Desert Recreation District-

## Indio Community Center • 45-871 Clinton Street, Indio



## ADAPTIVE BADMINTON

A great game to work on communication and teamwork. Can assist with fine and gross motor control, hand-eye coordination, and range of motion. No experience needed.

- WHO: Individuals with a disability or special need 10 Years of Age and Over
- WHEN: Fridays in September & October 2022 3-4:30 P.M.
  - FEE: \$25 per month, or FREE with our ADAPTIVE MEMBERSHIP
- EXTRAS: Wear close toed shoes
  - Bring water

Contact Kendra if a sport chair is needed for participation, 760.834.9597





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For information or to register, visit MyRecreationDistrict.com or call (760) 347 – 3484