

Indio Community Center • 45-871 Clinton Street, Indio



## **ADAPTIVE ARCHERY**

- Includes instruction and practice
- Focuses on safety, skill development, and direction following.
- Archery can assist in muscle development, gross and fine motor control, and hand-eye coordination





- WHO: Individuals with a special need or disability
- DATE: Tuesdays, October 2022 through April 2023
- TIME: 2:30-3:30 P.M. Adults, 18 Years of Age and over 3:30-4:30 P.M. – Youth, 8-17 Years of Age
  - FEE: \$25 per month, or FREE with our ADAPTIVE MEMBERSHIP
- **EXTRAS:** Wear close toed shoes & bring water.

Class takes place outside, dress for the weather

Limited space available for each session, MUST SIGN UP TO PARTICIPATE.



fac

facebook.com/MyRecreationDistrict

instagram.com/MyRecreationDistrict

twitter.com/mydrd

For information or to register, visit MyRecreationDistrict.com or Call (760) 347-3484