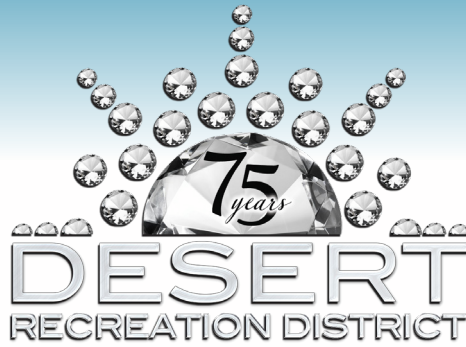




# Activity & Program Guide



MAY • JUNE • JULY • AUGUST 2025



## Welcome To The Spring/Summer 2025 Activity & Program Guide

Dear Community Members,

It's here! And we're not just talking about the warmer weather! We're talking about another fun filled Desert Recreation District Activity Guide, packed with exciting programs, activities, and events for all ages and abilities!

This guide is your ticket to new adventures, whether you're looking to cool off in one of our pools, jump into a sports league, get creative in an arts class, or try something totally new. With so many options, there's no better time to explore, play, and connect with your community.

There's always something new to discover! Have you visited our newly remodeled Palm Desert Community Center? If not, now is the perfect time to check out its fresh new look and exciting programs. Plus, this season is packed with special events, from holiday-themed celebrations to unique experiences like our Coastal Encounter trips! A perfect way to get out and explore beyond our amazing valley!

This year, we continue to celebrate 75 years of serving our incredible communities. We are honored to be part of your family's adventures, helping create moments of joy, connection, and new friends along the way. Thank you for allowing DRD to be a part of your and your family's journey, we're honored to celebrate this milestone with you!

See you out there,

A handwritten signature in black ink, appearing to read 'Kevin Kalman'.

Kevin Kalman

General Manager, Desert Recreation District





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45–305 Oasis Street | Indio, California 92201 | P: (760) 347–3484 | F: (760) 347–4660 | Fun@MyRecreationDistrict.com

## General Information

### ■ DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price-point we can offer, which does not allow for discounting.

### ■ ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

### ■ FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please enter your address at [MyRecreationDistrict.com/map-board-representatives](http://MyRecreationDistrict.com/map-board-representatives). You can also see both the resident and non-resident fees when you view the details of any of the activities in this guide online. If you need additional assistance, please call 760-347-3484.

### ■ HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347–3484 to check the hours we are open in any particular location.

### ■ PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

### ■ REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make-up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.



# Bermuda Dunes

**Please Note:** All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Bermuda Dunes Community Center



78-400 Avenue 42, Bermuda Dunes, CA 92203  
(760) 347-3484  
HOURS: See Activities for Times/Days



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FITNESS –

#### **HYBRID (Online & In-person classes offered)**

*Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment.*

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays **TIME:** 10 – 11 a.m.

**AGES:** 16 Years of Age and Over with a Disability  
or a Special Need

**FEE:** Free

### ADAPTIVE GYMNASTICS

*Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage participants in the structured setting. Our adaptive coaches will work with the individual needs of the small group in the program.*

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIME:** 10:30 – 11:15 a.m.

**AGES:** 4 – 10 Years of Age with a Disability or a Special Need

**FEE:** \$35 per Month



### ADAPTIVE MUSIC

*Join us to make music with instruments made for all bodies! This Adaptive Music class incorporates movement, rhythm, and a whole lot of fun!*

**ENROLLMENT:** Ongoing

**DAYS:** Fridays

**TIME:** 1 – 2 p.m.

**AGES:** 10 Years of Age and Over  
with a Disability or a Special Need

**FEE:** \$35 per Month



### ADAPTIVE SEATED FITNESS –

#### **HYBRID (Online & In-person classes offered)**

*Join us for our online or in-person class for seated adult fitness! Class focuses on strength and conditioning with the use of minimal equipment in a seated position.*

**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 10 – 11 a.m.

**AGES:** 16 Years of Age and Over with a Disability  
or a Special Need

**FEE:** Free

### ADAPTIVE STRETCH & STRENGTHENING

*Join us to stretch and relax! Program incorporates a series of dynamic stretches and breathing techniques to promote muscle relaxation and flexibility while utilizing a sensory integration approach.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 10 – 10:45 a.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special  
Need

**FEE:** \$35 per Month





# Bermuda Dunes

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PARENT & GUARDIAN COFFEE HOUR

A peer support group for parents and guardians of children with special needs provided by the collaboration Olive Tree OT, Building Bridges, and Desert Recreation District. Parenting special needs children/adults can bring immense joy but can also bring unique challenges. Share your journey with other parents who get it, as well as share resources.

Please email

[Paloma@OliveTreeOT.com](mailto:Paloma@OliveTreeOT.com)

for activity room registration as it is required.

DATES: July 22 • August 26

DAYS: Tuesdays TIME: 10:30 – 11:30 a.m.

AGES: All Ages FEE: Free



## ART & MUSIC

### BEGINNING PIANO

Students will learn beginning piano in a class setting while using a keyboard. You will be learning notes and rhythm while playing, as well as scales and hand positions. Come join us to learn the beautiful universal language of music!

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 4 – 5 p.m.

AGES: 6 – 16 Years of Age

FEE: \$85 per Month



## DANCE

### DANCE, PLAY & PRETEND

Your child will enjoy fun, imaginative play while learning music, dance, and basic ballet movements. This class focuses on movement, coordination, and creativity in an enriching environment. Girls need dance wear and ballet shoes; boys need a tee shirt, shorts, and socks.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 5:30 – 6:15 p.m.

AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month



## HEALTH & FITNESS

### GENTLE YOGA FOR ACTIVE ADULTS

In Gentle Yoga for Active Adults, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

ENROLLMENT: Ongoing

DAYS, TIMES & FEES:

Thursdays • 9 – 9:45 a.m. • \$55 per Session

AGES: 18 Years of Age and Over

DROP-IN FEE: \$16 per Class



## BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.

Please check at [www.Rivco4.org](http://www.Rivco4.org) before attending as meetings may be held via ZOOM.

Thank you.

# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## Cathedral City High School Swimming Pool



69-250 Dinah Shore Drive, Cathedral City, CA 92201  
(760) 347-3484

HOURS: See Activities for Times/Days



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – RIVER CANYON

*In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment. This program is also designed to engage teens, promote open communication, bridge multicultural differences, and enhance leadership development.*

**Please note:** During the Summer Session dates between June 10 and July 31, rather than homework assistance, the focus will include subjects like cooking, crafts, and science activities.

LOCATION: River Canyon Apartment Complex

DAYS, TIMES & DATES:

**Monday through Friday • 3 – 6 p.m.**

May 1 – 30 • June 1 – 6 • August 6 – 29

**Tuesday & Thursday • 1 – 4 p.m.**

June 10 – 26 • July 1 – 31

AGES: 5 – 17 Years of Age

FEE: Free



HOPE through HOUSING®  
FOUNDATION



## SWIM & WATER ACTIVITIES



# Cathedral City

The City of Cathedral City has full scholarships available due to the generosity of the Cathedral City Council. Scholarships are available on a first come, first served basis.

**ALL OF THE SWIM & WATER ACTIVITIES LISTED  
IN THIS SECTION WILL TAKE PLACE AT  
CATHEDRAL CITY HIGH SCHOOL**

### ENTRY FEES:

**CHILDREN: \$3** (*Under 3 Years of Age are free*)

**ADULTS: \$4**

**POOL HOURS:** First day – Monday, June 9

Last day – Saturday, August 2

### MONDAYS – THURSDAYS:

8 – 8:45 a.m. (Water Fitness/Lap Swim)

9 – 11 a.m. (Youth Lessons/Lap Swim)

1:45 – 3:45 p.m. (Water Fitness/Open Swim)

### FRIDAYS:

8 – 11:45 a.m. (Lap Swim/Open Swim)

1:45 – 3:45 p.m. (Open Swim)

### SATURDAYS:

8 a.m. – 12 p.m. (Lap Swim/Open Swim)

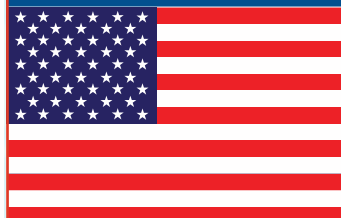
### SUNDAYS:

Closed

## SPECIAL POOL EVENTS

Join us on Friday, June 13 for  
**“Free Swim Friday”** from 1:45 – 3:45 p.m.

## FREE VETERANS SWIM DAY



*Veterans will have the  
opportunity to join a  
class or swim for free on  
Friday, July 4*



# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## DIVE-IN MOVIES

Family and friends of all ages will enjoy a free Family Movie at the Pool! No tickets needed- just come for a fun-filled flick and you can even watch it from the comfort of the water on a summer night.

### DATES & MOVIE:

Saturday, June 21 • The Little Mermaid

Saturday, July 19 • Sonic 3

TIME: 7:30 – 10:30 p.m. AGES: All Ages FEE: Free



## OPEN SWIM MEET – ADULTS

Join us for the Desert Recreation District's 1st Annual Open Swim Meet! This fun, low-pressure event is perfect for adults of all skill levels, from beginners to experienced swimmers. For more information, contact Meet Director Nicholas Torres at [Nitorres@drd.us.com](mailto:Nitorres@drd.us.com)

**Last Day of Registration: July 13**

DATE: Friday, July 18 TIME: 8 a.m. – 1 p.m.

AGES: 18 Years of Age and Over FEE: \$20 Registration

## WATER SAFETY DAY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark.

Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be.

DATE: Wednesday, July 16

TIME: 2 – 3 p.m.

AGES: 3 – 11 Years of Age FEE: Free



## WORLD'S LARGEST SWIM LESSON

Take part in a global mission with DRD & Team WLSL, bringing together tens of thousands of individuals from hundreds of communities around the globe to participate in the same lesson on June 26th to raise awareness about drowning and the fact that swimming is a vital life- saving skill that every child should learn.

DATE: Thursday, June 26 TIME: 7 – 9 p.m.

AGES: 6 months – 17 years of age FEE: Free

## YOUTH SWIM MEET

Join us for the Desert Recreation District's 1st Annual Youth Swim Meet! This event helps prepare swimmers for competition, with team bonding, a friendly atmosphere, and opportunities to improve skills. For more info, contact Meet Director Nicholas Torres at [Nitorres@drd.us.com](mailto:Nitorres@drd.us.com).

**Last Day of Registration: July 20**

DATE: Friday, July 25 TIME: 8 a.m. – 12 p.m.

AGES: 8 – 14 Years of Age

FEE: \$20 Registration

## ADAPTIVE SWIM

### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.



DATES: June 13 – July 4 • July 11 – 25

DAYS: Fridays TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: Free

## ADULT WATER CLASSES

### ADULT WATER AEROBICS

Water Aerobics is designed as a high intensity interval training course that incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.

AGES: 18 Years of Age & Over

FEE: \$60 per Session TIME: 8 – 8:45 a.m.

DAYS & DATES

**Mondays & Wednesdays:** June 9 – July 2 • July 7 – 30

### SENIOR SPLASH CLASS

Senior Splash is a program encouraging older adults to participate in physical activities that will help them to maintain greater control of their health.

AGES: 62 Years of Age & Over

FEE: \$35 per Session TIME: 8 – 8:45 a.m.

DAYS & DATES:

**Tuesdays & Thursdays:** June 10 – July 3 • July 8 – 31



# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## SWIM & WATER ACTIVITIES

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 9 – 19

SESSION 3: July 7 – 17

SESSION 2: June 23 – July 3

SESSION 4: July 21 – 31

### INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

#### Parent & Me Classes:

AGES: 6 Months – 3 Years of Age

TIME: 9 – 9:45 a.m. OR 11 – 11:45 a.m.

### PRE-SCHOOL SWIM CLASSES

¡Vamos a nadar! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.



AGES: 3 – 6 Years of Age

TIMES: 9 – 9:45 a.m. OR 10 – 10:45 a.m. OR 11 – 11:45 a.m.

### GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.



**Penguins 1** AGES: 6 ½ – 9 Years of Age

**Penguins 2** AGES: 8 – 12 Years of Age

**Penguins 1 & 2** TIMES: 9 – 9:45 a.m. OR 10 – 10:45 a.m.

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.



AGES: 6 ½ – 12 Years of Age

TIMES: 10 – 10:45 a.m.

**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.



AGES: 7 – 13 Years of Age

TIMES: 11 – 11:45 a.m.

**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke, and elementary backstroke for 25 yards.



AGES: 8 – 14 Years of Age

TIMES: 11 – 11:45 a.m.



## WATER SPORTS

### JUNIOR WATER POLO

Water polo is a fun, energetic sport focused on team strategy. In this class, participants will learn shooting, passing, and defensive/offensive techniques. Swimmers must be able to tread water and swim two lengths of the pool nonstop.

DATES: June 13 – July 11

DAYS: Fridays

TIME: 10 a.m. – 12 p.m.

AGES: 8 – 13 Years of Age FEE: \$75





# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Bagdouma Park Community Center



51-251 Douma Street, Coachella, CA 92201  
(760) 501-8120

HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m.  
Tuesday: 3 – 7:30 p.m.  
Saturday & Sunday: Closed

## Bagdouma Community Pool



84-599 Avenue 52, Coachella, CA 92236  
(760) 347-3484

Reserve Spring and Summer Rentals Now

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### 50+ STRONG

*Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN!*

ENROLLMENT: Ongoing

DAYS: Mondays & Wednesdays

TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over FEE: Free

### SENIOR WELLNESS FRIDAY'S

*Senior Wellness Friday's will incorporate wellness based lessons and activities every Friday alternating between nutrition, fitness, walks/hikes, and meditation/stretching.*

ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 8:30 – 9:30 a.m.

AGES: 50 Years of Age and Over

FEE: Free –

Funded by Transformative Climate Communities



## ART & MUSIC

### COACHELLA ART CLASS

*This program lets families express creativity and enhance emotional wellbeing, learning and more with step-by-step guidance.*

DATE: August 4 TIME: 5:30 – 7 p.m.

AGES: 5 Years of Age and Over

FEE: Free - Funded by Transformative Climate Communities

### GUITAR – BEGINNING

*Learn to read chord charts and tablature as well as developing your strumming, rhythm, finger picking, tuning your guitar, and proper position. You'll be able to play songs right away! No musical experience needed.*

ENROLLMENT: May & August

DAYS: Thursdays TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over FEE: \$50 per Month

### PIANO – BEGINNING

*Students will learn piano in a class setting, using the keyboard. They will learn notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.*

ENROLLMENT: May, June, July

DAY: Tuesdays TIME: 5:30 – 6:30 p.m.

AGES: 7 – 16 Years of Age FEE: \$70 per Month



**CANCELED**

# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. For more information, please contact Erika Castellanos at (760) 347-3484.



**LOCATION:** Las Casas Apartments

**DATES:** Ongoing During CVUSD School Year Calendar  
(holidays may be excluded)

**TIMES:** 2:30 – 6 p.m.

**DAYS:** Tuesday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free

### LEADERS IN TRAINING

The Leaders In Training (LIT) program helps high school students develop leadership skills through workshops, hands-on experiences, and visits to colleges, businesses, and community sites. Topics include college and career goals, life skills, and community involvement. Space is limited.

**DATES:** Mondays, Wednesdays, Fridays, July 21 – August 8

**TIMES:** 8 a.m. – 1 p.m. **AGES:** 13 – 17 Years of Age

**FEE:** \$75 per Participant

### SUMMER CAMP

Summer Camp begins right away with fun and lively camp activities guided by our incredible staff.

Campers have the

opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games.

**AGES:** 5 – 11 Years of Age

(Child must have completed one FULL year of TC & Kindergarten)

**DAYS:** Mondays – Fridays (Holidays Excluded)

**FULL DAYS – TIME:** 7:30 a.m. – 5:30 p.m.

**HALF DAYS – TIME:** 12 – 5:30 p.m.



## SUMMER CAMP CONTINUED

### Three Week Session Dates & Fees – Full Days:

**SESSION 1:** June 16 – July 3 • \$336

**SESSION 2:** July 7 – 21 • \$360

**SESSION 3:** July 28 – August 15 • \$360

**WEEKLY FEES:** (weekly sessions begin June 16, 23, 30, July 7, 14, 21, 28, August 4 and 11)

\$140 per 1 Week Session (average cost)

\$80 per 1 Week Sessions for Half Days

**DROP-IN FEE:** \$30 per Full Day

(No drop-ins available on Field Trip Days)

Scholarships are available through the City of Coachella, for Coachella residents. Must Register in person.



## COMMUNITY EVENTS

### COACHELLA FOOD DISTRIBUTION

The Transformative Climate

Communities grant enables Desert

Recreation District to provide food

for 100 preregistered families in

Coachella. Distribution starts at 10 a.m. until supplies run out.

**DATE:** Saturday, June 7

**TIME:** 10 a.m. – 1 p.m. **AGES:** All Ages

**FEE:** Free - Funded by Transformative Climate Communities



### FOURTH OF JULY CELEBRATION – CITY OF COACHELLA

Join us for Independence Day Celebration, featuring fireworks, games, food vendors, live music, and fun for the whole family!

For details, visit **Coachella.org** or call **760-501-8100**.

**LOCATION:** Bagdouma Park in Coachella

**DATE:** Thursday, July 3 **TIME:** 6:30 – 10 p.m.

**AGES:** All Ages **FEE:** Free



## DANCE

### BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is designed to improve children's coordination and poise while introducing music appreciation and interpretations.

**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 5:30 – 6:15 p.m.

**AGES:** 5 – 10 Years of Age **FEE:** \$42 per Month



# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## DANCE, PLAY & PRETEND

This class teaches movement and coordination, using fantasy and imagination. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing DAYS: Thursdays  
TIME: 4 – 4:45 p.m. AGES: 2 ½ – 5 Years of Age  
FEE: \$42 per Month

## BALLET FOLKLORICO

Learn the many different styles of the cultural dance originated in Mexico. The choreography reflects Mexico's diverse ethnic makeup through dances steps influences by Spain, European, African and Caribbean cultures.

ENROLLMENT: Ongoing DAYS: Tuesdays  
TIMES & AGES: 5:30 – 6:30 p.m. • 3 – 5 Years of Age  
6:35 – 7:35 p.m. • 5½ – 8 Years of Age

FEE: \$55 per Month  
(Shoes and dress can be purchased with the instructor)

## HEALTH & FITNESS

### ADULT - NUTRITIONAL COOKING CLASS

This nutritional cooking class will teach adults the skills and tools to incorporate a healthy and active lifestyle into their daily routine. Adults will learn to develop healthy eating habits and healthy lifestyle choices.

DATE: Monday, May 5  
TIME: 6:30 – 8 p.m.  
AGES: 18 Years of Age and Over  
FEE: Free - Funded by Transformative Climate Communities

## LATIN DANCE FITNESS

Shake your hips and break a sweat with Latin Dance Fitness! Latin Dance Fitness is a fun, full-body workout that combines dance and fitness cardio movements with Latin and Hip-Hop music. **\*Please Note: A 50% scholarship available for Coachella residents thanks to the Transformative Climate Communities grant. Must register in person and have proof of Coachella residency to receive scholarship.**



## LATIN DANCE FITNESS CONTINUED

ENROLLMENT: Ongoing  
DAYS: Wednesday TIMES: 5:30 – 6:30 p.m.  
AGES: 18 Years of Age and Over  
FEES: \$25 per Month\*



## MOVIES

### MOVIES IN THE PARK

We are pleased to partner with the City of Coachella to bring you Movies in the Park. Bring your blankets and camping chairs and join us for a movie every Friday in May! You can also check our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up to date information.

LOCATION: Bagdouma Park - Outdoors

DATE & MOVIE: May 2 – Sonic the Hedgehog 3

May 9 – Moana 2

May 16 – Mufasa: The Lion King

May 23 – Transformers 1

DAYS: Fridays TIME: 7:30 – 10 p.m.

AGES: All Ages FEE: Free



## SPECIAL INTEREST

### TEEN SOCIAL NIGHTS

We are excited to partner with the City of Coachella to host a series of exciting Teen Social Nights! Don't miss this opportunity to create, connect and unwind in a friendly and supportive environment!

DATES & EVENTS:

May 15 – Pizza & Paint Night • July 10 – Network & Chill

June 12 – Open Mic Night • August 14 – Game Night

AGES: 13 – 18 Years of Age

DAYS: Thursdays TIMES: 5 – 6:30 p.m.

FEE: Free



**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



## BASKETBALL

### BASKETBALL TRAINING ZONE

*This class offers you drills and quality instruction that will help you develop your basketball skills by enthusiastic instructors.*



**LOCATION:** Bagdouma Park

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 5 – 6 p.m.

**AGES:** 7 – 12 Years of Age **FEE:** \$40 per Session

### BEGINNER VOLLEYBALL – COED

*This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball.*



**LOCATION:** Bagdouma Park

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays

**TIME:** 5 – 6 p.m.

**AGES:** 7 – 13 Years of Age

**FEE:** \$40 per Month

**\*Please note for T-Ball Rookies, Tiny Soccer Stars, and Toddler Me Soccer, A 50% scholarship is available for Coachella residents thanks to the Transformative Climate Communities Grant. Must register in person and have proof of Coachella residency to receive scholarship**



## T-BALL

### T-BALL ROOKIES

*T-Ball Rookies is geared toward helping young athletes develop beginner level baseball skills. Class includes basic fundamentals such as catching, throwing, batting stance and base running. Athletes are required to bring their own glove.*

### T-BALL ROOKIES CONTINUED

**LOCATION:** Bagdouma Park

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 5:30 – 6:15 p.m.

**AGES:** 4 – 6 Years of Age

**FEE:** \$30 per Month\*

## SOCCER

### TINY SOCCER STARS

*Our instructors will teach children the beginning fundamentals of the sport of soccer that include passing, trapping, shooting, and defending. This program is great for participants who have little to no soccer experience.*



**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIME:** 6 – 6:45 p.m.

**AGES:** 4 – 7 Years of Age

**FEE:** \$30 per Month\*

### TODDLER & ME SOCCER

*Join us for fun toddler friendly soccer activities, exercises, and games. It is a wonderful opportunity to teach your kiddo how to socialize and stimulate brain development through active play.*

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIME:** 5:30 – 6 p.m.

**AGES:** 2 – 4 Years of Age

**FEE:** \$20 per Month\*

### YOUTH BASEBALL CLINIC

*Instructors will teach baseball skills like catching, throwing, batting, base running, and game fundamentals. This program is perfect for beginners. Athletes should bring a glove, and a bat and helmet are recommended.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 6:15 – 7:15 p.m.

**AGES:** 7 – 10 Years of Age

**FEE:** \$40 per Month





# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## YOUTH FLAG FOOTBALL CLINIC

Our youth flag football class teaches basic skills like passing, catching, running, and flag pulling in a fun, supportive environment, focusing on skill development, teamwork, and sportsmanship to build confidence and a love for the game.

ENROLLMENT: May, June

DAYS: Wednesdays TIME: 6 – 7 p.m.

AGES: 7 – 10 Years of Age FEE: \$40 per Month

## EAST VALLEY SPORTS LEAGUES COMING SOON!

Basketball • Baseball • Football • Soccer (Already on Season 3)



## SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT BAGDOUMA COMMUNITY POOL

### ENTRY FEES:

CHILDREN: \$3 (Under 3 Years of Age are free)

ADULTS: \$4

### POOL DATES & HOURS:

First day – June 9 • Last day – September 1

(Hours will be reduced to weekends only beginning August 17)

### MONDAYS – THURSDAYS:

12:30 – 3:30 p.m. (Lap Swim/Open Swim)

4 – 6 p.m. (Youth Lessons)

7 – 9 p.m. (Lap Swim/Open Swim)

FRIDAYS: 12:30 – 4 p.m. and 6 – 9 p.m. (Open Swim)

SATURDAYS: 12:30 – 4 p.m. (Open Swim)

4 p.m. (Adaptive Splash Play/Free)

5 – 9 p.m. (Open Swim)

SUNDAYS: 2:30 – 4 p.m. and 5 – 9 p.m. (Open Swim)

4 – 5 p.m. (Adaptive Splash Play)

## SPECIAL POOL EVENT

Join us on Friday, June 13 for  
“Free Swim Friday” from 5 – 9 p.m.

City of Coachella  
Independence Day Celebration!

Join us on Thursday, July 3  
for evening swim from 7 – 10 p.m.



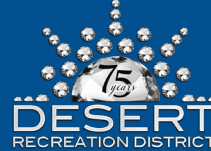
## Operation SPLASH is back!

### OPERATION SPLASH KICK-OFF!

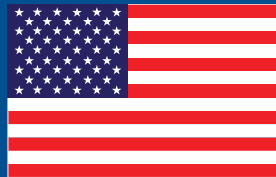


Saturday, June 7 • 9 a.m. – 12 p.m.

at Bagdouma Community Pool



Scholarships are available for Free Youth Swim Lessons sponsored by Kaiser Permanente. To apply, visit [MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs) and look for the OPERATION SPLASH APPLICATION.



### FREE VETERANS SWIM DAY

Veterans will have the opportunity to join a class or swim for free on Friday, July 4

## COMMUNITY POOL EVENTS

### WATER SAFETY DAY WITH LENNY THE LANDSHARK

Join us for a fun, interactive water safety session with Lenny the LandShark! Learn about water and sun safety, life jackets, pool and canal safety, and how to call for help. Coloring books featuring Lenny will be provided.

DATE: Wednesday, July 16 TIME: 2 – 3:30 p.m.

AGES: 3 – 11 Years of Age FEE: Free

### WORLD'S LARGEST SWIM LESSON

Take part in a global mission with DRD & Team WLSL, bringing together tens of thousands of individuals from hundreds of communities around the globe to participate in the same lesson on June 26th to raise awareness about drowning and the fact that swimming is a vital life-saving skill that every child should learn.

DATE: Thursday, June 26 TIME: 7 – 9 p.m.

AGES: 6 months – 17 years of age FEE: Free

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



## SWIM & WATER ACTIVITIES

### COACHELLA RESIDENT SWIM PASSES

Apply on our website under **SWIM & WATER PROGRAMS** after 8:30 a.m.  
Pacific Time on May 19, 2025.



Up to 300 open swim passes will be available to Coachella residents on a first-come, first-served basis. Passes grant free access to Bagdouma Community Pool from June 9 to September 1. To qualify, residents must provide a utility bill or three pieces of delivered mail and a photo ID or driver's license.

### ADAPTIVE SWIM

#### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.

**DATES:** June 14 – July 6 • July 12 – August 3 • August 9 – 31

**AGES:** 4 Years of Age and Over with a Disability or a Special Need

**DAYS:** Saturday & Sunday **TIME:** 4 – 4:45 p.m. **FEE:** Free

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

**SESSION 1:** June 9 – 19 **SESSION 4:** July 21 – 31

**SESSION 2:** June 23 – July 3 **SESSION 5:** August 4 – 14

**SESSION 3:** July 7 – 17

### INFANT SWIM LESSONS

Our infant swim lessons engage children and their parent/guardian, focusing on water safety, exploration, and fun activities like games and songs during water play.

**Parent & Me Class:** **AGES:** 6 Months – 3 Years of Age  
**TIME:** 6 – 6:45 p.m.

### PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.



**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

**AGES:** 3 – 6 Years of Age **TIMES:** 4 – 4:45 p.m. **OR**

5 – 5:45 p.m. **OR**

6 – 6:45 p.m.

### GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1 AGES:** 6 ½ – 9 Years of Age

**TIMES:** 4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

**Penguins 2 AGES:** 8 – 12 Years of Age

**TIMES:** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.



**STINGRAYS:** Swimmers must master all Penguin skills and swim 10 yards without support. Skills include freestyle, breaststroke, butterfly kick, elementary backstroke, and additional water safety.

**AGES:** 6 ½ – 12 Years of Age

**TIMES:** 4 – 4:45 p.m. **OR** 6 – 6:45 p.m.



**BARRACUDAS:** Skills taught include: 15 yards front crawl with side breathing, 15 yards back crawl, 10 yards elementary backstroke, 10 yards breaststroke kick, 10 yards sidestroke kick, and 1 minute of treading water.

**AGES:** 7 – 13 Years of Age **TIMES:** 5 – 5:45 p.m.



**SHARKS:** Sharks focus on endurance with backstroke and freestyle, mastering freestyle breathing and building on butterfly and elementary backstroke. Wall turns are introduced. Requirements include 25 yards of freestyle with side breathing, backstroke, and elementary backstroke.

**AGES:** 8 – 14 Years of Age **TIMES:** 4 – 4:45 p.m.



## TOT PROGRAMS

### TINY TUNE TOTS

Join our Parent-Toddler music class to explore music through playful activities, interactive songs, and rhythmic adventures, boosting creativity, imagination, and social skills in a joyful, nurturing environment.

**ENROLLMENT:** May, August

**DAYS:** Mondays **TIME:** 5:30 – 6 p.m.

**AGES:** 2 – 4 Years of Age

**FEE:** \$20 per Month





Welcome to your new perch!



To make a reservation at Kestrel, please call 760.346.4653  
or visit [IndianWellsGolfResort.com](http://IndianWellsGolfResort.com).



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Metro 8 Gymnastics/Recreation Center

81725 Highway 111, Indio, CA 92201  
(760) 347-3484

HOURS:  
See Activities for Times/Days



## Indio Community Center

45-871 Clinton Street, Indio, CA 92201  
(760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m.  
Saturday: 10 a.m. – 2 p.m. • Sunday: Closed



## Indio Teen Center

81-678 Avenue 46, Indio, CA 92201  
(760) 347-4263

HOURS:  
See Activities for Times/Days



## Pawley Pool Family Aquatic Complex

46-350 Jackson Street, Indio, CA 92201  
(760) 342-5665

HOURS:  
See Activities for Times/Days



Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

## ADAPTIVE BASKETBALL

Focus on developing basketball skills through drills with progression to game play. Class is open to individuals with disabilities and special needs. All ability levels are encouraged to join!



ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 3 – 4 p.m. **OR** 4 – 5 p.m.

AGES: 10 Years of Age or Over with a Disability  
or a Special Need

FEE: \$35 per Month

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## ADAPTIVE BOCCIA

Boccia, the Paralympic sport for all abilities. We are looking to further expand this high skill, strategic, and accuracy driven game within the valley! We encourage parents and siblings to participate when space allows.

ENROLLMENT: Ongoing

DAYS: Wednesdays

TIME: 2 – 2:45 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$35 per Month





## ADAPTIVE FITNESS CLASS

Join us for a demanding workout with options for all ability levels. Class focuses on strength & conditioning in various locations throughout the Indio Community Center.

ENROLLMENT: Ongoing

TIMES: 5 – 5:45 p.m.

DAYS: Tuesdays

AGES: 8 Years of Age or Over with a Disability or a Special Need

FEE: \$35 per Month

## ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage all participants in the structured setting. Our trained coaches will work with the individual needs of the participants to encourage a safe environment.



ENROLLMENT: Ongoing

DAYS: Saturdays

TIME: 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age with a Disability or a Special Need

FEE: \$35 per Month

## ADAPTIVE PICKLEBALL

Work on hand eye coordination and develop your pickleball skills with us. Classes work on skill development through drills with progression to game play.

LOCATION: Gymnasium ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 3 – 3:45 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$35 per Month

## ADAPTIVE POWERHOUSE

Get more familiar with gym equipment, learn more about how each muscle group interacts with each other. Learn how to set up a proper work out regiment and how to properly lift weights to minimize injuries.

LOCATION: Weight Room

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 11:30 a.m. – 12:15 p.m.

AGES: 18 Years of Age or Over with a Disability or a Special Need

FEE: \$35 per Month

## ADAPTIVE ROTATING SPORTS

We're looking to keep participants on their toes for what to expect in this session, i.e. soccer, badminton, wallyball, wiffleball. Programs will focus on skill development and fun!

LOCATION: Gymnasium

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 4 – 4:45 p.m.

AGES: 10 Years of Age or Over with a Disability or a Special Need

FEE: \$35 per Month

## ADAPTIVE YOGA

Join us to stretch and relax! The program focuses on controlled stretching through slow motions and controlled breathing workout. This program will promote the use of flexibility and muscle mobility.

ENROLLMENT: Ongoing

DAYS: Tuesdays TIME: 10 – 10:45 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: \$35 per Month

## ART & MUSIC

### DRUMS CLASSES

Classes will consist of playing and learning fun rhythms on buckets that will be supplied. Students will need to bring their own pair of drumsticks or purchase a pair of drumsticks in class for \$10. Instructor will bring real drum set to class on last day of month for students to jam on.

ENROLLMENT: Ongoing

DAYS: Thursdays

AGES & TIMES: 4 – 6 Years of Age, 5 – 5:30 p.m.

7 – 9 Years of Age, 5:45 – 6:15 p.m.

FEE: \$100 per Session

### GUITAR – BEGINNING

Class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

ENROLLMENT: May 22 – June 19 • July 3 – 31

August 14 – September 11

TIME: 6 – 7 p.m. DAYS: Thursdays

AGES: 9 Years of Age and Over

FEE: \$80 per Session

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## ART & MUSIC

### GUITAR – SECOND LEVEL

Class teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

**ENROLLMENT:** May 22 – June 19 • July 3 – 31  
August 14 – September 11

**TIME:** 7 – 8 p.m. **DAYS:** Thursdays

**AGES:** 9 Years of Age and Over

**FEE:** \$80 per Session

### PARENT AND ME MUSIC TIME

Enjoy this music time, having fun and bonding with your child. This class is for children and their parent(s) to come and learn a song or a dance.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIMES:** 11:30 a.m. – 12 p.m.

**AGES:** Children 2 & 3 Years of Age with Parent or Guardian

**FEES:** \$30 per Month

### PIANO – ADULT

This class will teach adults how to play piano from the start by using a keyboard. They will learn notes, rhythms, scales, and hand positions.

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays **TIMES:** 10 – 11 a.m.

**AGES:** 18 Years of Age and Over **FEE:** \$65 per Month

### PIANO – YOUTH BEGINNING

Students will learn piano by being in a class setting while using a keyboard. They will be learning notes and rhythm while playing, in addition to learning the beginning of scales and hand positions all on the keyboard.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIMES:** 9 – 10 a.m. **OR** 10 – 11 a.m.

**AGES:** 7 – 16 Years of Age **FEE:** \$85 per Month

### PIANO – YOUTH INTERMEDIATE

Students will continue their piano journey by learning more techniques and scales. They will be playing song pieces from song books and sheet music that will be easy but challenging for the student.

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIMES:** 6:30 – 7:30 p.m.

**AGES:** 7 – 16 Years of Age **FEE:** \$85 per Month

### PRESCHOOL DRUM CLASSES

Classes will consist of children learning beats and rhythms using all five while enhancing large motor skills. Every week we have fun playing instruments, dancing with colorful scarves, listening to different types of music, and making art projects.

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIMES:** 4 – 4:30 p.m.

**AGES:** 2y 5mo – 3 Years of Age **FEE:** \$100 per Session



### PRESCHOOL SUMMER ART PROGRAMS

This program is a great way to introduce young children to the importance of Art. Join us to have fun getting creative and learn how to create various art projects. All supplies will be provided and at the end of each class, participants will be able to take their completed project home.

**LOCATION:** Indio Metro 8

**DATES:** Saturday, June 21 & July 12

**TIMES:** 10:30 – 11:30 a.m.

**AGES:** 2 – 4 Years of Age **FEE:** \$12 per Participant

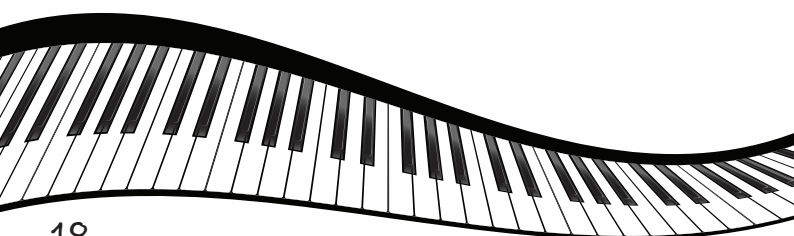
### SUMMER ART PROGRAMS

Our Art Programs are a great way to introduce youth to the importance of Art. Youth will have the opportunity to have fun, get creative and learn how to create various art projects without having any artistic abilities. All supplies will be provided and at the end of each class participants will be able to take their completed project home.

**LOCATION:** Indio Metro 8

**DATES & TIMES:** Saturday, June 21 & July 12 • 12 – 1:30 p.m.

**AGES:** 6 – 13 Years of Age **FEE:** \$12 per Participant





## SUMMER MAD SCIENTIST

Join us for a night of mad science! Enjoy fun experiments, wild chemistry, and creative activities in a safe space to let your imagination run wild.

**LOCATION:** Metro 8 Theaters

**DATES & TIMES:** Fridays, June 20 & July 11 • 6 – 7:30 p.m.  
Saturday, July 26 • 10 – 11:30 a.m.

**AGES:** 6 – 12 Years of Age **FEE:** \$12 per Participant



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – VILLA HERMOSA

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. For more information, please contact Erika Castellanos at (760) 347-3484.

**LOCATION:** Villa Hermosa Apartments

**ENROLLMENT:** Ongoing During School Year (holidays may be excluded) Follows the DSUSD calendar. Once school year ends, program will start up again in August.

**TIME:** 2:30 – 6 p.m. **DAYS:** Tuesday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free



## SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games.

Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

**AGES:** 5 – 12 Years of Age

(child must have completed Kindergarten)

**DAYS:** Mondays – Fridays

**FULL DAYS:**

**Time:** 7:30 a.m. – 6 p.m.

**Fees:** \$360 per Three-week Session

\$140 per Weekly Session

\$30 Daily Drop-in Available on Non-Field Trip



## SUMMER CAMP CONTINUED

**HALF DAYS:** Time: 12 – 6 p.m.

**Fees:** \$80 per Weekly Session

**Three Week Session Dates:**

**SESSION 1:** June 9 – 27

**SESSION 2:** June 30 – July 18 (holidays excluded)

**SESSION 3:** July 21 – August 8

**WEEKLY SESSIONS BEGIN:**

(June 9, 16, 23, 30, July 7, 14, 21, 28, and August 4)



## COMMUNITY EVENTS

Please Note: Registering for events ahead of time is the best way to ensure there is room for you to join in the fun! Register at [MyRecreationDistrict.com/community-events](http://MyRecreationDistrict.com/community-events) or in person at any DRD facility.

## FOURTH OF JULY FAMILY FUN EVENT

Celebrate Independence Day with fun craft stations, games, and activities indoors. Children can create arts & crafts projects, enjoy games, and snacks will be provided.

**LOCATION:** Metro 8 Theaters

**DATE:** Wednesday, July 2

**TIME:** 5 – 7 p.m.

**AGES:** 4 – 11 Years of Age

**FEE:** Free



## LOTERIA NIGHT

Come join us for an exciting game of Loteria. All are welcome to participate in this fast-paced night of Loteria.

**LOCATION, DATES & TIMES:**

Indio Community Center • Friday, May 2 • 5:30 – 6:30 p.m.

Lobby at Indio Metro 8 Theaters • Friday, June 13 • 5:30 – 6:30 p.m.

Indio Community Center • Friday, June 20 • 6 – 7 p.m.

Lobby at Indio Metro 8 Theaters • Friday, July 18 • 5:30 – 6:30 p.m.

**AGES:** All Ages

**FEE:** Free



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## COMMUNITY EVENTS

### WATER FUN DAY

Bring your kids and join us for a fun-filled day to enjoy water balloons, relay races, and exciting activities to celebrate the end of the school year! Wear clothes you don't mind getting wet in and have a blast!

**LOCATION:** Miles Avenue Park

**DATE:** Saturday, May 31

**TIME:** 9 – 11 a.m.

**AGES:** All Ages **FEE:** Free



### YOUTH SOCIAL – PAJAMA PARTY

Come and enjoy fun activities such as art, crafts, science, dancing, fitness, group games, and much more. We will also have a cooking activity. Space is limited.

**LOCATION:** Indio Community Center

**DATE:** Saturday, July 26 **TIMES:** 6 – 8:30 p.m.

**AGES:** 7 – 12 Years of Age **FEE:** \$12 per Participant



## DANCE

### BEGINNING BALLET

Dancers will learn basic ballet steps and positions, improving coordination and poise while exploring music appreciation. Parents are welcome to observe the class.

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Mondays, 5:30 – 6:15 p.m. **OR**  
Wednesdays, 4 – 4:45 p.m.

**AGES:** 5 – 10 Years of Age

**FEE:** \$42 per Month

### DANCE, PLAY & PRETEND

This class introduces children to music and dance, teaching movement and coordination through imagination. It's a fun way to learn basic ballet in an enriching environment. Girls need dance wear and ballet shoes; boys need a tee, shorts, and socks.

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **TIME:** 9 – 9:45 a.m.

**AGES:** 2 ½ – 5 Years of Age **FEE:** \$42 per Month

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### LINE DANCING FOR BEGINNERS

Join in for this fun and upbeat class learning Line Dancing! Learn the Cupid Shuffle, Electric Slide, and today's most popular steps too! Great exercise – Physical and Mental! Dancing keeps your body fit, your mind sharp and your spirits lifted.

**ENROLLMENT:** May 2 – 23

June 6 – 27 • July 4 – 25 • August 1 – 22

**DAYS:** Fridays **TIME:** 11 a.m. – 12 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55 per Month **DROP-IN FEE:** \$15 per Class



### SALSA

#### BEGINNING SALSA

This class is designed for the first-time dance student who has never danced before, but always wanted to. Students will be taught the fundamentals, leads and follow along with a better understanding of music and rhythms of Salsa.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 6:30 – 7:30 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$60 per Month

**DROP-IN FEE:** \$20 per Class

#### INTERMEDIATE SALSA

This class is for dancers who are comfortable with the basics and want to turn it up a notch. In this intermediate salsa class you will learn more intricate patterns with a really good flow to make it super FUN!!

**ENROLLMENT:** Ongoing

**DAYS:** Mondays

**TIME:** 7:30 – 8:30 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$45 per Month **DROP-IN FEE:** \$20 per Class



## GYMNASTICS

**Location of classes:** All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.



## A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

**Fees for one day per week classes are adjusted for three, four, or five week sessions.**

**\*Fees subject to change starting July 1, 2025**

## BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.

**AGES:** 1 – 4 Years of Age with a Parent or Guardian

### DAYS & TIMES:

Wednesdays: 1:45 – 2:15 p.m. **OR** 2:15 – 2:45 p.m.

Thursdays: 2:30 – 3 p.m. • Saturdays: 10:15 – 10:45 a.m.

**FEE:** \$45 per 4-week session

## BOYS' BEGINNING GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

**DAYS:** Mondays **TIME:** 5 – 6:30 p.m.

**FEE:** \$80 per 4 week session

## BOYS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills.

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings.

**DAYS:** Mondays

**TIMES:** 6:30 – 8 p.m.

**FEE:** \$80 per 4 week session



## DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

**AGES:** 4 – 6 Years of Age

### DAYS & TIMES:

**Mondays:** 2:30 – 3:15 p.m. **OR** 3:30 – 4:15 p.m. **OR**

4:15 – 5:00 p.m. **OR** 5:30 – 6:15 **OR** 6:30 – 7:15 p.m.

**Tuesdays:** 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m. **OR**

5:15 – 6:00 p.m. **OR** 6 – 6:45 p.m. **OR** 6:45 – 7:30 p.m.

**Thursdays:** 2:30 – 3:15 p.m. **OR** 4:30 – 5:15 p.m. **OR**

4:45 – 5:30 p.m. **OR** 5:30 – 6:15 **OR** 6:45 – 7:30 p.m.

**Saturdays:** 10 – 10:45 a.m.

**AGES:** 3 – 6 Years of Age

### DAYS & TIMES:

**Tuesdays:** 1:30 – 2:15 p.m. **OR** 2:15 – 3 p.m.

**Wednesdays:** 3 – 3:45 p.m. **OR** 3:45 – 4:30 p.m.

**OR** 4 – 4:45 p.m. **OR** 4:30 – 5:15 p.m. **OR** 5:15 – 6:00 p.m.

**FEE:** \$60 per 4-week session



## GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.

### DAYS & TIMES:

**Mondays:** 4 – 5:30 p.m. **OR** 4:30 – 6 p.m.

**OR** 4:45 – 6:15 p.m. **OR** 6:15 – 7:45 p.m.

**Tuesdays:** 3 – 4:30 p.m. **OR** 3:45 – 5:15 p.m.

**OR** 4:30 – 6 p.m. **OR** 6:30 – 8 p.m.

**Wednesdays:** 3 – 4:30 p.m. **OR** 4:30 – 6 p.m.

**OR** 6 – 7:30 p.m. **OR** 6:30 – 8 p.m.

**Thursdays:** 3 – 4:30 p.m. **OR** 3:15 – 4:45 p.m. **OR**

3:45 – 5:15 p.m. **OR** 4 – 5:30 p.m. **OR** 4:30 – 6 p.m.

**OR** 5:30 – 7 p.m. **OR** 6 – 7:30 p.m.

**Saturdays:** 11 a.m. – 12:30 p.m.

**FEE:** \$80 per 4 week session

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## GYMNASTICS

### GIRLS' INTERMEDIATE GYMNASTICS

This class is **by Invitation-only** and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

#### DAYS & TIMES:

**Tuesdays:** 4:45 – 6:15 p.m. **OR** 6 – 7:30 p.m.

**Wednesdays:** 3 – 4:30 p.m. **OR** 4:30 – 6 p.m.

**Thursdays:** 5:15 – 6:45 p.m. **OR** 6:30 – 8 p.m.

**Saturdays:** 11 a.m. – 12:30 p.m.

**FEE:** \$80 per 4-week session

### GIRLS' ADVANCED GYMNASTICS

Another acknowledgment of advanced skills, this **by Invitation-only** class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.



#### DAYS & TIMES:

**Mondays** 3:15 – 4:45 p.m. **OR** **Wednesdays** 4:30 – 6 p.m.

**FEE:** \$80 per 4-week session

### GYMNASTICS TUMBLING

Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.

**DAYS:** Mondays **TIME:** 7 – 8 p.m.

**FEE:** \$70 Per 4-week session

### TEAM DEVELOPMENT GYMNASTICS

**By Invitation-only.** The District Gymnastics Development program is a preparatory and accelerated gymnastics training option for young gymnasts to make an easy transition to our competitive gymnastics team.

**DAYS:** Tuesdays & Thursdays **TIME:** 6 – 8 p.m.

**FEE:** \$150 per Month

### TEAM COMPULSORY GYMNASTICS

**By Invitation-only.** Levels 2, 3, 4 and 5 skills must be completed as defined by USA Gymnastics. This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 2, 3, Level 4, and Level 5. Invitations are extended to individuals who demonstrate a



strong dedication to the requirements of competitive training. The team competes in three to five meets throughout the year. **(Additional fee required for meets and competitive attire).**

**DAYS:** Level 2 & 3 Mondays, Wednesdays, Fridays **OR**

Level 4 & 5 Tuesdays, Thursdays, Fridays

**TIME:** 4 – 7 p.m. **FEE:** \$185 per Month

### SENIOR TEAM – OPTIONAL GYMNASTICS

**By Invitation-only.** Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

**DAYS:** Mondays, Tuesdays, Thursdays, Fridays

**TIME:** 4 – 7 p.m.

**FEE:** \$235 per Month

### GYMNASTICS JAMBOREE

Gymnastics Jamboree provides an open gym experience for participants to practice or learn new skills in a social, supervised setting.

**DAYS & TIMES:** Friday: 7 – 8 p.m.

Saturday: 12:30 – 1:30 p.m.

**FEE:** \$10 per Person

### GYMNASTICS PRIVATE INSTRUCTION

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

**FEE:** \$35 per 30 minutes



## Celebrate your next birthday at The District Gymnastics Academy!



You and your friends will have a great time doing an hour and a half of fun-filled gymnastics and games as our coaching staff is trained to provide a safe and structured party that is sure to be a hit.

### 1.5 HOUR GYMNASTICS ONLY PARTY

1 – 10 people, \$175 -OR-  
11 – 20 people, \$275

### 2.5 HOUR PARTY

(1 ½ hours gymnastics & 1 hour use of multi-purpose room)  
1 – 10 people, \$225 -OR-  
11 – 20 people, \$325

**CALL AND BOOK YOUR PARTY TODAY!**

## HEALTH & FITNESS

### MAT PILATES

*This class focuses on Pilates exercises performed on a mat. It is body weight orientated and emphasizes alignment, breathing, core-strength, flexibility, and controlled movements. This class is suitable for all levels with results in overall body-conditioning.*

#### ENROLLMENT:

**May:** Wednesday, 10 – 10:45 a.m. **OR** Tuesday, 6:30 – 7:15 p.m.

**June:** Tuesdays, 6:30 – 7:15 p.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$60 per Month **DROP-IN FEE:** \$15 Per Class

### SALSAEROBICS

*Aerobics with a Latin kick! This is the ideal class to have fun while getting in shape. It combines aerobics, dance and exercise all to a salsa beat! The workout benefits include flexibility, conditioning and shaping up.*

**ENROLLMENT:** May, June, July

**DAYS:** Mondays, Wednesdays, Fridays

**TIME:** 8 – 10 a.m. **AGES:** 18 Years of Age and Over

**FEE:** \$45 per Month

**DROP-IN FEE:** \$7 Per Class

## MARTIAL ARTS

### KARATE COMBO – 2 DAYS

*This class combines traditional martial arts philosophies with modern self-defense strategies, featuring Karate, Tae Kwon Do, and kickboxing with Olympic-style sparring. Taught by a skilled instructor, it also focuses on building self-esteem, discipline, sportsmanship, and personal integrity.*

**LOCATION:** Indio Metro 8 **ENROLLMENT:** Ongoing

**DAYS & TIMES:** Tuesdays & Thursdays, 7 – 8 p.m. **OR**

Mondays & Wednesdays, 6:45 – 7:45 p.m.

**AGES:** 7 Years of Age and Over **FEE:** \$40 Per Month



### LITTLE DRAGONS KARATE PROGRAM

*This introduction to Martial Arts is designed to teach self-defense using all parts of the body in a fun way for children. Our Little Dragons program teaches children balance, coordination, listening skills and respect.*

**ENROLLMENT:** Ongoing **DAYS:** Tuesdays & Thursdays

**TIMES:** 6 – 6:30 p.m. **OR** 6:30 – 7 p.m.

**AGES:** 4 – 9 Years of Age **FEE:** \$50 per Month

## SPECIAL INTEREST

### SUMMER STEAM DAY

*This program provides participants with a safe place to let their creative minds explore. Youth will have the opportunity to have fun, be creative and learn how to create various STEAM projects. Each class will be led by an instructor, and they will receive step by step instructions on how to create the various activities. All supplies will be provided.*

**LOCATION:** Indio Metro 8

**DATE:** Saturday, June 14 **FEE:** \$12 per Participant

#### Pre-K Class:

**AGES:** 3 – 5 Years of Age **TIMES:** 10 – 11:30 a.m.

#### Youth Class:

**AGES:** 6 – 12 Years of Age **TIMES:** 12 – 1:30 p.m.

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## ARCHERY

### ARCHERY – YOUTH

Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to promote participant success.



**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **OR** Thursdays

**TIMES:** **May Only:** 4:30 – 5:30 p.m.

**June, July & August:** 6:45 – 7:45 p.m.

**AGES:** 7 – 17 Years of Age **FEE:** \$40 Per Month

## BASKETBALL

### BASKETBALL TRAINING ZONE

These beginning level, year-round classes offer drills and quality instruction that will help participants develop basketball skills - this class is perfect for a basketball player to begin their athletic adventure!

**ENROLLMENT:** May

### BASKETBALL TRAINING ZONE – GIRLS, 5 & 6 YEARS OF AGE

**FEES:** \$15 **DAYS:** Mondays **TIME:** 4:30 – 5 p.m.

### BASKETBALL TRAINING ZONE – GIRLS, 7 – 10 YEARS OF AGE

**FEES:** \$50 **DAYS:** Thursdays **TIME:** 4 – 5 p.m.

### BASKETBALL TRAINING ZONE – COED, 5 & 6 YEARS OF AGE

**FEES:** \$15 **DAYS:** Mondays **TIME:** 4 – 4:30 p.m.

### BASKETBALL TRAINING ZONE – COED, 7 – 10 YEARS OF AGE

**FEES:** \$40 **DAYS:** Fridays **TIME:** 4 – 5 p.m. **OR** 5 – 6 p.m.

### BASKETBALL TRAINING ZONE – COED, 11 – 14 YEARS OF AGE

**FEES:** \$40 **DAYS:** Tuesdays **TIME:** 4 – 5 p.m.

## COED – SUMMER BASKETBALL CLINIC

Our summer basketball clinic offers quality and motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. Proper stretching, offensive and defensive drills, and correct shooting practices are covered.

**DATES:** June 9 – 30

July 2 – 30

August 4 – 18

**DAYS:** Mondays & Wednesdays

**AGES, TIME & FEES:**

5 – 6 Years of Age • 10:30 – 11 a.m. • \$40 per Month

7 – 10 Years of Age • 11:15 a.m. – 12:15 p.m. • \$60 per Month

11 – 14 Years of Age • 12:30 – 1:30 p.m. • \$60 per Month



## SUMMER BASKETBALL DRAFT DAYS

Draft Day is for registered athletes for the Summer Youth Basketball League. **DRAFT DAY is now MANDATORY** for all league participants. The event has been designed to help build balanced teams for league play and will have separate time slots for each age division. We will have drills and various skills planned for our registered athletes. Draft Day is the first day of practice and will get you excited about the upcoming league.

**DIVISIONS, AGES, DATES & TIMES:**

**Division A (7 – 8 Years of Age):**

Saturday, May 10, 10 a.m. – 12 p.m.

**Division B (9 – 10 Years of Age):**

Saturday, May 10, 12 – 2 p.m.

**Division C (11 – 12 Years of Age):**

Friday, May 9, 5 – 7 p.m.

**Division D (13 – 14 Years of Age):**

Friday, May 9, 7 – 9 p.m.





## SUMMER YOUTH BASKETBALL LEAGUE

Join Summer Youth Basketball! Games played in Indio and other sites. Division champs will be crowned, with a focus on development, especially for younger teams. Jerseys, officials, running clock, substitutions, and age-appropriate equipment are provided.



*Emphasis on character and player growth. Don't miss out!*

### DAYS & DATES:

Saturdays, June 14 – July 26 for Little Dribblers and Division D  
Tuesdays & Thursdays, June 17 – July 24 for Divisions A, B & C

### DIVISIONS, AGES & TIMES:

**Little Dribblers (5 – 6 Years of Age):** 10:15 – 11:45 a.m.

**Division A (7 – 8 Years of Age):** 5:20 – 9:20 p.m.

**Division B (9 – 10 Years of Age):** 5:20 – 9:20 p.m.

**Division C (11 – 12 Years of Age):** 5:20 – 9:20 p.m.

**Division D (13 – 14 Years of Age):** 11:30 a.m. – 12:30 p.m.

**FEES: Little Dribblers:** \$80 per 6-Week Session

**Divisions A, B, C, D:** \$125 per 6-Week Session

**(Late Registration is \$150 per child after May 10, 2025)**

## TINY DESERT HOOPERS

*This class offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and basketball skills.*

**LOCATION:** Indio Community Center/Basketball Half Court 1

**ENROLLMENT:** Ongoing

**AGES:** 3 – 5 Years of Age

**DAYS:** Mondays **OR** Wednesdays

**TIMES:** May: 2:15 – 2:45 p.m.

June, July, August: 2:30 – 3 p.m.

**FEE:** \$20 per Month



## FOOTBALL

### YOUTH FOOTBALL CLINIC

*If you are a football enthusiast who wants to sharpen your footwork, speed, and skills, come join our Summer Indio Youth Football Skills Clinic. This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.*



**LOCATION:** Miles Avenue Park

**ENROLLMENT:** May **DAYS:** Mondays

**AGES & TIMES:**

7 – 10 Years of Age • 5:15 – 6:15 p.m.

**FEE:** \$30 per Month

## MULTI-SPORT CLASSES

### LITTLE CHAMPS

*Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.*

**ENROLLMENT:** Ongoing

**AGES:** 3 – 5 Years of Age **DAYS:** Mondays **OR** Wednesdays

**TIMES:** May: 1:30 – 2 p.m.

June, July, August: 1:45 – 2:15 p.m.

**FEE:** \$20 per Month for either Mondays or Wednesdays

## YOUTH SPORTS CONDITIONING

*Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Wednesdays

**TIME:** 4:15 – 5 p.m.

**AGES:** 7 – 14 Years of Age

**FEE:** \$50 per Month



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## PICKLEBALL

### OPEN PICKLEBALL

Come play Indoor Pickleball with us! The nets will be set up inside the gym, and reservations may be made at the front desk or free play can be played for all walk-ins.

**ENROLLMENT:** Ongoing

**DAYS:** Monday & Wednesday **TIMES:** 7 – 9 a.m.

**AGES:** 10 Years of Age and Over

**FEE:** FREE with a Get Fit Pass or a \$5 Drop-In Fee

### YOUTH PICKLEBALL

Come join us in learning and enjoying the newest game sweeping the sports world. We will go over basic movements, rules and regulations and challenge your players to get better each week we are out on the courts.

**LOCATION:** Miles Avenue Park – Pickleball Courts

**ENROLLMENT:** May **DAYS:** Saturdays

**AGES & TIMES:** 8 – 12 Years of Age, 8:30 – 9:30 a.m.

**FEE:** \$50 per Month

## SOCCER

### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting,



and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.

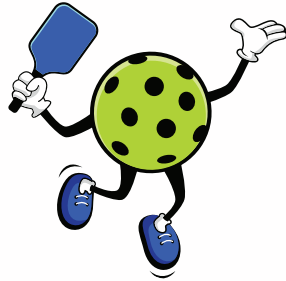
**LOCATION:** Miles Avenue Park

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays **TIME:** 6 – 6:45 p.m.

**AGES:** 4 – 6 Years of Age

**FEE:** \$50 per Month



### YOUTH SOCCER CLINIC – 6 - 10 YEARS OF AGE

Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.

**LOCATION:** Miles Avenue Park

**ENROLLMENT:** Ongoing **DAYS:** Tuesdays & Thursdays

**TIME:** 7 – 8 p.m. **AGES:** 6 – 10 Years of Age

**FEE:** \$60 per Month

### YOUTH SOCCER GOALIE CLINIC

Our clinic will focus on goalie drills to improve footwork, hand-eye coordination, and terminology for the upcoming soccer season. Athletes should bring shin guards and non-skid shoes or cleats.

**LOCATION:** Miles Avenue Park

**ENROLLMENT:** June

**DAYS:** Saturdays **TIMES:** 9 – 10 a.m.

**AGES:** 7 – 10 Years of Age **FEE:** \$40 Month

## VOLLEYBALL

### BEGINNING VOLLEYBALL

This beginning class is designed to help you learn and develop a basic understanding of volleyball. Instructions will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball.



**ENROLLMENT:** May

**DAYS:** Fridays

**AGES & TIME:** 6 – 10 Years of Age • 3:30 – 4 p.m.

11 – 17 Years of Age • 4 – 4:30 p.m.

**FEE:** \$20 per Month

### BEGINNER/INTERMEDIATE VOLLEYBALL – COED

Beginners will learn serving, passing, setting, attacking, and blocking, while intermediate players will refine these skills, including volleying and setting.

**ENROLLMENT:** June, July, August

**DAYS:** Fridays **TIME:** 3:30 – 4 p.m.

**AGES:** 6 – 10 Years of Age

**FEE:** \$20 per Month



## INTERMEDIATE/ADVANCED VOLLEYBALL – COED

*This class is designed to help you sharpen and progress your understanding of volleyball. Instruction will include game terminology; game situation drills and grade level skill techniques.*

DAYS: Fridays

FEES: \$40 per Month

ENROLLMENT: **May**

AGES & TIMES:

10 – 14 Years of Age • 4:45 – 5:45 p.m.

13 – 18 Years of Age • 6 – 7 p.m.

ENROLLMENT: **June, July August**

AGES & TIMES:

10 – 14 Years of Age • 4 – 4:30 p.m.

13 – 18 Years of Age • 4:30 – 5:30 p.m.

## OPEN VOLLEYBALL

*Just for fun, we set up the volleyball nets on Fridays and invite our members to play. Bring family and friends and create a team or just show up and join.*

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 6 – 9 p.m.

AGES: 5 Years of Age and Over

FEE: FREE with a Get Fit Pass or a \$5 Drop-In Fee

## VOLLEYBALL – TEAM ADVANCED

*Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge.*

ENROLLMENT: June, July, August

DAYS: Fridays TIME: 8 – 9 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month

### Volleyball – Team Level 5

ENROLLMENT: June, July, August

DAYS: Fridays TIME: 5:45 – 6:45 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month

### Volleyball – Team Level 7

ENROLLMENT: June, July, August

DAYS: Fridays TIME: 7 – 8 p.m.

AGES: 10 – 18 Years of Age FEE: \$40 per Month

## VOLLEYBALL SPECIAL SKILLS – INVITE ONLY

*Do you want to prepare your skills for tournaments and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge. THIS CLASS IS INVITE ONLY BY COACH.*

ENROLLMENT: May DAYS: Fridays

TIME: 7 – 8 p.m. AGES: 11 – 18 Years of Age

FEE: \$40 per Month



## SWIM & WATER ACTIVITIES

### ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT PAWLEY POOL FAMILY AQUATIC COMPLEX

#### ENTRY FEES:

CHILDREN: \$3 (Under 3 Years of Age are free)

ADULTS: \$4

#### POOL DATES & HOURS:

First day – June 9 • Last day – September 1

(Hours will be reduced to weekends only beginning August 17)

#### MONDAYS – THURSDAYS:

9 a.m. – 12 p.m. (Youth Lessons)

12 – 3:30 p.m. (Open Swim)

4 – 7 p.m. (Youth Lessons)

7 – 9 p.m. (Open Swim)

#### FRIDAYS: 9 – 10 a.m. (Adult Lessons)

10 a.m. – 12 p.m. (Swim Lessons)

12 – 4 p.m. and 6 – 9 p.m. (Open Swim)

#### SATURDAYS: 9 a.m. – 12 p.m. (Swim Lessons)

12 – 4 p.m. (Open Swim)

6 – 9 p.m. (Open Swim)

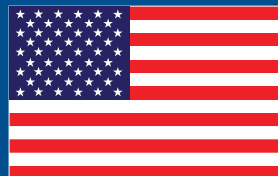
#### SUNDAYS: 12 – 4 p.m. (Open Swim)

6 – 9 p.m. (Open Swim)

## SPECIAL POOL EVENTS

Join us on Friday, June 13 for

**“Free Swim Friday”** from 5 – 9 p.m.



**FREE VETERANS SWIM DAY**  
Veterans will have the opportunity to join a class or swim for free on Friday, July 4

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## SWIM & WATER ACTIVITIES

### WATER SAFETY DAY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water safety for children with Lenny the LandShark. Topics include basic water safety, sun safety, importance of a life jacket, overview of a pool, canal safety, and how to call for help. Lenny the Landshark coloring books will be provided.

DATE: Thursday, June 19 TIME: 7 – 8 p.m.  
AGES: 3 – 11 Years of Age FEE: Free



### WORLD'S LARGEST SWIM LESSON

Take part in a global mission with DRD & Team WLSL, bringing together tens of thousands of individuals from hundreds of communities around the globe to participate in the same lesson on June 26th to raise awareness about drowning and the fact that swimming is a vital life-saving skill that every child should learn.

DATE: Thursday, June 26 TIME: 7 – 9 p.m.  
AGES: 6 months – 17 years of age FEE: Free



### JR. LIFEGUARD PROGRAM

This class is brought to you by the American Red Cross. Participants will learn the basic skills of lifeguarding. This invaluable course teaches water safety plus the leadership tools you need as a junior lifeguard. The course curriculum focuses on five core categories for effective lifeguarding: prevention, fitness, response, leadership, and professionalism.

DATES: June 15 – July 27 • August 3 – September 14  
DAYS: Sundays TIME: 10 – 11:30 a.m.  
AGES: 11 – 14 Years of Age FEE: \$85

### JUNIOR WATER POLO

Water polo emphasizes team cohesion and strategy. Participants will learn shooting, passing, and defensive/offensive techniques, and must be able to tread water and swim two pool lengths nonstop.

DAYS & DATES: Fridays, June 13 – July 25  
Saturdays, August 9 – September 20

TIME: 10 – 11:30 a.m.

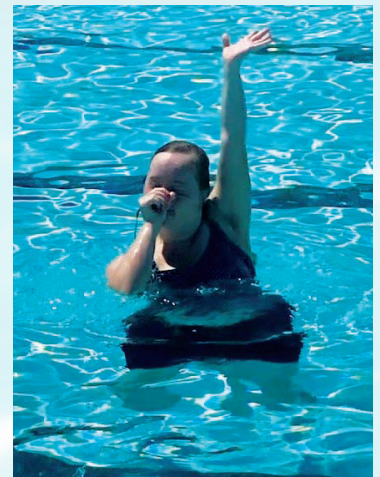
AGES: 8 – 13 Years of Age FEE: \$75

### ADAPTIVE SWIM

**\*A parent or caretaker may be required to be in the pool with the participant to provide hands-on assistance due to social distancing guidelines.**

### ADAPTIVE AQUATICS – BEGINNER

Sessions include swim lessons followed by an open swim. The beginner swim lessons focus on getting participants familiar and comfortable in the water (i.e. floating, face in water, head under water, kicking) and take place in the shallow pool at Pawley.



ENROLLMENT:

June 14 – August 2

DAYS: Saturdays

TIME: 9:45 – 11:45 a.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need  
FEE: \$70

### ADAPTIVE AQUATICS – MODERATE TO ADVANCED

Sessions include swim lessons followed by an open swim. The moderate to advanced swim lessons focus on stroke progression and physical endurance and take place in the big pool at Pawley.

ENROLLMENT: June 14 – August 2

DAYS: Saturdays TIME: 9:45 – 11:45 a.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need  
FEE: \$70



## ADULT WATER CLASSES

### ADULT SWIM LESSONS

*It's never too late to learn how to swim or perfect those skills. We will introduce skills to our beginning swimmers and work on strokes and endurance for intermediate swimmers. This class is*



*designed to introduce and improve on the basic skills necessary to meet the individual's personal goals.*

**DAYS:** Saturdays & Sundays **TIME:** 9 – 9:45 a.m.

**DATES:** June 14 – July 6 • July 12 – August 3 • August 9 – 31

**AGES:** 18 Years of Age & Over

**FEE:** \$80 per Session

## CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

**SESSION 1:** June 9 – 19

**SESSION 4:** July 21 – 31

**SESSION 2:** June 23 – July 3

**SESSION 5:** August 4 – 14

**SESSION 3:** July 7 – 17

### INFANT SWIM LESSONS

*Our infant swim lessons are designed to actively engage children alongside a parent or guardian. Participants will learn water safety and water exploration; along with basic water play such as games and songs to do together during water play time.*



#### Parent & Me Class:

**AGES:** 6 Months – 3 Years of Age

**TIME:** 10 – 10:45 a.m. **OR** 4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

#### Parent & Me Class – Sunday

**DATES:** June 15 – August 3 • August 10 – September 28

**TIME:** 9 – 9:45 a.m. **FEE:** \$70 per Session

## PRE-SCHOOL SWIM CLASSES

*Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.*

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

**AGES:** 3 – 6 Years of Age

**TIMES:** 9 – 9:45 a.m. **OR** 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.

**OR** 4 – 4:45 p.m. **OR** 5 – 5:45 **OR** 6 – 6:45

#### Guppies – Saturday & Sunday

**DATES:** Saturday, June 14 – August 2

Saturday, August 9 – September 20

Sunday, June 15 – August 10

Sunday, August 10 – September 21

**TIMES:** 9 – 9:45 a.m. **FEE:** \$70 per Session



## GRADE SCHOOL SWIM CLASSES

*Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.*

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1 AGES:** 6 ½ – 12 Years of Age

**TIMES:** 9 – 9:45 a.m. **OR** 10 – 10:45 a.m. **OR**

11 – 11:45 a.m. **OR** 4 – 4:45 p.m. **OR** 5 – 5:45



#### Penguins 1 – Saturday

**DATES:** June 14 – August 2 • August 9 – September 27

**TIMES:** 9 – 9:45 a.m. **FEE:** \$70 per Session

**Penguins 2 AGES:** 8 – 12 Years of Age

**TIMES:** 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.

**OR** 4 – 4:45 p.m. **OR** 5 – 5:45 **OR** 6 – 6:45

#### Penguins 2 – Sunday

**DATES:** June 15 – August 3 • August 10 – September 28

**TIMES:** 9 – 9:45 a.m. **FEE:** \$70 per Session





**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## SWIM & WATER ACTIVITIES

**STINGRAYS:** Swimmers must demonstrate all skills listed in *Penguins* as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 9 – 9:45 a.m. **OR** 11 – 11:45 a.m.

**OR** 4 – 4:45 p.m. **OR** 6 – 6:45



### Stingrays – Saturday

DATES: June 14 – August 2 • August 9 – September 27

TIMES: 9 – 9:45 a.m. FEE: \$70 per Session

**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age

TIMES: 9 – 9:45 a.m. **OR** 10 – 10:45 a.m.

**OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.



**SHARKS:** Swimmers must swim freestyle with side breathing, backstroke, and elementary backstroke for 25 yards. Instruction focuses on endurance, freestyle breathing, and introduces butterfly, breaststroke, sidestroke, and wall turns.

AGES: 8 – 14 Years of Age

TIMES: 9 – 9:45 a.m. **OR** 11 – 11:45 a.m.

**OR** 6 – 6:45 p.m.



## TOT PROGRAMS

### LITTLE ATHLETES

Children will engage in a variety of activities related to gross motor skills and improve their gross motor skills. Focus on a different sport every week with fun and low-key games, all in a fun atmosphere.

LOCATION: Indio Teen Center

ENROLLMENT: May

AGES: 1 ½ – 3 Years of Age DAY: Saturdays

TIME: 9:15 – 9:45 a.m. FEE: \$25 per Month

### MESSY ART

Explore your child's creativity, imagination, fine motor skills, and sensory development through messy art. In a pressure-free environment, children are encouraged to get hands-on with squishy, gooey materials while creating and making new friends.

LOCATION: Lobby at Indio Metro 8

ENROLLMENT: June, July

AGES: 1 ½ – 3 Years of Age

DAY: Fridays TIME: 9 – 10:30 a.m.

FEE: \$50 per Month

### TOT PLAY TIME

Come play in a space filled with balls, toys and tunnels. This drop in tot space gives toddlers an opportunity to engage in developing social skills, small motor skills all while having fun. Adult participation is required.

ENROLLMENT: May

DAYS: Tuesdays TIME: 5 – 6 p.m.

AGES: 6 months – 1 ½ Years of Age

FEE: \$40 per Month

## YOUNG AT ART SUMMER CAMP

STARTS JUNE 9, 2025 FOR KIDS AGES 8-14

Register at [CVHM.ORG/EDUCATION](http://CVHM.ORG/EDUCATION)

# EXPLORE

COACHELLA VALLEY HISTORY MUSEUM



# Indio Hills

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Indio Hills Community Center



80-400 Dillon Road  
Indio Hills, CA 92201  
(760) 347-3484

HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

*Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.*

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 9:30 a.m. – 12:30 p.m.

AGES: 50 Years of Age and Over FEE: Free



## COMMUNITY EVENTS

### 2025 BACK TO SCHOOL TIME

*The District and community partners will host a back-to-school event for K-12 students in Indio Hills, offering backpacks, school supplies, and more on a first-come, first-served basis. No registration is required. For vendor or sponsor inquiries, email [avelasquez@drd.us.com](mailto:avelasquez@drd.us.com).*



DATE: Sunday, August 3 TIME: 10 a.m. – 12 p.m.

AGES: All Ages FEE: Free

## To become involved in the future of Indio Hills Community Events planning, please contact

► [avelasquez@drd.us.com](mailto:avelasquez@drd.us.com) ◀

### FIESTA DE INDIOS HILLS

*Join us for a family Fiesta at the Community Center! Enjoy a salsa contest, piñata, lotería, papel picado crafting, and more – fun you won't want to miss!*

DATE: Saturday, May 3 TIME: 4 – 6 p.m.

AGES: All Ages FEE: Free

### FIND FOOD DISTRIBUTION

*We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community.*



*Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive through safety signs, and food is distributed on a first come, first served basis.*

DISTRIBUTION: Second Friday of the month  
(may exclude holidays)

TIME: 9:30 – 11:30 a.m.  
(or until all food has been distributed)

AGES: All Ages FEE: Free

### SUMMER FIELD DAY TRIPS

*The Indio Hills Community Center Team will be offering transportation to various fun activities and locations during this summer. To name a few: Fishing Day Trips, Pools, Day Excursions, and more. Fee may apply for certain activities.*

**For more information, please call 760-902-0574.**

DATES & TIMES: Various Dates and Times

## INDIO HILLS COMMUNITY COUNCIL MEETING

The Indio Hills Community Council meets on the **THIRD** Tuesday in May. This meeting is open to the public to hear the latest news happening in the Indio Hills Community from government officials, local authorities, and special presentations.

*Please contact [dschemmer@rivco.org](mailto:dschemmer@rivco.org) as meetings may be held via Zoom, or may be in-person.*

DATE: Tuesday, May 20 • TIME: 6 – 8 p.m. • OPEN TO ALL AGES

For meeting dates and more information, please visit:  
<https://rivco4.org/Councils/Community-Councils>

# La Quinta

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253

(760) 564-9921

HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.

Saturday: 8 a.m. – 12 p.m.

Sunday: Closed

## Fritz Burns Pool



78-107 Avenue 52, La Quinta, CA 92253

(760) 771-4347

HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### FIT BEYOND 50

*Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Fridays

**TIME:** 11:30 a.m. – 12:45 p.m.

**AGES:** 50 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members or \$5 for Non-Member Facility Drop-In



## ART & MUSIC

### BEGINNING PIANO FOR ADULTS

*This class teaches piano basics using a keyboard, covering notes, rhythms, scales, hand positions, and simple yet challenging song pieces. A great start for beginners!*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **TIMES:** 9:15 – 10:15 a.m.

**AGES:** 18 Years Old and Older

**FEE:** \$65 per Month

### GUITAR – BOTH LEVELS

**ENROLLMENT:** June 16 – July 14, July 28 – August 25

**DAYS:** Mondays **AGES:** 9 Years of Age and Over

**FEE:** \$80 per Month **DROP-IN FEE:** \$20 per Class

### GUITAR – BEGINNING

*Learn the basics of guitar, perfect for beginners! You'll cover chord charts, tablature, strumming, rhythm, fingerpicking, tuning, and proper technique. Start playing songs immediately—no prior musical experience required. All materials provided; just bring any nylon, steel string, or electric guitar.*

**TIME:** 6 – 7 p.m.

### GUITAR – SECOND LEVEL

*This class introduces new chords, rhythms, and songs from artists like Johnny Cash, Sheryl Crow, and Rod Stewart. You'll also learn to read standard notation for simple guitar solos. All materials provided; just bring any nylon, steel string, or electric guitar.*

**TIME:** 7 – 8 p.m.







## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – VISTA DUNES

*In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.*

**Please note:** During the Summer Session dates between June 10 and August 7, rather than homework assistance, the focus will include subjects like cooking, crafts, and science activities.

**LOCATION:** Vista Dunes Apartment Complex

**DAYS, TIMES & DATES:**

**Monday through Friday • 3 – 6 p.m.**

May 1 – 30 • June 1 – 5 • August 20 – 29

**Tuesday & Thursday • 1 – 4 p.m.**

June 10 – 26 • July 1 – 31 • August 5 – 7

**AGES:** 5 – 17 Years of Age **FEE:** Free



## DANCE

### BALLROOM, SWING & SALSA – FOR BEGINNERS

*This upbeat beginner Ballroom class covers Swing, Salsa, and an introduction to Fox Trot, teaching basic patterns. Singles and couples are welcome.*

**ENROLLMENT:** May 1 – 22 • June 5 – 26  
July 1 – 31 • August 7 – 28

**DAYS:** Thursdays **TIME:** 4 – 5 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55 per Month

**DROP-IN FEE:** \$15 per Class

### BEGINNING BALLET

*Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.*

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays **TIMES:** 5:30 – 6:15 p.m.

**AGES:** 5 – 10 Years of Age

**FEE:** \$42 Per Month

### DANCE, PLAY & PRETEND

*Your child will enjoy playful, make-believe time while learning basic ballet movements in a fun, enriching environment. Ballet shoes for girls, and a tee shirt, shorts, and socks for boys are required.*

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Mondays, 4 – 4:45 p.m. **OR**

Wednesdays, 5:30 – 6:15 p.m. **OR** Fridays, 9 – 9:45 a.m.

**AGES:** 2½ – 5 Years of Age **FEE:** \$42 per Month

### LINE DANCING FOR BEGINNERS

*Join this fun, upbeat Line Dancing class to learn the Cupid Shuffle, Electric Slide, and popular steps! Dancing keeps you fit, sharp, and energized. Wear comfortable shoes and clothes.*

**ENROLLMENT:**

May 1 – 22 • June 5 – 26

July 1 – 31 • August 7 – 28

**DAYS:** Thursdays **TIME:** 11:30 a.m. – 12:30 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55 per Month **DROP-IN FEE:** \$15 per Class



## HEALTH & FITNESS

### GENTLE VINYASA

*In this all-levels class, we connect breath with mindful movement, building strength, flexibility, and balance in a supportive & safe space. Props and modifications are offered to accommodate your body's needs. Come as you are!*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **TIME:** 5:30 – 6:30 p.m.

**AGES:** 18 Years of Age and Over

**FEES:** \$50 per Session **DROP-IN-FEE:** \$15 per Day

### PERSONAL TRAINING

**(30 minutes and 1 hour sessions, single & 5-pack options)**

*Our trainer is an Elite ISSA certified trainer with expertise in Tennis Strength & Performance, Senior Fitness, Weight Loss, and Health Coaching. Her programs consist of three progressively challenging cycles: Strength, Mobility and Flexibility – Balance and Coordination – Advance Training. Our trainer offers ongoing support through email and texting to provide motivation and support throughout your fitness journey.*

# La Quinta

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



## HEALTH & FITNESS

### PERSONAL TRAINING CONTINUED

**ENROLLMENT:** Arrange Days and Times in person with trainer at the La Quinta Community Fitness Center.

**\*Buddy Training Available, please discuss with trainer.\***

**AGES:** 18 Years of Age and Over

**FEES:** Single **60** Minute Session – \$90

5 Sessions of **60** Minutes – \$400

Single **30** Minute Session – \$50

5 Sessions of **30** Minutes – \$200

### SALSAEROBICS

*Aerobics with a Latin twist! This fun class combines aerobics, dance, and exercise to a salsa beat, improving flexibility, conditioning, and shaping up.*

**ENROLLMENT:** May & June Only

**DAYS:** Tuesdays & Thursdays **TIME:** 8 – 9 a.m.

**AGES:** 18 Years of Age and Over **FEES:** \$40 per Session

### SOUND BATH THERAPY

*A sound bath uses musical instruments to create a relaxing meditation experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep.*

*Guided by a trained instructor.*

**DATES:** May 6, June 10, July 8, August 5

**DAYS:** Tuesdays **TIME:** 10:30 – 11:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** Free for DRD Facility Members or \$5 for Non-Member Facility Drop-In

### YIN YOGA

*Yin Yoga focuses on deep stretches that target fascia and*

*connective tissues, improving circulation, mobility, and flexibility. Expect long, soothing holds that promote stillness and a sense of spaciousness.*

**DATES:** Ongoing

**DAYS:** Tuesdays **TIME:** 4:15 – 5:15 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$50 per Session **DROP-IN FEE:** \$15 per Day



### ZUMBA

*A total workout, combining all elements of fitness; cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.*

**ENROLLMENT:** Ongoing

**DAY:** Wednesdays & Fridays

**TIME:** 10 – 11 a.m. **AGES:** 16 Years of Age and Over

**FEE:** \$48 per Month **DROP-IN FEE:** \$8 per Class



## SPECIAL INTEREST

### DISCO DOGS

*This fun, funny Ballroom Dance class is for Moms or Dads and their dogs! Learn simple choreography with a max of 8 dogs per class. No tricks required. Preregistration and doggie questionnaire needed.*



**DATES & TIMES:**

Wednesdays • May 7 & 14 • June 4 & 11 • 10:30 – 11:30 a.m.

Mondays • July 7 & 14 • August 4 & 11 • 1:15 – 2:15 p.m.

**AGES:** 18 Years of Age and Older

**FEE:** \$25 per 2-Week Session



## SPORTS

### LA QUINTA COED SOFTBALL LEAGUE

*Get your COED player roster ready and let's get back out on the field! The league consists of adult slow-pitch rules and regulations. Playoffs will be held August 18, 2025. Please register your team in person at the La Quinta Community Fitness Center by Wednesday, June 18, 2025. For more information please call 760-564-9921.*

**LOCATION:** Francis Hack Field at La Quinta Community Park  
**LEAGUES, DAYS & DATES:**

**COED Mondays**

*3 females per team minimum requirement to join the league.*

June 23 – August 11

**TIME:** 6:15 – 10:15 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$450 per Team





## SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED  
IN THIS SECTION WILL TAKE PLACE AT  
FRITZ BURNS POOL

### ENTRY FEES:

**CHILDREN:** \$3 (Under 3 Years of Age are Free)

**ADULTS:** \$4

### POOL DATES & HOURS:

Open Year Round

### MONDAYS – THURSDAYS:

9 – 10 a.m. (Water Fitness Classes/Lap Swim)

10 a.m. – 12 p.m. (Youth Lessons/Lap Swim)

12 – 2 p.m. (Lap Swim/Open Swim)

2 – 4 p.m. (Closed)

4 – 7 p.m. (Youth Lessons)

7 – 8 p.m. (Water Fitness Classes/Lap Swim)

### FRIDAYS:

8 – 9 a.m. (Adult Lessons/Lap Swim)

9 a.m. – 2 p.m. (Lap Swim/Open Swim)

5 – 9 p.m. (Lap Swim/Open Swim)

### SATURDAYS:

8 – 9 a.m. (Lap Swim/Open Swim)

9 – 10 a.m. (Water Fitness Classes/Lap Swim)

10 a.m. – 12 p.m. (Youth Lessons/Lap Swim)

12 – 2 p.m. (Lap Swim/Open Swim)

4 – 5 p.m. (Adaptive Splash Play)

5 – 9 p.m. (Lap Swim/Open Swim)

### SUNDAYS:

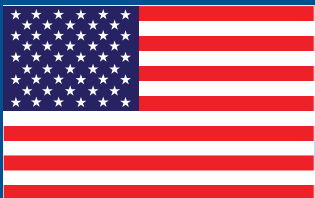
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## SPECIAL POOL EVENT

Join us on Friday, June 13 for

**“Free Swim Friday”** from 5 – 9 p.m.

## FREE VETERANS SWIM DAY



Veterans will have the  
opportunity to join a  
class or swim for free on  
Friday, July 4

## SPECIAL EVENTS AT THE POOL

### DIVE-IN MOVIES

Family and friends of all ages will enjoy a  
free Family Movie at the Pool! No tickets  
needed- just come for a fun-filled flick and  
you can even watch it from the comfort of the  
water on a summer night.



### DATES & MOVIES:

Friday, June 20, The Little Mermaid

Friday, July 18, Sonic 3 • Friday, August 8, Moana 2

TIMES: 7 – 10 p.m. AGES: All Ages FEE: Free

### WATER SAFETY WITH LENNY THE LANDSHARK

Come join us for a fun and interactive introduction to water  
safety for children with Lenny the LandShark. Topics include  
basic water safety, sun safety, importance of a life jacket,  
overview of a pool, canal safety, and how to call for help.  
Lenny the Landshark coloring books will be provided.

DAYS: Saturdays TIMES: 12 – 1 p.m.

DATES: May 31 • June 28 • July 26 • August 30

AGES: 2 – 11 Years of Age FEE: Free

### WORLD'S LARGEST SWIM LESSON

Take part in a global mission with DRD & Team WLSL, bringing  
together tens of thousands of individuals from hundreds of  
communities around the globe to participate in the same  
lesson on June 26th to raise awareness about drowning and  
the fact that swimming is a vital life- saving skill that every  
child should learn.

DATE: Thursday, June 26 TIME: 7 – 9 p.m.

AGES: 6 months – 17 years of age FEE: Free

## ADAPTIVE SWIM

### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome  
to join an early Open Swim, providing the opportunity to  
practice swimming skills and have fun with friends and family.

DATES: June 14 – July 5 • July 12 – August 2 • August 9 – 30

DAYS: Saturdays TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or  
a Special Need

FEE: Free



**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

## SWIM & WATER ACTIVITIES

### ADULT CLASSES

#### ADULT SWIM LESSONS

*It's never too late to learn how to swim or perfect those skills. We will introduce skills to our beginning swimmers and work on strokes and endurance for intermediate swimmers. This class is designed to introduce and improve on the basic skills necessary to meet the individual's personal goals.*

**DATES:** June 13 – July 5 • July 11 – August 2 • August 8 – 30

**DAYS:** Fridays & Saturdays **TIME:** 8 – 8:45 a.m.

**AGES:** 18 Years of Age and Over **FEE:** \$80 per Session

#### ADULT WATER AEROBICS

*This high-intensity Water Aerobics class uses body weight, water weights, and noodles to build strength and endurance. Join the fun in this fast-paced, and challenging workout! No swimming ability required.*

**AGES:** 18 Years of Age & Over **FEE:** \$60

**DAYS & DATES:**

**Saturdays – 9 – 9:45 a.m.:**

June 21 – August 9 • August 16 – October 4

**DAYS & DATES:**

**Mondays & Wednesdays: 7 – 7:45 p.m.**

June 9 – July 2 • July 7 – 30 • August 4 – 27

**DAYS & DATES:**

**Tuesdays & Thursdays: 9 – 9:45 a.m.**

June 10 – July 3 • July 8 – 31 • August 5 – 28

#### SENIOR SPLASH CLASS

*A slow-paced Water Aerobics class that focuses on expanding flexibility and maintaining strength. This class incorporates the use of body weight, water weights, and noodles. Swimming ability is not required.*

**AGES:** 62 Years of Age and Over

**FEE:** \$35 per Session



#### SENIOR SPLASH CLASS CONTINUED

**DAYS, TIMES & DATES:**

**Mondays & Wednesdays: 9 – 9:45 a.m.**

June 9 – July 2 • July 7 – 30 • August 4 – 27

**DAYS & DATES:**

**Tuesdays & Thursdays: 7 – 7:45 p.m.**

June 10 – July 3 • July 8 – 31 • August 5 – 28

#### LIFEGUARD PRE-QUALIFICATION

*Swim 300 yards continuously demonstrating breath control and rhythmic breathing. 2. Tread water for 2 minutes using only the legs. 3. Object retrieval is a timed swim event with a surface dive to retrieve a 10lb object then return to the start point in 1 minute and 40 seconds. Activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.*

**DATES & TIME:** Saturdays, May 3 – 31 • 12 – 1 p.m.

**AGES:** 16 Years of Age and Over **FEE:** Free

#### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

**SESSION 1:** June 9 – 19

**SESSION 4:** July 21 – 31

**SESSION 2:** June 23 – July 3

**SESSION 5:** August 4 – 14

**SESSION 3:** July 7 – 17

**Saturday Sessions:**

**SESSION 1:** June 21 – August 9

**SESSION 2:** August 16 – October 4

#### INFANT SWIM LESSONS

*Our infant swim lessons are designed to actively engage children alongside a parent or guardian. Participants will learn water safety and water exploration; along with basic water play such as games and songs to do together during water play time.*

**Parent & Me Class:**

**AGES:** 6 Months – 3 Years of Age

**TIME:** 11 – 11:45 a.m. **OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

**Parent & Me Class: SATURDAY:**

**TIME:** 10 – 10:45 a.m.



# La Quinta

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 10 – 10:45 a.m. **OR** 11 – 11:45 a.m. **OR** 12 – 12:45 p.m.

**OR** 4 – 4:45 p.m. **OR** 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

**Guppies: SATURDAY**

TIME: 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.



## GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Children will learn the understanding basic water safety rules, water adjustment skills, supported and unsupported front and back float for five seconds, gliding, front and back kicks with support, and demonstrating alternating arm action with simultaneous use of legs.

**Penguins 1** AGES: 6 ½ – 9 Years of Age

TIMES: 10 – 10:45 a.m. **OR** 11 – 11:45 a.m.

4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

**Penguins 2** AGES: 8 – 12 Years of Age

TIMES: 5 – 5:45 p.m. **OR** 6 – 6:45 p.m.

**Penguins 1 & 2: SATURDAY**

TIME: 11 – 11:45 a.m.



**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, and elementary backstroke.

AGES: 6 ½ – 12 Years of Age

TIMES: 10 – 10:45 a.m. **OR** 4 – 4:45 p.m.



**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age

TIMES: 5 – 5:45 p.m.



**SHARKS:** Sharks focus on endurance, mastering freestyle breathing, and improving butterfly and backstroke. Wall turns are introduced. Requirements include 25 yards of freestyle with side breathing, backstroke, and elementary backstroke.

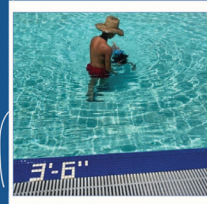
AGES: 8 – 14 Years of Age

TIMES: 6 – 6:45 p.m.



## ADAPTIVE SWIMMING LESSONS

1 on 1 Adaptive Beginner Swimming Lessons



► Individuals with a disability or special need, 4+ Years of Age

► Fritz Burns Pool  
51885 Avenida Bermudas, La Quinta

► Thursdays: 11 a.m. – 1 p.m.

► \$45 per 30 Minute Lesson

8 Lessons Total

\$360 Resident • \$440 Non-Resident

Pre Registration Required: 760-834-9597

[MyRecreationDistrict.com](http://MyRecreationDistrict.com)

## Thank You Juan



DRD sends our sincere gratitude to Juan Salas, our La Quinta Fit Beyond 50 volunteer instructor for 10 years. He received a Distinguished Citizen Award by the City of La Quinta for his service to our community.

**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Mecca Community Center



65-250 Coahuilla Street, Mecca, CA 92254  
(760) 396-0257

HOURS: Monday – Friday: 8 a.m. – 2 p.m.  
Saturday & Sunday: Closed

## Mecca Community Pool



65-250 Coahuilla Street, Mecca, CA 92254  
(760) 347-3484

Reserve Spring and Summer Rentals Now

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for the Mecca Senior Program where seniors can enjoy activities such as crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays – Thursdays **TIME:** 9 a.m. – 1 p.m.

**AGES:** 50 Years of Age and Over **FEE:** Free



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes II Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.



**LOCATION:** Paseo De Los Heroes Apartments

**ENROLLMENT:** Ongoing During CVUSD School Year Calendar  
(holidays may be excluded)

**TIME:** 3 – 6 p.m. **DAYS:** Tuesday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free

## MECCA AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

**ENROLLMENT:** Ongoing During School Year for May, June, August (holidays may be excluded)

**TIME:** 2:45 – 6 p.m.

**DAYS:** Monday through Friday

**GRADES:** 5 – 11 Years of Age

**FEE:** Free\*

\*The Mecca After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

## TEEN SCENE

Open to all high school teens, this program will provide academic assistance and expose teens to various leadership styles. Recreational activities and workshops will focus on leadership skills, community awareness, character development, life skills, and much more!

**ENROLLMENT:** July 8 – 31 • August 5 – 14

**DAYS:** Tuesdays & Thursdays **TIME:** 3 – 6 p.m.

**AGES:** 13 – 17 Years of Age **FEE:** Free



## COMMUNITY EVENTS

### LOTERIA NIGHT

We are excited to welcome the community of Mecca and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast, fun paced night of Loteria.



DATE: Tuesday, August 12

TIME: 6 – 7:30 p.m. AGES: All Ages

FEE: Free

### SENIOR SOCIAL

Seniors, join us at the Mecca Community Center for a day of creative arts, games, refreshments and much more fun!

DATES: Wednesday, July 30 TIMES: 10 a.m. – 1 p.m.

AGES: 55 Years of Age and Over FEE: Free

## DANCE

### FOLKLORICO (BALLET FOLKLORICO)

The class will focus on the history and culture and the music and dance of Mexico. Youth will learn the basics of Zapateado footwork and the fundamentals of ballet Folklorico including skirt work, dance techniques, performance style and choreography.

ENROLLMENT: May, June, July

DAYS: Wednesdays

AGES & TIMES: 5 – 9 Years of Age • 5:30 – 6:30 p.m.  
10 – 13 Years of Age • 6:30 – 7:30 p.m.

FEE: \$30 per Month

## HEALTH & FITNESS

### MOM & TEEN YOGA

This all-levels Yoga class strengthens, balances, and promotes inner peace, while fostering quality family time. Leave feeling aligned, refreshed, and connected with both your body and loved one.

ENROLLMENT: June, July, August

DAYS: Thursdays TIME: 6 – 7 p.m.

AGES: 14 Years of Age and Over

FEE: \$25 per Month, per Participant

## YOGA

Our beginner-friendly Yoga class welcomes all levels, guiding you through movements that strengthen, balance, and promote inner peace. Whether new to yoga or experienced, you'll leave feeling aligned, refreshed, and deeply connected to yourself.

ENROLLMENT: June, July, August

DAYS: Thursdays TIME: 7 – 8 p.m.

AGES: 14 Years of Age and Over FEE: \$25 per Month

## MOVIES

### MOVIES IN THE PARK

No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready for fun watching a movie with the family.



LOCATION: Mecca Sports Park

DATE: Wednesday, June 11 TIME: 8 – 10 p.m.

AGES: All Ages FEE: Free

## OUTDOORS

### WALK IN THE PARK DAY

Families and friends, come out and start your day with a 30-minute walk at Mecca Sports Park. This fun family event is for all ages! Strollers and dogs are welcome to participate. Join us for some warm up activities prior to the walk that begins at 9:30 a.m.

LOCATION: Mecca Sports Park

DATES: Saturday, May 3 TIMES: 9 – 10 a.m.

AGES: All Ages FEE: Free

## SPORTS

**EAST VALLEY SPORTS LEAGUES COMING SOON!**

Basketball • Baseball • Football • Soccer (Already on Season 3)

### BASKETBALL TRAINING ZONE

Join our beginner level basketball class designed for youth eager to learn the fundamentals of the game! This class focuses on developing essential skills such as dribbling, shooting, passing and teamwork in a fun and supportive environment.

LOCATION: Mecca Community Park Basketball Courts

ENROLLMENT: May DAYS: Tuesdays TIME: 6 – 7 p.m.

AGES: 7 – 11 Years of Age FEE: \$25 per Session

**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.



## SUMMER YOUTH BASKETBALL LEAGUE REGISTRATION – MECCA

Summer Youth Basketball is here! Practices are on Tuesdays, with times set by coaches (usually 5 – 8 p.m.). Focus is on player development, with running clocks, mandatory substitutions, and age-appropriate equipment. Jerseys and officials provided. Join the fun this season!

**PRACTICE LOCATIONS:** Various Locations

**GAME LOCATION:** Mecca Boys & Girls Club Gym

**Division A:** 7 – 9 Years of Age

**Division B:** 10 – 12 Years of Age

**ENROLLMENT:** June 17 – July 31, 7-Week Session League

**DAYS:** Tuesdays & Thursdays **TIME:** Between 6 – 9 p.m.

**FEE:** \$50 Registration

## T-BALL ROOKIES

T-Ball Rookies is geared toward helping young athletes develop beginner level baseball skills that include catching, throwing, batting stance and base running. Athletes are required to bring their own glove and may bring their own bat and helmet.

**LOCATION:**

Mecca Community Park

**ENROLLMENT:** May & August

**DAYS:** Tuesdays **TIME:** 6 – 6:45 p.m.

**AGES:** 4 – 6 Years of Age **FEE:** \$20 per Session

## TINY SOCCER STARS

Our clinic will focus on various drills to improve your soccer skills as well as the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

**LOCATION:** Mecca Sports Park

**ENROLLMENT:** June

**DAYS:** Tuesdays **TIME:** 6 – 6:45 p.m.

**AGES:** 4 – 6 Years of Age

**FEE:** \$20 per Session



## YOUTH BASEBALL CLINIC

Instructors will help participants develop skills in catching, throwing, batting, and base running, while covering the fundamentals of the game. This clinic is perfect for beginners. Athletes should bring their own glove, and we encourage bringing a bat and helmet.

**LOCATION:** Mecca Community Park

**ENROLLMENT:** May & August

**DAYS:** Tuesdays **TIMES:** 7 – 8 p.m.

**AGES:** 7 – 11 Years of Age **FEE:** \$25 per Session

## YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills as well as covering the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.



**LOCATION:** Mecca Sports Park

**ENROLLMENT:** June

**DAYS:** Tuesdays **TIMES:** 6:45 – 7:45 p.m.

**AGES:** 8 – 12 Years of Age **FEE:** \$25 per Session



## SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED  
IN THIS SECTION WILL TAKE PLACE AT  
MECCA COMMUNITY POOL**

### ENTRY FEES:

**CHILDREN:** \$3 (Under 3 Years of Age are free)

**ADULTS:** \$4

### POOL DATES & HOURS:

First day – June 9 • Last day – September 1

(Hours will be reduced to weekends only beginning August 17)

### MONDAYS – THURSDAYS:

4 – 7 p.m. (Youth Lessons)

7 – 9 p.m. (Lap Swim/Open Swim)

### FRIDAYS & SATURDAYS:

4 – 5 p.m. (Adaptive Splash Play) Saturday Only

5 – 9 p.m. (Open Swim)

### SUNDAYS:

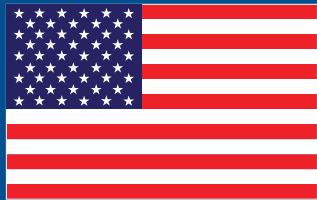
5 – 9 p.m. (Open Swim)



## SPECIAL POOL EVENT

Join us on Friday, June 13 for  
**“Free Swim Friday”** from 5 – 9 p.m.

### FREE VETERANS SWIM DAY



*Veterans will have the opportunity to join a class or swim for free on Friday, July 4*

### WATER SAFETY WITH LENNY THE LANDSHARK

Join us for a fun water safety intro with Lenny the LandShark! Learn about water, sun, and canal safety, life jackets, and how to call for help. Lenny coloring books provided.

DATE: Thursday, June 19

TIMES: 7 – 8:30 p.m.

AGES: 3 – 11 Years of Age FEE: Free



### WORLD'S LARGEST SWIM LESSON

Take part in a global mission with DRD & Team WLSL, bringing together tens of thousands of individuals from hundreds of communities around the globe to participate in the same lesson on June 26th to raise awareness about drowning and the fact that swimming is a vital life- saving skill that every child should learn.

DATE: Thursday, June 26 TIME: 7 – 9 p.m.

AGES: 6 months – 17 years of age FEE: Free

### ADAPTIVE SWIM

#### ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.

DATES: June 14 – July 5 • July 12 – August 2 • August 9 – 30

DAYS: Saturdays TIME: 4 – 4:45 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: Free

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$70 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 9 – 19

SESSION 4: July 21 – 31

SESSION 2: June 23 – July 3

SESSION 5: August 4 – 14

SESSION 3: July 7 – 17

### INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

#### Parent & Me Classes:

AGES: 6 Months – 3 Years of Age

TIME: 5 – 5:45 p.m.

### PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.



**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

**OR** 6 – 6:45 p.m.

### GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

**Penguins 1** AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 6 – 6:45 p.m.

**Penguins 2** AGES: 8 – 12 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 5 – 5:45 p.m.

**OR** 6 – 6:45 p.m.





**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

## SWIM & WATER ACTIVITIES

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. **OR** 6 – 6:45 p.m.



**BARRACUDAS:** For children who can perform all Penguins level skills and swim 10 yards independently. Skills taught include freestyle with side breathing, backstroke, butterfly kick, elementary backstroke, and water safety.

AGES: 7 – 13 Years of Age

TIMES: 5 – 5:45 p.m.



## Lake Cahuilla

Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

## Enjoy the Great Outdoors



**SAVE\***  
**50%**  
Second Night

**Come visit for...**

- Trailer/RV Camping
- Tent Camping
- Fishing Lake
- Horseback Trail
- Playground
- Sand Volleyball
- Pickleball
- Bocce Ball
- and more...

**Events Calendar**



**RivCoParks.org**

Online Reservations available 24/7

**1-800-234-7275 (PARKS)**



@rivcoparks

\*To receive discount, call 800-234-7275 and mention code CAMP25. Offer expires 9/30/2025. Discount not offered during special events, holiday weekends, or in conjunction with other discounts.



For reservations  
& more information  
scan the QR code.





# North Shore

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## North Shore Beach & Yacht Club



99-155 Sea View Drive, North Shore, CA 92254  
(760) 393-0602  
HOURS: Monday – Friday: 8 a.m. – 12 p.m. and  
4 – 8 p.m.  
Saturday & Sunday: Closed

## North Shore Community Park



99-480 70th Avenue, North Shore, CA 92254  
(760) 393-0602  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for the North Shore Senior Program where seniors can enjoy activities such as exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!



**ENROLLMENT:** Ongoing  
**DAYS:** Tuesdays, Wednesdays, Thursdays  
**TIME:** 9 a.m. – 1 p.m.  
**AGES:** 50 Years of Age and Over  
**FEE:** Free



## CAMP & AFTER SCHOOL PROGRAMS

### NORTH SHORE AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

### NORTH SHORE AFTER SCHOOL CLUBHOUSE CONTINUED

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** 2:45 – 6 p.m. **DAYS:** Mondays – Fridays

**GRADES:** 5 – 11 Years of Age

**FEE:** Free\* – \*The North Shore After-School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

### SUMMER BY THE SHORE

Come in and join the fun activities such as themed games, creative arts projects, crafts, board game tournaments, karaoke, and much more! Participants can learn new skills and build self-esteem through Sport Activities, Creative Arts and Crafts and group games. A daily snack is provided.

**DAYS:** Mondays – Fridays (Holidays Excluded)

**TIME:** 8 a.m. – 12 p.m.

**AGES:** 5 – 11 Years of Age (Child must have completed one FULL year of Kindergarten or TK)

### WEEKLY FEES:

(Weekly sessions begin (July 1, 14, 28, August 4, 11)

\$50-1 week sessions for half day camp (we are 4 hour max)

**DROP-IN FEE:** \$15 per Day

(No drop-in available on Field Trip Days)

# North Shore

**Please Note:** All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### TEEN SCENE

*Open to all high school teens, this program will provide academic assistance and expose teens to various leadership styles. Recreational activities and workshops will focus on leadership skills, community awareness, character development, life skills, and much more!*

**ENROLLMENT:** July 9 – 30 • August 4 – 13

**DAYS:** Mondays & Wednesdays **TIME:** 3 – 6 p.m.

**AGES:** 13 – 17 Years of Age

**FEE:** Free



## COMMUNITY EVENTS

### CATHOLIC CHARITIES FOOD DISTRIBUTION

*No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.*

**DAYS:** Wednesdays **FREQUENCY:** Weekly

**TIME:** 8 – 9 a.m.

### LOTERIA NIGHT

*We are excited to welcome the community of North Shore and surrounding communities to join us for a night of games, community, and fun! All are welcome to participate in this fast, fun paced night of Loteria.*

**DATE:** Wednesday, August 13

**TIME:** 6 – 7:30 p.m. **AGES:** All Ages

**FEE:** Free



### SENIOR SOCIAL

*Seniors, join us at the North Shore Beach & Yacht Club for a night of creative arts, games, refreshments and much more fun!*

**DATE & TIME:** Thursday, July 24 • 10 a.m. – 1 p.m.

**AGES:** 55 Years of Age and Over **FEE:** Free



## DANCE

### FOLKLORICO (BALLET FOLKLORICO)

*The class will focus on the history and culture and the music and dance of Mexico. Youth will learn the basics of Zapateado footwork and the fundamentals of ballet Folklorico including skirt work, dance techniques, performance style and choreography.*

**ENROLLMENT:** May, June, July **DAYS:** Thursday

**TIMES & AGES:** 5 – 6 p.m. • 5 – 7 Years of Age

6 – 7 p.m. • 8 – 10 Years of Age

7 – 8 p.m. • 11 – 13 Years of Age

**FEE:** \$30 per Month



## HEALTH & FITNESS

### ZUMBA

*Zumba is a dynamic, exciting, and an effective fitness system with upbeat, international music and dance steps. It's a great way to exercise and have fun no matter your fitness level, you'll love Zumba!*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays & Thursdays **TIME:** 6 – 7 p.m.

**AGES:** 14 Years of Age and Over

**FEE:** \$35 per Month **DROP-IN FEE:** \$7 per Class



## MOVIES

### MOVIES IN THE PARK/MOVIE NIGHTS

*No tickets needed! Just come and enjoy some family-bonding time while you enjoy a movie under the stars! Be sure to bring a chair, blanket, and be ready for fun watching a movie with the family.*

**DATE:** Thursday, June 12 **TIMES:** 8 – 10 p.m.

**AGES:** All Ages **FEE:** Free



## OUTDOORS

### WALK IN THE PARK DAY

*Families and friends, come out and start your day with a 30-minute walk at North Shore Community Park. This fun family event is for all ages! Strollers and dogs are welcome to participate. Join us for some warm up activities prior to the walk that begins at 9:30 a.m.*

**LOCATION:** North Shore Community Park

**DATES:** Saturday, May 24 **TIMES:** 9 – 10 a.m.

**AGES:** All Ages **FEE:** Free



Check out the activities we offer in North Shore and neighboring communities at [Instagram.com/DRD\\_EastValley](https://www.instagram.com/DRD_EastValley)



# North Shore

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



**EAST VALLEY SPORTS LEAGUES COMING SOON!**  
Basketball • Baseball • Football • Soccer (Already on Season 3)

## BASKETBALL TRAINING ZONE

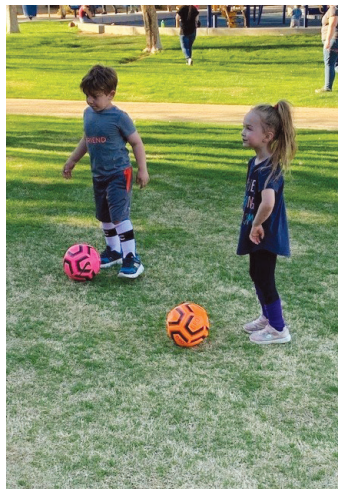
Join our beginner level basketball class designed for youth eager to learn the fundamentals of the game! This class focuses on developing essential skills such as dribbling, shooting, passing and teamwork in a fun and supportive environment.



**LOCATION:** North Shore Community Park  
**ENROLLMENT:** May **DAYS:** Thursdays  
**TIME:** 6 – 7 p.m. **AGES:** 7 – 11 Years of Age  
**FEE:** \$25 per Session

## TINY SOCCER STARS

Our clinic will focus on various drills to improve your soccer skills as well as the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.



**ENROLLMENT:** June, August  
**DAYS:** Thursdays  
**TIME:** 6 – 6:45 p.m.  
**AGES:** 4 – 6 Years of Age  
**FEE:** \$20 per Session

## YOUTH SOCCER CLINIC

Our clinic will focus on various drills to improve your soccer skills as well as covering the fundamentals of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.

**LOCATION:** North Shore Community Park  
**ENROLLMENT:** June, August  
**DAYS:** Thursdays  
**TIMES:** 6 – 7 p.m.  
**AGES:** 7 – 11 Years of Age  
**FEE:** \$25 per Session

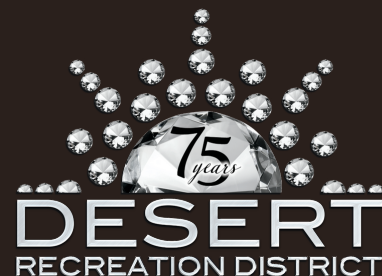


# The Great DRD HUNT

75 Years, 75 Clues



COMING THIS FALL!



SEARCH EXPLORE DISCOVER

**Please Note:** All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274  
(760) 393-0602  
HOURS: See Activities for Times/Days

## ART & MUSIC

### SUMMER ART SCENE

*Our Summer Art Scene is a wonderful way to introduce the youth in the community of Oasis to various art forms. We will use watercolor, acrylic, make buttons and clay art!*

LOCATION: Mountain View Estates  
ENROLLMENT: May 27 – June 12  
DAYS: Tuesdays & Thursdays TIMES: 6:30 – 7:30 p.m.  
AGES: 6 – 9 Years of Age FEE: Free

## COMMUNITY EVENTS

### H2-OASIS: WATER DAY AT THE PARK

*Come make a splash with us and beat the summer heat at our H2-Oasis water day. We encourage all participants to bring towels and clothing you do not mind getting wet. There will be music, water themed activities, and fun!*

DATE: Friday, June 13  
TIME: 4:30 – 6:30 p.m.  
AGES: All Ages  
FEE: Free



## MOMMY AND ME PAINT NIGHT

*Join us for our Mother's Day themed Paint Night at Mountain View Estates! We will have refreshments, snacks, and music! No experience is needed. All ages are welcome to come together to celebrate and get creative.*

LOCATION: Mountain View Estates  
DATE: Wednesday, May 7 TIME: 6 – 7:30 p.m.  
AGES: All Ages FEE: Free

## OUTDOORS

### WALK IN THE PARK DAY

*Families and friends, come out and start your day with a 30-minute walk at Oasis Del Desierto Park. This fun family event is for all ages! Strollers and dogs are welcome to participate. The walk starts at 9:30 a.m.*

LOCATION: Oasis Del Desierto Park  
DATES: Saturday, May 17 TIMES: 9 – 10 a.m.  
AGES: All Ages FEE: Free

## SPORTS

**EAST VALLEY SPORTS LEAGUES COMING SOON!**  
*Basketball • Baseball • Football • Soccer (Already on Season 3)*

### BASKETBALL TRAINING ZONE

*This class offer you drills and quality instruction that will help you develop your basketball skills by enthusiastic instructors.*

ENROLLMENT: May  
DAYS: Mondays TIME: 6 – 7 p.m.  
AGES: 7 – 12 Years of Age FEE: \$25 per Session

### YOUTH SOCCER CLINIC

*Our clinic will focus on various drills to improve your soccer skills. For all classes we will also cover the fundamentals of the sport of soccer. We encourage all athletes to bring a soccer ball, shin guards and non-skid athletic shoes or cleats.*

ENROLLMENT: June, July  
TIMES: 6:30 – 7:30 p.m. DAYS: Wednesdays  
AGES: 7 – 12 Years of Age FEE: \$25 per Month





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Palm Desert Community Center



43-900 San Pablo Avenue, Palm Desert  
(760) 568-9697

HOURS: Monday - Friday: 6 a.m. - 9 p.m.  
Saturday: 9 a.m. - 2 p.m.  
Sunday: Closed

## Portola Community Center



45-480 Portola Avenue, Palm Desert  
(760) 568-2560

HOURS: Monday - Friday: 8 a.m. - 8:30 p.m.  
Saturday & Sunday: Closed

## The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert  
(760) 779-1877

HOURS: See Activities for Times/Days

## Cahuilla Hills Park

45-825 Edgehill Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## Civic Center Park

43-900 San Pablo Avenue, Palm Desert, CA 92260  
(760) 568-9697 • HOURS: 5 a.m. – 11 p.m. Daily

## Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

## Olsen Community Park

43-005 Magnesia Falls Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## University Park

74-802 University Park Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

## ADAPTIVE BASKETBALL

A focus on developing basketball skills through drills with progression to game play. Class is open to individuals with disabilities and special needs. All ability levels are encouraged to join!

LOCATION: Gymnasium

ENROLLMENT: Ongoing

DAYS: Mondays TIMES: 2 – 3 p.m. **OR** 3 – 4 p.m.

AGES: 16 Years of Age and Over with a Disability  
or a Special Need

FEE: \$35 per Month

## ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. Played indoors, we seek to expand the game within the valley and the skill sets of participants.

LOCATION: Racquetball Room

ENROLLMENT:

May through September

DAY: Mondays TIME: 4:15 – 5 p.m.

AGES: 16 Years of Age and Over with a  
Disability or a Special Need

FEE: \$35 per Month



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE PICKLEBALL

*Work on hand-eye coordination and develop your pickleball skills with us. Classes work on skill development through drills with progression to game play.*

**LOCATION:** Gymnasium

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIME:** 4 – 5 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$35 per Month



### ADAPTIVE POWERHOUSE

*Get more familiar with gym equipment, learn more about how each muscle group interacts with each other. Learn how to set up a proper work out regiment and how to properly lift weights to minimize injuries.*

**LOCATION:** Weight Room

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIME:** 2 – 2:45 p.m.

**AGES:** 18 Years of Age and Over with a Disability or a Special Need

**FEE:** \$35 per Month

### ADAPTIVE ROTATING SPORTS

*Soccer, badminton, wiffleball, scooter or sport chair obstacle courses, table tennis? We're looking to keep our participants on their toes for what to expect in this session. Programs will focus on skill development and fun!*

**LOCATION:** Racquetball Court 2

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIME:** 3 – 3:45 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$35 per Month

### ADAPTIVE ZUMBA

*Join us for a great dance workout and some great music! Program is a modified version of Zumba with all the fun and movement. All skill and ability levels welcome to join.*

**LOCATION:** MPR-Dance Room

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays

**TIME:** 1:15 – 2:15 p.m.

**AGES:** 16 Years of Age and Over with a Disability or a Special Need

**FEE:** \$35 per Month



## ART & MUSIC

### GUITAR

*Beginning class teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!*

*Second Level class teaches new chords, rhythms and songs from Johnny Cash, Lynrd Skynrd, Rod Stewart and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.*

**ENROLLMENT:** May 21 – June 18 • July 2 – 30  
August 13 – September 10

**DAY:** Wednesdays

**AGES:** 9 Years of Age and Over

**LEVELS & TIMES:** **Beginning** • 6 – 7 p.m.

**Second Level** • 7 – 8 p.m.

**FEE:** \$80 per Session

### DRUMS

*GET READY TO ROCK OUT!!! In this class, you'll learn rhythms on buckets provided by the instructor. Bring your own drumsticks or buy a pair for \$10. On the last class of the month, you'll get to jam on a real drum set!*

**ENROLLMENT:** May, June **DAYS:** Tuesdays

**AGES & TIMES:** 4 – 6 Years of Age • 3:15 – 3:45 p.m.  
7 – 11 Years of Age • 4 – 4:30 p.m.

**FEE:** \$100 per Month

**DROP-IN FEE:** \$25 per Day  
with Instructor Approval





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER CAMP

Camp days are packed with exciting, structured activities for both new and returning campers. Each day kicks off with fun camp activities, including small group games, sports, arts and crafts, and skits. Campers build new skills, boost self-esteem, and have a blast—all under the guidance of our attentive staff.

**DATES: Three-week Session 1:** June 9 – 27

**Three-week Session 2:** June 30 – July 18

**Three-week Session 3:** July 21 – August 8

**Weekly Sessions begin** June 9, 16, 23, 30,  
July 7, 14, 21, 28, and August 4

**DAYS:** Monday – Friday

**AGES:** 5 – 12 Years of Age

(child must have completed Kindergarten)

**Summer Camp – Full Days:**

**TIME:** 7:30 a.m. – 6 p.m.

**FEES:** \$360 per Three-week Session

\$140 per Weekly Session

\$30 Daily Drop-in Available on non-field trip days.

\*No Drop-in on Pool days & Field Trips



## DANCE

### BALLROOM: SWING & SALSA LESSONS

Palm Desert is dancing back to wellness! Enjoy instruction in ballroom, swing, salsa, fox trot, and an intro to cha-cha. Singles and couples welcome—bring a partner and let's dance!

**ENROLLMENT:** May 7 – 28 • June 4 – 25

July 9 – 30 • August 6 – 27

**DAYS:** Wednesdays **TIME:** 7 – 8 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$52 per Session per Person

### BEGINNING BALLET

Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIME:** 10 – 10:45 a.m.

**AGES:** 5 – 11 Years of Age **FEE:** \$42 per Month

### BELLY DANCING

\*Video and spectators are prohibited. We dance barefoot and form fitting clothing is recommended.

### BEGINNERS BELLY DANCE

Learn Modern Belly Dance techniques focusing on full-body awareness, shimmy, and more! Dance barefoot—no socks to avoid slipping.

**ENROLLMENT:** Ongoing

**DAYS:** Thursdays **TIME:** 9 – 10 a.m. **OR** 6:30 -7:30 p.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$70 per Session

### INTERMEDIATE BELLY DANCE

Join us for the next level of Belly Dance, where you'll layer techniques like arm movements and traveling steps. Explore new elements and props to discover the diversity of this beautiful dance form.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 6:30 – 7:30 p.m.

**AGES:** 13 Years of Age and Over

**FEE:** \$70 per Session

### ROMANCE BELLY DANCE

This graceful class blends traditional belly dance with soft, sensual movements to evocative music. Designed for solo dancers, it builds confidence, improves posture, and embraces fluid, elegant motion.

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **TIME:** 6:30 – 7:30 p.m.

**AGES:** 18 Years of Age & Over **FEE:** \$65 per Session



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## DANCE

### SHIMMYOLOGY – BELLY DANCE FOR ALL

*Already know some shimmies? Time to drill! This class improves flexibility, coordination, and balance, starting with a 10-minute stretch and focusing on basic belly dance techniques. It's complimentary for beginners and advanced Belly Dance students.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 6:30 – 7:30 p.m.

**AGES:** 16 Years of Age and Over **FEE:** \$35 per Session

### DANCE, PLAY & PRETEND

*Your child will explore music and dance through imagination and movement, learning basic ballet in a fun, enriching environment. Girls need dance wear and ballet shoes; boys need a tee, shorts, and socks.*

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIME:** 9 – 9:45 a.m.

**AGES:** 2½ – 6 Years of Age **FEE:** \$42 per Month

### DISCO DOGS & PAWLROOM DANCING

*Our Ballroom Dance Instructor is going to the Dogs! Dance with your best partner—your dog! Tricks are optional, fun is guaranteed. Complete a form 2 days before class; contact the Palm Desert Community Center for details.*

**LOCATION:** Palm Desert Civic Center Amphitheater

**DATES:** May 13 – 20 • June 10 – 17

July 8 – 15 • August 12 – 19

**DAYS:** Tuesdays **TIME:** 12 – 1 p.m.

**AGES:** 18 Years of Age and Over **FEE:** \$25 per Dog

### LINE DANCING

*Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit!*

**ENROLLMENT:** May 7 – 28 • June 4 – 25

July 9 – 30 • August 6 – 27

**DAYS:** Wednesdays **TIME:** 6 – 7 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$43 per Session per Person

**DROP-IN FEE:** \$15 per Class



## HEALTH & FITNESS

### BRAIN LONGEVITY COURSE – LECTURE AND EXERCISES

*Learn how to increase, improve your short and long term memory. Learn how diet, exercise, and meditation can positively influence your body and brain.*

**LOCATION:** Portola Community Center

**DATES:** May 1, 8, 15, 22, 29, June 5, 12, 19, 26

**DAYS:** Thursdays **TIME:** 12 – 12:45 p.m.

**AGES:** 16 Years of Age and Over **FEE:** \$19 per Session

### CHAIR YOGA – INCLUSIVE

*This class offers a gentle, accessible approach to yoga for all levels, whether you're new or seeking a modified practice. Join us for a supportive and adaptable experience. All health levels welcome.*

**LOCATION & ENROLLMENT:**

**Palm Desert Community Center:** May

**Portola Community Center:** June, July, August

**DAYS:** Wednesdays **TIME:** 11 – 11:45 a.m.

**AGES:** 18 Years of Age and Over **FEE:** \$45 per Month



### GENTLE YOGA FOR ACTIVE ADULTS

*This class promotes wellness, rejuvenation, and relaxation through gentle yoga poses and breathing techniques in a calm, supportive environment. Yoga mats are required for comfort and safety.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 10:45 – 11:30 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55 per Month

**DROP-IN FEE:** \$16 per Day



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## HULA FOR FITNESS & FUN

A beginner-friendly, low-impact hula class that teaches fluid dance steps and motions to tell Hawaiian stories. Hula builds stamina, flexibility, grace, rhythm, and balance while toning thighs, arms, and core. It's an easy-to-learn, low-impact workout.



**DATES:** May 5 – June 23 • June 30 – August 4

**DAYS:** Mondays **TIME:** 6 – 8 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$66 per Session

## TAI CHI

### SEATED TAI CHI MEDITATION

This class focuses on stress reduction through gentle flowing upper body movements, focused breathing to enhance lung capacity and brain longevity. Rejuvenation and relaxation of mind, body and spirit for everyone.

**LOCATION:** Portola Community Center

**ENROLLMENT:** May, June, July

**DAYS:** Wednesdays **TIME:** 12 – 12:45 p.m.

**AGES:** 18 Years of Age & Over

**FEE:** \$45 per Month

## TAI CHI FOR YOUR HEALTH

**Accredited Program by the American Tai Chi and Qigong Association (ATCQA).**

This class focuses on Sun style movements, renowned for their gentle, flowing forms that promote overall health and well-being. Ideal for all fitness levels, our sessions are designed to accommodate everyone, ensuring a welcoming and supportive environment.



**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 12 – 12:45 p.m.

**AGES:** 18 Years of Age & Over

**FEE:** \$55 per Month



## MARTIAL ARTS

### MOO DUK KWAN "TAE KWON DO" ◀ **NEW**

Feel the intensity and become part of the traditional "Moo Duk Kwan," founded in 1953. Learn all the key aspects of training, including self-development, physical and mental conditioning, sportsmanship, self-defense, integrity, and discipline.



**ENROLLMENT:** Ongoing

**TIMES:** 4 – 5 p.m. **AGES:** 7 Years of Age and Over

**MONTH, DAYS, FEES:**

**May:** Monday & Wednesday, \$75 per Month

**June, July, August:** Monday, Wednesday & Saturday  
\$80 per Month



## SPECIAL INTEREST

### K9 NOSE WORK-BASIC-INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

**LOCATION:** Portola Community Center

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **TIME:** 2:30 – 3:20 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$200 per 4-Week Session, \$50 Drop-In Available

### K9 NOSE WORK-ADVANCED DETECTIVE

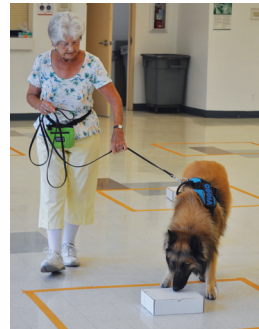
This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite: K9 Nose Work Intermediate Workshop.**

**LOCATION:** Portola Community Center

**ENROLLMENT:** Ongoing **DAYS:** Tuesdays

**TIME:** 1:30 – 2:20 p.m. **AGES:** 18 Years of Age and Over

**FEE:** \$200 per 4-Week Session, \$50 Drop-In Available



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## BASKETBALL

### BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.

**ENROLLMENT:** June, July, August    **DAYS:** Wednesday  
**FEE:** \$40 per Month    **DROP-IN FEE:** \$12 per Day

### BASKETBALL TRAINING ZONE: BEGINNERS

**TIME:** 3:45 – 4:45 p.m.    **AGES:** 7 – 10 Years of Age

### BASKETBALL TRAINING ZONE: INTERMEDIATE

**TIME:** 4:45 – 5:45 p.m.    **AGES:** 10 – 15 Years of Age



## FLAG FOOTBALL

### YOUTH FLAG FOOTBALL

This program focuses on flag football basics—passing, catching, and teamwork—while promoting fitness and sportsmanship. Non-contact drills will sharpen individual skills and prepare you for the next season. Come join the fun!



**ENROLLMENT:** Ongoing  
**DAYS:** Tuesdays    **TIME:** 5 – 6 p.m.  
**AGES:** 7 – 11 Years of Age  
**FEE:** \$40 per Month

## GOLF TOURNAMENT

### FOUR PERSON SCRAMBLE GOLF TOURNAMENT 2025

Desert Recreation District's 2nd Annual 4-Person Scramble Golf Tournament at Desert Falls Country Club, Palm Desert. Only 20 teams will be allowed to play. Check-in time between 6 – 7:45 a.m. and Shotgun starts at 8 a.m. Tournament includes Golf, Cart, Lunch, Water and Snacks. Mulligan & Raffle Tickets will be available for purchase.

For more information on how to register please call **(760) 568-9697** or email [Cbaluga@drd.us.com](mailto:Cbaluga@drd.us.com)

**This event features a \$10,000 Hole-In-One Prize!**

**DATE:** Sunday, June 8    **TIME:** 8 a.m. – 2 p.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$125 per Player or \$500 per Team



## MULTI SPORTS

### PALM DESERT MULTI SPORTS CAMP

Join our spring camp to learn soccer, basketball, tennis, pickleball, and beach volleyball fundamentals. Students will practice skills and compete in games and challenges. Bring water, tennis shoes, and wear loose athletic clothing.

**DATES:** August 4 – 8    **DAYS:** Monday – Friday

**TIMES:** 8:30 – 10 a.m.    **AGES:** 7 – 14 Years of Age

**FEE:** \$65 per Session

## PICKLEBALL

**LOCATION FOR ALL PICKLEBALL CLINICS:**

Palm Desert Community Center – Indoor Pickleball Courts

### PICKLEBALL CLINICS – BEGINNER LEVEL

Beginner level pickleball clinics have group skills and drills for all beginner players. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays    **TIME:** 8 – 9:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$95 per Month • \$25 per Day



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

Players in this category are able to sustain longer rallies and may make volleys easier and use their backhand more often, but often need work on stroke development.

ENROLLMENT: Ongoing  
DAYS: Wednesdays TIME: 8 – 9:30 a.m.  
AGES: 16 Years of Age and Over  
FEE: \$95 per Month • \$25 per Day

## PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED DRILLS

Players at this level will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots.

ENROLLMENT: Ongoing  
DAYS: Fridays TIME: 8 – 9:30 a.m.  
AGES: 16 Years of Age and Over  
FEE: \$95 per Month • \$25 per Day

## PICKLEBALL CLINICS – ADVANCED PLAY DRILLS

This class requires a minimum 3.0-3.5 skill level and above OR instructor approval. This clinic will consist of specific drills for the first part and then the remainder will be spent running strategy/game play tournaments with various formats.

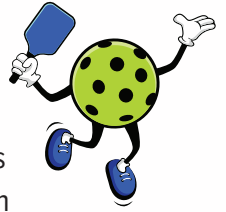
ENROLLMENT: Ongoing  
DAYS: Tuesdays TIME: 8 – 9:30 a.m.  
AGES: 16 Years of Age and Over  
FEE: \$95 per Month • \$25 per Day



## INDOOR PICKLEBALL OPEN PLAY

Come and enjoy your favorite sport and avoid the crazy weather.

ENROLLMENT: Ongoing  
DAYS: Mondays, Wednesdays, Fridays  
TIME: 9:30 a.m. – 2 p.m. AGES: All Ages  
FEE: Free with a Get Fit Pass or a \$5 Drop-In



## ROUND ROBIN PICKLEBALL TOURNAMENT – INDOOR

Come participate in our Round Robin Tournament! Each month we will offer single play, rotating play, mixed play, and alternate between men's and women's doubles.

DATES: Sundays, May 18, June 22, July 20, August 24  
TIME: 7:30 a.m. – 2:30 p.m.  
AGES: 16 Years of Age and Over  
FEE: \$20 per Person; Additional \$10 for Doubles Round

## PICKLEBALL LESSONS

PRIVATE LESSONS: To schedule a private lesson, you must contact our instructor, Michelle Brodeur.  
Email: [mich\\_bro@yahoo.com](mailto:mich_bro@yahoo.com) | Phone: 1-760-870-8099

## 1 PLAYER PRIVATE LESSONS – 1 SESSIONS

Our personalized single pickleball lessons are designed to focus entirely on you and your individual skill level. Our dedicated coach whether you're a beginner learning the basics or an advanced player refining your technique is dedicated to helping you improve and build confidence on the court.

ENROLLMENT: Ongoing  
AGES: 16 Years of Age and Over  
FEE: \$85 per Person for 1 Session  
\$300 per Person for 4 Sessions

## SOCCER





# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## SPORTS

### 2025 CHALLENGER SPORTS SUMMER SOCCER CAMP

Players will develop technical skills and core values like responsibility, respect, and leadership in a fun, safe environment. This 3-day camp combines top coaching with cultural and educational experiences, using soccer to teach life lessons. Early Bird Discounts available—register at [challengersports.com](http://challengersports.com). For more info, email [Camps@challengersports.com](mailto:Camps@challengersports.com) or call (844)-674-8404.



**LOCATION:** Palm Desert Freedom Park

**DATES:** June 16 – 20 • June 30 – July 4 • August 4 - 8

**DAYS:** Monday – Friday **TIMES:** 4 – 8 p.m.

**AGES & FEES:** 2 – 4 Years of Age (Tiny Tykes) \$60 Half Day  
5 – 12 Years of Age, \$99 Full Day

**PALM DESERT YOUTH SOCCER CLINICS – SOCCER BEGINNERS** – This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.

**ENROLLMENT:** May, June, August

**DAYS:** Saturdays **TIMES:** 10 – 11 a.m.

**AGES:** 5 – 8 Years of Age **FEE:** \$40 per Month

**SOCCER INTERMEDIATE** – The goal is to create a fun, structured environment that prepares players for athletic skills. Classes focus on active participation through games and drills, including correct goal scoring, performing daily moves, dribbling, and passing or taking the ball from peers.

**ENROLLMENT:** June, July, August

**DAYS:** Wednesdays **TIMES:** 5 – 6 p.m.

**AGES:** 8 – 10 Years of Age **FEE:** \$30 per Month



**SOCCER ADVANCED** – Elevate your game with our Advanced Soccer Clinic! Designed for players who have the basics down, this high-energy program focuses on ball control, decision-making, game tactics, fitness, and mental toughness. Gain the skills and confidence to play like a pro, all while having fun!



**ENROLLMENT:** June, July, August

**DAYS:** Wednesdays **TIMES:** 6 – 7 p.m.

**AGES:** 11 – 14 Years of Age **FEE:** \$30 per Month

### PARENT & ME SOCCER

This class focuses on the development and learning for children aged 2 to 5 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.

**ENROLLMENT:** May, June, August

**DAYS:** Saturdays **TIMES:** 9 – 10 a.m.

**AGES:** 2 – 5 Years of Age (with parents participating)  
**FEE:** \$40 per Month

### TABLE TENNIS

#### TABLE TENNIS

Join our competitive table tennis group! Ideal for all skill levels, it improves quickness, hand-eye coordination, and focus. Bring your own paddle!

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Thursdays,  
Fridays

**MONTH & TIMES:**

May: 1 – 4 p.m.

June, July, August: 6 – 9 p.m.

**AGES:** 5 Years of Age and Over

**FEE:** Free with a Get Fit Pass or a \$5 Drop-In Fee





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## TENNIS

### TENNIS CLINICS—

**LOCATION:** Palm Desert Civic Center Park Tennis Courts 1

### YOUTH BEGINNER/ADVANCED BEGINNER TENNIS

*This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.*

**ENROLLMENT:** May, June, August

**DAYS:** Mondays & Fridays

**AGES:** Beginners: 7 – 11 Years of Age

Advanced Beginners: 11 – 15 Years of Age

**TIMES:** Beginners: 6 – 7 p.m.

Advanced Beginners: 7 – 8 p.m.

**FEE:** \$60 per Month

### YOUTH INTERMEDIATE TENNIS

*This class is for students with at least one year of experience or 25+ games played, or those looking to elevate their skills. Players will refine their abilities, learn to compete, and engage in fun, interactive drills to improve all aspects of their game.*



**ENROLLMENT:**

June, July, August

**DAYS:** Mondays & Fridays

**TIMES:** 5 – 6 p.m. **AGES:** 9 – 11 Years of Age

**FEE:** \$60 per Month

### YOUTH ADVANCED TENNIS

*This fast-paced clinic is ideal for young players looking to improve, focusing on skill refinement, confidence, and game strategies. Through drills and friendly competition, kids will elevate their tennis while having fun on the court. Let's rally, serve, and smash!*

**ENROLLMENT:** June, July, August

**DAYS:** Mondays & Fridays **TIMES:** 6 – 7 p.m.

**AGES:** 11– 13 Years of Age

**FEE:** \$60 per Month

## VOLLEYBALL CLINICS

### BEGINNERS—INTERMEDIATE VOLLEYBALL

*Join our co-ed volleyball clinic to learn serving, blocking, footwork, game movement, and rules in a fun, safe environment, preparing you for the next level of play.*



**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays, Thursdays **TIMES:** 3:15 – 4 p.m.

**AGES:** 8 – 18 Years of Age

**FEE:** \$50 per Month

### INTERMEDIATE—ADVANCED VOLLEYBALL

*Enroll in our volleyball clinic for intermediate to advanced players to improve ball control, passing, setting, digs, blocks, and footwork—all while having fun!*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays, Thursdays **TIMES:** 4 – 5 p.m.

**AGES:** 8 – 18 Years of Age

**FEE:** \$60 per Month

### YOUTH GIRL'S VOLLEYBALL TOURNAMENT

*A day filled with exciting matches, skill-building, and fun competition—it's the perfect opportunity for young athletes to showcase their talent and teamwork. Sign up now! This is a team registration. For more information, please email Chris Baluga at [cbaluga@drd.us.com](mailto:cbaluga@drd.us.com) for details on how to register.*

**LOCATION:** Desert Sports Center

**DATE:** Thursday, June 26 **TIMES:** 9 a.m. – 5 p.m.

**AGES:** 11 – 15 Years of Age

**FEE:** \$470 per Team





**A program of Desert Recreation District**

First Tee-Coachella Valley is part of an international youth development organization that offers educational programs aimed at building character and promoting healthy choices through the game of golf. Classes are available for participants of all skill levels, ages 4 – 18. Golf equipment and scholarships are provided for any participant in need.

**6-WEEK SESSIONS ARE OPEN TO THOSE 4 – 18 YEARS OF AGE.**

*\*Session Dates Subject to Change\**

First Tee weekly classes described below are **\$75** per 6-Week Session, classes meet once a week and will be 45 – 90 minutes depending on your participants' age.

### SUMMER SESSION

June 7 – July 28 (6 Weeks)

### SUMMER CAMPS

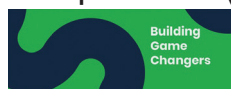
Summer Camp(s) are open to participants ages 7–12.

Fee is **\$99** per week; Scholarships can be provided.

Week One: June 9 – 13	Week Four: July 7 – 11
Week Two: June 16 – 20	Week Five: July 14 – 18
Week Three: June 23 – 27	Week Six: July 21 – 25
<b>OFF Week for July 4</b>	Week Seven: July 28 – August 1

### BACK-TO-SCHOOL PROGRAMMING

August 18 – September 27 (6 weeks)



PLEASE REGISTER FOR CLASSES AT [FTCV.ORG](http://FTCV.ORG)

**Volunteer Opportunities Available**

### **INQUIRIES?**

Please email Joy Grant: [jwilloughby@ftcv.org](mailto:jwilloughby@ftcv.org)  
or call **760-834-6792**



## **The Golf Center** AT PALM DESERT

### **The Best Game Improvement Facility in the Coachella Valley!**

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large, double-sided driving range with lighting for night time use. We are excited to announce the opening of the east range improvements, which features a world-class short game practice area and enlarged grass range tee. In addition to the large putting and chipping greens, the newly renovated short game practice area includes three bunkers and an essential 26 space parking lot. When you are finished sharpening your game on the driving range, play a round on our challenging Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens, ideal for working on the scoring part of your game (80 – 130 yards).



### **GOLF RATES (9-Holes)**

**MAY 1 – AUGUST 31, 2025**

<b>Adults</b> .....	\$25
<b>Seniors</b> (55+).....	\$20
<b>Juniors</b> (17 and under).....	\$12
<b>First Tee Chaperone</b> .....	\$12
<b>Same Day Replay</b> .....	\$10

Summer Rate: June 1 – August 31, 2025 Green fee includes Pull Cart and Warm Up bucket of range balls.

### **DRIVING RANGE**

<b>Medium Bucket</b> .....	\$10
<b>Large Bucket</b> .....	\$15

**GOLF CLINICS**..... Call for details.

### **RENTALS**

<b>Pull-Cart</b> .....	\$5
<b>Set of Clubs</b> .....	\$12
<b>Individual Clubs</b> .....	\$5
<b>Parties &amp; Events</b> .....	Call for details.

For additional information, please call the Golf Shop at  
**(760) 779-1877** or visit [GolfCenterPD.com](http://GolfCenterPD.com)



# Rancho Mirage

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** : For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Rancho Mirage Community Park



71-560 San Jacinto Dr, Rancho Mirage, CA 92270  
(760) 347-3484  
HOURS: 6 a.m. – 9 p.m. Daily



LOCATION: Rancho Mirage Pickleball Courts

### **PICKLEBALL CLINICS BEGINNER**

*Skills and drills for beginner pickleball players who are still learning the rules and scoring system. The player can hit several forehands but struggles to sustain a rally, making it difficult to play full games. At this stage, they are focused on developing their forehand and learning the correct serving technique.*

ENROLLMENT: Ongoing

DAYS: Saturdays

TIME: 7 – 8:30 a.m.

AGES: 16 Years of Age and Over

FEE: \$95 per Month



### **PICKLEBALL LESSONS**

PRIVATE LESSONS: To schedule a private lesson, you must contact our instructor, Michelle Brodeur.

Email: [mich\\_bro@yahoo.com](mailto:mich_bro@yahoo.com) | Phone: 1-760-870-8099

### **1 PLAYER PRIVATE LESSONS – 1 SESSIONS**

*Our personalized single pickleball lessons are designed to focus entirely on you and your individual skill level. Our dedicated coach whether you're a beginner learning the basics or an advanced player refining your technique is dedicated to helping you improve and build confidence on the court.*

ENROLLMENT: Ongoing

AGES: 16 Years of Age and Over

FEE: \$85 per Person for 1 Session

\$300 per Person for 4 Sessions



# Thermal

**Please Note:** All in-person activities take place at the **Jerry Rummonds' Community & Senior Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Jerry Rummonds' Community & Senior Center



89-229 Church Street, Thermal, CA 92274  
(760) 347-3484

HOURS: Monday thru Friday: 8 a.m. – 8 p.m.  
Saturday & Sunday: Closed

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy a day of exercise, art, guest speakers, resources, lunch, field trips, and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Monday – Thursday TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free



## ART & MUSIC

### THERMAL YOUTH SOCIAL (SILENT DISCO)

Come in and enjoy our Youth Socials. Fun activities will include music, dancing, karaoke, and a silent disco! Stay cool and have Fun in the Summer!

DATE: Friday, July 18 TIME: 5:30 – 7:30 p.m.

AGES: 6 – 14 Years of Age

FEE: Free

## CAMP & AFTER SCHOOL PROGRAMS



### THERMAL AFTER SCHOOL CLUBHOUSE

Our after school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year  
(holidays may be excluded)

TIME: 2:45 – 6 p.m. DAYS: Monday thru Friday

GRADES: Kindergarten through 6th Grade

FEE: Free\* – \*The Thermal program fee is traditionally \$200 per month. There is a program subsidy for those who qualify that will reduce the fee to \$0. Subsidies will be available while funds last.



# Thermal

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## THERMAL SUMMER CAMP

Summer Camp begins right away with fun and lively camp activities guided by our incredible staff. Campers have the opportunity to learn new skills and build self-esteem through sport activities, creative arts and crafts, and group games.

DAYS: Mondays – Fridays (Holidays Excluded)

TIME: 8 a.m. – 12 p.m.

AGES: 5 – 11 Years of Age (Child must have completed one FULL year of Kindergarten or TK)

WEEKLY FEES:

(Weekly sessions begin (July 1, 14, 28, August 4, 11)

\$50-1 week sessions for half day camp (we are 4 hour max)

DROP-IN FEE: \$15 per Day

(No drop-in available on Field Trip Days)

## COMMUNITY EVENTS

### THERMAL FAMILY GAME NIGHT

We welcome all families of Thermal and surrounding communities to join us for a night of games, music, crafts, and of course fun! Refreshments, snacks and material will be provided.

DATE: Thursday, May 15 TIME: 5:30 – 7:30 p.m.

AGES: All Ages

FEE: Free

### THERMAL SENIOR SOCIAL FIESTA

Seniors, join us at the Jerry Rummond's Senior Center for a night of creative arts, karaoke, refreshments and much more.

DATE: Friday, May 23 TIME: 5:30 – 7:30 p.m.

AGES: 55 Years of Age and Over FEE: Free

## DANCE

### FOLKLORICO (Ballet Folklorico)

\*RETURNING IN FALL AND

STILL ACCEPTING NEW STUDENTS!\*

For more information  
contact Erika Castellanos  
at 760-835-5925



Check out the activities we offer in  
Thermal and neighboring communities at  
[Instagram.com/DRD\\_EastValley](https://www.instagram.com/DRD_EastValley)

## SPORTS

Stay tuned for exciting sport programs coming soon to our Thermal Community. Be sure to follow our Instagram to stay up to date. For any questions, contact our Recreation Specialist, Michael at 760-541-4173.



## Thermal Park Design and Construction Project

Thermal Community Park is well into the construction phase, with land leveling and groundwork actively progressing. This much needed community space will feature two multisport fields, a multisport court, a splash pad, play structures, walking paths, a picnic area, a stage for community events, numerous shade structures, restrooms, and so much more, ready to serve the community for generations.

Funded through Prop 68 and key partnerships, along with community input, this transformative project will bring new opportunities for recreation, engagement, and community connection. We look forward to welcoming everyone when the park officially opens in early 2026!

For more information, please contact  
Scott Sear, PIO/Legislative Affairs at 760.347.3484



# Thousand Palms

**Please Note:** All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms  
(760) 347-3484  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### SENIOR PROGRAM

Join us for a cup of coffee, bingo, games, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 10 a.m. – 12 p.m.

**AGES:** 50 Years of Age and Over **FEES:** Free



## ART & MUSIC

### PARENT & ME MUSIC TIME



Bond with your child through music and fun! This class lets parents and kids learn a new song, instrument, or dance together. Each session introduces a new instrument to explore.

**ENROLLMENT:** May, August

**DAYS:** Mondays **TIMES:** 10 – 10:30 a.m.

**AGES:** 2 – 4 Years of Age

**FEES:** \$40 per Month • \$15 per Day



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER CAMP – HALF DAYS

Your camp days will be full of exciting, structured activities sure to interest both new and returning Campers. Each day the true Camp experience begins right away as the staff leads the group in fun and lively camp activities. All activities are carried out under the watchful eye of our camp Staff.



**WEEKLY SESSIONS BEGIN:**

June 9, 16, 23, 30, July 7, 14

**DAYS:** Mondays – Thursday

**TIME:** 9 a.m. – 1 p.m.

**AGES:** 5 – 12 Years of Age

(child must have completed Kindergarten)

**FEES:** \$60 per Weekly Session



## COMMUNITY EVENTS

### 2025 BACK TO SCHOOL TIME

The District and community partners will provide back-to-school resources for K-12 children in Thousand Palms, including backpacks and supplies, on a first-come, first-served basis. No registration needed. For vendor or sponsor inquiries, please email [avelasquez@drd.us.com](mailto:avelasquez@drd.us.com).

**DATE:** Saturday, August 2 **TIME:** 10 a.m. – 12 p.m.

**AGES:** All Ages **FEES:** Free



# Thousand Palms

**Please Note:** All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

## END OF SCHOOL YEAR CELEBRATION

Join us for a fun day in which we get to celebrate all our student successes as they leave one school year behind to enter a much-anticipated period, **SUMMERTIME!** Bring swim wear and towel to enjoy the water-fun activities.

Parents or guardians will need to complete activity waiver in order to participate.



**DATE:** Friday, June 6

**TIME:** 12 – 2 p.m.

**AGES:** 4 – 12 Years of Age    **FEE:** Free



## DANCE

### FOLKLORICO (Ballet Folklorico)

Come learn this traditional and colorful dance! As you and/or your child progress in the class, there will be a few opportunities each year to perform live in front of friends and family at special events. Shoes and attire can be purchased from the instructor.

**ENROLLMENT:** May, June

**DAY:** Tuesdays

**TIME, AGES & FEES:**

4 – 4:45 p.m. • 3 – 5 Years of Age • \$40 per Month

5 – 6 p.m. • 6 – 11 Years of Age • \$45 per Month

6:15 – 7:15 p.m. • 12 Years of Age and Over • \$45 per Month



## HEALTH & FITNESS

### ZUMBA

Zumba is a dynamic, exciting, and effective fitness system with upbeat, international music and dance steps. The energizing music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Thursdays

**TIME:** 7 – 8 p.m.    **AGES:** 16 Years of Age and Over

**FEE:** \$45 per Month

**DROP-IN FEE:** \$7 per Class



## SPORTS

### YOUTH BASEBALL TRAINING

Come sharpen your baseball skills through training with the Thousand Palms coaching staff. With years of experience, the coaches are dedicated to developing quality baseball players in the Coachella Valley. Bring your own equipment and join the fun!

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays    **TIME:** 9 – 10 a.m.

**AGES:** 7 – 11 Years of Age    **FEE:** \$40 per Month

### YOUTH SOCCER SKILLS DEVELOPMENT

Come sharpen your soccer skills through training with the Thousand Palms coaching staff. With years of experience, the coaches are dedicated to developing quality soccer players. This class will consist of drills, speed and agility exercises, ball control, and other components to help each player become the best on their team! No experience necessary.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays    **TIME:** 10:15 – 11:15 a.m.

**AGES:** 7 – 11 Years of Age

**FEE:** \$40 per Month



## THOUSAND PALMS COMMUNITY COUNCIL MEETING

On the dates specified below, the Thousand Palms Community Council will hold their informational meeting for all who live in the community of Thousand Palms, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact [esperez@rivco.org](mailto:esperez@rivco.org) as meetings may be postponed.

**DATE:** Thursday, May 29

**TIME:** 5 – 7 p.m. • **AGES:** All Ages

*Thank you.*

# OUTDOOR ADVENTURES

EXPLORE THE GREAT OUTDOORS

## COASTAL ENCOUNTERS

*Senior Trip: Beachwalk & Aquarium Visit*

- **Location:** Cabrillo Beach
- **Date:** May 14 • **Time:** 7:30 a.m. - 5:30 p.m.
- **Ages:** 50 Years of Age and Over
- **FREE** with Transportation Provided

*Coastal Hiking Trip*

- **Location:** Laguna Wilderness Park
- **Date:** May 30 • **Time:** 7:30 a.m. - 5:30 p.m.
- **Ages:** Young Adults, Ages 18 - 40
- **FREE** with Transportation Provided

*Friends and Family Beach Day!*

*Bonfire, Sandcastles, Picnic*

- **Location:** Cabrillo Beach
- **Date:** July 25 • **Time:** 9:30 a.m. - 8:30 p.m.
- **Ages:** 3 Years of Age and Over
- **FREE** with Transportation Provided

## BIRDING FOR KIDS

*Guided Bird Walk and Picnic*

- **Location:** Big Morongo Canyon Preserve
- **Dates:** May 3 and May 10
- **Time:** 8 a.m. - 1 p.m.
- **Ages:** Youth ages 5+ and Families!
- **FREE** with Transportation Provided

## COMMUNITY CAMPING TRIP

*3-day, 2-night Beach Camping Trip*

- **Location:** Leo Carrillo State Park and Beach
- **Dates:** August 29 - 31
- **Time:** 2 p.m. Friday - 12 p.m. Sunday
- **Ages:** 8 Years of Age and Over
- **FREE** includes Meals and Basic Camping Gear

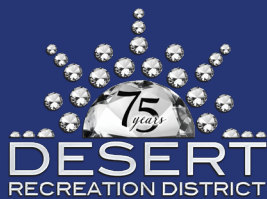
\*Contact us if you have transportation barriers.



For more information on Outdoor Adventures: Email: [OutdoorFun@drd.us.com](mailto:OutdoorFun@drd.us.com) • Call: 76--347-3484 • Visit: [MyRecreationDistrict.com/outdoors](http://MyRecreationDistrict.com/outdoors)

We would like to recognize our generous grant funders for their financial support of these programs. Hiking Excursions, Trips for Kids Bike Rides, and Rock-Climbing Adventures are funded by the Coachella Valley Mountains Conservancy's Climate Resilience and Community Access Grant Program through the Desert Recreation District Foundation. Our Community Camping Programs are funded by the Outdoor Equity Grants Program, created through AB 209 and administered by California State Parks, Office of Grants and Local Services.





# Pool Rentals!

Summer pool rentals are available now at Bagduma, Fritz Burns, Pawley, and Mecca.

For more information, email: [kpleming@drd.us.com](mailto:kpleming@drd.us.com)



BERGER FOUNDATION

## ICEPLEX



THE COOLEST SPOT IN THE DESERT  
FOR EVENTS AND PROGRAMS



5/15 - 7/12

LEARN TO SKATE &  
LEARN TO PLAY

SAVE \$5 USING  
CODE: DRDSUMMER



7/16 - 9/6

LEARN TO SKATE &  
LEARN TO PLAY

SAVE \$5 USING  
CODE: DRDFALL



### PUBLIC SKATE

Beat the heat, hit the ice, and have some fun! Join us for daily public skate sessions at the Iceplex.



DAILY  
SKATE  
SCHEDULE

760.835.5000

[bergerfoundationiceplex.com](http://bergerfoundationiceplex.com)

75702 Varner Rd, Palm Desert

# Gymnastics and Performing Arts

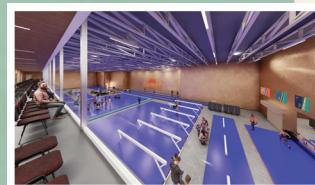
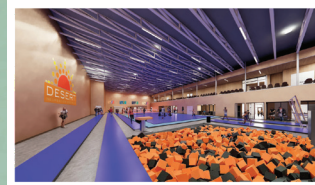
In a game-changing move, Desert Recreation District (DRD) acquired the former Metro 8 Movie Theater complex in November 2024—unlocking a world of possibilities for our communities!



What's coming? **Imagine** a state-of-the-art gymnastics academy (our current program is bursting at the seams with 500 enrolled & 250 eager on the waitlist), an electrifying **performing arts theater**, a cutting-edge **E-Sports and Virtual Reality arena**, a thrilling **rock climbing wall**, multi-purpose spaces—and **SO MUCH MORE!**

This **bold investment** isn't just about repurposing a vacant building—it's about **revitalizing our community** and creating a hub of recreation, innovation, and opportunity for all of us to **enjoy!**

For more information and updates, scan the QR code.







**Altura Care's Mission is to elevate the quality of care for people with disabilities.**



**Altura Care provides Community Integration Supports for individuals with developmental disabilities, including Down syndrome, autism, cerebral palsy, intellectual delay, and epilepsy.**

## **Services**

### **Community Integration Supports**

**At Altura Care, our community integration support program helps individuals with special needs join in activities they love within their own community. We assist in finding and signing up for fun activities based on your interests, such as art classes, music, or sports. We provide transportation to and from these activities and give you a 1:1 coach for support. Our program is designed to be enjoyable and tailored to your interests, ensuring you have a fulfilling experience.**

### **Personal Assistance (PA)**

**Altura Care's personal assistance services are tailored to support individuals who need assistance with daily living activities, community integration, and supervision when their primary caregiver is away. From helping people run their errands, bathing and grooming to meal preparation and feeding, our services cover a wide range of essential tasks.**

**At Altura Care, our services are designed for individuals qualified for their Regional Center's Self-Determination Program (SDP), helping you take charge of your own care! [For service information call 760-834-5163](tel:760-834-5163) or [send your inquiry by email to, info@alturacare.org](mailto:info@alturacare.org).**

**If you're not signed up for the SDP program but are interested, our staff can refer you to service advocates in the Inland Empire who can help, call today!**

**[alturacare.org](http://alturacare.org)**

**44-100 Monterey Avenue, Suite 216-2, Palm Desert, CA 92260**



# Where We Are

## FIND YOUR CLOSEST DRD LOCATION

Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

***Get off the couch and into the Fun-Tastic times!***

### **BERMUDA DUNES**

- ♦ **Bermuda Dunes Community Center**  
78-400 Avenue 42, Bermuda Dunes

### **CATHEDRAL CITY**

- ♦ **Cathedral City High School (Swimming Pool)**  
69-250 Dinah Shore Drive, Cathedral City

### **COACHELLA**

- ♦ **Bagdouma Community Center & Park**  
51-251 Douma Street, Coachella
- ♦ **Bagdouma Pool**  
84-599 Avenue 52, Coachella

### **INDIO**

- ♦ **Indio Community Center & Park**  
45-871 Clinton Street, Indio
- ♦ **Indio Teen Center**  
81-678 Avenue 46, Indio
- ♦ **Pawley Pool Family Aquatic Complex**  
46-350 Jackson Street, Indio

### **INDIO HILLS**

- ♦ **Indio Hills Community Center & Park**  
80-400 Dillon Road, Indio Hills

### **LA QUINTA**

- ♦ **Fritz Burns Pool**  
78-107 Avenue 52, La Quinta
- ♦ **La Quinta Community Fitness Center & Park**  
77-865 Avenida Montezuma, La Quinta

### **MECCA**

- ♦ **Mecca Community Center, Park & Pool**  
65-250 Coahuilla Street, Mecca
- ♦ **Mecca Sports Park**  
91403 66th Avenue, Mecca

### **NORTH SHORE**

- ♦ **North Shore Beach & Yacht Club**  
99-155 Sea View Drive, North Shore
- ♦ **North Shore Community Park**  
99-480 70th Avenue, North Shore

### **OASIS**

- ♦ **Oasis del Desierto Park**  
88-775 Avenue 76, Thermal

### **PALM DESERT**

- ♦ **Cahuilla Hills Park**  
45-825 Edgehill Drive, Palm Desert
- ♦ **Palm Desert Community Center & Civic Center Park**  
43-900 San Pablo Avenue, Palm Desert
- ♦ **Freedom Park**  
77-400 Country Club Drive, Palm Desert
- ♦ **Palm Desert Soccer Park**  
74-735 Hovley Lane, Palm Desert
- ♦ **Olsen Community Park**  
43-005 Magnesia Falls Drive, Palm Desert
- ♦ **Portola Community Center**  
45-480 Portola Avenue, Palm Desert
- ♦ **The Golf Center at Palm Desert and First Tee – Coachella Valley**  
74-945 Sheryl Drive, Palm Desert
- ♦ **University Park**  
74-802 University Park Drive, Palm Desert

### **RANCHO MIRAGE**

- ♦ **Rancho Mirage Community Park**  
71-560 San Jacinto Drive, Rancho Mirage

### **THERMAL**

- ♦ **Jerry Rummonds' Community & Senior Center**  
87-229 Church Street, Thermal

### **THOUSAND PALMS**

- ♦ **Thousand Palms Community Center & Park**  
31-189 Robert Road, Thousand Palms

### **ADMINISTRATIVE OFFICE**

45-305 Oasis Street, Indio, CA 92201  
760.347.3484  
Info@MyRecreationDistrict.com  
MyRecreationDistrict.com





During this season of celebration, we are so grateful for you - our friends, partners, and supporters!

Participants like you tell us every day about how quality parks and recreation have changed their lives. From making new friends, and learning new skills, to improving health, and making cherished memories- Desert Recreation District's parks, community centers, pools and natural areas enhance our communities, our families, and our lives.

The future is bright as Desert Recreation Foundation works behind the scenes to ensure that all residents in the Coachella Valley have barrier-free access to quality recreational resources, facilities, parks, and programs that serve today's needs and those for generations to come. You can make a difference and impact the lives of the residents that need it most, by supporting programs, services, or parks that you are most passionate about!



### **Your Support Makes It Possible!**

- \$75 enables a low-income senior to enjoy an annual Get Fit Pass, enhancing their well-being and nurturing essential social connections they may not have access to otherwise.
- \$150 provides a school-age child one month of crucial homework support in a safe after-school program, ensuring they continuously thrive.
- \$250 empowers an individual with a disability to fully engage in a year-long adaptive sports and therapeutic recreation membership, where they can find fulfillment through unique experiences tailored to their needs and cultivate a deep sense of belonging within a supportive community.
- \$250 provides a young gymnast with an opportunity to participate in USA Gymnastics level meets for one month, nurturing their passion and dedication to the sport and opening new doors to their dreams.
- \$300 supports underserved individuals in connecting to nature through Outdoor Adventure Programs such as mountain biking along scenic routes and exploring the beautiful California coast, creating unforgettable life-time memories they might not otherwise could experience.
- \$650 brings together up to 100 families for a "Magical movie under the Stars" in the park, creating memories and building community.

Compound your investment by donating monthly in support of safe and accessible sports and recreation opportunities for all!

**Support our mission at [DesertRecreationFoundation.org](https://DesertRecreationFoundation.org)**

**THANK  
YOU!**





## OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

***Can you imagine a community without parks and recreation? Neither can we!***

We believe parks and recreation should be available to everyone in our communities no matter their income or ability.

## FINANCIAL ASSISTANCE PROGRAM

Desert Recreation Foundation programs, activities and events are open to everyone. Your Desert Recreation Foundation works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

The Desert Recreation Foundation (the Foundation) is a 501(c)(3) non-profit organization responsible for raising funds on behalf of Desert Recreation District.

Since 2001, Desert Recreation Foundation has been working behind the scenes of Desert Recreation District to enrich and preserve the quality of life for residents by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreational activities, program, parks, properties, and facilities. We believe parks, recreation opportunities, and learning programs should be available to everyone in our community, no matter their income level or ability. We make that a reality and can do so much more with your help!



***Everyone deserves access to quality parks and recreation facilities! Your Support Makes It Possible!***

**PLEASE MAKE A DONATION AT THE TIME YOU ARE REGISTERING FOR A CLASS AND SEE HOW YOUR GENEROSITY CAN MAKE AN IMPACT EVERYDAY IN OUR COMMUNITIES!**

Call today to learn more **(760) 347-3484** or visit our website at **DesertRecreationFoundation.org**

**Volunteer. Sponsor. Donate.**

# COMING IN JULY!

## ***Bowling***

### **Tournament Fundraiser** *To Benefit Parks & Recreation Access For All*

### **PRIZE FOR BEST TEAM BOWLING SHIRTS!**

For sponsorship inquiries and questions,  
please contact event co-chair Andres Coronel: [acoronel@drfcv.org](mailto:acoronel@drfcv.org)



# Join The Fun Team!

VARIETY OF POSITIONS AVAILABLE  
FULL & PART TIME

Apply today to join the **"FUN TEAM"**  
at Desert Recreation District!

[MyRecreationDistrict.com/employment-opportunities](http://MyRecreationDistrict.com/employment-opportunities)



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PALM DESERT, CA  
PERMIT NO 149



## Stay Cool in The Pool!

Take advantage of the multiple pool locations we have throughout the Coachella Valley!

Open Swim • Lap Swim • Swim Lessons • Lifeguard Instruction • Water Fitness Classes • Jr. Water Polo\*

Cathedral City High School Pool, Bagdouma Community Pool in Coachella, Pawley Pool Family Aquatic Center in Indio,  
Fritz Burns Pool in La Quinta, Mecca Community Pool



*Archived photo of Open Swim at Pawley Pool*

*\*Please note not all locations have all amenities/classes; please see information inside this guide or visit [MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs) for details on all locations & programs.*