

AUGUST CALENDAR 2020 Special Needs Community Zoom Activities

*all activities will be provided via Zoom, get instructions on how to join by matching color of event with contact

Presented by UCPIE -Contact Ronica for Zoom instructions at ronica@ucpie.org or call 951.588.3716

Presented by LEAPS Services- Contact Karina for Zoom instructions at kmelgar@leapsservices.com or call 760.673.6564

Presented by CVASA - Register at <http://www.cvasa.org/events>

Presented by High Hopes Dance Troupe- Contact Renée for Zoom instructions at highhopesdance@yahoo.com

**Desert Recreation online activities registration required at <https://www.myrecreationdistrict.com/adaptive-sports-calendar>

NOTES: MON/WED KARATE TIME CHANGE!

*PREREGISTER FOR CVASA'S 90'S BINGO GAME & DANCE PARTY ON Sun. Aug.16th @7pm at cvasa90sbingo.eventbrite.com



Building Bridges for Special Needs-Coachella Valley

3-Aug	Mon	Movement w/Karina Adaptive Karate w/Sensei Tamara (New Time!) Adult Adaptive Karate w/Sensei Tamara	1pm-2pm 3pm-4pm 5pm-6pm	17-Aug	Mon	Virtual 2 wk Summer Camp for Young Adults w/Karina Begins -Registration required Movement w/Karina Adaptive Karate w/Sensei Tamara Adult Adaptive Karate w/Sensei Tamara Teen Music Therapy- ages 11 to 19	10am-12pm 1pm-2pm 3pm-4pm 5pm-6pm 5pm-5:45pm
4-Aug	Tue	Reading w/Karina Adaptive CrossFit w/Ms. Cheryl Music w/Karina Autism Parent Exchange Group	1pm-2pm 3pm-4pm 4pm-5pm 6pm-7pm	18-Aug	Tue	Reading w/Karina Adaptive CrossFit w/Ms. Cheryl Music w/Karina Autism Parent Exchange Group	1pm-2pm 3pm-4pm 4pm-5pm 6pm-7pm
5-Aug	Wed	Art w/Karina Adaptive Karate w/ Sensei Tamara (New Time!)	1pm-2pm 3pm-4pm	19-Aug	Wed	Art w/Karina Adaptive Karate w/ Sensei Tamara	1pm-2pm 3pm-4pm
6-Aug	Thu	**DRD Adaptive Adult Fitness Bowl-a-Thon Coloring Project Karaoke w/Karina Adaptive Yoga w/ Ms. Kim Cooking with Karina	11am-11:40am 1pm-2pm 1pm-2pm 3pm-4pm 4pm-5pm	20-Aug	Thu	**DRD Adaptive Adult Fitness Karaoke w/Karina Adaptive Yoga w/ Ms. Kim Cooking with Karina	11am-11:40am 1pm-2pm 3pm-4pm 4pm-5pm
7-Aug	Fri	**DRD Adaptive Seated Fitness **DRD Adaptive Gymnastics Games with Friends w/Karina	10am-10:50am 11am-12pm 1pm-2pm	21-Aug	Fri	**DRD Adaptive Seated Fitness **DRD Adaptive Gymnastics Games with Friends w/Karina	10am-10:50am 11am-12pm 1pm-2pm
8-Aug	Sat	High Hopes Dance UCPIE 30th Annual Bowl-a-Thon Meditation with Michael	10am-11am 11:30am-12:30pm 1pm-2pm	22-Aug	Sat	High Hopes Dance Meditation with Michael	10am-11am 1pm-2pm
9-Aug	Sun			23-Aug	Sun		
10-Aug	Mon	Movement w/Karina Adaptive Karate w/Sensei Tamara Adult Adaptive Karate w/Sensei Tamara Group Music Therapy- ages 3 to 10	1pm-2pm 3pm-4pm 5pm-6pm 5pm-5:30pm	24-Aug	Mon	Movement w/Karina Adaptive Karate w/Sensei Tamara Adult Adaptive Karate w/Sensei Tamara Group Music Therapy- ages 3 to 10	1pm-2pm 3pm-4pm 5pm-6pm 5pm-5:30pm
11-Aug	Tue	Reading w/Karina Adaptive CrossFit w/Ms. Cheryl Music w/Karina Autism Parent Exchange Group	1pm-2pm 3pm-4pm 4pm-5pm 6pm-7pm	25-Aug	Tue	Reading w/Karina Adaptive CrossFit w/Ms. Cheryl Music w/Karina Autism Parent Exchange Group	1pm-2pm 3pm-4pm 4pm-5pm 6pm-7pm
12-Aug	Wed	Art w/Karina Adaptive Karate w/ Sensei Tamara	1pm-2pm 3pm-4pm	26-Aug	Wed	Art w/Karina Adaptive Karate w/ Sensei Tamara	1pm-2pm 3pm-4pm
13-Aug	Thu	**DRD Adaptive Adult Fitness Karaoke w/Karina Adaptive Yoga w/ Ms. Kim Cooking with Karina	11am-11:40am 1pm-2pm 3pm-4pm 4pm-5pm	27-Aug	Thu	**DRD Adaptive Adult Fitness Karaoke w/Karina Adaptive Yoga w/ Ms. Kim Cooking with Karina	11am-11:40am 1pm-2pm 3pm-4pm 4pm-5pm
14-Aug	Fri	**DRD Adaptive Seated Fitness **DRD Adaptive Gymnastics Games with Friends w/Karina DJ Paul Dance Party	10am-10:50am 11am-12pm 1pm-2pm 5pm-6pm	28-Aug	Fri	**DRD Adaptive Seated Fitness **DRD Adaptive Gymnastics Games with Friends w/Karina DJ Paul Dance Party	10am-10:50am 11am-12pm 1pm-2pm 5pm-6pm
15-Aug	Sat	High Hopes Dance Meditation with Michael	10am-11am 1pm-2pm	29-Aug	Sat	High Hopes Dance Meditation with Michael	10am-11am 1pm-2pm
16-Aug	Sun	*CVASA'S 90'S BINGO GAME & DANCE PARTY	7pm	30-Aug	Sun		
				31-Aug	Mon	Movement w/Karina Adaptive Karate w/Sensei Tamara Adult Adaptive Karate w/Sensei Tamara Teen Music Therapy- ages 11 to 19	1pm-2pm 3pm-4pm 5pm-6pm 5pm-5:45pm

