



# Activity & Program Guide

May | June | July | August 2023

Si desea esta guía en español, llame al (760) 347-3484



## Welcome To Summer Fun!



It's summertime in the desert and we know many people opt for "Staycations" for a variety of reasons. One of those may be the numerous options for fun and recreation right here in the Coachella Valley, even in the searing summer months. We'll look no further than the pages of this guide for many options right in your own backyard.

If refreshing in the pool is your idea of fun, we offer programs at Cathedral City High School Pool, Bagdouma Pool in Coachella, Fritz Burns Pool in La Quinta, Mecca Pool, and Pawley Pool Family Aquatic Complex in Indio. Kicking the summer pool season into full gear will be our popular Operation Splash Kick-off event on June 3, 2023, at Bagdouma Pool. The fun begins at 9 a.m. (see page 39 for more details and to learn how to apply for the scholarships for free youth swim lessons), with free open swim and more.

For those that enjoy being outdoors in the warm evenings, why not come to a Movie at the Park or a Dive-in Movie at the pool? These family-friendly movies begin after the sun goes down and can be found in several communities; this summer we are planning on showing *Minions: The Rise of Gru*, *Lightyear*, and *Lyle, Lyle Crocodile*, to name a few.

If you prefer to be indoors, we have a variety of indoor sports like basketball, volleyball, table tennis, and soccer. We also have fitness classes in air-conditioned comfort, ranging from the steady stretches of Yoga and Tai Chi to the rhythmic Salsaerobics and Zumba experiences. And don't forget our indoor track at the Indio Community Center.

In order to ensure that access to parks and recreational activities are available to everyone regardless of income or ability, our Desert Recreation Foundation works behind the scenes to raise funds and awareness of what our District does. Just some of the ways we do that is by offering financial aid to low-income families and our Adaptive Recreation & Sports programs for individuals with disabilities.

Our newest FUNdraising event, "Evening at the Oasis" will be an exciting evening featuring keyboard sensations J's Dueling Pianos on May 20, 2023 – learn more about this event at [DesertRecreationFoundation.org](https://DesertRecreationFoundation.org). Proceeds directly support our Foundation and its mission to enrich and preserve the quality of life for residents. If you are not able to attend but would like to support our mission, please visit [DesertRecreationFoundation.org/donate-today](https://DesertRecreationFoundation.org/donate-today) to make an online donation.

On behalf of the entire team, Find FUN, Find COMMUNITY and Find PARKS AND RECREATION this summer!

Best Regards,

Kevin Kalman, General Manager

Front Cover Photo:

Girls Swimming at Fritz Burns Pool in La Quinta



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## Rental Facilities

WE HAVE YOUR PERSONAL, TEAM OR BUSINESS EVENT SPACE



**YEAR-ROUND  
INDOOR/OUTDOOR  
POOL FACILITY  
RENTALS AVAILABLE  
FOR YOU!**

**Parties & Celebrations  
Events & Holidays  
Sports & Athletics  
Meetings & Banquets  
Pool Parties  
Various Locations**

# Desert Recreation District

## BOARD OF DIRECTORS

Please note some larger communities are represented by more than one board member.



**NATALIA  
GONZALEZ**

*Director*

**Division 1**

**TERM: 12/2/22 to 12/4/26**

Indio, La Quinta,  
Mecca, North Shore,  
Oasis, Thermal,  
Vista Santa Rosa  
and 100 Palms



**RUDY  
GUTIERREZ**

*Director*

**Division 2**

**TERM: 12/4/20 to 12/6/24**

Chiriaco Summit,  
Coachella, Indio  
and Indio Hills



**LUIS  
ESPINOZA**

*Director*

**Division 3**

**TERM: 10/4/22 to 12/6/24**

Indio



**RUDY  
ACOSTA**

*Vice President*

**Division 4**

**TERM: 12/2/22 to 12/4/26**

Bermuda Dunes,  
Desert Palms,  
Indian Wells,  
La Quinta and  
Palm Desert



**LAURA  
MCGALLIARD**

*President*

**Division 5**

**TERM: 12/4/20 to 12/6/24**

Palm Desert,  
Rancho Mirage and  
Thousand Palms

Desert Recreation District is governed by an elected Board of Directors. There are five members of the DRD Board of Directors, each serving one of the electoral divisions listed under each member's name. These electoral divisions make up the District's broad territory, which stretches from Rancho Mirage (at Bob Hope Drive) east to the Salton Sea.

## GENERAL INFORMATION

### DISCOUNTS

At this time, we are not able to offer discounts for additional family members such as second and third children in our after school programs as we strive to provide the best value to all our guests. Therefore, we have set our prices at the best price-point we can offer, which does not allow for discounting.

### ERRORS

While every effort is made to assure accuracy of our program information, errors may occur from time to time so we recommend calling to verify information. We apologize if we have made an error in this or any of our publications. PLEASE NOTE: All programs are subject to change without prior notice.

### FEES

All fees stated in this guide are for District Residents. To determine if your residence falls within the District boundaries, please enter your address at [MyRecreationDistrict.com/map-board-representatives](http://MyRecreationDistrict.com/map-board-representatives). You can also see both the resident and non-resident fees when you view the details of any of the activities in this guide online. If you need additional assistance, please call 760-347-3484.

### HOURS

The hours we are open varies by Community Center location, activity, and other items such as time of year and special events. Due to all the variations, we recommend calling our Administrative Office at (760) 347-3484 to check the hours we are open in any particular location.

### PHOTOGRAPHS & VIDEOS

Desert Recreation District (DRD) reserves the right to photograph and video facilities, activities, program and special event participants for potential future use. All photographs and video, whether digital or hard copy, will remain property of DRD and may be used for publicity or promotional purposes only.

### REFUND/PRORATION/MAKE-UP POLICY

Refunds are only given if Desert Recreation District cancels a program or class. We are sorry; however, we cannot offer make-up classes or prorated fees for missed classes if you cannot attend all classes as we have reserved a spot for you, and possibly turned others away based on your enrollment.



# Bermuda Dunes

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Bermuda Dunes Community Center



78-400 Avenue 42, Bermuda Dunes, CA 92203  
(760) 347-3484  
HOURS: See Activities for Times/Days



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FITNESS –

#### **HYBRID (Online & In-person classes offered)**

Join us for a demanding workout that has options for all ability levels. Class focuses on strength & conditioning with the use of minimal equipment. You have the option of enrolling for in-person or online classes when you register.



ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

### ADAPTIVE GYMNASTICS

Our trained coaches will work with the individual needs of the participants to ensure a safe environment in this gymnastics class.

ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 10:30 – 11:15 a.m.

AGES: 4 – 10 Years of Age with a Disability or a Special Need

FEE: \$25 per Month

### ADAPTIVE MUSIC

Join us to make music with instruments made for all bodies! This Adaptive Music class will incorporate fitness and fun, into a great workout!

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 1 – 2 p.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



### ADAPTIVE SEATED FITNESS –

#### **HYBRID (Online & In-person classes offered)**

Class focuses on strength, conditioning, and stretching with the use of minimal equipment while in a seated position. Exercise options available for all ability levels. You have the option of enrolling for in-person or online classes when you register.

ENROLLMENT: Ongoing

DAYS: Fridays TIME: 10 – 11 a.m.

AGES: 16 Years of Age and Over with a Disability or a Special Need

FEE: Free

### ADAPTIVE STRETCH & RELAXATION

This Adaptive Stretch and Relaxation class will incorporate a series of dynamic stretches and breathing techniques to promote relaxation.

ENROLLMENT: Ongoing

DAYS: Mondays TIME: 10 – 11 a.m.

AGES: 10 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



## ART & MUSIC

### PIANO – BEGINNING AND INTERMEDIATE

The piano's timeless pitch and tone make it one of the friendliest instruments to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.

ENROLLMENT: Ongoing DAYS: Thursdays

TIME: 4 – 5 p.m. AGES: 6 – 16 Years of Age

FEE: \$140 per Month

# Bermuda Dunes

**Please Note:** All in-person activities take place at the **Bermuda Dunes Community Center** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### TRADITIONAL AFTER SCHOOL – MONROE

Desert Recreation District is partnering with Desert Sands Unified School District to introduce the Expanded Learning Opportunity Program (ELOP) funded by AB 130



to allow students the opportunity to attend the after school program at no charge. They will have a safe, fun, and social environment at the school site for students following the completion of the school day.

**LOCATION:** Monroe Elementary School

**ENROLLMENT:** Please contact James Monroe Elementary School directly at 760-772-4130 to enroll

**DAYS:** Monday through Friday

**TIME:** School Dismissal – 6 p.m.

**GRADES:** Kindergarten through 5th **FEE:** Free



## DANCE

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

**ENROLLMENT:** May, June, August

**DAYS:** Tuesdays **TIME:** 5:30 – 6:15 p.m.

**AGES:** 2 ½ – 5 Years of Age **FEE:** \$42 per Month

### ZUMBINI

Zumbini is a music and movement for children 4 months to 4 years of age with a caregiver. This class develops cognitive, social, emotional and motor skills in a fun musical way with songs, dances and musical instruments.



**ENROLLMENT:** May & June

**DAYS:** Tuesdays **TIME:** 4:15 – 5 p.m.

**AGES:** 4 months – 4 Years of Age with Caregiver

**FEE:** \$45 per Month **DROP-IN FEE:** \$12 per Class



## HEALTH & FITNESS

### GENTLE YOGA FOR YOUR HEALTH

In Gentle Yoga for Your Health, we use a holistic and therapeutic approach to promote overall wellness, longevity, rejuvenation, and relaxation using a variety of yoga techniques and postures.

**ENROLLMENT:** Ongoing

**DAYS & TIMES**

Mondays, 9:30 – 10:15 a.m. **OR** Thursdays, 9 – 9:45 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$55 per 4-week session **DROP-IN FEE:** \$16 per Class



## BERMUDA DUNES COMMUNITY COUNCIL MEETINGS

*The Community Council meets at 6 p.m. the second Thursday of January, March, May, September, and November, and the public is welcome to attend.*

*Please check at [www.Rivco4.org](http://www.Rivco4.org) before attending as meetings may be held via ZOOM.*

**Date: May 11**

**Thank you.**



# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## Cathedral City High School Swimming Pool



69-250 Dinah Shore Drive, Cathedral City, CA 92201  
(760) 347-3484

HOURS: See Activities for Times/Days



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – RIVER CANYON

*In partnership with Hope through Housing, this Kids Club location is exclusively for the children and teens that reside at River Canyon Apartment Complex; this program provides mentorship, a healthy snack, homework assistance, and activities that support academic enrichment. This program is also designed to engage teens, promote open communication, bridge multicultural differences, and enhance leadership development.*

**Please note:** During the Summer Session dates between June 13 and August 3, rather than homework assistance, the focus will include subjects like cooking, crafts, and science activities.

**LOCATION:** River Canyon Apartment Complex

**DAYS, TIMES & DATES:**

**Monday – Friday • 3 – 6 p.m.**

May 1 – 31 • June 1 – 9 • August 9 – 31

**Tuesdays & Thursdays • 1 – 4 p.m.**

June 13 – 29 • July 6 – 27 • August 1 – 3

**AGES:** 5 – 17 Years of Age



## SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT CATHEDRAL CITY HIGH SCHOOL**

**ADMISSION FEE FOR OPEN SWIM OR LAP SWIM:**

**CHILDREN: \$3 (Under 3 Years of Age are free)**

**ADULTS: \$4**

**POOL HOURS:** First day – Sunday, June 11

Last day – Friday, August 4

**MONDAYS – THURSDAYS:**

8 – 8:45 a.m. (Water Fitness/Lap Swim)

9 – 11 a.m. (Youth Lessons/Lap Swim)

1:45 – 3:45 p.m. (Water Fitness/Open Swim)

**FRIDAYS:**

8 – 8:45 a.m. (Water Fitness/Lap Swim)

9 – 11:45 a.m. (Lap Swim/Open Swim)

1:45 – 3:45 p.m. (Open Swim)

**SATURDAYS:**

8 a.m. – 12 p.m. (Lap Swim/Open Swim)

### DIVE-IN MOVIES

Join us from 7:30 – 10:30 p.m. on

**Saturday, June 24** for a showing of the movie **MINIONS: THE RISE OF GRU -OR-**

**Saturday, July 15** for **LIGHTYEAR** at Cathedral City High School Pool (movies begin at dusk) – check our website at

**MyRecreationDistrict.com/movies** for details on these and all of the great movies we offer!



### JUNIOR WATER POLO

Water polo is a fun and energetic sport that focuses on team cohesion and game strategy. During this class, participants will learn proper ways to shoot and pass the ball, as well as defensive and offensive techniques. Participants must also be able to tread water and swim two lengths of the pool nonstop.

**DATES:** July 7 – August 18

**DAYS:** Fridays **TIME:** 10 – 11:30 a.m.

**AGES:** 8 – 13 Years of Age **FEE:** \$75

# Find A Hobby!



## SWIM & WATER ACTIVITIES

### ADULT WATER CLASSES

#### ADULT WATER AEROBICS

*This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.*

**AGES:** 18 Years of Age & Over

**FEE:** \$50 per Session

**TIME:** 8 – 8:45 a.m.

**DAYS & DATES**

**Mondays & Wednesdays:**

June 12 – July 5 • July 10 – August 2



#### SENIOR SPLASH CLASS

*Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.*

**AGES:** 18 Years of Age & Over

**FEE:** \$25 per Session

**TIME:** 8 – 8:45 a.m.

**DAYS & DATES:**

**Tuesdays & Thursdays:**

June 13 – July 6 • July 11 – August 3

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

**SESSION 1:** June 12 – 22

**SESSION 3:** July 10 – 20

**SESSION 2:** June 26 – July 6

**SESSION 4:** July 24 – Aug 3

#### INFANT SWIM LESSONS

*Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.*

##### Parent & Me Level 1:

**AGES:** 18 Months – 3 Years of Age

**TIME:** 9 – 9:45 a.m.

##### Parent & Me Level 2:

Activities include those of Level 1 plus basic swimming skills.

**AGES:** 2 – 3 ½ Years of Age

**TIME:** 11 – 11:45 a.m.

#### PRE-SCHOOL SWIM CLASSES

*Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.*

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

**AGES:** 3 – 6 Years of Age

**TIMES:** 9 – 9:45 a.m. • 10 – 10:45 a.m.



#### GRADE SCHOOL SWIM CLASSES

*Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.*

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

##### Penguins 1

**AGES:** 6 ½ – 12 Years of Age

**TIMES:** 9 – 9:45 a.m. • 11 – 11:45 a.m.

##### Penguins 2

**AGES:** 8 – 12 Years of Age

**TIMES:** 10 – 10:45 a.m.





# Cathedral City

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 9 – 9:45 a.m. • 11 – 11:45 a.m.



**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age

TIMES: 10 – 10:45 a.m.



**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke, and elementary backstroke for 25 yards.

AGES: 8 – 14 Years of Age

TIMES: 11 – 11:45 a.m.



## SUMMER CAMP RESOURCE FAIR

This free Fair will feature summer camps, classes, programs, and services for children and teens. It's a great way to start planning for the summer and a lot of fun to attend! Family-friendly games as well as integrative activities and exhibitor tables, and giveaways galore!

**FAIR #1 DATE:** Saturday, May 6

**LOCATION:** Palm Desert Community Center  
43-900 San Pablo Avenue, Palm Desert

**FAIR #2 DATE:** Saturday, May 20

**LOCATION:** Jerry Rummonds' Senior & Community Center  
87-229 Church Street, Thermal

**TIME:** 10 a.m. – 2 p.m. **AGES:** All Ages



## ADAPTIVE HIKING

Join us on group hikes in varying locations around the valley.

Hiking typically takes place on Saturdays, with the start time dependent on the length of the hike, and the month/temperature. Hikes are designed to target

individuals with disabilities

and special needs but is inclusive

of ALL ABILITIES. Family members are encouraged to join the hikes. The Hiking Program is offered in partnership with SoCal Adaptive Sports & Friends of the Desert Mountains.

**DAYS:** Saturdays

**TIME:** 8:30 – 10:30 a.m.

**AGES:** 8 Years of Age and Over with a Disability or a Special Need

**HIKE & DATE:** May 13 • Ernie Maxwell Trail  
May 27 • Upper Carrizo Canyon

**FEE:** Free



# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Bagdouma Park Community Center



51-251 Douma Street, Coachella, CA 92201  
(760) 347-3484

HOURS: Mon, Wed, Thurs, Fri: 2:30 – 6 p.m.  
Tuesday: 3 – 7:30 p.m.  
Saturday & Sunday: Closed

## Bagdouma Community Pool



84-599 Avenue 52, Coachella, CA 92236  
(760) 347-3484

Reserve Spring and Summer Rentals Now

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

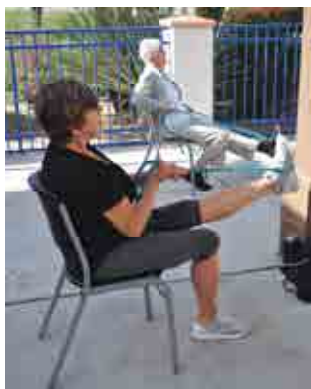
### FIT AFTER 50

*Strengthen muscles, maintain joint flexibility, and increase blood flow with exercises that benefit the entire body while having FUN! This class is developed through a partnership with the Office of Aging in Riverside County.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Wednesdays **TIME:** 8:30 – 9:30 a.m.

**AGES:** 50 Years of Age and Over **FEE:** Free



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE ART SCENE

*Join us for an adaptive night of painting fun! All participants will have the opportunity to show their artistic skills on canvas! Class is open to individuals with disabilities and special needs. All ability levels are encouraged to join!*

**DATE:** Friday, June 30 **TIME:** 6:30 – 8 p.m.

**AGES:** 6 – 17 Years of Age with a Disability or a Special Need

**FEE:** Free

### ADAPTIVE SPLASH PLAY

*Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.*

**LOCATION:**

Bagdouma Community Pool

**DAYS:** Saturdays

**DATES:** June 10 – 24 • July 1 – 29 • August 5 – 26

**TIME:** 4 – 4:45 p.m.

**AGES:** 4 Years of Age and Over with a Disability or a Special Need

**FEE:** Free



## ART & MUSIC

### DRUMS

*Drumming is a great way to focus, concentrate and channel energy into coordination. Participants learn basic rhythms and beats, how to read drumming notation and basic drum line techniques.*

**DATES:** May 2 – 23 **DAY:** Tuesdays

**TIME:** 5:15 – 6:15 p.m.

**AGES:** 9 – 12 Years of Age

**FEE:** : \$50



# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## GUITAR – BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 5:15 – 6:15 p.m.

AGES: 9 Years of Age and Over

FEE: : \$50 per Month

## PIANO – BEGINNING

The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere. Our Piano classes teach students how to read music along with theory and technique.

ENROLLMENT: Ongoing

DAY: Tuesdays

TIME: 5:30 – 6:30 p.m.

AGES: 6 – 17 Years of Age

FEE: : \$70



## CAMP & AFTER SCHOOL PROGRAMS

### JR. LEADERS IN TRAINING

This program allows middle school youth participants to explore various leadership styles through in-class, practical experience where youth assist instruction. Youth will also participate in RESILIENCE, INSPIRE, SELF-EMPOWER components which offers mental health & wellness classes, coping mechanisms to mitigate life and stressful situations.

DATES: July 11 – August 3

DAYS: Tuesdays and Thursdays

TIME: 8 a.m. – 1 p.m.

AGES: 11 – 13 Years of Age

FEE: Free

# Find Leadership!

## KIDS CLUB – LAS CASAS

In partnership with the Coachella Valley Housing Coalition, this Kids Club is exclusively for the residents at Las Casas Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. This program follows the CVUSD calendar.

LOCATION: Las Casas Apartments

DATES & TIMES:

May 1 – 31, 1:30 – 6 p.m. • June 1 – 6, 1:30 – 6 p.m.

August 10 – 31, 2:30 – 6 p.m.

DAYS: Monday through Friday

AGES: 5 – 17 Years of Age FEE: Free



## LEADERS IN TRAINING

In this program, participants will explore various leadership styles through in-class, practical experience, and youth assist instruction. Regular meetings and workshops will be held to focus on leadership skills, community awareness, character development, life skills, field trips to colleges, and Youth will also participate in RESILIENCE, INSPIRE, SELF-EMPOWER components.

DATES: July 10 – August 4

DAYS: Mondays, Wednesdays, Fridays

TIME: 8 a.m. – 1 p.m.

AGES: 14 – 17 Years of Age

FEE: Free

## SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

AGES: 5 – 11 Years of Age

(child must have completed Kindergarten)

DAYS: Mondays – Fridays

FULL DAYS – TIME: 7:30 a.m. – 5:30 p.m.

HALF DAYS – TIME: 12 – 5:30 p.m.

Three Week Session Dates & Fees – Full Days:

SESSION 1: June 12 – 30 • \$360

# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER CAMP CONTINUED

**SESSION 2:** July 3 – 21 • \$336 (holidays excluded)

**WEEKLY FEE:** (weekly sessions begin June 12, 19, 26,

July 3, 10, 17, 24, and 31)

\$140 per 1 Week Session (average cost)

\$80 per 1 Week Sessions for Half Days

**DROP-IN FEE:** \$25 per Full Day

(No drop-ins available on Field Trip Days)

Scholarships are available through the City of Coachella, for Coachella residents.



## COMMUNITY EVENTS

### COACHELLA LOTERIA NIGHT

We are excited to welcome the community of Coachella and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria.

**DATE:** Friday, August 25

**TIME:** 6 – 7 p.m. **AGES:** All Ages

**FEE:** Free

### LET IT GLOW

We welcome all teenagers in Coachella and surrounding communities to join us for a fun night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants as well as an indoor glow golf course set up inside of the Bagdouma Community Center. Registration is required and space is limited so enroll today.



**DATE:** Friday, August 11

**TIME:** 6 – 7:30 p.m.

**AGES:** 6 – 14 Years of Age

**FEE:** Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**



### LET'S GLOW DANCING: QUEER YOUTH SILENT DISCO

We welcome all middle and high school aged LGBTQ+ youth in Coachella and surrounding communities to join for a night of fun, music, and dancing, as we creating a space for inclusivity, visibility, and acceptance of all peoples.

**DATE:** Friday, July 7 **TIME:** 6 – 7 p.m.

**AGES:** 12 – 17 Years of Age

**FEE:** Free

### NEON PARTY SILENT DISCO

We welcome all youth in Coachella and surrounding communities to join us for a night of fun, dancing, music and games! Be sure to wear your favorite neon color and dancing shades! You do not want to miss this event, registration is required.

**DATE:** Fridays, June 16 and July 14 **TIME:** 6:30 – 7:30 p.m.

**AGES:** 6 - 11 Years of Age

**FEE:** Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

### OUT AT THE PARK: A QUEER FILM SHOWING - MEAN GIRLS

Join us for our OUT at the Park series! We will be showing a Queer focused film to aid in increasing visibility, support, and acceptance for the LGBTQ+ members of our community!

**DATE:** Wednesday, May 3 **TIME:** 7:15 – 9:45 p.m.

**FEE:** Free



# Coachella

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## DANCE

### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

ENROLLMENT: May, June & August DAY: Fridays

TIME: 5:30 – 6:15 p.m. AGES: 5 – 10 Years of Age

FEE: \$42 per Month

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

ENROLLMENT: Ongoing

DAY: Thursdays TIME: 4 – 4:45 p.m.

AGES: 2 ½ – 5 Years of Age FEE: \$42 per Month

### FOLKLORICO (Ballet Folklórico)

Learn the many different styles of the dance that originated in Mexico, Folklórico. The choreography reflects Mexico's diverse ethnic makeup through dance steps influenced by Spanish, European, African and Caribbean cultures.



ENROLLMENT: May, June & August

DAY: Tuesdays

TIMES & AGES: 6:15 – 7:15 p.m. • 3 – 7½ Years of Age

7:15 – 8:15 p.m. • 7½ – 13 Years of Age

FEE: \$55 Per Month

(Shoes and dress can be purchased with the instructor)



## HEALTH & FITNESS

### LINDSEY'S FULL BODY BOOTCAMP



### LINDSEY'S FULL BODY BOOTCAMP CONT.

Welcome to Lindsey's Full Body Fitness! Classes will consist of cardiovascular exercises, weighted exercises, body weight exercises, and HIIT cardio. Tone up, burn fat, and gain some muscle! We welcome beginners - advanced adults looking for an excellent workout. **\*Please Note: 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association.**

**Must register in person and have proof of Coachella residency to receive scholarship.**

ENROLLMENT: Ongoing

DAYS & TIMES: Tuesdays • 7 – 8 p.m.

**OR** Fridays • 9 – 10 a.m.

AGES: 18 Years of Age and Over

FEE: \$40 per Month



NATIONAL  
RECREATION AND PARK  
ASSOCIATION

### MOVE AND PLAY FITNESS

Move, play, and have FUN! This class combines outdoor play, games, and group activities with fitness. Workouts will vary from HIIT and muscular strengthening to group fitness games and activities. 60 minutes of active play keeps kids healthy.

ENROLLMENT: May and June

DAYS: Tuesdays

TIME: 4:15 – 5:15 p.m.

AGES: 7 – 13 Years of Age

FEE: Free



### TODDLER AND ME FITNESS

Calling all toddlers and parents! Toddler and Me will consist of fun toddler friendly cardiovascular exercises, body weight exercises, and interactive games. This is a wonderful opportunity to teach your little one how to socialize and stimulate brain development through active play. **\*Please note: 50% scholarship is available for Coachella residents thanks to the National Recreation Park Association. Must register in person and have proof of Coachella residency to receive scholarship.**

ENROLLMENT: Ongoing

DAYS: Fridays

TIME: 10:30 – 11:15 a.m.

AGES: 2 – 4 Years of Age

FEE: \$50 per Month\*



NATIONAL  
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ASSOCIATION

# Coachella

**Please Note:** All in-person activities take place at the **Bagdouma Community Center** unless otherwise noted in the activity details that follow.

## MOVIES

### MOVIES

#### **(IN THE PARK, BY THE SHORE, AND MORE!)**

We are pleased to partner with the City of Coachella to bring you movies right here in your neighborhood. We are currently planning movies on some Friday evenings in May - please check the listings on our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times. Please note inclement weather such as high winds can alter the schedule. Currently Lyle, Lyle Crocodile, Puss in Boots: The Last Wish, Sonic the Hedgehog 2, and Strange World are some of the titles we are planning on showing.



## SPECIAL INTEREST

### **SPANISH NUTRITIONAL COOKING CLASSES**

These nutritional cooking classes will teach the skills and tools needed to incorporate a healthy and active lifestyle into your daily routine and family life.

**DAYS:** Wednesdays

**TIME:** 5:30 – 6:30 p.m.

**Adult Classes (18 – 64 Years of Age):**

May 3, June 7, July 5, August 9

**Senior Classes (55 Years of Age and Over):**

May 17, June 21, July 19, August 23

**FEE:** Free thanks to a partnership with the

National Recreation and Parks Association



## SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT BAGDOUMA COMMUNITY POOL**

### **ADMISSION FEE FOR OPEN SWIM OR LAP SWIM:**

**CHILDREN:** \$3 (Under 3 Years of Age are free)

**ADULTS:** \$4

### **POOL DATES & HOURS:**

First day – June 5 • Last day – September 4

(Hours will be reduced to weekends only beginning August 12)

### **MONDAYS – THURSDAYS:**

12:30 – 3:30 p.m. (Lap Swim/Open Swim)

4 – 6 p.m. (Youth Lessons)

7 – 9 p.m. (Lap Swim/Open Swim)

### **FRIDAYS:**

12:30 – 4 p.m. and 6 – 9 p.m. (Lap Swim/Open Swim)

### **SATURDAYS:**

4 p.m. (Adaptive Splash Play/Free)

5 – 9 p.m. (Lap Swim/Open Swim)

### **SUNDAYS:**

5 – 9 p.m. (Lap Swim/Open Swim)

## **SPECIAL POOL EVENT**

Join us on Friday, June 9 for

**“Free Swim Friday” from 5 – 9 p.m.**

## **COACHELLA RESIDENT SWIM PASSES**

Apply on our website under **SWIM & WATER PROGRAMS** after 8:30 a.m. Pacific Time on May 19, 2023.



Up to 300 open swim passes will be issued to Coachella residents on a first come, first served basis. Swim passes will provide Coachella residents with free use of Bagdouma Community Pool during the summer months beginning June 5 and will end on September 4. To qualify for an open swim pass, Coachella residents must provide a utility bill or three pieces of delivered mail and a photo ID or driver license.



**PLEASE SEE OUR ADAPTIVE/THERAPEUTIC SPORTS & RECREATION SECTION FOR ADAPTIVE SWIM/WATER PROGRAMS – THANK YOU.**

## ADULT WATER CLASSES

### SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.

AGES: 18 Years of Age & Over

FEE: \$25 per Session

TIME: 12:30 – 1:15 p.m.

DAYS & DATES:

Tuesdays & Thursdays: June 6 – 29 • July 4 – 27

## CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 5 – 15      SESSION 4: July 17 – 27

SESSION 2: June 19 – 29      SESSION 5: July 31 – Aug 10

SESSION 3: July 3 – 13

### INFANT SWIM LESSONS

Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.

#### Parent & Me Level 1:

AGES: 18 Months – 3 Years of Age

TIME: 4 – 4:45 p.m.

### PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 5 – 5:45 p.m. • 6 – 6:45 p.m.



## GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

#### Penguins 1

AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. • 5 – 5:45 p.m.



#### Penguins 2

AGES: 8 – 12 Years of Age      TIMES: 6 – 6:45 p.m.

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke, and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. • 6 – 6:45 p.m.



**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age      TIMES: 5 – 5:45 p.m.



# Indian Wells

For more information, visit the City of Indian Wells website at [www.cityofindianwells.org](http://www.cityofindianwells.org) or call City Hall at (760) 346-2489.



FOR THOSE WITH  
A DRIVE FOR *Perfection*

To book tee times, please call 760.346.4653 or visit [IndianWellsGolfResort.com](http://IndianWellsGolfResort.com).

Connect with us



## Join The Fun Team!

### WE ARE HIRING.

If you *Enjoy* working with people, or if you have a *Passion* for recreation and fitness, we may be a great fit for you.

**VARIETY OF POSITIONS AVAILABLE  
FULL & PART TIME**

**Apply today to join the "FUN TEAM"  
at Desert Recreation District!**

**[MyRecreationDistrict.com/employment-opportunities](http://MyRecreationDistrict.com/employment-opportunities)**

**OR just scan  
the QR code**



### Independent Contract Instructors!

Do you have a class or program that you want to share with our guests? DRD is always looking for new classes that will spread the fun within our communities. Please go to our website to learn more on becoming a Contract Instructor.

***Join The Fun Team!***



For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Indio Community Center



45-871 Clinton Street, Indio, CA 92201  
(760) 347-4263

HOURS: Monday – Friday: 6 a.m. – 9 p.m.  
Saturday: 10 a.m. – 2 p.m.  
Sunday: Closed

## Indio Teen Center



81-678 Avenue 46, Indio, CA 92201  
(760) 541-4400

HOURS: See Activities for Times/Days

## Pawley Pool Family Aquatic Complex



46-350 Jackson Street, Indio, CA 92201  
(760) 342-5665

HOURS: See Activities for Times/Days

## Indio Municipal Golf Course

83-040 Avenue 42, Indio, CA 92203 • (760) 391-4049 • HOURS: 7 a.m. – 9 p.m. Daily



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE AQUATICS – BEGINNER

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. The beginner swim lessons focus on getting participants familiar and comfortable in the water (i.e. floating, face in water, head under water, kicking) and take place in the shallow pool at Pawley.

LOCATION: Pawley Pool Family Aquatic Complex

ENROLLMENT: June 17 – August 5

DAYS: Saturdays TIME: 10 a.m. – 12 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: \$50



### ADAPTIVE AQUATICS – MODERATE TO ADVANCED

Join us for adaptive swim lessons for individuals with special needs or disabilities! Sessions include swim lessons followed by an open swim. The moderate to advanced swim lessons focus on stroke progression and physical endurance and take place in the big pool at Pawley.

LOCATION: Pawley Pool Family Aquatic Complex

ENROLLMENT: June 17 – August 5

DAYS: Saturdays TIME: 10 a.m. – 12 p.m.

AGES: 4 Years of Age and Over with a Disability or a Special Need

FEE: \$50

### ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills. This program is offered thanks to a collaboration with So Cal Adaptive Sports.



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

## ADAPTIVE BASKETBALL CONTINUED

ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 3:15 – 4:15 p.m.

AGES: 10 Years of Age or Over with a Disability  
or a Special Need

FEE: \$25 per Month



## ADAPTIVE BOCCIA

Join us for Boccia, the Paralympic sport for all abilities. We are looking to expand this skill and accuracy driven game within the valley, and the skill sets of each participant. This program is offered thanks to a collaboration with So Cal Adaptive Sports.

ENROLLMENT: Ongoing

DAYS: Wednesdays TIME: 2:15 – 3:15 p.m.

AGES: 10 Years of Age or Over with a Disability  
or a Special Need

FEE: \$25 per Month



## ADAPTIVE FITNESS CLASS

Join us for a demanding workout that has options for all ability levels. Class will focus on strength & conditioning with the use of minimal equipment.

DATES & TIMES: May • 5 – 5:45 p.m.

June, July, August • 1 – 1:45 p.m.

DAY: Tuesdays

AGES: 8 Years of Age and Over with a Disability  
or a Special Need

FEE: \$25 per Month

## ADAPTIVE GOALBALL

Join us for an introduction to playing Goalball. Goalball is a sport to level the playing field for individuals with visual impairments. We highly encourage people of all visual abilities to try. Drills including catching, throwing, communication with your teammates all while blindfolded!

DATES: July 11 – 25

DAYS: Tuesdays TIME: 2:15 – 3:15 p.m.

AGES: 10 Years of Age and Over with a Disability  
or a Special Need

FEE: \$25

## ADAPTIVE GYMNASTICS

Classes focus on proprioceptive, vestibular, and deep pressure inputs to engage all participants in each skill.

ENROLLMENT: Ongoing

DAYS: Saturdays TIME: 9 – 9:50 a.m.

AGES: 5 – 12 Years of Age with a Disability or a Special Need

FEE: \$25 per Month

## ADAPTIVE INDOOR WIFFLEBALL

Join us for an introduction to playing wiffleball, including catching, throwing, hitting, and running! No experience necessary as we will work with each participant to build the skills needed to play.

DATES: June 6 – 27

DAYS: Tuesdays TIME: 2:15 – 3:15 p.m.

AGES: 10 Years of Age or Over with a Disability  
or a Special Need

FEE: \$25

## ADAPTIVE PICKLEBALL

Learn to play pickleball or improve your skills. Participants can join the program as a standing or sitting player. Sport chairs are available for use during the program. All ability levels welcome.

ENROLLMENT: Ongoing

DAYS: Tuesdays

TIME: 3:15 – 4:15 p.m.

AGES: 10 Years of Age or Over  
with a Disability or a Special Need

FEE: \$25 per Month



## ADAPTIVE SCOOTER SOCCER

This modified version of soccer is played on scooters with a giant ball option available for everyone. An excellent way to strengthen coordination and gross motor skills. All ability levels are encouraged to join!

DATES: May 2 – 30

DAYS: Tuesdays TIME: 2:15 – 3:15 p.m.

AGES: 10 Years of Age or Over with a Disability  
or a Special Need

FEE: \$25



## ADAPTIVE VOLLEYBALL

A great game to work on communication and can assist with hand eye coordination, range of motion and teamwork. Several variations of the game will be played including standing and sitting – all ability levels are welcome.

**DATES:** August 1 – 29

**DAYS:** Tuesdays **TIME:** 2:15 – 3:15 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25



## ART & MUSIC

### GUITAR – BOTH LEVELS

**SESSION DATES:** May 25 – June 22 • July 6 – August 3

**DAYS:** Thursdays **AGES:** 9 Years of Age and Over

**FEE:** \$80 per Session

### GUITAR – BEGINNING

Learn the basics such as strumming, rhythm, finger picking and tuning - techniques that will get students playing right away! Lessons include how to read chord charts and tablature.

**TIME:** 6 – 7 p.m.

### GUITAR – SECOND LEVEL

Students in this continuation class will learn how to play real songs by real artists. You will acquire the skills of reading music and playing music from song books.

**TIME:** 7 – 8 p.m.



### PIANO – BEGINNING & INTERMEDIATE

This class will teach children the use of the keyboard along with detailed instruction in this fun and friendly atmosphere. Music theory and technique are also taught.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIMES:** 10:30 – 11:30 a.m.

**AGES:** 6 – 16 Years of Age **FEE:** \$140 per Month

### PIANO – INTERMEDIATE/PERFORMANCE

Now is the time to explore the universal language of music. The piano's timeless pitch and tone make it one of the friendliest to learn. The use of a keyboard along with instruction will be part of this fun, friendly atmosphere.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIMES:** 11:30 a.m. – 12:15 p.m.

**AGES:** 6 – 16 Years of Age **FEE:** \$160 per Month

### SENIOR/ACTIVE ADULT ART EXPRESSION CLASS

Unleash your creative expression and stretch your artistic muscles in a fun social setting. This class will explore various art forms and experiment with a variety of materials from painting, printing, paper art projects and watercolor painting.



**LOCATION:** Indio Teen Center

**DAYS/DATES:** Thursdays, June 8 & July 13

**TIMES:** 9 – 10:30 a.m.

**AGES:** 50 Years of Age and Over **FEE:** \$10 per Session

### SUMMER ART PROGRAM

Our Summer Art Program is a great way to introduce youth to the importance of Art. This program provides participants a safe place to let their creative minds explore.

**LOCATION & DATES:**

Indio Teen Center • June 16 & July 21

Indio Community Center • August 4

**DAYS:** Fridays **TIMES:** 6 – 7:30 p.m.

**AGES:** 5 – 11 Years of Age **FEE:** \$10 per Class



## CAMP & AFTER SCHOOL PROGRAMS

### CREATIVE BRAIN – BUILD A BOT

Build A Bot Workshop is excellent for the younger robot builder. Learn, build, modify and play! If you can cut, fold, glue and like assembling different parts then this is the class for you. All of the robot kits used for this workshop is included.

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### CREATIVE BRAIN – BUILD A BOT CONTINUED

**LOCATION:** Indio Teen Center

**DAYS:** Wednesday, Thursday, Friday

**DATES:** July 5 – 7 **TIME:** 10 a.m. – 12 p.m.

**AGES:** 6 – 11 Years of Age **FEE:** \$90

### CREATIVE BRAIN – FUN ROBOTICS W/ROBO X1!

*Build and program your own ROBO X1 robot, and discover a world of engineering, coding and creativity. Simply program your robot using on-board push*



*button commands without the need for a computer. Instructor your bot to navigate obstacle courses, complex mazes and much more. Create and invent as you customize ROBO X1 with your own LEGO building blocks and more.*

**LOCATION:** Indio Teen Center

**DAYS:** Monday – Friday

**DATES:** June 26 – 30 **TIME:** 10 a.m. – 12 p.m.

**AGES:** 6 – 11 Years of Age **FEE:** \$229

### KIDS CLUB – DESERT MEADOWS

*In partnership with Hope through Housing and the CVCT Collaborative, this Kids Club location is exclusively for the residents at Desert Meadows Apartments. This after school program, in a safe environment, provides*

*mentorship, a healthy snack, homework help, and activities that support academic enrichment. Program follows the DSUSD calendar.*



**LOCATION:** Desert Meadows Apartment Complex

**ENROLLMENT:** Ongoing During School Year (holidays may be excluded) Once school year ends, program will start up again in August.

**TIME:** 3 – 6 p.m. **DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free

### KIDS CLUB – VILLA HERMOSA

*In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Villa Hermosa Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. Program follows the DSUSD calendar.*



**LOCATION:** Villa Hermosa Apartments

**ENROLLMENT:** Ongoing During School Year (holidays may be excluded) Once school year ends, program will start up again in August.

**TIME:** 3 – 6 p.m.

**DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free

### PAWLEY SWIM CAMP

*Spend your summer beating the heat and having a splashing good time learning personal water safety and healthy lifestyle habits that you will carry with you for the rest of your life! Activities include*



*arts, crafts, games, water safety lessons, and recreational swimming. Campers will need to bring a sack lunch daily.*

**LOCATION:** Pawley Pool Family Aquatic Complex

**TWO-WEEK SESSIONS:**

June 5 – 16 • June 19 – 30 • July 3 – 14 • July 17 – 28

**TIME:** 9 a.m. – 2 p.m.

**DAYS:** Monday through Friday

**AGES:** 7 – 10 Years of Age

**FEE:** \$160 per Session

### SUMMER CAMP

*Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.*





## SUMMER CAMP CONTINUED

**DATES: Three-week Session 1:** June 5 – 23

**Three-week Session 2:** June 26 – July 14

**Three-week Session 3:** July 17 – August 4

**Weekly Sessions Begin** June 5, 12, 19, 26,  
July 3, 10, 17, 24, and 31

**DAYS:** Monday – Friday

**AGES:** 5 – 14 Years of Age

(child must have completed Kindergarten)

**Summer Camp – Full Days:**

**TIME:** 7:30 a.m. – 6 p.m.

**FEE:** \$360 per Three-week Session

\$140 per Weekly Session

\$30 Daily Drop-in Available on non-field trip days

**Summer Camp – Half Days:**

**TIME:** 12 – 6 p.m.

**FEE:** \$80 per Weekly Session

## TRADITIONAL AFTER SCHOOL

*This program offers a safe, fun space for kids to be active, get homework help, and be social. A healthy daily snack is provided, and students are supervised by trained, professional staff members.*

**LOCATION:** Mountain Vista Elementary School

**ENROLLMENT:** Ongoing During School Year  
(may exclude holidays)

**DAYS:** Monday through Friday

**TIME:** School Dismissal – 6 p.m.

**AGES:** 5 – 12 Years Old

**FEE:** \$200 for May • \$40 for June 1 – 6  
\$150 for August 10 – 31

## COMMUNITY EVENTS

### CINCO DE MAYO EVENT

*Come join us for a fun event where participants will have the opportunity to create various Cinco de Mayo crafts, play games and much more.*

**DATE:** Friday, May 5

**TIME:** 4 – 6 p.m.

**AGES:** 4 – 12 Years of Age

**FEE:** Free



## FOURTH OF JULY CRAFT EVENT

*This is a great way to celebrate the Independence Day holiday. This event will take place indoors and will have various craft stations set-up, where children can come in and design fun arts & craft projects.*

**DATE:** Saturday, July 1

**TIME:** 10 a.m. – 12:30 p.m.

**AGES:** 4 – 11 Years of Age

**FEE:** Free

## YOUTH SOCIAL

*Come in and enjoy our Youth Social. Fun activities will include art, crafts, science, dancing, fitness, group games and much more.*

**LOCATION:**

Indio Teen Center

**DATE:** Friday, June 30

**TIME:** 6 – 8 p.m.

**AGES:** 6 – 12 Years of Age

**FEE:** \$10 per Person



## YOUTH SOCIAL – PAJAMA PARTY

*Fun activities will include activities such as art, crafts, science, dancing, fitness, group games and much more. We will also do a cooking activity.*

**LOCATION:** Indio Teen Center

**DATE:** Friday, July 14

**TIME:** 6 – 8 p.m.

**AGES:** 6 – 12 Years of Age

**FEE:** \$10 per Person



## DANCE

### BALLROOM, LATIN AND SWING DANCE CLASS

*This class is designed for the student who has never danced before, but always wanted to! Students will be taught the fundamentals of music and rhythms of dances such as Swing and slow dance.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays

**TIME:** 6:30 – 7:30 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$80 per Month



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## DANCE

### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. These classes can also improve balance, poise, and coordination.

**ENROLLMENT:** Ongoing

**DAYS & TIMES:** Mondays, 5:30 – 6:15 p.m. **OR**  
Wednesdays, 4 – 4:45 p.m.

**AGES:** 5 – 10 Years of Age **FEE:** \$42 per Month

### BEGINNING BALLET – SUMMER SESSION

Dancers will learn ballet's basic steps and beginning dance positions. This class is designed to improve children's coordination and poise while introducing music appreciation and interpretations.

**DATES:** June 5 – July 3 • July 10 – August 14

**DAYS:** Mondays **TIMES:** 10:30 – 11:15 a.m.

**AGES:** 5 – 10 Years of Age **FEE:** \$45 per Session

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 9 – 9:45 a.m.

**AGES:** 2 ½ – 5 Years of Age **FEE:** \$42 per Month



## GYMNASTICS

**Location of classes:** All gymnastics classes are held at The District Gymnastics Academy located within the Indio Community Center and enrollment is ongoing unless otherwise noted.

### A NOTE REGARDING GYMNASTICS REGISTRATION:

Priority registration is available at one of the courtesy counters for currently enrolled participants re-enrolling in their same class for the following month, or first-time participants enrolling in the current month.

Open enrollment at the courtesy counter is available the first day of the month for those on the waitlist and new participants as spots become available.

**Fees for one day per week classes are adjusted for three, four, or five week sessions.**

### BUDDY 'N ME GYMNASTICS

You and your little buddy will love this class! Toddlers get the chance to have fun learning coordination skills like balancing, climbing, tumbling, swinging, and bouncing. Tumbling together is exhilarating.

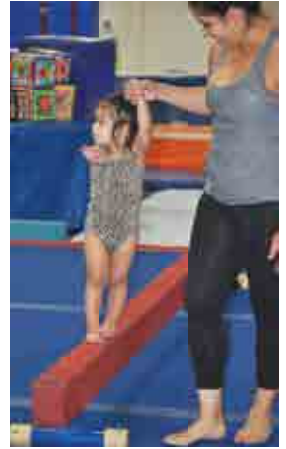
**AGES:** 1 – 4 Years of Age

**DAYS & TIMES:**

Wednesdays: 1:45 – 2:15 p.m. **OR**  
2:15 – 2:45 p.m.

Saturdays: 10:15 – 10:45 a.m.

**FEE:** \$45 per 4-week session



### DESERT TUMBLEWEEDS GYMNASTICS

This is the perfect class for little gymnasts. Preschoolers learn balance and coordination skills. The class emphasizes concentration, sharing and social skills while building physical strength. Your little tumbleweed will have lots of fun!

**AGES:** 4 – 6 Years of Age

**DAYS & TIMES:**

Mondays: 2:30 – 3:15 p.m. **OR** 5:30 – 6:15 **OR** 6:30 – 7:15 p.m.

Tuesdays: 6 – 6:45 p.m. **OR** 6:45 – 7:30 p.m.

Thursdays: 2:30 – 2:45 p.m. **OR** 4:30 – 5:15 p.m.

**OR** 6:45 – 7:30 p.m.

Saturdays: 10 – 10:45 a.m.

**AGES:** 3 – 6 Years of Age

**DAYS & TIMES:**

Tuesdays: 1:30 – 2:15 p.m. **OR** 2:15 – 3:00 p.m.

Wednesdays: 3 – 3:45 p.m.

**FEE:** \$60 per 4-week session

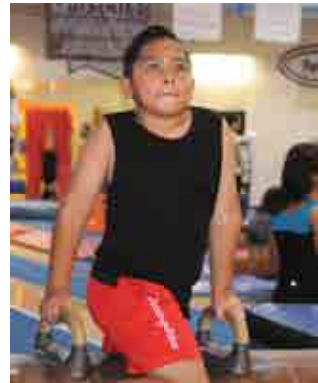
### BOYS' BEGINNING – ADVANCED GYMNASTICS

This class teaches all six men's gymnastics Olympic events of vault, horizontal bar, parallel bars, pommel horse, floor and rings. Class focus will be on gymnastics skills and techniques while increasing strength and flexibility, coordination, and self-esteem.

**DAYS:** Mondays

**TIME:** 5 – 6:30 p.m. **OR** 6:30 – 8 p.m.

**FEE:** \$80 per 4 week session





## GIRLS' BEGINNING GYMNASTICS

Girls interested in gymnastics will love this class as it gets to the heart of the four Olympic events for women of vault, bars, beam and floor. While learning basic skills and techniques, this class also includes flexibility and strength training.



### DAYS & TIMES:

Mondays: 3:15 – 4:45 p.m. **OR** 4 – 5:30 p.m.

**OR** 4:45 – 6:15 p.m. **OR** 6:15 – 7:45 p.m.

Tuesdays: 3 – 4:30 p.m. **OR** 4:30 – 6 p.m. **OR** 6:30 – 8 p.m.

Wednesdays: 3 – 4:30 p.m. **OR** 4:30 – 6 p.m. **OR** 6 – 7:30 p.m.  
**OR** 7 – 8:30 p.m.

Thursdays: 3:15 – 4:45 p.m. **OR** 4:30 – 6 p.m. **OR** 6 – 7:30 p.m.

Saturdays: 11 a.m. – 12:30 p.m.

FEE: \$80 per 4 week session

## GIRLS' INTERMEDIATE GYMNASTICS

This class is by Invitation-only and designed for second level skills. Instruction follows USA Gymnastics progressions on the four Olympic events of vault, bars, beam, and floor with continual emphasis on strength and flexibility.

DAYS & TIMES: Tuesdays 4:45 – 6:15 p.m. **OR**

Wednesdays 4:30 – 6:00 p.m. **OR** Thursdays 5:15 – 6:45 p.m.

FEE: \$80 per 4-week session

## GIRLS' ADVANCED GYMNASTICS

Another acknowledgment of advanced skills, this by Invitation-only class follows the progressions of USA Gymnastics on the four Olympic events of vault, bars, beam, and floor. Train with the best in the valley as skills continue to improve.

DAYS: Mondays TIMES: 3:15 – 4:45 p.m.

FEE: \$80 per 4-week session

Follow us at  
[facebook.com/drdgym](https://facebook.com/drdgym)

CELEBRATE  
YOUR BIRTHDAY!

WHAT A GREAT WAY TO CELEBRATE YOUR NEXT  
BIRTHDAY – AT THE DISTRICT GYMNASTICS  
ACADEMY IN THE INDIO COMMUNITY CENTER!

You and your friends will have a great time doing an hour  
and a half of fun-filled gymnastics and games as our  
coaching staff is trained to provide a safe and structured  
party that is sure to be a hit.

### 2.5 HOUR PARTY

(1 ½ hours gymnastics  
& 1 hour use of  
multi-purpose room)

1 – 10 people, \$225 **-OR-**  
11 – 20 people, \$325

### 1.5 HOUR GYMNASTICS ONLY PARTY

1 – 10 people, \$175 **-OR-**  
11 – 20 people, \$275

CALL AND BOOK YOUR PARTY TODAY!



Group Swimming Classes in  
Cathedral City, Coachella,  
Indio, La Quinta, and Mecca

Classes offered year-round or seasonally  
depending on location

For  
Children  
18 Months -  
5 Years



### Parent & Me Level 1 & 2

18 months - 3 years:

Parents help introduce their  
children to the presence of  
water including safe entries/  
exits and learning to be fully  
submerged underwater.

### Guppies

3 - 5 years:

Children learn basic water safety  
rules and beginning swimming  
drills including floating, kicking,  
and moving their arms.

### Preschool Aquatics

3 - 5 years:

Children with a basic comfort in  
the water learn fundamentals  
of safe and effective  
swimming.

First 5 Riverside County Sponsors a  
Scholarship Program for Families! Visit:

[MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs)

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## GYMNASTICS

### GYMNASTICS TUMBLING

*Learn tumbling skills on the floor and tumble track. This class focuses on specific drills for learning correct form and is recommended for those who want to acquire cheerleading tumbling skills.*

**DAYS:** Mondays **TIME:** 7:15 – 8:15 p.m.

**FEE:** \$70 Per 4-week session

### TEAM COMPULSORY GYMNASTICS

**By Invitation-only.** Levels 3, 4 and 5 skills must be completed as defined by USA Gymnastics.

*This class provides an opportunity for gymnasts with advanced skills required for competition to shine in the sport of gymnastics and follows USA Gymnastics progressions for Level 3, Level 4, and Level 5. Invitations are extended to individuals who demonstrate a strong dedication to the requirements of competitive training. The team competes in three to five meets throughout the year. (Additional fee required for meets and competitive attire).*

**DAYS:** Level 3 & 4 Mondays, Wednesdays, Fridays **OR**  
Level 4 & 5 Tuesdays, Thursdays, Fridays

**TIME:** 4 – 7 p.m. **FEE:** \$185 per Month

### SENIOR TEAM – OPTIONAL GYMNASTICS

**By Invitation-only.** Levels 6 to 10 skills must be completed as defined by USA Gymnastics.

**DAYS:** Mondays, Tuesdays, Wednesdays, Thursdays, Fridays

**TIME:** 4 – 7 p.m. **FEE:** \$270 per Month

### GYMNASTICS JAMBOREE

*Gymnastics Jamboree provides an open gym experience for participants to practice or learn new tricks in a social supervised setting.*

**DAYS & TIMES:** Friday: 6 – 7:30 p.m.

Saturday: 12:30 – 2 p.m. **FEE:** \$10 per person

### GYMNASTICS PRIVATE INSTRUCTION

Private lessons accelerate and enhance learning while overcoming obstacles. They are perfect for students who would like extra time and individual attention to work on specific skills. Please inquire with any of our coaches.

**FEE:** \$35 per 30 minutes



## HEALTH & FITNESS

### SALSAEROBICS

*People love salsa dancing - the music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Fridays

**TIME:** 8 – 10 a.m. **AGES:** 18 Years of Age and Over

**FEE:** \$45 per Month **DROP-IN FEE:** \$7 Per Class

### ZUMBA

*This full-body exercise class set to music that will help firm up those muscles and make you feel great. A combination of dance and fitness with a touch of attitude!*

**ENROLLMENT:** Ongoing **DAYS:** Mondays & Wednesdays

**TIME:** 5:30 – 6:30 p.m. **AGES:** 16 Years of Age and Over

**FEE:** \$36 per Month **DROP-IN FEE:** \$8 per Class



## MARTIAL ARTS

### KARATE COMBO – 2 DAYS

*These classes focus on a combination of traditional martial arts philosophies with modern day self-defense strategies while gaining self-esteem and discipline.*

**ENROLLMENT:** Ongoing

**DAYS & TIMES:**

Tuesdays & Thursdays, 6:30 – 7:30 p.m.

**OR**

Mondays & Wednesdays 6:45 – 7:45 p.m.

**AGES:** 7 Years of Age and Over

**FEE:** \$40 Per Month



### LITTLE DRAGONS KARATE PROGRAM

*Our Little Dragons program teaches children balance, coordination, listening skills and respect. It is also a fun way for children to learn the art of self-defense using all parts of the body.*

**ENROLLMENT:** Ongoing **DAYS:** Tuesdays & Thursdays

**TIMES:** May and June: 5:30 – 5 p.m. **OR** 6 – 6:30 p.m.

July and August: 6 – 6:30 p.m.

**AGES:** 4 – 7 Years of Age **FEE:** \$50 per Month



## ★ SPECIAL INTEREST

### K9 NOSE WORK-ADVANCED DETECTIVE

*This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors.*

**Prerequisite:** K9 Nose Work Intermediate Workshop.

**LOCATION:** Indio Teen Center

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 8 – 8:50 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$150 per 4-week session

### LEARNING THROUGH PLAY

*The Learning Through Play Workshop is a series of theater games and exercises specifically designed to engage all students. Students will learn stage direction, vocal projection, body movement and basic singing. Communication skills will be sharpened which includes listening, observation and intuition.*



**DAYS, DATES & TIMES:**

Thursdays • June 15 – August 3 • 4 – 5:30 p.m.

Saturdays • June 17 – August 5 • 11 a.m. – 12:30 p.m.

**AGES:** 7 – 13 Years of Age

**FEE:** \$200 per Session

### PRE-K STEAM DAYS

*This program provides participants a safe place to let their creative minds explore. Youth will have the opportunity to have fun, get creative and learn how to create various STEAM projects. This class is geared towards Pre-K children.*

**LOCATION & DATES:**

Indio Teen Center • June 3 & July 15

Indio Community Center • August 5

**DAYS:** Saturdays **TIME:** 10 – 11:30 a.m.

**AGES:** 3 & 4 Years of Age **FEE:** \$10



### SUMMER STEAM DAYS

*Youth will have the opportunity to have fun, get creative and learn how to create various Summer-themed STEAM projects. Each class will be led by an instructor and they will receive step by step instructions on how to create the various activities. All supplies will be provided.*

**LOCATION & DATES:**

Indio Teen Center • June 3 & July 15

Indio Community Center • August 5

**DAYS:** Saturdays **TIME:** 12 – 1:30 p.m.

**DATES:** June 3 • July 15 • August 5

**AGES:** 6 – 12 Years of Age **FEE:** \$10

### SUMMER MAD SCIENTIST NIGHT

*Join us for a fun night of outrageous mad science. Participate in fun science experiments, mix up some crazy chemistry and participate in science activities.*

**DAYS, DATES & TIMES:**

Friday • June 9 • 6- 7:30 p.m.

Saturday • July 8 • 10 – 11:30 a.m.

**AGES:** 6 – 11 Years of Age

**FEE:** \$10 per Class



## SPORTS

### ARCHERY

#### ARCHERY – YOUTH

*Our archery program teaches the fundamentals of archery including proper shooting form. This program takes place in a highly supervised environment where positive encouragement and individualized instruction is provided to encourage participant success.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays **OR** Thursdays

**TIMES:** May Only: 4:30 – 5:30 p.m.

**OR** 5:30 – 6:30 p.m.

June, July & August: 5:30 – 6:30 p.m.

**AGES:** 7 – 17 Years of Age

**FEE:** \$40 Per Month



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## BASKETBALL

### SUMMER BASKETBALL CLINIC

Our summer basketball clinic offers quality and motivational instruction in a fun, competitive environment, using our state-of-the-art basketball gymnasium. Proper stretching, offensive and defensive drills, and correct shooting practices are covered.

#### COED CLINICS

**DATES:** June 5 – 28 • July 3 – 31

**DAYS:** Mondays & Wednesdays

**AGES, TIME & FEES:**

5 – 6 Years of Age • 10:30 – 11 a.m. • \$40 per Month

7 – 10 Years of Age • 11:15 a.m. – 12:15 p.m. • \$60 per Month

11 – 14 Years of Age • 12:30 – 1:30 p.m. • \$60 per Month

#### GIRLS CLINICS

**DATES:** June 6 – 29 • July 6 – 27

**DAYS:** Tuesdays & Thursdays

**AGES, TIME & FEES:**

5 – 6 Years of Age • 10:30 – 11 a.m. • \$40 per Month

7 – 10 Years of Age • 11:15 a.m. – 12:15 p.m. • \$60 per Month

11 – 14 Years of Age • 12:30 – 1:30 p.m. • \$60 per Month

### SUMMER YOUTH BASKETBALL LEAGUE

Summer Youth Basketball offers a great way for kids to learn new skills, play on a team and stay fit! We offer four age divisions. Our youngest teams focus on development, not wins and losses. Division Champs will be crowned from Division C and D at the end of the season.

**DATES:** June 20 – July 27

**DAYS:** Tuesdays & Thursdays for Divisions A, B, and C  
Saturdays for Division D

**DIVISIONS, AGES & TIMES:**

**Division A (7 – 8 Years of Age):** 5:20 – 6 p.m.

**Division B (9 – 10 Years of Age):** 6:30 – 7:20 p.m.

**Division C (11 – 12 Years of Age):** 7:45 – 8:45 p.m.

**Division D (13 – 14 Years of Age):** 11:30 a.m. – 12:30 p.m.

**FEE:** \$125 per Player until 05/13/2023

(Late Registration after 05/13/2023 will be \$150 per participant)



### SUMMER YOUTH BASKETBALL LEAGUE CONT.

#### DRAFT DAYS FOR SUMMER YOUTH BASKETBALL LEAGUE

(Attendance is mandatory to play in league)

**Division A (7 – 8 Years of Age):** Saturday, May 13, 10 a.m. – 12 p.m.

**Division B (9 – 10 Years of Age):** Saturday, May 13, 12 – 2 p.m.

**Division C (11 – 12 Years of Age):** Friday, May 12, 5 – 7 p.m.

**Division D (13 – 14 Years of Age):** Friday, May 12, 7 – 9 p.m.

### SUMMER YOUTH BASKETBALL LEAGUE – LITTLE DRIBBLERS

Have fun playing basketball while developing both player and character skills! We are now offering our 5 - 6-year-old Little Dribblers Division and games will be played at the Indio Community Center on Saturdays. Practices will be on Mondays and/or Wednesdays. Jerseys and game officials provided.

**DATES:** June 17 – July 30

**DAYS:** Saturdays **TIME:** 10:15 – 11:15 a.m.

**AGES:** 5 & 6 Years Old **FEE:** \$80

## BOCCE BALL

### OPEN BOCCE BALL

Interested in playing Bocce Ball or heard of it and want to know more about the game? Come out to the Indio Teen Center and enjoy a few games with other Bocce Ball enthusiasts from our community.

**LOCATION:** Indio Teen Center **DATES:** May 2 - August 3

**DAYS:** Tuesdays & Thursdays **TIME:** 7 – 9 a.m.

**AGES:** 18 Years of Age and Over **FEE:** Free

## FOOTBALL

### SUMMER YOUTH FOOTBALL CLINIC

If you are you a football enthusiast who wants to sharpen your footwork, speed, and skills, come join our Summer Indio Youth Football Skills Clinic. This program will teach you football drills, footwork drills, and speed agility skills to get your game to the next level.

**LOCATION:** Indio Teen Center

**DATES:** June 6 – 29 • July 6 – 27

**DAYS:** Tuesdays & Thursdays

**AGES & TIMES:** 7 – 10 Years of Age • 8 – 9 a.m.

11 – 14 Years of Age • 9:15 – 10:15 a.m.

**FEE:** \$60 per Month



## YOUTH FOOTBALL QB/WR SKILLS CLINIC 7 – 10 YEARS

Our Youth Football Quarterback and Wide Receiver Skills Clinic will teach QB and WR drills, footwork and techniques to help you get to the next level. This session is going to be non-contact drills to focus on your individual skills and sharpen your techniques to prepare for your next football season.



**LOCATION:** Indio Teen Center

**DATES:** July 1 – 29 **DAYS:** Saturdays

**TIMES:** 9 – 10 a.m. **AGES:** 7 – 10 Years of Age

**FEE:** \$50

## MULTI-SPORT CLASSES LITTLE CHAMPS

Your "Little Champ" can learn about different sports in a class that offers fun game drills and quality instruction that will help develop your child's hand-eye coordination, running, and sports skills. Sports include basketball, soccer, relay games, golf, and more.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **OR** Wednesdays

**TIME:** 1:30 – 2 p.m. **AGES:** 3 – 5 Years of Age

**FEE:** \$20 per Month for either Mondays or Wednesdays

## YOUTH SPORTS CONDITIONING

Improve your athletic skills, agility, and footwork. The Youth Sports Conditioning class incorporates speed drills, body weight exercises, cardio drills and plyometrics, offering a total body workout to assist in conditioning for all sports.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Wednesdays

**TIME:** 4:15 – 5 p.m.

**AGES:** 7 – 14 Years of Age

**FEE:** \$50 per Month



## PICKLEBALL

### PICKLEBALL – OPEN PLAY

We offer friendly competition with our Open Play Pickleball!

**DATES:** May 2 – August 3

**DAYS:** Mondays & Wednesdays

**TIMES:** 7 – 9 a.m. **AGES:** 10 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members or  
\$5 for Facility Use Pass

## SOCCER

### TINY SOCCER STARS

Our Tiny Soccer Stars instructors will guide participants towards developing their soccer skills which include passing, trapping, shooting, and defending. We will also cover the fundamentals of the sport of soccer. This program is great for participants who have little to no soccer experience.



### Tiny Soccer Stars – MAY

**LOCATION:** Indio Teen Center

**ENROLLMENT:** May

**DAYS:** Mondays **OR** Wednesdays

**TIME:** 3:15 – 3:45 p.m.

**AGES:** 4 – 6 Years of Age **FEE:** \$20 per Month

### Tiny Soccer Stars – SUMMER CLINIC at INDIO TEEN CENTER

**LOCATION:** Indio Teen Center

**ENROLLMENT:** June and July

**DAYS:** Mondays **OR** Wednesdays

**TIME:** 8:15 – 8:45 a.m.

**AGES:** 4 – 6 Years of Age

**FEE:** \$20 per Month

### Tiny Soccer Stars at MILES AVENUE PARK

**LOCATION:** Miles Avenue Park

**ENROLLMENT:** May, June & July

**DAYS:** Mondays

**TIME:** 6 – 6:45 p.m.

**AGES:** 4 – 6 Years of Age

**FEE:** \$30 per Month



**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.

## SPORTS

### **YOUTH SOCCER CLINIC – 6 – 10 YEARS OF AGE**

*Our clinic will focus on various drills to improve your soccer skills. For our beginning classes we will also cover the fundamentals of the sport of soccer.*

**LOCATION:** Indio Community Center

**DATES:** May 1 – 22 **DAYS:** Mondays

**TIME:** 4 – 5 p.m. **FEE:** \$40

**LOCATION:** Miles Avenue Park

**DATES:** May 1 – 22 • June 5 – 26 • July 3 – 31

**DAYS:** Mondays & Wednesdays

**TIME:** 7 – 8 p.m. **FEE:** \$60

### **YOUTH SOCCER GOALIE CLINIC (6 – 10 YEARS OF AGE)**

*This Clinic will focus on goalie-specific drills and techniques to improve your skills. We will work on footwork, hand eye coordination, and goalie terminology to help you be ready for your next soccer season.*



**LOCATION:** Indio Teen Center

**DATES:** June 3 – 24 **DAYS:** Saturdays

**TIME:** 9 – 10 a.m. **FEE:** \$40

### **YOUTH SOCCER SKILLS & SCRIMMAGE**

*This class is for youth who are looking to show off their skills in this brand new Skills and Scrimmage Class. We will work the players out, put them on even teams, and let them play games each night on our newly renovated Miles Park Field.*

**LOCATION:** Miles Avenue Park

**DATES:** May 1 – 22 • June 5 – 28 • July 3 – 31

**DAYS:** Mondays & Wednesdays **TIME:** 8 – 9 p.m.

**AGES:** 11 – 14 Years of Age **FEE:** Fee: \$60

### **YOUTH SUMMER SOCCER CLINIC**

**LOCATION:** Indio Teen Center

**DATES:** June 5 – 28 • July 3 – 31

**DAYS:** Mondays & Wednesdays

**AGES & TIMES:** 6 – 10 Years of Age • 9 – 10 a.m.

11 – 14 Years of Age • 10:15 – 11:15 a.m.

**FEE:** \$60 per Month

## **VOLLEYBALL**

### **BEGINNING/INTERMEDIATE VOLLEYBALL – COED**

*For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, and block, and attack.*



**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 3:30 – 4 p.m.

**AGES:** 6 – 10 Years of Age

**FEE:** \$15 per Month

### **INTERMEDIATE/ADVANCED VOLLEYBALL – COED**

*Learn how to prepare your skills for tournament play and high school play in this class, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background. We look forward to seeing you on the court!*

**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 4 – 4:30 p.m.

**AGES:** 10 – 14 Years of Age **FEE:** \$15 per Month

**TIME:** 4:30 – 5:30 p.m.

**AGES:** 13 – 18 Years of Age **FEE:** \$30 per Month

### **OPEN VOLLEYBALL**

*Just for fun, we set up the volleyball nets on Friday evenings and invite our members to play. Bring family and friends to create a team or just show up and join!*

**ENROLLMENT:** May 5 – August 25

**DAYS:** Fridays

**TIME:** 6 – 9 p.m.

**AGES:** 5 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members or \$5 Drop-in fee



## VOLLEYBALL – TEAM ADVANCED

Do you want to prepare your skills for tournament and high school play? These classes are geared toward structured training, significant skill improvement, and enhanced game knowledge.



ENROLLMENT: Ongoing  
DAYS: Fridays TIME: 8 – 9 p.m.  
AGES: 10 – 18 Years of Age FEE: \$30 per Month

### Volleyball – TEAM LEVEL 5

DATES: Ongoing monthly  
DAYS: Fridays TIME: 5:45 – 6:45 p.m.  
AGES: 10 – 18 Years of Age FEE: \$30 per Month

### Volleyball – TEAM LEVEL 7

ENROLLMENT: Ongoing  
DAYS: Fridays TIME: 7 – 8 p.m.  
AGES: 10 – 18 Years of Age FEE: \$30 per Month



## SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED  
IN THIS SECTION WILL TAKE PLACE AT  
PAWLEY POOL FAMILY AQUATIC COMPLEX

### ADMISSION FEE FOR OPEN SWIM OR LAP SWIM:

**CHILDREN: \$3 (Under 3 Years of Age are free)**

**ADULTS: \$4**

### POOL DATES & HOURS:

First day – June 5 • Last day – September 4  
(Hours will be reduced to weekends only beginning August 12)

### MONDAYS – THURSDAYS:

9 a.m. – 12 p.m. (Youth Lessons)  
12 – 3:30 p.m. (Open Swim)  
4 – 7 p.m. (Youth Lessons)  
7 – 9 p.m. (Open Swim)

### FRIDAYS:

9 – 10 a.m. (Adult Lessons)  
10 a.m. – 12 p.m. (Water Polo)  
12 – 4 p.m. and 6 – 9 p.m. (Open Swim)

### POOL DATES & HOURS CONTINUED:

#### SATURDAYS:

9 – 10 a.m. (Adult Lessons)  
10 a.m. – 12 p.m. (Adaptive Swim Lessons)  
12 – 4 p.m. (Open Swim)  
1 – 2:30 p.m. (Jr. Lifeguard)  
6 – 9 p.m. (Open Swim)

#### SUNDAYS: Closed

**PLEASE SEE OUR ADAPTIVE/THERAPEUTIC  
SPORTS & RECREATION SECTION FOR ADAPTIVE  
SWIM/WATER PROGRAMS – THANK YOU.**

**PLEASE SEE OUR CAMP & AFTER SCHOOL  
SECTION FOR PAWLEY SWIM CAMP PROGRAMS –  
THANK YOU.**

### JR. LIFEGUARD PROGRAM

This class is brought to you by the American Red Cross. Participants will learn the basic skills of lifeguarding. This invaluable course teaches water safety plus the leadership tools you need as a junior lifeguard. The course curriculum focuses on five core categories for effective lifeguarding: prevention, fitness, response, leadership, and professionalism.

DAYS: Saturdays  
DATES: July 8 – August 19  
TIMES: 1 – 2:30 p.m.  
AGES: 11 – 14 Years of Age  
FEE: \$75



### JUNIOR WATER POLO

Water polo is a fun and energetic sport that focuses on team cohesion and game strategy. During this class, participants will learn proper ways to shoot and pass the ball, as well as defensive and offensive techniques. Participants must also be able to tread water and swim two lengths of the pool nonstop.

DATES: July 7 – August 18  
DAYS: Fridays TIME: 10 – 11:30 a.m.  
AGES: 8 – 13 Years of Age FEE: \$75

**Please Note:** All in-person activities take place at the **Indio Community Center or Park** unless otherwise noted in the activity details that follow.



## SWIM & WATER ACTIVITIES

### SPECIAL POOL EVENT

Join us on Friday, June 9 for  
**“Free Swim Friday”** from 6 – 9 p.m.

#### TEEN FRIDAYS

Hosting Indio Teens in collaboration with the Indio Teen Center and Indio Youth Advisory Council Friday Night Live Chapter.

DATES: June 16 & July 21 TIME: 12 – 4 p.m.

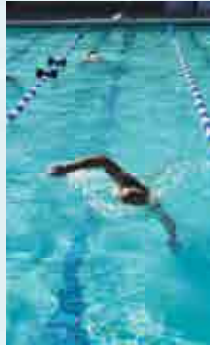
FEE: \$5 at the door, per person



#### ADULT WATER CLASSES

##### ADULT SWIM LESSONS

*It's never too late to learn how to swim or perfect those skills. We will introduce skills to our beginning swimmers and work on strokes and endurance for intermediate swimmers. This class is designed to introduce and improve on the basic skills necessary to meet the individual's personal goals.*



DAYS: Fridays and Saturdays

DATES: June 9 – July 1 • July 7 – 29 • August 4 - 26

TIME: 9 – 9:45 a.m. AGES: 18 Years of Age & Over

FEE: \$72.50 per Session

#### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$ 62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 5 – 15 SESSION 4: July 17 – 27

SESSION 2: June 19 – 29 SESSION 5: July 31 – Aug 10

SESSION 3: July 3 – 13

##### INFANT SWIM LESSONS

*Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.*

##### INFANT SWIM LESSONS CONTINUED

###### Parent & Me Level 1:

AGES: 18 Months – 3 Years of Age

TIME: 9 – 9:45 a.m. • 4 – 4:45 p.m.

###### Parent & Me Level 2:

Activities include those of Level 1 plus basic swimming skills.

AGES: 2 – 3 ½ Years of Age

TIME: 10 – 10:45 a.m. • 5 – 5:45 p.m.

##### PRE-SCHOOL SWIM CLASSES

*Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.*

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.

AGES: 3 – 6 Years of Age

TIMES: 9 – 9:45 a.m. • 10 – 10:45 a.m.

11 – 11:45 a.m. • 4 – 4:45 p.m. • 5 – 5:45 p.m. • 6 – 6:45 p.m.



##### GRADE SCHOOL SWIM CLASSES

*Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.*

**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

###### Penguins 1

AGES: 6 ½ – 12 Years of Age

TIMES: 9 – 9:45 a.m. • 10 – 10:45 a.m.

4 – 4:45 p.m. • 5 – 5:45 p.m.

###### Penguins 2

AGES: 8 – 12 Years of Age

TIMES: 10 – 10:45 a.m. • 11 – 11:45 a.m.

5 – 5:45 p.m. • 6 – 6:45 p.m.



**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

TIMES: 9 – 9:45 a.m. • 11 – 11:45 a.m.

4 – 4:45 p.m. • 6 – 6:45 p.m.





**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

**AGES:** 7 – 13 Years of Age

**TIMES:** 9 – 9:45 a.m. • 11 – 11:45 a.m.  
4 – 4:45 p.m. • 6 – 6:45 p.m.



**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke and elementary backstroke for 25 yards.

**AGES:** 8 – 14 Years of Age

**TIMES:** 10 – 10:45 a.m. • 11 – 11:45 a.m.  
5 – 5:45 p.m. • 6 – 6:45 p.m.



## TOT PROGRAMS

### LITTLE ATHLETES

Children will engage in a variety of sports related movements during structured exercises and improve their gross motor skills. Each class will focus on a different sport exercise, drills and high- and low-keyed games, all in a non-competitive atmosphere.



**LOCATION:** Indio Teen Center

**DAYS:** Saturdays **ENROLLMENT:** May

**TIME:** 10:15 – 10:45 a.m. **AGES:** 1 ½ – 3 Years of Age  
**FEE:** \$20 per Month

### LITTLE EXPLORERS

Children will engage in a variety of classroom exercises including art, science, sports and movement and they will be guided through cool and fun experiments and crafts to show Mom and Dad.

**ENROLLMENT:** Ongoing

**DAY:** Fridays **TIME:** 9 a.m. – 12 p.m.

**AGES:** 3 – 5 Years of Age **FEE:** \$50 per Month

### MOMMY & ME

This program provides social interaction between parents and toddlers. Together you will explore rhythm, movement, creativity through song, along with indoor and outdoor play. Learn simple concepts that you and your toddler can explore together.

**LOCATION:** Indio Teen Center

**ENROLLMENT:** May and June

**DAY:** Fridays **TIME:** 9 – 10:30 a.m.

**AGES:** 1 ½ – 2 ½ Years of Age **FEE:** \$30 per Month

### MOMMY & ME MESSY ART DAY

This drop-in Mommy & Me class will feature activities for your toddler around the messy art theme. This is a great opportunity for your toddler to socialize with children within their own age group and learn simple concepts that you and your toddler can explore together.

**LOCATION:** Indio Teen Center

**DATES:** Fridays, June 30 & July 14 **TIME:** 9 – 10:30 a.m.

**AGES:** 1 ½ – 2 ½ Years of Age **FEE:** \$10 per Class

### TINY TOTS

Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities with a new theme every week.



**ENROLLMENT:** Ongoing

**DAYS:** Monday through Thursday **TIME:** 9 a.m. – 12 p.m.

**AGES:** 3 – 5 Years of Age **FEE:** \$260 per Month

### TOT PLAY TIME

Come play in a space filled with balls toys and tunnels. This drop in tot space gives toddlers an opportunity to engage in developing social skills, small motor skills all while having fun. Adult participation is required.

**DATES:** May 12 • June 9 • July 14 • August 11

**DAY:** Fridays **TIME:** 12:30 – 1:30 p.m.

**AGES:** 6 months to 1 Year of Age (with Adult)

**FEE:** \$10 per Session

# Indio Hills

**Please Note:** All in-person activities take place at the **Indio Hills Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Indio Hills Community Center



80-400 Dillon Road  
Indio Hills, CA 92201  
(760) 347-3484

HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### INDIO HILLS SENIOR PROGRAM

*Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.*

**ENROLLMENT:** Ongoing

**DAYS:** Tuesdays, Wednesdays, Thursdays

**TIME:** 9 a.m. – 12 p.m.

**AGES:** 50 Years of Age and Over

**FEE:** Free



## ACTIVE ADULT & SENIORS OUTDOOR DAY

*This Active Adult/Senior-oriented event will provide an opportunity to explore the beautiful outdoors and taking a walk up one of the most beautiful pathways in Southern California. No experience necessary. Transportation provided upon request.*

**DATE:** Wednesday, May 3

**TIME:** 8:30 – 10 a.m.

**AGES:**

50 Years of Age and Over

**FEE:** Free



## CAMP & AFTER SCHOOL PROGRAMS

### AFTER SCHOOL CLUBHOUSE

*Our after-school clubhouse programs offer a safe, fun space for kids to be active, get homework help, and be social.*

**ENROLLMENT:** Ongoing During School Year  
(may exclude holidays)

**DAYS:** Monday thru Friday

**TIME:** School Dismissal to 5:30 p.m.

**AGES:** 5 – 17 Years Old

**FEE:** Free\*

*\*The Indio Hills Traditional After School Program monthly fee is \$200. Due to program subsidies and grant funding only to the Indio Hills Program, it will be free until the funds are exhausted.*





# Indio Hills

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## COMMUNITY EVENTS

### END OF SCHOOL YEAR CELEBRATION

Join us for a fun day in which we get to celebrate all our student successes as they leave one school year behind to enter a much-anticipated period, **SUMMERTIME!** Bring swimwear and towel to enjoy the water-fun activities.



DATE: Friday, June 2 TIME: 12 – 3 p.m.

AGES: 5 – 13 Years of Age FEE: Free

### FIND FOOD DISTRIBUTION

We bring the food from the FIND Food Bank as a way to help families within the Indio Hills Community. Distributions will be at the Indio Hills Community Center parking lot. Please adhere to drive thru safety signs, and food is distributed on a first come, first served basis.

DISTRIBUTION: Second Friday of the month  
(may exclude holidays)

TIME: 9:30 – 11:30 a.m. (or until all food has been distributed)

AGES: All Ages FEE: Free



### FAMILY WOOD CRAFTING TIME

On this evening we will set various wood crafts. Families will be able to take home all crafts at the end of the event.

DATE: Friday, July 14 TIME: 4:30 – 6 p.m.

AGES: All Ages FEE: Free

### GEARING UP FOR SUMMER – BBQ POTLUCK

Jump start your weekend and join us at our Indio Hills Community Park to enjoy the beautiful atmosphere in the presence of your community, your neighbors. Bring over your delicious BBQ recipe to share with all. Water fun activities will be provided for the little ones.

\*The District will not provide food at this event as it is a community potluck.

DATE: Friday, May 19 TIME: 4 – 6:30 p.m.

AGES: All Ages

FEE: Free



## INDIO HILLS COMMUNITY COUNCIL MEETING

On the dates specified below, the Indio Hills Community Council will hold their informational meeting for all who live in the community of Indio Hills, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

*Please contact [dschemmer@rivco.org](mailto:dschemmer@rivco.org) as meetings may be held via Zoom, or may be in-person.*

DAY: Tuesdays, May 16

TIME: 6 – 8 p.m.

For meeting dates and more information, please visit:  
<https://rivco4.org/Councils/Community-Councils>

# La Quinta

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## La Quinta Community Fitness Center & Park



77-865 Avenida Montezuma, La Quinta, CA 92253  
(760) 564-9921  
HOURS: Monday – Friday: 5:30 a.m. – 8:30 p.m.  
Saturday: 8 a.m. – 12 p.m.  
Sunday: Closed

## Fritz Burns Pool



78-107 Avenue 52, La Quinta, CA 92253  
(760) 771-4347  
HOURS: See Activities for Times/Days

**\*\*City of La Quinta residents may come to Open Swim at Fritz Burns Pool for free while the Splash Pad at La Quinta Park is being upgraded.\*\***

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### FIT AFTER 50

*Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance and flexibility.*

**ENROLLMENT:** Ongoing

**DAYS:** Mondays, Wednesdays, Fridays

**TIME:** 12 – 1:15 p.m. **AGES:** 50 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members or  
\$5 for Facility Use Pass

### WII BOWLING WEDNESDAYS

*Come show us your best bowling skills while meeting other active seniors within your community. Wii Bowling will follow immediately after our Fit After 50 class on Wednesdays.*

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIME:** 1:30 – 2:30 p.m.

**AGES:** 50 Years of Age and Over

**FEE:** FREE for DRD Get Fit Pass members or  
\$5 for Facility Use Pass



**ADAPTIVE/THERAPEUTIC SPORTS & RECREATION**

### ADAPTIVE SPLASH PLAY

*Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family!*

**LOCATION:** Fritz Burns Pool

**DAYS:** Fridays **TIME:** 4 – 4:45 p.m.

**DATES:** June 9 – 30 • July 7 – 28 • August 4 – 25

**AGES:** 4 Years of Age and Over with a Disability or  
a Special Need

**FEE:** Free







## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – VISTA DUNES

In partnership with Hope Through Housing, this Kids Club is exclusively for the residents at Vista Dunes Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment. Follows the Desert Sands Unified School District (DSUSD) Calendar.

**LOCATION:** Vista Dunes Apartment Complex

**AGES:** 5 – 17 Years of Age **FEE:** Free

**Dates while school is in session:** (holidays may be excluded)

May 1 – 31 • June 1 & 2 • August 15 – 31

**DAYS:** Monday through Friday **TIME:** 3 – 6 p.m.

**Dates during summer break:**

June 6 – 29 • July 6 – 27 • August 1 – 3

**DAYS:** Tuesdays & Thursdays **TIME:** 1 – 4 p.m.

### SUMMER CAMP SAMPLER

Kids can join us for a summer camp-like experience, with theme days as listed below. Description of each theme can be viewed online prior to registering. Sign your child up for individual days or for the whole week!

**TIME:** 8:30 a.m. – 12 p.m.

**AGES:** 4 – 11 Years of Age

**FEE:** \$55 for the Week, \$15 per Day

**DATES: June Session:** June 12 – 16

**DAYS & THEMES:**

Monday – Camp Rocks!

Tuesday – Around the World

Wednesday – Slip & Slime

Thursday – Game On!

Friday – Hawaiian Luau

**DATES: July Session:** July 10 – 14

**DAYS & THEMES:**

Monday – Mystery Monday

Tuesday – Color Collision

Wednesday – Wacky Water Games

Thursday – Art & “Mind” craft

Friday – Superhero

SUMMER  
CAMP  
FUN!



## DANCE

### BEGINNING BALLET

Children let their inner ballerinas come out while they are taught the basics of ballet in this beginning class. Parents are welcome to watch their children learn in this fun environment.

**ENROLLMENT:** May, June & August

**DAYS & TIMES:**

Thursdays, 5:30 – 6:15 p.m. **OR** Fridays, 4 – 4:45 p.m.

**AGES:** 5 – 10 Years of Age **FEE:** \$42 Per Month

### DANCE, PLAY & PRETEND

Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.

**ENROLLMENT:** May, June & August

**DAYS & TIMES:** Mondays, 4 – 4:45 p.m. **OR**

Wednesdays, 5:30 – 6:15 p.m. **OR** Fridays, 9 – 9:45 a.m.

**AGES:** 2½ – 5 Years of Age **FEE:** \$42 Per Month



## HEALTH & FITNESS

### INTRO TO TAI CHI – SUMMER WELLNESS SESSIONS

This Program allows participants to experience the benefits of Tai Chi movements, improving the balance, increasing lung capacity through focused breathing and quieting the mind.

**DAYS:** Wednesdays

**DATES:** May 3 • May 10 • June 14 • June 21 • July 19

**TIME:** 9 – 9:45 a.m. **AGES:** 18 Years of Age and Over

**FEES:** \$15 per Session

**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



## HEALTH & FITNESS

### SOUND BATH THERAPY

Come relax with us! A sound bath uses musical instruments to create a relaxing meditation experience. Benefits of a sound bath include relaxation, stress reduction, and improved sleep. Guided by a trained instructor.



**ENROLLMENT:** Ongoing

**DAYS:** First Tuesday of every month

**TIME:** 10:30 – 11:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** Free for DRD Facility Members or \$5 for Facility Use Pass

### ZUMBA

Every one of every age loves Zumba! The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

**DATES:** Ongoing

**DAYS:** Mondays, Wednesdays, Saturdays

**TIME:** 10 – 11 a.m. **AGES:** 16 Years of Age and Over

**FEE:** \$60 per Month **DROP-IN FEE:** \$8

### ZUMBA NIGHT

Continue the Zumba fun every Thursday Night!

**DATES:** May & June

**DAYS:** Thursdays **TIME:** 6:30 – 7:30 p.m.

**FEE:** \$25 per Month **DROP-IN FEE:** \$8



## SPECIAL INTEREST

### PARENTS' NIGHT OUT

Here's an opportunity for parents to enjoy a night out while your child enjoys a fun night in! We will keep them entertained with activities (outdoor and indoor), crafts, and a kid friendly meal while you get some much-needed R&R. Children should wear comfy clothes and closed toed shoes.

**DAYS:** Saturdays **TIME:** 5 – 8:30 p.m.

**DATES:** May 13 • June 10 • July 8 • August 12

**AGES:** 4 – 12 Years of Age **FEE:** \$25



## SPORTS

### ADULT SLOW PITCH SOFTBALL LEAGUE

Play Ball! Get your friends and family together to have some outside quality time playing one of America's all-time greatest sports! Participants 18 years and older are welcome. Games will be played at the Francis Hack ball field. Playoffs will be held for top 4 teams the week after league play ends.

**LOCATION:** Francis Hack Field at La Quinta Community Park

**LEAGUES, DAYS & DATES:**

**COED Mondays**

3 females per team minimum requirement to join the league.

June 5 – July 31

**Men's Tuesdays**

June 6 – August 1

**TIME:** 6:15 – 10:15 p.m.

**AGES:**

18 Years of Age and Over

**FEE:** \$400 per Team



### BOCCE BALL FRIDAYS

Interested in playing Bocce Ball or heard of it and want to know more about the game? Come out to the La Quinta Community Park on Fridays and enjoy a few games with other Bocce Ball enthusiasts from our community. This is a FREE program and is a recreational game to get outdoors and enjoy our summer months with friends and family.

**ENROLLMENT:** Ongoing

**DAY:** Fridays **TIME:** 8 – 10 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** Free and open to the community





# La Quinta

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## SWIM & WATER ACTIVITIES

ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT FRITZ BURNS POOL UNLESS OTHERWISE NOTED

PLEASE SEE OUR ADAPTIVE/THERAPEUTIC SPORTS & RECREATION SECTION FOR ADAPTIVE SWIM/WATER PROGRAMS – THANK YOU.

### ADMISSION FEE FOR OPEN SWIM OR LAP SWIM:

CHILDREN: \$3 (Under 3 Years of Age are free)

ADULTS: \$4

### POOL DATES & HOURS:

First day – June 5 • Last day – September 4

### MONDAYS – THURSDAYS:

9 – 11 a.m. (Water Fitness Classes/Lap Swim)

11 a.m. – 12 p.m. (Youth Lessons/Lap Swim/Open Swim)

12 – 2 p.m. (Lap Swim/Open Swim)

2 – 5 p.m. (Youth Lessons)

5 – 7 p.m. (Water Fitness Classes/Lap Swim)

### FRIDAYS:

8 – 10 a.m. (Lap Swim/Open Swim)

10 – 11 a.m. (Adult Lessons/Lap Swim)

11 a.m. – 2 p.m. (Lap Swim/Open Swim)

4 – 5 p.m. (Adaptive Splash Play)

5 – 9 p.m. (Lap Swim/Open Swim)

### SATURDAYS:

8 – 9 a.m. (Water Fitness Classes/Lap Swim)

9 – 10 a.m. (Youth Lessons/Lap Swim)

10 – 11 a.m. (Adult Lessons/Lap Swim)

11 a.m. – 2 p.m. (Lap Swim/Open Swim)

5 – 9 p.m. (Lap Swim/Open Swim)

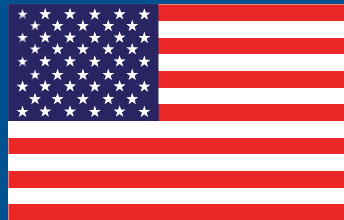
SUNDAYS: Closed

## SPECIAL POOL EVENT

Join us on Friday, June 9 for  
“Free Swim Friday” from 5 – 9 p.m.

## DIVE-IN MOVIES

Join us from 7:30 – 10:30 p.m. on Friday June 23 for a showing of the movie **MINIONS: THE RISE OF GRU**, July 14 for **LIGHTYEAR -OR- August 4 for Puss in Boots: The Last Wish** at Fritz Burns Pool (movies begin at dusk) – check our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for details on these and all of the great movies we offer!



## FREE VETERANS SWIM DAY

Veterans will have the opportunity to join a class or swim for free on Tuesday, July 4

## ADULT CLASSES

### ADULT SWIM LESSONS

It's never too late to learn how to swim or perfect those skills. We will introduce skills to our beginning swimmers and work on strokes and endurance for intermediate swimmers. This class is designed to introduce and improve on the basic skills necessary to meet the individual's personal goals.

DAYS: Fridays and Saturdays

DATES: June 9 – July 1 • July 7 – 29 • August 4 – 26

TIME: 10 – 10:45 a.m. AGES: 18 Years of Age & Over

FEE: \$72.50 per Session

### ADULT WATER AEROBICS

This shallow-water class is designed to build strength while having fun. The class will incorporate resistance tools such as buoyant water weights and noodles. Swimming ability is not required.

AGES: 18 Years of Age & Over

FEE: \$50

TIME: 8 – 8:45 a.m.

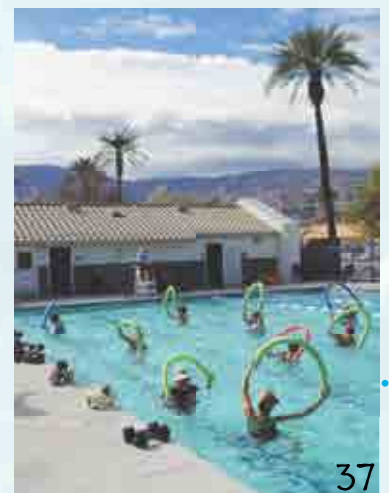
DAYS & DATES:

Saturdays:

April 29 – June 17

June 24 – August 12

August 19 – October 7



**Please Note:** All in-person activities take place at the **La Quinta Community Center** unless otherwise noted in the activity details that follow.



## SWIM & WATER ACTIVITIES

### ADULT WATER AEROBICS CONTINUED

**TIMES:** 10 – 10:45 a.m. **OR** 6 – 6:45 p.m.

**For any of the combinations of days that follow:**

**DAYS & DATES:**

**Tuesdays & Thursdays:**

May 23 – June 15 • June 20 – July 13

July 18 – August 10 • August 15 – September 7

**DAYS & DATES:**

**Mondays & Wednesdays:**

May 22 – June 14 • June 19 – July 12 • July 17 – August 9

August 14 – September 6



### SENIOR SPLASH CLASS

*Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.*

**AGES:** 18 Years of Age and Over

**TIMES:** 9 – 9:45 a.m. **OR** 4 – 4:45 p.m.

**For any of the combinations of days that follow:**

**DAYS & DATES:**

**Mondays & Wednesdays:**

May 22 – June 14 • June 19 – July 12

July 17 – August 9 • August 14 – September 6

**FEE:** \$25 per Session

**DAYS & DATES:**

**Tuesdays & Thursdays:**

May 23 – June 15 • June 20 – July 13

July 18 – August 10 • August 15 – September 7

**FEE:** \$25 per Month

### SENIOR SPLASH CLASS CONTINUED

**DAYS & DATES:**

**Mondays through Thursdays:**

May 22 – June 15 • June 19 – July 13 •

July 17 – August 10 • August 14 – September 6

**FEE:** \$50 per Session

### CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$ 62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SPRING SESSIONS (IF APPLICABLE):

May 1 – 11 • May 15 – 25

SUMMER SESSIONS:

SESSION 1: June 5 – 15      SESSION 4: July 17 – 27

SESSION 2: June 19 – 29      SESSION 5: July 31 – Aug 10

SESSION 3: July 3 – 13

### INFANT SWIM LESSONS

*Our infant swim classes help them get comfortable in and around the water – and begin a lifelong love of water activities! Parents learn basic skills with their child, and a parent/adult must accompany the child in the water.*

### PARENT & ME CLASSES

**Parent & Me Level 1:**

**AGES:** 18 Months – 3 Years of Age

**SPRING SESSION TIME:** 11 – 11:45 a.m.

**SUMMER SESSION TIME:** 11 – 11:45 a.m. • 2 – 2:45 p.m.

**Parent & Me Level 2:**

Activities include those of Level 1 plus basic swimming skills.

**AGES:** 2 – 3 ½ Years of Age

**TIME:** 4 – 4:45 p.m.





# La Quinta

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

### GUPPIES CLASSES

Children are placed in classes based on their ability, and parents do not accompany children in this class.

#### Saturdays Only – Guppies:

June 10 – July 29 • 9 – 9:45 a.m.

August 5 – September 23 • 9 – 9:45 a.m.

**Spring Session Time:** 12 – 12:45 p.m.

#### Summer Session Times:

11 – 11:45 a.m. • 2 – 2:45 p.m. • 3 – 3:45 p.m.



**PENGUINS 1 & 2:** Get children with little or no swimming experience started with the basics. Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.

#### Penguins 1

AGES: 6 ½ – 12 Years of Age

#### Saturdays Only – Penguins 1:

June 10 – July 29 • 9 – 9:45 a.m.

August 5 – September 23 • 9 – 9:45 a.m.

#### Summer Session Times:

2 – 2:45 p.m. • 4 – 4:45 p.m.



#### Penguins 2

AGES: 8 – 12 Years of Age

**Summer Session Times:** 3 – 3:45 p.m.

**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.

AGES: 6 ½ – 12 Years of Age

#### Saturdays Only – Stingrays:

June 10 – July 29 • 9 – 9:45 a.m.

August 5 – September 23 • 9 – 9:45 a.m.

**Summer Session Times:** 2 – 2:45 p.m. • 4 – 4:45 p.m.



**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.

AGES: 7 – 13 Years of Age

TIMES: 3 – 3:45 p.m.



**SHARKS:** The sharks are sharp as they focus on endurance with backstroke and freestyle, master freestyle breathing and build on the butterfly and elementary backstroke. Turning at the wall is introduced. Requirements include freestyle with side breathing, backstroke and elementary backstroke for 25 yards.

AGES: 8 – 14 Years of Age

TIMES: 4 – 4:45 p.m.



## Splash It Up!

### Operation Splash is Back!

#### Operation Splash Kick-Off & Open Swim

Saturday, June 3, 2023 • 9 a.m. to 12 p.m.

Bagdoura Community Pool

84-599 Avenue 52 (corner of Bagdad & Douma) in Coachella

**Scholarships are available for Free Youth Swim Lessons! To apply, visit our website [MyRecreationDistrict.com/swim-water-programs](http://MyRecreationDistrict.com/swim-water-programs) and look for the OPERATION SPLASH APPLICATION.**



**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Mecca Community Center



65-250 Coahuilla Street, Mecca, CA 92254  
(760) 396-0257  
HOURS: Monday – Friday: 8 a.m. – 2 p.m.  
Saturday & Sunday: Closed

## Mecca Community Pool



65-250 Coahuilla Street, Mecca, CA 92254  
(760) 347-3484  
Reserve Spring and Summer Rentals Now

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### MECCA SENIOR PROGRAM

Join us for the Mecca Senior Program where seniors can enjoy activities such as crafts, Fit After 50, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.



**ENROLLMENT:** Ongoing

**DAYS:** Mondays – Thursdays **TIME:** 9 a.m. – 1 p.m.

**AGES:** 50 Years of Age and Over **FEE:** Free



### ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FAMILY CRAFT NIGHT

Join us in Mecca for a night of arts and crafts! Program is designed to meet the needs of individuals with disabilities, all ability levels welcome. We encourage siblings, and friends of individuals with disabilities to join too.

**DATE:** Friday, July 14 **TIME:** 6 – 8 p.m.

**AGES:** All Ages with a Disability or a Special Need

**FEE:** Free

40

## ADAPTIVE SPLASH PLAY

Individuals with a disability or special need are welcome to join an early Open Swim, providing the opportunity to practice swimming skills and have fun with friends and family.

**LOCATION:** Mecca Community Pool

**DAYS:** Saturdays **TIME:** 4 – 4:45 p.m.

**DATES:** June 10 – 24 • July 1 – 29 • August 5 – 26

**AGES:** 4 Years of Age and Over with a Disability or a Special Need

**FEE:** Free



## CAMP & AFTER SCHOOL PROGRAMS

### KIDS CLUB – PASEO DE LOS HEROES

In partnership with the Coachella Valley Housing Coalition, this Kids Club location is exclusively for the residents at Paseo De Los Heroes II Apartments. This after school program, in a safe environment, provides mentorship, a healthy snack, homework help, and activities that support academic enrichment.

**LOCATION:** Paseo De Los Heroes II Apartments

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

(once school year ends, program will start up again in August)

**TIME:** 3 – 6 p.m. **DAYS:** Monday through Friday

**AGES:** 5 – 17 Years of Age **FEE:** Free





## CAMP & AFTER SCHOOL PROGRAMS

### MECCA AFTER SCHOOL CLUBHOUSE

Our after-school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

**ENROLLMENT:** Ongoing During School Year  
(holidays may be excluded)

**TIME:** School Dismissal to 6 p.m.

**DAYS:** Monday through Friday

**GRADES:** Kindergarten through 12th Grade

**FEE:** Free\*

\*The Mecca After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.



## COMMUNITY EVENTS

### FAMILY GLOW GOLF

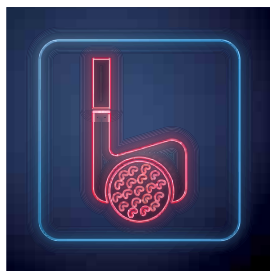
We will be having a night filled with glowing mini golf. Families, you do not want to miss this event, registration is required so sign up today.

**DATE:** Thursday, August 3

**TIME:** 6. – 7:30 p.m.

**AGES:** All Ages

**FEE:** Free



### LET IT GLOW YOUTH SOCIAL

We welcome all youth in Mecca and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today! This program is made possible by the Anderson Children's Foundation.

**DATE:** Friday, June 2 **TIME:** 6 – 7:30 p.m.

**AGES:** 6 – 14 Years of Age

**FEE:** Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

### MECCA FAMILY GAME NIGHTS

We welcome all families of Mecca and surrounding communities to join us for a night of games, music, crafts, a movie and of course fun! Refreshments, snacks and materials will be provided.

**DAYS:** Thursday

**DATES:** May 25 • June 29 • July 13

**TIME:** 6 – 7:30 p.m. **AGES:** All Ages **FEE:** Free

**Find Enjoyment!**

**Please Note:** All in-person activities take place at the **Mecca Community Center** unless otherwise noted in the activity details that follow.



## COMMUNITY EVENTS

### MECCA LOTERIA NIGHT

We are excited to welcome the community of Mecca and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria.

DATE: Thursday, August 24 TIME: 6 – 7 p.m.

AGES: All Ages FEE: Free



## MOVIES

### MOVIES

#### MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on July 7 in Mecca. **Please note inclement weather such as high winds can alter the schedule.**



## SPECIAL INTEREST

### KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.



#### DATES & TIMES:

May 23 • 5 – 6:30 p.m. ■ June 20 • 3:30 – 5 p.m.

July 18 • 2 – 3:30 p.m. ■ August 29 • 5 – 6:30 p.m.

DAYS: Tuesdays

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation



## SWIM & WATER ACTIVITIES

**ALL OF THE SWIM & WATER ACTIVITIES LISTED IN THIS SECTION WILL TAKE PLACE AT MECCA COMMUNITY POOL**

#### ADMISSION FEE FOR OPEN SWIM OR LAP SWIM:

**CHILDREN: \$3 (Under 3 Years of Age are free)**

**ADULTS: \$4**

#### POOL DATES & HOURS:

First day – June 5 • Last day – September 4

(Hours will be reduced to weekends only beginning August 12)

#### MONDAYS – THURSDAYS:

4 – 7 p.m. (Youth Lessons)

7 – 9 p.m. (Lap Swim/Open Swim)

#### FRIDAYS & SATURDAYS:

4 - 5 p.m. (Senior Splash/Adaptive Splash Play)

5 – 9 p.m. (Lap Swim/Open Swim)

**SUNDAYS: Closed**

**PLEASE SEE OUR ADAPTIVE/THERAPEUTIC SPORTS & RECREATION SECTION FOR ADAPTIVE SWIM/WATER PROGRAMS – THANK YOU.**

## SPECIAL POOL EVENT

Join us on Friday, June 9 for

**“Free Swim Friday” from 5 – 9 p.m.**





## ADULT WATER FITNESS CLASS

### SENIOR SPLASH CLASS

Senior Splash is a water aerobics and strength class designed for all skill levels – even for those who are not swimmers – to help maintain greater control of their health.

AGES: 18 Years of Age & Over

FEE: \$25 per Session

TIME: 4 – 4:45 p.m.

DAYS: Fridays & Saturdays

DATES: June 9 – July 1 • July 7 – 29



## CHILD & YOUTH SWIM CLASSES

The cost for all of the following classes is \$62.50 per session, classes are held Monday, Tuesday, Wednesday and Thursday, and the swim lesson session dates are as follows unless otherwise noted:

SESSION 1: June 5 – 15      SESSION 4: July 17 – 27

SESSION 2: June 19 – 29      SESSION 5: July 31 – Aug 10

SESSION 3: July 3 – 13

### PRE-SCHOOL SWIM CLASSES

Let's swim! At this age, children who are comfortable around water are introduced to the fundamentals of safe and effective swimming.

**GUPPIES:** Children are placed in classes based on their ability, and parents do not accompany children in this class.



AGES: 3 – 6 Years of Age

TIMES: 4 – 4:45 p.m. • 5 – 5:45 p.m. • 6 – 6:45 p.m.



## GRADE SCHOOL SWIM CLASSES

Swimming is an excellent way to stay fit and active, and we offer five levels of classes for youth, based on age and swimming ability.

### PENGUINS 1 & 2:

Get children with little or no swimming experience started with the basics.

Water safety, floating, kicks, arm action and use of legs introduce kids to this terrific sport.



#### Penguins 1

AGES:

6 ½ – 12 Years of Age

TIMES:

4 – 4:45 p.m.

5 – 5:45 p.m.

6 – 6:45 p.m.

#### Penguins 2

AGES:

8 – 12 Years of Age

TIMES:

4 – 4:45 p.m. • 5 – 5:45 p.m. • 6 – 6:45 p.m.



**STINGRAYS:** Swimmers must demonstrate all skills listed in Penguins as well as the ability to swim 10 yards without support. Skills taught include freestyle, breaststroke and butterfly kick, elementary backstroke as well as additional water safety.



AGES: 6 ½ – 12 Years of Age

TIMES: 4 – 4:45 p.m. • 6 – 6:45 p.m.

**BARRACUDAS:** Front crawl, back crawl, backstroke, breaststroke, and sidestroke kick, along with treading water make this class fun as kids sharpen and expand their swimming skills.



AGES: 7 – 13 Years of Age

TIMES: 5 – 5:45 p.m.

# Find Freestyle!

# North Shore

**Please Note:** All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## North Shore Beach & Yacht Club



99-155 Sea View Drive, North Shore, CA 92254  
(760) 393-0602

HOURS: Monday – Friday: 8 a.m. – 12 p.m. and  
4 – 8 p.m.

Saturday & Sunday: Closed

## North Shore Community Park



99-480 70th Avenue, North Shore, CA 92254  
(760) 393-0602

HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### NORTH SHORE SENIOR PROGRAM

Join us for the North Shore Senior Program where seniors can enjoy activities such as exercise, art, guest speakers, resources, field trips, and much more. Drop by the center and pick up a monthly calendar!

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays

TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over FEE: Free



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE GLOW NIGHT (MINI GLOW GOLF AND SILENT DISCO)

Join us on the mini glow golf course set up throughout the North Shore Beach & Yacht Club, followed by a Silent Disco. Program is designed to meet the needs of individuals with disabilities. Bring your dancing shoes!

DATE: Friday, June 23 TIME: 6 – 8 p.m.

AGES: All Ages with a Disability or a Special Need

FEE: Free



## CAMP & AFTER SCHOOL PROGRAMS

### NORTH SHORE AFTER-SCHOOL CLUBHOUSE

Our after-school programs provide a safe, fun and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year  
(holidays may be excluded)

TIME: School Dismissal to 6 p.m.

DAYS: Mondays through Fridays

GRADES: Kindergarten through 12th Grade

FEE: Free\*

\*The North Shore After-School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.





# North Shore

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER BY THE SHORE

Come in and join the fun activities such as themed games, creative arts projects, crafts, board game tournaments, karaoke, and much more! Participants can learn new skills and build self-esteem through Sport Activities, Creative Arts and Crafts and group games. A daily snack is provided.

DATES: July 10 – 28 TIME: 7 a.m. – 12 p.m.

DAYS: Mondays – Fridays AGES: 5 – 11 Years of Age

FEE: Free



## COMMUNITY EVENTS

### CATHOLIC CHARITIES FOOD DISTRIBUTION

No paperwork is required to obtain food at this free event; food distributed on a first come, first served basis beginning at 8 a.m. until food is gone. This is a drive-thru distribution and food will be placed in your vehicle.

DAYS: Wednesdays FREQUENCY: Weekly

TIME: 8 – 9 a.m.

### FAMILY GLOW GOLF

We will be having a night filled with glowing mini golf. Families, you do not want to miss this event, registration is required so sign up today.

DATE: Thursday, July 27 TIME: 6 – 7:30 p.m.

AGES: All Ages FEE: Free

### LET IT GLOW YOUTH SOCIAL

We welcome all youth in North Shore and surrounding communities to join us for a night of fun, dancing, music and games! We will be having a Silent Disco for the first 50 participants, as well as a glow golf course. You do not want to miss this event, registration is required! Space is limited, so enroll today!

DATE: Friday, May 19 TIME: 7 – 8:30 p.m.

AGES: 6 – 14 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation

## NORTH SHORE FAMILY GAME NIGHTS

We welcome all families of North Shore and surrounding communities to join us for a night of games, music, crafts, a movie and of course fun! Refreshments, snacks and material will be provided.



DAYS: Thursday

DATES: May 11 • June 22 • July 20

TIME: 6 – 7:30 p.m. AGES: All Ages

FEE: Free

## NORTH SHORE LOTERIA NIGHT

We are excited to welcome the community of North Shore and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria.



DATE: Tuesday, August 22 TIME: 6 – 7 p.m.

AGES: All Ages FEE: Free



## HEALTH & FITNESS

### ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.

ENROLLMENT: Ongoing

DAYS: Tuesdays, Wednesdays, Thursdays

TIME: 6 – 7 p.m.

AGES: 14 Years of Age and Over

FEE: \$40 per Month

DROP-IN FEE: \$5 per Class

**Find Amusement!**

# North Shore

**Please Note:** All in-person activities take place at the **North Shore Beach & Yacht Club** unless otherwise noted in the activity details that follow.



## MOVIES

### MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, June 30 at North Shore Community Park.

**Please note inclement weather such as high winds can alter the schedule.**



## SPECIAL INTEREST

### KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/tools to incorporate a healthy and active lifestyle in their daily routines and family life.



DAYS: Tuesdays

DATES & TIMES:

May 23 • 5 – 6:30 p.m. ■ June 20 • 3:30 – 5 p.m.

July 18 • 1 – 2:30 p.m. ■ August 29 • 5 – 6:30 p.m.

AGES: 7 – 10 Years of Age

FEE: Free thanks to funding from USDA Snap/CalFresh, and the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation

## Lake Cahuilla Veterans Regional Park

58075 Jefferson St. La Quinta, CA 92253

Enjoy the  
Great Outdoors

SAVE\*  
50%  
Second Night



### Features

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- Tent Camping
- Fishing Lake
- Hiking Trails
- Horseback Trails
- Picnic Shelters
- Playground
- Pet Friendly
- BBQ Areas
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- Sand Volleyball
- Pickleball
- Bocce Ball
- and more...

[www.RivCoParks.org](http://www.RivCoParks.org)

Online Reservations available 24/7

1-800-234-7275 (PARKS)

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\*To receive discount, call 800-234-7275 and mention code CAMP23. Offer expires 12/31/2023. Discount not offered on holidays or in conjunction with other discounts.



For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Oasis del Desierto Park



88-775 Avenue 76, Thermal, CA 92274  
(760) 393-0602  
HOURS: See Activities for Times/Days

## Oasis Elementary School

88175 74th Ave, Thermal, CA 92274



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FAMILY FIELD DAY

Join us at the Oasis Park for an adaptive Family Field Morning! In trying to beat the heat we will have several water involved activities to keep us cool - balloon toss, water relay, obstacle challenges, etc. This activity is designed to meet the needs of individuals with disabilities, all ability levels welcome. We encourage siblings and friends of individuals with disabilities to join, too! Wear your swimsuit, or something you don't mind getting wet [they will dry eventually]. Wear close toed shoes and bring water.

DATE: Tuesday, July 18

TIME: 9 – 10 a.m.

AGES: All Ages with a Disability or a Special Need  
and family members

FEE: Free

**Find Adventure!**



## ART & MUSIC

### ARTS & CRAFTS

The Arts and Crafts program is a great way to introduce youth in the Eastern Coachella Valley to a variety of different arts and crafts, including drawing and painting. Each class will be led by an instructor where students will receive step by step instructions to create their own masterpiece.

DAYS: Wednesdays

DATES: May 10 – 24 • June 14 – 28

July 12 – 26 • August 9 – 30

TIMES: 5:30 – 6:30 p.m. AGES: 5 – 12 Years of Age

FEE: Free thanks to funding from the Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**



## COMMUNITY EVENTS

### H2-OASIS: WATER DAY AT THE PARK

Come make a splash with us and beat the summer heat at the first H2-Oasis water day. We encourage all participants to bring towels and clothing you do not mind getting wet. There will be music, water themed activities, and fun!

DATE: Thursday, June 8 TIME: 9 – 11 a.m.

AGE: All Ages FEE: Free



**Please Note:** All in-person activities take place at the **Oasis del Desierto Park** unless otherwise noted in the activity details that follow.



## LET IT GLOW YOUTH SOCIAL

We welcome all youth and teenagers in Oasis and surrounding communities to join us for a fun night of fun, dancing, music, and games! We will be having a Silent Disco for the first 50 participants as well as a glow golf course set up at the Oasis del Desierto Park. Registration is required.

**DATE:** Friday, July 28

**TIME:** 6 – 7:30 p.m. **AGES:** 6 – 14 Years of Age

**FEE:** Free thanks to funding from Anderson Children's Foundation



**Irene W. & Guy L. Anderson  
Children's Foundation**

## OASIS DEL DESIERTO GAME NIGHT

We welcome the community of Oasis and surrounding communities to join us for a night of games, music, crafts, and of course fun! Refreshments, snacks and material will be provided.

**DATES:** Monday, May 15 • Thursday, July 6

**TIME:** 6:30 – 7:30 p.m.

**AGES:** All Ages **FEE:** Free

## OASIS FAMILY DANCE PARTY

Join us for the first Family Dance Party in Oasis. Here we will have music, dance instruction, line dances, raffles, contests, and more! Don't forget to bring your dancing shoes to this night of fun, family, and community.

**LOCATION:** To Be Determined

**DATE:** Monday, July 24 **TIME:** 6 – 7 p.m.

**AGES:** All Ages **FEE:** Free

## OASIS FAMILY SOCIAL

Come in and enjoy our Youth Socials. Fun activities will include art, crafts, sports, dancing, fitness, group games and much more. Space is limited please register ahead of time.

**LOCATION:** Oasis Elementary School

**DATE:** Wednesday, May 31 **TIME:** 5 – 6 p.m.

**AGES:** All Ages **FEE:** Free

## OASIS LOTERIA NIGHT

We are excited to welcome the community of Oasis and surrounding communities to join us for a night of games, community, and fun! All ages are welcome to participate in a fast fun paced game of Loteria.



**DATE:** Monday, August 21 **TIME:** 7 – 8 p.m.

**AGES:** All Ages **FEE:** Free

## OASIS SUMMER RESOURCE FAIR

Come join DRD at Oasis Elementary School for a Summer Resource Fair. There will be many organizations providing information and resources to the community. We will also have activities and prizes for all ages! Join us in beating the heat at this event.

**LOCATION:** Oasis Elementary School

**DATE:** Saturday, May 13 **TIME:** 10 a.m. – 12 p.m.

**AGE:** All Ages **FEE:** Free



## MOVIES

### MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies in the Park/Movie Nights. Please check the listings on our website at **MyRecreationDistrict.com/movies** for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. We are currently planning a movie on Friday, June 16 at Oasis del Desierto Park. **Please note inclement weather such as high winds can alter the schedule.**





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Palm Desert Community Center



43-900 San Pablo Avenue, Palm Desert  
(760) 568-9697

HOURS: Monday - Friday: 6 a.m. - 9 p.m.  
Saturday: 9 a.m. - 2 p.m.  
Sunday: Closed

## Portola Community Center



45-480 Portola Avenue, Palm Desert  
(760) 568-2560

HOURS: Monday - Friday: 8 a.m. - 8:30 p.m.  
Saturday & Sunday: Closed

## The Golf Center at Palm Desert



74-945 Sheryl Avenue, Palm Desert  
(760) 779-1877

HOURS: See Activities for Times/Days

## Cahuilla Hills Park

45-825 Edgehill Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## Freedom Park

77-400 Country Club Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## Palm Desert Soccer Park

74-735 Hovley Lane, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 9 p.m. Daily

## Olsen Community Park

43-005 Magnesia Falls Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily

## University Park

74-802 University Park Drive, Palm Desert, CA 92260  
(760) 776-6481 • HOURS: 6 a.m. – 10 p.m. Daily



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

Please note: Sport chairs are available for use during adaptive programs. Instructions for requesting a sports chair will be given during registration.

Many of our adaptive program are offered in collaboration with SoCal Adaptive Sports



## ADAPTIVE BASKETBALL

Basketball can improve a player's fitness level while working on skill sets including shooting and dribbling. Participants will receive instruction from our adaptive coaches while working through drills.

ENROLLMENT: Ongoing DAYS: Mondays

TIMES: 2:15 – 3:15 p.m. OR 3:15 – 4:15 p.m.

AGES:

16 Years of Age and Over with a Disability or a Special Need

FEE: \$25 per Month



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE PICKLEBALL

Work on hand eye coordination and develop your pickleball and badminton skills with us. Classes works on skill development through drills with progression to game play. Throughout the hour-long program we will cycle groups through both sports.

**ENROLLMENT:** Ongoing

**DAY:** Thursdays **TIME:** 4 – 5 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month



### ADAPTIVE SCOOTER SOCCER

This is a modified version of soccer played on scooters with giant-ball options available for everyone. An excellent way to strengthen coordination and gross motor skills.

**DATES:** July 6 – 28

**DAYS:** Thursdays **TIME:** 3 – 4 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE TABLE TENNIS

Truly an all-ability game, table-tennis is a great opportunity to challenge your timing and hand-eye coordination. Swing a paddle and play with new friends for an exciting way to stay fit.

**DATES:** June 1 – 29 • August 3 – 31

**DAYS:** Thursdays **TIME:** 3 – 4 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month



### ADAPTIVE WALK, RUN, ROLL CLUB

You can walk, run, or even roll in one of our sport wheelchairs as we get our bodies moving again in Civic Center Park. As the weather cools down, we will work on technical running skills, endurance, and of course, have LOTS of fun! This is a test class and may extend through the winter while we can enjoy the outdoor weather.

**DATES:** May 1 – 22

**DAY:** Mondays **TIME:** 4:30 – 5:15 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month

### ADAPTIVE WALLYBALL

Work on hand eye coordination and volleyball skills with us in a rousing month of wallyball [also known as rebound volleyball]. Session takes place inside the racquetball court, and the use of the walls to increase play time is highly encouraged!

**DATES:** May

**DAYS:** Thursdays **TIME:** 3 – 4 p.m.

**AGES:** 10 Years of Age and Over with a Disability or a Special Need

**FEE:** \$25 per Month



## ART & MUSIC

### GUITAR

**Beginning class** teaches the basics you need to start playing the guitar. Learn to read chord charts and tablature, and develop skills like strumming, rhythm, finger picking, and tuning. Learn to play songs right away!

**Second Level class** teaches new chords, rhythms and songs from Johnny Cash, Sheryl Crow, Rod Stewart, and others. Also enjoy an easy introduction to reading standard notation for learning simple guitar solos.

**ENROLLMENT:** May 24 – June 21 • July 5 – August 2

**DAY:** Wednesdays

**AGES:** 9 Years of Age and Over

**LEVELS & TIMES:** **Beginning** • 6 – 7 p.m.

**Second Level** • 7 – 8 p.m.

**FEE:** \$80 per Session



# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PIANO/KEYBOARD – BEGINNING I & II

Children will learn to read music consisting of treble and bass clef, staff, names of notes, and simple key and time signatures. Children will also learn rhythm and single note melodies leading to simple chord structures.

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays

**AGES:** 8 – 12 Years of Age

**TIME:** **Beginning I** • 4 – 5 p.m.

**Beginning II** • 5 – 6 p.m.

**FEE:** \$50 per Month



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER CAMP

Campers have the opportunity to learn new skills and build self-esteem through sports activities, creative arts and crafts and group games. Campers will enjoy laugh-out-loud skits performed by our Team and the Campers themselves. All activities are carried out under the watchful eye of our camp Staff.

**DATES:** **Three-week Session 1:** June 5 – 23

**Three-week Session 2:** June 26 – July 14

**Three-week Session 3:** July 17 – August 4

**Weekly Sessions begin** June 5, 12, 19, 26,  
July 3, 10, 17, 24, and 31

**DAYS:** Monday – Friday

**AGES:** 5 – 15 Years of Age

(child must have completed Kindergarten)

**Summer Camp – Full Days:**

**TIME:** 7:30 a.m. – 6 p.m.

**FEES:** \$360 per Three-week Session

\$140 per Weekly Session

\$30 Daily Drop-in Available on non-field trip days

**Find Laughter!**

## TRADITIONAL AFTER SCHOOL PROGRAMS (TAS)

Desert Recreation District is partnering with the schools below to introduce the Expanded Learning Opportunity Program (ELOP) funded by AB 130 to allow students the opportunity to attend after school programming at no charge. Students will spend the afternoon embracing a healthy lifestyle supporting the rewards of teamwork and sportsmanship through physical activities, team building, and health & nutrition.

**DAYS:** Monday – Friday

**TIME:** School Dismissal to 6:00 p.m.

(Kinder program at Ronald Reagan ends at 5:30 p.m.)

**GRADES:** Kindergarten through Fifth

**TAS – Ronald Reagan Elementary School**

**LOCATION:** Ronald Reagan Elementary School

**ENROLLMENT:** Ongoing during School Year

(may exclude holidays)

May 1 – June 2 and August 15 – 31

**TAS – Washington Charter School program at Portola**

**LOCATION:** Portola Community Center

(Open to Washington Charter School students only)

**ENROLLMENT:** Contact Washington Charter Elementary directly at 760-862-4350

During school year only; May 1 – June 2 and August 15 – 31



## DANCE

### BALLROOM: SWING & SALSA LESSONS

Palm Desert is dancing its way back to wellness! Join in these fun and easy 4-week sessions! These classes will give you solid instruction in the ever so popular ballroom dance, swing, salsa, fox trot as well as an introduction to the cha-cha. Couples only please for this class.

**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays

**TIME:** 7 – 8 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$52



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## DANCE

### BEGINNING BALLET

*Dancers will learn ballet's basic steps and beginning dance positions. This class is also designed to improve children's coordination and poise while introducing music appreciation and interpretations.*

**ENROLLMENT:** May, June & August    **DAY:** Saturdays  
**TIME:** 10 – 10:45 a.m.    **AGES:** 5 – 11 Years of Age  
**FEE:** \$42 per Month

### BELLY DANCE

#### BEGINNING BELLY DANCE

*Students will learn modern Belly Dance techniques in this class that focuses on full body awareness, learning many types of shimmies, pathways and positioning of arms and creative combinations. Various types of Middle Eastern music will also be introduced.*

**ENROLLMENT:** May, June, July  
**DAYS:** Fridays    **TIME:** 6:30 – 7:30 p.m.  
**AGES:** 13 Years of Age and Over    **FEE:** \$70 per Month

#### ADVANCED/PERFORMING BELLY DANCE

*Focusing on the art of belly dance and opportunities to perform in a dance company. The main focus will be on choreography. This class will give you an outlet for creative expression through the art of modern Belly Dance. Traditional techniques combined with the modern use of props will also be taught.*

**ENROLLMENT:** May, June, July    **DAYS:** Thursdays  
**TIME:** 7 – 8:30 p.m.    **AGES:** 18 Years of Age and Over  
**FEE:** \$65 per Month

#### PERFORMANCE AND REHEARSAL BELLY DANCE

*For Returning Students only. Focusing on the art of belly dance and opportunities to perform in dance company. Main focus will be on choreography and will give you an outlet through creative expression in this class.*

**DATES:** August 3 – 31    **DAYS:** Thursdays & Fridays  
**TIME:** 6:30 – 8:30 p.m.    **AGES:** 16 Years of Age and Over  
**FEE:** \$65 per Month

### DANCE, PLAY & PRETEND

*Young children are introduced to dancing through the help of make-believe and imaginative play and are taught basic ballet movements. Ballet shoes for girls; tee shirt, shorts and socks for boys are required.*

**ENROLLMENT:** May, June & August  
**DAY:** Saturdays    **TIME:** 9 – 9:45 a.m.  
**AGES:** 2 ½ – 5 Years of Age    **FEE:** \$42 per Month

### INTRO TO DANCE & DRUMMING

*The goal of group drumming will be starting and ending together, eventually having half the class playing drums and the other half dancing! Scarves will*



*be handed out for improvisational group dance leading to solos, and children will participate in call & response anatomy, stretching, and dynamic stretching.*

**ENROLLMENT:** Ongoing  
**DAY:** Thursdays    **TIME:** 10:30 – 11:30 a.m.  
**AGES:** 2 – 4 Years of Age    **FEE:** \$40 Per Month

### LINE DANCING

*Time to have some fun! These classes will lift your spirits, keep your mind sharp, and are a great way to get exercise and get fit! The latest in popular dances will be taught by a professional dance instructor MC Callaghan.*

**ENROLLMENT:** Ongoing  
**DAYS:** Wednesdays  
**TIME:** 6 – 7 p.m.  
**AGES:** 18 Years of Age and Over  
**FEE:** \$43 per Month  
**DAILY DROP-IN FEE:** \$13





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## SWING DANCE WORKSHOP FOR BEGINNERS

Fast, fun and easy learning of the most popular Ballroom dance, the Classic Swing. You won't believe how much you can learn in 2 hours! Both singles and couples are welcome.

DATE: Wednesday, May 31 TIME: 7 – 9 p.m.

AGES: 18 Years of Age and Over

FEE: \$28 per Person per Class

## SWING & SALSA DANCE WORKSHOP FOR BEGINNERS

Learn to dance Salsa in this Fun and Easy 2-hour class concentrating on the most popular Latin Dance, Salsa! Great exercise and always a spirit lifter, and both singles and couples are welcome.

DATES: June 15 • August 30 TIME: 7 – 9 p.m.

AGES: 18 Years of Age and Over

FEE: \$28 per Person per Class



## HEALTH & FITNESS

### CHAIR YOGA

Chair Yoga Dance is a fun interactive program where the participants, seated and standing, do yoga movements to a beat. Benefits may include improving balance, coordination, focus, concentration, strength building, and more for the wellness of the mind, body and spirit.



ENROLLMENT: Ongoing

DAYS: Thursdays TIME: 12 – 12:45 p.m.

AGES: 18 Years of Age and Over

FEE: \$45 per Month

## HULA FOR FITNESS & FUN

The sounds of beautiful Hawaiian music play while you learn to exercise with Hula. Build stamina, flexibility, grace, rhythm, and balance while tightening your core, arms and thighs with this traditional dance.

DATES: July 24 – August 28

DAYS: Mondays TIME: 6 – 8 p.m.

AGES: 18 Years of Age and Over

FEE: \$66 per Session

## INTERVAL TRAINING FOR ACTIVE ADULTS

This modified interval training class will utilize all major muscle groups along with abdominal/core work and a period of cardio. Work on cardiovascular health as well as strength training, balance and stamina. All levels welcome.

ENROLLMENT: Ongoing

DAYS: Wednesdays & Fridays TIME: 9 – 10 a.m.

AGES: 18 Years of Age & Over

FEE: \$25 per Month

## KICKBOX FUSION

Kickbox Fusion is a fitness class that combines Martial Arts techniques with fast paced cardio. This high-energy workout challenges both, beginners and elite athletes. It is a non-contact workout as all punches and kicks are thrown in the air.

ENROLLMENT: Ongoing DAYS: Thursdays

TIME: 6 – 7 p.m. AGES: 16 Years of Age & Over

FEE: \$25 per Month



**Find Wellness!**

# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## HEALTH & FITNESS

### SALSAEROBICS

*People love salsa dancing. The music, the dance moves, the exercise you get from it, and the social aspect of it. Add aerobics and you have a class that helps with flexibility, conditioning, shaping up, and more.*

**ENROLLMENT:** May, June, July

**DAYS:** Tuesdays & Thursdays **TIME:** 8:15 – 9:15 a.m.

**AGES:** 18 Years of Age & Over

**FEE:** \$35 per Month **DROP-IN FEE:** \$7 per Day

### TAI CHI

#### INTRO TO TAI CHI – SUMMER WELLNESS SESSIONS

*This Program allows participants to experience the benefits of Tai Chi movements, improving the balance, increasing lung capacity through focused breathing and quieting the mind.*

**LOCATION:** Portola Community Center

**DAYS:** Thursdays

**DATES:** May 11 & 18  
June 1 & 8

**TIME:** 12 – 12:45 p.m.

**AGES:** 18 Years of Age & Over

**FEE:** \$15 per Session



### TAI CHI FOR YOUR HEALTH

*Tai Chi for Health, focuses on improving the balance, quieting the mind, increasing lung capacity through focused breathing and so much more. Class will be held outside, weather permitting.*

**LOCATION:** Portola Community Center

**ENROLLMENT:** Ongoing **DAY:** Mondays

**TIME:** 12 – 12:45 p.m.

**AGES:** 18 Years of Age & Over

**FEE:** \$55 per Month **DROP-IN FEE:** \$15 per Day

### YOGA – SUMMER WELLNESS SESSIONS OF INTRODUCTION TO YOGA

*This program allows the participants to experience the benefits of yoga postures, stretching, balance, floor stretches, relaxation and rejuvenation, meditations.*

**LOCATION:** Portola Community Center

**DAYS:** Thursdays **TIME:** 12 – 12:45 p.m.

**DATES & AGES:**

June 22 • 10 Years of Age and Over (**Special Note:** These Yoga classes are open to young yoga practitioners if accompanied by a participating parent or guardian)

July 13 & 20 • 18 Years of Age and Over

**FEE:** \$15 per Session, per Person



## MARTIAL ARTS

### LITTLE KICKS

*This introduction to Martial Arts provides a basic cardiovascular, stretching, and strength building program. It's designed for children to become familiar with group activities, sportsmanship, fair play, as well as mental and physical conditioning.*

**MONTH & DAYS:** May, Thursdays • June, Tuesdays

**AGES & TIME:**

**Level 1:** 3 – 5 Years of Age • 3 – 3:45 p.m.

**Level 2:** 6 – 8 Years of Age • 4 – 4:45 p.m.

**FEE:** \$30 per Month



## SPECIAL INTEREST

### CHESS

#### BEGINNING CHESS

*Enhance your child's memory by having fun becoming the KING of Chess. This program is structured to learn the fundamentals and learn the strategies to checkmate your opponent with critical thinking tactics and problem-solving abilities.*

**ENROLLMENT:** May, June, July

**DAYS:** Fridays **TIME:** 3:30 – 4:15 p.m.

**AGES:** 7 – 14 Years of Age **FEE:** \$30 per Month





**A program of Desert Recreation District**

First Tee - Coachella Valley is part of an international youth development organization that provides educational programs which build character and promote healthy choices through the game of golf. Classes are available for all skill levels for participants 4 – 18 Years of Age. Golf equipment and Financial Aid are provided for any participant who has a need.

**SUMMER PROGRAMS ARE OPEN TO THOSE 4 – 18 YEARS OF AGE.**

## SUMMER PROGRAMMING

**Registration opens on Wednesday, May 24**

First Tee Weekly Classes  
\$65 PER SIX-WEEK SESSION  
June 5 – July 15 (6 – weeks)

## SUMMER CAMP

**Registration opens on Wednesday, March 29**

First Tee Summer Camps  
\$99 Per 5-day camp (8:30 a.m.-11:30 a.m.)  
Offered June 5 – July 28 (7 – weeks of camp)



**PLEASE REGISTER FOR FIRST TEE – COACHELLA VALLEY CLASSES HERE: [FTCV.ORG](http://FTCV.ORG)**

**Volunteer Opportunities available for Assistant Coaches, Special Events and Tutoring**

## **INQUIRIES?**

Please email Kyle Winn: [kwinn@ftcv.org](mailto:kwinn@ftcv.org) or call **760-834-6791**



## **The Golf Center** AT PALM DESERT

### **The Best Game Improvement Facility in the Coachella Valley!**

Conveniently located in the heart of Palm Desert off Cook Street, The Golf Center at Palm Desert offers a large Driving Range with lighting for night-time use, along with practice short game and putting greens. When you are finished sharpening your game on the Range, play a round on our Par-3, 9-hole golf course. The golf course is the perfect place to improve your game, featuring small, undulating greens and is the perfect place to work on the scoring part of your game (80 - 130 yards).



## **GOLF RATES (9–Holes)**

(June 1 – August 31: Rate includes Pull Cart and Small bucket of Balls)

Adults .....	\$20
Seniors (over 55).....	\$17
Juniors (under 17).....	\$10
Same Day 9–Hole Replay .....	\$7

## **DRIVING RANGE**

Medium Bucket .....	\$9
Large Bucket .....	\$13

**GOLF CLINICS**..... Call for details.

## **RENTALS**

Pull–Cart .....	\$4
Set of Clubs .....	\$10
Individual Clubs.....	\$4

**For additional information, please call the Golf Shop at (760) 779–1877 or visit [GolfCenterPD.com](http://GolfCenterPD.com)**

# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.

## ★ SPECIAL INTEREST

### INTERMEDIATE CHESS

Come and join us have fun competing against other players across the desert. Challenge your Chess skills and learn new techniques on how to checkmate your opponent. In these sessions, you will master patience, strategy, and thinking critically. Bring your own board and pieces.



**ENROLLMENT:** May, June, July

**DAYS:** Fridays

**TIME:** 4:30 – 5:15 p.m.

**AGES:** 7 – 14 Years of Age

**FEE:** \$40 per Month

### K9 NOSE WORK–BASIC–INTRO TO SCENT WORK WORKSHOP

This beginner series focuses on teaching you how to encourage and develop your dog's natural scenting abilities. Dogs learn fun puzzle games utilizing their desire to hunt and love of food and toys.

**LOCATION:** Portola Community Center

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 11 – 11:50 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$150 per 4-week session

### K9 NOSE WORK– INTERMEDIATE WORKSHOP

This intermediate series focuses on introducing your dog to several target odors that they will be trained to locate. Dog/handler teams begin to learn more challenging puzzle games including vehicle searches.

**Prerequisite:** K9 Nose Work Basic–Intro to Scent Work.

**LOCATION:** Portola Community Center

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 12 – 12:50 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$150 per 4-week session

### K9 NOSE WORK–ADVANCED DETECTIVE

This advanced series is geared for dog/handler teams to expand their knowledge and skills in scent detection training. Types of searches conducted include containers, vehicles, interiors, and exteriors. **Prerequisite:** K9 Nose Work Intermediate Workshop.

**LOCATION:**

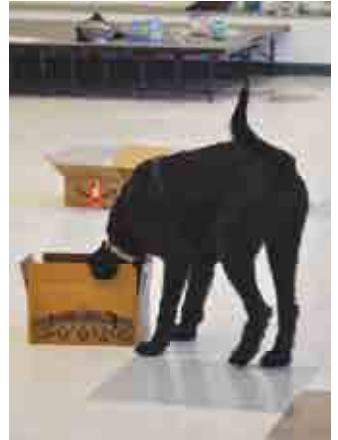
Portola Community Center

**ENROLLMENT:** Ongoing

**DAY:** Tuesdays **TIME:** 1 – 1:50 p.m.

**AGES:** 18 Years of Age and Over

**FEE:** \$150 per 4-week session



## 🏀 SPORTS

### BASKETBALL

#### BASKETBALL TRAINING ZONE

Don't wait for the season to begin, start training now and be ready for draft day. Join the "Basketball Training Zone" and take your game to the next level. Our instructors provide constructive feedback highlighting your strengths and pinpointing areas needing improvement.



#### BASKETBALL TRAINING ZONE: BEGINNERS

**ENROLLMENT:** May, June, July

**DAYS:** Wednesday

**TIME:** 3:30 – 4:30 p.m.

**AGES:** 7 – 9 Years of Age

**FEES:** \$40 per Month **DROP-IN FEE:** \$12 per Day

#### BASKETBALL TRAINING ZONE: INTERMEDIATE

**ENROLLMENT:** May, June, July

**DAYS:** Wednesday

**TIME:** 4:30 – 5:30 p.m.

**AGES:** 10 – 14 Years of Age

**FEES:** \$40 per Month **DROP-IN FEE:** \$12 per Day



## ICE SKATING/HOCKEY

Please note all ice skating and hockey activities take place at the Berger Foundation Iceplex.

Please register on-line at [BergerFoundationIceplex.com](http://BergerFoundationIceplex.com).

If you use discount code: **DRDsummer** you will receive \$5 off classes, if registered before Sunday, July 23.

While visiting the Berger Foundation website, please check out their other Hockey and Learn to Skate summer camps beginning in June.

**Beat the heat on the ice this summer at Berger Foundation Iceplex!**



### **YOUTH ICE SKATING – BASIC 1**

*This class is for young beginners. Skaters will learn the proper way to fall and get up, forward skating skills, stops and backward skating is introduced. Helmet and gloves are highly recommended but not required.*

**DATES:** July 11 – August 26

**DAYS:** Tuesdays, Wednesdays, Saturdays

**AGES:** 6 – 12 Years of Age **FEE:** \$199

### **TEEN/ADULT BEGINNER ICE SKATING**

*For adult skaters who are new to the ice and/or have not had previous formal skating instruction. Basic forward skating and stopping skills are taught along with balancing on one and two feet. This class teaches the foundation upon which more complex skating skills are developed.*

**DATES:** July 11 – August 26 **DAYS:** Tuesdays & Saturdays

**AGES:** 13 Years of Age and Over **FEE:** \$199

### **HOCKEY TOT**

*This class will introduce beginning skating skills in a hockey format. Tots will learn forward skating skills, how to fall and get up, skating forward and stopping. Helmet and gloves are highly recommended but not required.*

**DATES:** July 11 – August 26 **DAYS:** Tuesdays & Saturdays

**AGES:** 3 – 5 Years of Age **FEE:** \$199

### **TOT & ME**

*This class is for parents to skate with their preschool children, ages 3 – 5 years. You will be able to spend quality time with your child, while he or she learns the FUNdamentals of skating in a nurturing environment.*

**DATES:** July 11 – August 26 **DAYS:** Tuesdays & Saturdays

**AGES:** 3 – 5 Years of Age with parent or guardian

**FEE:** \$199

### **TOT BEGINNER**

*This class will introduce beginning skating skills in helping your skater become independent; working on forward skating skills, how to fall and get up, skating forward and stopping.*

**DATES:** July 11 – August 26 **DAYS:** Tuesdays & Saturdays

**AGES:** 3 – 5 Years of Age with parent or guardian

**FEE:** \$199

### **HOCKEY LEARN TO PLAY 1**

**PRE-REQUISITE BASIC 1 OR HOCKEY TOT  
DISCOUNT DOES NOT APPLY.**

*Player will learn beginning hockey fundamentals and will receive a complete set of custom NHL Learn To Play hockey equipment.*

**DATES:** July 10 – August 21 **DAYS:** Mondays

**FEE:** \$250

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## PICKLEBALL

### INDOOR PICKLEBALL – OPEN PLAY

We offer friendly competition and Pickleball fun inside our Palm Desert Community Center. No need to worry about weather conditions outside or crowded tennis courts!

**ENROLLMENT:** Ongoing

**DAYS & TIME:** Mondays, 9:30 a.m. – 2 p.m.

Wednesdays & Fridays, 9:30 a.m. – 2:30 p.m.

**AGES:** All Ages

**FEE:** \$5 Drop-In Per Day or

**FREE** for DRD Get Fit Pass members

### PICKLEBALL CLINICS – BEGINNER LEVEL

Beginner level pickleball clinics have group skills and drills for beginner players. Plan your schedule with the instructor. At this level, the player is new to pickleball and will be learning scoring and rules. You will be developing a forehand and learning how to serve correctly.

**ENROLLMENT:** Ongoing

**DAYS:** Mondays **TIME:** 8 – 9:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$95 per Month • \$25 per Day

### PICKLEBALL CLINICS – ADVANCED BEGINNER LEVEL

At this level, there will be group skills and drills for advanced Beginner players.

Plan your schedule with instructor. Players in this category are able to sustain longer rallies and may make easier volleys and use their backhand more often, but often need work on stroke development.



**ENROLLMENT:** Ongoing

**DAYS:** Wednesdays **TIME:** 8 – 9:30 a.m.

**AGES:** 16 Years of Age and Over

**FEE:** \$95 per Month • \$25 per Day

### PICKLEBALL CLINICS – INTERMEDIATE TO ADVANCED DRILLS

This level of player will be doing group skills and drills for intermediate to advanced players, and players will have achieved stroke dependability with directional control on most medium paced and some harder hit shots but still need to develop more depth and variety with their shots. Plan your schedule with the instructor.

**ENROLLMENT:** Ongoing **DAYS:** Fridays

**TIME:** 8 – 9:30 a.m. **AGES:** 16 Years of Age and Over

**FEE:** \$95 per Month • \$25 per Day

## SOCCER

### PALM DESERT YOUTH SOCCER CLINIC – BEGINNERS

This class will develop an understanding of the engaging and exciting aspects of soccer, and improve their listening, social, and athletic skills. Each activity is designed to be fun and fast-paced.



**ENROLLMENT:** Ongoing

**DAYS:** Saturdays

**TIMES:** 10 – 11 a.m.

**AGES:** 5 – 7 Years of Age

**FEE:** \$40 per Month

### PALM DESERT SOCCER CLINIC – INTERMEDIATE

The goal of this intermediate clinic is to provide a fun and structured environment for each player, which will help to develop their athletic skills. The focus of our classes is for each child to actively participate in fun games and skill development.

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays

**TIMES:** 11 a.m. – 12 p.m.

**AGES:** 8 – 10 Years of Age

**FEE:** \$40 per Month





# Palm Desert

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## PARENT & ME SOCCER

*This class focuses on the development and learning for children aged 2 to 4 years old. Motor and social skill improvements are made through fun instructional games and obstacle courses, all while learning the fundamentals of soccer. Parent participation is required.*

**ENROLLMENT:** Ongoing

**DAYS:** Saturdays **TIMES:** 9 – 10 a.m.

**AGES:** 2 – 4 Years of Age (with parents participating)

**FEE:** \$40 per Month

## TABLE TENNIS

### TABLE TENNIS

*Bring a paddle and get ready to have some recreational and competitive fun. Table Tennis is a great way to improve hand-eye coordination, focus, and overall fitness. If you are looking for an entertaining recreational activity that is played indoors, join us! Bring your own paddle.*



**TIMES & DAYS ARE SUBJECT TO CHANGE.**

**DAYS & TIMES:**

Mondays, 1 – 4 p.m. • Tuesdays, 6 – 9 p.m. • Fridays, 12 – 3 p.m.

**AGES:** 5 Years of Age and Over

**FEE:** \$5 Drop-In Per Day **OR**

FREE for DRD Get Fit Pass members

## TENNIS

### TENNIS – YOUTH BEGINNER/ADVANCED BEGINNER

*This class is meant to introduce the game of tennis to your child. Players will be using a new modified tennis ball that is meant for beginners to learn the proper tennis strokes easily and quickly.*

**LOCATION:** Palm Desert Civic Center Park

**ENROLLMENT:** Ongoing

**DAYS:** Mondays & Fridays

**AGES & TIMES:** 7 – 10 Years of Age • 5:30 – 6:30 p.m.

11 – 14 Years of Age • 6:30 – 7:30 p.m.

**FEE:** \$60 per Month

## VOLLEYBALL

### INDOOR VOLLEYBALL – BEGINNING/INTERMEDIATE

*For those just beginning, instruction will include learning the basic skills of serving, passing, setting, attacking, and blocking the ball. For the Intermediate players, you will enhance your key beginning volleyball skills such as the volley, set, serve, pass, and block, and attack.*

**DAYS:** Mondays

**FEE:** \$40 per Month **DROP-IN FEE:** \$15

**ENROLLMENT, TIME & AGES:**

July 10 – 31 & August • 7 – 8 p.m. • 8 – 18 Years of Age

### INDOOR VOLLEYBALL INTERMEDIATE/ADVANCED

*Learn how to prepare your skills for tournament play and high school play in this class, which is geared towards structured training, significant skills improvement, and game knowledge. Each program is staffed by a skilled volleyball instructor with a proven coaching background. We look forward to seeing you on the court!*

**DATES, DAYS, TIMES & FEES:**

July 10 – 31 • Mondays • 8 – 9 p.m. • \$40

August 1 – 31 • Tuesdays & Thursdays • 8 – 9 p.m. • \$60

**AGES:** 8 – 18 Years of Age



# Palm Desert

**Please Note:** All in-person activities take place at the **Palm Desert Community Center** unless otherwise noted in the activity details that follow.



## INDOOR VOLLEYBALL – TEAMS

*Participants that play at this level have a solid knowledge and understanding of the rules and the game and have played for a few seasons, either recreationally or on a high school sports team. This is a great level for those that have had success in those levels and are now ready to step their game up.*

### SATURDAY SESSIONS:

**July 1 – 29 • \$40**

Level 1 • 9 – 13 Years of Age • 12 – 1 p.m.

### TUESDAYS & THURSDAYS SESSIONS:

**May 2 – 25 • \$60**

Level 1 • 9 – 12 Years of Age • 4 – 5 p.m.

Level 2 • 10 – 13 Years of Age • 5 – 6 p.m.

Level 4 • 12 – 15 Years of Age • 5 – 6 p.m.

Level 5 • 13 – 16 Years of Age • 8 – 9 p.m.

Level 6 • 14 – 17 Years of Age • 7 – 8 p.m.

Level 6 • 14 – 17 Years of Age • 6 – 7 p.m.

Level 7 • 15 – 18 Years of Age • 8 – 9 p.m.

**June 1 – 15 • \$37.50**

Level 1 • 9 – 12 Years of Age • 4 – 5 p.m.

Level 2 • 10 – 13 Years of Age • 5 – 6 p.m.

Level 4 • 12 – 15 Years of Age • 5 – 6 p.m.

Level 5 • 13 – 16 Years of Age • 8 – 9 p.m.

Level 6 • 14 – 17 Years of Age • 6 – 7 p.m.

Level 6 • 14 – 17 Years of Age • 7 – 8 p.m.

Level 7 • 15 – 18 Years of Age • 8 – 9 p.m.

## VOLLEYBALL – ADVANCED

*Participants that play at this level have a good knowledge of the rules and the game and are ready to become more competitive. Most participants at this level have played for a few seasons. This is a great level for those that have had success at the recreational level and are now ready to step their game up!*

**DATES:** July 1 – 29

**DAYS:** Saturdays

**TIMES:** 11 a.m. – 12 p.m.

**AGES:** 13 – 18 Years of Age

**FEE:** \$40

60



## VOLLEYBALL CLINIC –

### BEGINNING/INTERMEDIATE

*Every skill level welcome to this Summer Volleyball Clinic! Come out and learn how to serve, block and be a team competitor on your volleyball journey. In addition to footwork, we will work on game movement techniques and game rules.*

**DATES:** July 1 – 29

**DAYS:** Saturdays

**TIMES:** 9 – 10 a.m.

**AGES:** 8 – 18 Years of Age

**FEE:** \$40

## VOLLEYBALL CLINIC –

### INTERMEDIATE/ADVANCED

*Every skill level welcome to this Summer Volleyball Clinic! Come out and learn how to serve, block and be a team competitor on your volleyball journey. In addition to footwork, we will work on game movement techniques and game rules.*

**DATES:** July 1 – 29

**DAYS:** Saturdays

**TIMES:** 10 – 11 a.m.

**AGES:** 8 – 17 Years of Age

**FEE:** \$40



## TOT PROGRAMS

### TINY TOTS

*Classes encourage tots to engage in new activities, sharing, and more. Children learn how to participate in groups and express themselves creatively through art projects, stories, songs, games, and various other activities in a new theme every week. Immunizations must be current, and children must be potty trained.*

**ENROLLMENT:** Ongoing

**AGES:** 3 – 6 Years of Age

**TIME:** 9 a.m. – 12 p.m.

**ENROLLMENT & FEES:**

**3 Days per week** – Mondays, Wednesdays, Fridays •

\$225 per month

**2 Days per week** – Tuesdays & Thursdays • \$170 per month





# Thermal

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Jerry Rummond's Senior & Community Center



89-229 Church Street, Thermal, CA 92274  
(760) 347-3484

HOURS: Monday, Wednesday, Friday: 3 – 5 p.m.  
Tuesday & Thursday: 9 – 11 p.m.  
Saturday & Sunday: Closed

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### FIT AFTER 50

Maintain your strength, mobility and function through exercises that focus on the upper and lower body, balance, and flexibility.

ENROLLMENT: Ongoing

DAYS: Tuesdays & Thursdays TIME: 9 – 10 a.m.

AGES: 50 Years of Age and Over

FEE: Free

### LET IT GLOW: SENIOR SOCIAL

We welcome active adults and seniors in Thermal and surrounding communities to join us for a night of fun, dancing, music, and games! We will be having a Silent Disco, as well as a glow golf course. Registration required.

DATE: Wednesday, July 12

TIME: 6 – 7:30 p.m.

AGES:

50 Years of Age and Over

FEE: Free



## THERMAL SENIOR PROGRAM

Join us for the Thermal Senior Program where you can enjoy crafts, games, art, guest speakers, resources and much more! Stop by and pick up our monthly calendar.

ENROLLMENT: Ongoing

DAYS: Monday – Thursday

TIME: 9 a.m. – 1 p.m.

AGES: 50 Years of Age and Over

FEE: Free



## ADAPTIVE/THERAPEUTIC SPORTS & RECREATION

### ADAPTIVE FAMILY GAME NIGHT

We welcome Thermal families with special needs and surrounding communities to join us for a night of games, music, crafts, and of course fun! All ability levels welcome and we encourage siblings and friends to join too!

DATE: Friday, May 26 TIME: 6 – 8 p.m.

AGES: All Ages with a Special Need or Disability  
(family and friends can join, too)

FEE: Free



## CAMP & AFTER SCHOOL PROGRAMS

### THERMAL AFTER SCHOOL CLUBHOUSE

Our after-school programs provide a safe, fun, and social environment following the completion of the school day. Students spend the afternoon doing homework, physical activities, art projects, playing games, and participating in special events. A daily snack is provided, and students are supervised by our trained, professional staff.

ENROLLMENT: Ongoing During School Year  
(holidays may be excluded)

May 1 – June 6 • August 10 – 31

TIME: School Dismissal to 6 p.m.

DAYS: Monday through Friday

GRADES: Kindergarten through 12th Grade

FEE: Free\*

\*The Thermal After School Program fee is usually \$200 per month. Due to program subsidies for those who qualify, the program will be free until the funds are exhausted.

# Thermal

**Please Note:** All in-person activities take place at the **Jerry Rummonds' Senior & Community Center** unless otherwise noted in the activity details that follow.



## CAMP & AFTER SCHOOL PROGRAMS

### THERMAL SUMMER SCENE

Your summer days will be full of exciting, structured activities sure to interest both new and returning participants. Each day staff leads the group in fun and lively summer camp activities.



**DATES:** July 11 – 31    **DAYS:** Monday – Friday  
**TIMES:** 8 a.m. – 1 p.m.    **AGES:** 5 – 12 Years of Age  
**FEE:** Free thanks to a collaboration with Community Action Partnership



## COMMUNITY EVENTS

### FAMILY GLOW GOLF

We will be having a night filled with glowing mini golf so Thermal families (and those of surrounding communities), come join the fun and sign up soon as space is limited.

**DATE:** Friday, August 4  
**TIME:** 6 – 7:30 p.m.  
**AGES:** All families with children under the age of 18 are welcome

**FEE:** Free thanks to funding from Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation

### LET IT GLOW (YOUTH SOCIAL)

We welcome all youth in Thermal and surrounding communities to join us for a fun night of fun, dancing, music, and games! We will be having a Silent Disco for the first 50 participants as well as an indoor glow golf course.

**DATES:** Wednesday, May 17 • Friday, July 21  
**TIME:** 6 – 7:30 p.m.  
**AGES:** 6 – 14 Years of Age  
**FEE:** Free thanks to funding from the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation

### THERMAL FAMILY GAME NIGHT

We welcome the community of Thermal and surrounding communities to join us for a night of games, music, crafts, and of course fun! Refreshments, snacks, and material will be provided.

**DATES:** Wednesday, May 31 • Friday, July 20  
**TIME:** 6 – 7:30 p.m.    **AGE:** All Ages    **FEE:** Free

### THERMAL LOTERIA NIGHT

Join us at the Jerry Rummonds' Senior Center for a night of loteria, community, and fun!

**DATE:** Wednesday, August 23  
**TIME:** 6 – 7 p.m.    **AGE:** All Ages    **FEE:** Free



## MOVIES

### MOVIES IN THE PARK/MOVIE NIGHTS

We are pleased to bring you movies, and on Tuesday, June 13 we are planning a showing at the Jerry Rummonds' Community Center to celebrate "School is Out"! Please check the listings on our website at [MyRecreationDistrict.com/movies](http://MyRecreationDistrict.com/movies) for the most up-to-date movie titles, locations, dates, and times, and bring a low-back lawn chair or picnic blanket for a family-friendly movie experience. **Please note inclement weather such as high winds can alter the schedule.**



## SPECIAL INTEREST

### KIDS IN THE KITCHEN

Children will take home the recipes used for the meals they learn to create, and they will be provided with ingredients and the skills/ tools to incorporate a healthy and active lifestyle in their daily routines and family life.

**DATES & TIMES:**  
May 23, 5 – 6:30 p.m.  
June 20, 2 – 3:30 p.m.  
July 18, 2 – 3:30 p.m. • August 29, 5 – 6:30 p.m.  
**DAYS:** Tuesdays    **AGES:** 7 – 10 Years of Age  
**FEE:** Free thanks to funding from USDA Snap/CalFresh and the Anderson Children's Foundation



Irene W. & Guy L. Anderson  
Children's Foundation



# Thermal

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484

## R.I.S.E

The **RESILIENCE, INSPIRE, SELF-EMPOWER (R.I.S.E.)** program offers mental health & wellness classes that include coping mechanisms to mitigate stressful life situations, healthy nutritional educational classes and more. The R.I.S.E. program also helps with positive self-esteem and an understanding of control, empowerment, and purpose.

**DATES:** June 6 – July 13

**DAYS:** Tuesdays & Thursdays

**TIME:** 4 – 5:30 p.m.

**AGES:** 7 – 10 Years of Age

**FEE:** Program Scholarships are made possible through the RAP Foundation



## THERMAL DIGITAL SKILLS WORKSHOPS

We invite those 18 years of age and over to join these workshops where we will be going over the basics of computers and the internet. The workshops will include computer vocabulary, hardware, creating email accounts, setting up internet restrictions for computers and phones, and more!

**DATES:** May 19 – 26 • June 23 – 30

July 21 – 28 • August 18 – 25

**DAYS:** Fridays **TIME:** 9:30 – 11 a.m.

**AGES:** 18 Years of Age and Over

**FEE:** Free



## GET FIT PASSES

### ACCESS TO ALL 4 CENTERS

\*Includes Fitness Equipment, Racquetball Courts, Weight Rooms, a Track and Gymnasiums.

#### LOCATIONS AVAILABLE

**Indio Community Center**

45-871 Clinton Street

**Palm Desert Community Center**

43-900 San Pablo

**North Shore Beach & Yacht Club**

99-155 Sea View Drive

**La Quinta Community Fitness Center**

77-865 Avenida Montezuma

**Visit:** [MyRecreationDistrict.com/class/get-fit-passes](http://MyRecreationDistrict.com/class/get-fit-passes)  
**or Call (760) 347-3484**

*\*Exact amenities may vary by location.*



## DESERT REC APP

**Registration is as Easy as 1 - 2 - 3!**



### DESERT RECREATION DISTRICT'S APP IS USER FRIENDLY AND EASY TO ACCESS

#### Highlights of our App:

- View programs & activities
- Register for classes
- Online payments
- Live alerts
- Registration schedule
- Digital memberships
- IOS & Android compatible
- \*More features to come!*

**Need assistance with the App?**  
**Find a team member to help you get started, Scan the QR Code, or Download the App today.**



# Thousand Palms

**Please Note:** All in-person activities take place at the **Thousand Palms Community Center & Park** unless otherwise noted in the activity details that follow.

**A Note Regarding Fees:** For ongoing monthly activities that may have fewer or additional days during some months of the year, fees may be adjusted. If there are adjustments, you will see that reflected in the price when you register. Thank you.

## Thousand Palms Community Center & Park



31-189 Robert Road, Thousand Palms  
(760) 347-3484  
HOURS: See Activities for Times/Days

## 50+ ACTIVE ADULT & SENIOR PROGRAMS

### THOUSAND PALMS SENIOR PROGRAM

Join us for a cup of coffee, bingo, loteria, crafts, and much more! This fun group comes together to celebrate birthdays, go on field trips, and make everlasting friendships. Bringing your favorite dish to share with the group is a great way to connect.

**ENROLLMENT:** Ongoing

**DAYS:** Fridays **TIME:** 10 a.m. – 12 p.m.

**AGES:** 50 Years of Age and Over **FEE:** Free

### ACTIVE ADULT & SENIORS OUTDOOR DAY

This Active Adult/Senior-oriented event will provide an opportunity to explore the beautiful outdoors and taking a walk up one of the most beautiful pathways in Southern California. No experience necessary. Transportation provided upon request.



**DATE:** Friday, May 5 **TIME:** 8:30 – 10 a.m.

**AGES:** 50 Years of Age and Over **FEE:** Free



## CAMP & AFTER SCHOOL PROGRAMS

### SUMMER CAMP – HALF DAYS

Your camp days will be full of exciting, structured activities sure to interest both new and returning Campers. Each day the true Camp experience begins right away as staff leads the group in fun and lively camp activities. All activities are carried out under the watchful eye of our camp Staff.

**DATES:** Weekly Sessions begin June 12, 19, 26,  
July 3, 10, 17, 24, and 31

**DAYS:** Monday – Thursday

**TIMES:** 8 a.m. – 1 p.m.

**AGES:** 5 – 12 Years of Age  
(child must have completed Kindergarten)

**FEE:** \$50 per Weekly Session



## COMMUNITY EVENTS

### END OF SCHOOL YEAR CELEBRATION

Join us for a fun day in which we get to celebrate all our student successes as they leave one school year behind to enter a much-anticipated period, SUMMERTIME! Bring swimwear and towel to enjoy the water-fun activities. Parents will need to complete activity waiver in order to participate.

**DATE:** Friday, June 9 **TIME:** 12 – 3 p.m.

**AGES:** 5 – 13 Years of Age

**FEE:** Free



# Thousand Palms

For information or to register, visit [MyRecreationDistrict.com](http://MyRecreationDistrict.com) or call (760) 347-3484



## DANCE

### FOLKLORICO (Ballet Folklorico)

Learn the many different styles of the cultural dance originated in Mexico, Folklorico. As you progress in the class, there will be a few chances a year to perform live in front of friends and family at special events.

ENROLLMENT: May & August DAY: Tuesdays

TIMES & AGES:

5 – 6 p.m. • 3 – 11 Years of Age

6:15 – 7:15 p.m. • 12 Years of Age and Over

FEES: \$45 per Month



## HEALTH & FITNESS

### HEALTHY HEARTS

Movement makes the heart HAPPY! This class combines outdoor play, games, and group activities with fitness. Children will enjoy 60 minutes of active play and movement.

DAYS: Tuesdays

DATES: June 13 – 27 • July 11 – 25 • August 1 - 29

TIME: 9 – 10 a.m. AGES: 5 – 12 Years of Age

FEE: Free



### JUMPIN' INTO HEALTH



Jumpin' Into Health is a brand-new class coming to Thousand Palms! Come join us for 60 minutes of all things movement, conditioning, and fun! This class combines outdoor play, games, and group activities with fitness.



DAYS: Wednesdays

DATES: June 14 – 28 • July 5 – 26 • August 2 – 30

TIME: 9 – 10 a.m. AGES: 5 – 12 Years of Age

FEE: Free

### ZUMBA

This is the Latin fitness class that everyone is talking about. The upbeat music will get you moving into a calorie burning dance that is fun and healthy for you regardless of your fitness level.



ENROLLMENT: Ongoing

DAYS: Mondays, Wednesdays,  
Thursdays

TIME: 7:15 – 8:15 p.m.

AGES: 16 Years of Age and Over

FEE: \$45 per Month DROP-IN FEE: \$7 per Class

## THOUSAND PALMS COMMUNITY COUNCIL MEETING

On the dates specified below, the Thousand Palms Community Council will hold their informational meeting for all who live in the community of Thousand Palms, during which you can hear the latest Riverside County news regarding your community from government officials, county authorities and Desert Recreation District.

Please contact [alexperez@rivco.org](mailto:alexperez@rivco.org) as meetings may be held via Zoom or may be in-person.

DATE: Thursday, May 25 TIME: 6 – 8 p.m.

AGES: All Ages

Thank you.



# Find Health!

## FIND YOUR CLOSEST DRD LOCATION

The Desert Recreation District (DRD) is your source for all things recreational in the Coachella Valley. Throughout the valley, we have classes, sports and recreation activities, special events and programs for all ages. From toddlers to seniors, our facilities and beautiful parks have something for everyone.

## GET OFF THE COUCH AND INTO THE FUN-TASTIC TIMES!

### **BERMUDA DUNES**

**Bermuda Dunes Community Center**  
78-400 Avenue 42, Bermuda Dunes

### **CATHEDRAL CITY**

**Cathedral City High School (Swimming Pool)**  
69-250 Dinah Shore Drive, Cathedral City

### **COACHELLA**

**Bagdouma Community Center & Park**  
51-251 Douma Street, Coachella

**Bagdouma Pool**  
84-599 Avenue 52, Coachella

### **INDIO**

**Indio Community Center & Park**  
45-871 Clinton Street, Indio

**Indio Municipal Golf Course**  
83-040 Avenue 42, Indio

**Indio Teen Center**  
81-678 Avenue 46, Indio

**Pawley Pool Family Aquatic Complex**  
46-350 Jackson Street, Indio

### **INDIO HILLS**

**Indio Hills Community Center & Park**  
80-400 Dillon Road, Indio Hills

### **LA QUINTA**

**Fritz Burns Pool**  
78-107 Avenue 52, La Quinta

**La Quinta Community Fitness Center & Park**  
77-865 Avenida Montezuma, La Quinta

### **MECCA**

**Mecca Community Center, Park & Pool**  
65-250 Coahuilla Street, Mecca

### **NORTH SHORE**

**North Shore Beach & Yacht Club**  
99-155 Sea View Drive, North Shore

**North Shore Community Park**  
99-480 70th Avenue, North Shore

### **OASIS**

**Oasis del Desierto Park**  
88-775 Avenue 76, Thermal

### **PALM DESERT**

**Cahuilla Hills Park**  
45-825 Edgehill Drive, Palm Desert

**Palm Desert Community Center & Park**  
43-900 San Pablo Avenue, Palm Desert

**Freedom Park**  
77-400 Country Club Drive, Palm Desert

**Palm Desert Soccer Park**  
74-735 Hovley Lane, Palm Desert

**Olsen Community Park**  
43-005 Magnesia Falls Drive, Palm Desert

**Portola Community Center**  
45-480 Portola Avenue, Palm Desert

**The Golf Center at Palm Desert and First Tee – Coachella Valley**  
74-945 Sheryl Drive, Palm Desert

**University Park**  
74-802 University Park Drive, Palm Desert

### **RANCHO MIRAGE**

**Rancho Mirage Community Park**  
71-560 San Jacinto Drive, Rancho Mirage

### **THERMAL**

**Jerry Rummonds' Senior & Community Center**  
87-229 Church Street, Thermal

### **THOUSAND PALMS**

**Thousand Palms Community Center & Park**  
31-189 Robert Road, Thousand Palms



### **ADMINISTRATIVE OFFICE**

45-305 Oasis Street, Indio, CA 92201  
(760) 347-3484  
Info@MyRecreationDistrict.com  
MyRecreationDistrict.com





# Financial Assistance Program

**GET THE FACTS AND APPLY TODAY!**

**Call (760) 347-3484 or [MyRecreationDistrict.com](http://MyRecreationDistrict.com)**

Desert Recreation District programs, activities and events are open to everyone. Your Desert Recreation District works closely with communities that we serve to reduce program and activity fees for residents who cannot afford to participate. Our goal is for no child or adult to be left out of the recreational, sports and out-of-school activities we offer because of limited income.

Please take a moment to review the Income Qualification Guidelines chart to see if you qualify. If your income is Extremely Low you may receive 75% off the cost of activities or up to \$150 maximum in financial assistance per family member per fiscal year. If your income is Very Low, you may receive 50% off the cost of activities or up to \$150 maximum in financial assistance per family member per fiscal year. For more information or to apply for financial assistance, go to **[MyRecreationDistrict.com](http://MyRecreationDistrict.com)** to download an application, or stop by to pick up an application at the District's office in Indio.

## Fun For Everyone!

To learn more about qualifying for the Financial Assistance Program, call (760) 347-3484, or visit [MyRecreationDistrict.com/financial-assistance](http://MyRecreationDistrict.com/financial-assistance) or ask a DRD team member at one of our Community Centers.



## Your support makes it possible Today and for generations to come!

### OUR MISSION

To enrich and preserve the quality of life for residents. We do this by raising funds and garnering support to purchase, develop, enhance, preserve, promote, and expand the Coachella Valley's recreation activities, programs, parks, properties and facilities.

**WE BELIEVE PARKS AND RECREATION SHOULD BE AVAILABLE TO EVERYONE IN OUR COMMUNITY NO MATTER THEIR INCOME OR ABILITY.**

*Can you imagine a community without parks and recreation? Neither can we!*

That is why Desert Recreation Foundation supports Desert Recreation District through fundraising efforts. Our work ensures that quality parks, recreational opportunities, and educational programs are available to ALL residents of the Coachella Valley, regardless of their income or ability. Your financial donation not only supports the Financial Assistance Program for low-income families and our Adaptive Sports Programs for individuals with disabilities, but also contributes to the development of new parks and the renovation of existing facilities, as well as help in the purchasing of new equipment.



## You Can Make a Difference by Donating Today!

Call today to learn more (760) 347-3484 or visit our website at [DesertRecreationFoundation.org](http://DesertRecreationFoundation.org)

Donate ☀️ Leave a Legacy ☀️ Major Gifting ☀️ Sponsorship Opportunities

# July is National Park & Recreation Month

Celebrate the vital role park and recreation programs play in uniting people & providing essential services – this is...

**WHERE COMMUNITY GROWS!**



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## Evening at The Oasis

**JOIN DESERT RECREATION FOUNDATION  
for an Evening Featuring Keyboard Sensations**



*From Dallas, Texas*



**Saturday, May 20, 2023  
Coachella Valley History Museum**

**Gates Open at 5:30 p.m. • Event Time: 6 – 9 p.m.**  
**\$100 per person**

*The event will include dining opportunities along with the entertainment of J's Dueling Pianos.*



**Desert Recreation  
FOUNDATION**

**Benefiting**

**Learn more at [DesertRecreationFoundation.org](https://DesertRecreationFoundation.org)**