

# COVID-19 INFORMATION



We, like you, have been keeping our eye on the COVID-19 situation and the Delta variant. We are aware that it is presenting some challenges. But we still feel, based on recommendations from local government and health officials that we can move forward if we all work together. We've said all along that 2022 would look different, and it will. But the timeout is over ... and we're back! Our hope is that we will all be patient and understanding with each other as we continue to navigate these uncharted waters.

We ask athletes, officials, spectators, and volunteers to adhere to the following guidelines. Please become familiar with them. We want you all to come and be part of the Games. But if you feel these guidelines go too far for your comfort or don't do enough, we suggest postponing your involvement this year. You can request a refund by emailing

[Sofia.Pimentel@DRD.us.com](mailto:Sofia.Pimentel@DRD.us.com) But know that we will be here and ready to host you when you are comfortable to return.

**Please check back regularly as these guidelines are subject to change.**

### **General Guidelines for All Participants and Guests**

- The Games will Not be a COVID-19 free zone. The following guidelines have been shown to help reduce the risk of spread, but there is still risk involved
- All participants must bring their own mask. Masks will be required at indoor venues, including during the check in process, to maximize protections from the Delta variant and to lower the risk of spreading it to others.
- Masks are not required while competing at outdoor venues
- All participants will sign a waiver with covid-specific language as part of the registration process.
- All participants will need to give a current email or cell phone number at check in that could be used for contact tracing.
- All participants will complete a symptom survey upon check in.

### **Keep in Mind:**

- Travel for at risk individuals is currently discouraged.
- Large group gatherings are also discouraged
- **No one should compete or attend competitions if they are exhibiting symptoms or feeling ill. Please stay home if you do not feel well.**
- It is strongly encouraged that you be fully vaccinated for COVID – 19 before you attend the games.

### **Prepare to Play**

- Arrive dressed and ready to play.
- Maintain social distancing at venues and while warming up for your events.

- Bring individual hand sanitizer for sole use.
- Avoid sharing equipment and personal items.
- Do not attend if you or a member of your household does not feel well.

### **During Play**

- Follow directions for spacing and other social distancing instructions.
- Avoid handshakes, high fives, and other contact related encouragement.
- Avoid touching your face.
- Do not share personal equipment such as paddles.
- Please remember to sanitize your hands after utilizing shared equipment I.E., volleyballs, basketballs, shot puts.
- If utilizing benches, social distancing is encouraged.
- Avoid sharing drinks, food, towels, and other personal care items.
- Wash and sanitize hands often.
- During warm up players should spread out to maintain social distances.

### **After Play**

- Wash hands thoroughly or use hand sanitizer after activity.
- Remember to wear your mask after you are done competing in indoor venues.
- Leave facility as soon as reasonably possible after activity finishes.
- Shower and change at home or where you are staying.
- Disinfect all personal equipment.

**In addition to the general guidelines, some sports have additional safety requirements.**

### **Track and Field**

- If you used shared equipment, please make sure you sanitize thoroughly after your turn and wash your hands or use hand sanitizer.
- Group starts and/or finishes may need to be adjusted depending on COVID-19 circumstances.

## **Volleyball**

- Volleyball teams will NOT switch sides during match.