

Fall/Winter 2024

Activity & Program Guide



PARKS AND RECREATION DONE *R.I.T.E.

September • October • November • December

MyRecreationDistrict.com •    

*R = RESPECT • I = INTEGRITY • T = TEAMWORK • E = EXCELLENCE



Altura Care's Mission is to elevate the quality of care for people with disabilities.



Altura Care provides Community Integration Supports for individuals with developmental disabilities, including Down syndrome, autism, cerebral palsy, intellectual delay, and epilepsy.

Services

Community Integration Supports

At Altura Care, our community integration support program helps individuals with special needs join in activities they love within their own community. We assist in finding and signing up for fun activities based on your interests, such as art classes, music, or sports. We provide transportation to and from these activities and give you a 1:1 coach for support. Our program is designed to be enjoyable and tailored to your interests, ensuring you have a fulfilling experience.

Personal Assistance (PA)

Altura Care's personal assistance services are tailored to support individuals who need assistance with daily living activities, community integration, and supervision when their primary caregiver is away. From helping people run their errands, bathing and grooming to meal preparation and feeding, our services cover a wide range of essential tasks.

At Altura Care, our services are designed for individuals qualified for their Regional Center's Self-Determination Program (SDP), helping you take charge of your own care! [For service information call 760-834-5163](tel:760-834-5163) or [send your inquiry by email to, info@alturacare.org](mailto:info@alturacare.org).

If you're not signed up for the SDP program but are interested, our staff can refer you to service advocates in the Inland Empire who can help, call today!

alturacare.org

44-100 Monterey Avenue, Suite 216-2, Palm Desert, CA 92260



Welcome To Desert Recreation District's

FALL/WINTER 2024 ACTIVITY & PROGRAM GUIDE

Dear Community Members,

As we move into the highly anticipated seasons of fall and winter, I am thrilled to invite you to explore all the exciting activities and events we have planned for the upcoming months. The Desert Recreation District (DRD) is proud to offer a diverse range of programs and special events designed to bring our community together, promote healthy lifestyles, and create lasting memories.

This Activity Guide is filled with opportunities for everyone to enjoy. From sports leagues and clinics, fitness classes, workshops to our popular holiday events, there is something for everyone. Whether you are looking to try something new, develop a skill, or simply have fun, our dedicated team is here to help you get involved and make the most of your time with us.

As the holiday season approaches, we're so excited to include our special events planned to celebrate this festive time of year. These events are perfect for families and friends to come together and create cherished holiday traditions.

We are also excited to announce the reopening of our Palm Desert Community Center, offering even more opportunities for community engagement and enrichment. Additionally, we will be breaking ground on the Thermal Community Park late this fall! a significant milestone that will bring new recreational facilities and programs to our community. You can find more information about these amazing projects in this guide.

Signing up for our activities is easy and convenient. You can register online through our website, visit any of our community centers, or give us a call. We are here to assist you in finding the perfect programs that match your interests and schedule.

At DRD, our mission is to enhance the quality of life for all residents by providing exceptional recreational, cultural, and educational experiences. We are committed to fostering a sense of community, promoting wellness, and creating a safe and welcoming environment for everyone.

Thank you for your continued support and participation in our programs. Together, we can make this season unforgettable. I look forward to seeing you at our upcoming events and activities.

Warm regards,

Kevin Kalman, General Manager

DESERT RECREATION DISTRICT

Board of Directors

Please note some larger communities are represented by more than one board member.

DIVISION	NAME	TITLE	TERM
Division 1 Indio, La Quinta, Mecca, North Shore, Oasis, Thermal, Vista Santa Rosa and 100 Palms	Natalia Gonzalez	Vice President	12/2/22 to 12/4/26
Division 2 Chiriaco Summit, Coachella, Indio and Indio Hills	Rudy Gutierrez	Director	12/4/20 to 12/6/24
Division 3 Indio	Luis Espinoza	President	10/4/22 to 12/6/24
Division 4 Bermuda Dunes, Desert Palms, Indian Wells, La Quinta and Palm Desert	Rudy Acosta	Director	12/2/20 to 12/4/26
Division 5 Palm Desert, Rancho Mirage and Thousand Palms	Laura McGalliard	Director	12/4/20 to 12/6/24

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

Inspired To help others?

VOLUNTEER with DRD!

HELP WITH HOLIDAY OR SEASONAL EVENTS, OR AT AN ONGOING PROGRAM.

Volunteer Today!

MyRecreationDistrict.com/volunteer

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General Information

■ DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price–point we can offer, which does not allow for discounting.

■ ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

■ FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please enter your address at MyRecreationDistrict.com/map-board-representatives. You can also see both the resident and non-resident fees when you view the details of any of the activities in this guide online. If you need additional assistance, please call 760-347-3484.

■ HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

■ PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

■ REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make-up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.

*Si desea esta guía en español,
llame al (760) 347–3484*

Community and

SEPTEMBER EVENTS

- 08** Sunday, 1 – 3 p.m.
Paint and Pizza (*New Event!*) in Thousand Palms
- 15** Sunday, Time: TBD
El Grito, Mexican Independence Day in Coachella

- 28** Saturday, 4 – 6 p.m.
Chili Cook Off in Indio Hills

OCTOBER EVENTS

- 09** Wednesday, 6 – 8 p.m.
Halloween Spooktacular in Thermal
- 11** Friday, 5 – 7 p.m.
Halloween Scavenger Hunt in Indio
- 19** Saturday, 6 – 8 p.m.
Halloween Spooktacular in North Shore
- 23** Wednesday, 6 – 8 p.m.
Halloween Spooktacular in Oasis
- 26** Saturday, 1 – 8 p.m.
Halloween Carnival in Indio

- 26** Saturday, 6:30 – 8:30 p.m.
Halloween Hills in Indio Hills
- 26** Saturday, 3 – 5 p.m.
Floating Pumpkin Patch in La Quinta
- 28** Monday, 6 – 9 p.m.
Halloween Carnival in Coachella
- 31** Thursday, 6 – 8 p.m.
Halloween Spooktacular in Thousand Palms

**For all the Fun Event details, please go to the community location for more information.*

Holiday Events!

NOVEMBER EVENTS

- 01** Friday, 6 – 8 p.m.
Día De Los Muertos in North Shore
- 01** Friday, 5 – 8 p.m.
Día De Los Muertos in Thermal
- 09** Saturday, 10 a.m. – 12 p.m.
Veteran's Breakfast in Indio Hills
- 15** Friday, 4 – 7 p.m.
Fall Festival in Mecca

- 16** Saturday, Hunt Times: 9:15 a.m. • 10:15 a.m. • 11:15 a.m.
Thanksgiving Turkey Egg Hunt in Indio
- 27** Wednesday in Indio
10 – 11:30 a.m. **Pre-K Thanksgiving STEAM Day**
12 – 1:30 p.m. **Thanksgiving STEAM Day**
- 01-19** Monday – Friday, 8 a.m. – 5 p.m.
Holiday Food & Gift Drive at All DRD Locations

DECEMBER EVENTS

- 04** Wednesday, Time: TBD
Christmas Tree Lighting in Coachella
- 06** Friday, Time: TBD
Holiday Parade in Coachella
- 06** Friday, 6 – 8 p.m.
Candy Cane Lane in North Shore
- 07** Saturday, 10 a.m. – 12 p.m.
Pictures with Santa in Palm Desert
- 10** Tuesday, 6 – 8 p.m.
Candy Cane Lane in Thermal
- 14** Saturday, 10 a.m. – 12:30 p.m.
Candy Cane Hunt in Indio

- 14** Saturday, 5 – 7 p.m.
Holiday Potluck in Indio Hills
- 14** Saturday, 3 – 5 p.m.
Poolside with Santa in La Quinta
- 18** Wednesday, 12:30 – 2:30 p.m.
Holiday Craft Day in Thousand Palms
- 19** Thursday, 9 – 11 a.m.
Parent & Me Christmas Event in Indio
- 20** Friday, 6 – 7:30 p.m.
Gift Wrapping Class in Indio
- 21** Saturday, 3 – 6 p.m.
Oasis Posada in Oasis





Holiday Wishes from Desert Recreation District

Celebrate the Spirit of the Season, and give health and wellness gift cards to family and friends. It's the perfect gift to show you care giving the Gift Cards of Recreation!



Gift Cards!

Give The Gift of Recreation This Holiday Season!

Gift Cards are available for purchase online for holiday gift giving. Choose the dollar amount of your choice quickly and easily by visiting MyRecreationDistrict.com/gift-cards

The perfect healthy gift for the people you care about!



DESERT
RECREATION DISTRICT

Bermuda Dunes

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Bermuda Dunes Community Center



78-400 Avenue 42, Bermuda Dunes, CA 92203
(760) 347-3484

HOURS: See Activities for Times/Days



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE FITNESS –

HYBRID (Online & In-person classes offered)

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage participants in the structured setting.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 10:30 – 11:15 a.m.

AGES: 4 – 10 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE MUSIC

Join us in our movement-based music class made for all bodies. This Adaptive Music class will incorporate fitness and fun, into a great workout!



ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 1 – 2 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE SEATED FITNESS –

HYBRID (Online & In-person classes offered)

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

ADAPTIVE STRETCH & STRENGTHENING

This program incorporates a series of dynamic stretches and breathing techniques to promote muscle relaxation and flexibility while utilizing a sensory integration approach. Bring: water, and wear closed toed shoes.

ENROLLMENT: Ongoing

DAYS: Mondays

TIME: 10 – 10:45 a.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



Bermuda Dunes

Please Note: All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE ZUMBA

Join us for a great dance workout and music! The program is a modified version of Zumba. All skill and ability levels are welcome to attend.

ENROLLMENT: Ongoing

DAYS: Thursdays **TIME:** 1 – 2 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

PARENT & GUARDIAN COFFEE HOUR

This is a peer support group for parents and guardians of children with a disability or special need provided by the collaboration Olive Tree OT, Building Bridges, and Desert Recreation District. Parenting special needs children/adults can bring immense joy but can also bring unique challenges. Share your journey with other parents who get it, as well as share resources.



Please email Paloma@OliveTreeOT.com for registration.

DATES: September 24 • October 22

DAYS: Tuesdays **TIME:** 10 – 11:30 a.m.

AGES: All Ages **FEE:** Free



ART & MUSIC

BEGINNING PIANO

The piano's timeless pitch and tone make it one of the friendliest instruments to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.

ENROLLMENT: Ongoing

DAYS: Thursdays **TIME:** 4 – 5 p.m.

AGES: 6 – 17 Years of Age **FEE:** \$85 per Month



DANCE

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: September, October, November

DAYS: Tuesdays **TIME:** 5:30 – 6:15 p.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$42 per Month

ZUMBINI

Zumbini is a music and movement class for children 4 months to 4 years of age with a caregiver. This class develops cognitive, social, emotional, and motor skills in a fun, musical way with songs, dances, and musical instruments.

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 4:15 – 5 p.m.

AGES: 4 months – 4 Years of Age with Caregiver

FEE: \$45 per Month for September, October, November
\$33.75 for December

DROP-IN FEE: \$15 per Class



HEALTH & FITNESS

GENTLE YOGA FOR ACTIVE ADULTS

In Gentle Yoga for Active Adults, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: Ongoing

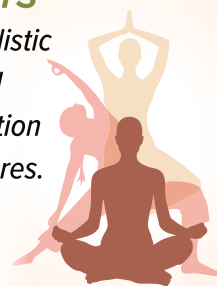
AGES: 18 Years of Age and Over

DAYS & TIMES: Thursdays • 9 – 9:45 a.m.

FEES: \$55 per Session for September and October

\$41.25 per Session for November and December

DROP-IN FEE: \$16 per Class



BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.

Please check at www.Rivco4.org before attending as meetings may be held via ZOOM.

Date: September 12 and November 14, 2024

Thank you.

Cathedral City

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

Cathedral City High School Swimming Pool



69-250 Dinah Shore Drive, Cathedral City, CA 92201
(760) 347-3484
HOURS: See Activities for Times/Days



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – RIVER CANYON

In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment. This program is also designed to engage teens, promote open communication, bridge multicultural differences, and enhance leadership development.



LOCATION: River Canyon Apartment Complex

DATES: Ongoing During School Year (holidays may be excluded.)
Follows the Palm Springs Unified School District (PSUSD) Calendar.

TIMES: 3 – 6 p.m. **DAYS:** Monday – Friday

AGES: 5 – 17 Years of Age

FEE: Free



Make Your Life Easier with the Desert Rec App!

- The App is user friendly for both iPhones and Androids.
- Your Membership is always ready to use on your phone.
- Register anytime for activities.
- Plus Much More, Scan the App Today!



MyRecreationDistrict.com

Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Bagdouma Park Community Center



51-251 Douma Street, Coachella, CA 92201
(760) 501-8120

HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m.
Tuesday: 3 – 7:30 p.m.
Saturday & Sunday: Closed

Bagdouma Community Pool



84-599 Avenue 52, Coachella, CA 92236
(760) 347-3484

Reserve Spring and Summer Rentals Now

50+ ACTIVE ADULT & SENIOR PROGRAMS

50+ STRONG

Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN!

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over

FEE: Free

ART & MUSIC

GUITAR – BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

ENROLLMENT: Ongoing

DAYS: Thursdays

TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over FEE: \$50 per Month



PIANO – BEGINNING

Students will learn piano in a class setting, using the keyboard. They will learn notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.

ENROLLMENT: Ongoing

DAY: Tuesdays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 16 Years of Age FEE: \$70 per Month



CAMP & AFTER SCHOOL PROGRAMS

FALL CAMP

Fall Camp is a 3-day camp that will include daily physical activity, nutrition/ cooking lessons, arts and crafts, and active play recreational activities. If you're looking for an active and fun fall camp, look no further!

AGES: 5 – 11 Years of Age

DAYS: Monday, Tuesday, Wednesday

DATES: November 25 – 27

TIME: 7:30 a.m. – 5:30 p.m.

FEE: \$84 per 3-Day Session



Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.



LOCATION: Las Casas Apartments

DATES: Ongoing During CVUSD School Year Calendar
(holidays may be excluded)

TIMES: 2:30 – 6 p.m.

DAYS: Monday through Friday

AGES: 5 – 17 Years of Age

FEE: Free



COMMUNITY EVENTS

**Community Events are held in
collaboration with the City of Coachella.**



ANNUAL CHRISTMAS TREE LIGHTING

LOCATION: Coachella City Hall

DATE: Wednesday, December 4

TIME: TBD

AGES: All Ages **FEE:** Free

COACHELLA HALLOWEEN CARNIVAL

Join us for some spooky Halloween fun! There will be candy, games, and our annual Halloween costume contest! Wear your best costume and come ready for a night of Trick or Treat! No registration necessary, all community residents welcome! T

LOCATION:

Bagdoura Park in Coachella

DATE: Thursday, October 24

TIME: 6 – 9 p.m. **AGES:** All Ages

FEE: Free



EL GRITO

The City of Coachella invites you to celebrate “El Grito.” The Annual “Fiestas Patrias” event is a large celebration of Mexican Independence Day, a Mexican holiday that celebrates the cry of independence on September 16, 1810. It reminds us that the spirit of freedom helps maintain a bond between Hispanics here in the Coachella Valley and their home countries. Join the City of Coachella and celebrate with live music, entertainment, a kids zone, and local food vendors.

LOCATION: Rancho Las Flores Park

DATE: Sunday, September 15 **TIME:** TBD

AGES: All Ages **FEE:** Free



MEXICO
Fiestas Patrias

HOLIDAY PARADE

LOCATION: Coachella City Hall

DATE: Friday, December 6

TIME: TBD

AGES: All Ages **FEE:** Free



DANCE

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: September, October, November

DAY: Fridays **TIME:** 5:30 – 6:15 p.m.

AGES: 5 – 10 Years of Age

FEE: \$42 per Month

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: September, October, November

DAY: Thursdays **TIME:** 4 – 4:45 p.m.

AGES: 2 ½ – 5 Years of Age

FEE: \$42 per Month



Coachella

Please Note: All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



DANCE

FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the cultural dance originated in Mexico. The choreography reflects Mexico's diverse ethnic makeup through dances steps influences by Spain, European, African and Caribbean cultures.

ENROLLMENT: September, October, November

DAY: Tuesdays

TIMES & AGES: 5:30 – 6:30 p.m. • 3 – 5 Years of Age
6:35 – 7:35 p.m. • 5½ – 8 Years of Age

FEE: \$55 Per Month

(Shoes and dress can be purchased with the instructor)



MARTIAL ARTS

YOUTH KARATE

This class focuses on a combination of traditional martial arts philosophies and strategies. This class is also about gaining self-esteem, discipline, sportsmanship skills, and personal integrity.

ENROLLMENT: Ongoing

DAYS: Wednesdays **TIMES:** 5:30 – 6:30 p.m.

AGES: 7 – 10 Years of Age **FEE:** \$40 per Month



MOVIES

MOVIES IN THE PARK

No tickets needed-just come for a free fun-filled flick.

Movie is sponsored by the City of Coachella.

DATES & MOVIES: October 4 – *The Garfield Movie*

October 11 – *Inside Out 2* • October 18 – *Despicable Me 4*

October 25 – *IF* • November 1 – *Migration*

DAYS: Fridays **TIME:** 7:30 – 10 p.m.

AGES: All Ages **FEE:** Free



SPORTS

BASKETBALL TRAINING ZONE

This class offers you drills and quality instruction that will help you develop your basketball skills by enthusiastic instructors!

LOCATION: Shaded Structure near the Bagdouma Center

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 5:30 – 6:30 p.m.

AGES: 7 – 12 Years of Age **FEE:** \$40 per Session

BEGINNER VOLLEYBALL – COED

This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball.

LOCATION: Bagdouma Park

ENROLLMENT: October, November, December

DAYS: Wednesdays **TIME:** 5 – 6 p.m.

AGES: 7 – 13 Years of Age **FEE:** \$40 per Month

READY SET RUN!

Ready, Set, Run! is a character-building running program that trains kids to participate in a 5k run. This curriculum-based program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals. **The first 10 participants enrolled receive free entry into the 11th Annual Run with Los Muertos 5K held in Old Town Coachella on Saturday, November 2, 2024. Participants must be enrolled in both sessions and attend all practices to qualify for free race entry. Sponsored entries provided by:**

Codex Creation Committee

LOCATION: Bagdouma Park

ENROLLMENT: September, October

DAYS: Mondays & Wednesdays **TIME:** 5 – 6 p.m.

AGES: 7 – 13 Years of Age **FEE:** \$60 per Month



Coachella

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

T-BALL ROOKIES

T-Ball Rookies is geared toward helping young athletes develop beginner level baseball skills. Class includes basic fundamentals such as catching, throwing, batting stance and base running. Athletes are required to bring their own glove.



LOCATION: Bagdouma Park Green Space Area
ENROLLMENT: September and October
DAYS: Thursdays **TIME:** 5:15 – 6 p.m.
AGES: 4 – 6 Years of Age **FEE:** \$30 per Month

TINY SOCCER STARS

Our instructors will teach children the beginning fundamentals of the sport of soccer that include passing, trapping, shooting, and defending. This program is great for participants who have little to no soccer experience.

LOCATION: Bagdouma Park Soccer Field #2
ENROLLMENT: Ongoing
DAYS: Wednesday **TIME:** 6:45 – 7:30 p.m.
AGES: 4 – 6 Years of Age **FEE:** \$30 per Month

TODDLER & ME SOCCER

Toddler and Me Soccer will consist of fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.

LOCATION: Bagdouma Park Soccer Field #2
ENROLLMENT: Ongoing
DAYS: Wednesday **TIME:** 6 – 6:30 p.m.
AGES: 2 – 4 Years of Age **FEE:** \$20 per Month

YOUTH FLAG FOOTBALL CLINIC

Join us to sharpen your footwork, speed, and skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.

ENROLLMENT: November & December
DAYS: Fridays **TIME:** 6 – 7 p.m.
AGES: 7 – 11 Years of Age
FEE: \$40 per Month

YOUTH INDOOR SOCCER (FUTSAL)

Instructors will teach children the beginning fundamentals of futsal to help develop your child's soccer skills. Classes will incorporate skills on passing, trapping, shooting and defending. We encourage participants to bring indoor athletic shoes. NO CLEATS!

LOCATION: Bagdouma Park Shade Structure
ENROLLMENT: November & December
DAYS: TBD **TIME:** TBD
AGES: 7 – 12 Years of Age **FEE:** \$30 per Month

YOUTH PICKLEBALL

Pickleball is an indoor or outdoor racket/paddle sport in which two players, or four players play against each other by hitting a hollow ball over a net. This introductory class will teach your child the basic rules, techniques, and fundamentals of Pickleball.

LOCATION: Bagdouma Park Pickleball Courts
ENROLLMENT: September and October
DAYS: Thursdays **TIME:** 7 – 8 p.m.
AGES: 7 – 13 Years of Age **FEE:** \$40 per Month

YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills and will cover the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

LOCATION: Bagdouma Park Soccer Field #2
ENROLLMENT: October & November
DAYS: Wednesdays **TIMES:** 7:30 – 8:30 p.m.
AGES: 7 – 12 Years of Age **FEE:** \$30 per Month



TOT PROGRAMS

TINY TUNE TOTS

Join us for our Parent-Toddler music bonding class to explore the wonders of music through playful activities, interactive songs, and rhythmic adventures. Stimulate your child's imagination, creativity, and social skills in a nurturing environment filled with joy and laughter. Let's make Mondays musical and memorable together!

ENROLLMENT: Ongoing **DAYS:** Mondays
TIME: 5:30 – 6 p.m. **AGES:** 2 – 4 Years of Age
FEE: \$20 per Month

Indian Wells

For more information, visit the City of Indian Wells website at www.cityofindianwells.org or call City Hall at (760) 346-2489.



FOR THOSE WITH
A DRIVE FOR *Perfection*

To book tee times, please call 760.346.4653 or visit IndianWellsGolfResort.com.

Connect with us



GET FIT PASSES

ACCESS TO ALL 4 CENTERS

*Includes Fitness Equipment, Racquetball Courts, Weight Rooms, a Track and Gymnasiums.



LOCATIONS AVAILABLE

Indio Community Center
45-871 Clinton Street

Palm Desert Community Center
43-900 San Pablo

North Shore Beach & Yacht Club
99-155 Sea View Drive

La Quinta Community Fitness Center
77-865 Avenida Montezuma

**Exact amenities may vary by location.*



OUTDOOR adventures

EXPLORE WITH US

MyRecreationDistrict.com/outdoor



COMMUNITY CAMPING

Cuyamaca Rancho State Park

- September 20-22, 2024
- 8 Years of Age and Over
- Basic camping equipment & meals provided
- 3 p.m. Fri - 12 p.m. Sun



ROCK CLIMBING

Joshua Tree National Park

- October 11, 2024
- 10-17 Years of Age
- Certified Guides, Gear & Transportation provided
- 7 a.m. - 2 p.m.



COSTAL ENCOUNTERS

Dana Point Senior Trip

- September 11, 2024
- 50 Years of Age and Over
- 7 a.m. - 5 p.m.
- Transportation provided

Torrey Pines State Natural Reserve

- October 16, 2024
- All Ages Welcome
- Transportation provided
- 8 a.m. - 5 p.m.



TRIPS FOR KIDS

Take a Kid Mountain Biking Day!

- October 5th, 2024
- 10- 17 Years of Age
- Transportation and lunch provided
- 8 a.m. - 5 p.m.

Coronado Bayshore Bikeway

- November 26th, 2024
- 10- 17 Years of Age
- Transportation and lunch provided
- 8 a.m. - 5 p.m.

Free of Cost!

We would like to thank our generous grant founders for their support! The Community Camping Trip program is funded by the Outdoor Equity Grants Program, created through AB 209 and administered by California State Parks, Office of Grants and Local Services. Thanks to the California State Coastal Conservancy, we are able to offer Full Day Coastal Encounters to our residents. Hiking Excursions, Trips for Kids Bike Rides, and Rock Climbing are made possible by California State Parks and Coachella Valley Mountains Conservancy through the Desert Recreation District Foundation.



Coastal Conservancy
STATE OF CALIFORNIA

For more information on Outdoor Adventures,
Email: OutdoorFun@drd.us.com or Call 760-347-3484



Indio

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Indio Community Center



45-871 Clinton Street, Indio, CA 92201
(760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m.
Saturday: 10 a.m. – 2 p.m.
Sunday: Closed

Indio Teen Center



81-678 Avenue 46, Indio, CA 92201
(760) 347-4263

HOURS: See Activities for Times/Days

Pawley Pool Family Aquatic Complex



46-350 Jackson Street, Indio, CA 92201
(760) 342-5665

HOURS: See Activities for Times/Days



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

PLEASE NOTE: Sport chairs are available for use during adaptive programs. Call the adaptive team, 760.834.9597, to request a sports chair during a session.

ADAPTIVE ARCHERY

Archery is a sport to assist with muscle development, accuracy, balance, coordination, and patience. The program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.



ENROLLMENT FOR BOTH ADULTS & YOUTH:

Tuesdays in October, November, December

FEE: \$25 per Month

Adaptive Archery – Adults

TIME: 2:30 – 3:30 p.m.

AGES: 17 Years of Age and Over with a Disability or a Special Need

Adaptive Archery – Youth

TIME: 3:30 – 4:30 p.m.

AGES: 7 – 17 Years of Age and Over with a Disability or a Special Need

ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.

ENROLLMENT: September

DAYS: Mondays TIME: 2 – 3 p.m. **OR** 3 – 4 p.m.

AGES: 16 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Session

ENROLLMENT: September, October, November, December

DAYS: Wednesdays TIME: 3 – 4 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 2 – 2:45 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE FITNESS CLASS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

ENROLLMENT: Ongoing

DAY: Tuesdays **TIME:** 5 – 5:45 p.m.

AGES: 8 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage all participants in the structured setting.

ENROLLMENT: Ongoing

DAYS: Saturdays **TIME:** 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE KICKLEBALL

Work on foot eye coordination and learn how to play a fun mixture of soccer and pickleball with us. Classes works on skill development through drills with progression to game play.

LOCATION: Gymnasium **ENROLLMENT:** Ongoing

DAYS: Wednesdays **TIME:** 4 – 5 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: September

DAYS: Tuesdays

TIME: 3:30 – 4:30 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month



ADAPTIVE POWERHOUSE

Get more familiar with gym equipment, learn more about how each muscle group interacts with each other. Learn how to set up a proper work out regiment and how to properly lift weights to minimize injuries. Contact the adaptive team, **760.834.9597** or AdaptiveSports@drd.us.com, if a sport chair is needed for participation!

LOCATION: Weight Room

ENROLLMENT: Ongoing

DAYS: Thursdays **TIME:** 11 – 11:45 a.m.

AGES: 18 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE WALLYBALL

Work on hand eye coordination and volleyball skills with us in a rousing month of wallyball [rebound volleyball]. Session takes place inside the racquetball court, and the use of the walls to increase play time is highly encouraged.

ENROLLMENT: September

AGES: 10 Years of Age or Over with a Disability or a Special Need

DAYS: Tuesdays **TIME:** 2 – 3 p.m. **FEE:** \$25 per Session



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE YOGA

Join us to stretch and relax! The program focuses on controlled stretching through slow motions and controlled breathing workout. This program will promote the use of flexibility and muscle mobility.

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 10 – 10:45 a.m.

AGES: 16 Years of Age or Over with a Disability or a Special Need

FEE: \$25 per Session



ART & MUSIC

DRUMS CLASSES

Enjoy this music time, having fun and bonding with your child. This class is for children and their parent(s) to come and learn a song or a dance. Every session there will be a new song or dance taught.



ENROLLMENT:

September, October, November

DAYS: Thursdays

AGES & TIMES: 4 – 6 Years of Age, 5 – 5:30 p.m.

7 – 9 Years of Age, 5:45 – 6:15 p.m.

FEES: \$100 per Participant

FALL ART PROGRAM

This program provides participants with a safe place to have fun, get creative and learn how to create various art projects. All supplies provided and participants will be able to take their completed project home.



LOCATION: Indio Teen Center

DATES & TIMES:

Saturday, September 21 • 10:30 a.m. – 12 p.m.

Friday, October 11 • 11 a.m. – 12:30 p.m.

Wednesday, November 27 • 2 – 3:30 p.m.

AGES: 6 – 11 Years of Age **FEE:** \$12 per Session

GUITAR – BEGINNING

Class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

ENROLLMENT: September 19 – October 17

November 7 – December 5

DAYS: Thursdays **TIME:** 6 – 7 p.m.

FEE: \$80 per Session

GUITAR – SECOND LEVEL

Class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

ENROLLMENT: September 19 – October 17

November 7 – December 5

DAYS: Thursdays **TIME:** 7 – 8 p.m.

FEE: \$80 per Session

HALLOWEEN THEMED MAD SCIENTIST EVENT

Join us for a fun night of outrageous mad science. Participate in fun science experiments while mixing up some crazy chemistry projects. All supplies will be provided

LOCATION: Indio Teen Center

DATE: Saturday, October 19

TIMES: 10 – 11 a.m.

AGES: 6 – 11 Years of Age

FEE: \$12 per Participant



PARENT AND ME MUSIC TIME

Enjoy this music time, having fun and bonding with your child. This class is for children and their parent(s) to come and learn a song or a dance.



ENROLLMENT:

September, October, November

DAYS: Saturdays **TIMES:** 11:30 a.m. – 12 p.m.

AGES: Children 2 & 3 Years of Age with a Parent or Guardian

FEES: \$40 per Month

PIANO – ADULT

This class will teach adults how to play piano from the start by using a keyboard. They will learn notes, rhythms, scales, and hand positions.

ENROLLMENT: September, October, November

DAYS: Thursdays

TIMES: 10 – 11 a.m.

AGES: 18 Years of Age and Over

FEE: \$65 per Month



PIANO – YOUTH BEGINNING

Students will learn piano by being in a class setting while using a keyboard. They will be learning notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.

ENROLLMENT: September, October, November

DAYS: Saturdays **TIMES:** 9 – 10 a.m. **OR** 10 – 11 a.m.

AGES: 7 – 16 Years of Age **FEE:** \$85 per Month

PIANO – YOUTH INTERMEDIATE

Students will continue their piano journey by learning more techniques and scales. They will be playing song pieces from song books and sheet music that will be easy but challenging for the student.

ENROLLMENT: September, October, November

DAYS: Wednesdays **TIMES:** 6:30 – 7:30 p.m.

AGES: 7 – 16 Years of Age **FEE:** \$85 per Month

WINTER ART PROGRAM

Our Winter Art Program is a great way to introduce youth to the importance of Art. Youth will have the opportunity to have fun, get creative and learn how to create various art projects without having any artistic abilities. All supplies will be provided and participants will be able to take their completed art project home.



LOCATION: Indio Teen Center

DATE: Saturday, December 21

TIMES: 10:30 a.m. – 12 p.m.

AGES: 6 – 11 Years of Age **FEE:** \$12 per Participant



CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. Program follows the DSUSD calendar.



LOCATION: Villa Hermosa Apartments

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 2:30 – 6 p.m. **DAYS:** Monday through Friday

AGES: 5 – 17 Years of Age **FEE:** Free

WINTER CAMP

Our recreational winter break program offers two weeks of on-site structured activities, sports, group games, entertainment, and special events. Campers will have a great time as each day is filled with so much fun!

AGES: 5 – 11 Years of Age

(child must have completed Kindergarten)

DAYS: Mondays – Fridays

Time: 7:30 a.m. – 6 p.m.

Fees: \$85 per Weekly Session

\$30 Daily Drop-in Available on Non-Field Trip Days

Two Week Session Dates (holidays excluded):

SESSION 1: December 23 – 27

SESSION 2: December 30 – January 3

Please Note: Registering for events ahead of time is the best way to ensure there is room for you to join in the fun! Register at MyRecreationDistrict.com/community-events or in person at any DRD facility.



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

COMMUNITY EVENTS

CANDY CANE HUNT

Come on out and join us for a fun filled morning of hunting Candy Canes after decorating a bag for collecting your Candy Canes!

LOCATION:

Indio Community Center Park

DATE: Saturday, December 14

TIME: 10 a.m. – 12:30 p.m.

AGES: 3 – 11 Years of Age FEE: Free



FALL YOUTH SOCIAL

Come in and enjoy our Fall Youth Social. This will be a Fall Themed event including cooking activities, Thanksgiving themed group games and arts & crafts. Space is limited sign-up.

LOCATION: Indio Teen Center

DATE: Saturday, November 23 TIME: 1 – 3 p.m.

AGES: 6 – 11 Years of Age FEE: \$12 per Participant

GIFT WRAPPING CLASS

Discover the joy and satisfaction of presenting beautifully wrapped gifts! In this hands-on class, you'll learn essential techniques and creative tips for wrapping presents as well as crafting beautiful bows. Bring some of your Christmas gifts and wrap them on site.



DATE: Friday, December 20 TIME: 6 – 7:30 p.m.

AGES: 18 Years of Age and Over FEE: \$10 per Participant

HALLOWEEN CARNIVAL

This year's Halloween Carnival promises to be better than ever with extreme inflatables, carnival games, contests with prizes and much more.



LOCATION: Indio Community Center Park

DATE: Saturday, October 26 TIME: 1 – 6 p.m.

AGES: All Ages FEE: \$5 per Person

HALLOWEEN SCAVENGER HUNT

This is a great event to celebrate Halloween and to participate in our scavenger hunt around the park. Find all the items on your card and then turn it in for a special prize! This event will take place outdoors. Space is limited and registration is required.



LOCATION: Rotary Park at North Jackson Park

DATE: Friday, October 11 TIME: 5 – 7 p.m.

AGES: 3 - 11 Years of Age FEE: Free

INDIO AYSO FUN DAY

Indio AYSO and Desert Recreation District will be having a FUN DAY for all to enjoy! We will have food trucks, carnival games, sports activities and a showing of cool cars in the park to check out.



LOCATION: Indio South Jackson Park

DATE: Saturday, November 2

TIME: 8 a.m. – 2 p.m.

AGES: All Ages FEE: Free



LOTERIA NIGHT

Come join us for an exciting game of Loteria. All are welcome to participate in this fast-paced night of Loteria.

LOCATION, DATES & TIMES:

Indio Community Center • Friday, September 6 • 6 – 7:30 p.m.

Pavilion 1 Miles Ave. Park • Friday, November 15 • 5:30 – 7 p.m.

Indio Teen Center • Thursday, December 26 • 5:30 – 7 p.m.

AGES: All Ages FEE: Free

PRINCESS PARTY

Calling all Princesses to come to the Valley's Most Royal Princess Party ever! Dress up as your favorite princess for the day and dance to your heart's delight.

DATE: Friday, September 13

TIME: 4 – 5:30 p.m.

AGES: 3 – 9 Years of Age

FEE: \$20 per Princess



SUPERHERO PARTY

It's a bird, it's a plane, it's a ... Superhero Party! Calling all superheroes to join us for the best party in town. Come dressed as your favorite superhero and play games to save the day! Join us for super games and fun!

DATE: Friday, October 4 **TIME:** 4 – 5:30 p.m.
AGES: 3 – 9 Years of Age **FEE:** \$20 per Superhero



THANKSGIVING TURKEY EGG HUNT

Tom Turkey has hidden eggs throughout the park, and you must help find them! Thanksgiving themed arts and crafts or playing fun games are after the egg hunt. All children will hunt together, no separation of age groups. Pre-registration is preferred as space is limited.

DATE: Saturday, November 16
HUNT TIMES: 9:15 a.m. • 10:15 a.m. • 11:15 a.m.
AGES: 4 – 11 Years of Age **FEE:** Free

WINTER YOUTH SOCIAL

Fun activities will include art, crafts, science, dancing, fitness, group games and much more. Space is limited.



LOCATION: Indio Teen Center
DATE: Friday, December 27 **TIME:** 3 – 5 p.m.
AGES: 6 – 12 Years of Age **FEE:** \$12 per Participant

DANCE

BEGINNING BALLET

Children let their inner ballerinas emerge while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT:

September, October, November

DAYS & TIMES:

Mondays, 5:30 – 6:15 p.m. **OR**

Wednesdays, 4 – 4:45 p.m. **OR** Saturdays, 10 – 10:45 a.m.

AGES: 5 – 10 Years of Age **FEE:** \$42 per Month



BEGINNING SALSA

This class is designed for the first-time dance student who has never danced before, but always wanted to. Students will be taught the fundamentals, leads and follow along with a better understanding of music and rhythms of Salsa.

ENROLLMENT:

Ongoing
DAYS: Mondays **TIME:** 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$60 per Month **DROP-IN FEE:** \$20

DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT:

Ongoing
DAYS: Tuesdays **OR** Saturdays **TIME:** 9 – 9:45 a.m.

AGES: 2 ½ – 5 Years of Age **FEE:** \$42 per Month

INTERMEDIATE SALSA

This class is for dancers who are comfortable with the basics and want to build upon what they already learned. Participants will learn more intricate patterns with a good flow which in turn makes this class super fun.

ENROLLMENT:

Ongoing
DAYS: Mondays **TIME:** 7:30 – 8:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$60 per Month **DROP-IN FEE:** \$20

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



GYMNASTICS

Location of classes: All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

Fees for one day per week classes are adjusted for three, four, or five week sessions.

BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.



AGES: 1 – 4 Years of Age

with a Parent or Guardian

DAYS & TIMES:

Wednesdays: 1:45 – 2:15 p.m. **OR** 2:15 – 2:45 p.m.

Thursdays: 2:30 – 3 p.m. • Saturdays: 10:15 – 10:45 a.m.

FEE: \$45 per 4-week session

BOYS' BEGINNING GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

DAY & TIME: Mondays • 5 – 6:30 p.m.

FEE: \$80 per 4 week session

BOYS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings.

DAY & TIMES: Mondays • 6:30 – 8 p.m.

FEE: \$80 per 4 week session

DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!



AGES: 4 – 6 Years of Age

DAYS & TIMES:

Mondays: 2:30 – 3:15 p.m. **OR**

3:30 – 4:15 p.m. **OR**

4:15 – 5:00 p.m. **OR** 5:30 – 6:15 **OR** 6:30 – 7:15 p.m.

Tuesdays: 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m. **OR**

5:15 – 6:00 p.m. **OR** 6 – 6:45 p.m. **OR** 6:45 – 7:30 p.m.

Thursdays: 2:30 – 3:15 p.m. **OR** 4:30 – 5:15 p.m. **OR**

4:45 – 5:30 p.m. **OR** 5:30 – 6:15 **OR** 6:45 – 7:30 p.m.

Saturdays: 10 – 10:45 a.m.

AGES: 3 – 6 Years of Age

DAYS & TIMES:

Tuesdays: 1:30 – 2:15 p.m. **OR** 2:15 – 3 p.m.

Wednesdays: 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m.

OR 4 – 4:45 p.m. **OR** 5:15 – 6:00 p.m.

FEE: \$60 per 4-week session

GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

GIRLS' BEGINNING GYMNASTICS CONT.

DAYS & TIMES:

Mondays: 4 – 5:30 p.m. **OR** 4:30 – 6 p.m. **OR** 4:45 – 6:15 p.m.
OR 6:15 – 7:45 p.m.

Tuesdays: 3 – 4:30 p.m. **OR** 3:45 – 5:15 p.m. **OR** 4:30 – 6 p.m.
OR 6:30 – 8 p.m.

Wednesdays: 3 – 4:30 p.m. **OR** 4:30 – 6 p.m.
OR 6 – 7:30 p.m. **OR** 6:30 – 8 p.m.

Thursdays: 3 – 4:30 p.m. **OR** 3:15 – 4:45 p.m. **OR**
3:45 – 5:15 p.m. **OR** 4 – 5:30 p.m. **OR** 4:30 – 6 p.m.
OR 5:30 – 7 p.m. **OR** 6 – 7:30 p.m.

Saturdays: 11 a.m. – 12:30 p.m.

FEE: \$80 per 4 week session

GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

DAYS & TIMES:

Tuesdays: 4:45 – 6:15 p.m. **OR**
6 – 7:30 p.m.

Wednesdays: 3 – 4:30 p.m. **OR**
4:30 – 6 p.m.

Thursdays: 5:15 – 6:45 p.m. **OR** 6:30 – 8 p.m.

Saturdays: 11 a.m. – 12:30 p.m.

FEE: \$80 per 4-week session



GIRLS' ADVANCED GYMNASTICS

*Another acknowledgment of advanced skills, this **by Invitation-only** class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.*

DAYS & TIMES:

Mondays 3:15 – 4:45 p.m. **OR** **Wednesdays** 4:30 – 6 p.m.

FEE: \$80 per 4-week session



GYMNASTICS TRAMPOLINE

Learn trampoline basics and skills progression. This class introduces the basics for trampoline and tumbling development. Following USAG's Development Program designed to build basics in a safe and progressive setting.

DAYS: Wednesdays

TIME: 4:30 – 5 p.m.

FEE: \$45 Per 4-week session



GYMNASTICS TUMBLING

Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.

DAYS: Mondays **TIME:** 7 – 8 p.m.

FEE: \$70 Per 4-week session

TEAM DEVELOPMENT GYMNASTICS

By Invitation-only. *The District Gymnastics Development program is a preparatory and accelerated gymnastics training option for young gymnasts to make an easy transition to our competitive gymnastics team.*

DAYS: Tuesdays & Thursdays **TIME:** 6 – 8 p.m.

FEE: \$150 per Month

TEAM COMPULSORY GYMNASTICS

By Invitation-only. *Levels 2, 3, 4 and 5 skills must be completed as defined by USA Gymnastics. This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 2, 3, Level 4, and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training. The team competes in three to five meets throughout the year.*

(Additional fee required for meets and competitive attire).

DAYS: Level 2 & 3 Mondays, Wednesdays, Fridays **OR**

Level 4 & 5 Tuesdays, Thursdays, Fridays

TIME: 4 – 7 p.m. **FEE:** \$185 per Month

Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



GYMNASTICS

SENIOR TEAM – OPTIONAL GYMNASTICS

By Invitation-only. Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

DAYS: Mondays, Tuesdays, Thursdays, Fridays

TIME: 4 – 7 p.m.

FEE: \$235 per Month

GYMNASTICS JAMBOREE

Gymnastics Jamboree provides an open gym experience for participants to practice or learn new skills in a social supervised setting.

DAYS & TIMES: Friday: 6:30 – 8 p.m. • Saturday: 12:30 – 2 p.m.

FEE: \$10 per person



GYMNASTICS PRIVATE INSTRUCTION

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

FEE: \$35 per 30 minutes



HEALTH & FITNESS

SALSAEROBICS

People love salsa dancing - just add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 – 10 a.m. **AGES:** 18 Years of Age and Over

FEE: \$45 per Month **DROP-IN FEE:** \$7 Per Class



MARTIAL ARTS

KARATE COMBO – 2 DAYS

These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.

ENROLLMENT: Ongoing

DAYS & TIMES: Tuesdays & Thursdays, 7 – 8 p.m. **OR**

Mondays & Wednesdays, 6:45 – 7:45 p.m.

AGES: 7 Years of Age and Over **FEE:** \$40 per Month



CELEBRATE YOUR BIRTHDAY!

WHAT A GREAT WAY TO CELEBRATE YOUR NEXT BIRTHDAY – AT THE DISTRICT GYMNASTICS ACADEMY IN THE INDIO COMMUNITY CENTER!

You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

1.5 HOUR GYMNASTICS ONLY PARTY

1 – 10 people, \$175 **-OR-** 11 – 20 people, \$275

2.5 HOUR PARTY

(1 ½ hours gymnastics & 1 hour use of multi-purpose room)

1 – 10 people, \$225 **-OR-** 11 – 20 people, \$325

CALL AND BOOK YOUR PARTY TODAY!

LITTLE DRAGONS KARATE PROGRAM

Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.

ENROLLMENT: Ongoing **DAYS:** Tuesdays & Thursdays

TIMES: 6 – 6:30 p.m. **OR** 6:30 – 7 p.m.

AGES: 4 – 7 Years of Age **FEE:** \$50 per Month



SPECIAL INTEREST

PRE-K THANKSGIVING THEMED STEAM DAY

Drop-in for a fun day of Thanksgiving Themed STEAM activities.

LOCATION: Indio Teen Center – Outdoor Courts

DATE: Wednesday, November 27

AGES: 3 – 5 Years of Age TIMES: 10 – 11:30 a.m.

FEE: \$12 per Participant\

THANKSGIVING THEMED STEAM DAY

Youth will have the opportunity to have fun, get creative and learn how to create various Thanksgiving-themed STEAM projects led by an instructor on how to create the various activities. All supplies will be provided.

LOCATION: Indio Teen Center

DATE: Wednesday, November 27

AGES: 6 – 12 Years of Age TIMES: 12 – 1:30 p.m.

FEE: \$12 per Participant



SPORTS

ARCHERY

ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to promote participant success.

ENROLLMENT: Ongoing

DAYS: Tuesdays **OR** Thursdays TIMES: 4:30 – 5:30 p.m.

AGES: 7 – 17 Years of Age FEE: \$40 Per Month

BASKETBALL

BASKETBALL CLINIC – COED

Our clinic offers quality and motivational instruction in a fun, competitive environment. This program covers proper stretching, offensive and defensive drills, and correct shooting practices. Participants will play competitive basketball and learn rules, strategies, and team play.

LOCATION: Indio Teen Center – Outdoor Courts

DATES: October 5 – 16 DAYS: Saturdays

TIME: 10– 11 a.m. AGES: 7 – 10 Years of Age

FEES: \$30 per Participant



BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!

BASKETBALL TRAINING ZONE – GIRLS, 5 & 6 YEARS OF AGE

DATES & FEES: September, October, November, \$20

DAYS: Mondays TIME: 4:30 – 5 p.m.

BASKETBALL TRAINING ZONE – GIRLS, 7 – 10 YEARS OF AGE

DATES & FEES: September, October, November, \$40

DAYS: Thursdays TIME: 4 – 5 p.m.

BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE

DATES & FEES: September, October, November - 20, \$20

DAYS: Mondays TIME: 4 – 4:30 p.m.

BASKETBALL TRAINING ZONE – COED, 7 – 10 YEARS OF AGE

DATES & FEES: September, October, November, \$40

DAYS: Fridays TIME: 4 – 5 p.m. **OR** 5 – 6 p.m.

BASKETBALL TRAINING ZONE – COED, 11 – 14 YEARS OF AGE

DATES & FEES: September, October, November, \$40

DAYS: Tuesdays TIME: 4 – 5 p.m.

COED – WINTER BASKETBALL CLINIC

Our Winter Basketball Clinic offers quality and motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. This program covers proper stretching, offensive and defensive drills, and correct shooting practices. Participants will play competitive basketball and learn rules, strategies, and team play.

DATES: December 23, 2024 – January 3, 2025

DAYS: Monday, Thursday, Friday

AGES, TIME & FEES:

5 – 6 Years of Age • 2: – 2:30 p.m. • \$30 per Session

7 – 10 Years of Age • 2:45 – 3:45 p.m. • \$60 per Session

11 – 14 Years of Age • 4 – 5 p.m. • \$60 per Session



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



GIRLS FALL YOUTH BASKETBALL LEAGUE

WELCOME ALL GIRLS! Our NEW GIRLS Fall Youth Basketball is open for enrollment. Jerseys and game officials provided. Our leagues have a running clock, mandatory substitution and age-appropriate equipment with an emphasis on character and player development.

LOCATION: Indio Community Center

DATES: October 10 – November 21

PRACTICE DAYS & TIMES: Monday **OR** Wednesday, Between 5 – 8 p.m. (See Coach for details)

GAME DAYS: Thursdays

DIVISIONS, AGES & TIMES:

Little Dribbles (5 – 6 Years of Age): 5:20 – 6:05 p.m.

Division A (7 – 8 Years of Age): 6:15 – 7:15 p.m.

Division B (9 – 10 Years of Age): 7:15 – 8:15 p.m.

FEE: \$80 per Person

TINY DESERT HOOPERS

This class offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and basketball skills.

ENROLLMENT: September, October, November

DAYS: Wednesdays **TIME:** 2:15 – 2:45 p.m.

AGES: 3 – 5 Years of Age **FEE:** \$20 per Month

WOMEN'S BASKETBALL LEAGUE

Come show us your skills in our First Annual Women's Basketball League! Teams will be made by team captains at our Combine/Shoot Around (Date TBD) to spread the skills throughout the league. Tournament play will determine league Champions. Register as **INDIVIDUAL PLAYERS** Team captains **DRAFT** an 8-person team. For more information, contact Manny Marrujo at **760-347-4263** or **Mmarrujo@drd.us.com**

DATES: October 8 – November 19

DAYS: Tuesdays **TIME:** 6:30 – 8:30 p.m.

AGES: 18 Years of Age and Over **FEE:** \$50 per Player



WINTER YOUTH COED BASKETBALL LEAGUE – SIGN UPS

Sign Ups Begin October 1, 2024 for Early Registration, Ends November 15, 2024 (Fees go up after November 15).

LEAGUE GAME DATES: February 4 – March 13, 2025

LITTLE DRIBBLERS: \$80 per Child

DIVISION A–D: 7 – 14 Years of Age, \$100 per Child



FOOTBALL

FOOTBALL CLINICS

If you are a football enthusiast who wants to sharpen your footwork, speed, and skills, come join our Winter Indio Youth Football Skills Clinic. This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.

AGES: 7 – 10 Years of Age

Youth Football Clinic – Indio Teen Center

DATES: November 9 – 23 **DAYS:** Saturdays

TIMES: 10 – 11 a.m. **FEE:** \$30 per Month

Winter Youth Football Clinic – Indio Teen Center

DATES: December 23, 2024 – January 3, 2025

DAYS: Monday, Thursday, Friday

TIMES: 4:15 – 5:15 p.m. **FEE:** \$40 per Month

Youth Football Clinic – Miles Avenue Park

ENROLLMENT: September, October, November

DAYS: Mondays

TIMES: 5:15 – 6:15 p.m.

FEE: \$40 per Month



MULTI-SPORT CLASSES

LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

ENROLLMENT: September, October, November

DAYS: Mondays **OR** Wednesdays

TIME: 1:30 – 2 p.m. **AGES:** 3 – 5 Years of Age

FEE: \$20 per Month for either Mondays or Wednesdays

YOUTH SPORTS ACADEMY – THANKSGIVING AND CHRISTMAS BREAK EDITIONS

This academy allows participants to learn multiple sports such as Soccer, Volleyball, Archery, Basketball, Track & Field, and Kickball. These programs are great to continue to keep kids active during the school breaks. Please make sure to pack a lunch or snack.

AGES: 5 – 14 Years of Age

TIME: 9 a.m. – 1 p.m.

FEE: \$60 per Session

Thanksgiving Break:

DATES: November 25 – 27

DAYS: Monday, Tuesday & Wednesday

Christmas Break:

DATES: December 23 – 27

DAYS: Monday, Thursday & Friday

YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

ENROLLMENT: September, October, November

DAYS: Mondays **AND** Wednesdays

TIME: 4:15 – 5 p.m. **AGES:** 7 – 14 Years of Age

FEE: \$50 per Month



PICKLEBALL

OPEN PICKLEBALL

Come play Indoor Pickleball with us! The nets will be set up inside the gym, and reservations may be made at the front desk or free play can be played to all walk ins.

ENROLLMENT: Ongoing

DAYS: Monday & Wednesday

TIMES: 7 – 9 a.m. **AGES:** 10 Years of Age and Over

FEE: FREE with a Get Fit Pass

DROP-IN FEE: \$5 per Day

YOUTH PICKLEBALL

Come join us in learning and enjoying the newest game sweeping the sports world. We will go over basic movements, rules and regulations and challenge your players to get better each week we are out on the courts.

LOCATION: Miles Avenue Park – Pickleball Courts

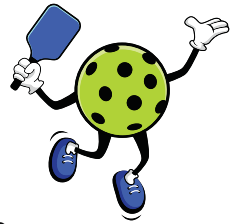
ENROLLMENT: September, October, November

DAYS: Saturdays

AGES & TIMES: 7 – 10 Years of Age • 8 – 9 a.m.

10 – 14 Years of Age • 9 – 10 a.m.

FEE: \$40 per Month



RUNNING

DESERT RUNNERS

Our running program will teach participants about the basic running skills such as sprinting, jogging and walking in addition to stamina exercises, which assist runners with building their endurance. Come discover the joy of running.

ENROLLMENT: September, October, November

DAYS: Tuesdays **TIME:** 5:15 – 6 p.m.

AGES: 7 – 10 Years of Age **FEE:** \$30 per Month

SOCCER

TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.



Please Note: All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



TINY SOCCER STARS CONTINUED

AGES: 4 – 6 Years of Age

Tiny Soccer Stars – SEPTEMBER Only

LOCATION: Indio Teen Center

ENROLLMENT: September TIME: 8:15 – 9 a.m.

DAYS: Saturdays FEE: \$30 per Month

Tiny Soccer Stars at Miles Avenue Park

LOCATION: Miles Avenue Park

ENROLLMENT: September, October, November

DAYS: Mondays & Wednesdays TIME: 6 – 6:45 p.m.

FEE: \$50 per Month

YOUTH SOCCER CLINIC – 6 - 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

Youth Soccer Clinic – SEPTEMBER Only

LOCATION: Indio Teen Center

ENROLLMENT: September 7 – 28 TIME: 10 – 11 a.m.

DAYS: Saturdays FEE: \$40 per Month

Youth Soccer Clinic – at Miles Avenue Park

LOCATION: Miles Avenue Park – Soccer Field 2

ENROLLMENT: September, October, November

DAYS: Mondays & Wednesdays

TIME: 7 – 8 p.m. FEE: \$60 per Month

T-BALL

T-BALL ROOKIES

Instructors will guide participants towards developing their baseball skills which include catching and throwing the ball, batting stance and base running.

We will also cover the fundamentals of the sport of baseball.

LOCATION: Indio Teen Center

DATES: Saturdays, October 5 – 19

TIME: 8:15 – 9 a.m.

AGES: 4 – 6 Years of Age

FEE: \$30 per Month



VOLLEYBALL

BEGINNER VOLLEYBALL – COED

This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball.

ENROLLMENT: September, October, November

DAYS: Saturdays TIME: 10 – 11 a.m.

AGES: 6 – 10 Years of Age FEE: \$40 per Month

INTERMEDIATE VOLLEYBALL – COED

This intermediate class is designed to help you learn and progress your current knowledge of volleyball. Instruction will include learning the game level skills of serving, passing, setting, attacking, and blocking the ball.

ENROLLMENT: September, October, November

DAYS: Saturdays TIME: 11 a.m. – 12 p.m.

AGES: 10 – 14 Years of Age FEE: \$40 per Month

ADVANCED VOLLEYBALL – COED

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge.

ENROLLMENT: September, October, November

DAYS: Saturdays TIME: 12 – 1 p.m.

AGES: 11 – 18 Years of Age FEE: \$40 per Month

OPEN PLAY VOLLEYBALL

Just for fun, we set up the volleyball nets on Fridays and invite our members to play. Bring family and friends and create a team or just show up and join.

ENROLLMENT: Ongoing DAYS: Fridays

TIME: 6 – 9 p.m. AGES: 5 Years of Age and Over

FEE: FREE with a Get Fit Pass

DROP-IN FEE: \$5 per day.



TOT PROGRAMS

LITTLE ATHLETES

Children will engage in a variety of sports related movements during structured exercises and improve their gross motor skills. Each class will focus on a different sport exercise, drills and high and low-key games, all in a non-competitive atmosphere.

LOCATION: Indio Teen Center

ENROLLMENT: September, October, November

AGES: 1 ½ – 3 Years of Age

DAY: Saturdays **TIME:** 9:15 – 9:45 a.m.

FEE: \$20 per Month

LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

ENROLLMENT: Ongoing

DAY: Fridays

TIME: 9 a.m. – 12 p.m.

AGES: 3 – 5 Years of Age

FEE: \$50 per Month



PARENT & ME

This program provides social interaction between parents and toddlers. Together you will explore rhythm, movement, creativity through song, along with indoor and outdoor play. Learn simple concepts that you and your toddler can explore together.

ENROLLMENT: September, October, November

AGES: 1 ½ – 2 ½ Years of Age **DAY:** Thursdays

TIME: 9 – 10:30 a.m. **FEE:** \$40 per Month

PARENT & ME MESSY ART DAY

This drop-in Parent & Me class will feature activities for you toddler around the messy art theme. This is a great opportunity for your toddler to socialize with children within their own age group and learn simple concepts that you and your toddler can explore together.



DATE: Monday, December 30

TIME: 9 – 10:30 a.m. **AGES:** 1 ½ – 2 ½ Years of Age

FEE: \$12 per Participant

PARENT & ME – CHRISTMAS EVENT

Our Parent & Me Christmas Event is a great opportunity to celebrate the holiday season with your toddler. Come and decorate cookies, meet Santa and the Elves, create arts & craft projects, and hunt for candy canes. This is an event you won't want to miss.



DATE: Thursday, December 19

TIME: 9 – 11 a.m.

AGES: 1 ½ – 2 ½ Years of Age

FEE: \$10 per Participant



Find Cuteness!

Indio Hills

Please Note: All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Indio Hills Community Center



80-400 Dillon Road
Indio Hills, CA 92201
(760) 347-3484

HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9:30 a.m. – 12:30 p.m.

AGES: 50 Years of Age and Over

FEE: Free



COMMUNITY EVENTS

CHILI COOK-OFF: A COMMUNITY POTLUCK TRADITION

Join an Indio Hills annual tradition! Bring a shareable size of your best chili to share and join in the festivities. Come on down and meet the proud chefs and taste their creations. There will be a contest for most savory recipe, therefore, prepare your best chili for this special occasion! Tell your family, friends and neighbors. It's filling and fun! We provide space, seating, and utensils. We ask the community to also bring other sharable dishes.

DATE: Saturday, September 28 **TIME:** 4 – 6 p.m.

AGES: All Ages **FEE:** Free



COMMUNITY YARD SALE

It's time for Spring cleaning! Indio Hills Community Center will be holding this event in the parking lot. This event is meant to create a safe environment for community members to sell unwanted goods. This allows for community members to come together in one place, meet fellow community members, and sell their items. Spaces are limited, therefore, please contact Ana Velasquez to reserve your space 760-701-1043

DATE: Saturday, November 16

TIME: 7 a.m. – 12 p.m.

AGES: 18 Years of Age and Over

FEE: Free

Indio Hills

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive through safety signs, and food is distributed on a first come, first served basis.



DISTRIBUTION: Second Friday of the month
(may exclude holidays)

TIME: 9:30 – 11:30 a.m.
(or until all food has been distributed)

AGES: All Ages **FEE:** Free

HALLOWEEN HILLS

Join us for a hauntingly fun time! We have several fun activities such as: Halloween themed crafts, games, costume contests, prizes, and more!

DATE: Saturday, October 26

TIME: 6:30 – 8:30 p.m.

AGES: All Ages **FEE:** Free



HOLIDAY POTLUCK CELEBRATION

The Indio Hills Community Center will open its doors to host all its wonderful community members wishing to celebrate the holidays with food, fun, and laughter. Bring on over your family's holiday traditional dish to share with everyone!

DATE: Saturday, December 14 **TIME:** 5 – 7 p.m.

AGES: All Ages **FEE:** Free

VETERAN'S BREAKFAST

We will celebrate all Veterans in the community by hosting a memorable time in the park. We will have activities for the families including face painting, a jump house, pancakes with toppings, and flag placement throughout the lawn.



DATE: Saturday, November 9 **TIME:** 10 a.m. – 12 p.m.

AGES: All Ages **FEE:** Free

TIRE COLLECTION

This event is in collaboration with Coachella Valley Resource Conservation District.

Rules that apply:

- No tires from waste tire generating business
- Passenger car or pickup truck tires WITHOUT RIMS
- No Tractor tires
- Multiple trips are acceptable

DATE: Saturday, November 2

TIME: 8 a.m. – 12 p.m.

AGES: 18 Years of Age and Over

FEE: Free



INDIO HILLS COMMUNITY COUNCIL MEETING

On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please email dschemmer@rivco.org for more information.

DATE: Tuesday, October 8 and November 19

TIME: 6 – 8 p.m. • OPEN TO ALL AGES

For meeting dates and more information, please visit:
<https://rivco4.org/Councils/Community-Councils>

La Quinta

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253
(760) 564-9921
HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.
Saturday: 8 a.m. – 12 p.m.
Sunday: Closed

Fritz Burns Pool



78-107 Avenue 52, La Quinta, CA 92253
(760) 771-4347
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

FIT BEYOND 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.

ENROLLMENT: Ongoing

DAYS:

Mondays, Wednesdays, Fridays

TIME: 11:30 a.m. – 12:45 p.m.

AGES: 50 Years of Age and Over

FEE: FREE for DRD Get Fit Pass members or \$5 for Non-Member Facility Drop-In



ART & MUSIC

BEGINNING PIANO FOR ADULTS

Our Piano classes teach students how to read music along with theory and technique. The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere.

ENROLLMENT: Ongoing

DAYS: Tuesday **TIMES:** 9:15 – 10:15 a.m.

AGES: 18 Years Old and Older **FEE:** \$65 per Month

CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – VISTA DUNES

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. Follows the Desert Sands Unified School District (DSUSD) Calendar.

LOCATION: Vista Dunes Apartment Complex

DATES: Ongoing During School Year

(holidays may be excluded)

DAYS: Monday through Friday **TIME:** 3 – 6 p.m.

AGES: 5 – 17 Years of Age **FEE:** Free



DANCE

BALLROOM, SWING & SALSA FOR BEGINNERS

This upbeat beginner Ballroom class is a great start to learn these very popular dances. Instruction in solid basics and dance patterns will be taught in classic Swing and Salsa, plus an introduction to the Fox Trot. Singles and couples are welcome.

ENROLLMENT: September 5 – 26 • October 3 – 24
November 7 – 21 • December 5 – 26

DAYS: Thursdays **TIME:** 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$55 per Month

DROP-IN FEE: \$15 per Class

BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.

ENROLLMENT:
September, October, November
DAYS: Thursdays
TIMES: 5:30 – 6:15 p.m.
AGES: 5 – 10 Years of Age
FEE: \$42 Per Month



DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; a tee shirt, shorts and socks for boys are required.

ENROLLMENT: September, October, November
DAYS & TIMES:
Mondays, 4 – 4:45 p.m. **OR** Wednesdays, 5:30 – 6:15 p.m.
OR Fridays, 9 – 9:45 a.m.
AGES: 2½ – 5 Years of Age
FEE: \$42 per Month

LINE DANCING FOR BEGINNERS

Join in for this fun Line Dancing class to learn the Cupid Shuffle, Electric Slide, and today's most popular steps too!

ENROLLMENT: September 5 – 26
October 3 – 24 • November 7 – 21
December 5 – 26

DAYS: Thursdays

TIME: 11:30 a.m. – 12:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$55 per Month

DROP-IN FEE: \$15 per Class



HEALTH & FITNESS

COMMUNITY YOGA

In this all-levels class we connect breath with movement, flowing from one pose to the next building strength, flexibility, and balance while focusing on proper alignment. Props and modifications are encouraged to accommodate your body's needs. This class is donation based so you can pay what you want to ensure that yoga is accessible to everyBODY!

ENROLLMENT: Ongoing
DAYS: Saturdays **TIME:** 8:30 – 9:30 a.m.
AGES: 18 Years of Age and Over
FEE: Donation Based Class

FREE FITNESS WORKSHOPS

There are many techniques and paths to reach your fitness goals. These workshops/classes are designed to expand your fitness routine. Proper technique will be taught on how to use functional training equipment such as: Bosu balls, Aeromat, stability balls, medicine balls, wobble boards and bands. Become more diversified in your workouts, work on balance, core, cardio and functional training.

DATES: September 17, October 15, November 18, December 16
DAYS: Third Tuesday of the Month
TIME: 11 a.m.
AGES: 18 Years of Age and Over
FEE: Free for DRD Facility Members or \$5 for Non-Member Facility Drop-In

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



HEALTH & FITNESS

HULA DANCE FOR FITNESS & FUN

The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm, and balance while tightening your core, arms and thighs with this traditional dance.



ENROLLMENT:

September 9 – October 21 • November 4 – December 16

DAYS: Mondays **TIME:** 6 – 8 p.m.

AGES: 18 Years of Age and Over

FEES: \$77 per Session **DROP-IN-FEE:** \$14 per Day

PERSONAL TRAINING

(30 minutes and 1 hour sessions, single & 5-pack options)

Our trainer is a NASM certified personal trainer with a passion for helping individuals reach their health and lifestyle goals. **BENEFITS:** Enhance flexibility and mobility. Increase cardiovascular fitness levels.



Reduce body fat and increase lean muscle mass.

ENROLLMENT: Arrange in person with trainer at the **La Quinta Community Fitness Center**

AGES: 18 Years of Age and Over

FEES: Single **60** Minute Session – \$90
5 Sessions of **60** Minutes – \$400
Single **30** Minute Session – \$50
5 Sessions of **30** Minutes – \$250

SALSAEROBICS

Aerobics with a Latin kick! This is the ideal class to have fun while getting in shape. It combines aerobics, dance, and exercise all to a salsa beat! The workout benefits include flexibility, conditioning and shaping up.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays **TIME:** 8 – 9 a.m.

AGES: 18 Years of Age and Over

FEES: \$40 per Session

SOUND BATH THERAPY

Come relax with us! A sound bath uses musical instruments to create a relaxing meditative experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep. Guided by a trained instructor.

DATES: September 3, October 1, November 5, December 3

DAYS: Tuesday **TIME:** 10:30 – 11:30 a.m.

AGES: 16 Years of Age and Over

FEE: Free for DRD Facility Members or \$5 for Non-Member Facility Drop-In

– YOGA CLASSES – DISCOUNTS ON MULTIPLE REGISTRATIONS!

Cost for 1 class is \$60 per month, 2 classes is \$90 per month and if you register for all 3 yoga classes it is \$120 per month.

RESTORATIVE YOGA

Considered the "chocolate of yoga," this passive floor-based practice uses bolsters, blankets, and blocks to support you, giving your body the rest and recharge it needs, physically and mentally. Melt into decadent rest as you calm the nervous system, heal, and restore.

ENROLLMENT: Ongoing **DAYS:** Saturdays

TIME: 10 – 11 a.m. **AGES:** 18 Years of Age and Over

FEE: \$60 per Month **DROP-IN FEE:** \$17 per Day

SUNSET GENTLE YOGA

In this all-levels class, we connect breath with movement, flowing from one pose to the next building strength, flexibility, and balance while focusing on proper alignment. Options for increasing or decreasing intensity are offered throughout the class. Props and modifications are encouraged to accommodate your body's needs.

ENROLLMENT: Ongoing

DAYS: Tuesdays **TIME:** 5:30 – 6:30 p.m.

AGES: 18 Years of Age and Over

FEES: \$60 per Month **DROP-IN FEE:** \$17 per Day

YIN YOGA

Yin Yoga concentrates on slow, deep stretches that target your deeper fascia and connective tissues, increasing circulation in the joints and improving mobility and flexibility. Expect sweet, long holds that allow your body to surrender to stillness, leaving you with a feeling of spaciousness.

ENROLLMENT: Ongoing **DAYS:** Tuesdays

TIME: 4:15 – 5:15 p.m. **AGES:** 18 Years of Age and Over

FEE: \$60 per Month **DROP-IN FEE:** \$17 per Day

La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

ZUMBA

Everyone of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.



ENROLLMENT: Ongoing

DAY: Tuesday, Wednesdays, Fridays

TIME: 10 – 11 a.m. **AGES:** 16 Years of Age and Over

FEE: \$60 per Month **DROP-IN FEE:** \$8



ADULT SLOW PITCH SOFTBALL LEAGUE

Play Ball! Get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field. Playoffs will be held for the top 4 teams the week after league play ends.

LOCATION:

Francis Hack Field at La Quinta Community Park

LEAGUES, DAYS & DATES:

COED Mondays

3 females per team minimum requirement to join the league.

September 30 – October 21

TIME: 6:15 – 10:15 p.m.

AGES: 18 Years of Age and Over

FEE: \$200 per Team



OPEN COURT TIME AT LA QUINTA BOYS & GIRLS CLUB

Thanks to a partnership between DRD, the Boys & Girls Club and the City of La Quinta, Volleyball will be offered on Tuesday and Thursday evenings, and Basketball on Wednesday evenings. Doors will open at 6:45 p.m.



LOCATION: La Quinta Boys and Girls Club

ENROLLMENT: Drop In

TIME: 6:45 – 9 p.m.

DATES: September 17 – December 19

DAYS: Tuesday – Thursday

AGES: All Ages (14 years of age and younger must be accompanied by a paying adult)

FEE: \$5 Daily Drop-in, or Express Pass, \$30 for 8 visits



SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED
IN THIS SECTION WILL TAKE PLACE AT
FRITZ BURNS POOL**

ENTRY FEES:

CHILDREN: \$3 (Under 3 Years of Age are free)

ADULTS: \$4

POOL DATES & HOURS:

Open Year Round

MONDAYS – THURSDAYS:

9 – 10 a.m. (Senior Splash/Lap Swim)

10 – 11 a.m. (Water Aerobics/Lap Swim)

11 a.m. – 1 p.m. (Youth Lessons/Lap Swim)

FRIDAYS:

Closed

SATURDAYS:

8 – 9 a.m. (Lap Swim/Open Swim)

9 – 10 a.m. (Water Aerobics/Lap Swim)

10 a.m. – 12 p.m. (Youth Lessons/Lap Swim)

12 – 1 p.m. (Open Swim/Lap Swim)

SUNDAYS:

Closed

Please Note: All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

SWIM & WATER ACTIVITIES

SPECIAL EVENTS AT THE POOL

MERMAID SPLASH PARTY

Join us for our Mermaid splash party, It wouldn't be a mermaid party if you didn't wear your favorite suit and dip into the water! Have fun meeting new friends and taking pictures with a real Mermaid!

DATE: Saturday, September 14

TIMES: 3 – 4:30 p.m.

AGES: All Ages **FEE:** \$10 per Mermaid

FLOATING PUMPKIN PATCH

Hunt for your pumpkin in the pool this year! Once you pick your pumpkin, you can decorate it at our pumpkin decorating station. There will be games and other activities. Bring a towel and proper swim attire to get wet. The pool is heated! Pre-registration is required, limited spots.

DATE: Saturday, October 26

TIMES: 3 – 5 p.m.

AGES: All Ages

FEE: \$10 per Participant



POOLSIDE WITH SANTA

Santa is coming to town at Fritz Burns Pool! Meet the big man himself and enjoy games, crafts and holiday treats by the pool. Santa's elves have been working hard to bring this party to life and we can't wait to see you there!

The pool is heated, and Swim wear required – pre-registration is required as there are limited spots.

DATE: Saturday, December 14 **TIMES:** 3 – 5 p.m.

AGES: All Ages **FEE:** \$10 per Participant



ADULT CLASSES

ADULT WATER AEROBICS

A class designed for all ages of guests who want a fun, fast-paced, and challenging workout. Water Aerobics is designed as a high intensity interval training course that incorporates the use of body weight, water weights, and noodles. Participants will build strength and endurance. Swimming ability is not required.

AGES: 18 Years of Age & Over **FEE:** \$50

DAY, TIMES & DATES:

Mondays & Wednesdays:

7 – 7:45 p.m. – September 2 – 25

10 – 10:45 a.m. – September 30 – October 23

October 28 – November 20 • November 25 – December 18

Tuesdays & Thursdays:

9 – 9:45 a.m. – September 3 – 26

10 – 10:45 a.m. – October 1 – 24

October 29 – November 21 • November 26 – December 19

SENIOR SPLASH CLASS

Senior Splash is a slow-paced Water Aerobics class that focuses on expanding flexibility and maintaining strength. This class incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.

AGES: 62 Years of Age and Over

FEE: \$25 per Session

DAYS, TIMES & DATES:

Mondays & Wednesdays:

9 – 9:45 a.m. – September 2 – 25

September 30 – October 23 •

October 28 – November 20

November 25 – December 18

Tuesdays & Thursdays:

7 – 7:45 p.m. – September 3 – 26

9 – 9:45 a.m. – October 1 – 24

October 29 – November 21

November 26 – December 19



La Quinta

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: September 2 – 12

SESSION 2: September 16 – 26

SESSION 3: September 30 – October 10

SESSION 4: October 14 – 24

SESSION 5: October 28 – November 7

SESSION 6: November 11 – November 21

SESSION 7: November 25 – December 5

SESSION 8: December 9 – 19

Find Pool Time!

INFANT SWIM LESSONS

Our infant swim lessons are designed to actively engage children alongside a parent or guardian. Participants will learn water safety and water exploration; along with basic water play such as games and songs to do together during water play time.

Parent & Me Classes:

AGES: 6 Months – 3 Years of Age

TIME: 11 – 11:45 a.m.

PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

GUPPIES: Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 12 – 12:45 p.m.



La Quinta

GEM of the DESERT

City of La Quinta Events

9/11 Candlelight Vigil – September 11 at 7 p.m.

Join your neighbors to honor the victims of the World Trade Center, Pentagon, and Shanksville, PA terror attacks. This event will feature musical performances, speeches by local dignitaries, and public art composed from World Trade Center building remnants.

Veterans Recognition at City Hall Courtyard – November 11 at 9 a.m.

We honor our La Quinta residents who have served in the military and recognize the sacrifices of all service members.

Tree Lighting Event @ Civic Center Campus – Friday, December 6 at 6 p.m.

Join us at Civic Center Park for some holiday cheer!

For more information on these events and more happening in the City of La Quinta, visit us at LAQUINTACA.GOV

Please Note: All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Mecca Community Center



65-250 Coahuilla Street, Mecca, CA 92254
(760) 396-0257

HOURS: Monday – Friday: 8 a.m. – 2 p.m.
Saturday & Sunday: Closed

Mecca Community Pool



65-250 Coahuilla Street, Mecca, CA 92254
(760) 347-3484

Reserve Spring and Summer Rentals Now

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR PROGRAM

Join us for the Mecca Senior Program where seniors can enjoy activities such as crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Mondays – Thursdays TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free

CAMP & AFTER SCHOOL PROGRAMS

KIDS CLUB – PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes II Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

LOCATION: Paseo De Los Heroes Apartments

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 3 – 6 p.m. DAYS: Tuesday through Friday

AGES: 5 – 17 Years of Age FEE: Free

MECCA AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: 2:45 – 6 p.m. DAYS: Monday through Friday

GRADES: Kindergarten through 6th Grade

FEE: Free* – *The Mecca After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.



COMMUNITY EVENTS

HALLOWEEN SPOOKTACULAR

Join us for free Halloween fun. We have fun activities planned like spooky crafts, costume contest, ghostly games and much more. Parents: Don't forget to bring your cameras!

LOCATION: Mecca Community Park

DATE: Friday, October 18

TIME: 6 – 8 p.m. AGES: All Ages FEE: Free



HOLIDAY FOOD AND GIFT DRIVE

During this holiday season, please join us in helping families in our communities. This is your chance to help make this a special holiday for everyone. We will be collecting gifts and donations at all of our centers November 1 - 29, 2024. Donated items will be distributed December 15, 2024.

For more information, please call
Alexis Galarza at (760) 702-6722.

LOCATION: All DRD Centers

DATES: November 1 – 29

DAYS: Monday – Friday

TIMES: 8 a.m. – 5 p.m.

AGES: All Ages **FEE:** Free



MECCA FALL FESTIVAL

Come join the fun at our Fall Festival. Enjoy an afternoon of carnival games, face/hair painting, raffles, contests, inflatables, children's activities, and much more.

LOCATION: Mecca Sports Park

DATE: Friday, November 15

TIMES: 4 – 7 p.m. **AGES:** All Ages **FEE:** Free



DANCE

FOLKLORICO (Ballet Folklorico)

The class will focus on the history and culture and the music and dance of Mexico. Youth will learn the basics of ?Zapateado? footwork and the fundamentals of ballet Folklorico including skirt work, dance techniques, performance style and choreography.

ENROLLMENT: September, October, November

DAYS: Wednesdays **TIMES:** 6 – 7 p.m.

AGES: 7 – 12 Years of Age **FEE:** \$15

HEALTH & FITNESS

ZUMBA

Zumba is a dynamic, exciting and effective fitness system with upbeat music and dance steps and international. It's a great way to do exercise and have fun..

ENROLLMENT: September, October, November

DAYS: Wednesdays **TIME:** 6 – 7 p.m.

AGES: 14 Years of Age and Over **FEE:** \$5

MARTIAL ARTS

YOUTH KARATE

This class focuses on a combination of traditional martial arts philosophies and strategies. This class is also about gaining self-esteem, discipline, sportsmanship skills, and personal integrity.

ENROLLMENT: September, October, November

DAYS: Tuesdays **TIMES:** 6 – 7 p.m.

AGES: 7 – 10 Years of Age **FEE:** \$40 per Month

MOVIES

MOVIES IN THE PARK

No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready for fun watching a movie with family.

LOCATION: Mecca Community Park

DATE: Friday, September 13 **TIME:** 7 – 10 p.m.

AGES: All Ages **FEE:** Free

SPORTS

Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

BASKETBALL TRAINING ZONE

This class offers you drills and quality instruction that will help you develop your basketball skills. **LOCATION:** Mecca Community Park Basketball Courts

ENROLLMENT: December

DAYS: Tuesdays **TIME:** 5:30 – 6:30 p.m.

AGES: 7 – 12 Years of Age **FEE:** \$25 per Month

EAST VALLEY YOUTH SOCCER LEAGUE – (EVYSL)

Practice times are selected by each volunteer coach depending on availability. Division champs will be crowned at the end of the playoff tournament. Our teams have an emphasis on development, not wins and losses. Jerseys and game officials provided



Check out the activities we offer in Mecca and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

Please Note: All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.



EAST VALLEY YOUTH SOCCER LEAGUE – (EVYSL) CONTINUED

Division 1: 4 – 5 Years of Age

Division 2: 6 – 8 Years of Age

Division 3: 9 – 11 Years of Age

Division 4: 12 – 14 Years of Age

LOCATION: Mecca Sports Park

ENROLLMENT: 8-Week Session League begins in September

DAYS: TBD **TIME:** Between 5 – 8 p.m.

FEE: \$50 Registration

T-BALL ROOKIES

T-Ball Rookies is geared toward helping young athletes develop beginner level baseball skills. Class includes basic fundamentals such as catching, throwing, batting stance and base running. Athletes are required to bring their own glove and may bring their own bat and helmet.

LOCATION: Mecca Sports Park

ENROLLMENT: September & November

DAYS: Tuesdays **TIME:** 5:45 – 6:30 p.m.

AGES: 4 – 6 Years of Age **FEE:** \$15 per Week Session

TINY SOCCER STARS

Instructors will teach children the beginning fundamentals of the sport of soccer that will incorporate skills on passing, trapping, shooting, and defending. We encourage participants to bring shin guards and non-skid athletic shoes.

LOCATION: Mecca Sports Park

ENROLLMENT: November **TIME:** 6:15 – 7 p.m.

AGES: 5 – 6 Years of Age **FEE:** \$25 per Month

TODDLER & ME SOCCER

Toddler and Me Sports will consist of fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.

LOCATION: Mecca Sports Park

ENROLLMENT: November

DAYS: Tuesdays **TIME:** 5:30 – 6 p.m.

AGES: 2 – 4 Years of Age **FEE:** \$15 per Month

YOUTH BASEBALL

Instructors will guide participants towards developing their baseball skills which includes catching, throwing, batting stance, base running, and the fundamentals of baseball. Athletes will be required to bring their own glove and we strongly encourage to bring your own bat and helmet.

LOCATION: Mecca Sports Park

ENROLLMENT: November

DAYS: Tuesdays **TIME:** 6:30 – 7:30 p.m.

AGES: 7 – 11 Years of Age **FEE:** \$25 per Month

YOUTH FLAG FOOTBALL CLINIC

Join us to sharpen your footwork, speed, and skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season. Athletic clothing & shoes recommended and a bottle of water.

ENROLLMENT: December

DAYS: Tuesdays **TIME:** 6:30 – 7:30 p.m.

AGES: 7 – 11 Years of Age **FEE:** \$19 per Month

YOUTH INDOOR SOCCER (FUTSAL)

*Instructors will teach children the beginning fundamentals of futsal to help develop your child's soccer skills. Classes will incorporate skills on passing, trapping, shooting and defending. We encourage participants to bring indoor athletic shoes. **NO CLEATS!***

LOCATION: TBD **ENROLLMENT:** November

DAYS: TBD **TIME:** TBD

AGES: 7 – 12 Years of Age **FEE:** TBD

YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills and will cover the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

LOCATION: Mecca Sports Park

ENROLLMENT: November

DAYS: Tuesdays **TIMES:** 7 – 8 p.m.

AGES: 10 – 14 Years of Age **FEE:** \$25 per Month



North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

North Shore Beach & Yacht Club



99-155 Sea View Drive, North Shore, CA 92254
(760) 393-0602
HOURS: Monday – Friday: 8 a.m. – 12 p.m. and
4 – 8 p.m.
Saturday & Sunday: Closed

North Shore Community Park



99-480 70th Avenue, North Shore, CA 92254
(760) 393-0602
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS SENIOR PROGRAM

Join us for the North Shore Senior Program where seniors can enjoy activities such as exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free

CAMP & AFTER SCHOOL PROGRAMS

NORTH SHORE AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art



projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

NORTH SHORE AFTER SCHOOL CLUBHOUSE CONTINUED

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Mondays – Fridays

GRADES: Kindergarten through 6th Grade

FEE: Free* – *The North Shore After-School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.



DANCE

FOLKLORICO (Ballet Folklorico)

The class will focus on the history and culture and the music and dance of Mexico. Youth will learn the basics of Zapateado footwork and the fundamentals of ballet Folklorico including skirt work, dance techniques, performance style and choreography.

ENROLLMENT: September, October, November

DAYS: Thursdays TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age

FEE: \$15



Check out the activities we offer in North Shore and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

North Shore

Please Note: All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.



COMMUNITY EVENTS

CANDY CANE LANE

Join us for the Candy Cane Lane event. We have fun activities planned like winter themed crafts, contests, jolly games, yummy cookies, and much more.

DATE: Friday, December 6

TIME: 6 – 8 p.m.

AGES: All Ages **FEE:** Free



CATHOLIC CHARITIES FOOD DISTRIBUTION

No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.

DAYS: Wednesdays **FREQUENCY:** Weekly

TIME: 8 – 9 a.m.

DIA DE LOS MUERTOS

Come celebrate the memories of loved ones as we host a traditional cultural event, Día de los Muertos, Day of the Dead. If you would like to decorate in honor of your loved one, please email us at northshorecenter.us.com



DATE: Friday, November 1 **TIME:** 6 – 8 p.m.

AGES: All Ages **FEE:** Free

HALLOWEEN SPOOKTACULAR

Join us for free Halloween fun. We have fun activities planned like spooky crafts, costume contest, ghostly games and much more. Parents: Don't forget to bring your cameras!

DATE: Saturday, October 19

TIME: 6 – 8 p.m. **AGES:** All Ages

FEE: Free



HEALTH & FITNESS

ZUMBA

Zumba is a dynamic, exciting, and an effective fitness system with upbeat, international music and dance steps. It's a great way to exercise and have fun no matter your fitness level, you'll love Zumba!



ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 6 – 7 p.m. **AGES:** 14 Years of Age and Over

FEE: \$35 per Month **DROP-IN FEE:** \$5 per Class



MOVIES

MOVIES IN THE PARK

No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready for the fun of watching a movie with family.

DATE: Friday, September 6

TIME: 7 – 10 p.m.

AGES: All Ages **FEE:** Free



SPORTS

Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

BASKETBALL TRAINING ZONE

This program allows you to enroll for the month or drop-in when it is convenient for you and learn about the game from one of the District's most enthusiastic instructors. This class offers you drills, and quality instruction that will help you develop your basketball skills.



LOCATION: North Shore Community Park

ENROLLMENT: December

DAYS: Mondays **TIME:** 6 – 7 pm.

AGES: 7 – 14 Years of Age **FEE:** \$25 per Month

North Shore

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

TINY SOCCER STARS

Instructors will teach children the beginning fundamentals of the sport of soccer that will incorporate skills on passing, trapping, shooting, and defending. We encourage participants to bring shin guards and non-skid athletic shoes.

LOCATION: North Shore Community Park

ENROLLMENT: November & December

DAYS: Thursdays **TIME:** 6:15 – 7 p.m.

AGES: 5 – 7 Years of Age **FEE:** \$20 per Month

TODDLER & ME SOCCER

Toddler and Me Sports will consist of fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.

LOCATION: North Shore Community Park

ENROLLMENT: November & December

DAYS: Thursdays **TIME:** 5:30 – 6 p.m.

AGES: 2 – 4 Years of Age **FEE:** \$15 per Month

YOUTH FLAG FOOTBALL CLINIC

Join us to sharpen your footwork, speed, and skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques. Athletic clothing & shoes recommended and a bottle of water.

LOCATION: North Shore Community Park

ENROLLMENT: November

DAYS: Mondays **TIME:** 6 – 7 p.m.

AGES: 7 – 14 Years of Age **FEE:** \$25 per Month

YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills and will cover the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards, and non skid athletic shoes or cleats.

LOCATION: North Shore Community Park

ENROLLMENT: November, December

DAYS: Thursdays **AGES:** 8 – 12 Years of Age

TIME: 7 – 8 p.m. **FEE:** \$25 per Month

Lake Cahuilla Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

Enjoy the
Great Outdoors

SAVE*
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Second Night

Features

- Trailer/RV Camping
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- Playground
- Pet Friendly
- BBQ areas
- Showers
- Restrooms
- Sand Volleyball
- Pickleball
- Bocce Ball
- and more...

RivCoParks.org

Online Reservations available 24/7

1-800-234-7275 (PARKS)



@rivcoparks

*To receive discount, call 800-234-7275 and mention code CAMP24. Offer expires 12/31/2024. Discount not offered during special events, holiday weekends, or in conjunction with other discounts.



Please Note: All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274
(760) 393-0602
HOURS: See Activities for Times/Days



COMMUNITY EVENTS

HALLOWEEN SPOOKTACULAR

Join us for a hauntingly fun time!
We have several fun activities such as: Halloween themed crafts, games, costume contests, prizes, and more! Parents: Don't forget to bring your cameras!

DATE: Wednesday, October 23

TIME: 6 – 8 p.m.

AGES: All Ages

FEE: Free



LOTERIA NIGHT

Come join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria at Oasis del Desierto Park.

DATE: Thursday, November 21

TIME: 5 – 7 p.m.

AGES: All Ages FEE: Free



OASIS POSADA

We welcome the community of Oasis and surrounding communities to join us for the Annual Oasis Posada. This event is put together through collaborative efforts from the Oasis Vive group as well as Desert Recreation District. We will have gifts and food that will be donated to the community for those who may be in need of additional support this holiday season. If interested in supporting, donating, or volunteering your time please reach out to **Erika Castellanos (760) 835-5925** or ecastellanos@drd.us.com.

DATE: Saturday, December 21

TIME: 3 – 6 p.m.

AGES: All Ages

FEE: Free



OASIS RESOURCE FAIR

Attention Oasis Community! We are gathering organizations all around the Coachella Valley that provide a variety of services to community members. From healthcare and housing to food delivery programs. These organizations are here to help. Snacks, drinks, and raffle prizes will be provided, so bring your family and friends to learn about resources available to you..

LOCATION: Mountain View Estates

DATE: Saturday, November 9 TIME: 12 – 3 p.m.

AGES: All Ages

FEE: Free

MOVIES

HALLOWEEN MOVIE NIGHT

Join us for a frightening good time! We will be hosting a Halloween movie night at Oasis del Desierto Park, popcorn will be provided.

DATE: Thursday, October 17 TIME: 7 – 9 p.m.

AGES: All Ages FEE: Free



SPORTS

Please Note: There is a program subsidy for all sports listed. Subsidies will be available while funds last.

BASKETBALL TRAINING ZONE

This program allows you to enroll for the month or drop-in when it is convenient for you and learn about the game from one of the District's most enthusiastic instructors.

This class offers you drills, and quality instruction that will help you develop your basketball skills

ENROLLMENT: November

DAYS: Wednesdays TIME: 6 – 7 p.m.

AGES: 7 – 14 Years of Age

FEE: \$25 per Month

TINY SOCCER STARS

Instructors will teach children the beginning fundamentals of the sport of soccer that will incorporate skills on passing, trapping, shooting, and defending. We encourage participants to bring shin guards and non-skid athletic shoes.



LOCATION: North Shore Community Park

ENROLLMENT: November & December

DAYS: Mondays TIME: 6:15 – 7 p.m.

AGES: 4 – 6 Years of Age

FEE: \$20 per Month

TODDLER & ME SOCCER

Toddler and Me Sports will consist of fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.

ENROLLMENT: November & December

DAYS: Mondays TIME: 5:30 – 6 p.m.

AGES: 2 – 4 Years of Age FEE: \$15 per Month

YOUTH FLAG FOOTBALL CLINIC

If you are a football enthusiast, come join our Youth Flag Football Clinic to sharpen your footwork, speed, and skills to get your game to the next level! This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to



prepare for your next football season. Athletic clothing & shoes recommended and a bottle of water.

ENROLLMENT: December

DAYS: Wednesdays TIME: 6 – 7 p.m.

AGES: 7 – 14 Years of Age

FEE: \$25 per Month

YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills. We will also cover the fundamentals of the sport of soccer. We encourage all athletics to bring shin guards and non-skid athletic shoes or cleats.

ENROLLMENT: November & December

TIMES: 7 – 8 p.m. DAYS: Mondays

AGES: 7 – 12 Years of Age

FEE: \$25 per Month



Check out the activities we offer in Oasis and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Palm Desert Community Center



Temporary Office: Park View Building

73710 Fred Waring Drive, Suite 135
Palm Desert

Call for hours of operation: (760) 347-3484

Re-opening of new facility late fall 2024.

Portola Community Center



45-480 Portola Avenue, Palm Desert
(760) 568-2560

HOURS: Monday - Friday: 8 a.m. - 8:30 p.m.

Saturday & Sunday: Closed

The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert
(760) 779-1877

HOURS: See Activities for Times/Days

Cahuilla Hills Park

45-825 Edgehill Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

Olsen Community Park

43-005 Magnesia Falls Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

University Park

74-802 University Park Drive, Palm Desert, CA 92260
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily



Re-Opening of New Facility, Late Fall 2024



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

Please Note: Sport chairs are available for use during adaptive programs. Call the adaptive team, 760.834.9597, to request a sports chair during a session.



ABILI-TEE – ADAPTIVE GOLF

Our skilled golf instructor will move participants through putting, chipping, driving and course play during the 7 hands-on classes. A focus on progressive course play and skill development will progress participants into regular game play. Individuals are encouraged to track personal goals and individual progress during sessions.

LOCATION: The Golf Center – Palm Desert

ENROLLMENT: November 5 – December 17

DAYS: Tuesdays **TIMES:** 10 – 11:30 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$75 per 7-week Session

ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.

LOCATION: Civic Center Park Outdoor Basketball Courts

ENROLLMENT: October, November, December

DAYS: Monday

TIMES: 2 – 3 p.m. **OR** 3 – 4 p.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE PICKLEBALL

Work on hand-eye coordination and develop your pickleball skills with us. Classes work on skill development through drills with progression to game play.



LOCATION: Civic Center Pickleball Courts

ENROLLMENT: October, November, December

DAY: Thursdays **TIME:** 4 – 5 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE TENNIS

A great way to work on hand-eye coordination while outdoors, learn to play or improve your tennis skills. All ability levels are welcome, no experience necessary. Participants can join as a standing or sitting player.

LOCATION: Civic Center Outdoor Tennis Courts

ENROLLMENT: October, November, December

DAYS: Thursdays **TIME:** 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE WALK, RUN, ROLL

Walk, run, or even roll in one of our sport wheelchairs as we get our bodies moving again in civic center park. As the weather cools down, we will work on technical running skills, endurance, and of course, have LOTS of fun!



LOCATION: Various trails in Civic Center Park

ENROLLMENT: October, November, December

DAYS: Thursdays **TIME:** 4:15 – 5 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

ART & MUSIC

GUITAR

Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

Second Level class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

LOCATION: Portola Community Center

ENROLLMENT: September 18 – October 16
November 6 – December 11

DAY: Wednesdays **AGES:** 9 Years of Age and Over

LEVELS & TIMES: **Beginning** • 6 – 7 p.m.

Second Level • 7 – 8 p.m.

FEE: \$80 per Session

COMMUNITY EVENTS

PICTURES WITH SANTA

Join us for a magical day of holiday cheer at our annual Santa event to kick off the festive season with your family and friends! You will meet Santa Claus who will be ready to hear your Christmas wishes and take memorable photos. Our friendly helpers will guide Children with decorating ornaments and making jolly holiday cards. You will be amazed with the beautifully decorated amphitheater that create a magical winter wonderland alongside classic Christmas melodies filling the air. We look forward to celebrating the season with you!

LOCATION: Palm Desert Civic Center Amphitheater

DATE: Saturday, December 7 **TIME:** 10 a.m. – 12 p.m.

AGE: All Ages **FEE:** Free

DANCE

BALLROOM: SWING & SALSA LESSONS

Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha. Both singles and partners welcome.

LOCATION: Palm Desert Civic Center Amphitheater

ENROLLMENT: September 4 – 25

October 2 – 23 • November 6 – 27 • December 4 – 18

DAYS: Wednesdays **TIME:** 7:30 – 8:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$52 per Month per Person

LINE DANCING

Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit!

LOCATION:

Palm Desert Civic Center Amphitheater

ENROLLMENT:

September 4 – 25

October 2 – 23 • November 6 – 27

December 4 – 18

DAYS: Wednesdays **TIME:** 6:30 – 7:30 p.m.

AGES: 18 Years of Age and Over

FEE: \$43 per Month per Person



HEALTH & FITNESS

TAI CHI

INTRODUCTION TO TAI CHI

This Program allows participants to experience the benefits of Tai Chi movements, improving the balance, increasing lung capacity through focused breathing and quieting the mind.

LOCATION: Portola Community Center

DATES: September 12, 19, 26 • October 3, 10, 17

November 7, 14 • December 5, 12

DAYS: Thursdays **TIME:** 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$16 per Class



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

TAI CHI FOR BALANCE – INCLUSIVE



This class focuses on enhancing stability and coordination through gentle, flowing movements, making it perfect for anyone, regardless of their fitness level or experience with Tai Chi. We welcome participants who use collapsible walkers to join our sessions. Come and experience the tranquility and health benefits of Tai Chi in a supportive and adaptable environment.

LOCATION: Portola Community Center

ENROLLMENT: Ongoing

DAY: Wednesdays **TIME:** 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$45 per Month

TAI CHI FOR YOUR HEALTH

Accredited Program by the American Tai Chi and Qigong Association (ATCQA).

This class focuses on Sun style movements, renowned for their gentle, flowing forms that promote overall health and well-being. Ideal for all fitness levels, our sessions are designed to accommodate everyone, ensuring a welcoming and supportive environment.

LOCATION: Portola Community Center

ENROLLMENT: Ongoing

DAY: Mondays **TIME:** 12 – 12:45 p.m.

AGES: 18 Years of Age & Over

FEE: \$55 per Month

YOGA

CHAIR YOGA – INCLUSIVE



This class offers a gentle yet effective approach to yoga, making it accessible for everyone, whether you are new to yoga or looking for a modified practice. Our sessions accommodate those with limited mobility, and we welcome the use of collapsible walkers. Join us to experience the benefits of yoga in a supportive and adaptable environment. All health levels welcome.

LOCATION: Portola Community Center

ENROLLMENT: Ongoing

DAYS: Wednesdays **TIME:** 11 – 11:45 a.m.

AGES: 18 Years of Age & Over

FEE: \$45 per Month

GENTLE YOGA FOR ACTIVE ADULTS



Join our new Gentle Yoga for Active Adults class, specifically designed to promote overall wellness, rejuvenation, and relaxation. This class offers a calm and supportive environment where participants can enhance their physical and mental well-being through gentle yoga poses and breathing techniques. Ideal for those looking to stay active and maintain their health, this class requires the use of yoga mats to ensure comfort and safety during practice.

LOCATION: Portola Community Center

ENROLLMENT: Ongoing

DAY: Mondays **TIME:** 10 – 11:30 a.m.

AGES: 18 Years of Age & Over

FEE: \$55 per Month

DROP-IN FEE: \$16 per Day



SPECIAL INTEREST

CHESS

BEGINNING CHESS

Enhance your memory by having fun becoming the KING of Chess. This program is structured to learn the fundamentals and learn the strategies to checkmate your opponent with critical thinking tactics and problem-solving abilities.

LOCATION: Portola Community Center

ENROLLMENT: September, October, November

DAYS: Mondays

TIMES: 3:30 – 4:30 p.m.

AGES: 7 – 14 Years of Age

FEE: \$40 per Month

INTERMEDIATE CHESS

Come and join us and have fun competing against other players across the desert. Challenge your Chess skills and learn new techniques on how to checkmate your opponent. In these sessions, you will master patience, strategy, and thinking critically. Bring your own board and pieces.

LOCATION: Portola Community Center

ENROLLMENT: September, October, November

DAYS: Mondays **TIME:** 4:30 – 5:30 p.m.

AGES: 7 – 14 Years of Age

FEE: \$40 per Month



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

SPECIAL INTEREST

ADVANCED CHESS

Enhance your memory by having fun becoming the KING of Chess. Having already mastered the chess fundamentals, this class will help your child learn the strategies to checkmate their opponent with critical thinking tactics and problem-solving abilities. Bring your own chessboard and pieces.

LOCATION: Portola Community Center

ENROLLMENT: September, October, November

DAYS: Mondays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 14 Years of Age

FEE: \$40 per Month

SPORTS

BASKETBALL

BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

LOCATION: Horizon School Gymnasium

ENROLLMENT: September, October, November

DAYS: Wednesday

FEE: \$40 per Month

DROP-IN FEE: \$12 per Day

BASKETBALL TRAINING ZONE: BEGINNERS

TIME: 3:45 – 4:45 p.m. AGES: 7 – 10 Years of Age

BASKETBALL TRAINING ZONE: INTERMEDIATE

TIME: 4:45 – 5:45 p.m. AGES: 10 – 14 Years of Age

PICKLEBALL CLINICS

LOCATION FOR ALL PICKLEBALL CLINICS:

Palm Desert Civic Center Park – Outdoor Pickleball Courts

Plan Your Clinic Schedule with the Instructor.

BEGINNER LEVEL

Beginner level pickleball clinics have group skills, drills, and learn scoring and rules. Beginner players will be developing a forehand and learning how to serve correctly.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

ADVANCED BEGINNER LEVEL

Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.

ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

INTERMEDIATE TO ADVANCED DRILLS

This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots.

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month • \$25 per Day

ADVANCED PLAY DRILLS

This class requires a minimum 3.0-3.5 skill level and above OR instructor approval. This clinic will consist of specific drills for the first part and then the remainder will be spent running strategy/game play tournaments with various formats.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$80 per Month • \$25 per Day



Palm Desert

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

RUGBY

FALL FLAG RUGBY CLINIC

Join a fun and free-flowing game of flag rugby that allows all players to run and pick up the ball. This Four-week coed program is perfect for developing rugby skills while promoting teamwork and sportsmanship. Players can learn basic rugby skills such as running, catching, passing, kicking, and conditioning. All youth teams prioritize safe play which is ideal for Beginners and Intermediate players who are passionate about rugby but may be hesitant about the physical aspects of the game.

LOCATION: Xavier College Prep School (practice fields)

DATES: September 28 – October 26

DAYS: Saturdays

AGES: 11 – 16 Years of Age

TIMES: 8:30 a.m. – 12:30 p.m.

FEE: \$40 per Session

SOCCER

PALM DESERT YOUTH SOCCER CLINIC – BEGINNERS

This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.

LOCATION: Palm Desert Civic Center by Basketball Courts

ENROLLMENT: September, October, November

DAYS: Saturdays **TIMES:** 10 – 11 a.m.

AGES: 5 – 8 Years of Age

FEE: \$40 per Month

PARENT & ME SOCCER

This class focuses on the development and learning for children aged 2 to 5 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.

LOCATION: Palm Desert Civic Center by Basketball Courts

ENROLLMENT: September, October, November

DAYS: Saturdays **TIMES:** 9 – 10 a.m.

AGES: 2 – 5 Years of Age (with parents participating)

FEE: \$40 per Month

TENNIS

YOUTH BEGINNER/ ADVANCED BEGINNER

This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.



LOCATION: Palm Desert Civic Center Park

ENROLLMENT: September, October, November

DAYS: Mondays & Fridays

AGES: Beginners: 7 – 11 Years of Age

Advanced Beginners: 11 – 15 Years of Age

TIMES: Beginners: 6 – 7 p.m.

Advanced Beginners: 7 – 8 p.m.

FEE: \$60 per Month



BERGER FOUNDATION
ICE PLEX



Chill all year long with the coolest events and programs



AUG 24 - OCT 16

FALL
LEARN TO SKATE
& LEARN TO PLAY
SAVE \$5. USE
CODE DRDFALL
(EXP 9/7/24)



OCT 21 - DEC 14

WINTER
LEARN TO SKATE
& LEARN TO PLAY
SAVE \$5. USE
CODE DRDWINTER
(EXP 11/2/24)



DEC 6 & 13
EVENING SKATE

**WINTER
WONDERLAND
SKATE**
WITH SANTA
& MRS. CLAUS



DECEMBER
HOLIDAY CAMPS

HOLIDAY
BEGINNING
SKATING &
HOCKEY CAMPS



A program of Desert Recreation District

First Tee-Coachella Valley is part of an international youth development organization that provides educational programs which build character and promote healthy choices through the game of golf. Classes are available for all skill levels for participants 4-18 years of age. Golf equipment and scholarships are provided for any participant who has a need.

6-WEEK SESSIONS ARE OPEN TO THOSE 4 - 18 YEARS OF AGE.

Session Dates Subject to Change

First Tee weekly classes described below are **\$75** per six-week Session, classes meet once a week and will be 45 – 90 minutes depending on your participants' age.

6 WEEK BACK TO SCHOOL SESSION

August 12 - September 21 (6 Weeks)

FUNDAMENTAL SESSION (DRIVING RANGE ONLY)

September 30 – October 26 (4 Weeks)

FALL SESSION:

November 4 – December 21 (6 weeks)

HOLIDAY CAMPS

December 30 – January 3



PLEASE REGISTER FOR FIRST TEE – COACHELLA VALLEY CLASSES HERE: FTCV.ORG

Volunteer Opportunities Available

INQUIRIES?

Please email Joy Grant: jwilloughby@ftcv.org
or call **760-834-6792**



The Golf Center AT PALM DESERT

The Best Game Improvement Facility in the Coachella Valley!

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large, double-sided Driving Range with lighting for night-time use, along with a world-class practice short game area and multiple putting greens. When you are finished sharpening your game on the Driving Range, play a round on our challenging Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens, ideal for working on the scoring part of your game (80 - 130 yards).



GOLF RATES (9-Holes)

(Golf Course Closed for overseeding from September 23 – October 20, 2024)

DATES SUBJECT TO CHANGE

SEPTEMBER 1 – 22, 2024

Adults	\$20
Seniors (55+)	\$17
Juniors (17 and under)	\$10
Same Day Replay	\$7

OCTOBER 21 – DECEMBER 24, 2024

Adults	\$22
Seniors (55+)	\$19
Juniors (17 and under)	\$12
Same Day Replay	\$10

DRIVING RANGE

Medium Bucket	\$10
Large Bucket	\$15

GOLF CLINICS..... Call for details.

RENTALS

Pull-Cart	\$5
Set of Clubs	\$12
Individual Clubs	\$5
Parties & Events	Call for details.

For additional information, please call the Golf Shop at
(760) 779-1877 or visit GolfCenterPD.com

Rancho Mirage

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Rancho Mirage Community Park



71-560 San Jacinto Dr, Rancho Mirage, CA 92270

(760) 347-3484

HOURS: 6 a.m. – 9 p.m. Daily

PICKLEBALL

PICKLEBALL CLINICS – BEGINNER LEVEL & ADVANCED BEGINNER/INTERMEDIATE LEVEL

Beginners: *Players will learn balance and movement on the court, ball control, dinking, volleying, forehands, backhands, serving and receiving, lobs and overheads. We will cover score-keeping and court positioning near the end of the month.*

Advanced Beginners/Intermediate: *Players will learn more advanced NVZ skills, such as drop shots, volley dinks, resets, topspin, slice. Players will learn third shot drops, offensive lobs, topspin drives. More advanced serving will be covered. Strategy and game play will be incorporated into most lessons.*

Students should bring a water bottle, hat or visor, sunscreen, good court shoes, and a paddle if they have one. If not, I will have loaners.

Students can make-up missed classes at my Palm Desert classes or the next month. Maximum class size: 8

ENROLLMENT: Ongoing **DAYS:** Saturdays

TIME: Beginners: 7:30 – 8:30 a.m.

Advanced Beginners: 8:30 – 9:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$25 per Class • \$90 per Month

DROP-IN FEE: \$25 per Day



Thermal

Please Note: All in-person activities take place at the **Jerry Rummonds' Community & Senior Center** unless otherwise noted in the activity details that follow.

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Jerry Rummonds' Community & Senior Center



89-229 Church Street, Thermal, CA 92274
(760) 263-3420

HOURS: Monday thru Friday: 8 a.m. – 8 p.m.
Saturday & Sunday: Closed

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy a day of exercise, art, guest speakers, resources, lunch, field trips, and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Monday – Thursday TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free



SENIOR SOCIAL THANKSGIVING POTLUCK

We welcome all Seniors in the community to bring your favorite Thanksgiving dish to share and give Thanks. Sign up ahead of time and call the Jerry Rummonds' Center at 760-263-3420.

DATE: Tuesday, November 19 TIME: 11 a.m. – 1:30 p.m.

AGES: 50 Years of Age and Over FEE: Free

ART & MUSIC

BEGINNING GUITAR

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over

FEE: \$50 per Month



CAMP & AFTER SCHOOL PROGRAMS

THERMAL AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year
(holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Monday thru Friday

GRADES: Kindergarten through 6th Grade

FEE: Free* – *The Thermal After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

COMMUNITY EVENTS

CANDY CANE LANE

Join us for our Holiday Candy Cane Lane event. We will have fun activities, winter themed crafts, contests, jolly games, yummy cookies, and much more.

DATE: Tuesday, December 10

TIME: 6 – 8 p.m. AGES: All Ages

FEE: Free



Thermal

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

DIA DE LOS MUERTOS

Join us in honoring the lives of those who are no longer with us showcasing a large-scale community altar. We will have dance and music performances as well as providing refreshments, snacks, and Dia de Los Muertos themed activities. This event is FREE and for the whole family! Don't miss out on this night of remembrance, culture, family fun, and community.



DATE: Friday, November 1 TIME: 5 – 8 p.m.
AGES: All Ages FEE: Free

FAMILY GAME NIGHT

We welcome all families of Thermal and surrounding communities to join us for a night of games, music, crafts, and of course fun! Refreshments, snacks and material will be provided.

DATE: Thursday, September 26 TIME: 6 – 7:30 p.m.
AGES: All Ages FEE: Free

FLYING DOCTORS AT DMHS *

The Flying Doctors and the Coachella Valley Medical volunteers are hosting a free health fair clinic at Desert Mirage High School.



LOCATION: Desert Mirage High School
DATE: Saturday, September 21 TIME: 8 a.m. – 3 p.m.
AGES: All Ages FEE: Free

HALLOWEEN SPOOKTACULAR

Join us for a hauntingly fun time! We have several fun activities such as: Halloween themed crafts, games, costume contests, prizes, and more! Parents: Don't forget to bring your cameras!

DATE: Wednesday, October 9
TIME: 6 – 8 p.m.
AGES: All Ages
FEE: Free



LGBTQ+ COMMUNITY DINNER

We welcome all LGBTQ+ members of the community to join us for a Community Dinner! All ages are welcome as we focus on creating a space for inclusivity, visibility, and acceptance of all peoples. Dinner and activities will be provided. Please register ahead of time and space is limited!



DATE: Friday, November 8 TIME: 5:30– 8:30 p.m.
AGES: All Ages FEE: Free

YOUTH SOCIAL

We welcome all youth in Thermal and surrounding communities to join us for a night of fun, dancing, music, disco lights, karaoke and games



DATE: Friday, September 13 TIME: 6– 7:30 p.m.
AGES: 6 – 12 Years of Age
FEE: Free



DANCE

FOLKLORICO (BALLET FOLKLORICO)

Are you interested in having fun and making friends while learning Mexican Folklorico steps? If your answer is Yes! Then, this class is for you! This class covers both dance history and basic steps to start you on your way to becoming a fantastic dancer. Learn new skills that involve dance, theatre, teamwork, making friends, trust, performing and lots more!



ENROLLMENT: Ongoing
DAYS: Wednesday TIMES: 5:30 – 7:30 p.m.
AGES: 7 – 15 Years of Age FEE: \$50 per Month



Thermal

Please Note: All in-person activities take place at the **Jerry Rummonds' Community & Senior Center** unless otherwise noted in the activity details that follow.



DANCE

YOUTH DANCE

Youth in this program will learn the fundamentals of movement consisting of spatial awareness, footwork, and different styles such as Hip Hop, Waving, Animation and more!

ENROLLMENT: Ongoing

DAYS: Tuesdays TIMES: 5:30 – 7:30 p.m.

AGES: 7 – 12 Years of Age FEE: \$30 per Month



Check out the activities we offer in Thermal and neighboring communities at [Instagram.com/DRD_EastValley](https://www.instagram.com/DRD_EastValley)



MARTIAL ARTS

YOUTH KARATE

This class focuses on a combination of traditional martial arts philosophies and strategies. This class is also about gaining self-esteem, discipline, sportsmanship skills, and personal integrity.

ENROLLMENT: Ongoing

DAYS: Mondays

TIMES: 6 – 7 p.m.

AGES: 7 – 12 Years of Age FEE: \$40 Per Month



Stay tuned for exciting sport programs coming soon to our Thermal Community. Be sure to follow our Instagram to stay up to date. For any questions, contact our Recreation Specialist Michael - 760-541-4173



Thermal Community Park is a 10 acre site designed by Desert Recreation District's team and local residents! It will be the first community park in Thermal and is centrally located at the corner of Church Street and Olive Street, so outdoor recreation and programming is easily accessible to all residents.

Thermal Park Design and Construction Project – Breaking Ground Late Fall 2024 –



Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

A Note Regarding Fees: For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms
(760) 347-3484
HOURS: See Activities for Times/Days

50+ ACTIVE ADULT & SENIOR PROGRAMS

SENIOR'S FRIENDSGIVING

The Thousand Palms Senior Program invites all seniors of the community to this day of celebration. We will play games, raffle prizes, and have food to share. Bring a friend!

DATE: Friday, November 22 **TIME:** 10 a.m. – 1 p.m.

AGES: 50 Years of Age and Over **FEE:** Free



SENIOR PROGRAM

Join us for a cup of coffee, bingo, games, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

ENROLLMENT: Ongoing

DAYS: Fridays **TIME:** 10 a.m. – 12 p.m.

AGES: 50 Years of Age and Over **FEE:** Free



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels are welcome.

ENROLLMENT: September

DAYS: Thursdays **TIME:** 4 – 5 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month

ADAPTIVE TABLE TENNIS

Truly an all-ability game, table-tennis is a great opportunity to challenge your timing and hand-eye coordination. Swing a paddle and play with new friends for an exciting way to stay active. All ability levels are welcome.



ENROLLMENT: September

DAYS: Thursdays **TIME:** 3 – 4 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



ART & MUSIC

HOLIDAY CRAFT DAY

Start your holiday spirit the right way by joining us for a fun time. Each participant will create up to 5 crafts. Raffle prizes and cookies are among the fun!

DATE:

Wednesday, December 18

TIMES: 12:30 – 2:30 p.m.

AGES: 5 – 11 Years of Age **FEE:** Free



Thousand Palms

Please Note: All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

ART & MUSIC

PAINT & PIZZA



Come join us as we create Canva Paintings that will be instructor-led, and then end the fun with some delicious pizza.

DATE: Sunday, September 8

TIMES: 1 – 3 p.m.

AGES: 5 – 11 Years of Age

FEE: \$12 per Participant

COMMUNITY EVENTS

COMMUNITY CLEANUP

This is an opportunity for Thousand Palms residents to get rid of large items once a year at no charge. The event is brought by the Riverside County Department of Waste Resources in partnership with local agencies. Rules and limitations apply. For more information, please call (951) 486-3200 or visit <https://rcwaste.org/free-community-clean-events>.



LOCATION: Della S. Lindley Elementary School

DATE: Saturday, November 2

TIME: 8 a.m. – 12 p.m. AGES: All Ages

FEE: Free

HALLOWEEN SPOOKTACULAR

This year's Halloween event will be hosted on Halloween night! Come join us as we will have different trick-or-treating and activities stations throughout the Thousand Palms Park walking trail! All guests in costume will be entered in a raffle. No registration required.

DATE: Thursday, October 31 TIME: 6 – 8 p.m.

AGES: All Ages FEE: Free



DANCE

FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the cultural dance originated in Mexico, Folklórico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME, AGES & FEES:

4 – 4:45 p.m. • 3 – 5 Years of Age • \$40 per Month

5 – 6 p.m. • 6 – 11 Years of Age • \$45 per Month

6:15 – 7:15 p.m. • 12 Years of Age and Over • \$45 per Month



HEALTH & FITNESS

ZUMBA

Zumba is a dynamic, exciting, and effective fitness system with upbeat, international music and dance steps. The energizing music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays, Thursdays

TIME: 7 – 8 p.m. AGES: 16 Years of Age and Over

FEE: \$45 per Month

DROP-IN FEE: \$7 per Class

Thousand Palms

For information or to register, visit MyRecreationDistrict.com or call (760) 347-3484

SPECIAL INTEREST

PARENT'S NIGHT OUT - PJ PARTY!

Have shopping to do over the holidays? Well, we have your babysitting duties covered! Your children will be entertained with fun crafts, games and a light snack will be provided.

DATE: Friday, December 13

TIME: 5:30 – 8:30 p.m.

AGES: 5 – 11 Years of Age

FEE: \$30 per Participant



RAINBOW READING DAY

We make reading fun at Thousand Palms! Join us and our friends from the Thousand Palms Library for a day of reading, crafts, and prizes.



LOCATION: Thousand Palms Library

DATE: Saturday, October 5 TIME: 11 a.m. – 1 p.m.

AGES: 5 – 11 Years of Age FEE: Free

THOUSAND PALMS COMMUNITY COUNCIL MEETING

On the dates specified below, the Thousand Palms Community Council will hold their informational meeting for all who live in the community of Thousand Palms, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please email alexperez@rivco.org for more information.

DATES:

Thursday, September 26 and November 21

TIME: 5 – 7 p.m.

AGES: All Ages

Thank you.

Desert Recreation District and Thousand Palms Chamber of Commerce Presents:

Thousand Palms Holiday Contest

This is an invitation to all Thousand Palms residents to enter a contest in which the outdoor holiday decorations of their home will be evaluated on the following criteria: **Festive • Originality • Happy / Joyful**



Prizes for **FIRST** and **SECOND** place winners!

WHEN: Application period will be from October 10 to November 10.

Approved applications will be announced the week of November 11.

HOW: Applications can be obtained by emailing Ana at avelasquez@drd.us.com or Bill at bill@thousandpalmschamber.com or stopping by the Thousand Palms Community Center located at 31-189 Robert Rd., Thousand Palms, CA 92276

RULES: • Must be a Thousand Palms residential address

- Must be available to be judged any day the week of December 9 through December 13 without notice.
- Must give consent to be featured in social media outlets, news media, and promotional material.



Join The Fun Team!

WE ARE HIRING.

If you *Enjoy* working with people, or if you have a *Passion* for recreation and fitness, we may be a great fit for you.

**VARIETY OF POSITIONS AVAILABLE
FULL & PART TIME**

**Apply today to join the "FUN TEAM"
at Desert Recreation District!**

MyRecreationDistrict.com/employment-opportunities

OR just scan
the QR code



Independent Contract Instructors!

Do you have a class or program that you want to share with our guests? DRD is always looking for new classes that will spread the fun within our communities. Please go to our website to learn more on becoming a Contract Instructor.

Join The Fun Team!

FRANCES HACK ROSE GARDEN DEDICATION WALL

LA QUINTA COMMUNITY PARK



Names are carved into 8"x8" terracotta tiles and set on the dedication wall bordered by colorful mosaic tiles meandering assortment of roses. Decorative lighting enables nighttime viewing.

This beautiful park location gives a unique opportunity to dedicate and celebrate a loved one, anniversary or an important milestone. It's a distinguished way to honor business and foundation contributions showcasing their leadership.

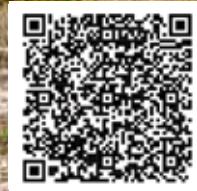


FOR MORE INFORMATION, PLEASE CALL 760-347-3484 OR VISIT MYRECREATIONDISTRICT.COM

Calling youth ages 10-17 years old looking to explore the desert on two wheels!



Discover the thrill of mountain biking on the breathtaking terrain of our valley and join us on this 4-part program. We've got the bikes, helmets and all the information to get you ready to ride.



Check out MyRecreationDistrict.com/outdoor for upcoming rides or scan the QR code.



Rental Facilities

WE HAVE YOUR PERSONAL, TEAM OR BUSINESS EVENT SPACE



**YEAR-ROUND
INDOOR/OUTDOOR POOL FACILITY
RENTALS AVAILABLE FOR YOU!**

Parties & Celebrations	Meetings & Banquets
Events & Holidays	Pool Parties
Sports & Athletics	Various Locations

Care that meets you where you are

- ✓ Hemet
- ✓ Perris
- ✓ Coachella Valley - Thermal, Mecca & Oasis
- ✓ Yucca Valley



Bringing convenient care to you

Our mobile health vehicle brings health care professionals, and medical equipment to your neighborhood—to help you get the care you need where you need it.



Quality care on wheels

Fully equipped to offer a variety of services, procedures and screenings integrated with our secure electronic health record system.



Here for a Healthier Community

The Mobile Health Vehicle visits locations across Riverside County, focusing on bringing health care to remote areas and parts of our community where members have difficulty reaching medical offices for regular care.

For more information and to make an appointment, call **951-251-6985**, Monday through Friday, 8 a.m. to 5 p.m. By appointment only

Services Include:

Common Conditions

- Cough & Cold Symptoms
- Allergies (seasonal)
- Asthma
- Flu-like Symptoms
- Minor Aches and Pains
- Pink Eye
- Sore Throat/Strep Throat/Laryngitis

Chronic Conditions

- Arthritis
- Chronic Obstructive Pulmonary Disease
- Depression Screening
- Emphysema
- Gout
- High Blood Pressure
- Hyperlipidemia
- Type 2 Diabetes

Wellness Services

- Cholesterol Screening
- Laboratory Testing
- Counseling for Weight Loss
- Counseling to Stop Smoking
- Physical Examination (5 years of age and up)
- Routine Check-up
- Pregnancy Testing & Options Counseling
- Vision & Hearing Screenings
- Well-Woman Exam

...and more!

Where We Are

FIND YOUR CLOSEST DRD LOCATION

Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

Get off the couch and into the Fun-Tastic times!

BERMUDA DUNES

- ♦ **Bermuda Dunes Community Center**
78-400 Avenue 42, Bermuda Dunes

CATHEDRAL CITY

- ♦ **Cathedral City High School (Swimming Pool)**
69-250 Dinah Shore Drive, Cathedral City

COACHELLA

- ♦ **Bagdouma Community Center & Park**
51-251 Douma Street, Coachella
- ♦ **Bagdouma Pool**
84-599 Avenue 52, Coachella

INDIO

- ♦ **Indio Community Center & Park**
45-871 Clinton Street, Indio
- ♦ **Indio Teen Center**
81-678 Avenue 46, Indio
- ♦ **Pawley Pool Family Aquatic Complex**
46-350 Jackson Street, Indio

INDIO HILLS

- ♦ **Indio Hills Community Center & Park**
80-400 Dillon Road, Indio Hills

LA QUINTA

- ♦ **Fritz Burns Pool**
78-107 Avenue 52, La Quinta
- ♦ **La Quinta Community Fitness Center & Park**
77-865 Avenida Montezuma, La Quinta

MECCA

- ♦ **Mecca Community Center, Park & Pool**
65-250 Coahuilla Street, Mecca
- ♦ **Mecca Sports Park**
91403 66th Avenue, Mecca

NORTH SHORE

- ♦ **North Shore Beach & Yacht Club**
99-155 Sea View Drive, North Shore
- ♦ **North Shore Community Park**
99-480 70th Avenue, North Shore

OASIS

- ♦ **Oasis del Desierto Park**
88-775 Avenue 76, Thermal

PALM DESERT

- ♦ **Cahuilla Hills Park**
45-825 Edgehill Drive, Palm Desert
- ♦ **Palm Desert Community Center & Park**
43-900 San Pablo Avenue, Palm Desert
- ♦ **Freedom Park**
77-400 Country Club Drive, Palm Desert
- ♦ **Palm Desert Soccer Park**
74-735 Hovley Lane, Palm Desert
- ♦ **Olsen Community Park**
43-005 Magnesia Falls Drive, Palm Desert
- ♦ **Portola Community Center**
45-480 Portola Avenue, Palm Desert
- ♦ **The Golf Center at Palm Desert and First Tee – Coachella Valley**
74-945 Sheryl Drive, Palm Desert
- ♦ **University Park**
74-802 University Park Drive, Palm Desert

RANCHO MIRAGE

- ♦ **Rancho Mirage Community Park**
71-560 San Jacinto Drive, Rancho Mirage

THERMAL

- ♦ **Jerry Rummonds' Community & Senior Center**
87-229 Church Street, Thermal

THOUSAND PALMS

- ♦ **Thousand Palms Community Center & Park**
31-189 Robert Road, Thousand Palms

ADMINISTRATIVE OFFICE

45-305 Oasis Street, Indio, CA 92201
760.347.3484
Info@MyRecreationDistrict.com
MyRecreationDistrict.com



facebook.com/MyRecreationDistrict



instagram.com/MyRecreationDistrict



twitter.com/mydrd



During this season of celebration, we are so grateful for you - our friends, partners, and supporters!

Participants like you tell us every day about how quality parks and recreation have changed their lives. From making new friends, and learning new skills, to improving health, and making cherished memories- Desert Recreation District's parks, community centers, pools and natural areas enhance our communities, our families, and our lives.

The future is bright as Desert Recreation Foundation works behind the scenes to ensure that all residents in the Coachella Valley have barrier-free access to quality recreational resources, facilities, parks, and programs that serve today's needs and those for generations to come. You can make a difference and impact the lives of the residents that need it most, by supporting programs, services, or parks that you are most passionate about!



Your Support Makes It Possible!

- \$75 enables a low-income senior to enjoy an annual Get Fit Pass, enhancing their well-being and nurturing essential social connections they may not have access to otherwise.
- \$150 provides a school-age child one month of crucial homework support in a safe after-school program, ensuring they continuously thrive.
- \$250 empowers an individual with a disability to fully engage in a year-long adaptive sports and therapeutic recreation membership, where they can find fulfillment through unique experiences tailored to their needs and cultivate a deep sense of belonging within a supportive community.
- \$250 provides a young gymnast with an opportunity to participate in USA Gymnastics level meets for one month, nurturing their passion and dedication to the sport and opening new doors to their dreams.
- \$300 supports underserved individuals in connecting to nature through Outdoor Adventure Programs such as mountain biking along scenic routes and exploring the beautiful California coast, creating unforgettable life-time memories they might not otherwise could experience.
- \$650 brings together up to 100 families for a "Magical movie under the Stars" in the park, creating memories and building community.

Compound your investment by donating monthly in support of safe and accessible sports and recreation opportunities for all!

Support our mission at DesertRecreationFoundation.org

**THANK
YOU!**



Board of Directors

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Board Member

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Board Member

Gabriela Ayala Reyes
Board Member

OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

Can you imagine a community without parks and recreation? Neither can we!

We believe parks and recreation should be available to everyone in our communities no matter their income or ability.

FINANCIAL ASSISTANCE PROGRAM

Desert Recreation Foundation programs, activities and events are open to everyone. Your Desert Recreation Foundation works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

The Desert Recreation Foundation (the Foundation) is a 501© (3) non-profit organization responsible for raising funds on behalf of Desert Recreation District.

Since 2001, Desert Recreation Foundation has been working behind the scenes of Desert Recreation District to enrich and preserve the quality of life for residents by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreational activities, program, parks, properties, and facilities. We believe parks, recreation opportunities, and learning programs should be available to everyone in our community, no matter their income level or ability. We make that a reality and can do so much more with your help!



Everyone deserves access to quality parks and recreation facilities!

Your Support Makes It Possible!

PLEASE MAKE A DONATION AT THE TIME YOU ARE REGISTERING FOR A CLASS AND SEE HOW YOUR GENEROSITY CAN MAKE AN IMPACT EVERYDAY IN OUR COMMUNITIES!

Call today to learn more (760) 347-3484 or visit our website at DesertRecreationFoundation.org
Volunteer. Sponsor. Donate.



YOU ARE INVITED TO

Holiday Food & Gift Drive

DURING THIS HOLIDAY SEASON, PLEASE JOIN US IN HELPING FAMILIES IN OUR COMMUNITIES. ALL DRD COMMUNITY CENTERS WILL COLLECT GIFTS AND DONATIONS

NOVEMBER 1-29 8 A.M. - 5 P.M.

DONATED ITEMS WILL BE DISTRIBUTED DECEMBER 15, 2024



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V. MANUEL PEREZ
FOURTH DISTRICT SUPERVISOR




LAKE CAHUILLA FISHING Derby

SATURDAY, NOVEMBER 9, 2024

**LAKE CAHUILLA VETERANS REGIONAL PARK
58075 JEFFERSON ST., LA QUINTA, CA 92253**

Hosted by Riverside County Regional Park and Open-Space District,
the Desert Recreation Foundation and the office of
Fourth District Supervisor V. Manuel Perez.

**GATES OPEN: 2:00 p.m. | TOURNAMENT: 4 p.m. - 8 p.m.
PRIZE WINNERS: 8:30 p.m.**



SCAN QR CODE TO
REGISTER
ONLINE



For questions call 1-800-234-7275 | RivCoParks.org



@RIVCOPARKS