this class, participants will learn proper ways to shoot and pass the ball, as well as defensive and offensive techniques. Participants must also be able to tread water and swim two lengths of the pool nonstop.



DATES: June 17 – July 29 DAY: Fridays TIME: 10 – 11 a.m. AGES: 8 - 13 Years of Age FEE: \$60

LIFEGUARD TRAINING COURSE

Prepare for the summer with this three-day training course. Participants must swim 300 yards, tread water for 2 minutes and perform a water retrieval test at the beginning of the course; scholarships available.

DATES:

May 13 – 15, May 20 – 22 DAYS & TIMES:

Friday, 5 – 9 p.m., Saturday & Sunday, 8 a.m. – 5 p.m. AGES: 16 Years of Age and Over FEE: \$250 per Participant for 3-Day Course

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$ 62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

 SESSION 1: June 6 – 16
 SESSION 4: July 18 – 28

 SESSION 2: June 20 – 30
 SESSION 5: August 1 – 10

 SESSION 3: July 4 – 14

INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

Parent & Me Level 1:

AGES: 18 Months – 3 Years of Age TIME: 9 – 9:45 a.m., 4 – 4:45 p.m.

Parent & Me Level 2:

Activities include those of Level 1 plus basic swimming skills. AGES: $2 - 3\frac{1}{2}$ Years of Age TIME: 10 - 10:45 a.m., 5 - 5:45 p.m.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability,

and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age



TIMES: 9 – 9:45 a.m., 10 – 10:45 a.m., 11 – 11:45 a.m. 4 – 4:45 p.m., 5 – 5:45 p.m., 6 – 6:45 p.m.

GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

Penguins 1

AGES: 6 ½ – 12 Years of Age TIMES: 9 – 9:45 a.m., 10 – 10:45 a.m. 4 – 4:45 p.m., 5 – 5:45 p.m.

Penguins 2

AGES: 8 – 12 Years of Age TIMES: 10 – 10:45 a.m., 11 – 11:45 am. 5 – 5:45 p.m., 6 – 6:45 p.m.



For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

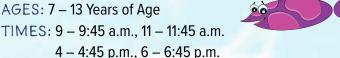
STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ¹/₂ – 12 Years of Age TIMES: 9 – 9:45 a.m., 11 – 11:45 a.m. 4 – 4:45 p.m., 6 – 6:45 p.m.



BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age



SHARKS: The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke and elementary backstroke for 25 yards.

AGES: 8 – 14 Years of Age TIMES: 10 – 10:45 a.m., 11 – 11:45 a.m. 5 - 5:45 p.m., 6 - 6:45 p.m.





D TOT PROGRAMS

LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

ENROLLMENT: Ongoing **DAY:** Fridays TIME: 9 a.m. – 12 p.m. AGES: 3 – 5 Years of Age FEE: \$50 per Month* *Average fee per month; months with fewer or more program days may have different fees



TINY TOTS

days may have different fees.

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.

ENROLLMENT: Ongoing DAYS: Monday – Thursday TIME: 9 a.m. – 12 p.m. AGES: 3 – 5 Years of Age FEE: \$260 Per Month* *Average fee per month; months with fewer or more program

Indio Hills

Please Note: All in-person activities take place at the Indio Hills Community Center unless otherwise noted in the activity details that follow.

50° ACTIVE ADULT & SENIOR PROGRAMS

INDIO HILLS SENIOR PROGRAM There is a lot going on at our centers! Enjoy an hour of bingo, games, or craft time each week.

ENROLLMENT: Ongoing DAYS: Tuesdays, Wednesdays, Thursdays TIME: 9 a.m. – 12 p.m. AGES: 50 Years of Age and Over FEE: Free





CAMP & AFTER SCHOOL PROGRAMS

TRADITIONAL AFTER SCHOOL

Our after-school programs offer a safe, fun space for kids to be active, get homework help, and be social.

ENROLLMENT: Ongoing During School Year (may exclude holidays) May 2 – 31, Monday – Friday, School Dismissal to 5:30 p.m. June 1 – 3, Wednesday, Thursday, Friday, School Dismissal to 5:30 p.m.

AGES: 5 – 17 Years Old FEE: Free* *The Indio Hills Traditional After School Program monthly fee is \$150. Due to program subsidies and grant funding only to the Indio Hills Program, it will be free until the funds are exhausted.



FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive thru safety signs, and food is distributed on a first come, first served basis.

DISTRIBUTION: Second Friday of the month (may exclude holidays)

TIME: 9:30 a.m. – 12 p.m. (or until all food has been distributed) AGES: All Ages FEE: Free



SUNSET BBQ POTLUCKS

Jump start your weekend and join us at our Indio Hills Community Park to enjoy one of the most beautiful sunsets in the Coachella Valley. Bring over your delicious BBQ recipe to share with your neighbors. Water fun activities will be provided for the little ones.

*The District will not provide food at this event as it is a community potluck.

DATE: Friday, May 13 TIME: 6 – 8 p.m. AGES: All Ages FEE: Free

> INDIO HILLS COMMUNITY COUNCIL MEETING DATE: Tuesday, May 17 TIME: 6 – 8 p.m.

*Meetings are being held online until further notice. For more information, please visit: https://rivco4.org/Councils/Community-Councils



Indio reen Center

Adaptive Programs



To register for programs, please visit: MyRecreationDistrict.com DRD has partnered with the City of Indio where we have expanded our program services of the Indio Teen Center. There are a variety of activities and programs to get involved in at the Indio Teen Center such as Prom Dress Giveaway, Summer Art Program, Adaptive/Therapeutic Sport & Recreation, Yoga, Youth Sports Programs that include T-Ball, Football Clinics, and Basketball to name a few.

Sport Activities



Health

& Fitness

La Quinta

Please Note: All in-person activities take place at the La Quinta Community Center unless otherwise noted in the activity details that follow.

50[°] ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing DAYS: Mondays, Wednesdays, Fridays TIME: 12:30 – 1:45 p.m. AGES: 50 Years of Age and Over FEE: FREE for DRD Get Fit Pass members or \$5 for Facility Use Pass



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE SWIM LESSONS & WATER FUN

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. Parent or caretaker is welcome in the pool during the swim lesson if the participant benefits from additional assistance in the water.

DATES: August 6 – September 3 DAYS: Saturdays TIME: 10 a.m. – 12 p.m. AGES: 4 Years of Age and Over with a Disability or a Special Need FEE: \$50



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB - VISTA DUNES

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Vista Dunes Apartment Complex DATES, DAYS & TIMES: (please note: holidays may be excluded) **Monday thru Friday, 3 – 6 p.m.** May 2 – 31, June 1 – 3, August 16 – 31 **Tuesdays & Thursdays, 1 – 4 p.m.** June 7 – 30, July 5 – 28, August 2 – 4 AGES: 5 – 17 Years of Age FEE: Free

SUMMER CAMP SAMPLER

Kids can join us for a summer camp-like experience, with theme days that include: Art Mania, Superhero Training, Wacky Water Games, Cooking Creations, and Pirates & Mermaids. Each day will also include snacks. Sign your child up for individual days or for the whole week!

DAYS & THEMES:

Monday – Art Mania Tuesday – Superhero Training Wednesday – Wacky Water Games Thursday – Cooking Creations Friday – Pirates & Mermaids DATES: June 13 – 17 TIME: 8:30 a.m. – 12 p.m. AGES: 4 – 11 Years of Age FEE: \$55 for the Week, \$15 per Day

DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.

ENROLLMENT: Ongoing DAYS & TIMES: Thursdays, 5:30 – 6:15 p.m. **OR** Fridays, 4 – 4:45 p.m.

AGES: 5 – 10 Years of Age FEE: \$42 Per Month

La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing DAYS & TIMES:

Mondays, 4 - 4:45 p.m. **OR** Wednesdays, 5:30 - 6:15 p.m. **OR** Fridays, 9 - 9:45 a.m. AGES: $2\frac{1}{2} - 5$ Years of Age FEE: \$42 Per Month



HEALTH & FITNESS

PERSONAL TRAINING -

(Single, 30 minutes and 5 -pack sessions)

Prevent injury, see results, reach your goals! From private Yoga and Tai Chi lessons, stretching and weight training, or sport-specific sessions, personal training will maximize your health and guide you towards reaching your fitness goals. All trainers are certified by an accredited organization and will customize each workout plan to your needs.

ENROLLMENT: Ongoing

Contact the La Quinta Community Fitness Center to book your training. AGES: 16 Years of Age and Over FEES: Single Session – \$65 • 30 Minute Session – \$40 5 Session Pack – \$285

SOUND BATH THERAPY

Come relax with us! A sound bath uses musical instruments to create a relaxing meditation experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep. Guided by a trained instructor. ENROLLMENT: Ongoing DAYS: First Tuesday of every month TIME: 10:30 – 11:30 a.m. AGES: 16 Years of Age and Over FEE: Free for DRD Facility Members or \$5 for Facility Use Pass

ZUMBA

Every one of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

DATES: Ongoing

DAYS: Mondays, Wednesdays, Saturdays TIME: 10 – 11 a.m. AGES: 16 Years of Age and Over FEE: \$65 per Month or DROP-IN FEE: \$8



SPECIAL INTEREST K9 NOSE WORK-BASIC-INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Ongoing DAY: Tuesdays TIME: 2:30 – 3:20 p.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session



K9 NOSE WORK–INTERMEDIATE WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/ handler teams begin to learn more challenging puzzle games including vehicle searches (prerequisite Scent Work – BASIC).

ENROLLMENT: Ongoing DAY: Tuesdays TIME: 3:30 – 4:20 p.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session

La Quinta

Please Note: All in-person activities take place at the La Quinta Community Center unless otherwise noted in the activity details that follow.

SPECIAL INTEREST

K9 NOSE WORK-ADVANCED WORKSHOP

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors and exteriors.

(prerequisite Scent Work – INTERMEDIATE)

ENROLLMENT: Ongoing DAY: Tuesdays TIME: 4:30 – 5:20 p.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session

PARENTS' NIGHT OUT

Here's an opportunity for parents to enjoy a night out while your child enjoys a fun night in! We will keep them entertained with activities (outdoor and indoor), crafts, and a kid friendly



meal while you get some much-needed R&R. Children should wear comfy clothes and closed toed shoes. DAY: Saturday

DATES: May 14, June 11, July 9, August 13 TIME: 5 – 8:30 p.m. AGES: 4 – 12 Years of Age FEE: \$25

ADULT SLOW PITCH SOFTBALL LEAGUE

Play Ball!!! Get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field. Playoffs will be held for top 4 teams the week after league play ends.

COED Mondays

DATES: June 27 – August 8, August 29 – October 10 (no games on July 4th & September 5th)
TIME: 6 – 10 p.m. DAYS: Mondays
AGES: 18 Years of Age and Over FEE: \$400 per Team
3 females per team minimum requirement to join the league.

MENS Tuesdays

DATES: June 28 – August 9, August 30 – October 11 TIME: 6 – 10 p.m. DAYS: Tuesdays AGES: 18 Years of Age and Over FEE: \$400 per Team

BOCCE BALL FRIDAYS

Interested in playing Bocce Ball or heard of it and want to know more about the game? Come out to the La Quinta Community Park on Fridays and enjoy a few games with other Bocce Ball enthusiasts from our community. This is a FREE program and is a recreational game to get outdoors and enjoy our summer months with friends and family. ENROLLMENT: Ongoing DAY: Fridays TIME: 8 – 10 a.m. AGES: 18 Years of Age and Over FEE: Free and open to the community



3 ON 3 BASKETBALL SUMMER BLAST!

Join us in the La Quinta Community Center Park for some 3 on 3 Pick-up Basketball! We will provide the referee, a light and all other game logistics, as well as a light meal for all paid team members. Prize for winning team.

Note: Must have 3 players on your team to play. DATES: Friday, May 20, 2022 TIME: 6 – 9 p.m. AGES: 18 Years of Age and Over FEE: \$5 per player



La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

ALL SWIM & WATER ACTIVITIES LISTED BELOW TAKE PLACE AT FRITZ BURNS POOL UNLESS OTHERWISE NOTED



POOL HOURS - BEGINS MAY 30 ENTRY FEES: (entry included if enrolled in a class or lesson) Children \$2 (Under 3 Years of Age are free) Adults: \$3 MONDAYS - THURSDAYS: 8 – 10 a.m. (Water Fitness Classes/Lap Swim) 11 a.m. – 2 p.m. (Lap Swim/Open Swim) 2 – 4 p.m. (Youth Lessons) 5 – 7 p.m. (Water Fitness Classes/Lap Swim) FRIDAYS: 8 - 12 p.m. (Lap Swim/Open Swim) 5 - 9 p.m. (Lap Swim/Open Swim) SATURDAYS: 8 a.m. – 12 p.m. (Lap Swim/Open Swim) SUNDAYS: CLOSED



Join us on Friday, June 10 for *"Free Swim Friday"* from 5 – 9 p.m.

DIVE-IN MOVIES

Join us on Friday on June 24, July 8, and August 5 for Friday Night Movies – check our website at MyRecreationDistrict.com/ movies for details on these and all of the great movies we offer!

FREE VETERANS SWIM DAY

Veterans will have the opportunity to join a class or swim for free on Monday, July 4 PLEASE SEE OUR ADAPTIVE/THERAPEUTIC SPORTS & RECREATION SECTION FOR ADAPTIVE SWIM/WATER PROGRAMS – THANK YOU.

SWIM & WATER ACTIVITIES

ADULT WATER FITNESS CLASSES

ADULT WATER AEROBICS

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

AGES: 18 Years of Age & Over FEE: \$50

Tuesdays & Thursdays:

TIME: 10 – 10:45 a.m. DATES: Session 1: May 3 – 26 Session 2: May 31 – June 23 Session 3: June 28 – July 21 Session 4: July 26 – August 18 Session 5: August 23 – September 15

Mondays & Wednesdays:

TIME: 10 – 10:45 a.m. **OR** 6 – 6:45 p.m. DATES: Session 1: May 2 – 25 Session 2: May 30 – June 22 Session 3: June 27 – July 20 Session 4: July 25 – August 17 Session 5: August 22 – September 14



La Quinta

Please Note: All in-person activities take place at the La Quinta Community Center unless otherwise noted in the activity details that follow.

SWIM & WATER ACTIVITIES

AQUA FIT

(This Class Is A Higher–Impact Workout Than Adult Water Aerobics)

Burn calories, tone muscle and increase your cardiovascular level! Geared for adults of all fitness levels.

AGES: 18 Years of Age and Over FEE: \$50

Tuesdays & Thursdays:

TIME: 9 – 9:45 a.m. DATES: Session 1: May 3 – 26 Session 2: May 31 – June 23 Session 3: June 28 – July 21 Session 4: July 26 – August 18 Session 5: August 23 – September 15

Mondays & Wednesdays:

TIME: 10 – 10:45 a.m. **OR** 6 – 6:45 p.m. DATES: Session 1: May 2 – 25 Session 2: May 30 – June 22 Session 3: June 27 – July 20 Session 4: July 25 – August 17 Session 5: August 22 – September 14

Mondays & Wednesdays:

TIME: 5 – 5:45 p.m. DATES: Session 1: May 2 – 25

Mondays & Wednesdays:

TIME: 7 – 7:45 p.m. DATES: Session 2: May 30 – June 22 Session 3: June 27 – July 20 Session 4: July 25 – August 17 Session 5: August 22 – September 14



SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.

AGES: 18 Years of Age and Over

Mondays & Wednesdays

DATES:Session 1: May 2 – 25
Session 2: May 30 – June 22
Session 3: June 27 – July 20
Session 4: July 25 – August 17
Session 5: August 22 – September 14
TIME: : 8 – 8:45 a.m. (please note some of the above dates also offer a 4 – 4:45 p.m. OR 5 – 5:45 p.m. class which will be able to be seen when registering)
FEE: \$25 per Session (fee will be adjusted for sessions with fewer or more program days)

Tuesdays & Thursdays

DATES:Session 1: May 3 – 26 Session 2: May 31 – June 23 Session 3: June 28 – July 21 Session 4: July 26 – August 18 Session 5: August 23 – September 15 TIME: : 8 – 8:45 a.m. FEE: \$25 per Session (fee will be adjusted for sessions with fewer or more program days)

Mondays through Thursdays

DATES:Session 1: May 2 – 26 Session 2: May 30 - June 23 Session 3: June 27 – July 21 Session 4: July 25 – August 18 Session 5: August 22 – September 15 TIME: : 8 – 8:45 a.m. FEE: \$50 per Session (fee will be adjusted for sessions with fewer or more program days)





La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

VETERANS SWIM PROGRAM

VETERANS SWIM – OPERATION COMFORT

Aquatic program for Military Veterans. Our mission is to help as many Veterans as possible who would benefit from water activities, that help to build strength, promote balance, and calms the mind.

DATES: Session 1: May 5 – June 4 Session 2: June 9 – July 2 Session 3: July 7 – 30 Session 4: July 28 – August 20 Session 5: August 25 – September 17 DAYS: Thursdays and Saturdays TIME: 8 – 9:30 a.m. AGES: Veterans 18 Years of Age and Over FEE: Free

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

 SESSION 1: June 6 – 16
 SESSION 4: July 18 – 28

 SESSION 2: June 20 – 30
 SESSION 5: August 1 – 10

 SESSION 3: July 4 – 14

INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water. **Parent & Me Level 1:** Ages 18 Months – 3 Years of Age TIME: 2 – 2:45 p.m.

Parent & Me Level 2: Activities include those of Level 1 plus basic swimming skills. $2 - 3 \frac{1}{2}$ Years of Age TIME: 4 - 4:45 p.m.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability, and parents do not accompany children in this class. AGES: 3 – 6 Years of Age TIMES: 2 – 2:45 p.m., 3 – 3:45 p.m.

GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport

Penguins 1 AGES: 6 ½ – 12 Years of Age TIMES: 2 – 2:45 p.m., 4 – 4:45 p.m.

Penguins 2 AGES: 8 – 12 Years of Age TIMES: 3 – 3:45 p.m.



STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and

butterfly kick, elementary backstroke as well as additional water safety. AGES: $6 \frac{1}{2} - 12$ Years of Age TIMES: 2 - 2:45 p.m., 2 - 2:45 p.m.

BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills. AGES: 7 – 13 Years of Age TIMES: 3 – 3:45 p.m.

SHARKS: The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced.



Requirements include freestyle with side breathing, backstroke and elementary backstroke for 25 yards. AGES: 8 – 14 Years of Age TIMES: 4 – 4:45 p.m.

Hosted by:



Coachella Valley Youth Summit

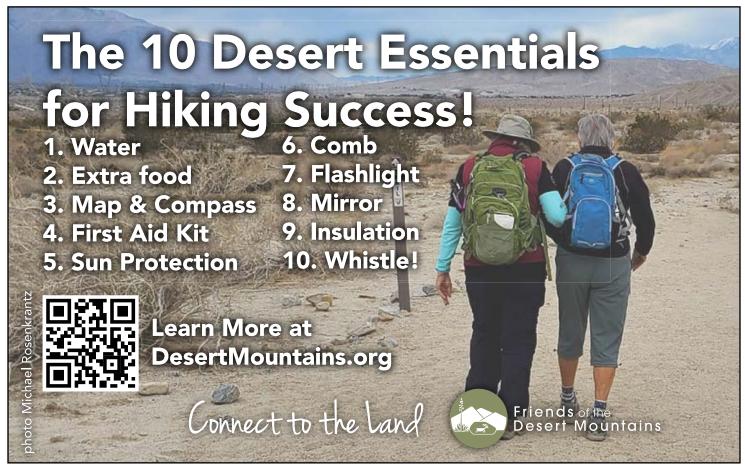
A YOUTH DIRECTED SYMPOSIUM ON ECONOMICS, CIVIC ENGAGEMENT, AND THE NATURAL ENVIRONMENT OF THE COACHELLA VALLEY.



The Coachella Valley Youth Summit (CVYS) is an education series free to highschool youth. This event series is designed to personal growth build and encourage more awareness about important areas of interest. Free food and entertainment will pair with meaningful workshops and keynotes for a day of community building and fun. For more information on participation or on how to support please email:

CoachellaValleyYouthSummit@gmail.com

Palm Desert | Indio | North Shore MAY, 7 MAY, 14 MAY, 2)





For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

50° ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing DAYS: Mondays & Wednesdays TIME: 9 – 10 a.m. AGES: 50 Years of Age and Over FEE: Free

MECCA SENIOR DIGITAL SKILLS WORKSHOP

This program offers digital sessions for Seniors who want to learn and use technology to explore the Internet, share photos, connect with family and friends, and other activities.

ENROLLMENT: July, August DAYS: Fridays TIME: 11 a.m. – 12:30 p.m. AGES: 50 Years of Age and Over FEE: Free

MECCA SENIOR PROGRAM

Join us for the Mecca Senior Program where you can enjoy crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Mondays – Thursdays TIME: 9 a.m. – 1 p.m. AGES: 50 Years of Age and Over FEE: Free



MECCA SENIOR SOCIALS Seniors, join us at the Mecca Community Center for a day of creative arts, karaoke, refreshments and much more.

DAYS & DATES: Fridays in May and June TIME: 9 – 11 a.m. AGES: 50 Years of Age and Over FEE: Free

🕞 ART & MUSIC

ART SCENE

This program will give participants a safe place to let their creative minds explore Art. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.

DAYS: Tuesdays AGES: 6 – 11 Years of Age DATES & TIMES:

May 3, 4 - 5 p.m., June 14, 2 - 3 p.m., July 19, 2 - 3 p.m. FEE: Free thanks to funding from Anderson Children's Foundation



ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

DAYS: Tuesdays AGES: 5 - 11 Years of Age DATES & TIMES: May 10 & 24, 4 - 5 p.m., June 7, 4 - 5 p.m. June 21, 2 - 3 p.m., July 5 & 26, 2 - 3 p.m. FEE: Free thanks to funding from Anderson Children's Foundation





Please Note: All in-person activities take place at the Mecca Community Center unless otherwise noted in the activity details that follow.

🕞 ART & MUSIC

POETRY WORKSHOPS

This 3-part poetry workshop will consist of the writing process, reading performance, and self-expression. Youth will write their own original piece of poetry and will have the opportunity perform.

DAY: Tuesdays DATES: June 14 – 28 TIME: 5:30 – 6:30 p.m. AGES: 11 – 13 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation

TEEN POETRY WORKSHOPS

This 3-part poetry workshop will consist of the writing process, reading performance, and self-expression. Youth will write their own original piece of poetry and will have the opportunity perform.

DAY: Tuesdays DATES: June 14 – 28 TIME: 6:30 – 7:30 p.m. AGES: 14 – 16 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB - PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Paseo De Los Heroes III Apartments ENROLLMENT: Ongoing During School Year (holidays may be excluded) (once school year ends, program will start up again in August) May 1 – 31, June 1 – 7, August 11 – 31 TIME: 3 – 6 p.m. DAYS: Monday through Friday AGES: 5 – 17 Years of Age FEE: Free



PROJECT L.E.A.D.

Community Project L.E.A.D (Linking Education, Advocacy and Development) program offers academic tutoring, homework assistance, enrichment activities, mentoring, and much more!

ENROLLMENT:

Ongoing During School Year (holidays may be excluded) May 2 – 31, June 1 – 30 July 1 – 8, August 11 – 31 DAYS: Monday through Friday TIME: School Dismissal – 6 p.m. GRADES: Kindergarten – 12th FEE: Free thanks to a collaboration with Community Action Partnership





READING CLUB

Hey kids – join our reading club! This program will help kids improve their reading comprehension and writing skills, and kids will participate in educational games and work on crafts.

ENROLLMENT: May 3 – 31, June 2 – 30, July 5 - 28 DAYS: Tuesdays & Thursdays TIME: 3 – 4 p.m. GRADES: Kindergarten – 12th

FEE: Free thanks to a collaboration with Community Action Partnership, Anderson Children's Foundation



COMMUNITY EVENTS

Come in and enjoy our Youth Socials! Fun activities will include art, crafts, science, dancing, fitness, group games, and much more. Space is limited.

ENROLLMENT: May 6 - 27, June 3 - 24 DAY: Fridays TIME: 4 – 6 p.m. AGES: 6 – 11 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation

Irene W. & Guy L. Anderson Children's Foundation

Mecca

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

HEALTH & FITNESS

ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.



ENROLLMENT: May, June, August DAYS: Wednesdays TIME: 6 – 7 p.m. AGES: 14 Years of Age and Over FEE: \$35 per Month DROP-IN FEE: \$5 per Class



MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at **MyRecreationDistrict.com/movies** for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on July 8 in Mecca.



SPECIAL INTEREST

ROBOTICS

Youth will work hands-on with robotic kits and learn the basic concepts of robotic engineering. By working in teams, they will participate in group activities to design, build, and program their robots. At the end of the program, they will have a robot of their own.

DATES: May 5 – 26, June 2 – 30 DAY: Thursdays TIME: 4 – 5 p.m. AGES: 9 – 13 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation



Irene W. & Guy L. Anderson Children's Foundation

PICKLEBALL

Come in and enjoy our Pickleball program played at the Mecca Community Park. Learn the rules of the game, hitting techniques and have fun!

DATES: Ongoing beginning in February DAYS: Mondays TIMES: 4 – 5 p.m. AGES: 7 – 13 Years of Age FEE: Free

SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT MECCA COMMUNITY POOL



POOL HOURS - BEGINS JUNE 6

ENTRY FEES: (entry included if enrolled in a class or lesson) Children \$2 (Under 3 Years of Age are free) Adults: \$3 MONDAYS – THURSDAYS: 4 – 7 p.m. (Youth Lessons) 7 – 9 p.m. (Lap Swim/Open Swim) FRIDAYS & SATURDAYS: 5 – 9 p.m. (Lap Swim/Open Swim)

SUNDAYS: CLOSED



Please Note: All in-person activities take place at the Mecca Community Center unless otherwise noted in the activity details that follow.



"Free Swim Friday" from 5 – 9 p.m.

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 6 – 16 SESSION 4: July 18 - 28 SESSION 2: June 20 – 30 SESSION 5: August 1 – 10 SESSION 3: July 4 - 14

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 4 – 4:45 p.m., 5 – 5:45 p.m., 6 – 6:45 p.m.



GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

PENGUINS 1 & 2: Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.



Penguins 1

AGES: 6 ¹/₂ – 12 Years of Age TIMES: 4 – 4:45 p.m., 5 – 5:45 p.m., 6 – 6:45 p.m.

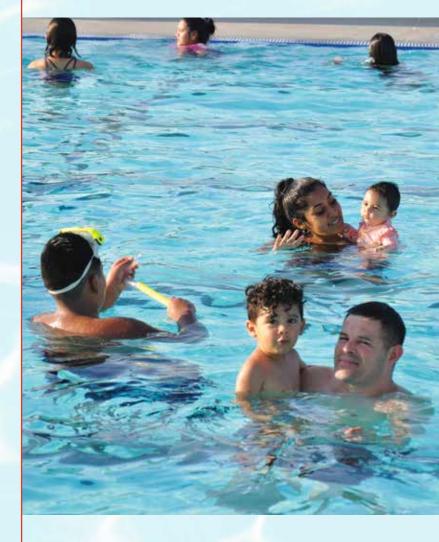
Penauins 2

AGES: 8 – 12 Years of Age TIMES: 4 – 4:45 p.m., 5 – 5:45 p.m., 6 – 6:45 p.m. STINGRAYS: Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety. AGES: 6 1/2 - 12 Years of Age TIMES: 4 – 4:45 p.m., 6 – 6:45 p.m.

BARRACUDAS: Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age TIMES: 5 – 5:45 p.m.





Find Your Joy!

North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

50° ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance, and flexibility.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME: 9 – 10 a.m. AGES: 50 Years of Age and Over FEE: Free



Join us every Tuesday and Thursday for the North Shore Senior Program. Seniors stop by and enjoy exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays TIME: 9 a.m. – 12 p.m. AGES: 50 Years of Age and Over FEE: Free

NORTH SHORE SENIOR SOCIALS

Seniors, join us at the North Shore Beach & Yacht Club for a day of creative arts, karaoke, refreshments and much more. DAYS & DATES: : Fridays in May and June TIME: 9. – 11 a.m. AGES: 50 Years of Age and Over FEE: Free

ART & MUSIC

ART SCENE

This program will give participants a safe place to let their creative minds explore Art. Each class will be led by an instructor and participants will be able to take completed painting home at the end of the class.

DAYS: Wednesdays

DATES & TIMES: May 25, 4 – 5:30 p.m. June 29, 1 – 2:30 p.m.

July 27, 1 – 2:30 p.m.

AGES: 6 – 11 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation

ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

DAYS: Wednesdays DATES & TIMES: May 4 & 18, 4 – 5 p.m. June 1 & 15, 1 – 2 p.m., July 6 & 20, 1 – 2 p.m. AGES: 5 – 11 Years of Age

FEE: Free thanks to funding from Anderson Children's Foundation



CAMP & AFTER SCHOOL PROGRAMS

PROJECT L.E.A.D.

Community Project L.E.A.D (Linking Education, Advocacy and Development) program offers academic tutoring, homework assistance, enrichment activities, mentoring, and much more!

ENROLLMENT:

Ongoing During School Year (holidays may be excluded)

DATES: May 2 – 31, June 1 – 30, July 1 – 8, August 11 – 31 DAYS: Mondays – Fridays TIME: School Dismissal – 6 p.m.

GRADES: Kindergarten – 12th

FEE: Free thanks to a collaboration with Community Action Partnership



SUMMER BY THE SHORE

Come in and join the fun activities such as themed games, creative arts projects, crafts, board game tournaments, karaoke, and much more! Participants can learn new skills and build self-esteem through Sport Activities, Creative Arts and Crafts and group games. A daily snack is provided.

ENROLLMENT: July 11 – 29 DAYS: Mondays - Fridays TIME: 8 a.m. – 3 p.m. AGES: 5 – 17 Years of Age FEE: Free thanks to a collaboration with Community Action Partnership



North Shore

Please Note: All in-person activities take place at the North Shore Beach & Yacht Club unless otherwise noted in the activity details that follow.

CAMP & AFTER SCHOOL PROGRAMS

SUMMER READING CLUB

Hey kids – join our reading club! This program will help kids improve their reading comprehension and writing skills, and kids will participate in educational games and work on crafts.

ENROLLMENT: May 3 – 31, 4 – 5 p.m. June 2 – 30, 10:30 – 11:30 a.m., July 5 – 28, 10:30 – 11:30 a.m. DAYS: Thursdays GRADES: Kindergarten – 12th FEE: Free thanks to a collaboration with Community Action Partnership and Anderson Children's Foundation





YOUTH SOCIALS

Come in and enjoy our Youth Socials. Fun activities will include art, crafts, science, dancing, fitness, group games and much more. Space is limited.

LOCATION: North Shore Community Park ENROLLMENT: May 6 – 27, June 3 – 24 DAY: Fridays TIME: 4 – 6 p.m. GRADES: 6 – 11 Years of Age FEE: Free thanks to funding from Anderson Children's Foundation

DANCE

FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the dance that originated in Mexico, Folklorico. Space is limited.

LOCATION:

North Shore Community Park ENROLLMENT: May & June DAY: Tuesdays and Thursdays TIMES: 6 – 7 p.m. AGES: 9 – 17 Years of Age FEE: Free thanks to funding from

Anderson Children's Foundation



HEALTH & FITNESS

ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: May, June, August DAYS: Tuesdays & Thursdays TIME: 6 – 7 p.m. AGES: 14 Years of Age and Over FEE: \$35 per Month DROP-IN FEE: \$5 per Class



MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at **MyRecreationDistrict.com/movies** for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, June 24 at North Shore Community Park.

SPECIAL INTEREST

In this program, children will create a recipe book with the meals they learn to make. Presentations and fresh ingredients will be provided in partnership with CAL Fresh, Anderson Children's Foundation and FIND Food Bank. They will be provided with the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

DATES & TIMES:

May 3 – 31, 4 – 5:30 p.m. June 14 – 28, 10:30 a.m. – 12 p.m. DAY: Tuesdays AGES: 9 – 11 Years of Age FEE: Free thanks to funding from USDA Snap/CalFresh, Anderson Children's Foundation, and FIND Food Bank





Irene W. & Guy L. Anderson Children's Foundation

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For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

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COMMUNITY EVENTS

EL OASIS "LOTERIA NIGHT"

We are excited to welcome the community of Oasis and surrounding communities to join us for a night of games, community, and fun! We will be hosting two Loteria nights this summer. All ages are welcome to participate in a fast

DAY: Fridays DATE: June 17 and July 22 TIME: 6 - 7:30 p.m. AGES: All Ages FEE: Free

fun paced night of Loteria.



FAMILY GAME NIGHT / NOCHE DE JUEGO

Come join the community of Oasis for a night of fun, music, and games! All ages are welcome, and families are encouraged to attend. There we be tables set up with games such as Connect Four, Jenga, Bingo, Corn Hole and much more!

DATE: Friday, May 20 TIME: 6:30 – 8 p.m. AGE: All Ages FEE: Free

H2-OASIS: WATER DAY AT THE PARK

Come make a splash with us and beat the summer heat at the first H2-Oasis water day. We encourage all participants to bring towels and clothing you do not mind getting wet. There will be music, water themed activities,

DATE: Wednesday, July 13 TIME: 9 – 11 a.m. AGE: All Ages FEE: Free

and fun!

GOLF

GOLF NIGHT

We welcome children in the community of Oasis to join us in a night of golf at the park! No skill is required, materials will be provided. This is a perfect opportunity to introduce our youth to the sport of golf where they will learn to work collaboratively and learn the basics skills needed to develop their golf skills.



DATE: Thursdays in June & July TIME: 6:30 – 8 p.m. AGE: 7 – 17 Years of Age FEE: Free

MOVIES

MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at **MyRecreationDistrict.com/movies** for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, August 26 in Oasis.



Meet us at the Oasis del Desierto park where we will transport you to the Mecca Community Center to enjoy the pool and other amazing amenities we have! Please bring a towel, swimwear, and any other pool gear you

 would like to use. Look for dates and further information at https://www. myrecreationdistrict.com/community-events.
 For more information, please contact Michael
 Slater 760-275-9625.

Please Note: All in-person activities take place at the Palm Desert Community Center unless otherwise noted in the activity details that follow.



Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration – thank you.

ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills. This program is offered thanks to a collaboration with So Cal Adaptive Sports.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: **\$25** per Month TIME: **3 – 4:30** p.m. DAYS & DATES:



 Mondays
 Wednesdays

 May 2 - 23
 May 4 - 25

 June 6 - 27
 June 1 - 29

 March 7 - 28
 July 6 - 27

 July 11 - 25
 August 3 - 31

ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: May

DAY: Thursdays TIME: 4 – 5 p.m. AGES: 15 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month



ADAPTIVE TABLE TENNIS

Truly an all-ability game, table-tennis is a great opportunity to challenge your timing and hand-eye coordination. Swing a paddle and play with new friends for an exciting way to stay fit.

ENROLLMENT: June, July, August DAY: Tuesdays TIME: 3 – 4:30 p.m. AGES: 10 Years of Age and Over with a Disability or a Special Need FEE: \$25 per Month

ADAPTIVE TENNIS

A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. All ability levels welcome. This program is offered thanks to a collaboration with So Cal Adaptive Sports.

ENROLLMENT: May

DAYS: Thursdays TIME: 3 – 4 p.m. AGES: 8 years of Age and Over

with a Disability or a Special Need

FEE: \$25 per Month

🕖 ART & MUSIC

GUITAR

Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

Second Level class class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: May 11 – June 8 June 22 – July 20 August 3 - 31 DAY: Wednesdays AGES: 9 Years of Age and Over LEVELS & TIMES: **Beginning •** 6 – 7 p.m. **Second Level •** 7 – 8 p.m. FEE: \$80 per Session





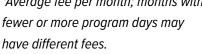
For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

PIANO/KEYBOARD - BEGINNING I & II

Children will learn to read music consisting of treble and bass clef, staff, names of notes, and simple key and time signatures.

Children will also learn rhythm and single note melodies leading to simple chord structures.

ENROLLMENT: Ongoing DAY: Wednesdays AGES: 8 – 12 Years of Age TIME: **Beginning I** • 4 – 5 p.m. **Beginning II** • 5 – 6 p.m. FEE: \$40 per Month* *Average fee per month; months with



CAMP & AFTER SCHOOL PROGRAMS REAGAN INTRAMURAL SPORTS

AFTER SCHOOL PROGRAM

Students will spend the afternoon embracing a healthy lifestyle supporting the rewards of teamwork and sportsmanship through physical activities, team building, and health & nutrition while they learn the fundamentals of various sports. Students are supervised by our trained, professional staff who provide daily academic support.

LOCATION: Ronald Reagan Elementary School ENROLLMENT: Ongoing during School Year (may exclude holidays)

DAYS: Monday – Friday TIME: School Dismissal to 5:30 p.m. GRADES: Kindergarten through Fifth FEES: \$165 for May \$25 for June 1 – 3

\$100 for August 16 - 31



SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

DATES: Session 1: June 6 – 24 Session 2: June 27 – July 15 Session 3: July 18 – August 5

DAYS: Monday – Friday

TIMES: 7:30 a.m. – 6 p.m.

AGES: 5 – 14 Years of Age

(child must have completed Kindergarten)

FEE:

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\$360 per 3 Week Session, **Full Day** (average cost – may vary if holiday is included in session)

\$140 per 1 Week Session, **Full Day** (average cost – may vary if holiday is included in session)

\$80 per 1 Week Session, **Half Day** (12 – 6 p.m.; average cost – may vary if holiday is included in session)

Weekly sessions begin: June 6, 13, 20, 27, July 5, 11, 18, 25, and August 1

TRADITIONAL AFTER SCHOOL

This program, serving students in Elementary School, offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members. Busing is not available for transport

LOCATIONS:

Portola Community Center

(Open to Washington Charter School students only)
Palm Desert Community Center

(Open to all other school students in August) DAYS: Monday – Friday (may exclude holidays) TIME: School Dismissal to 6:00 p.m. GRADES: Kindergarten through Fifth FEES: \$165 for May \$25 for June 1 – 3 \$100 for August 16 – 31

Please Note: All in-person activities take place at the Palm Desert Community Center unless otherwise noted in the activity details that follow.



ADULT DANCE

This friendly class will consist of a lyrical jazz and modern fusion style of dance. Easy warm up with some center/barre work as well as floor ab work will get bodies ready for a gentle stretch. Choreography will be taught in an easy flow with an emphasize in expression.

ENROLLMENT: May, June DAYS: Fridays TIME: 10:30 – 11:30 a.m. AGES: 18 Years of Age and Over FEE: \$50 per Month

BALLROOM: SWING & SALSA LESSONS

Palm Desert is dancing its way back to wellness! Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha.

ENROLLMENT: May 4 – 25, June 1 – 22 July 6 – 27, August 3 – 24 DAYS: Wednesdays TIME: 7 – 8 p.m. AGES: 18 Years of Age and Over FEE: \$52 per Month

BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.

ENROLLMENT: Ongoing

DAY: Saturdays TIME: 10 – 10:45 a.m. AGES: 5 – 11 Years of Age FEE: \$42 per Month



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing DAY: Saturdays TIME: 9 – 9:45 a.m. AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month

INTRO TO DANCE & DRUMMING

The goal of group drumming will be starting and ending together, eventually having half the class playing drums and the other half dancing! Scarves will be handed out for improvisational group dance leading to solos, and children will participate in call & response anatomy, stretching, and dynamic stretching.

ENROLLMENT: Ongoing DAY: Thursdays TIME: 10:30 – 11:30 a.m. AGES: 2 – 4 Years of Age FEE: \$40 Per Month

LINE DANCING

Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit! The latest in popular dances will be taught by a professional dance instructor MC Callaghan.

ENROLLMENT: May 4 – 25, June 1 – 22 July 6 – 27, August 3 – 24 DAYS: Wednesdays TIME: 6 – 7 p.m. AGES: 18 Years of Age and Over FEE: \$43 per Month DROP-IN FEE: \$13 per Day



For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

YOUTH DANCE ENSEMBLE

The Youth in this program will learn the fundamentals of movement consisting of spatial awareness, dynamic & static stretching, creating shapes and traveling across the floor. They will learn ballet, modern, and jazz fusion moves.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME: 4 – 5 p.m. AGES: 8 – 12 Years of Age FEE: \$60 per Month

HEALTH & FITNESS

ACTIVE ADULT FITNESS

This class will consist of cardio, core/abdominal work, and strengthening of all major muscle groups. You will leave this class feeling rejuvenated, reinvigorated, and strong!

ENROLLMENT: Ongoing DAY: Wednesdays TIME: 10:30 – 11:30 a.m. AGES: 18 Years of Age and Over FEE: \$40 Per Month

ADULT DANCE

This entry-level, friendly class will consist of a lyrical jazz and modern fusion style. Easy warm up with some center/barre work, as well as floor ab work will get bodies ready for stretching. Choreography will be taught in an easy flow with an emphasize in expression.

ENROLLMENT: Ongoing

DAY: Fridays TIME: 10:30 – 11:30 a.m. AGES: 18 Years of Age and Over FEE: \$40 Per Month

CHAIR YOGA

Chair Yoga is ideal for anyone that has challenges getting on and off the floor. All the postures will be done either sitting or standing. This class will include stretching, balancing, increasing flexibility, breathing exercises and meditation.

ENROLLMENT: Ongoing DATES: Thursdays TIME: 12 – 12:45 p.m. AGES: 18 Years of Age and Over FEE: \$39 per Month DROP-IN FEE: \$15 Per Day



HULA FOR FITNESS & FUN

The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm, and balance while tightening your core, arms and thighs with this traditional dance.

ENROLLMENT & FEES:

May 9 – June 27 • \$77 July 11 – August 29 • \$77 DAYS: Mondays TIME: 6 – 8 p.m. AGES: 18 Years of Age and Over DROP-IN FEE: \$14 Per Day

KICKBOX CARDIO

Kickbox Cardio is a fitness class that combines Martial Arts techniques with fast-paced cardio. This high-energy workout challenges both beginners and elite athletes. It is a non-contact workout, and you don't need any Martial Arts experience to take a Kickbox Cardio class.

ENROLLMENT: Ongoing DAYS: Thursdays TIME: 6 – 7 p.m. AGES: 16 Years of Age and Over FEE: \$ 40 per Month DROP-IN FEE: \$12 per Class

SALSAEROBICS

People love salsa dancing. The music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME: 8:15 – 9:15 a.m. AGES: 18 Years of Age & Over FEE: \$40 per Month DROP-IN FEE: \$7 per Day





Please Note: All in-person activities take place at the Palm Desert Community Center unless otherwise noted in the activity details that follow.

🚱 HEALTH & FITNESS

TAI CHI – BEGINNERS

The deep breathing techniques of Tai Chi will help you relax, and the slow movements will benefit your joints and tendons. Gain balance, focus, and inner peace while exercising and learning martial arts in a gentle, non-competitive environment. Great for all adults at any age or fitness level.



ENROLLMENT: May, June, July TIME: 12 – 12:45 p.m. AGES: 18 Years of Age & Over FEE: \$48 per Month DROP-IN FEE: \$15 per Day

MARTIAL ARTS

LITTLE KICKS

This introduction to Martial Arts provides a basic cardiovascular, stretching, and strength building program. It's designed for children to become familiar with group activities, sportsmanship, fair play, as well as mental and physical conditioning.

ENROLLMENT: Ongoing DAYS: Thursdays AGES & TIME: 3 – 6 Years of Age • 3 – 3:45 p.m. 7 – 8 Years of Age • 4 – 4:45 p.m.

FEE: \$30 per Month*

*Average fee per month; months with fewer or more program days may have different fees



K9 NOSE WORK–BASIC–INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

ENROLLMENT: Monthly DAY: Tuesdays TIME: 11 – 11:50 a.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session

K9 NOSE WORK- INTERMEDIATE WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/ handler teams begin to learn more challenging puzzle games including vehicle searches.

Prerequisite: K9 Nose Work Basic-Intro to Scent Work.

ENROLLMENT: Monthly DAY: Tuesdays TIME: 12 – 12:50 p.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session



K9 NOSE WORK-ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.**

ENROLLMENT: Monthly DAY: Tuesdays TIME: 1 – 1:50 p.m. AGES: 18 Years of Age and Over FEE: \$150 per 4–week session



First Tee - Coachella Valley is part of an international youth development organization that provides educational programs which build character and promote health through the game of golf. Classes are available for all skill levels for participants 4 - 18 Years of Age. Golf equipment and Financial Aid are provided for any participant who has a need.

SUMMER PROGRAMS ARE OPEN TO THOSE 4 – 18 YEARS OF AGE. \$65 PER NINE-WEEK SESSION \$75 FOR SUMMER CAMP

SUMMER CAMPS

Days: Monday – Friday Time: 8:30 – 11:30 a.m. (Full Day Camp option is available upon request)

Registration Opens on May 4

<u>First Tee Weekly Camps</u> June 6 – 10 June 13 – 17 June 20 – 24 June 27 – July 1 July 11 – 15 July 18 – 22 July 25 – 29

SUMMER PROGRAMMING

Registration Opens on May 25

First Tee Weekly Classes June 6 – August 6 (9 weeks)



Volunteer Opportunities available for Assistant Coaches, Special Events and Tutoring

INQUIRIES?

Please email Kyle Winn: kwinn@ftcv.org or call 760-834-6791



The Best Game Improvement Facility in the Coachella Valley!

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large Driving Range with lighting for night-time use, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 - 130 yards).



GOLF RATES (9–Holes)

Juniors (under 17)	\$8
Adults	\$18
Seniors (over 55)	\$15
Same Day 9–Hole Replay	\$5

DRIVING RANGE

Medium Bucket	\$8
Large Bucket	\$12

GOLF CLINICS......Call for details.

RENTALS

Pull–Cart	\$3
(June 6 – August included in Green	
Set of Clubs	\$7
Individual Clubs	\$3

For additional information, please call the Golf Shop at (760) 779–1877 or visit GolfCenterPD.com

Palm Desert

Please Note: All in-person activities take place at the Palm Desert Community Center unless otherwise noted in the activity details that follow.

SPORTS

FRISBEE

Ultimate Frisbee - Join us for an introduction to the game of Ultimate Frisbee with the goal of exercise, improving stamina and advancing your skills. The program will consist of two games side by side, with the advanced team playing next to



the beginners. Played at Freedom Park.

ULTIMATE FRISBEE - 1 DAY

DATES: May 2 – June 27, July 4 – August 29 DAY: Mondays TIME: 6:30 – 8:30 p.m. AGES: 13 Years of Age and Over FEE: \$40 per Session DROP-IN FEE: \$5

ULTIMATE FRISBEE – 2 DAYS

DATES: May 2 – June 30, July 7 – August 29 DAY: Mondays & Thursdays TIME: 6:30 – 8:30 p.m. AGES: 13 Years of Age and Over FEE: \$60 per Session DROP-IN FEE: \$5

PICKLEBALL

INDOOR PICKLE BALL - OPEN PLAY

We offer friendly competition and Pickleball fun inside our Palm Desert Community Center. No need to worry about weather conditions outside or crowded tennis courts!

ENROLLMENT: Ongoing DAYS: Mondays, Wednesdays, Fridays TIME: 9:30 a.m. – 1 p.m. AGES: 13 Years of Age and Over FEE: \$5 Drop–In Per Day or FREE for DRD Get Fit Pass members



PICKLEBALL CLINICS – BEGINNER LEVEL

Beginner level pickleball clinics have group skills and drills for beginner players. Plan your schedule with the instructor. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

ENROLLMENT: Ongoing DAYS: Wednesdays TIME: 9 – 10:30 a.m. AGES: 16 Years of Age and Over FEE: \$95 per Month, \$25 per Day

PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

At this level, there will be group skills and drills for advanced Beginner players. Plan your schedule with instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.

ENROLLMENT: Ongoing DAYS: Mondays TIME: 7:30 – 9 a.m. AGES: 16 Years of Age and Over FEE: \$95 per Month, \$25 per Day

PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED LEVEL

This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor. ENROLLMENT: Ongoing DAYS: Wednesdays TIME: 7:30 – 9 a.m., 10 – 11:30 a.m. AGES: 16 Years of Age and Over FEE: \$95 per Month, \$25 per Day



For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

PICKLEBALL - PRIVATE LESSONS

This private instruction will last for one hour each day. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.

ENROLLMENT: Ongoing DAYS & TIMES: Schedule with Instructor AGES: 16 Years of Age and Over FEE: Package of 5 for \$175

PICKLEBALL - SEMI-PRIVATE LESSONS

Semi-Private lessons for up to 4 people. This group instruction will last for one hour. Instruction will help you improve your game and get you to the next skill level. You will schedule the time with the instructor.

ENROLLMENT: Ongoing DAYS & TIMES: Schedule with Instructor AGES: 16 Years of Age and Over FEE: \$30 per Session **OR** Package of 5 for \$125

SUMMER YOUTH PICKLEBALL

The rapidly growing sport of pickleball is a great sport for Youth as well as adults. This introductory class will teach youth the basic rules and techniques of a sport they can play for years to come.

DATES: June 7 – 30, July 5 – 28, August 2 - 11 DAYS: Tuesdays & Thursdays TIMES: 2:30 – 3:30 p.m. AGES: 10 – 13 Years of Age FEE: \$60 each June and July; \$30 for August

SOCCER

FEE: \$169

CHALLENGER INTERNATIONAL SOCCER CAMP

Players learn the core values of respect, responsibility, integrity, sportsmanship and leadership. Programs address all age groups with curriculums that include various foot skills, technical drills, tactical practices and freestyle soccer. Small-sided games, coached scrimmages and a mini tournament allow players to work on and master their potential.

LOCATION: Football field at Freedom Park ENROLLMENT: June 20 – 24 (Register online at Challengersports.com) DAYS: Monday – Friday TIMES: 4 – 8 p.m. AGES: 3 – 16 Years of Age (players will be grouped by age)



PARENT & ME SOCCER

This class focuses on the development and learning for children aged 2 to 4 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required. DATES: June 7 – 28, July 5 – 26, August 2 – 9 DAY: Tuesdays TIMES: 9 – 10 a.m. AGES: 2 - 4 Years of Age (with parents participating) FEE: \$40 each for June and July; \$20 for August

SUMMER YOUTH SOCCER CLINICS – BEGINNING AND INTERMEDIATE

This class will develop an understanding of the engaging and exciting aspects of soccer, and improve listening, social, and athletic skills of participants. Each activity is designed to be fun and fast-paced. The Intermediate level will advance the skills and drills taught.

LOCATION: Community Center Gymnasium DATES: June 7 – 28, July 5 – 26, August 2 – 9 DAY: Tuesdays AGES & TIMES: 5 – 7 Years of Age, 10 – 11 a.m.

8 – 10 Years of Age, 11 a.m. – 12 p.m.

FEE: \$40 each for June and July; \$20 for August

Please Note: All in-person activities take place at the Palm Desert Community Center unless otherwise noted in the activity details that follow.

TABLE TENNIS

TABLE TENNIS

Bring a paddle and get ready to have some recreational and competitive fun. Table Tennis is a great way to improve hand-eye coordination, focus, and overall fitness. If you are looking for an entertaining recreational activity that is played indoors, join us! Bring your own paddle.

TIMES & DAYS ARE SUBJECT TO CHANGE.

DAYS & TIMES: Mondays, 1 - 4 p.m. Tuesdays, 6 - 9 p.m., Fridays, 12 - 3 p.m. AGES: 5 Years of Age and Over

FEE: \$5 Drop-In Per Day OR

FREE for DRD Get Fit Pass members



TENNIS

TENNIS CLINIC – YOUTH BEGINNER

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.

LOCATION: Palm Desert Civic Center Park DATES & FEES: June 15 – 29, \$30, July 6 – 27, \$40 August 3 – 10, \$20

DAYS: Wednesdays TIMES: 8 – 9 a.m. AGES: 5 – 7 Years of Age

TENNIS CLINIC – YOUTH INTERMEDIATE

In this class, students with at least one year of experience, or who have played 25 or more games will be able to refine what they have learned and increase their potential. Players will get the opportunity to learn to compete with one another. LOCATION: Palm Desert Civic Center Park DATES & FEES: June 15 – 29, \$30, July 6 – 27, \$40 August 3 – 10, \$20 DAYS: Wednesdays TIMES: 9 – 10 a.m. AGES: 5 – 7 Years of Age DROP-IN FEE: \$12

VOLLEYBALL

INDOOR VOLLEYBALL – BEGINNING/INTERMEDIATE

For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, and block, and attack.

DATES, DAYS, TIMES & FEES:

May 3 – 31, Tuesdays & Thursdays, 3:30 – 4:30 p.m., \$60 June 2 – 16, Tuesdays & Thursdays, 3:30 – 4:30 p.m., \$37.50 July 11 – 25, Mondays, 5 – 6 p.m., \$30 August 8 – 29, Mondays, 5 – 6 p.m., \$40 AGES: 8 – 17 Years of Age DROP-IN FEE: \$15 per Day

INDOOR VOLLEYBALL – INTERMEDIATE/ADVANCED

Learn how to prepare your skills for tournament play and high school play in this class, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background. We look forward to seeing you on the court!

DATES, DAYS, TIMES & FEES:

May 3 – 31, Tuesdays & Thursdays, 4:30 – 5:30 p.m., \$60 June 2 – 16, Tuesdays & Thursdays, 4:30 – 5:30 p.m., \$37.50 July 11 – 25, Mondays, 6 – 7 p.m., \$30 August 1 – 29, Mondays, 6 – 7 p.m., \$40 AGES: 8 – 17 Years of Age DROP-IN FEE: \$15 per Day

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

INDOOR VOLLEYBALL - ADVANCED

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. We look forward to seeing you on the court!

ENROLLMENT: May & June 2 - 16

DAY: Tuesdays & Thursdays Please note: The variation in the Teams listed below will be based on skill level. TIMES & AGES BY TEAM: TEAM 1: 6 – 7 p.m., 13 – 18 Years of Age

TEAM 2: 7 – 8 p.m., 13 – 18 Years of Age **TEAM 3:** 8– 9 p.m., 15 – 18 Years of Age FEE: \$60 for May, \$37.50 for June DROP-IN FEE: \$15 per Day



VOLLEYBALL CLINIC – BEGINNING/INTERMEDIATE

Every skill level welcome to this Summer Volleyball Clinic! Come out and learn how to serve, block and be a team competitor on your volleyball journey. In addition to footwork, we will work on game movement techniques and game rules.

DATES: July 2 – 30 DAYS: Saturdays TIMES: 9 – 10 a.m. AGES: 8 – 17 Years of Age FEE: \$50



VOLLEYBALL CLINIC – INTERMEDIATE/ADVANCED

Every skill level welcome to this Summer Volleyball Clinic! Come out and learn how to serve, block and be a team competitor on your volleyball journey. In addition to footwork, we will work on game movement techniques and game rules.

DATES: July 2 - 30 DAYS: Saturdays TIMES: 10 - 11 a.m. AGES: 8 - 17 Years of Age FEE: \$50

TOT PROGRAMS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities in a new theme every week. Immunizations must be current and children must be potty trained.



ONGOING MONTHLY

AGES: 3 – 5 Years of Age 3 DAYS PER WEEK: Mondays, Wednesdays, Fridays TIME: 9 a.m. – 12 p.m. ENROLLMENT & FEES: **3 Days per week** – Mondays, Wednesdays, Fridays

\$195 each for May & June \$225 each for July & August

2 Days per week – Tuesdays & Thursdays \$140 each for May & June \$170 each for July & August





SPORTS

PICKLEBALL – BEGINNER CLINICS

Will feature group skills and drills for beginning players so those new to pickleball can learn scoring and rules. Participants will also learn to hit balls with forehand strokes and learn how to serve correctly.

ENROLLMENT: Ongoing Monthly Clinics DAYS: Fridays TIME: 10 – 11:30 a.m. AGES: 16 Years of Age and Over FEE: \$95 per Month





DESERT RECREATION DISTRICT

partners with the

COACHELLA VALLEY RADIO CONTROL CLUB

to offer the programs for youth in June and July:

Times for Flights: 8 – 11 a.m. Beginning Introductory Flights: June 4 & 18 Continuing Introductory Flights: July 16 & 30

<u>Please note</u>: All flights listed above will be at the C.V. Radio Control Club Field at 54th & Pierce in Thermal.

All Children must be accompanied by a parent or guardian who will stay during the flight instruction.

Join us at THE PALM SPRINGS AIR MUSEUM for a FLIGHT PLANE FUN FLY on JULY 2

For additional information, please email regmodlin@aol.com



·V.R.C. # C

Thermal

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

50[°] ACTIVE ADULT & SENIOR PROGRAMS

FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing DAYS: Tuesdays & Thursdays TIME: 9 – 10 a.m. AGES: 50 Years of Age and Over FEE: Free

THERMAL SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing DAYS: Monday – Thursday TIME: 9 a.m. – 1 p.m. AGES: 50 Years of Age and Over FEE: Free



THERMAL SENIOR SOCIAL Seniors, join us at the Jerry Rummonds' Senior Center for a night of creative arts, karaoke, refreshments and much more.

DATE: Friday, July 15 TIME: 5 – 7 p.m. AGES: 50 Years of Age and Over

ART & MUSIC

ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce our youth of the Eastern Coachella Valley to a variety of different arts and crafts

DATES & TIMES:

May 11 – 25, 4 – 5 p.m., June 1 – 15, 4 – 5 p.m. July 6 – 20, 3 – 4 p.m., August 3 – 17, 3 – 4 p.m. DAY: Wednesdays AGES: 5 – 12 Years of Age FEE: Free thanks to funding from the Anderson Children's Foundation

BEGINNING GUITAR

Learn the basics such as strumming, rhythm, finger picking and tuning techniques that will get students playing right away! Lessons include how to read chord charts and tablature. This program is made possible through the Anderson Children's Foundation. Participants must be residents of Coachella, Thermal, Mecca or North Shore to participate.



ENROLLMENT: Ongoing

DAY: Wednesdays TIMES & AGES: 5:15 – 6:15 p.m., 7 – 12 Years of Age 6:15 – 7:15 p.m., 13 – 17 Years of Age FEE: Free thanks to funding from the Anderson Children's Foundation

DRUMS

Drumming is a great way to focus, concentrate and channel energy into coordination. Participants learn basic rhythms and beats, how to read drumming notation and basic drum line techniques.

DATES: May 3 – 31, June 7 – 28, July 5 – 26, August 2 - 30 DAY: Tuesday TIME: 5:15 – 6:15 p.m. AGES: 9 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation









Please Note: All in–person activities take place at the Jerry Rummonds' Senior & Community Center unless otherwise noted in the activity details that follow.

CAMP & AFTER SCHOOL PROGRAMS

PROJECT L.E.A.D.

Community Project L.E.A.D (Linking Education, Advocacy and Development) program offers academic tutoring, homework assistance, enrichment activities, mentoring, and much more!

ENROLLMENT:

Ongoing During School Year (holidays may be excluded) May 2 – 31, June 1 – 30, August 11 – 31 DAYS: Mondays – Fridays TIMES: School Dismissal to 6 p.m. AGES: Kindergarten – 12th FEE: Free thanks to a collaboration with Community Action Partnership

Community Action Partnership



READING CLUB

Hey kids – join our reading club! This program will help kids improve their reading comprehension and writing skills, and kids will participate in educational games and work on crafts.

DATES: May 2 – 30, June 1 – 3, August 15 – 29
DAYS: Mondays TIMES: 4 – 5 p.m.
AGES: 5 – 14 Years of Age
FEE: Free thanks to a collaboration with Community Action Partnership

SUMMER SESSION OF READING CLUB

DATES: July 11 – 29 DAYS: Mondays TIMES: 11 a.m. – 12 p.m. AGES: 5 – 14 Years of Age FEE: Free thanks to a collaboration with Community Action Partnership



THERMAL SUMMER SCENE

Your summer days will be full of exciting, structured activities sure to interest both new and returning participants. Each day staff leads the group in fun and lively summer camp activities.

DATES: July 11 – 29

DAYS: Monday - Friday TIMES: 8 a.m. – 3 p.m.

AGES: 5 – 14 Years of Age

FEE: Free thanks to a collaboration with Community Action Partnership





FRIDAYS AT THE RUMMONDS'

We welcome residents of Thermal and surrounding communities to join us in our new Friday programming. We encourage adults and seniors to join us for games, activities, crafts, fitness instruction and a day of socializing with members of the community.

ENROLLMENT: Ongoing

DAY: Fridays TIME: 9 a.m. – 1 p.m. AGES: 18 Years of Age and Over FEE: Free

GIRL SCOUTS INFORMATIONAL NIGHT

Come on out to the Jerry Rummond's Senior & Community Center for an informational night and an introduction to Girl Scouts as we create fun crafts together. Each participant will be gifted a membership to Girls Scouts of San Gorgonio Council.

DATE: Thursday, July 14 TIME: 5:30 – 6:30 p.m. AGE: 5 – 17 Years of Age FEE: Free



THERMAL FAMILY NIGHT

We welcome all families of Thermal and surrounding communities to join us for a night of games, music, crafts, a movie and of course fun! Refreshments, snacks, and material will be provided.

DATE: Thursday, June 16 TIME: 5:30 – 8 p.m. AGE: All Ages FEE: Free for children; \$10 for adults

Thermal

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484

THERMAL "LOTERIA NIGHT"

We are excited to welcome the community of Thermal and surrounding communities to join us for a night of games, community, and fun! We will be hosting two Loteria nights this



summer. All are welcome to participate in a fast fun paced night of Loteria.

DATE: Thursday, June 30th & Thursday, July 21 TIME: 6 – 7:30 p.m. AGE: All Ages FEE: Free



MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at MyRecreationDistrict.com/movies for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a **School's Out** movie on June 3, and a **Back-to-School** movie on Friday, August 5.

DIGITAL SKILLS WORKSHOP

We welcome all adults in the community of Thermal and surrounding areas to join us in our Digital Skills Workshops! We will be going over the basics of computers and the Internet such as: computer vocabulary, hardware, creating email accounts, setting up Internet restrictions for computers and phones, and more!

DATES: June 10 - 24, July 1 – 29, August 5 - 26 DAY: Fridays TIME: 9:30 – 11 a.m. AGES: 18 Years of Age and Over FEE: Free



Find Adventure!



Meet us at the Jerry Rummonds' Sr. & Community Center in Thermal where we will transport you to the Mecca Community Center to enjoy the pool and other amazing amenities we have! Please bring a towel,
swimwear, and whatever pool gear you would like to use. Look for dates at https://www. myrecreationdistrict.com/community-events.
For more information, please contact Michael Slater
760-275-9625.

Thousand Palms

Please Note: All in-person activities take place at the Thousand Palms Community Center & Park unless otherwise noted in the activity details that follow.

50 ACTIVE ADULT & SENIOR PROGRAMS

THOUSAND PALMS SENIOR PROGRAM



Join us for our brand **NEW** Thousand Palms Senior program on Fridays, starting June 3, 2022 and every Friday thereafter. This fun-filled weekly hour will consist of bingo, games, or craft time each week. Classes will be held inside the Thousand Palms Community Center.

ENROLLMENT: Ongoing, beginning June 3 DAYS: Fridays TIME: 10 – 11 a.m. AGES: 50 Years of Age and Over FEE: Free



CAMP & AFTER SCHOOL PROGRAMS

SUMMER CAMP

Welcome to the Thousand Palms Community Summer Camp! We will have sport activities, arts and craft classes, local business presentations and more! Fees are due the Monday of each week. We hope to see you there!

ENROLLMENT: June 6 – 9, June 13 – 16,

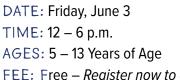
June 20 – 23, June 27 – 30

DAYS: Monday – Thursday TIMES: 9 a.m. – 1 p.m. AGES: 5 – 14 Years of Age FEE: \$40 per Week

COMMUNITY EVENTS

END OF SCHOOL YEAR CELEBRATION

Join us for a fun day in which we get to celebrate all our student successes as they leave one school year behind for the highly anticipated Summertime! Bring towels and aquatic clothing to get splashed during our water-fun activities



FEE: Free – Register now to ensure you obtain your entry bracelet. This event has limited capacity.

MAY THE FOURTH BE WITH YOU

Stop by the Thousand Palms Community Center on May 4 (Star Wars Day) dressed as your favorite Star Wars character between the hours of 9 a.m. and 5 p.m. for a chance to obtain a small prize. A picture will be taken for each participant. The

best dressed winner will have the opportunity to be featured in our District's newsletter.

DATE: Wednesday, May 4 TIME: 9 a.m. – 5 p.m. AGES: All Ages FEE: Free



Registration required due to limited prize quantities.

THOUSAND PALMS COMMUNITY COUNCIL MEETING

The Thousand Palms Community Council meets on the last Thursday every-other month. This meeting is open to the public to hear the latest news happening in the Thousand Palms Community from government officials, local authorities and special presentations.

LOCATION: Thousand Palms Community Center Please check as meeting may still be virtual – visit https://rivco4.org/Councils/Community-Councils DATE: Thursday, May 26, 2022 TIME: 6 p.m.

-Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347–3484



FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the cultural dance originated in Mexico, Folklorico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events.



ENROLLMENT: May and August DAY: Tuesdays TIMES & AGES: 5 – 6 p.m., 3 – 10 Years of Age 6:15 – 7:15 p.m., 11 Years of Age and Over

FEES: \$40 per Month

HEALTH & FITNESS

ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Thursdays TIME: 7:15 – 8:15 p.m. AGES: 16 Years of Age and Over FEE: \$45 per Month DROP-IN FEE: \$7 per Class



MOVIES IN THE PARK

We are pleased to bring you movies right here in your neighborhood. We are currently planning a movie for Wednesday May 4 in Thousand Palms; please check the listings on our website at **MyRecreationDistrict.com/movies** for the most up-to-date movie titles, locations, dates, and times. Please note inclement weather such as high winds can alter the schedule.



SPORTS THOUSAND PALMS YOUTH FOOTBALL CLINIC

This clinic will teach you football drills, footwork drills, and speed agility skills to get your game to the next level. We will practice work out drills and work on game time situations.

DATES: May 18, 20, 25, 27 & June 1 DAYS: Monday – Friday TIME: 6 – 8 p.m. AGES: 11 – 13 Years of Age FEE: \$100



HOST an Event in one of our Rental Zones!

Did you know that DRD facilities & parks are available for private use? You're sure to find the perfect space in one of our community centers, meeting rooms, ball fields or parks.

Make DRD your Event Partner for:

Birthday Parties • Business Meetings • Awards Ceremonies • Banquets • And More!

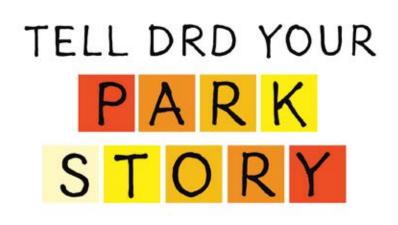


<u>Adaptive Pathfinder Ranch Day Trips</u>



A fun-filled adaptive day trip to Pathfinder Ranch, open to individuals with disabilities and special needs and their family. Exact activities to be determined, but examples are rock climbing, hi/low ropes course, canoeing, etc. Full information on what to bring will be available when you register. Program offered in partnership with Palms to Pines Parasports.

LOCATION: Pathfinder Ranch TIMES: 9 a.m. – 2 p.m. DATES: Trip One – Saturday, May 7 Trip Two – Sunday, May 8 AGES: All Ages with a Disability or a Special Need FEE: \$40 per Day Trip



INCREDIBLE EVENTS HAPPEN AT DESERT RECREATION DISTRICT!

Do you have a special story that happened at one of our Community Centers or Parks? If so, we absolutely want to hear from you! Please email your story to **MyParkStory@drd.us.com** and you might make the next Desert Rec Express newsletter article!



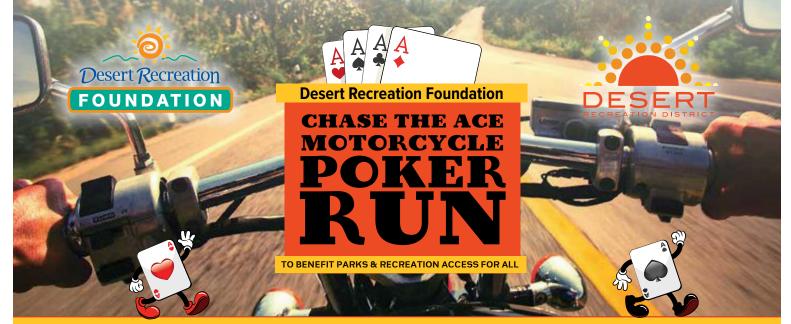
Desert Rec Express

THE NEWSLETTER OF DESERT RECREATION DISTRICT

DRD has amazing stories and events happening around the Coachella Valley throughout the year that you don't want to miss out on. So stay up to date and sign up today to get our newsletter directly by going to:

MyRecreationDistrict.com

SAVE THE DATE SATURDAY, OCTOBER 8, 2022



*For more information go to DesertRecreationFoundation.org or call (760) 347–3484 Desert Recreation Foundation is a 501(c)3 non–profit organization. Tax ID# 91–2143285

Where We Are

FIND YOUR CLOSEST DRD LOCATION

The Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

GET OFF THE COUCH AND INTO THE FUN-TASTIC TIMES!

BERMUDA DUNES

Bermuda Dunes Community Center 78-400 Avenue 42, Bermuda Dunes

Cathedral City Cathedral City High School (Swimming Pool) 69-250 Dinah Shore Drive, Cathedral City

COACHELLA Bagdouma Community Center & Park 51-251 Douma Street, Coachella

Bagdouma Pool 84-599 Avenue 52, Coachella

Indio Community Center & Park 45-871 Clinton Street, Indio

Indio Municipal Golf Course 83-040 Avenue 42, Indio

Indio Teen Center 81-678 Avenue 46, Indio

Pawley Pool Family Aquatic Complex 46-350 Jackson Street, Indio

Indio HILLS Indio Hills Community Center & Park 80-400 Dillon Road, Indio Hills

LA QUINTA Fritz Burns Pool 78-107 Avenue 52, La Quinta

La Quinta Community Fitness Center & Park 77-865 Avenida Montezuma, La Quinta

MECCA Mecca Community Center, Park & Pool 65-250 Coahuilla Street, Mecca

North Shore Beach & Yacht Club 99-155 Sea View Drive, North Shore

North Shore Community Park 99-480 70th Avenue, North Shore OASIS Oasis d

Oasis del Desierto Park 88-775 Avenue 76, Thermal

PALM DESERT Cahuilla Hills Park 45-825 Edgehill Drive, Palm Desert

Palm Desert Community Center & Park 43-900 San Pablo Avenue, Palm Desert

Freedom Park 77-400 Country Club Drive, Palm Desert

Palm Desert Soccer Park 74-735 Hovley Lane, Palm Desert

Olsen Community Park 43-005 Magnesia Falls Drive, Palm Desert

Portola Community Center 45-480 Portola Avenue, Palm Desert

The Golf Center at Palm Desert and First Tee – Coachella Valley 74-945 Sheryl Drive, Palm Desert

University Park 74-802 University Park Drive, Palm Desert

Rancho Mirage Community Park 71-560 San Jacinto Drive, Rancho Mirage

THERMAL Jerry Rummonds' Senior & Community Center 87-229 Church Street, Thermal

THOUSAND PALMS

Thousand Palms Community Center & Park 31-189 Robert Road, Thousand Palms



ADMINISTRATIVE OFFICE

45-305 Oasis Street, Indio, CA 92201 (760) 347–3484 Info@MyRecreationDistrict.com MyRecreationDistrict.com



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Financial Assistance Program

Desert Recreation District programs, activities and events are open to everyone. Your Desert Recreation District works closely with communities to provide recreational activities and events that offer affordable health and fitness benefits and are, most of all, FUN!

One of our goals is to help families and individuals with financial assistance so they can participate in Desert Recreation District's activities and programs. Desert Recreation District does not want any child or adult to be excluded from opportunities that could greatly benefit their needs. Please take a moment to review the Income Qualification Guidelines chart to see if you qualify. Qualifications are based on the HUD 2021 State Income Limits. If your income is Extremely Low you may receive 75% off the cost of activities or up to \$150 maximum in financial assistance per family member per fiscal year. If your income is Very Low, you may receive 50% off the cost of activities or up to \$150 maximum in financial assistance, go to MyRecreationDistrict.com to download an application, or stop by to pick up an application at the District's office in Indio.

To learn more about qualifying for the Financial Assistance Program, visit <u>MyRecreationDistrict.com/financial-assistance</u> or ask a DRD team member at one of our Community Centers, or call (760) 347–3484.





OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

MAKE AN IMPACT ON THE HEALTH OF OUR COMMUNITIES & Donate Today &

Can you imagine a community without parks and recreation? Neither can we! That is why Desert Recreation Foundation supports Desert Recreation District through fundraising efforts. Our work ensures that quality parks, recreational opportunities, and educational programs are available to ALL residents of the Coachella Valley, regardless of their income or ability. Your financial donation not only supports the Financial Assistance Program for low-income families and our Adaptive Sports Programs for individuals with disabilities, but also contributes to the development of new parks and the renovation of existing facilities, as well as help in the purchasing of new equipment.

THERE ARE MANY WAYS TO GIVE:

- Make your monetary donation or become a monthly donor online
- Make an IRA contribution donation
- Donate stocks for a tax benefit
- ★ Participate in a FUNdraising event
 - Will a portion of your estate to the Desert Recreation Foundation

You Can Make a Difference by Donating Today!

Call today to learn more (760) 347-3484 or visit our website at DesertRecreationFoundation.org

JULY IS NATIONAL PARKS & RECREATION MONTH



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Even in the middle of summer, you can enjoy recreational activities to celebrate with us at one of our Parks, Pools, Community Centers or at the Golf Center at Palm Desert.

SummerTime is Pool Time!

Did you know we operate pools in multiple locations in the Coachella Valley? Open Swim • Lap Swim • Swim Lessons • Lifeguard Instruction • Water Fitness Classes • Jr. Water Polo*

Cathedral City High School Pool, Bagdouma Community Pool in Coachella, Pawley Pool Family Aquatic Center in Indio, Fritz Burns Pool in La Quinta, Mecca Community Pool



*Please note not all locations have all amenities/classes; please see information inside this guide or visit MyRecreationDistrict.com/swim-water-programs for details on all locations & programs.